

### Important Information About your Degree

- **Double-Dip Course (UNT Core Best Selection):** Courses shown in *italics* satisfy multiple degree program requirements. Students who do not take the Best Selection courses, specific to their chosen track, will have to take additional courses to meet program requirements. Whether or not the course is taken to fulfill a specific university core category, all courses are required by the program to complete the degree. Electives may be required due to double-dipping.
- **“C” or Better:** Communication Core, Math 1680, BIOL 2301, BIOL 2311, BIOL 2301, BIOL 2312, HDFS 3423, all EDCl, and all BIOL, HLTH, KINE, PHED, PSYC and RESM major (except Additional Program Requirements) courses of the selected track must be completed with a grade of C or better to graduate.
- Courses in **bold** require prerequisites. Prerequisites are listed in the university catalog with the course description.
- An official degree audit is required for graduation. Students **must** meet with an academic advisor to request a degree audit.
- Non-Certification program tracks require at least 120 hours, 2.00 UNT GPA, 2.00 overall GPA and 2.75 major GPA for graduation.
- Secondary certification degree requires at least 124 hours, 2.75 UNT GPA, 2.75 Overall GPA, 2.75 teaching field (major) GPA and 2.75 Teacher Education Program courses GPA for graduation.
- For major-specific career information contact the Department of Kinesiology, Health Promotion, and Recreation in PEB 209 or at (940) 565-2651.
- For additional career information contact the Career Center at CHNT 103 or at 940-565-2105.
- For information about allied health graduate programs contact the Office of Health Professions in Hickory Hall 256 or at (940) 369-8606.
- For additional program information visit [www.coe.unt.edu/sao](http://www.coe.unt.edu/sao) or contact the Student Advising Office at (940) 565-2736.

UNT Core	Best Selection
Communication – 6 hours College Writing I <b>College Writing II</b>	ENGL 1310 (C or better required) <b>ENGL 1320</b> (C or better required)
Creative Arts – 3 hours	Any from list published in the undergraduate catalog
Language, Philosophy & Culture – 3 hours	Any from list published in the undergraduate catalog
American History – 6 hours United States History to 1865 United States History Since 1865	HIST 2610 HIST 2620
Political Science/Government – 6 hours US Political Behavior and Policy US and Texas Constitutions and Institutions	PSCI 2305 PSCI 2306
<b>Core Categories with Double-Dip in Program Requirements</b>	
Mathematics – 3 hours <i>Elementary Probability &amp; Statistics</i>	<b>MATH 1680</b> (C or better required)
Life & Physical Sciences with labs – 6 hours <i>Human Anatomy and Physiology I Lecture and Lab</i> <b>Human Anatomy and Physiology II Lecture and Lab</b>	BIOL 2301 & 2311 (C or better required) <b>BIOL 2302 &amp; 2312</b> (C or better required)
Social & Behavioral Sciences – 3 hours <i>Family Life and Human Sexuality</i>	HLTH 2200
Component Area Option (CAO): Option A – 3 hours  Student Selected Course  <b>Family, School and Community</b>  <i>General Psychology</i>	General, Fitness Leadership & Athletic Training tracks: Any additional course from core (except from CAO Option B) All-Level Teacher Certification track only: <b>HDFS 3423</b> Pre-PT/Allied Health track only: <i>PSYC 1630 or 1650</i>
Component Area Option (CAO): Option A or B – 3 hours <i>Scientific Principles and Practices of Health-Related Fitness</i>	PHED 1000

### Kinesiology Major Pre-Theory Core Requirement

(must complete the following 4 courses with a 3.00 or better GPA prior to taking Theory Core courses\* listed below)

<i>Scientific Principles &amp; Practices of Health-Related Fitness</i>	PHED 1000
Introduction to Kinesiology	KINE 2030 (C or better required)
Sociology of Sport	KINE 2050 (C or better required)
<b>Physiological Bases of Exercise &amp; Sport</b>	<b>KINE 3080</b>

### Additional Theory Core

(C or better required; See course description for prerequisites required by the following courses)

Fundamentals of Strength and Conditioning	KINE 2010
<b>Biomechanics</b>	<b>KINE 3050*</b>
<b>Motor Behavior</b>	<b>KINE 3090*</b>
<b>Psychology of Sport</b>	<b>KINE 4000*</b>
<b>Quantitative Analysis in Kinesiology</b>	<b>KINE 4050*</b>

**ALL-LEVEL (EC-12) TEACHER CERTIFICATION**

Students seeking teacher certification must be admitted to the Teacher Education Program prior to enrollment in professional development courses. Admission to Teacher Education requires appropriate exam scores, at least 60 earned hours, a 2.75 overall GPA, a 2.75 UNT GPA, an approved online questionnaire, an official degree audit on the teacher certification track, and a completed application to the Teacher Education Program turned into the College of Education Student Advising Office located in Matthews Hall 105.

