



PLEASE JOIN US  
FOR FREE SPRING  
GUIDED WALKS IN  
THE COUNTY PARKS

FREE GIFTS  
AT EACH  
WALK!



Registration for walks begins at 9:00 A.M. on site

**MAY 2 - Chestnut Ridge Park**

Meet at Casino

**MAY 9 - Como Lake Park**

Meet at Lancaster Place

**MAY 16 - Akron Park**

Meet at Shelter #5

**May 30 - Emery Park**

Meet at the Fieldhouse

**June 6 - Times Beach**

On Fuhrman Blvd

**June 13 - Isleview Park**

Meet at the Gazebo

## Healthy Family Fun

At these walks, you'll be able to learn more about how to get healthy and stay healthy, participate in assorted health screenings including bone density, glucose, cholesterol, blood pressure, BMI and others. Assorted Senior Services programs, health education materials and smoking cessations services, products, and cessation program enrollment available at each walk.

Be Active Erie County! is a series of guided walks for all ages in beautiful Erie County parks

Questions?

716-858-7376

716-851-4052

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