

2009

National Health

Observances

Health observances are days, weeks, or months devoted to promoting particular health concerns.

This calendar lists selected health observances for 2009 in three ways: the calendar shows days and weeks, and both the text listings and the "Year at a Glance" sheet show monthly health observances as well.

Health professionals, teachers, community groups, and others can use these special times to sponsor health promotion events, stimulate awareness of health risks, or focus on disease prevention. Materials available from sponsoring organizations range from a single flyer to packets of promotional materials.

Information appearing in this document does not represent an endorsement by the Office of Disease Prevention and Health Promotion (ODPHP) or the U.S. Department of Health and Human Services, which do not have any role in naming national health observances.

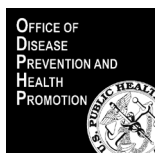
For more information, please contact the sponsoring organization directly.

This document is available from the Internet at <http://www.health.gov/NHIC/Pubs/>. To order printed copies of this publication, contact the ODPHP Communication Support Center, P.O. Box 37366, Washington, DC 20013-7366; fax (301) 468-3028.

This publication may be reproduced without permission. Please provide an appropriate credit line in any reproduction of this information, whether print or electronic: "Source: 2009 National Health Observances, National Health Information Center, Office of Disease Prevention and Health Promotion, U.S. Department of Health and Human Services, Washington, DC."

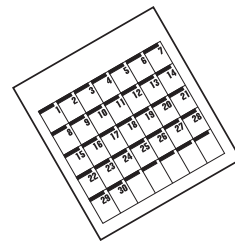


Office of Disease Prevention
and Health Promotion
U.S. Department of Health
and Human Services



REVISION DATE 2/27/09

2009 National Health Observances



U.S. Department of Health and Human Services Public Affairs Contacts

Press Office of the Secretary	(202) 690-6343
Office of Public Health and Science	
Director of Communications	(202) 205-1178
National Vaccine Program Office	(202) 260-1253
Office of Disease Prevention and Health Promotion	(240) 453-8280
Office of HIV/AIDS Policy	(202) 690-5560
Office of Human Research Protections	(240) 453-6900
Office of Minority Health	(240) 453-8833
Office of Population Affairs	(240) 453-2800
Office of Research Integrity	(240) 453-8400
Office of the Surgeon General	(202) 205-0143
Office on Women's Health	(202) 690-7650
President's Council on Physical Fitness and Sports	(202) 690-9000
Administration for Children and Families	(202) 401-9215
Administration on Aging	(202) 619-0724
Agency for Healthcare Research and Quality	(301) 427-1364
Agency for Toxic Substances and Disease Registry	(404) 498-0110
Centers for Disease Control and Prevention	(800) 311-3435
Centers for Medicare & Medicaid Services	(202) 690-6145
Food and Drug Administration	(301) 827-6250
Health Resources and Services Administration	(301) 443-3376
Indian Health Service	(301) 443-3593
National Institutes of Health	(301) 496-5787
Substance Abuse and Mental Health Services Administration	(240) 276-2130

JANUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

FEBRUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6 6 Give Kids A Smile Day 6 National Wear Red Day 6 National Women's Healthy Heart Campaign (Washington, DC)	7 7 – 14 Congenital Heart Defect Awareness Week
8	9	10	11	12	13	14 14 National Donor Day
15	16	17	18	19	20	21
22 22 – 28 National Eating Disorders Awareness Week	23	24	25	26	27	28

MARCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 1 – 7 National Problem Gambling Awareness Week	2 2 – 6 National School Breakfast Week	3	4	5	6	7
8	9	10	11	12 12 World Kidney Day	13	14
15 15 – 21 National Poison Prevention Week	16	17	18	19	20	21
22	23	24 24 American Diabetes Alert Day 24 World Tuberculosis Day	25	26	27	28
29 29 (thru April 4) Root Canal Awareness Week	30	31				

APRIL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6 6 – 12 National Public Health Week	7 7 World Health Day	8 8 Sexual Assault Awareness Month Day of Action	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25 25 World Tai Chi & Qigong Day 25 (thru May 2) National Infant Immunization Week
26 26 (thru May 3) SAFE KIDS Week	27	28	29	30		

MAY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 1 – 7 National Physical Education and Sport Week	2
3 3 – 9 North American Occupational Safety and Health Week 3 – 9 National Anxiety and Depression Awareness Week	4 4 Melanoma Monday	5	6 6 – 12 National Mental Health Counseling Week	7	8	9 9 Cornelia de Lange Syndrome Awareness Day
10 10 – 16 Food Allergy Awareness Week 10 – 16 National Alcohol- and Other Drug-Related Birth Defects Week 10 – 16 National Women's Health Week	11 11 National Women's Check-up Day 11 – 15 National Neuropathy Week 11 – 17 National Stuttering Awareness Week	12 12 Sex Differences in Health Awareness Day	13	14	15	16
17	18 18 HIV Vaccine Awareness Day 18 – 24 Recreational Water Illness Prevention Week	19 19 Phelan-McDermid Syndrome Day	20 20 National Employee Health and Fitness Day	21	22	23
24 31 World No Tobacco Day	25	26	27	28	29	30

JUNE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 1 – 7 Sun Safety Week I (thru July 4) Fireworks Safety Month	2 7 National Cancer Survivors Day 7 – 13 National Headache Awareness Week	3	4	5	6
7	8	9	10	11	12	13
14	15 15 – 21 National Men's Health Week	16	17	18	19	20
21 21 National ASK Day 21 – 27 Helen Keller Deaf - Blind Awareness Week	22	23	24	25	26	27 27 (thru July 5) Eye Safety Awareness Week
28	29	30				

JULY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20 20 – 24 National Youth Sports Week	21	22	23	24	25
26	27 27 (thru August 2) Phelan-McDermid Syndrome Week	28	29	30	31	

AUGUST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 1 National Minority Donor Awareness Day
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

SEPTEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6 6 – 12 National Suicide Prevention Week	7	8	9	10	11	12
13 13 National Celiac Disease Awareness Day	14	15	16	17	18	19
20	21 21 World Alzheimer's Day	22	23	24	25	26
27	28	29	30 30 World Heart Day			

OCTOBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 1 – 7 Sarcoidosis Awareness Week	2	3
4 4 – 10 Fire Prevention Week	5 5 National Child Health Day 5 – 9 Drive Safely Work Week 5 – 11 Get Smart About Antibiotics Week 5 – 11 Mental Illness Awareness Week	6	7	8	9	10 10 World Mental Health Day
11	12 12 – 20 Bone and Joint Decade National Action Week	13 13 Metastatic Breast Cancer Awareness Day	14	15	16 16 World Food Day	17
18 18 – 24 Hearing Aid Awareness Week	19 19 – 25 National Drug-Free Work Week	20 20 World Osteoporosis Day	21	22 22 International Stuttering Awareness Day	23	24
25 25 – 31 Respiratory Care Week	26	27	28 28 Lung Health Day	29	30	31 31 Interstitial Cystitis Awareness Day

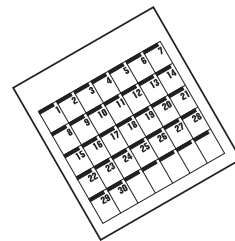
NOVEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19 19 Great American Smokeout	20	21
22 22 – 28 Gastroesophageal Reflux Disease Awareness Week	23	24	25	26	27	28
29	30					

DECEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 1 World AIDS Day	2	3	4	5
6 6 – 12 National Handwashing Awareness Week	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

2009 National Health Observances



JANUARY

Cervical Health Awareness Month

National Cervical Cancer Coalition
6520 Platt Avenue, #693
West Hills, CA 91307-3218
(818) 909-3849
(818) 780-8199 Fax
rbiety@nccc-online.org
<http://www.nccc-online.org/awareness.php>
Materials Available
Contact: Rachel Biety

Glaucoma Awareness Month

Prevent Blindness America
211 West Wacker Drive, Suite 1700
Chicago, IL 60606
(800) 331-2020
(312) 363-6001
(847) 843-8458 Fax
info@preventblindness.org
<http://preventblindness.org/news/observe.html>
Materials Available
Contact: PBA Consumer and Patient Hotline

National Birth Defects Prevention Month

National Birth Defects Prevention Network
14781 Memorial Drive, #1561
Houston, TX 77079
(914) 997-4488
(914) 997-4763 Fax
nbdpn@nbdpn.org
<http://www.nbdpn.org/current/resources/bdpm2009.html>
Materials Available
Contact: None designated

National Blood Donor Month

AABB (formerly the American Association of
Blood Banks)
8101 Glenbrook Road
Bethesda, MD 20814
(301) 215-6526
publicrelations@aabb.org
<http://www.aabb.org>
Materials Available
Contact: None designated

National Radon Action Month

Office of Radiation and Indoor Air
U.S. Environmental Protection Agency
1310 L Street NW, 4th Floor
Indoor Environments Division
Washington, DC 20005
(202) 343-9370
(202) 343-2394 Fax
<http://www.epa.gov/radon/rnactionmonth.html>
Materials Available
Contact: None designated

Thyroid Awareness Month

American Association of Clinical Endocrinologists
245 Riverside Avenue, Suite 200
Jacksonville, FL 32202
(904) 353-7878
(904) 353-8185 Fax
gwillis@aace.com
<http://www.thyroidawareness.com>
Materials Available
Contact: Greg Willis

FEBRUARY

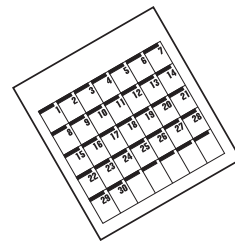
AMD/Low Vision Awareness Month

Prevent Blindness America
211 West Wacker Drive, Suite 1700
Chicago, IL 60606
(800) 331-2020
(312) 363-6001
(847) 843-8458 Fax
info@preventblindness.org
<http://www.preventblindness.org>
Materials Available
Contact: PBA Consumer and Patient Hotline

American Heart Month

American Heart Association
7272 Greenville Avenue
Dallas, TX 75231
(800) 242-8721
inquiries@heart.org
<http://www.americanheart.org>
Materials Available
Contact: Program departments or local chapters

