

## Official USDA Food Plans: Cost of Food at Home at Four Levels, U.S. Average, July 2002<sup>1</sup>

AGE-GENDER GROUPS	WEEKLY COST				MONTHLY COST			
	Thrifty plan	Low-cost plan	Moderate-cost plan	Liberal plan	Thrifty plan	Low-cost plan	Moderate-cost plan	Liberal plan
<b>INDIVIDUALS<sup>2</sup></b>								
<b>CHILD:</b>								
1 year	16.70	20.30	23.90	28.90	72.40	88.00	103.60	125.20
2 years	16.70	20.30	23.90	28.90	72.40	88.00	103.60	125.20
3-5 years	18.10	22.40	27.70	33.10	78.40	97.10	120.00	143.40
6-8 years	22.70	29.80	37.10	43.10	98.40	129.10	160.80	186.80
9-11 years	26.80	33.80	43.30	50.00	116.10	146.50	187.60	216.70
<b>MALE:</b>								
12-14 years	27.80	38.20	47.30	55.70	120.50	165.50	205.00	241.30
15-19 years	28.80	39.50	49.20	56.80	124.80	171.20	213.20	246.10
20-50 years	30.70	39.40	49.00	59.30	133.00	170.70	212.30	256.90
51 years and over	27.60	37.50	46.00	55.20	119.60	162.50	199.30	239.20
<b>FEMALE:</b>								
12-19 years	27.70	32.90	40.00	48.20	120.00	142.60	173.30	208.90
20-50 years	27.70	34.40	41.80	53.60	120.00	149.10	181.10	232.20
51 years and over	27.00	33.40	41.40	49.40	117.00	144.70	179.40	214.10
<b>FAMILIES:</b>								
<b>FAMILY OF 2<sup>3</sup>:</b>								
20-50 years	64.20	81.20	99.90	124.20	278.30	351.80	432.70	538.00
51 years and over	60.10	78.00	96.10	115.10	260.30	337.90	416.60	498.60
<b>FAMILY OF 4:</b>								
Couple, 20-50 years and children—								
2 and 3-5 years	93.20	116.50	142.40	174.90	403.80	504.90	617.00	757.70
6-8 and 9-11 years	107.90	137.40	171.20	206.00	467.50	595.40	741.80	892.60

<sup>1</sup>Basis is that all meals and snacks are purchased at stores and prepared at home. For specific foods and quantities of foods in the Thrifty Food Plan, see *Thrifty Food Plan, 1999, Executive Summary*, CNPP-7A; for specific foods and quantities of foods in the Low-Cost, Moderate-Cost, and Liberal Plans, see *Family Economics Review*, No. 2 (1983). The Thrifty Food Plan is based on 1989-91 data and the other three food plans are based on 1977-78 data; all four plans are updated to current dollars using the Consumer Price Index for specific food items.

<sup>2</sup>The costs given are for individuals in 4-person families. For individuals in other size families, the following adjustments are suggested: 1-person—add 20 percent; 2-person—add 10 percent; 3-person—add 5 percent; 5- or 6-person—subtract 5 percent; 7- (or more) person—subtract 10 percent.

<sup>3</sup>Ten percent added for family size adjustment.