



National Veterans Summer Sports Clinic



National Veterans Creative Arts Festival



National Veterans Golden Age Games

National Rehabilitation Special Events



National Veterans Tee Tournament








National Veterans Wheelchair Games



National Disabled Veterans Winter Sports Clinic

2009 OPA CALENDAR OF EVENTS

JANUARY 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> •Cervical Cancer Screening Month •Cervial Health Awareness Month •National Clean Up Your Computer Month •National Glaucoma Awareness Month •National Poverty in America Awareness Month •National Volunteer Blood Donor Month 				1  New Year's Day Emancipation Proclamation Took Effect (1863)	2	3
4	5  111 th Congress Assembles	6	7	8	9	10
11	12	13	14	15	-Religious Freedom Day -First Gulf War Began (1991)	17
18	19  MARTIN LUTHER KING, JR.	20  44th Presidential Inauguration	21	22 Women's Healthy Weight Day	23	24
<i>18-24 Healthy Weight Week</i>						
25 Intravenous Nurses Day	26	27  Vietnam Peace Agreement Signed (1973)	28	29	30 Tet Offensive (1968)	31
<i>25-31 National Nurse Anesthetist Week</i>						

FEBRUARY 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 GROUND HOG DAY 	3 Four Chaplains Memorial Day 	4  -USO Founded (1941) -Navy Cross Created (1919) 	5	6	7
1-7 National Patient Recognition Week 1-7 National Burn Awareness Week						
8  National Salute	9	10	11 World Day for the Sick	12  (1809)	13 -Marine Corps Women's Reserve Created (1943) -1st Medal of Honor Awarded (1861)	14 
8-14 National Salute to Hospitalized Veterans 8-14 Cardiovascular Professionals Week 8-14 National Cardiac Rehabilitation Week						
15	16 Presidents' Day 	17	18	19	20 	21
15-21 National Engineers Week						
22  (1732)	23 Desert Storm Ground War Began (1991)	24  Fat Tuesday - Mardi Gras	25 Ash Wednesday	26  CHINESE NEW YEAR	27 Kuwait Liberation Day (1991)	28
22-28 National Eating Disorders Awareness Week						
<ul style="list-style-type: none"> •Age-Related Macular Degeneration/Low Vision Awareness Month •American Heart Month •Black History Month •Wise Health Care Consumer Month •Relationship Wellness Month 						


MARCH 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Peace Corps Founded (1961)	2	3 National Anthem Day (1931) 	4	5	6 World Day of Prayer 	7 Army Distinguished Service Medal Authorized (1918) 
1-7 National Consumer Protection Week 1-7 Dental Assistants Recognition Week 1-8 National Sleep Awareness Week						
8 Daylight Savings Begins 	9	10	11	12	13	14
International Working Women's Day 8-14 National Patient Safety Awareness Week						
15 VA Cabinet Status (1989) 	16  	17 ST. PATRICK'S DAY 	18	19 Operation Iraqi Freedom Anniversary (2003) 	20 Spring Begins 	21
15-17 American Legion and Auxiliary Established in Paris (1919) 16-22 International Brain Awareness Week 15-21 National Pulmonary Rehabilitation Week 15-21 National Poison Prevention Week						
22 Tuskegee Airmen Activated (1941) 	23	24 -World Tuberculosis Day -American Diabetes Association Alert Day	25	26	27	28
22-28 Doctor-Patient Trust Week						
29 	30 National Doctors' Day	31	<ul style="list-style-type: none"> •American Red Cross Month •Brain Injury Awareness Month •Hemophilia Awareness Month •Irish-American Heritage Month •National Colorectal Cancer Awareness Month •National Eye Donor Month •National Kidney Month 		<ul style="list-style-type: none"> •National Multiple Sclerosis Education and Awareness Month •National Nutrition Month •National Social Work Month •National Women's History Month •Spiritual Wellness Month •Deaf History Month 	
3/29-4/3 23rd National Disabled Veterans Winter Sports Clinic (Snowmass, Colo.) 3/29-4/4 National Healthcare Access Personnel Week						