2009 National Health Observances



International Prenatal Infection Prevention Month

Group B Strep International
61 Carver Road
West Wareham, MA 02576
(508) 295-1809
info@gbs-intl.org
<http://www.groupbstrepinternational.org>
Materials Available
Contact: John MacDonald

National Cancer Prevention Month

M.D.Anderson Cancer Center
1515 Holcombe Boulevard
Houston, TX 77030
(800) 392-1611
<http://www.mdanderson.org>
Materials Available
Contact: None designated

National Children's Dental Health Month

American Dental Association
211 East Chicago Avenue
Chicago, IL 60611-2637
(800) 621-8099
ncdhm@ada.org
<http://www.ada.org/prof/events/featured/ncdhm.asp>
Materials Available
Contact: None designated

National Wise Health Consumer Month

American Institute for Preventive Medicine
30445 Northwestern Highway, Suite 350
Farmington Hills, MI 48334
(248) 539-1800
(248) 539-1808 Fax
dhirsch@healthylife.com
<http://www.healthylife.com>
Materials Available
Contact: Denise Hirsch

6 Give Kids A Smile Day

American Dental Association
211 East Chicago Avenue
Chicago, IL 60611-2637
(800) 621-8099
gkas@ada.org
<http://givekidsasmile.ada.org>
Materials Available
Contact: None designated

6 National Wear Red Day

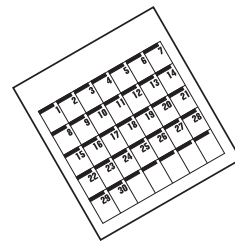
National Heart, Lung, and Blood Institute Health
Information Center
Attention: The Heart Truth
P.O. Box 30105
Bethesda, MD 20824-0105
(301) 592-8573
(240) 629-3255 TTY
(301) 592-8563 Fax
nhlbiinfo@nhlbi.nih.gov
<http://www.nhlbi.nih.gov/health/hearttruth>
Materials Available
Contact: Information Specialist

6 National Women's Healthy Heart Campaign (Washington, DC)

Sister to Sister Foundation
4701 Williard Avenue, Suite 223
Chevy Chase, MD 20815
(301) 718-8033
(301) 718-8620 Fax
info@sistertosister.org
<http://www.sistertosister.org>
Materials Available
Contact: None designated

Note: Events will be held throughout 2009 - check the Web site for other cities and dates.

2009 National Health Observances



7-14

Congenital Heart Defect Awareness Week

Congenital Heart Information Network
600 North 3rd Street, First Floor
Philadelphia, PA 19123
(215) 627-4034
(215) 627-4026 Fax
mb@tchin.org
<http://tchin.org/aware>
Materials Available
Contact: Mona Barmash

14

National Donor Day

Division of Transplantation, Healthcare Systems Bureau
Health Resources and Services Administration
U.S. Department of Health and Human Services
Parklawn Building, Room 12C-05
5600 Fishers Lane
Rockville, MD 20857
(301) 443-7577
(301) 594-6095 Fax
ask@hrsa.gov
<http://www.organdonor.gov>
Materials Available
Contact: Division of Transplantation Staff

22-28

National Eating Disorders Awareness Week

National Eating Disorders Association
603 Stewart Street, Suite 803
Seattle, WA 98101
(800) 931-2237 Information and Referral Helpline
(206) 382-3587
(206) 829-8501 Fax
info@nationaleatingdisorders.org
<http://www.nationaleatingdisorders.org>
Materials Available
Contact: Susie Roman

MARCH

Mental Retardation Awareness Month

MRC of Missouri, Inc.
1310 Southern Expressway
P.O. Box 831
Cape Girardeau, MO 63702-0831
(573) 334-1166
(573) 334-9655 Fax
info@rcomo.org
<http://www.rcomo.org>
Materials Available
Contact: Diann Wilhelm

National Brain Injury Awareness Month

Brain Injury Association of America
1608 Spring Hill Road, Suite 110
Vienna, VA 22182
(703) 761-0750
(703) 761-0755 Fax
jtoth@biausa.org
<http://www.biausa.org>
Materials Available
Contact: Jenny Toth

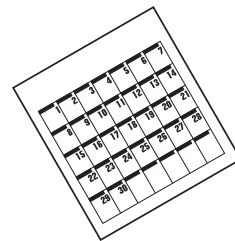
National Colorectal Cancer Awareness Month

Prevent Cancer Foundation
1600 Duke Street, Suite 500
Alexandria, VA 22314
(800) 227-2732
(703) 886-4413 Fax
info@preventcancer.org
<http://www.preventcancer.org>
Materials Available
Contact: Susanne Hartman

National Endometriosis Awareness Month

Endometriosis Research Center
World Headquarters
630 Ibis Drive
Delray Beach, FL 34444
(800) 239-7280
(561) 274-0931 Fax
askerc@aol.com
<http://www.endocenter.org>
Materials Available
Contact: None designated

2009 National Health Observances



National Kidney Month

National Kidney Foundation
30 East 33rd Street
New York, NY 10016
(800) 622-9010
(212) 889-2310 Fax
info@kidney.org
<http://www.kidney.org/kidneydisease/kidneymonth/index.cfm>
Materials Available
Contact: Ellie Schlam

National Multiple Sclerosis Education and Awareness Month

Multiple Sclerosis Foundation
6350 North Andrews Avenue
Fort Lauderdale, FL 33309
(800) 225-6495
(954) 938-8708 Fax
annette@msfocus.org
<http://www.msfocus.org>
Materials Available
Contact: Annette Woods

National Nutrition Month®

American Dietetic Association
120 South Riverside Plaza, Suite 2000
Chicago, IL 60606-6995
(800) 877-1600
(312) 899-4739 Fax
nnm@eatright.org
<http://www.eatright.org>
Materials Available
Contact: Knowledge Center

Save Your Vision Month

American Optometric Association
243 North Lindbergh Boulevard, First Floor
St. Louis, MO 63141
(314) 991-4100
(314) 991-4101 Fax
mcbryson@aoa.org
<http://www.aoa.org>
Materials Available
Contact: Cathy Bryson

Workplace Eye Health and Safety Month

Prevent Blindness America
211 West Wacker Drive, Suite 1700
Chicago, IL 60606
(800) 331-2020
(847) 843-8458 Fax
info@preventblindness.org
<http://www.preventblindness.org>
Materials Available
Contact: PBA Consumer and Patient Hotline

1-7 National Problem Gambling Awareness Week

National Council on Problem Gambling
730 11th Street NW, Suite 601
Washington, DC 20002
(800) 522-4700
(202) 547-9204
(202) 547-9206 Fax
ncpg@ncpgambling.org
<http://www.ncpgambling.org>
Materials Available
Contact: Keith Whyte

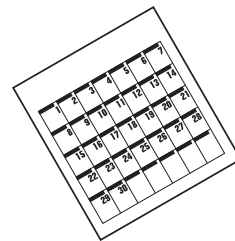
2-6 National School Breakfast Week

School Nutrition Association
700 South Washington Street, Suite 300
Alexandria, VA 22314-4287
(800) 877-8822
(703) 739-3915 Fax
servicecenter@schoolnutrition.org
<http://www.schoolnutrition.org>
Materials Available
Contact: Laura Maynard

12 World Kidney Day

National Kidney Foundation
30 East 33rd Street
New York, NY 10016
(800) 622-9010
(212) 889-2310 Fax
info@kidney.org
<http://www.kidney.org/news/wkd/index.cfm>
Materials Available
Contact: Ellie Schlam

2009 National Health Observances



15-21

National Poison Prevention Week

Poison Prevention Week Council
P.O. Box 1543
Washington, DC 20013
(301) 504-7058
(301) 504-0862 Fax
wells@aapcc.org
<http://www.poisonprevention.org>
Materials Available
Contact: Holly Wells

24

American Diabetes Alert Day

American Diabetes Association
1701 North Beauregard Street
Alexandria, VA 22311
(800) DIABETES (342-2383)
askada@diabetes.org
<http://www.diabetes.org/communityprograms-and-localevents/americanidiabetesalert.jsp>
Materials Available
Contact: Local Chapters

24

World Tuberculosis Day

Stop TB Partnership (Secretariat)
World Health Organization
HTM/STB/TBP
20, avenue Appia
CH-1211 Geneva 27
SWITZERLAND
+(41) 22 791 4650
+(41) 22 791 4886 Fax
stoptbinfo@who.int
http://www.stoptb.org/events/world_tb_day
Materials Available
Contact: None designated

29 (thru April 4)

Root Canal Awareness Week

American Association of Endodontists
211 East Chicago Avenue, Suite 1100
Chicago, IL 60601
(800) 872-3636
info@aae.org
<http://www.aae.org>
Materials Available
Contact: Dan Aske

APRIL

Alcohol Awareness Month

SAMHSA's National Clearinghouse for Alcohol and Drug Information
P.O. Box 2345
Rockville, MD 20015
(800) 729-6686
ncadi-info@samhsa.hhs.gov
<http://ncadi.samhsa.gov>
Materials Available
Contact: None designated

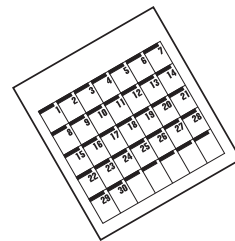
Cancer Control Month

American Cancer Society
250 Williams Street NW
Atlanta, GA 30303
(800) ACS-2345
<http://www.cancer.org>
Materials Available
Contact: National Office

Cesarean Awareness Month

International Cesarean Awareness Network, Inc.
1304 Kingsdale Avenue
Redondo Beach, CA 90278
(800) 686-ICAN (686-4226)
info@ican-online.org
<http://www.ican-online.org>
Materials Available
Contact: None designated

2009 National Health Observances



Counseling Awareness Month

American Counseling Association
5999 Stevenson Avenue
Alexandria, VA 22304-3300
(800) 347-6647
jgaskins@counseling.org
<http://www.counseling.org>
Materials Available
Contact: Jean Gaskins

Foot Health Awareness Month

American Podiatric Medical Association
9312 Old Georgetown Road
Bethesda, MD 20814-1621
(301) 581-9227
(301) 530-2752 Fax
ahberard@apma.org
<http://www.apma.org>
Materials Available
Contact: Angela Berard

