

Mapping the Pre-Occupational Therapy Journey

Example: Josselyn is a freshman BA Psychology major interested in going to OT School. She plans to apply to all schools in Texas after earning her bachelor's degree from UNT. Josselyn has entered UNT with no dual or AP credit. Below is a map of all required **prerequisites** and degree requirements, when to take the GRE, when to gain professional development, and when to apply to schools. **Each student's journey is different, and this map should only be used to illustrate an example.**

Please see our Academic Counselors to create your individual map.

FALL 2018	<i>Clubs, Volunteering</i>	Hrs.
College Writing I (ENGL 1310)		3
Elementary Statistics (MATH 1680)		3
General Psychology I (PSYC 1630)		3
Foreign Language I (LANG 1010)		3
US Political Behavior and Policy (PSCI 2305)		3

SPRING 2019	<i>Clubs, Volunteering</i>	Hrs.
Technical Writing (TECM 2700)		3
General Psychology II (PSYC 1650)		3
Foreign Language II (LANG 1020)		3
Lang., Phil., Culture Core Requirement		3
US and TX Const. and Institutions (PSCI 2306)		3

SUMMER I		Hrs.
	<i>Shadowing OTs</i>	

SUMMER II		Hrs.
	<i>Shadowing OTs</i>	

FALL 2019	<i>Clubs, Volunteering, Extracurriculars</i>	Hrs.
US History before 1865 (HIST 2610)		3
Anatomy & Phys. I with lab (BIOL 2301/2311)		4
Creative Arts Core Requirement		3
Foreign Language III (LANG 2040)		3
Quantitative Methods (PSYC 2317)		3

SPRING 2020	<i>Clubs, Volunteering, Extracurriculars</i>	Hrs.
US History after 1865 (HIST 2620)		3
Anatomy & Phys. II with lab (BIOL 2302/2312)		4
Foreign Language IV (LANG 2050)		3
Experimental Methods (PSYC 2950)		3
Developmental Psychology (PSYC 3620)		3

SUMMER I		Hrs.
	<i>Shadowing OTs</i>	

SUMMER II		Hrs.
	<i>Shadowing OTs</i>	

FALL 2020	<i>Clubs, Volunteering, Extracurriculars</i>	Hrs.
Abnormal Psychology (PSYC 4610)		3
History and Systems (PSYC 4600)		3
Introduction to Sociology (SOCL 1510)		3
General Physics I with lab (PHYS 1410/1430)		4
Advanced Elective (3***/4***)		1

SPRING 2021	<i>Clubs, Volunteering, Extracurriculars</i>	Hrs.
Medical Terminology (BIOL 3500)		2
Psychophysiology (PSYC 4640)		3
Biomechanics (KINE 3050)		3
Advanced Psychology Course (PSYC 3***/4***)		3
General Biology I (BIOL 1710)		3

Fall Timeline

Attend "What Should I Be Doing Now?" Seminar
Attend Personal Essay Workshops
GRE Preparation

Spring Timeline

GRE Prep/Take Test
Recommended: Complete Prereqs before Applying

SUMMER 2021: Apply to OT Schools.

FALL 2021	<i>Clubs, Volunteering, Extracurriculars</i>	Hrs.
Advanced Psychology Course (PSYC 3***/4***)		3
Advanced Psychology Course (PSYC 3***/4***)		3
Advanced Elective (3***/4***)		3
Advanced Elective (3***/4***)		3
General Elective (any level)		3

Fall Timeline

OT School Interviews

SPRING 2022	<i>Clubs, Volunteering, Extracurriculars</i>	Hrs.
Advanced Elective (3***/4***)		3
Advanced Elective (3***/4***)		3
Advanced Elective (3***/4***)		3
General Elective (any level)		3
General Elective (any level)		3

Spring Timeline

Admission Offers

GRADUATION

SUMMER/FALL 2022—BEGIN OT SCHOOL