

Your Good Health: Summer 2003

**University of North Texas
International Studies and Programs – 940-565-2197
Student Health & Wellness Center – 940-565-2796**

The goal of the University of North Texas is to safeguard the well being of all members of the UNT community, including students, faculty, staff, guests, and visitors. The University of North Texas is also concerned that accurate information is readily available and that appropriate action is undertaken when necessary.

The following policies and recommendations may change as the SARS (Severe Acute Respiratory Syndrome) outbreak evolves. UNT will continue to develop and coordinate strategies, monitor daily bulletins from the Centers for Disease Control (CDC) and from the World Health Organization (WHO), stress compliance with the CDC's guidelines regarding travel, quarantine, and clinical care, and undertake appropriate actions to safeguard the health and well being of all members of the UNT community.

CDC Recommendations:

- At this time, CDC does not recommend canceling or postponing classes, meetings, or other gatherings that will include persons traveling to the U.S.A. from areas with SARS.
- At this time, CDC does not recommend quarantine of persons arriving from areas with SARS.
- In general, all people from areas with SARS and those in contact with people from areas with SARS should follow these good health practices:
 - Wash their hands with soap and water very frequently.
 - Cover their mouths and noses with a disposable tissue when coughing or sneezing.
 - Avoid sharing eating or drinking utensils and other personal items.
- Students from areas with SARS should measure their temperature and watch for respiratory symptoms, such as a dry cough, shortness of breath, or other flu-like symptoms, for ten days after their arrival in the U.S.A.

During these ten days, if there is no fever, cough, or difficulty breathing, students do not have to limit their activities outside the home and should not be excluded from school or other public areas.

UNT POLICIES:

To monitor and assist students arriving from areas on the World Health Organization's list of SARS affected countries (effective May 20, 2003, and subject to change), UNT will require the following:

1. Following the regular UNT and IELI orientation meetings or whenever they arrive on campus for orientation, students from areas with SARS will attend a special meeting for information and to complete required Student Health and Wellness Center paperwork

2. Students from areas with SARS must go to the UNT Student Health and Wellness Center every second day and/or designated Saturday until the tenth (10th) day following their arrival in the U.S.A. Students will meet with Health Center personnel to have their temperature measured. There will be no charge for this service.
3. After a student's tenth day in the U.S.A. without any respiratory symptoms or fever, the monitoring will be discontinued.
4. If a student develops any of these symptoms, they should contact the UNT Student Health and Wellness Center at 940-565-2796 and identify themselves as a UNT international student with potential SARS symptoms: fever, dry cough, difficulty breathing, or flu-like symptoms.
5. If at any time Health Center personnel determine that a student has fever OR respiratory symptoms develop, the student should NOT go to school. The student will be required to stay home.
If fever AND respiratory symptoms are both present, the student may be required to go into isolation or be sent to the hospital for further evaluation. The Denton County Health Department will be notified if a student is isolated or sent to the hospital.
6. If a student develops SARS symptoms when the Student Health and Wellness Center is not open, the student should contact Denton Community Hospital (940-898-7000) or Denton Regional Medical Center (940-384-3535).
7. If the student does not comply with his or her temperature monitoring, the student will be administratively dropped from UNT and/or IELI classes and will lose student visa status.

INFORMATION:

For UNT updates about SARS: www.healthcenter.unt.edu

For Center for Disease Control (CDC) information: www.cdc.gov/ncidod/sars

For World Health Organization (WHO) information: www.who.int csr/sars/en

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