

**National Health and Nutrition Examination Survey
Codebook for Data Release (2001-2002)**

**Dietary Interview - Individual Foods File (DRXIFF_B)
Individual Foods level data --use Examination Weights for analysis**

September 2004

SEQN	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Respondent sequence number
English Text: Respondent sequence number.	
English Instructions: One of the key variables for the file. Primary key variables: SEQN and DRXILINE	

DRXILINE	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Food/individual component number
English Text: Food/individual component number	
English Instructions: One of the key variables for the file. Primary key variables: SEQN and DRXILINE	

DRDDRSTZ	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Dietary recall status
English Text: Dietary recall status	
English Instructions:	
Codes:	Skip To Values:
1= Reliable and met the minimum criteria	
2= Not reliable or not met the minimum criteria	
4= Reported consuming breast-milk	
5= Not done	

DRDDAY	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Intake day of week
English Text: Intake day of the week	
English Instructions:	
Codes:	Skip To Values:
1= Sunday	
2= Monday	
3= Tuesday	
4= Wednesday	
5= Thursday	
6= Friday	
7= Saturday	

DRALANG	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Language SP/Proxy used mostly
English Text: The SP/Proxy spoke mostly:	
English Instructions:	
Codes:	Skip To Values:
1= English	
2= Spanish	
3= English and Spanish	
4= Other	

DRXCCMNM	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Combination food number
English Text: Combination food number	
English Instructions:	

DRDCCMTZ	Target
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	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Combination food type
English Text: Combination food type	
English Instructions:	
Codes: 0= Non-combination food 1= Beverage w/ adds 2= Cereal w/ adds 3= Bread/baked products w/ adds 4= Salad 5= Sandwiches 6= Soup 7= Frozen meals 8= Ice cream/frozen yogurt w/ additions 9= Dried beans and vegetable w/ adds 10= Fruit w/ adds 11= Tortilla Products 12= Meat, poultry, fish 13= Lunchables 90= Other mixtures	Skip To Values:

DRD020	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Time of eating occasion (HH:MM)
English Text: What time did you begin to eat/drink the meal/food?	
English Instructions:	

DRD030Z	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Name of eating occasion
English Text: Name of eating occasion	
English Instructions:	

Codes: 1= Breakfast 2= Lunch 3= Dinner/supper 5= Brunch 6= Snack/beverage 8= Infant feeding 9= Extended consumption 10= Desayuno (Spanish) 11= Almuerzo (Spanish) 12= Comida (Spanish) 13= Merienda (Spanish) 14= Cena (Spanish) 15= Entre comida/bebida/tentempie (Spanish) 16= Botana (Spanish) 17= Bocadillo (Spanish) 91= Other 99= Don't know	Skip To Values:
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DRD040Z	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Was this food eaten at home?
English Text: Was this food eaten at home?	
English Instructions:	
Codes: 1= Yes 2= No	Skip To Values:

DRDIFDCD	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	USDA food code
English Text: USDA food code	
English Instructions:	

DRXIGRMS	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Grams
English Text: Gram weight of the food/individual component	
English Instructions:	

DRXIKCAL	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Energy (kcal)
English Text: Energy (kcal)	
English Instructions:	

DRXIPROT	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Protein (gm)
English Text: Protein (gm)	
English Instructions:	

DRXICARB	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Carbohydrate (gm)
English Text: Carbohydrate (gm)	
English Instructions:	

DRXISUGR	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Total sugars (gm)
English Text: Total sugars (gm)	
English Instructions:	

DRXIFIBE	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Dietary fiber (gm)
English Text: Dietary fiber (gm)	
English Instructions:	

DRXITFAT	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Total fat (gm)
English Text: Total fat (gm)	
English Instructions:	

DRXISFAT	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Total saturated fatty acids (gm)
English Text: Total saturated fatty acids (gm)	
English Instructions:	

DRXIMFAT	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Total monounsaturated fatty acids (gm)
English Text: Total monounsaturated fatty acids (gm)	
English Instructions:	

DRXIPFAT	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Total polyunsaturated fatty acids (gm)
English Text: Total polyunsaturated fatty acids (gm)	
English Instructions:	

DRXICHOL	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Cholesterol (mg)
English Text: Cholesterol (mg)	
English Instructions:	

DRXIATOC	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Vitamin E as alpha-tocopherol (mg)
English Text: Vitamin E as alpha-tocopherol (mg)	
English Instructions:	

DRXIRET	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Retinol (mcg)
English Text: Retinol (mcg)	
English Instructions:	

DRXIVARA	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Vitamin A, RAE (mcg)
English Text: Vitamin A as retinol activity equivalents (mcg)	
English Instructions:	

DRXIACAR	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Alpha-carotene (mcg)
English Text: Alpha-carotene (mcg)	
English Instructions:	

DRXIBCAR	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Beta-carotene (mcg)
English Text: Beta-carotene (mcg)	
English Instructions:	

DRXICRYP	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Beta-cryptoxanthin (mcg)
English Text: Beta-cryptoxanthin (mcg)	
English Instructions:	

DRXILYCO	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Lycopene (mcg)
English Text: Lycopene (mcg)	
English Instructions:	

DRXILZ	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Lutein + zeaxanthin (mcg)
English Text: Lutein + zeaxanthin (mcg)	
English Instructions:	

DRXIVB1	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Thiamin (Vitamin B1) (mg)
English Text: Thiamin (Vitamin B1) (mg)	
English Instructions:	

DRXIVB2	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Riboflavin (Vitamin B2) (mg)
English Text: Riboflavin (Vitamin B2) (mg)	
English Instructions:	