Irritable Bowel Syndrome Awareness Month

International Foundation for Functional
Gastrointestinal Disorders
P.O. Box 170864
Milwaukee, WI 53217-8076
(888) 964-2001
(414) 964-1799
(414) 964-7176 Fax
iffgd@iffgd.org
<http://www.aboutibs.org>
Materials Available
Contact: Nancy Norton

National Autism Awareness Month

Autism Society of America
7910 Woodmont Avenue, Suite 300
Bethesda, MD 20814-3067
(800) 3-AUTISM (328-8476)
info@autism-society.org
<http://www.autism-society.org>
Materials Available
Contact: None designated

National Child Abuse Prevention Month

Child Welfare Information Gateway
Children's Bureau
Administration for Children and Families
1250 Maryland Avenue SW
Washington, DC 20024
(800) 394-3366
(703) 385-3206 Fax
info@childwelfare.gov
<http://www.childwelfare.gov/preventing>
Materials Available
Contact: Customer Services Department

National Donate Life Month

Division of Transplantation, Healthcare Systems Bureau
Health Resources and Services Administration
U.S. Department of Health and Human Services
Parklawn Building, Room 12C-05
5600 Fishers Lane
Rockville, MD 20857
(888) 275-4772
(703) 821-2098 Fax
ask@hrs.gov
<http://www.organdonor.gov>
Materials Available
Contact: Division of Transplantation Staff

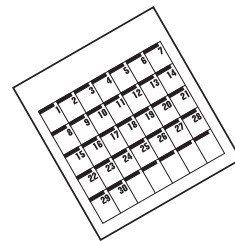
National Facial Protection Month

American Association of Oral and Maxillofacial Surgeons
American Academy of Pediatric Dentistry
American Association of Orthodontists
9700 West Bryn Mawr Avenue
Rosemont, IL 60018
(847) 678-6200
inquiries@aaoms.org
<http://www.aaoms.org>
Materials Available
Contact: AAOMS Communications

National Minority Health Awareness Month

Office of Minority Health
U.S. Department of Health and Human Services
P.O. Box 37337
Washington, DC 20013-7337
(800) 444-6472
info@omhrc.gov
<http://www.omhrc.gov>
Materials Available
Contact: None designated

2009 National Health Observances



National Sarcoidosis Awareness Month

National Sarcoidosis Society, Inc. and Affiliates
4747 South Martin Luther King Drive, Suite 512
Chicago, IL 60615
(312) 567-6626
sarcoidosisfriends2@hotmail.com
<http://nationalsarcoidosisfriends.org.tripod.com>
Materials Available
Contact: Glenda Fulton

National Youth Sports Safety Month

National Youth Sports Safety Foundation
One Beacon Street, Suite 3333
Boston, MA 02108
(617) 367-6677
(617) 722-9999 Fax
nyssf@aol.com
<http://www.nyssf.org>
Materials Available (online only)
Contact: Rita Glassman

Occupational Therapy Month

American Occupational Therapy Association
4720 Montgomery Lane
P.O. Box 31220
Bethesda, MD 20824-1220
(301) 652-6611
praota@aota.org
<http://www.aota.org>
Materials Available
Contact: None designated

Sports Eye Safety Month

American Academy of Ophthalmology
P.O. Box 7424
San Francisco, CA 94120-7424
(415) 447-0213
eyemd@aao.org
<http://www.aao.org/eyemd>
Materials Available
Contact: Georgia Alward

STD Awareness Month

American Social Health Association
P.O. Box 13827
Research Triangle Park, NC 27709-3827
(919) 361-8400
danbow@ashastd.org
<http://www.ashastd.org>
Materials Available
Contact: ASHA Media Relations Office

Women's Eye Health and Safety Month

Prevent Blindness America
211 West Wacker Drive, Suite 1700
Chicago, IL 60606
(800) 331-2020
(847) 843-8458 Fax
info@preventblindness.org
<http://www.preventblindness.org>
Materials Available
Contact: PBA Consumer and Patient Hotline

6-12

National Public Health Week

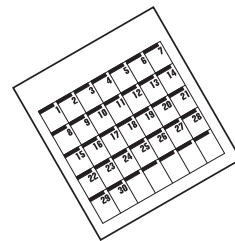
American Public Health Association
800 I Street NW
Washington, DC 20001-3710
(202) 777-2509
(202) 777-2500 TTY
(202) 777-2532 Fax
bithiah.lafontant@apha.org
<http://www.nphw.org>
Materials available
Contact: Bithiah Lafontant

7

World Health Day

Pan American Health Organization
WHO Regional Office for the Americas
525 23rd Street NW
Washington, DC 20037-2895
(202) 974-3156
(202) 974-3645 Fax
<http://www.who.int/world-health-day>
Materials Available
Contact: Dr Luiz Augusto Cassanha Galvão

2009 National Health Observances



8

Sexual Assault Awareness Month Day of Action

National Sexual Violence Resource Center
123 North Enola Drive
Enola, PA 17025
(877) 739-3895
(717) 909-0714 Fax
resources@nsvrc.org
<http://www.nsvrc.org/saam>
Materials Available
Contact: Lauren Sogor

25

World Tai Chi & Qigong Day

World Tai Chi & Qigong Day
(913) 648-2256
billdouglas@worldtaichiday.org
<http://www.worldtaichiday.org>
Materials Available
Contact: Bill Douglas

25 (thru May 2)

National Infant Immunization Week

National Center for Immunization and Respiratory Diseases
Centers for Disease Control and Prevention
1600 Clifton Road NE, MS E-05
Atlanta, GA 30333
(800) CDC-INFO (232-4636)
(404) 639-8905 Fax
cdcinfo@cdc.gov
<http://www.cdc.gov/vaccines/events/niiw/default.htm>
Materials Available
Contact: Michelle Basket

26 (thru May 3)

SAFE KIDS Week

Safe Kids Worldwide
1301 Pennsylvania Avenue NW, Suite 1000
Washington, DC 20004-1707
(202) 662-0600
(202) 393-2072 Fax
vhneich@safekids.org
<http://www.usa.safekids.org>
Contact: Vivi Hneich

MAY

American Stroke Month

American Heart Association
7272 Greenville Avenue
Dallas, TX 75231
(800) 242-8721
inquires@heart.org
<http://www.americanheart.org/presenter.jhtml?identifier=3026377>
Materials Available
Contact: Program departments or local chapters

Asthma and Allergy Awareness Month

Asthma and Allergy Foundation of America
1233 20th Street NW, Suite 402
Washington, DC 20036
(800) 7-ASTHMA (727-8462)
(202) 466-7643
(202) 466-8940 Fax
info@aafa.org
<http://www.aafa.org/display.cfm?id=10&sub=99&cont=457>
Materials Available
Contact: None designated

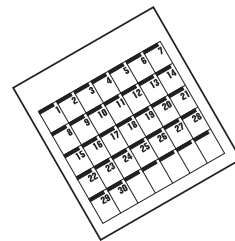
Better Hearing and Speech Month

American Speech-Language-Hearing Association
2200 Research Boulevard, Mailstop 215
Rockville, MD 21114
(800) 638-8255
(301) 296-5700
(301) 296-8580 Fax
bhsm@asha.org
<http://www.asha.org/bhsm/>
Materials available
Contact: None designated

Better Sleep Month

Better Sleep Council
501 Wythe Street
Alexandria, VA 22314
(703) 683-8371
kdillner@slepproducts.org
<http://www.bettersleep.org>
Materials Available
Contact: Karin Dillner

2009 National Health Observances



Clean Air Month

American Lung Association
61 Broadway, 6th Floor
New York, NY 10006
(800) LUNG-USA (586-4872)
(212) 315-8700
(212) 315-8889 Fax
info@lungusa.org
<http://www.lungusa.org>
Materials Available
Contact: None designated

Healthy Vision Month—Refractive Errors

National Eye Institute
National Institutes of Health
Building 31, Room 6A32
31 Center Drive, MSC 2510
Bethesda, MD 20892-2510
(301) 496-5248
(301) 402-1065 Fax
<http://www.healthyvision2010.nei.nih.gov/hvm>
Materials Available
Contact: Linda Huss

Hepatitis Awareness Month

Hepatitis Foundation International
504 Blick Drive
Silver Spring, MD 20904-2901
(800) 891-0707
(301) 622-4200
(301) 622-4702 Fax
hfi@comcast.net
<http://www.hepatitisfoundation.org>
Materials Available
Contact: Thelma King Thiel

Lupus Awareness Month

Lupus Foundation of America, Inc.
2000 L Street NW, Suite 710
Washington, DC 20036
(888) 385-8787
(202) 349-1156 Fax
info@lupus.org
<http://www.lupus.org>
Materials Available
Contact: Duane Peters

Lyme Disease Awareness Month

Lyme Disease Foundation
P.O. Box 332
Tolland, CT 06084
(800) 886-5963
(860) 870-0070
(860) 870-0080 Fax
info@lyme.org
<http://www.lyme.org>
Materials Available
Contact: None designated

Melanoma/Skin Cancer Detection and Prevention Month

American Academy of Dermatology
930 East Woodfield Road
Schaumburg, IL 60173
(888) 462-DERM (462-3376)
(847) 330-8907 Fax
mediarelations@aad.org
<http://www.aad.org>
Materials Available
Contact: Jennifer Allyn

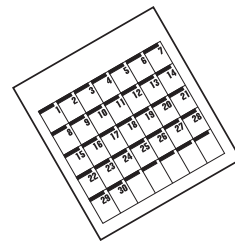
Mental Health Month

Mental Health America
P.O. Box 16810
Alexandria, VA 22302-0810
(800) 969-6642
(703) 684-5968 Fax
infoctr@mentalhealthamerica.net
<http://www.mentalhealthamerica.net/go/may>
Materials Available
Contact: Resource Center

National Amyotrophic Lateral Sclerosis Awareness Month

Les Turner Amyotrophic Lateral Sclerosis Foundation
5550 West Touhy Avenue, # 302
Skokie, IL 60077
(888) 457-1107
(847) 679-3311
(847) 679-9109 Fax
info@lesturnerals.org
<http://www.lesturnerals.org>
Materials Available
Contact: None designated

