

Meal	Day 9	Day 10	Day 11	Day 12**
A	Dried Peaches (IM)	Dried Pears (IM)	Dried Peaches (IM)	Dried Pears (IM)
	Oatmeal w/ Raisins (R)	Beef Pattie (R)	Mexican Scrambled Eggs (R)	Sausage Pattie (R)
	Orange-Pineapple Drink (B)	Granola w/Raisins (R)	Oatmeal w/Raisins (R)	Granola w/Raisins (R)
	Cocoa (B)	Orange Juice (B)	Orange Juice (B)	Orange-Mango Drink (B)
	Kona Coffee, black (B)	Kona Coffee, black (B)	Cocoa (B)	Cocoa (B)
			Kona Coffee, black (B)	Kona Coffee, black (B)
B	Shrimp Cocktail (R)	Shrimp Cocktail (R)	Shrimp Cocktail (R)	
	Cream of Mushroom Soup (R)	Turkey Tetrazzini (R)	Chicken Noodle Soup (I)	
	Cheddar Cheese Spread (I)	Rice & Chicken (R)	Tuna Salad Spread (I)	
	Tortilla (FF) X2	Tortilla (FF) X2	Crackers (NF) X2	
	Pineapple (I)	Fruit Cocktail (I)	Peaches (I)	
	Candy Coated Chocolates (NF)	Brownie (NF)	Candy Coated Chocolates (NF)	
	Lemonade w/A/S (B) X2	Peach-Apricot Drink (B) X2	Lemonade w/A/S (B) X2	
C	Shrimp Cocktail (R)	Shrimp Cocktail (R)	Shrimp Cocktail (R)	
	Seafood Chowder (R)	Chicken Strips in Salsa (I)	Tofu w/Hot Mustard Sauce (I)	
	Crawfish Etouffee (I)	Macaroni & Cheese (R)	Vegetable Risotto (R)	
	Tomatoes & Eggplant (I)	Creamed Spinach (R)	Tortilla (FF)	
	Bread Pudding (I)	Tortilla (FF) X2	Chocolate Pudding (I)	
	Candy Coated Chocolates (NF)	Brownie (NF)	Candy Coated Chocolates (NF)	
	Grape Drink w/A/S (B) X2	Tropical Punch w/A/S (B) X2	Tea w/Lemon & A/S (B) X2	

**Day 12 consists of Meal A only

(B) - Beverage, (FF) - Fresh Food, (I) - Irradiated, (IM) - Intermediate Moisture, (NF) - Natural Form, (R) - Rehydratable, (I) - Thermostabilized