

**COUNTY MENTAL HEALTH
24-HOUR LOCAL CRISIS HOTLINE**

Alameda	(800) 491-9099
Alpine	(800) 486-2163
Amador	(209) 223-2600
Berkeley City	(510) 849-2212
Butte	(530) 891-2810 or (800) 334-6622
Calaveras	(209) 754-3239 or (800) 499-3030
Colusa	(530) 458-0520 or (888) 793-6580
Contra Costa	(925) 646-2800
Del Norte	(888) 446-4408 or (707) 464-7224
El Dorado	
(Placerville)	(530) 622-3345
(South Lake Tahoe)	(530) 544-2219
Fresno	(559) 453-4085 or (800) 654-3937
Glenn	(800) 507-3530
Humboldt	(707) 445-7715 or (888) 849-5728
Imperial	(760) 339-4504 or (800) 817-5292
Inyo	(760) 873-6533 or (800) 841-5011
Kern	(800) 991-5272
Kings	(559) 582-4484
Lake	(800) 900-2075
Lassen	(888) 530-8688

Los Angeles	(800) 854-7771
Madera	(559) 673-3508 or (888) 275-9779
Marin	(415) 499-6666
Mariposa	(209) 966-2000 or (800) 549-6741
Mendocino	(800) 575-4337 or (707) 463-4396
Merced	(209) 381-6800 or (888) 334-0163
Modoc	(800) 699-4880
Mono	(760) 932-7549 (Press 0, ask for Mental Health)
Monterey	(831) 755-4111 (Page "Crisis Team") or (831) 649-8008
Napa	(707) 253-4711 or (800) 648-8650
Nevada	(530) 265-5811
Orange	(714) 834-6900
Placer	(916) 787-8860 or (888) 886-5401
Plumas	(530) 283-6307 or (800) 757-7898
Riverside	(800) 706-7500
Sacramento	(916) 732-3637 or (888) 881-4881
San Benito	(831) 636-4020 or (888) 636-4020
San Bernardino	(888) 743-1478
San Diego	(800) 479-3339
San Francisco	(415) 781-0500
San Joaquin	(209) 468-8686
San Luis Obispo	(805) 781-4700 or (800) 838-1381
San Mateo	(650) 573-2662

Santa Barbara	(888) 868-1649
Santa Clara	(408) 279-3312
Santa Cruz	(800) 952-2335 or (877) 663-5433 (ONE-LIFE) or (831) 458-5300
Shasta	(530) 225-5200 or (888) 385-5201
Sierra	(877) 435-7137
Siskiyou	(800) 842-8979
Solano	(707) 428-1131
Sonoma	(707) 576-8181 or 800-746-8181 within County
Stanislaus	(209) 558-4600 or (888) 376-6246
Sutter/Yuba	(530) 673-8255 or (888) 923-3800
Tehama	(530) 527-5637 or (800) 240-3208
Tri-City	(866) 623-9500
Trinity	(530) 623-5708 or (888) 624-5820
Tulare	(559) 733-6877 or (800) 320-1616
Tuolumne	(800) 630-1130 or (209) 588-9528
Ventura	(877) 327-4747
Yolo	(888) 965-6647

[Additional Contact Information for County Mental Health Departments](#)