2009 National Health Observances



National Arthritis Awareness Month

Arthritis Foundation
1330 West Peachtree Street, Suite 100
Atlanta, GA 30309
(800) 283-7800
(404) 872-0457 Fax
help@arthritis.org
<http://www.arthritis.org>
Materials Available
Contact: Carol Galbreath

National Bike Month

League of American Bicyclists
1612 K Street NW, Suite 800
Washington, DC 20006
(202) 822-1333
bikeleague@bikeleague.org
<http://www.bikeleague.org/programs/bikemonth>
Materials Available
Contact: None designated

National Cancer Research Month

American Association for Cancer Research
615 Chestnut Street, 17th Floor
Philadelphia, PA 19106-4404
(866) 423-3965
(267) 646-0612
(215) 440-3919 Fax
megan.davies@aacr.org
<http://www.aacr.org/home/public--media/public-policy--legislative-affairs/national-cancer-research-month.aspx>
Materials Available
Contact: Megan Davis

National Celiac Disease Awareness Month

American Celiac Disease Alliance
2504 Duxbury Place
Alexandria, VA 22308
(703) 622-3331
info@americanceeliac.org
<http://americanceeliac.org>
Materials Available
Contact: Andrea Levario

National High Blood Pressure Education Month

National Heart, Lung, and Blood Institute Health Information Center
P.O. Box 30105
Bethesda, MD 20824-0105
(301) 592-8573
(301) 592-8563 Fax
nhlbiinfo@nhlbi.nih.gov
<http://www.nhlbi.nih.gov>
Materials Available
Contact: Information Specialist

National Neurofibromatosis Month

Children's Tumor Foundation
95 Pine Street, 16th Floor
New York, NY 10005
(800) 323-7938
(212) 747-0004 Fax
info@ctf.org
<http://www.ctf.org>
Materials Available
Contact: None designated

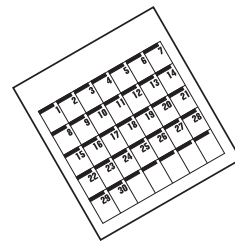
National Osteoporosis Awareness and Prevention Month

National Osteoporosis Foundation
1232 22nd Street NW
Washington, DC 20037-1292
(202) 223-2226
communications@nof.org
<http://www.nof.org>
Materials Available
Contact: Communications Department

National Physical Fitness and Sports Month

President's Council on Physical Fitness and Sports
200 Independence Avenue SW, Room 738-H
Washington, DC 20201-0004
(202) 690-9000
(202) 690-5211 Fax
fitness@hhs.gov
<http://www.fitness.gov>
Materials Available
Contact: None designated

2009 National Health Observances



National Teen Pregnancy Prevention Month

Advocates for Youth
2000 M Street NW, Suite 750
Washington, DC 20036
(202) 419-3420
(202) 419-1448 Fax
saraha@advocatesforyouth.org
<http://www.advocatesforyouth.org/publications/ntppm.htm>
Materials Available
Contact: Sarah Axelson

Sturge-Weber Awareness Month

Sturge-Weber Foundation
P.O. Box 418
Mount Freedom, NJ 07970-0418
(800) 627-5482
(973) 895-4846 Fax
swf@sturge-weber.org
<http://www.sturge-weber.org>
Materials Available
Contact: None designated

Tuberous Sclerosis Awareness Month

Tuberous Sclerosis Alliance
801 Roeder Road, Suite 750
Silver Spring, MD 20910
(800) 225-6872
(301) 562-9870 Fax
info@tsalliance.org
<http://www.tsalliance.org>
Materials Available
Contact: Jaye Isham

Ultraviolet Awareness Month

Prevent Blindness America
211 West Wacker Drive, Suite 1700
Chicago, IL 60606
(800) 331-2020
(847) 843-8458 Fax
info@preventblindness.org
<http://www.preventblindness.org>
Materials Available
Contact: PBA Consumer and Patient Hotline

1-7

National Physical Education and Sport Week

National Association for Sport and Physical Education
1900 Association Drive
Reston, VA 20191
(800) 213-7193
(703) 476-3461
naspe@aahperd.org
<http://www.naspeinfo.org>
Materials Available
Contact: Paula Keyes Kun

3-9

North American Occupational Safety and Health Week

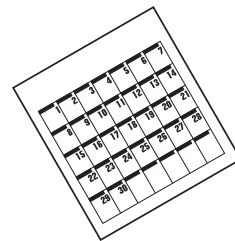
American Society of Safety Engineers
Canadian Society of Safety Engineering
U.S. Occupational Safety and Health Administration
ASSE Public Relations Department
1800 East Oakton Street
Des Plaines, IL 60018-2187
(847) 699-2929
(847) 296-3769 Fax
dhurns@asse.org
<http://www.asse.org/newsroom/naosh09>
Materials Available
Contact: Diane Hurns or Joanna Climer

3-9

National Anxiety and Depression Awareness Week

Freedom From Fear
308 Seaview Avenue
Staten Island, NY 10305
(718) 351-1717
(718) 980-5022 Fax
help@freedomfromfear.org
<http://www.freedomfromfear.org>
Contact: Jeanine Christiana

2009 National Health Observances



4

Melanoma Monday

American Academy of Dermatology
930 East Woodfield Road
Schaumburg, IL 60173-4965
(888) 462-DERM (462-3376)
(847) 330-8907 Fax
mediarelations@aad.org
<http://www.aad.org>
Materials Available
Contact: Allison Sit

6-12

National Mental Health Counseling Week

American Mental Health Counselors Association
801 North Fairfax Street, Suite 304
Alexandria, VA 22314
(800) 326-2642
(703) 548-4775 Fax
mhobson@amhca.org
<http://www.amhca.org>
Contact: Dr. W. Mark Hamilton

9

Cornelia de Lange Syndrome Awareness Day

CdLS-USA Foundation
302 West Main Street, #100
Avon, CT 06001
(800) 753-2357
(860) 676-8337 Fax
outreach@cdlsusa.org
<http://www.cdlsusa.org>
Materials Available
Contact: Marie Malloy

10-16

Food Allergy Awareness Week

Food Allergy & Anaphylaxis Network
11781 Lee Jackson Highway, Suite 160
Fairfax, VA 22033
(800) 929-4040
(703) 691-2713 Fax
jlove@foodallergy.org
<http://www.foodallergy.org/faaw/index.html>
Materials Available
Contact: Jennifer Love

10-16

National Alcohol- and Other Drug-Related Birth Defects Week

National Council on Alcoholism and Drug Dependence, Inc.
244 East 58th Street, 4th Floor
New York, NY 10022
(800) NCA-CALL (622-2255)
(212) 269-7510 Fax
president@ncadd.org
<http://www.ncadd.org>
Materials Available
Contact: President

10-16

National Women's Health Week

Office on Women's Health
U.S. Department of Health and Human Services
200 Independence Avenue SW, Room 712 E
Washington, DC 20201
(202) 690-7650
(202) 401-4005 Fax
<http://www.womenshealth.gov/whw>
Materials Available
Contact: Retta Terry

11

National Women's Check-up Day

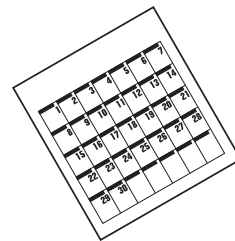
Office on Women's Health
U.S. Department of Health and Human Services
200 Independence Avenue SW, Room 712 E
Washington, DC 20201
(202) 690-7650
(202) 401-4005 Fax
<http://www.womenshealth.gov/whw/about/checkupday.cfm>
Materials Available
Contact: Retta Terry

11-15

National Neuropathy Week

Neuropathy Association
60 East 42nd Street, Suite 942
New York, NY 10165
(888) PN-FACTS (763-2287)
(212) 692-0662
(212) 692-0668 Fax
info@neuropathy.org
<http://www.neuropathy.org>
Materials Available
Contact: National Headquarters

2009 National Health Observances



11-17

National Stuttering Awareness Week

Stuttering Foundation of America
3100 Walnut Grove Road, Suite 603
P.O. Box 11749
Memphis, TN 38111-0749
(800) 992-9392
(901) 452-3931 Fax
info@stutteringhelp.org
<http://www.stutteringhelp.org>
Materials Available
Contact: Jane Fraser

12

Sex Differences in Health Awareness Day

Society for Women's Health Research
1025 Connecticut Avenue NW, Suite 701
Washington, DC 20036
(202) 223-8224
(202) 833-3472 Fax
info@womenshealthresearch.org
<http://www.womenshealthresearch.org>
Materials Available
Contact: Richard Schmitz

18

HIV Vaccine Awareness Day

National Institute of Allergy and Infectious Diseases,
National Institutes of Health
HIV Vaccine Communications Campaign
Vaccine and Prevention Research Program, Division
of AIDS
6700-B Rockledge Drive, Room 5143
Bethesda, MD 20892
(301) 594-2512
(301) 402-3684 Fax
oposi@niaid.nih.gov
<http://www.niaid.nih.gov/news/events/HVAD>
Materials Available
Contact: NIAID OPOSI

18-24

Recreational Water Illness Prevention Week

Water and Environment Activity, Parasitic
Diseases Branch
Division of Parasitic Diseases
National Center for Zoonotic, Vector-Borne,
and Enteric Diseases
Centers for Disease Control and Prevention
4770 Buford Highway NE, MS F-22
Atlanta, GA 30341-3724
(770) 488-7787
(770) 488-7761 Fax
mhlavsa@cdc.gov
http://www.cdc.gov/healthyswimming/rwi_prevention_week.htm
Materials Available
Contact: Michele Hlavsa

19

Phelan-McDermid Syndrome Day

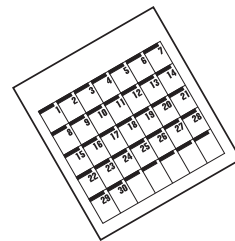
Greenwood Genetic Center
6 Doctors Drive
Greenville, SC 29605
(864) 250-7944
gail@ggc.org
<http://www.22q13.org>
Materials Available
Contact: Gail Stapleton

