

Older Americans Act Requirements for the Local Planning Process

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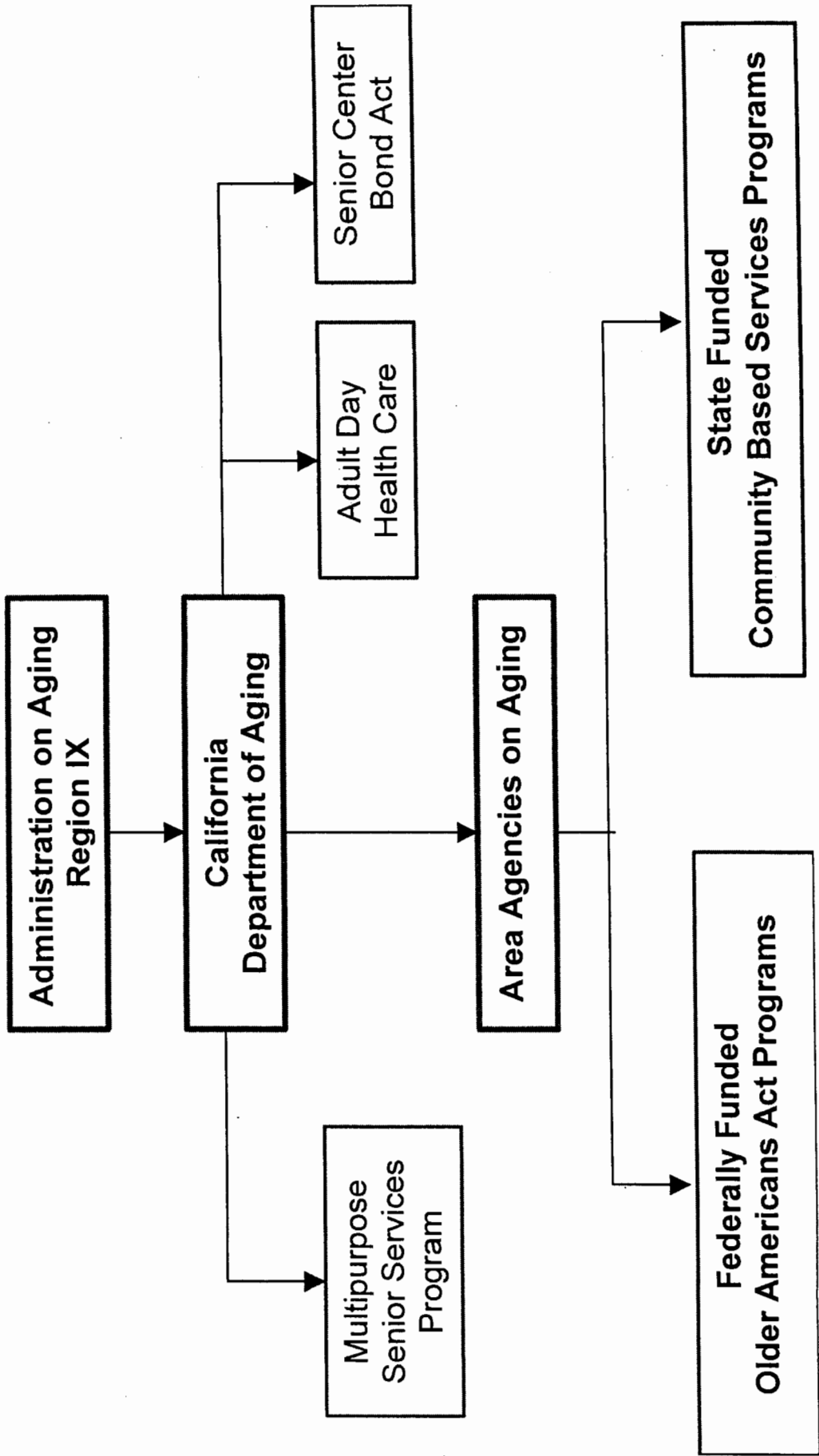
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● ● ● **OBJECTIVE FOR TODAY**

