

Sexual Health: Quality Resources

Put together by the National Network of Libraries of Medicine Southeastern/Atlantic Region

www.nlm.gov/sea

General:

MedlinePlus

<http://www.medlineplus.gov>

<http://www.medlineplus.gov/salud>

MedlinePlus brings together authoritative information from the National Library of Medicine, the National Institutes of Health (NIH), and other government agencies and health-related organizations. You can search by health topics and drugs and supplements. MedlinePlus also has an encyclopedia with pictures, online tutorials, a medical dictionary, surgical videos, and information in English and Spanish.

Family Doctor

<http://familydoctor.org>

Teens: <http://familydoctor.org/online/famdocen/home/children/teens.html>

Women: <http://familydoctor.org/online/famdocen/home/women.html>

This Web site is operated by the American Academy of Family Physicians (AAFP), a national medical organization. All of the information on this site has been written and reviewed by physicians and patient education professionals. You can search health information for women, men, seniors, parents, and children in English and Spanish.

NIHSeniorHealth

<http://nihseniorhealth.gov/>

Created by the National Institute on Aging and the National Library of Medicine, NIHSeniorHealth is a website for older adults. It contains aging-related health information that is easily accessible for family members and friends seeking reliable, easy to understand health information. Online videos are also available here.

Centers for Disease Control (CDC)

www.cdc.gov

Teens: <http://www.cdc.gov/HealthyYouth/az/index.htm>

Young Adults: <http://www.cdc.gov/lifestages/youngAdults.html>

Women: <http://www.cdc.gov/women/>

Pregnancy: http://www.cdc.gov/ncbddd/pregnancy_gateway/default.htm

Family: <http://www.cdc.gov/family/>

Older Adults: <http://www.cdc.gov/aging/>

CDC's Mission is "To promote health and quality of life by preventing and controlling disease, injury, and disability". CDC, as the sentinel for the health of people in the United States and throughout the world, strives to protect people's health and safety, provide reliable health information, and improve health through strong partnerships.

Teen Health:

Teenshealth

www.teenhealth.org

Body http://www.teenhealth.org/teen/your_body/

Mind http://www.teenhealth.org/teen/your_mind/

Sexual Health http://www.teenhealth.org/teen/sexual_health/

Teen in Spanish http://www.teenhealth.org/teen/en_espanol/esp_land_pg/spanish_landing_page.html

Parents: <http://www.kidshealth.org/parent/>

Parent for Spanish Speakers http://www.kidshealth.org/parent/en_espanol/esp_land_pg/spanish_landing_page.html

English and Spanish side by side <http://www.kidshealth.org/Features.jsp?lic=1&feature=100>

Educators and Lesson Plans: <http://classroom.kidshealth.org/>

Created by The Nemours Foundation's Center for Children's Health Media, TeensHealth and KidsHealth provide teens and families with accurate, up-to-date, and jargon-free health information they can use.

Teenwire

www.teenwire.com

Birth Control <http://www.teenwire.com/topics/birth-control-and-safer-sex.php>

Pregnancy <http://www.teenwire.com/topics/pregnancy-parenting-and-adoption.php>

Lesbian, Gay, Bisexual, Transgendered Health <http://www.teenwire.com/topics/lesbian-gay-bisexual-transgender.php>

Teenwire.com is an award-winning sexual health Web site for teens created by Planned Parenthood Federation of America.

Go Ask Alice:

<http://www.goaskalice.columbia.edu/>

General Health, Emotional Health, Sexuality, Sexual Health

Advocates for Youth:

<http://www.advocatesforyouth.org/index.htm>

Sexual health, well being, violence, for both teens and parents

Sex, etc.:

www.sexetc.org

Girls health, boys health, sex, love, Gay, Lesbian, Bisexual, Transgendered, emotional, sexual, and pregnancy

I wanna know:

www.lwannaknow.org

Sexual health, Prevention, also a page for parents

Scarleteen:

www.scarleteen.com

Body, Sexual Health, well-being

Girls Health:

www.girlshealth.gov

Body, Sexual Health (Abstinence Heavy), Mind

Women Health:

Womenshealth

www.Womenshealth.gov

About us <http://www.4woman.gov/about/>

Health Topics <http://www.4woman.gov/topics.cfm>

Body Image: <http://www.4woman.gov/search/topics.cfm?searchtype=pubtopic>

Aging Well Living Well: <http://www.womenshealth.gov/ow/>

Publications: <http://www.4woman.gov/pub/>

How to Talk to your Doctor or Nurse <http://www.womenshealth.gov/pub/howtotalk.cfm>

Menopause Resource Guide <http://www.womenshealth.gov/pub/menopause.cfm>

Lesbian Health Fact Sheet <http://www.womenshealth.gov/owh/pub/lesbianhealth.cfm>

¡Mujeres: Cuidado! Puede ser un ataque al corazón <http://www.womenshealth.gov/espanol/publicaciones/cuidado.cfm>

Health Tools: <http://www.4woman.gov/tools/>

Health Professional Resources: <http://www.4woman.gov/healthpro/>

Minority Health: <http://www.4woman.gov/minority/>

Recursos en español: <http://www.4woman.gov/espanol/>

National Women's Health week: <http://www.womenshealth.gov/whw/>

A service of the Office on Women's Health (OWH) in the US Department of Health and Human Services (HHS). Its mission is to "provide leadership to promote health equity for women and girls through sex/gender-specific approaches."