20

National Employee Health and Fitness Day

National Association for Health and Fitness
65 Niagara Square, Room 607
Buffalo, NY 14202
(716) 583-0521
(716) 851-4309 Fax
wellness@city-buffalo.org
<http://physicalfitness.org/nehf.html>
Materials Available
Contact: Philip Haberstro

2009 National Health Observances



31

World No Tobacco Day

Pan American Health Organization
WHO Regional Office for the Americas
525 23rd Street NW
Washington, DC 20037-2895
(202) 974-3058
<http://www.who.int/tobacco/en>
Materials Available
Contact: None designated

JUNE

Home Safety Month

Home Safety Council
1250 Eye Street NW, Suite 1000
Washington, DC 20005
(202) 330-4900
(202) 330-4901 Fax
info@homesafetycouncil.org
<http://www.homesafetycouncil.org/homesafetymonth>
Materials Available
Contact: Angela D. Mickalide

Myasthenia Gravis Awareness Month

Myasthenia Gravis Foundation of America, Inc.
1821 University Avenue West, Suite S256
St. Paul, MN 55104-2897
(800) 541-5454
(651) 917-6256
(651) 917-1835 Fax
mgfa@myasthenia.org
<http://www.myasthenia.org>
Materials Available
Contact: None designated

National Aphasia Awareness Month

National Aphasia Association
350 Seventh Avenue, Suite 902
New York, NY 10001
(800) 922-4622
(212) 267-2872 Fax
naa@aphasia.org
<http://www.aphasia.org>
Materials Available
Contact: Ellayne Ganzfried

National Scleroderma Awareness Month

Scleroderma Foundation
300 Rosewood Drive, Suite 105
Danvers, MA 01923
(800) 722-HOPE (722-4673)
(978) 463-5809 Fax
sfinfo@scleroderma.org
<http://www.scleroderma.org>
Materials Available
Contact: National Office or Local Chapters

National Scoliosis Awareness Month

National Scoliosis Foundation
5 Cabot Place
Stoughton, MA 02072
(800) NSF-MYBACK (673-6922)
(781) 341-6333
(781) 341-8333 Fax
nsf@scoliosis.org
<http://www.scoliosis.org>
Materials Available
Contact: None Designated

Vision Research Month

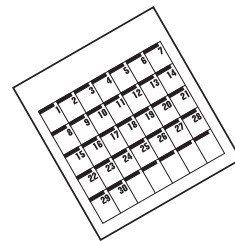
Prevent Blindness America
211 West Wacker Drive, Suite 1700
Chicago, IL 60606
(800) 331-2020
(847) 843-8458 Fax
info@preventblindness.org
<http://www.preventblindness.org>
Materials Available
Contact: PBA Consumer and Patient Hotline

1-7

Sun Safety Week

Sun Safety Alliance
1856 Old Reston Avenue, Suite 215
Reston, VA 20190
(703) 481-1414
info@sunsafetyalliance.org
<http://www.sunsafetyalliance.org>
Materials Available
Contact: Alissa D'Amelio

2009 National Health Observances



1 (thru July 4)

Fireworks Safety Month

Prevent Blindness America
211 West Wacker Drive, Suite 1700
Chicago, IL 60606
(800) 331-2020
(847) 843-8458 Fax
info@preventblindness.org
http://www.preventblindness.org
Materials Available
Contact: PBA Consumer and Patient Hotline

7

National Cancer Survivors Day

National Cancer Survivors Day Foundation
P.O. Box 682285
Franklin, TN 37068
(615) 794-3006
(615) 794-0179 Fax
info@ncsdf.org
http://www.ncsdf.org
Materials Available
Contact: None designated

7-13

National Headache Awareness Week

National Headache Foundation
820 North Orleans Street, Suite 217
Chicago, IL 60610-3132
(888) NHF-5552 (643-5552)
info@headaches.org
http://www.headaches.org
Materials Available
Contact: None designated

15-21

National Men's Health Week

Men's Health Network
P.O. Box 75972
Washington, DC 20013
(202) 543-6461
(202) 543-2727 Fax
info@menshealthweek.org
http://www.menshealthweek.org
Materials Available
Contact: Theresa Morrow

21

National ASK Day

PAX/Real Solutions to Gun Violence
100 Wall Street, 2nd Floor
New York, NY 10005
(212) 269-5100
(212) 269-5109 Fax
ask@paxusa.org
http://www.askingsaveskids.org
Materials Available
Contact: None designated

21-27

Helen Keller Deaf - Blind Awareness Week

Office for Development Helen Keller National Center
141 Middle Neck Road
Sands Point, NY 11050-1299
(516) 944-8900 x254
(516) 767-1738 Fax
hkncinfo@hknc.org
http://www.hknc.org
Materials Available
Contact: Information Specialist

27 (thru July 5)

Eye Safety Awareness Week

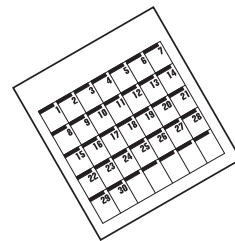
United States Eye Injury Registry
American Society of Ocular Trauma
1201 11th Avenue South, Suite 300
Birmingham, AL 35205
(205) 933-0064
(205) 933-1341 Fax
loretta@useironline.org
http://www.useironline.org
Materials Available (online only)
Contact: LoRetta Mann

JULY

Hemochromatosis Awareness Month

Iron Disorders Institute
2722 Wade Hampton Boulevard, Suite A
Greenville, SC 29615
(888) 565-4766
(864) 292-1175
info@irondisorders.org
http://www.irondisorders.org
Materials Available
Contact: Patient Information Services

2009 National Health Observances



International Group B Strep Awareness Month

Group B Strep International
11 El Dorado Court
Pomona, CA 91766
(909) 620-7214
(909) 620-5557 Fax
info@gbs-intl.org
<http://www.groupbstrepinternational.org>
Materials Available
Contact: Marti Perhach

Juvenile Arthritis Awareness Month

Arthritis Foundation
1330 West Peachtree Street, Suite 100
Atlanta, GA 30309
(800) 283-7800
(404) 872-0457 Fax
help@arthritis.org
<http://www.arthritis.org>
Materials Available
Contact: Carol Galbreath

National Group B Strep Awareness Month

The Jesse Cause - Saving Babies from Group B Strep
567 West Channel Islands Boulevard, #235
Port Hueneme, CA 93041
(805) 815-2944
info@thejessecause.org
<http://www.thejessecause.org>
Materials Available
Contact: None designated

UV Safety Month

American Academy of Ophthalmology
P.O. Box 7424
San Francisco, CA 94120-7424
(415) 447-0213
(415) 561-8533 Fax
eyemd@aao.org
<http://www.aao.org/eyemd>
Materials Available
Contact: Georgia Alward

20-24

National Youth Sports Week

National Recreation and Park Association
22377 Belmont Ridge Road
Ashburn, VA 20148-4150
(703) 858-0784
(703) 858-0794 Fax
dvaira@nrpa.org
<http://www.nrpa.org>
Materials Available (online only)
Contact: None designated

27 (thru August 2)

Phelan-McDermid Syndrome Week

Greenwood Genetic Center
6 Doctors Drive
Greenville, SC 29605
(864) 250-7944
gail@ggc.org
<http://www.22q13.org>
Materials Available
Contact: Gail Stapleton

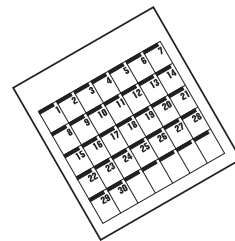
AUGUST

Cataract Awareness Month
American Academy of Ophthalmology
P.O. Box 7424
San Francisco, CA 94120-7424
(415) 447-0213
(415) 561-8533 Fax
eyemd@aao.org
<http://www.aao.org/aaoesite/eyemd/cataract.cfm>
Materials Available
Contact: Georgia Alward

Children's Eye Health and Safety Month

Prevent Blindness America
211 West Wacker Drive, Suite 1700
Chicago, IL 60606
(800) 331-2020
(847) 843-8458 Fax
info@preventblindness.org
<http://www.preventblindness.org>
Materials Available
Contact: PBA Consumer and Patient Hotline

2009 National Health Observances



National Immunization Awareness Month

National Center for Immunization and Respiratory Diseases

Centers for Disease Control and Prevention

1600 Clifton Road NE, MS E-05

Atlanta, GA 30333

(800) CDC-INFO (232-4636) English/Spanish

(888) 232-6348 (TTY)

(404) 639-7394 (Fax)

(877) 394-8747 International Travel Information

<http://www.cdc.gov/vaccines>

Materials Available

Contact: None designated

Psoriasis Awareness Month

National Psoriasis Foundation

6600 SW 92nd Avenue, Suite 300

Portland, OR 97223-7195

(800) 723-9166

(503) 244-7404

(503) 245-0626 Fax

getinfo@psoriasis.org

<http://www.psoriasis.org>

Materials Available

Contact: None designated

1

National Minority Donor Awareness Day

National Minority Organ Tissue Transplant Education Program

Ambulatory Care Center

2041 Georgia Avenue NW, Suite 3100

Washington, DC 20060

(800) 393-2839

(202) 865-4888

(202) 865-4880 Fax

nbbrooks@nationalmottetp.org

<http://www.nationalmottetp.org>

Materials Available

Contact: Norman Brooks

SEPTEMBER

America On the Move's September Campaign

America On the Move Foundation

44 School Street, Suite 325

Boston, MA 02108

(800) 807-0077

sani@americaonthemove.org

<http://www.americaonthemove.org>

Materials Available

Contact: Sani Liu

Childhood Cancer Month

Candlelighters Childhood Cancer Foundation

10400 Connecticut Avenue, Suite 205

Kensington, MD 20895

(301) 962-3520

(301) 962-3521 Fax

staff@candlelighters.org

<http://www.candlelighters.org/septchildhoodcancermonth.stm>

Contact: Ruth Hoffman

Craniofacial Acceptance Month

Children's Craniofacial Association

1340 Coit Road, Suite 517

Dallas, TX 75240

(800) 535-3643

(214) 570-8811 Fax

contactcca@ccakids.com

<http://www.ccakids.com>

Contact: Charlene Smith

Fruit and Veggies—More Matters™ Month

Fruit and Vegetable Program Office

Centers for Disease Control and Prevention/Produce for Better Health Foundation

4770 Buford Highway NE, MS K-26

Atlanta, GA 30341

(770) 488-5435

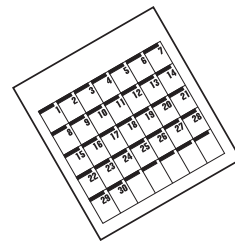
krthomas1@cdc.gov

<http://www.fruitsandveggiesmatter.gov>

Materials Available

Contact: Katherine Thomas

2009 National Health Observances



Healthy Aging[®] Month

Educational Television Network, Inc.
P.O. Box 442
Unionville, PA 19375
(610) 793-0979
info@healthyaging.net
<http://www.healthyaging.net/events.htm>
Materials Available
Contact: Information Specialist

