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| <b>EXERCISE FOR DOGS</b> | Dogs greater than 12 weeks of age must be provided opportunity for exercise by acceptable methods which are outlined in a plan. [3.8]   |
| <b>Criteria</b>          | <p><b>Acceptable methods of exercise include, but are not limited to, providing:</b> [3.8(c)(3)]</p> <ul style="list-style-type: none"> <li>• an individually housed dog with at least 200% of its minimum required floor space [3.8(c)(3)(ii)]</li> <li>• group housed dogs with at least 100% of the minimum required floor space for each animal [3.8(c)(3)(i)]</li> <li>• access to a run or open area at the frequency and duration: prescribed by the attending veterinarian [3.8(c)(3)(iii)]</li> <li>• positive physical interaction with humans, e.g., walking on a leash, playing ball, or grooming [3.8(c)(2)]</li> </ul> <p><b>Unacceptable methods of exercise include, but are not limited to:</b> [3.8(c)(4)]</p> <ul style="list-style-type: none"> <li>• forced swimming</li> <li>• use of devices, such as treadmills or carousels</li> </ul>                                     |
| <b>Exemptions</b>        | <p>Dogs are exempted from the exercise requirement if:</p> <ul style="list-style-type: none"> <li>• less than 12 weeks of age [3.8(a)]</li> <li>• a female with a litter [3.8(a)]</li> <li>• determined inappropriate by the attending veterinarian [3.8(d)]             <ul style="list-style-type: none"> <li>▶ in writing and [3.8(d)(1)]</li> <li>▶ based on the animal's health, condition or well-being and [3.8(d)(1)]</li> <li>▶ reviewed every 30 days if not a permanent condition and [3.8(d)(1)]</li> <li>▶ written exemption is available for review by APHIS officials [3.8(d)(3)]</li> </ul> </li> <li>• scientifically justified in a research protocol which must be:             <ul style="list-style-type: none"> <li>▶ approved by the IACUC [3.8(d)(2)]</li> <li>▶ reviewed by the IACUC at least annually or more often at its discretion [3.8(d)(2)]</li> </ul> </li> </ul> |

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|                      | <ul style="list-style-type: none"><li>▶ available for review by: [3.8(d)(3)]<ul style="list-style-type: none"><li>□ APHIS officials</li><li>□ any pertinent Federal funding agency</li></ul></li></ul>   |
| <b>Exercise Plan</b> | <p>A research facility must develop and follow an appropriate exercise plan for the dogs. [3.8]</p> <p>The exercise plan is appropriate if it:</p> <ul style="list-style-type: none"><li>• is in writing</li><li>• is approved and signed by the attending veterinarian</li><li>• has been developed in consultation with the IACUC</li><li>• has been approved by the IACUC</li><li>• is available for review by:<ul style="list-style-type: none"><li>▶ APHIS officials</li><li>▶ any pertinent Federal funding agency</li></ul></li><li>• states that the dogs have the required exercise space listed above, or</li><li>• includes the frequency, method and duration of additional exercise if the exercise space requirements are not met</li></ul> <p>Exercise Plan for Dogs sheet (see page 12.2.3) may be used.</p> |

Licensee/Registrant Name (Type or Print legibly)

Licensee/Registrant #

The Animal Welfare Act Regulations, Title 9, CFR, Subpart A, Part 3, Section 3.8, requires all licensees and registrants to develop, document, and follow an appropriate exercise plan for their dogs. In addition, the exercise plan must be approved by the attending veterinarian. In developing an exercise plan, you should consider providing positive physical contact with humans that encourages exercise through play or similar activities. If dogs are maintained without sensory contact with other dogs, they must be provided with daily physical contact with humans. Forced methods of exercise, such as treadmills, swimming, or carousels are unacceptable for meeting the exercise requirements.

Please check the appropriate box and, if necessary, describe below:

My dogs are over 12 weeks of age (except bitches with litters), and are housed individually in a cage, pen, or run that provides at least two times the floor space required for that dog, as described in Section 3.6(c)(1).

My dogs are over 12 weeks of age and are housed in compatible groups in a cage, pen, or run that provides, in total, at least 100 percent of the required space for each dog if it were maintained separately.

Other: Please describe the exercise provided to your dogs to meet these requirements (type or print legibly).

A. Frequency:

\_\_\_\_\_

B. Method:

\_\_\_\_\_

\_\_\_\_\_

C. Duration:

\_\_\_\_\_

I. I have read the regulations pertaining to the need and requirements for a written exercise plan for my dogs and hereby submit this completed "Exercise Plan for Dogs" to meet that requirement.

\_\_\_\_\_  
Licensee/Registrant Signature

\_\_\_\_\_  
Date

II. I have read and approve this exercise plan.

\_\_\_\_\_  
Veterinarian's Name (Type or Print legibly)

\_\_\_\_\_  
Veterinarian's Signature

\_\_\_\_\_  
Date 12.2.3



## INSTRUCTIONS FOR EXERCISE PLAN

Each dealer, exhibitor, and research facility must have a written plan of exercise that has been approved by your veterinarian. This written plan must be kept at your facility and must be made available to the USDA inspector upon request.

The following two examples do not require additional opportunity for exercise:

1. Individually housed dogs: Dogs with two times the minimum required floor space do not require additional exercise. Calculate your floor space as follows:

Measure dog from tip of nose to base of tail, add 6 inches to this number.

Multiply: (length of dog ÷ 6 inches) X length of dog ÷ 6 inches).

Answer = minimum floor space in square inches.

**DOUBLE** the amount of this answer to meet exercise requirements.

2. Dogs in Groups: Dogs maintained in cages or pens that provide each dog with 100% of the minimum required floor space do not require additional exercise.

Multiply: (length of dog ÷ 6 inches) X length of dog ÷ 6 inches).

Answer = minimum floor space in square inches.

**DO NOT DOUBLE** this answer to meet the exercise requirement space for group housed dogs.

If your dogs are not kept in space that fits into the examples above, you need to develop an additional plan that provides opportunity for exercise. We encourage you to provide positive physical contact with humans that encourages exercise through play or other activities. Allowing access to runs or open areas or leash walking are two more examples of ways to provide exercise. Whatever method you elect to provide, make sure the exercise is provided to the dogs often enough to be beneficial.

Document your exercise plan in writing, have your attending veterinarian approve and sign it, and keep the form available for USDA review along with your other records. Do not send this plan into the Regional Office.

