

Four-Year Plan
B.S in Kinesiology Fitness Leadership Track
 2019 – 2020 Catalog Requirements



This four-year plan provides a model for on-time completion of this UNT program. See the current [Undergraduate Catalog](#) for course prerequisites. Course availability at UNT is subject to change, and the plan shown below may change based on updates to UNT's course offerings.

Year	Fall Semester Schedule (15 hours)	Spring Semester Schedule (15 hours)
FRESHMAN	ENGL 1310 —UNT Core: Communications	ENGL 1320 —UNT Core: Communications
	<i>MATH 1680¹ —UNT Core: Mathematics</i>	HIST 2620 —UNT Core: American History
	HIST 2610 —UNT Core: American History	UNT Core: Creative Arts— Choose from the published list
	<i>PHED 1000¹ — UNT Core: Component Area: Option B</i>	KINE 2030
	<i>HLTH 2200¹ — UNT Core: Social/Behavioral Sciences</i>	KINE 2050
Year	Fall Semester Schedule (14 hours)	Spring Semester Schedule (16 hours)
SOPHOMORE	<i>BIOL 2301/2311¹ —UNT Core: Science</i>	BIOL 2302/2312¹ —UNT Core: Science
	PSCI 2305 —UNT Core: Political Science/Government	PSCI 2306 —UNT Core: Political Science/Government
	<i>UNT Core: Language/Culture – Choose from the published list</i>	KINE 2010
	UNT Core: CA: Option A – Choose from the published list	Elective
	Elective (1 hour)	Elective
Year	Fall Semester Schedule (15 hours)	Spring Semester Schedule (15 hours)
JUNIOR	KINE 3030	KINE 3050
	KINE 3080	KINE 4330
	HLTH 4300	RESM 4180
	HLTH 4600	RESM 4190
	RESM 4080	Elective
Year	Fall Semester Schedule (15 hours)	Spring Semester Schedule (15 hours)
SENIOR	KINE 3090	KINE 4000
	KINE 4300	KINE 4050 – Major Capstone Experience
	KINE 4325	KINE 4320
	HLTH 4430	KINE 3400 or RESM 4050
	KINE Elective ²	KINE Elective ²

¹ UNT Core Best Selection: There are many courses which satisfy core requirements. Students who do not take the Best Selection courses, specific to their chosen track, will have to take additional courses to meet program requirements. Whether or not the course is taken to fulfill a specific university core category, all courses are required by the program to complete the degree.

² Kinesiology Electives are categorized by career emphasis. For additional information contact a faculty advisor.

- Electives may be required due to double dipping. Double dip courses are *ITALICIZED*.
- Courses in **BOLD** require pre-requisites. Pre-requisites are listed in the university catalog with the course description.
- An official degree audit is required for graduation. Students **must** meet with an academic advisor to request a degree audit.
- Degree requires at least 120 hours, 2.00 UNT, 2.00 overall, and 2.75 major GPAs for graduation.
- For career information contact the Department of Kinesiology, Health Promotion, and Recreation in PEB 209, (940) 565-2651.
- For information about allied health graduate programs contact the Office of Health Professions in Hickory Hall 256 or at (940) 369-8606.
- For additional career information contact Career Center at CHNT 103, 940-565-2105.
- For additional program information visit www.coe.unt.edu/sao, or contact the Student Advising Office at (940)565-2736.