APRIL 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> •Alcohol Awareness Month •Cancer Control Month •Counseling Awareness Month •National Donate Life Month •National Occupational Therapy Month •National Parkinsons Awareness Month •National Sexual Assault Awareness and Prevention Month •National Sexually Transmitted Diseases Education and Awareness Month •Stress Awareness Month 			1  April Fools Day	2	3 Marshall Plan 60 th Anniversary (1948)	4
3-5 Alcohol Free Weekend						
3/29-4/4 National Disabled Veterans Winter Sports Clinic (Snowmass, Colo.)						
3/29-4/4 National Healthcare Access Personnel Week						
1-7 Medication Safety Week						
1-7 Testicular Cancer Awareness Week						
3-5 Alcohol Free Weekend						
5  Palm Sunday	6 WWI US Entered WWI (1917)	7 World Health Day	8  Begins at Sundown	9 -National Former POW Recognition Day	10 <i>Good Friday</i> 	11
1-7 Medication Safety Week						
1-7 Testicular Cancer Awareness Week						
3-5 Alcohol Free Weekend						
6-12 National Public Health Week						
12  -Easter Sunday -Orthodox Palm Sunday	13	14  Paralyzed Veterans of America Established (1946)	15 Income Tax due	16	17	18
12-18 Patient Advocacy Week						
12-18 Health Information Privacy and Security Week						
12-18 National Heimlich Maneuver Week						
19  Orthodox Easter -Oklahoma City Bombing (1995)	20	21 Yom Hashoah (Holocaust Day)	22 Earth Day  Administrative Professionals Day	23 Take our Daughters and Sons to Work Day	24	25
19-25 National Volunteer Week						
19-25 National Electroneurodiagnostic Week						
19-25 Medical Laboratory Professionals Week						
26	27	28	29	30 Fall of Saigon (1975)		

MAY 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> •Asian Pacific American Heritage Month •Allergy and Asthma Awareness Month •Hepatitis Awareness Month •Huntington's Disease Awareness Month •Mental Health Month •National Arthritis Month •National High Blood Pressure Education Month 		<ul style="list-style-type: none"> •Lupus Awareness Month •National Melanoma/Skin Cancer Detection and Prevention Month •National Osteoporosis Awareness and Prevention Month •National Trauma Awareness Month •Older Americans Month •Oncology Nursing Month •Stroke Awareness Month 		1 USA Law Day 	2	
3	4	5  American Medical Association Founded (1847)	6  -National Nurses Day -Asthma Awareness Day on Capital Hill	7 -National Day of Prayer  -Official End of Vietnam War (1975)	8 V-E Day (1945)	9
3-9 North American Occupational Safety and Health Week 3-9 Public Service Recognition Week 3-9 Anxiety and Depression Awareness Week		4-11 Dystonia Awareness Week		6-12 National Nurses Week		
10 -World Lupus Day -Day of Vesak (Buddhism) 	11	12 Florence Nightingale's Birthday (1820-1910)	13 National Nightshift Workers Day	14 WAAC Anniversary (1942)	15 -Peace Officer Memorial Day -National Critical Care Awareness & Recognition Day 	16
6-12 National Nurses Week 10-16 National Nursing Home Week 10-16 National Police Week 10-16 National Hospital Week						
17  Armed Forces Day	18	19	20 National Employee Health and Fitness Day	21  American Red Cross Founded (1881)	22 National Maritime Day	23
17-23 National Emergency Medical Services (EMS) Week 17-23 National Medical Transcriptionist Week						
24	25  MEMORIAL DAY (Observed)	26	27 National Senior Health and Fitness Day	28	29	30 Memorial Day (Traditional)
31						

JUNE 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1  Heimlich Maneuver Introduced (1974)	2 Healthcare Recruiter Recognition Day	3	4	5	6 D-Day (1944)
1-5 23 rd National Veterans Golden Age Games (Birmingham, Ala.) 1-6 National Headache Awareness Week 1-7 Sun Safety Week						
7 National Cancer Survivors Day	8	9	10  Alcoholics Anonymous Founded (1935)	11	12	13
7-13 National Vascular Nursing Week			11-18 National Nursing Assistants Week			
14  U.S. Army Established by Congress (1775)	15  Native American Citizenship Day (1924)	16	17	18	19	20
11-18 National Nursing Assistants Week		15-19 National Healthcare Risk Management Week		14-20 National Flag Week		
15-21 National Men's Health Week						
21  Summer Begins 	22 GI Bill Signed into Law (1944)	23	24	25 Korean War Began (1950)	26	27 National HIV Testing Day
21-27 Helen Keller Deaf-Blind Awareness Week						
28	29	30	<ul style="list-style-type: none"> •Cancer from the Sun Month •Fireworks Eye Safety Months (June 1 – July 31) •Myasthenia Gravis Awareness Month •National Aphasia Awareness Month •National Hernia Awareness Month •National Safety Month 		<ul style="list-style-type: none"> •National Scleroderma Awareness Month •Rebuild Your Life Month •Vision Research Month 	

