

**Four-Year Plan**  
**B.S in Kinesiology Fitness Leadership Track**  
 2018 – 2019 Catalog Requirements



This four-year plan provides a model for on-time completion of this UNT program. See the current [Undergraduate Catalog](#) for course prerequisites. Course availability at UNT is subject to change, and the plan shown below may change based on updates to UNT's course offerings.

Year	Fall Semester Schedule (15 hours)	Spring Semester Schedule (15 hours)
<b>FRESHMAN</b>	ENGL 1310 —UNT Core: Communications	ENGL 1320 —UNT Core: Communications
	<i>MATH 1680<sup>1</sup> —UNT Core: Mathematics</i>	HIST 2620 —UNT Core: American History
	HIST 2610 —UNT Core: American History	UNT Core: Creative Arts—Choose from the published list
	<i>PHED 1000<sup>1</sup> — UNT Core: Component Area: Option A</i>	KINE 2030
	<i>HLTH 2200<sup>1</sup> — UNT Core: Social/Behavioral Sciences</i>	KINE 2050
Year	Fall Semester Schedule (14 hours)	Spring Semester Schedule (16 hours)
<b>SOPHOMORE</b>	<i>BIOL 2301/2311<sup>1</sup> —UNT Core: Science</i>	<b>BIOL 2302/2312<sup>1</sup> —UNT Core: Science</b>
	PSCI 2305 —UNT Core: Political Science/Government	PSCI 2306 —UNT Core: Political Science/Government
	<i>UNT Core: Language/Culture – Choose from the published list</i>	KINE 3400 or RESM 4050
	UNT Core: CA: Option B – Choose from the published list	KINE 2010
	Elective (1 hour)	Elective
Year	Fall Semester Schedule (15 hours)	Spring Semester Schedule (15 hours)
<b>JUNIOR</b>	<b>KINE 4000</b>	<b>KINE 3050</b>
	<b>KINE 3080</b>	<b>KINE 4330</b>
	KINE 3030	KINE Elective <sup>2</sup>
	HLTH 4300	RESM 4180
	RESM 4080	RESM 4190
Year	Fall Semester Schedule (15 hours)	Spring Semester Schedule (15 hours)
<b>SENIOR</b>	<b>KINE 3090</b>	<b>KINE 4050 – Major Capstone Experience</b>
	<b>KINE 4300</b>	<b>KINE 4320</b>
	<b>KINE 4325</b>	HLTH 4600
	HLTH 4430	Elective
	KINE Elective <sup>2</sup>	Elective

<sup>1</sup> UNT Core Best Selection: There are many courses which satisfy core requirements. Students who do not take the Best Selection courses, specific to their chosen track, will have to take additional courses to meet program requirements. Whether or not the course is taken to fulfill a specific university core category, all courses are required by the program to complete the degree.

<sup>2</sup> Kinesiology Electives are categorized by career emphasis. For additional information contact a faculty advisor.

- Electives may be required due to double dipping. Double dip courses are *ITALICIZED*.
- Courses in **BOLD** require pre-requisites. Pre-requisites are listed in the university catalog with the course description.
- An official degree audit is required for graduation. Students **must** meet with an academic advisor to request a degree audit.
- Degree requires at least 120 hours, 2.00 UNT, 2.00 overall, and 2.75 major GPAs for graduation.
- For career information contact the Department of Kinesiology, Health Promotion, and Recreation in PEB 209, (940) 565-2651.
- For information about allied health graduate programs contact the Office of Health Professions in Hickory Hall 256 or at (940) 369-8606.
- For additional career information contact Career Center at CHNT 103, 940-565-2105.
- For additional program information visit [www.coe.unt.edu/sao](http://www.coe.unt.edu/sao), or contact the Student Advising Office at (940)565-2736.