National Alcohol and Drug Addiction Recovery Month

Office of the Director, Consumer Affairs
Center for Substance Abuse Treatment
Substance Abuse and Mental Health
Services Administration
1 Choke Cherry Road, 2nd Floor
Rockville, MD 20857
(800) 729-6686
(240) 276-1630 Fax
info@samhsa.gov
<http://www.recoverymonth.gov>
Materials Available
Contact: Consumer Affairs

National Cholesterol Education Month

National Heart, Lung, and Blood Institute Health
Information Center
P.O. Box 30105
Bethesda, MD 20824-0105
(301) 592-8573
(301) 592-8563 Fax
nhlbiinfo@nhlbi.nih.gov
<http://hp2010.nhlbihin.net/cholmonth>
Materials Available
Contact: Information Specialist

National Infant Mortality Awareness Month

National Healthy Start Association, Inc.
2030 M Street NW, Suite 350
Washington, DC 20036
(202) 296-2195
(202) 296-2197 Fax
beahaskins@nationalhealthystart.org
<http://www.healthystartassoc.org>
Contact: Bea Haskins

National Pediculosis Prevention Month/ Head Lice Prevention Month

National Pediculosis Association, Inc.
1005 Boylston Street, #343
Newton, MA 02461
(781) 449-6487
(812) 434-6652 Fax
npa@headlice.org
<http://www.headlice.org>
Materials Available
Contact: Deborah Altschuler

National Sickle Cell Month

Sickle Cell Disease Association of America, Inc.
231 East Baltimore Street, 8th Floor
Baltimore, MD 21202
(800) 421-8453
scdaa@sicklecelldisease.org
<http://www.sicklecelldisease.org>
Materials Available
Contact: None designated

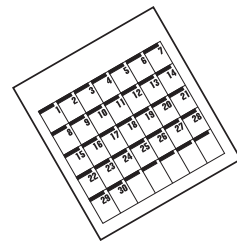
National Yoga Awareness Month

Yoga Health Foundation
4051 Glencoe Avenue, #10
Marina del Rey, CA 90292
(310) 928-6638
join@yogamonth.org
<http://www.yogamonth.org>
Materials Available
Contact: Johannes R. Fisslinger

Ovarian Cancer Awareness Month

National Ovarian Cancer Coalition
500 NE Spanish River Boulevard, Suite 8
Boca Raton, FL 33431
(888) OVARIAN (682-7426)
(561) 393-0005
nocc@ovarian.org
<http://www.ovarian.org>
Materials Available
Contact: None designated

2009 National Health Observances



Prostate Cancer Awareness Month

National Prostate Cancer Coalition
1154 15th Street NW
Washington, DC 20005
(888) 245-9455
(202) 463-9455
(202) 463-9456 Fax
info@fightprostatecancer.org
<http://www.fightprostatecancer.org>
Materials Available
Contact: None designated

Reye's Syndrome Awareness Month

National Reye's Syndrome Foundation
P.O. Box 829
Bryan, OH 43506
(800) 233-7393
(419) 636-2679
(419) 636-9897 Fax
nrsf@reyessyndrome.org
<http://www.reyessyndrome.org>
Materials Available
Contact: None designated

Sports and Home Eye Safety Month

Prevent Blindness America
211 West Wacker Drive, Suite 1700
Chicago, IL 60606
(800) 331-2020
(847) 843-8458 Fax
info@preventblindness.org
<http://www.preventblindness.org>
Materials Available
Contact: PBA Consumer and Patient Hotline

Whole Grains Month

Whole Grains Council
226 Beacon Street
Boston, MA 02116
(617) 421-5500
(617) 421-5511 Fax
cynthia@oldwayspt.org
<http://www.wholegrainscouncil.org/get-involved/celebrate-whole-grains-month-in-september>
Materials Available
Contact: Cynthia Harriman

6-12

National Suicide Prevention Week

American Association of Suicidology
5221 Wisconsin Avenue NW
Washington, DC 20015
(202) 237-2280
(202) 237-2282 Fax
info@suicidology.org
<http://www.suicidology.org>
Materials Available
Contact: None designated

13

National Celiac Disease Awareness Day

Celiac Sprue Association
P.O. Box 31700
Omaha, NE 68131-0700
(877) 272-4272
(402) 643-4108 Fax
celiacs@csaceliacs.org
<http://www.csaceliacs.org>
Materials Available
Contact: Mary Schluckebier

21

World Alzheimer's Day

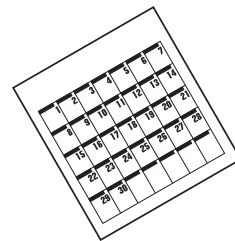
Alzheimer's Disease International
64 Great Suffolk Street
London, SE1 OBL
UNITED KINGDOM
info@alz.co.uk
<http://www.alz.co.uk/adi/wad>
Materials Available
Contact: None designated

30

World Heart Day

World Heart Federation
7, rue des Battoirs, Case postale 155
1211 Geneva 4
SWITZERLAND
admin@worldheart.org
<http://www.worldheart.org>
Materials Available
Contact: None designated

2009 National Health Observances



OCTOBER

Eye Injury Prevention Month

American Academy of Ophthalmology
P.O. Box 7424
San Francisco, CA 94120-7424
(415) 447-0213
(415) 561-8533 Fax
eyemd@aao.org
<http://www.aao.org/aaosite/eyemd/injury.cfm>
Materials Available
Contact: Georgia Alward

Halloween Safety Month

Prevent Blindness America
211 West Wacker Drive, Suite 1700
Chicago, IL 60606
(800) 331-2020
(847) 843-8458 Fax
info@preventblindness.org
<http://www.preventblindness.org>
Materials Available
Contact: PBA Consumer and Patient Hotline

Healthy Lung Month

American Lung Association
61 Broadway, 6th Floor
New York, NY 10006
(800) LUNG-USA (586-4872)
(212) 315-8700
info@lungusa.org
<http://www.lungusa.org>
Materials Available
Contact: None designated

Let's Talk Month

Advocates for Youth
2000 M Street NW, Suite 750
Washington, DC 20036
(202) 419-3420
(202) 419-1448 Fax
saraha@advocatesforyouth.org
<http://www.advocatesforyouth.org/news/events/letstalk.htm>
Materials Available
Contact: Sarah Axelson

National Breast Cancer Awareness Month

National Breast Cancer Awareness Month Board
of Sponsors
CIC-315
1800 Concord Pike
Wilmington, DE 19850-5437
nbcamquestions@yahoo.com
<http://www.nbcam.org>
Contact: None designated

National Celiac Disease Awareness Month

Celiac Sprue Association
P.O. Box 31700
Omaha, NE 68131-0700
(877) 272-4272
(402) 643-4108 Fax
celiacs@csaceliacs.org
<http://www.csaceliacs.org>
Materials Available
Contact: Mary Schluckebier

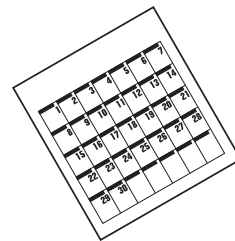
National Chiropractic Month

American Chiropractic Association
1701 Clarendon Boulevard
Arlington, VA 22209
(703) 276-8800
(703) 243-2593 Fax
communications@acatoday.org
<http://www.acatoday.org>
Materials Available
Contact: Communications & Marketing Department

National Dental Hygiene Month

American Dental Hygienists' Association
444 North Michigan Avenue, Suite 3400
Chicago, IL 60611-3980
(800) 243-ADHA (243-2342)
media@adha.net
<http://www.adha.org>
Materials Available
Contact: Communications Division

2009 National Health Observances



National Disability Employment Awareness Month

Office of Disability Employment Policy
U.S. Department of Labor
Frances Perkins Building
200 Constitution Avenue NW, Room S-1303
Washington, DC 20210
(866) 633-7365
(202) 693-7880
(202) 693-7888 Fax
<http://www.dol.gov/odep>
Materials Available
Contact: Carol Dunlap

National Domestic Violence Awareness Month

Domestic Violence Awareness Project
National Resource Center on Domestic Violence
6400 Flank Drive, Suite 1300
Harrisburg, PA 17112-2791
(800) 537-2238
(717) 545-9456 Fax
<http://dvam.vawnet.org>
Materials Available
Contact: None designated

National Down Syndrome Awareness Month

National Down Syndrome Society
666 Broadway
New York, NY 10012
(800) 221-4602
(212) 979-2873 Fax
info@ndss.org
<http://www.ndss.org>
Materials Available
Contact: Educational Services

National Medical Librarians Month

Medical Library Association
65 East Wacker Place, Suite 1900
Chicago, IL 60601
(312) 419-9094 x11
(312) 419-8950 Fax
info@mlahq.org
<http://www.mlanet.org/resources/nml-month/index.html>
Materials Available
Contact: Tomi Gunn

National Physical Therapy Month

American Physical Therapy Association
1111 North Fairfax Street
Alexandria, VA 22314-1488
(800) 999-2782
(703) 684-2782
(703) 706-8578 Fax
public-relations@apta.org
<http://www.apta.org>
Materials Available
Contact: Public Relations Department

National Spina Bifida Awareness Month

Spina Bifida Association
4590 MacArthur Boulevard NW, Suite 250
Washington, DC 20007-4226
(800) 621-3141
sbaa@sbaa.org
<http://www.spinabifidaassociation.org>
Materials Available
Contact: None designated

