

General Health Resources

MEDLINEPLUS <http://medlineplus.gov/>

MedlinePlus is the National Library of Medicine's web site for **free** consumer health information. It is a selective list of authoritative health information resources from the National Institutes of Health (NIH) and other organizations.

- Over 700 health topics
- Generic, brand name prescription and over the counter drugs
- An illustrated medical encyclopedia
- Medical dictionary
- Clinical research studies
- Directories that include locations and credentials of doctors, dentists and hospitals

MEDLINEPLUS AFRICAN AMERICAN HEALTH

<http://www.nlm.nih.gov/medlineplus/africanamericanhealth.html>

Alzheimer's Association: African Americans and Alzheimer's Disease

<http://tinyurl.com/2skswp>

Information about the impact of Alzheimer's in the Black/African American community.

Black American Web Health & Fitness

<http://www.blackamericaweb.com/>

A partnership between the Office of Minority Health and Black American Web

NN/LM

The National Network of Libraries of Medicine (NN/LM), coordinated by the National Library of Medicine, is a nationwide network of over 4,500 health science libraries and information centers. NN/LM libraries provide a variety of services to health professionals and to the public.



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NATIONAL WOMEN'S HEALTH INFORMATION CENTER

<http://www.womenshealth.gov/>

A gateway to a vast array of Federal and other women's health information resources.

AFRICAN AMERICAN WOMEN

<http://www.womenshealth.gov/minority/africanamerican/>

Includes links to health topics of special concern to African American women.

National Medical Association

<http://www.nmanet.org/>

The NMA promotes the collective interests of physicians and patients of African descent. They serve as the collective voice of physicians of African descent and they are a leading force for parity in medicine, elimination of health disparities and promotion of optimal health.

NATIONAL INSTITUTE OF DIABETES AND DIGESTIVE KIDNEY DISEASES

<http://diabetes.niddk.nih.gov/>

Information on a broad spectrum of metabolic diseases such as diabetes and endocrine disorders.

HEALTH INFORMATION PUBLICATIONS

<http://www2.niddk.nih.gov/HealthEducation/default>

EASY TO READ PUBLICATIONS

<http://www2.niddk.nih.gov/HealthEducation/HealthEzToRead>

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Healthfinder

<http://www.healthfinder.gov/>

Healthfinder is a free gateway to reliable consumer health and human services information.

BlackHealthcare.com

<http://blackhealthcare.com/>

A culturally oriented and ethnically focused comprehensive internet-based health and medical information provider dedicated to addressing the special health problems of African-Americans.

Closing the Gap

<http://www.omhrc.gov/healthgap/index>

A national campaign to bring the best health information to African Americans and other communities of color, and to help consumers take charge of their health.

Journey to Wellness

<http://www.journeytowellness.com/>

This online health magazine and community is designed to provide credible health information for African-Americans in a consumer-friendly format.



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NATIONAL HEART, LUNG, AND BLOOD INSTITUTE

http://www.nhlbi.nih.gov/health/pubs/pub_gen.htm

Booklets with information on diet, cholesterol, physical fitness and more.

HEART HEALTHY COOKING AFRICAN AMERICAN STYLE

<http://tinyurl.com/3xkf7q>

Booklet which brings together many recipes prepared in heart healthy ways.

HP201 AFRICAN AMERICAN GATEWAY

http://hin.nhlbi.nih.gov/minority/aa_frameset.htm

Gateway toward achieving Healthy People 2010 goals; includes resources, conferences and more.



Prostate Cancer Screening: A Decision Guide for African Americans

<http://www.cdc.gov/cancer/prostate/prospdf/aaprosguide.pdf>

Discusses the pros and cons of prostate screening

This information is intended to provide you with health information. It is not a substitute for consultation with a health professional.

This pamphlet can be found ready to print at:
http://nmlm.gov/mcr/resources/community/docs/african_american_resources.pdf

MidContinental Regional Library

1-800-338-7657

<http://nmlm.gov/mcr/>



MidContinental Region

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Resources for Your Health



Get Connected! African-American Health!