JULY 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> •Bioterrorism/Disaster Education and Awareness Month •Cell Phone Courtesy Month •Fireworks Safety Months (June 1–July 31) •Hemochromatosis Screening Awareness Month •International/National Group B Strep Awareness Month •National Recreation and Parks Month •UV Safety Month 			1 Medicare Anniversary (1968)	2 -U.S. Constitution Took Effect (1788) -Civil Rights Act of 1964 -U.S. Army Air Corps (1926)	3	4 JULY 4th <i>Independence Day</i>
5	6  Air Force Cross Created (1960)	7	8	9	10 Dental Awareness Day	11
12	13 	14	15	16 Atomic Bomb Tested (1945)	17	18
<i>12-18 National Therapeutic Recreation Week</i>						
19	20	21  <i>VA Created (1930)</i>	22	23	24	25
<i>19-25 National Hospitality House Week</i>						
26  -Department of Defense (1947) -Desegregation of U.S. Army (1944) all U.S. Armed Forces (1948)	27 Korean War Armistice (1953)	28 World War I Began (1914)	29	30	31	

AUGUST 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> •Cataract Awareness Month •National Immunization Awareness Month •Neurosurgery Outreach Month •Psoriasis Awareness Month •Spinal Muscular Atrophy Awareness Month 						1
2	3	4  Coast Guard Day (1790)	5	6 Atomic Bomb on Hiroshima (1945)	7  -Purple Heart (1782) -Desert Shield Anniver- sary (1990)	8
9 Atomic Bomb on Nagasaki (1945)	10	11	12	13	14 Navajo Code Talkers Day	15
9-15 National Health Center Week						
16	17	18	19	20	21	22 RAMADAN begins at sundown (ends Sept. 20)
23 Health Unit Coordina- tor Day	24	25	26 Women's Equality Day (1920)	27	28 March on Washington (1963) "I Have A Dream" speech	29  Hurricane Katrina hit Central Gulf Coast (2005)
30 30- 9/5 Minority Enterprise Development Week		31				

SEPTEMBER 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 WWII Began (1939) - 70 th Anniversary	2 V-J Day Anniversary (1945)	3	4	5
8/30- 9/5 Minority Enterprise Development Week						
6 	7 LABOR DAY	8	9	10	11 Patriots Day  (2001)	12
6-10 National Veterans Tee Tournament (Coralville, Iowa) 7-13 National Suicide Prevention Week						
13	14	15	16	17 -VFW Ladies Auxiliary Organized (1914) -Citizenship Day 	18 -U.S. Air Force Established (1947) -National POW/MIA Recognition Day  	19 Rosh Hashanah begins sunset of 18 th through sunset of the 20 th 
13-19 National Assisted Living Week 13-19 National Healthcare Environmental Services and Housekeeping Week 13-19 Nephrology Nurses Week				17-23 Constitution Week		
20 	21	22 ALZ Begins 	23	24 Hurricane Rita hit Texas-Louisiana coastline (2005) 	25 Disabled American Veterans Established (1920) 	26
20-25 National Veterans Summer Sports Clinic (San Diego) - dates tentative 20-26 National Rehabilitation Awareness Celebration Week 20-26 National Surgical Technologists Week 20-26 Prostate Cancer Awareness Week						
27  Begins at Sundown	28	29  Veterans of Foreign Wars (1899)	30  -Gold Star Mothers Day (1940) -National Women's Health and Fitness Day	<ul style="list-style-type: none"> •Cholesterol Education Month •Gynecologic Cancer Awareness Month •Healthy Aging Month •Leukemia, Lymphoma and Melanoma Awareness Month •National Alcohol and Drug Addiction Recovery Month •National Hispanic Heritage Month (9/15-10/15) •National Osteopathic Medicine Month •National Preparedness Month 		<ul style="list-style-type: none"> •National Sickle Cell Awareness Month •Pain Awareness Month •Prostate Health Month •Thyroid Cancer Awareness Month •National Reye's Syndrome Awareness Month
27-10/3 National Adult Immunization Awareness Week						