HealthyWomen

www.healthywomen.org

About Us: <http://www.healthywomen.org/aboutnwhrc>

Health Topics: <http://www.healthywomen.org/healthtopics>

Breastfeeding: <http://www.healthywomen.org/healthtopics/breastfeeding>

Sexual Dysfunction: <http://www.healthywomen.org/Page.do?pageCode=healthcenter-sexualdysfunction>

Health Centers: <http://www.healthywomen.org/healthcenters>

Health Centers Sexual Health: <http://www.healthywomen.org/healthcenters/sexualhealthcenter>

Publication and Resources: <http://www.healthywomen.org/resources>

Resources for Breast Reconstruction: <http://www.healthywomen.org/resources/q/topic/healthcenter-breastreconstruction>

Publication Examples: <http://www.healthywomen.org/resources/nwhrcpublications#guides>

Endometriosis: <http://www.healthywomen.org/resources/nwhrcpublications/dbpubs/fastfactsendometriosis>

Resources in Spanish: <http://www.healthywomen.org/resources/nwhrcpublications#espanol>

Health Services: <http://www.healthywomen.org/resources/healthservices>

RSS Feed: <http://www.healthywomen.org/resources/rssfeeds>

Women's News: <http://www.healthywomen.org/resources/womenshealthinthenews>

Developed by the not-for-profit National Women's Health Resource Center (NWHRC)

We believe all women should have access to the most trusted and reliable health information.

FDA Women's Health

<http://www.fda.gov/womens/>

Publications and Free Resources <http://www.fda.gov/womens/pubs.html>

Spanish: <http://www.fda.gov/womens/getthefacts/Spanish/default.htm>

National Center for Complementary and Alternative Health

<http://nccam.nih.gov/health/>

Menopause: <http://nccam.nih.gov/health/menopauseandcam/>

National Institute on Aging –Women's Health Brochures and Publications

<http://www.niapublications.org/shopdisplayproducts.asp?id=34&cat=Women%27s+Health>

For Spanish, see <http://www.nia.nih.gov/Espanol/>

Sites for Specific Needs:

Gay, Lesbian, Bisexual, Transgendered:

Creating Safe Space for GLBTQ Youth: A Toolkit

<http://www.advocatesforyouth.org/publications/safespace/safespace.pdf>

Good Resources from Sex, etc.

http://www.sexetc.org/resource/glbtq/link#resource_link

Brown University LGBT

http://www.brown.edu/Student_Services/Health_Services/Health_Education/general_health/lgbt.htm

The Trevor Project <http://www.thetrevorproject.org/about.aspx>

Rape and Domestic Violence:

Rape, Abuse, and Incest National Network

<http://www.rainn.org/>

National Coalition Against Domestic Violence

<http://www.ncadv.org/>

The Network / La Red (English and Spanish) GLBT and domestic violence

www.thenetworklared.org

American College of Obstetrics and Gynecology Resources – includes check lists for DV and Sexual Assault

http://www.acog.org/departments/dept_web.cfm?recno=17

Pregnancy:

March of Dimes

<http://www.marchofdimes.com/>

Spanish: <http://www.nacersano.org/>

American Pregnancy Association

<http://www.americanpregnancy.org/>

Lactmed, database of drugs to which breastfeeding mothers may be exposed

<http://lactmed.nlm.nih.gov>

Resources about Pregnancy for Women and Health Professionals

www.childbirthconnection.org

Teen pregnancy and prevention

www.teenpregnancy.org

Cancer:

CDC pamphlets for gynecologic cancers

<http://www.cdc.gov/cancer/gynecologic/>

AIDS/HIV

AidsInfo

<http://www.aidsinfo.nih.gov/>

Spanish <http://aidsinfo.nih.gov/infoSIDA/>

AIDS/HIV

<http://www.thebody.com/>

Virginia Local Resources

Virginia Sexual Assault and Domestic Violence Action Alliance

<http://www.vadv.org/>

Virginia Department of Public Health

<http://www.vdh.state.va.us/>

Virginia's Public Libraries

<http://www.lva.lib.va.us/whoweare/directories/valib/>

<http://www.lva.lib.va.us/whoweare/directories/valib/libweb.asp>