**An overview of the Older Americans Act
requirements for the local planning
process used by Area Agencies on Aging**

Administration of Aging Services



Federally Funded Programs

- **Title III B: LTC Ombudsman & Supportive Services**
- **Title III C-1: Congregate Nutrition**
- **Title III C-2: Home Delivered Meals**
- **Title III D: Disease Prevention & Health Promotion**
- **Title III E: Family Caregiver Support Program**
- **Title V: Senior Employment**
- **Title VII: LTC Ombudsman & Prevention of Elder Abuse**

State Funded Programs

- Alzheimer's Day Care Resource Center Program
- Brown Bag Program
- Foster Grandparent Program
- Health Insurance Counseling & Advocacy Program
- Linkages Program
- Senior Companion Program
- Respite Program

Aging Framework

- **Administration on Aging**
 - Older Americans Act
- **California Department of Aging**
 - Designated State Unit on Aging
 - California Code of Regulations
 - Older Californians Act

Aging Framework

- **Area Agencies on Aging (33)**
 - Organizational Type
 - County Government (19)
 - Private Nonprofit (6)
 - University Foundation (1)
 - Joint Powers Agreement (6)
 - City Government (1)
 - Governing Board
 - Advisory Council

Older Americans Act Funds

- Designation of Area Agencies on Aging
- Development of new or improved programs for older persons
- Intent of Program Funds:
 - Seed Money, Fill Gaps
 - Cash or In-kind Contribution Required
 - Fundraising and Donations Needed as Supplements

● Prescribed Minimum Matching ●

Requirements

Only 2 Community Based Services Programs
require a match:

1. Alzheimer's Day Care Resource Centers
 - Local: 25% cash or in-kind
2. Brown Bag
 - Local: 25% cash and 25% in-kind

● ● Prescribed Minimum Matching Requirements

Title III

- State: 5%
- Local: 10%

Title V

- Local: 10% cash or in-kind

Client Population

- Older Americans Act Programs
 - individuals 60 and older
 - caregivers (ages 18+) of individuals 60 and older
 - grandparents (age 60 and older) caring for children ages 18 and under
 - Exception: Title V-- individuals 55 and older
- Older Californians Act Programs
 - Older individuals & persons with disabilities
 - Criteria varies by program

● ● ● Role of Area Agencies on Aging

- Focal Point of Senior Services in the Community
- Leadership for Coordination of Services
- Scope of Planning Responsibilities
 - **ONLY** Older Americans Act and Older Californians Act Programs

● Local Planning Requirements ●

Overview

- Needs Assessment
- Establishing Priorities
- Goals and Objectives
- Service Unit Plan and Budget
- Area Plan
- Annual Update of Area Plan
- Year-End Report
- Monitoring

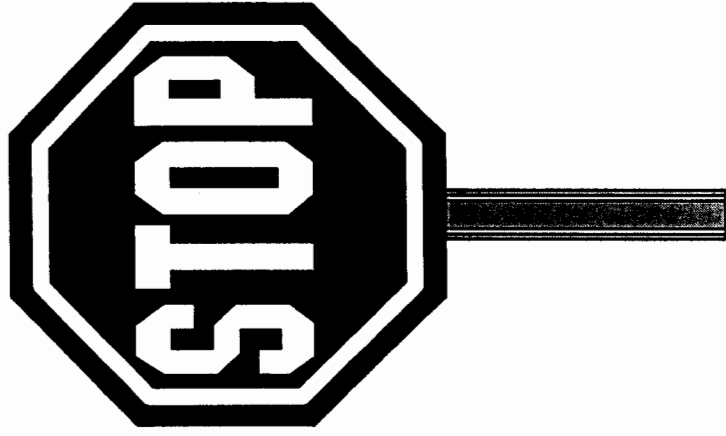
Needs Assessment

- Identify target populations
- Determine types and extent of existing and potential needs for services
- Identify existing resources to meet needs
- Identify existing constraints to providing services