OCTOBER 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> •National American Pharmacy Month •German-American Heritage Month •Liver Awareness Month •Long Term Care Planning Month •National Breast Cancer Awareness Month •National Chiropractic Month •National Dental Hygiene Month 		<ul style="list-style-type: none"> •National Disability Employment Awareness Month •National Medical Librarians Month •National Physical Therapy Month •National Spina Bifida Awareness Month •Polish-American Heritage Month •National Hispanic Heritage Month (9/15-10/15) 		1	2	3
				9/27-10/3 National Adult Immunization Awareness Week 1-8 Gerontological Nurses Week		
4	5	6	7	8	9	10
1-8 Gerontological Nurses Week 4-10 Mental Illness Awareness Week 4-10 National Newspaper Week 4-10 Nuclear Medicine Week 4-10 National Fire Prevention Week 4-10 National Health Care Resource & Materials Management Week		5-11 2009 National Veterans Creative Arts Festival (San Antonio, Texas) 5-11 Healthcare Food Service Workers Week 6-12 National Physician Assistants Week				
11	12	13	14	15	16	17
5-11 2009 National Veterans Creative Arts Festival (San Antonio, Texas) 6-12 National Physician Assistants Week 11-17 Emergency Nurses Week	Columbus Day 	U.S. Navy Established (1775) 			-National Boss Day -National Mammography Day	
12-17 National Nephrology Technician/Technologist Week						
18	19	20	21	22	23	24
18-24 Hearing Aid Awareness Week 18-24 National Health Care Quality Week 18-24 International Infection Prevention Week 19-23 National Medical Assistants Week						
25	26	27	28	29	30	31
25-31 Pastoral Care Week 25-31 National Healthcare Facilities and Engineering Week 25-31 Respiratory Care Week			Lung Health Day	Internet Created (1969)		Halloween


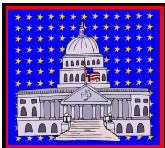


NOVEMBER 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1  Daylight Savings Time Ends 1-7 Medical-Surgical Nurses Week 1-7 National Urology Nurses Week 1-7 National Health Information and Technology Week	2	3  Election Day 1-7 Allied Health Professions Week 1-7 National Diabetes Education Week	4	5	6	7
8 X-Ray Discovery Day (1895) 8-14 National Radiologic Technology Week 8-14 Lung Cancer Awareness Week 8-14 Perioperative Nurse Week	9	10 U.S. Marine Corps Established 	11  VETERANS DAY	12	13 Fall of Kabul, Afghanistan (2001)	14 World Diabetes Day
15  America Recycles Day	16	17	18	19  Great American Smokeout	20	21
22	23	24	25	26  Thanksgiving	27	28
29	30  Computer Security Day	<ul style="list-style-type: none"> •American Diabetes Month •Epilepsy Awareness Month •National Alzheimer's Disease Month •National American Indian Heritage Month •National Family Caregivers Month 		<ul style="list-style-type: none"> •National Hospice Month •National Pancreatic Cancer Awareness Month 		

DECEMBER 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> •National Drunk and Drugged Driving Prevention Month •Safe Toys and Celebrations Month •Spiritual Literacy Month •Colorectal Cancer Education and Awareness Month 		1  <ul style="list-style-type: none"> -Civil Air Patrol Founded (1941) -World AIDS Day 	2	3	4	5
<i>1-7 Aplastic Anemia & MDS Awareness Week</i>						
6	7  <p>PEARL HARBOR DECEMBER 7, 1941 National Pearl Harbor Remembrance Day (1941)</p>	8 WWII U.S. Entered WWII (1941)	9	10  <p>AMVETS (American Veterans of WWII) Founded (1944)</p>	11	12  <p>Begins at Sundown (Continues thru Dec. 19) Chanukah</p>
<i>1-7 Aplastic Anemia & MDS Awareness Week</i>			<i>10-17 Human Rights Week</i>			
13	14	15 Bill of Rights Day (1789)	16	17	18  <p>Islamic New Year begins sunset of 17th</p>	19
<i>10-17 Human Rights Week</i>						
20 Operation Just Cause Began (1989)	21  <p>WINTER Winter Begins</p>	22	23	24  <p>Christmas Eve</p>	25  <p>MERRY CHRISTMAS!</p>	26  <p>KWANZA Kwanzaa Begins (Dec. 6 - Jan. 1)</p>
27	28 Pledge of Allegiance Recognized (1945)	29	30	31  <p>New Year's Eve</p>		

JANUARY 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> •Cervical Health Awareness Month •National Clean Up Your Computer Month •National Glaucoma Awareness Month •National Poverty in America Awareness Month •National Thyroid Awareness Month •National Volunteer Blood Donor Month 					1  <ul style="list-style-type: none"> -New Year's Day -Emancipation Proclamation Took Effect (1863) 	2
3	4  <p>112th Congress Assembles</p>	5	6	7	8	9
10	11	12	13	14	15	<ul style="list-style-type: none"> - Religious Freedom Day - Gulf War I Began (1991)
17	18  <p>MARTIN LUTHER KING, JR.</p>	19	20	21	22	23
24	25	26	27  <p>Vietnam Peace Agreement Signed (1973)</p>	28	29	30 <p>Tet Offensive Began (1968)</p>
31						