



UNITED STATES IMMIGRATION AND CUSTOMS ENFORCEMENT
OFFICE OF DETENTION AND REMOVAL OPERATIONS

PHYSICAL ABILITIES ASSESSMENT FACT SHEET

Every Basic Immigration Law Enforcement Trainee must pass the Physical Abilities Assessment (PAA) to graduate from the Office of Detention & Removal Operations (DRO) Academy. The PAA is a practical exercise based on the physical conditioning objectives of the Basic Immigration Law Enforcement Training Program and common tasks that all DRO Officers may perform on the job. Trainees who fail the final PAA will not graduate from the Basic Immigration Law Enforcement Training Program and shall not be employed as DRO Officers.

Initial PAA: Basic trainees must complete an initial PAA near the beginning of their training. The initial PAA consists of two tests:

- **Initial PAA Test 1–Criterion Task Testing (CTT):** This element of the assessment must be completed within two minutes. (See CTT description page)
- **Initial PAA Test 2–1.5 Mile Run:** This element of the assessment must be completed within 16 minutes and 30 seconds.

Final PAA: Basic trainees must complete the final PAA at the end of the training program. The final PAA consists of the same tests administered during the initial PAA. However, the time requirements are more stringent for the final PAA, as follows.

- **Final PAA Element 1: Criterion Task Testing (CTT):** This element of the assessment must be completed within 1 minute and 45 seconds. (See CTT description page)
- **Final PAA Element 2: 1.5 Mile Run:** This element of the assessment must be completed within 14 minutes and 30 seconds.

U.S. Immigration & Customs Enforcement
Detention and Removal Operations Academy
Criterion Task Testing for basic trainees at the
Basic Immigration Law Enforcement Training Program

The DRO Criterion Task Testing (CTT) is a timed assessment of a law enforcement trainee's physical ability to properly complete job tasks common to law enforcement officers within DRO. During the test, trainees will be required to negotiate all designated obstacles without any outside assistance. Failure to properly complete any task shall result in disqualification or time penalty as noted herein.

All trainees will be required to wear approved duty uniforms with shoes or boots (no athletic or running shoes) and uniform web gear (i.e., duty belt, holster, red gun, handcuffs, cuff case and magazine pouch).

An instructor keeps the official CTT time with a stopwatch. The course time begins with the "Go" command and, assuming the trainee is not disqualified, ends when the trainee crosses the finish line.

Prior to beginning the CTT the trainee will be seated in the driver's seat of a government vehicle with the seatbelt fastened. Upon hearing the command "Go", the trainee will get out of the vehicle and run 20-feet to the first obstacle/task, a six-foot wall barrier.

TASK 1 (Six-Foot Wall):

The trainee will be required to scale the six-foot wall barrier with his/her weapon in its holster (Wall barrier will include a 1-inch (W) by 6-inch (L) foot-hold mounted 16-inches above the ground). Failure to scale the wall within three attempts will result in disqualification. Upon successful completion of this task the trainee will run 20-feet to the second obstacle, a simulated culvert.

TASK 2 (Culvert Crawl):

The trainee will crawl through a simulated eight-foot by three-foot culvert. Failure to successfully crawl through the culvert will result in disqualification. Once through the culvert the trainee will proceed to the third obstacle, an opened window (the window will remain open for safety purposes).

TASK 3 (Window Entry):

The trainee will be required to "gain entry" by crawling through a two and one half-foot (W) by two-foot (H) window that is two-feet off the ground. Failure to successfully negotiate this window will result in disqualification. Upon successful completion of this task the trainee will proceed to the fourth obstacle, a staircase.

Criterion Task Testing for DRO basic trainees

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TASK 4 (Staircase):

The trainee will be required to run both up and down a staircase containing a total of nine steps (Four 12-inch steps going up and six eight-inch steps going down). Failure to touch each step will result in a two second time penalty for each step missed. Failure to successfully negotiate the staircase will result in disqualification. After negotiating the staircase, the trainee will run 20-feet to the fifth obstacle, a second simulated culvert.

TASK 5 (Culvert Crawl):

The trainee will crawl through a six-foot by three-foot culvert. Failure to successfully crawl through the culvert will result in disqualification. Once through the culvert the trainee will proceed to the sixth obstacle, a mannequin/arrestee lying on the ground face-up.

TASK 6 (Pre-cuffing Maneuver):

The trainee will properly gain control and roll the 170 lbs. mannequin from its back to its chest. Failure to properly roll the mannequin over into the prone position will result in disqualification. After successfully rolling the mannequin, the trainee will continue to the seventh obstacle, moving a Rescue Randy mannequin.

TASK 7 (Downed/Disabled Officer Drag):

The trainee will lift and drag the 170 lbs Rescue Randy mannequin (simulating a downed and disabled officer) a distance of 50-feet. Once trainees pull the entire mannequin/downed officer across the 50-foot marker, they release the mannequin and proceed to the eighth obstacle, the six-foot wall barrier.

TASK 8 (Six-foot Wall):

The trainee is again required to scale the six-foot wall barrier a second time. Failure to scale the wall within three attempts will result in disqualification. Once over the wall, the trainee will run 20-feet to cross the finish line, thereby stopping the clock.