



Seeking Options and Opportunities Dallas County Resources

METROCREST SOCIAL SERVICES

13801 Hutton Drive Ste. 150 Farmers Branch, TX 75234

Provides assistance for individuals, families, and senior citizens in crisis situations. Services include financial assistance, food pantry, and employment assistance.

<https://www.metrocrestservices.org> | 972-446-2100

AMERICAN HEART ASSOCIATION

105 Decker Ct. Suite 200 Irving, TX 75062

Provides education and treatment programs in order to reduce disability and death from cardiovascular disease and stroke.

www.heart.org | 214-748-7212

AMERICAN PREGNANCY ASSOCIATION

3007 Skyway Cir. N suite 800 Irving, TX, 75038

Provides referrals regarding pregnancy resources via the helpline only (Doesn't see clients in office) referrals include phone numbers and info to pregnancy centers, medical testing, assistance with material goods, breast feeding resources, Medicaid assistance, birthing centers and midwives.

www.americanpregnancy.org | 972-550-0140

PASTORAL COUNSELING CENTER

4525 Lemmon Ave Dallas, TX 75219

Provides individual counseling for adults, children, and adolescents; play therapy for children; parent education programs; and psychoeducational testing.

www.pccdallas.org | 214-526-4525

GREATER DALLAS COUNCIL ON ALCOHOL AND DRUG ABUSE

1349 Empire Central Drive, Ste. 800 Dallas, TX 75247

A non-profit organization that provides intervention services and treatment for individuals struggling with alcohol use disorder, substance abuse disorder, and behavioral health issues.

www.pccdallas.org | 214-522-8600

UNITED WAY OF METROPOLITAN DALLAS

1800 N Lamar St, Dallas TX 75202

A non-profit organization that is partnered with various programs to provide resources for adults, children, adolescents and all parts of the community. Services may include education prep, healthcare, and employment assistance.

<https://unitedwaydallas.org/> | 214.978.0000