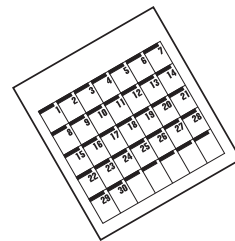
Sudden Infant Death Syndrome Awareness Month

First Candle/SIDS Alliance
1314 Bedford Avenue, Suite 210
Baltimore, MD 21208
(800) 221-7437
info@firstcandle.org
<http://www.firstcandle.org>
Materials Available
Contact: None Designated

"Talk About Prescriptions" Month

National Council on Patient Information and Education
4915 Saint Elmo Avenue, Suite 505
Bethesda, MD 20814-6082
(301) 656-8565
(301) 656-4464 Fax
ncpie@ncpie.info
<http://www.talkaboutrx.org>
Materials Available
Contact: Information Specialist

2009 National Health Observances



1-7

Sarcoidosis Awareness Week

National Sarcoidosis Society, Inc. and Affiliates
4747 South Martin Luther King Drive, Suite 512
Chicago, IL 60615
(312) 567-6626
(312) 567-6144 Fax
sarcoidosisfriends2@hotmail.com
<http://nationalsarcoidosisfriends.org.tripod.com>
Materials Available
Contact: Glenda Fulton

4-10

Fire Prevention Week

National Fire Protection Association
1 Batterymarch Park
Quincy, MA 02169-7471
(800) 344-3555
(617) 770-0200 Fax
bdunn@nfpa.org
<http://www.firepreventionweek.org>
Materials Available
Contact: Barbara Dunn

5

National Child Health Day

Maternal and Child Health Bureau
Health Resources and Services Administration
U.S. Department of Health and Human Services
Parklawn Building, Room 1805
5600 Fishers Lane
Rockville, MD 20857
(301) 443-2170
(301) 443-1797 Fax
<http://www.mchb.hrsa.gov>
Contact: Cynthia Tibbs

5-9

Drive Safely Work Week

Network of Employers for Traffic Safety
8150 Leesburg Pike, Suite 410
Vienna, VA 22182
(888) 221-0045
(703) 891-6010 Fax
nets@trafficsafety.org
<http://www.trafficsafety.org>
Materials Available
Contact: Liz Stevens

5-11

Get Smart About Antibiotics Week

Division of Foodborne, Bacterial, and Mycotic Diseases
National Center for Zoonotic, Vector-Borne,
and Enteric Diseases
Centers for Disease Control and Prevention
1600 Clifton Road NE, MS-C23
Atlanta, GA 30333
(800) CDC-INFO (232-4636)
(404) 639-3630
(404) 639-3970 Fax
kwerner@cdc.gov
<http://www.cdc.gov/getsmart>
Materials Available
Contact: Karen Werner

5-11

Mental Illness Awareness Week

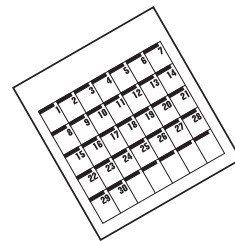
National Alliance on Mental Illness
Colonial Place Three
2107 Wilson Boulevard, Suite 300
Arlington, VA 22201-3042
(800) 950-6264
(703) 524-7600
(703) 524-9094 Fax
info@nami.org
<http://www.nami.org>
Materials Available
Contact: None designated

10

World Mental Health Day

World Federation for Mental Health
12940 Harbor Drive, Suite 101
Woodbridge, VA 22192-2930
(703) 494-6515
(703) 494-6518 Fax
wmhday@wfmh.com
<http://www.wfmh.org/00WorldMentalHealthDay.htm>
Materials Available
Contact: Deborah Maquire

2009 National Health Observances



12-20

Bone and Joint Decade National Action Week

U.S. Bone and Joint Decade
6300 North River Road
Rosemont, IL 60018
(847) 384-4009
(847) 384-4010
(847) 823-1822 Fax
tobyking@usbjd.org
<http://www.usbjd.org>
Materials Available
Contact: Toby King

13

Metastatic Breast Cancer Awareness Day

Metastatic Breast Cancer Network
P.O. Box 1449
New York, NY 10159
(888) 500-0370
mbcnet@gmail.com
http://www.mbcnetwork.org/page.aspx?nm=mbc_awareness_day
Materials Available
Contact: Suzanne Hebert

16

World Food Day

U.S. National Committee for World Food Day
2175 K Street NW, Suite 500
Washington, DC 20437
(202) 653-2404
(202) 653-5760 Fax
<http://www.worldfooddayusa.org>
Materials Available
Contact: None designated

18-24

Hearing Aid Awareness Week

International Hearing Society
16800 Middlebelt Road, Suite 4
Livonia, MI 48154
(734) 522-7200
(734) 522-0200
acmarkey@ihsinfo.org
<http://www.ihsinfo.org>
Materials Available
Contact: Alice Markey

19-25

National Drug-Free Work Week

Working Partners for an Alcohol-and
Drug-Free Workplace
U.S. Department of Labor
200 Constitution Avenue NW, Room S-2312
Washington, DC 20210
(202) 693-5917
(202) 693-5960 Fax
webwp@dol.gov
<http://www.dol.gov/drugfreeworkweek>
Materials Available
Contact: Renee Tajudeen

20

World Osteoporosis Day

International Osteoporosis Foundation
9, rue Juste-Olivier
CH-1260 Nyon
SWITZERLAND
+(41) 22 994 0100
<http://www.iofbonehealth.org/home.html>
Materials Available
Contact: John A. Kanis

22

International Stuttering Awareness Day

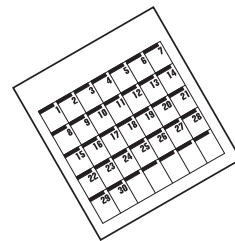
Stuttering Foundation of America
3100 Walnut Grove Road, Suite 603
P.O. Box 11749
Memphis, TN 38111-0749
(800) 992-9392
(901) 452-3931 Fax
info@stutteringhelp.org
<http://www.stutteringhelp.org>
Materials Available
Contact: Jane Fraser

25-31

Respiratory Care Week

American Association for Respiratory Care
9425 North MacArthur Boulevard, Suite 100
Irving, TX 75063
(972) 243-2272
(972) 484-2720 Fax
info@aarc.org
http://www.aarc.org/resources/rc_week
Materials Available
Contact: Public Relations

2009 National Health Observances



28

Lung Health Day

American Association for Respiratory Care
9425 North MacArthur Boulevard, Suite 100
Irving, TX 75063
(972) 243-2272
(972) 484-2720 Fax
info@aarc.org
http://www.aarc.org/headlines/lung_health_day
Contact: Public Relations

31

Interstitial Cystitis Awareness Day

National Association of Nurse Practitioners in
Women's Health
505 C Street NE
Washington, DC 20002
(202) 543-9693
info@npwh.org
<http://www.npwh.org>
Materials Available
Contact: Susan Wysocki

NOVEMBER

American Diabetes Month

American Diabetes Association
1701 North Beauregard Street
Alexandria, VA 22311
(800) DIABETES
askada@diabetes.org
<http://www.diabetes.org>
Materials Available
Contact: Local Chapters

Diabetic Eye Disease Month

Prevent Blindness America
211 West Wacker Drive, Suite 1700
Chicago, IL 60606
(800) 331-2020
(847) 843-8458 Fax
info@preventblindness.org
<http://www.preventblindness.org>
Materials Available
Contact: PBA Consumer and Patient Hotline

Foot Health Issues Related to Diabetes Awareness Month

American Podiatric Medical Association
9312 Old Georgetown Road
Bethesda, MD 20814
(301) 581-9227
(301) 530-2752 Fax
<http://www.apma.org>
Contact: Angela Berard

Lung Cancer Awareness Month

Lung Cancer Alliance
888 16th Street NW, Suite 800
Washington, DC 20006
(202) 463-2080
(202) 463-7497 Fax
info@lungcanceralliance.org
<http://www.lungcanceralliance.org>
Materials Available
Contact: Kay Cofrancesco

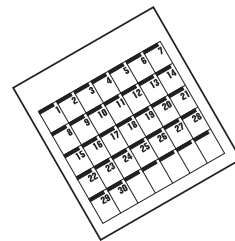
National Adoption Month

National Council for Adoption
Infant Adoption Awareness Program
225 North Washington Street
Alexandria, VA 22314
(866) 21-ADOPT (212-3678)
(703) 299-6633
(703) 535-1901 Fax
info@adoptioncouncil.org
<http://www.adoptioncouncil.org>
Materials Available
Contact: None designated

National Alzheimer's Disease Awareness Month

Alzheimer's Association
225 North Michigan Avenue, 17th Floor
Chicago, IL 60601-7633
(800) 272-3900
info@alz.org
<http://www.alz.org>
Materials Available
Contact: None designated

2009 National Health Observances



National Family Caregivers Month

National Family Caregivers Association
10400 Connecticut Avenue, Suite 500
Kensington, MD 20895-3944
(800) 896-3650
info@thefamilycaregiver.org
<http://www.thefamilycaregiver.org>
Materials Available
Contact: None designated

National Healthy Skin Month

American Academy of Dermatology
930 East Woodfield Road
Schaumburg, IL 60173
(888) 462-DERM (462-3376)
mediarelations@aad.org
<http://www.aad.org>
Materials Available
Contact: Jennifer Allyn

National Hospice Palliative Care Month

National Hospice and Palliative Care Organization
1700 Diagonal Road, Suite 625
Alexandria, VA 22314
(703) 837-1500
(703) 837-3139
(703) 837-1233 Fax
jradulovic@nhpco.org
<http://www.nhpco.org>
Contact: Jon Radulovic

Pancreatic Cancer Awareness Month

Pancreatic Cancer Action Network
2141 Rosecrans Avenue, Suite 7000
El Segundo, CA 90245
(877) 272-6226
(310) 725-0025
(310) 725-0029 Fax
information@pancan.org
<http://www.pancan.org>
Materials Available
Contact: None designated

