



# CARE Team Resources

To refer an employee to the CARE Team:

- Leave a voicemail at 940-565-4373, OR
- Email [careteam@unt.edu](mailto:careteam@unt.edu)

## Physical and Mental Health Resources

Health Services of North Texas  
800-974-2437

Counseling and Human  
Development Center @ UNT  
940-565-2970

Counseling and Family  
Development Center @ TWU  
940-898-2600

Denton County Health Department  
940-349-2900

Denton Community Food Center  
940-382-0807

Denton County Mental Health  
940-381-5000

Denton County Veterans Service Office  
940-349-2920

## Denton County Hospitals

Denton Presbyterian Hospital  
940-898-7059

Denton Regional Medical Center  
940-384-3535

## Domestic and Sexual Abuse Resources

Friends of the Family (Denton County)  
940-387-5131  
Crisis Line: 940-382-7273

Hope's Door (Collin County)  
972-422-7233  
Crisis Line: 972-422-7233

Brighter Tomorrows (Dallas County)  
972-254-4003  
Crisis Line: 972-262-8383

Mosaic Family Services (Dallas County)  
214-823-4434

Women's Center of Tarrant County  
817-927-2737

## Drug, Alcohol, and Substance Abuse Resources

Greater Dallas Council  
on Alcohol and Drug Abuse  
214-522-8600

Solutions of North Texas  
940-898-6202

Texas Addiction Professionals  
940-395-8534

***If an individual is threatening violent behavior or suicide,  
call UNT Police (940-565-3000) or 911.***