

## Official USDA Food Plans: Cost of Food at Home at Four Levels, U.S. Average, November 2000<sup>1</sup>

AGE-GENDER GROUPS	WEEKLY COST				MONTHLY COST			
	Thrifty plan	Low-cost plan	Moderate-cost plan	Liberal plan	Thrifty plan	Low-cost plan	Moderate-cost plan	Liberal plan
<b>INDIVIDUALS<sup>2</sup></b>								
<b>CHILD:</b>								
1 year	15.90	19.50	22.90	27.90	68.90	84.50	99.20	120.90
2 years	15.80	19.50	22.90	27.90	68.50	84.50	99.20	120.90
3-5 years	17.10	21.40	26.50	31.80	74.10	92.70	114.80	137.80
6-8 years	21.20	28.50	35.40	41.20	91.90	123.50	153.40	178.50
9-11 years	25.10	32.30	41.30	47.80	108.80	140.00	179.00	207.10
<b>MALE:</b>								
12-14 years	25.90	36.40	45.20	53.20	112.20	157.70	195.90	230.50
15-19 years	26.70	37.50	46.80	54.00	115.70	162.50	202.80	234.00
20-50 years	28.50	37.30	46.50	56.40	123.50	161.60	201.50	244.40
51 years and over	26.00	35.60	43.80	52.60	112.70	154.30	189.80	227.90
<b>FEMALE:</b>								
12-19 years	25.90	31.40	38.20	46.10	112.20	136.10	165.50	199.80
20-50 years	25.90	32.70	39.80	51.10	112.20	141.70	172.50	221.40
51 years and over	25.60	31.80	39.50	47.20	110.90	137.80	171.20	204.50
<b>FAMILIES:</b>								
<b>FAMILY of 2<sup>3</sup>:</b>								
20-50 years	59.80	77.00	94.90	118.30	259.30	333.60	411.40	512.40
51 years and over	56.80	74.10	91.60	109.80	246.00	321.30	397.10	475.60
<b>FAMILY OF 4:</b>								
Couple, 20-50 years and children—								
2 and 3-5 years	87.30	110.90	135.70	167.20	378.30	480.50	588.00	724.50
6-8 and 9-11 years	100.70	130.80	163.00	196.50	436.40	566.80	706.40	851.40

<sup>1</sup>Basis is that all meals and snacks are purchased at stores and prepared at home. For specific foods and quantities of foods in the Low-Cost, Moderate-Cost, and Liberal Plans, see *Family Economics Review*, No. 2 (1983); for specific foods and quantities of foods in the Thrifty Food Plan, see *Thrifty Food Plan, 1999, Executive Summary*, CNPP-7A. The Thrifty Food Plan is based on 1989-91 data, and the other three food plans are based on 1977-78 data updated to current dollars using the Consumer Price Index for specific food items.

<sup>2</sup>The costs given are for individuals in 4-person families. For individuals in other size families, the following adjustments are suggested: 1-person—add 20 percent; 2-person—add 10 percent; 3-person—add 5 percent; 5- or 6-person—subtract 5 percent; 7- (or more) person—subtract 10 percent.

<sup>3</sup>Ten percent added for family size adjustment.