**PHYSICAL PERFORMANCE CORE:**

- Complete 3 courses
- At least 1 course from Group I
- At least 1 course from Group II
- 1 course must be intermediate or adv. level (Asterisk [\*] notates intermediate or adv. level)
- Only 1 course from any 1 Section

**Group I:**

- A. Tennis (PHED 1590, 1600\*, 1610\*)
- B. Golf (not offered) (PHED 1500, 1510\*)
- C. Badminton (PHED 1470, 1440\*)

**Group II:**

- A. Weight Training (PHED 1210, 1211\*)
- B. Swimming (PHED 1010, 1030\*, 1120\*)
- C. Conditioning Exercises (PHED 1200), Jogging (PHED 1220), Aerobic Dance (PHED 1230), Pilates (PHED 1250), Yoga (PHED 1260), Ultimate Frisbee (PHED 1760)

**TRACK COURSES:**

- KINE 3020 Movement for Special Populations
- KINE 3500 Motor Development

**MINOR:**

University minimum of 18 hours, including 6 advanced hours. Minor requirements vary. See degree audit for specific requirements.

**TEACHER EDUCATION PROGRAM:**

Admission to the Teacher Education Program, including 2.75 GPAs

**HDFS 3423 Family/School/Community**

- KINE 3550 Skills/Strategies/Mgmt PE/Movement
- KINE 3560 Skills/Strategies/Mgmt in Secondary PE
- EDCI 3830 Teaching/Learning Process/Evaluation
- EDCI 4060 Content Area Reading Secondary
- EDCI 4070 Teaching Diverse Populations
- KINE 4100 Curriculum/Methods in KINE (2 hrs.)
- KINE 4101 Early Field Experience KINE (1 hr.)
- KINE 4102 Student Teaching in PE, Grades EC-5 (KINE Major Capstone for All-Level Teacher Certification track)
- KINE 4104 Student Teaching in PE, Grades 6-12

A Kinesiology course (KINE) may be repeated one time in order to improve grade to the requirement of a C or better. Following the second attempt, approval for a third attempt must be sought from the program coordinator or department.

**GENERAL**

**KINESIOLOGY ELECTIVES:**

- Complete 5 courses (15 hours) from the following:
- KINE 2240 Coaching Soccer
- KINE 3030 Fundamentals of Sport Nutrition
- KINE 3250 Coaching Individual Sports
- KINE 3260 Coaching Youth Sport
- KINE 3400 Admin Theory/Practice in Athletic/Sport Orgs
- KINE 3500 Motor Development
- KINE 3540 Learning/Teaching in Physical Activity
- KINE 3550 Skills/Strategies/Mgmt PE/Movement
- KINE 3560 Skills/Strategies/Mgmt in Secondary PE
- KINE 4300 Exercise Leadership
- KINE 4320 Exercise Testing/Prescription
- KINE 4325 Fitness Testing
- KINE 4410 Facilities/Equipment/Budget for Athletics
- KINE 4800 Studies in Kinesiology
- KINE 4860 Internship in Kinesiology

**MINOR:**

University minimum of 18 hours, including 6 advanced hours. Minor requirements vary. See degree audit for specific requirements.

