

UNTO OUTDOOR PURSUITS



GENERAL TRIP PACKING LIST

When attending an Outdoor Pursuits trip, it is important to come prepared with the clothing and gear necessary for a successful time. Most of the specialized equipment required for the trip will be provided such as tents, sleeping bags, stoves, boats, etc. However, there are items, see below, that are suggested and/or required for various trip attendance. The following lists are to serve as a general guideline for packing.

NOTE: Many of these items can be found affordably in thrift stores, budget friendly shops, or even borrowed from a friend! Please consult with Outdoor Pursuits Trip Staff for more information or to help answer any questions.

DAY TRIPS: HIKING, CLIMBING, ETC.

- Comfortable lightweight synthetic clothing
- Lightweight rain jacket
- Comfortable walking shoes
- Wool socks
- Sunglasses
- Outdoor hat
- Daypack to hold all personal belongings
- Sunscreen
- Two water bottles
- Sack lunch that does not need to be kept cool

OVERNIGHT TRIPS: CAMPING, BACKPACKING, ETC.

- Include items from the list above EXCEPT do not bring lunch- food will be provided
- Bowl with a lid for eating
- Spoon/ fork
- Toothpaste/ toothbrush
- Chapstick

ADDITIONAL INFO:

Please be aware that clothing/footwear requirements are temperature and activity dependent. DO NOT bring cotton clothing, as it does not efficiently regulate body temperatures when utilized in rigorous outdoor activities. Instead, it is highly recommended to pack synthetic or wool materials for increased comfort and performance.