

Counseling Minor

Department of Counseling
Welch Street Complex 2 | 940-565-2910
18 hours (6 advanced hours)

The counseling minor program is available to undergraduate students who are working toward a bachelor's degree. Students must check with their academic advisors to have their minor program approved. The interpersonal skills gained in this program may be applied to a variety of employment settings that span human services professions. A minor in the program also provides students with a background that serves as a strong foundation when applying to master's degree programs in counseling and related fields.

A minimum of three counseling courses are offered each semester. At least one section of the two introductory courses (COUN 2610 and COUN 3620) is offered each fall and spring term/semester. Typically, no courses are offered during the summer.

6 hours (2 courses) from:

COUN 2610 Principles of Counseling I
COUN 3620 Principles of Counseling II

12 hours (4 courses) from:

COUN 2620 Diversity and Cultural Awareness
COUN 3600 Therapeutic Play
COUN 3630 Survey of Career Development and Career Guidance
COUN 3640 Group Process in Helping Relationships
COUN 4620 Interpersonal Skills in Helping Relationships
COUN 4900 Special Problems*

*Current Special Problems: Animal Assisted Therapy (summer) and Women's Emotional Health (fall). Contact the Counseling undergraduate coordinator for registration details.

Health Promotion Minor

Department of Kinesiology, Health Promotion and Recreation
Physical Education Building, Room 209 | 940-565-2651
18 hours (6 advanced hours) and a minimum grade of C is required in each course.

6 hours (2 courses) from:

Any HLTH course

12 hours (4 courses) from:

Any HLTH course at the 3000 and 4000 level

Human Development and Family Science Minor

Department of Educational Psychology
Matthews Hall, Room 316 | 940-565-4646
18 hours (12 advanced hours)

A minor in human development and family science is suggested for students whose careers or degree audits involve children and families, for students who desire enrichment in family life education and for students in preprofessional studies leading to careers in medicine and family law. Students who choose human development and family science as a minor must meet prerequisite requirements for courses.

6 hours (2 courses) from:

Any HDFS course

12 hours (4 courses) from:

Any HDFS course at the 3000 and 4000 level

Kinesiology Minor

Department of Kinesiology, Health Promotion and Recreation
Physical Education Building, Room 209 | 940-565-2651
21 hours (6 advanced hours) and a minimum grade of C is required in each course.

15 hours (5 courses) from:

KINE 2000 History and Philosophy of Sport and Physical Activity in the U.S.*
KINE 2030 Introduction to Kinesiology
KINE 2050 Sociology of Sport
KINE 3020 Movement with Individuals with Disabilities
KINE 3050 Biomechanics
KINE 3080 Physiological Bases of Exercise and Sport
KINE 3090 Motor Behavior
KINE 4000 Psychology of Sport
KINE 4050 Quantitative Analysis in Kinesiology

6 hours (2 courses) from:

Any KINE course

*Currently not offered

Recreation, Event and Sport Management Minor

Department of Kinesiology, Health Promotion and Recreation
Physical Education Building, Room 209 | 940-565-2651
18 hours (6 advanced hours) and a minimum grade of C is required in each course.

3 hours (1 course) from:

RESM 1950 Foundations of Recreation, Event and Sport Professions

15 hours (5 courses) from:

RESM 2150 Leadership in Recreation, Event and Sport Management
RESM 3050 Event Operation Logistics and Delivery
RESM 4050 Management in RESM
RESM 4080 Legal Dimensions of the Recreation, Event and Sport Industries
RESM 4160 Evaluation of Recreation, Event and Sport Services
RESM 4180 Planning, Designing, Maintaining RESM Facilities and Areas
RESM 4190 Economy and Finance in RESM Industries
RESM 4250 Marketing in Sport and Recreation Industries

Special Education Minor

Department of Educational Psychology
Matthews Hall, Room 316 | 940-565-4646
Does not include certification to teach in a public school in Texas
18 hours (6 advanced hours)

The special education minor is available to undergraduate students working toward a bachelor's degree. Because of its compatibility with other human service fields, special education provides an appropriate minor for students majoring in such areas as rehabilitation, speech and hearing science, behavior analysis, psychology, criminal justice, social work, recreation, kinesiology, and human development and family science. Minor must observe the system of prerequisites for courses.

18 hours (6 courses) from:

EDSP 3210 Educational Aspects of Exceptional Learners
EDSP 3240 Family Collaboration for Exceptional Learners
EDSP 3410 Developmental Disabilities & Autism: Identification & Intervention
EDSP 3420 Behavioral Disorders: Characteristics, Identification & Intervention
EDSP 4320 Educational Assessment and Evaluation of Exceptional Learners
EDSP 4330 Advanced Educational Strategies for Exceptional Learners
EDSP 4340 Classroom & Behavioral Mgmt Strategies for Exceptional Learners
EDSP 4360 Transition Education and Services for Exceptional Learners
EPSY 3000 Foundations of Educational Psychology

Bolded courses have prerequisites. For registration concerns due to prerequisites, contact the course department listed under the minor title above.