**FITNESS LEADERSHIP**

**TRACK COURSES:**

- HLTH 4300 Health Promotion in the Corporate Setting
- HLTH 4430 Plan/Admin/Evaluation of Health Programs
- HLTH 4600 Behavioral Change Strategies
- KINE 3030 Fundamentals of Sport Nutrition
- KINE 4300 Exercise Leadership
- KINE 4320 Exercise Testing/Prescription
- KINE 4325 Fitness Testing
- KINE 4330 Advanced Sport Nutrition/Metabolism
- RESM 4080 Legal Dimensions in RES Industries
- RESM 4180 Plan/Design/Maintain RESM Facilities/Area
- RESM 4190 Fiscal Administration in RES Services

Complete 1 course (3 hours) from the following:

- KINE 3400 Admin Theory/Practice in Athletic/Sport Orgs
- RESM 4050 Management Perspectives in RES Industries

**KINESIOLOGY ELECTIVES:**

- Complete 2 courses (6 hours) from the following:
- HLTH 3300 Health Emergencies/First Aid
- KINE 3020 Movement for Special Populations
- KINE 4310 Advanced Strength/Conditioning
- KINE 4860 Internship in Kinesiology
- RESM 4070 Staffing Perspectives in RES Organization
- RESM 4200 Commercial RES Enterprises

**ATHLETIC TRAINING**

**CAREER TRAINING:**

- Student must complete 1800 internship hours during university enrollment through the UNT Athletic Department.
- Student must submit signed acceptance letter to have official degree audit drawn.
- Student must submit documentation to verify completion of 1800 internship hours with graduation application.

**TRACK COURSES:**

- KINE 4200 Basic Athletic Training
- KINE 4250 Advanced Athletic Training
- KINE 4260 Principles Rehab/Therapeutic Modalities
- KINE 4860 Internship in KINE

**SELECT AND COMPLETE 1 36-HOUR OPTION**

• **Option A: Pre-PT/Allied Health:**

- Complete 36 hours from the following:
- BIOL 1710 CHEM 1420/1440 HLTH 4600
- BIOL 1720 PHYS 1410/1430 KINE 3500
- BIOL 1760 PHYS 1420/1420 KINE 4300
- CHEM 1410/1430 PSYC1630 or 1650 KINE 4320
- PSYC 3620 KINE 4325

• **Option B: Fitness Leadership:**

- Complete 36 hours from the following:
- HLTH 4300 KINE 4325 RESM 4080
- HLTH 4430 KINE 4330 RESM 4180
- HLTH 4600 RESM 4190
- KINE 4300 KINE 3400 or RESM 4050
- KINE 4320 Any 3 hours KINE elective (KINE 3500 recommended)

• **Option C: General & Minor:**

- Complete 6 courses (18 hours) from the following:
- KINE 2240 KINE 3400 KINE 3560 KINE 4325
- KINE 3250 KINE 3500 KINE 4300 KINE 4330
- KINE 3260 KINE 3540 KINE 4310 KINE 4410
- KINE 3270 KINE 3550 KINE 4320 KINE 4800

Complete a Minor:

University minimum of 18 hours, including 6 advanced hours. Minor requirements vary. See degree audit for specific requirements.

**PRE-PT/ALLIED HEALTH**

**ADDITIONAL PROGRAM REQUIREMENTS:**

- PSYC 1630 or 1650 General Psychology I or II
- PSYC 3620 Developmental Psychology
- HLTH 4600 Behavioral Change Strategies
- BIOL 1710 Biology for Science Majors I
- BIOL 1720 Biology for Science Majors II
- BIOL 1760 Biology for Science Majors Lab
- CHEM 1410/1430 General Chemistry I Lecture/Lab
- CHEM 1420/1440 General Chemistry II Lecture/Lab
- PHYS 1410/1430 General Physics I Lecture/Lab
- PHYS 1420/1440 General Physics II Lecture/Lab

**KINESIOLOGY HEALTH SCIENCE COURSES:**

- KINE 3500 Motor Development
- KINE 4200 Basic Athletic Training
- KINE 4250 Advanced Athletic Training
- KINE 4260 Principles Rehab/Therapeutic Modalities
- KINE 4300 Exercise Leadership
- KINE 4325 Fitness Testing

**KINESIOLOGY ELECTIVES:**

- Complete 1 course (2-3 hours) from the following:
- BIOL 3500 Medical Terminology (2 hrs.)
- HLTH 3300 Health Emergencies/First Aid
- KINE 3020 Movement for Special Populations
- KINE 3030 Fundamentals of Sport Nutrition
- KINE 4310 Advanced Strength/Conditioning
- KINE 4320 Exercise Testing/Prescription
- KINE 4330 Advanced Sport Nutrition/Metabolism
- KINE 4860 Internship in Kinesiology
- PSYC 4610 Abnormal Psychology