Establishing Priorities

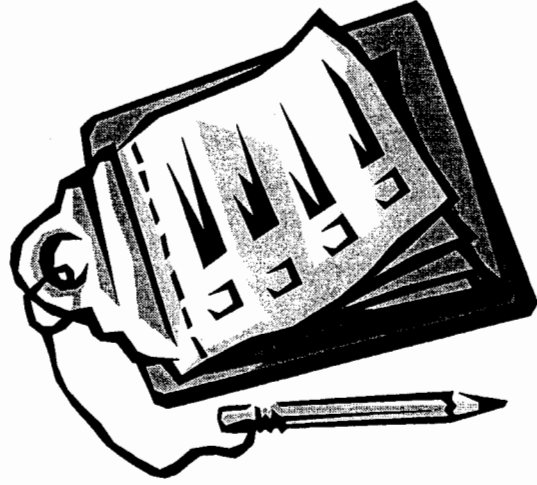
- Determine Needs
- Compare to Resources Available
- Obtain Public Input
- Meet State & Federal Mandates
 - Target Population
 - Adequate Proportion for Priority Services
- Analyze Constraints

Establishing Priorities



AAA required priorities relate to issues that can be addressed through programs funded by the Older Americans Act and the Older Californians Act

Local Monitoring



- AAAAs monitor achievement of Area Plan goals & objectives
- AAAAs monitor, evaluate, and document the program and fiscal performance of subcontractors
- AAAAs submit quarterly and annual data reports to CDA

Year-End Report Requirements

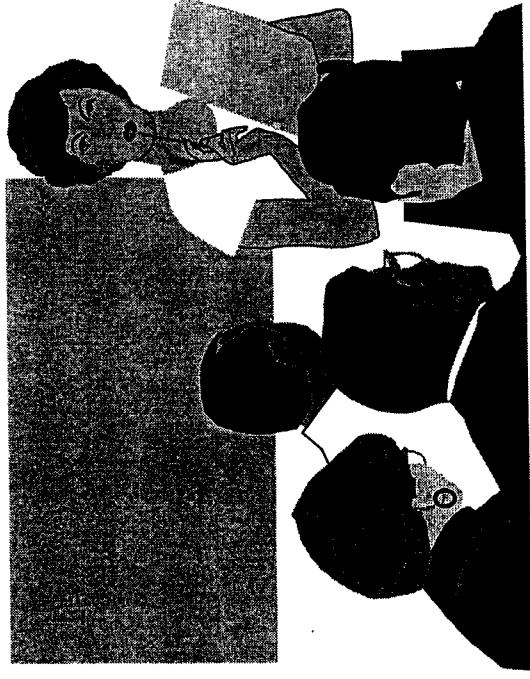
- **Performance Report**
 - Account of progress made against goals
 - Key Activities
 - Significant challenges encountered in achieving goals and objectives

Annual Update Requirements

- Provides a method for AAAs to address changing environments and unforeseen circumstances
- Area Plan Updates are submitted annually
 - Add, change, or delete objectives
- Amendments to Area Plan may be submitted as necessary

Local Oversight & Approval

- Public Hearing
- Advisory Council
- Governing Board



Area Plan Content

- Description of the Planning and Service Area
- Description of the AAA
- Mission Statement
- Description of the Needs Assessment Process
- Targeting
- Identification of Priorities

Area Plan Document

- Planning requirements serve as the **foundation** for development of the Area Plan
- The Area Plan planning period is four years
- Area Plans are updated yearly

Service Unit Plan & Budget

- Indicate the number and types of services to be provided
- Provide a budget displaying funding allocated to each service

Establishing Goals & Objectives

- Required for every State or federally-funded service provided by the AAA
- Based on:
 - needs assessment, identified priorities, and available resources
- Provide a rationale for every goal
- Develop objectives to meet goals

Constraints

⇒ Funding

↯ Staffing

↯ Political Environment

↯ Geographic Limitations

↯ Limited Providers Available

Adequate Proportion/ Priority Services

- Access
 - Information & Assistance, Transportation, Outreach, and Case Management
- In-Home Services
 - Personal Care, Homemaker, and Chore
- Legal Assistance

● ● Targeting Services

**Older individuals in the community
and living in long-term care facilities,
with the following characteristics:**

Targeting Services

- Greatest economic/social need
- Low-income and minorities
- Living in rural areas
- Limited English-speaking ability
- Frail or have Alzheimer's disease or related disorders, and their caregivers
- Isolated, abused, neglected, or exploited