Prematurity Awareness Month

March of Dimes
1275 Mamaroneck Avenue
White Plains, NY 10605
(914) 997-4488
(914) 997-4763 Fax
askus@marchofdimes.com
<http://www.marchofdimes.com>
Materials Available
Contact: Pregnancy and Newborn Health
Education Center

Pulmonary Hypertension Awareness Month

Pulmonary Hypertension Association
801 Roeder Road, Suite 400
Silver Spring, MD 20910
(800) 748-7274 Helpline
(301) 565-3004
(301) 565-3994 Fax
pha@phassociation.org
<http://www.phassociation.org>
Materials Available
Contact: None designated

19

Great American Smokeout

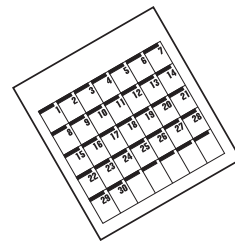
American Cancer Society
250 Williams Street NW
Atlanta, GA 30303
(800) ACS-2345
<http://acsf2f.com/gaso>
Materials Available
Contact: National Office

22-28

Gastroesophageal Reflux Disease Awareness Week

International Foundation for Functional
Gastrointestinal Disorders
P.O. Box 170864
Milwaukee, WI 53217-8076
(888) 964-2001
(414) 964-1799
(414) 964-7176 Fax
iffgd@iffgd.org
<http://www.aboutgerd.org>
Materials Available
Contact: Nancy Norton

2009 National Health Observances



DECEMBER

Safe Toys and Gifts Month

Prevent Blindness America
211 West Wacker Drive, Suite 1700
Chicago, IL 60606
(800) 331-2020
(847) 843-8458 Fax
info@preventblindness.org
<http://www.preventblindness.org>
Materials Available
Contact: PBA Consumer and Patient Hotline

1

World AIDS Day

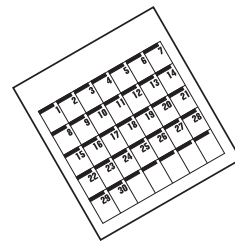
Joint United Nations Programme on HIV/AIDS
unaids@unaids.org
<http://www.unaids.org/en/default.asp>
Materials Available
Contact: None designated

6-12

National Handwashing Awareness Week

Henry the Hand Foundation
11714 U.S. Route 42
Cincinnati, OH 45241
(513) 769-3660
dr.will@henrythehand.com
<http://www.henrythehand.com>
Materials Available
Contact: Dr. Will Sawyer

2009 National Health Observances



THE YEAR 2009 AT A GLANCE

JANUARY

Cervical Health Awareness Month
Glaucoma Awareness Month
National Birth Defects Prevention Month
National Blood Donor Month
National Radon Action Month
Thyroid Awareness Month

FEBRUARY

AMD/Low Vision Awareness Month
American Heart Month
International Prenatal Infection Prevention Month
National Cancer Prevention Month
National Children's Dental Health Month
National Wise Health Consumer Month
6 Give Kids A Smile Day
6 National Wear Red Day
6 National Women's Healthy Heart Campaign
(Washington, DC)
7–14 Congenital Heart Defect Awareness Week
14 National Donor Day
22–28 National Eating Disorders Awareness Week

MARCH

Mental Retardation Awareness Month
National Brain Injury Awareness Month
National Colorectal Cancer Awareness Month
National Endometriosis Awareness Month
National Kidney Month
National Multiple Sclerosis Education and
Awareness Month
National Nutrition Month®
Save Your Vision Month
Workplace Eye Health and Safety Month
1–7 National Problem Gambling Awareness Week
2–6 National School Breakfast Week
12 World Kidney Day
15–21 National Poison Prevention Week
24 American Diabetes Alert Day
24 World Tuberculosis Day
29 (thru April 4) Root Canal Awareness Week

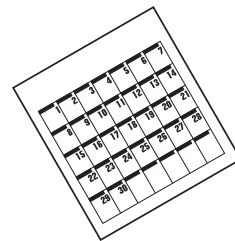
APRIL

Alcohol Awareness Month
Cancer Control Month
Cesarean Awareness Month
Counseling Awareness Month
Foot Health Awareness Month
Irritable Bowel Syndrome Awareness Month
National Autism Awareness Month
National Child Abuse Prevention Month
National Donate Life Month
National Facial Protection Month
National Minority Health Awareness Month
National Sarcoidosis Awareness Month
National Youth Sports Safety Month
Occupational Therapy Month
Sports Eye Safety Month
STD Awareness Month
Women's Eye Health and Safety Month
6–12 National Public Health Week
7 World Health Day
8 Sexual Assault Awareness Month Day of Action
25 World Tai Chi & Qigong Day
25 (thru May 2) National Infant Immunization Week
26 (thru May 3) SAFE KIDS Week

MAY

American Stroke Month
Asthma and Allergy Awareness Month
Better Hearing and Speech Month
Better Sleep Month
Clean Air Month
Healthy Vision Month—Refractive Errors
Hepatitis Awareness Month
Lupus Awareness Month
Lyme Disease Awareness Month
Melanoma/Skin Cancer Detection and Prevention Month
Mental Health Month
National Amyotrophic Lateral Sclerosis Awareness Month
National Arthritis Awareness Month
National Bike Month
National Cancer Research Month
National Celiac Disease Awareness Month
National High Blood Pressure Education Month
National Neurofibromatosis Month
National Osteoporosis Awareness and Prevention Month

2009 National Health Observances



National Physical Fitness and Sports Month
National Teen Pregnancy Prevention Month
Sturge-Weber Awareness Month
Tuberous Sclerosis Awareness Month
Ultraviolet Awareness Month
1–7 National Physical Education and Sport Week
3–9 North American Occupational Safety and Health Week
3–9 National Anxiety and Depression Awareness Week
4 Melanoma Monday
6–12 National Mental Health Counseling Week
9 Cornelia de Lange Syndrome Awareness Day
10–16 Food Allergy Awareness Week
10–16 National Alcohol- and Other Drug-Related Birth Defects Week
10–16 National Women's Health Week
11 National Women's Check-up Day
11–15 National Neuropathy Week
11–17 National Stuttering Awareness Week
12 Sex Differences in Health Awareness Day
18 HIV Vaccine Awareness Day
18–24 Recreational Water Illness Prevention Week
19 Phelan-McDermid Syndrome Day
20 National Employee Health and Fitness Day
31 World No Tobacco Day

JUNE

Home Safety Month
Myasthenia Gravis Awareness Month
National Aphasia Awareness Month
National Scleroderma Awareness Month
National Scoliosis Awareness Month
Vision Research Month
1–7 Sun Safety Week
1 (thru July 4) Fireworks Safety Month
7 National Cancer Survivors Day
7–13 National Headache Awareness Week
15–21 National Men's Health Week
21 National ASK Day
21–27 Helen Keller Deaf - Blind Awareness Week
27 (thru July 5) Eye Safety Awareness Week

JULY

Hemochromatosis Awareness Month
International Group B Strep Awareness Month
Juvenile Arthritis Awareness Month
National Group B Strep Awareness Month
UV Safety Month
20–24 National Youth Sports Week
27 (thru August 2) Phelan-McDermid Syndrome Week

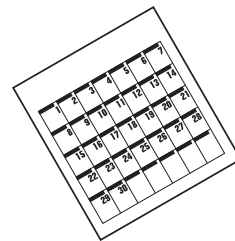
AUGUST

Cataract Awareness Month
Children's Eye Health and Safety Month
National Immunization Awareness Month
Psoriasis Awareness Month
1 National Minority Donor Awareness Day

SEPTEMBER

America On the Move's Steptember Campaign
Childhood Cancer Month
Craniofacial Acceptance Month
Fruit and Veggies—More Matters™ Month
Healthy Aging® Month
National Alcohol and Drug Addiction Recovery Month
National Cholesterol Education Month
National Infant Mortality Awareness Month
National Pediculosis Prevention Month/Head Lice Prevention Month
National Sickle Cell Month
National Yoga Awareness Month
Ovarian Cancer Awareness Month
Prostate Cancer Awareness Month
Reye's Syndrome Awareness Month
Sports and Home Eye Safety Month
Whole Grains Month
6–12 National Suicide Prevention Week
13 National Celiac Disease Awareness Day
21 World Alzheimer's Day
30 World Heart Day

2009 National Health Observances



OCTOBER

Eye Injury Prevention Month
Halloween Safety Month
Healthy Lung Month
Let's Talk Month
National Breast Cancer Awareness Month
National Celiac Disease Awareness Month
National Chiropractic Month
National Dental Hygiene Month
National Disability Employment Awareness Month
National Domestic Violence Awareness Month
National Down Syndrome Awareness Month
National Medical Librarians Month
National Physical Therapy Month
National Spina Bifida Awareness Month
Sudden Infant Death Syndrome Awareness Month
"Talk About Prescriptions" Month
1–7 Sarcoidosis Awareness Week
4–10 Fire Prevention Week
5 National Child Health Day
5–9 Drive Safely Work Week
5–11 Get Smart About Antibiotics Week
5–11 Mental Illness Awareness Week
10 World Mental Health Day
12–20 Bone and Joint Decade National Action Week
13 Metastatic Breast Cancer Awareness Day
16 World Food Day
18–24 Hearing Aid Awareness Week
19–25 National Drug-Free Work Week
20 World Osteoporosis Day
22 International Stuttering Awareness Day
25–31 Respiratory Care Week
28 Lung Health Day
31 Interstitial Cystitis Awareness Day

NOVEMBER

American Diabetes Month
Diabetic Eye Disease Month
Foot Health Issues Related to Diabetes Awareness Month
Lung Cancer Awareness Month
National Adoption Month
National Alzheimer's Disease Awareness Month
National Family Caregivers Month
National Healthy Skin Month
National Hospice Palliative Care Month
Pancreatic Cancer Awareness Month
Prematurity Awareness Month
Pulmonary Hypertension Awareness Month
19 Great American Smokeout
22–28 Gastroesophageal Reflux Disease Awareness Week

DECEMBER

Safe Toys and Gifts Month
1 World AIDS Day
6–12 National Handwashing Awareness Week



Office of Disease Prevention
and Health Promotion
U.S. Department of Health
and Human Services