DRXINIAC	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Niacin (mg)
English Text: Niacin (mg)	
English Instructions:	

DRXIVB6	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Vitamin B6 (mg)
English Text: Vitamin B6 (mg)	
English Instructions:	

DRXIFOLA	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Total Folate (mcg)
English Text: Total Folate (mcg)	
English Instructions:	

DRXIFA	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Folic acid (mcg)
English Text: Folic acid (mcg)	
English Instructions:	

DRXIFF	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Food folate (mcg)
English Text: Food folate (mcg)	
English Instructions:	

DRXIFDFE	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Folate, DFE (mcg)
English Text: Folate as dietary folate equivalents (mcg)	
English Instructions:	

DRXIVB12	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Vitamin B12 (mcg)
English Text: Vitamin B12 (mcg)	
English Instructions:	

DRXIVC	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Vitamin C (mg)
English Text: Vitamin C (mg)	
English Instructions:	

DRXIVK	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Vitamin K (mcg)
English Text: Vitamin K (mcg)	
English Instructions:	

DRXICALC	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Calcium (mg)
English Text: Calcium (mg)	
English Instructions:	

DRXIPHOS	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Phosphorus (mg)
English Text: Phosphorus (mg)	
English Instructions:	

DRXIMAGN	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Magnesium (mg)
English Text: Magnesium (mg)	
English Instructions:	

DRXIIRON	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Iron (mg)
English Text: Iron (mg)	
English Instructions:	

DRXIZINC	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Zinc (mg)
English Text: Zinc (mg)	
English Instructions:	

DRXICOPP	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Copper (mg)
English Text: Copper (mg)	
English Instructions:	

DRDISODI	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Sodium (mg)
English Text: Sodium (mg)(adjusted for salt use in food preparation)	
English Instructions:	

DRXIPOTA	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Potassium (mg)
English Text: Potassium (mg)	
English Instructions:	

DRXISELE	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Selenium (mcg)
English Text: Selenium (mcg)	
English Instructions:	

DRXICAFF	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Caffeine (mg)
English Text: Caffeine (mg)	
English Instructions:	

DRXITHEO	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Theobromine (mg)
English Text: Theobromine (mg)	
English Instructions:	

DRXIALCO	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Alcohol (gm)
English Text: Alcohol (gm)	
English Instructions:	

DRXIMOIS	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Moisture (gm)
English Text: Moisture (gm)	
English Instructions:	

DRXIS040	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	SFA 4:0 (Butanoic) (gm)
English Text: SFA 4:0 (Butanoic) (gm)	
English Instructions:	

DRXIS060	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	SFA 6:0 (Hexanoic) (gm)
English Text: SFA 6:0 (Hexanoic) (gm)	
English Instructions:	

DRXIS080	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	SFA 8:0 (Octanoic) (gm)
English Text: SFA 8:0 (Octanoic) (gm)	
English Instructions:	

DRXIS100	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	SFA 10:0 (Decanoic) (gm)
English Text: SFA 10:0 (Decanoic) (gm)	
English Instructions:	

DRXIS120	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	SFA 12:0 (Dodecanoic) (gm)
English Text: SFA 12:0 (Dodecanoic) (gm)	
English Instructions:	

DRXIS140	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	SFA 14:0 (Tetradecanoic) (gm)
English Text: SFA 14:0 (Tetradecanoic) (gm)	
English Instructions:	

DRXIS160	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	SFA 16:0 (Hexadecanoic) (gm)
English Text: SFA 16:0 (Hexadecanoic) (gm)	
English Instructions:	

DRXIS180	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	SFA 18:0 (Octadecanoic) (gm)
English Text: SFA 18:0 (Octadecanoic) (gm)	
English Instructions:	

DRXIM161	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	MFA 16:1 (Hexadecenoic) (gm)
English Text: MFA 16:1 (Hexadecenoic) (gm)	
English Instructions:	

DRXIM181	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	MFA 18:1 (Octadecenoic) (gm)
English Text: MFA 18:1 (Octadecenoic) (gm)	
English Instructions:	

DRXIM201	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	MFA 20:1 (Eicosenoic) (gm)
English Text: MFA 20:1 (Eicosenoic) (gm)	
English Instructions:	

DRXIM221	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	MFA 22:1 (Docosenoic) (gm)
English Text: MFA 22:1 (Docosenoic) (gm)	
English Instructions:	

DRXIP182	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	PFA 18:2 (Octadecadienoic) (gm)
English Text: PFA 18:2 (Octadecadienoic) (gm)	
English Instructions:	

DRXIP183	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	PFA 18:3 (Octadecatrienoic) (gm)
English Text: PFA 18:3 (Octadecatrienoic) (gm)	
English Instructions:	

DRXIP184	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	PFA 18:4 (Octadecatetraenoic) (gm)
English Text: PFA 18:4 (Octadecatetraenoic) (gm)	
English Instructions:	

DRXIP204	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	PFA 20:4 (Eicosatetraenoic) (gm)
English Text: PFA 20:4 (Eicosatetraenoic) (gm)	
English Instructions:	

DRXIP205	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	PFA 20:5 (Eicsapentaenoic) (gm)
English Text: PFA 20:5 (Eicsapentaenoic) (gm)	
English Instructions:	

DRXIP225	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	PFA 22:5 (Docosapentaenoic) (gm)
English Text: PFA 22:5 (Docosapentaenoic) (gm)	
English Instructions:	

DRXIP226	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	PFA 22:6 (Docosahexaenoic) (gm)
English Text: PFA 22:6 (Docosahexaenoic) (gm)	
English Instructions:	
