

Transcription for:

University of North Texas Center for Leadership and Service. [UNTLLeadershipService]. (2013, September 6). *Alternative service breaks* [Video file]. Retrieved from https://www.youtube.com/watch?v=C8A5wvI1K_M#t=40

Jon Bartlett: So what did I expect? To have a good time, to do something that I would typically not otherwise do.

Megan: Because I've never been on something like this, and this is probably one of the biggest volunteer projects I've ever been on.

Irene: A really insightful trip, and I expected ...I mean to meet people that I've never come across before and to go to a city that I've never been.

Courtney: I assumed I was going to camp, I would be sleeping in a cabin, and I'd be working all day long. That's literally all I knew.

SK Hall: I knew that my group was doing various community service activities because on a lot of ASB trips they'll just focus on like one area, but on our trip we went, I think, three different sites.

Amy Simon: Alternative Service Break is a way to spend your time volunteering. It's a way to go away for a weekend, winter break, or spring break and travel someplace, meet new friends, and make a difference.

Megan: We went to Washington DC.

Irene: Albuquerque trip.

SK Hall: We went to Selma, Alabama.

Jon Bartlett: We were in the midst of the mountains in Arkansas there.

Irene: The organization that we worked with, we worked two: A food bank that provided food for these families, and an organization that, like, gets them into new places to live.

Jon Bartlett: They had just rescued a whole bunch of tigers, so we built, basically, like these wooden beds that the tigers would sleep on.

SK Hall: We actually got to spend time with the people in the community that it would affect, so I thought that was really cool.

Amy Simon: I think the neat thing about Alternative Break is that it's a way to mix a group of people together who may not already know each other to work together and build a community and immerse themselves in another community.

Irene: It made me appreciative of everything that I have. Like, I think it's so easy to take housing for granted because I've never had to live on the streets, you know.

Jon Bartlett: It made me a stronger person.

Courtney: This trip actually made me change my major.

Megan: Like, there were some people in there, they couldn't even talk because they had such a high stage of Alzheimer's. One lady, she actually spoke Greek, so anything that she said anyways, we couldn't understand, but she had such a deep connection with babies. And they had these, like, monitors, these amazing monitors where they had, like, games and videos and all kinds of things set up on the screen so patients or residents could go in there and interact with the monitor. But as soon as you put her down in front of the screen, and you put up the slideshow of babies, her face lit up, she started crying; like, it was heart wrenching. And in one word, I guess, it's just it's touching. It just touched me a lot.

Irene: Like it touched me and it was really rewarding and I'm happy that I could be a part of that.

Courtney: It was impactful, crazy, but like the best week of my life.

Amy Simon: It's a lot of fun it's a way to give service but to sightsee and travel and try something different, put themselves outside their comfort zone and really challenge themselves to learn about themselves and learn about the community and where they're going.