

**U.S. Department of Health and Human Services Administration on Aging** 



# Compendium of Active Grants Fiscal Year 2005

**Under Title IV of the Older Americans Act** 

# **Compendium of Active Grants FY 2005**

Under Title IV of the Older Americans Act Arranged by AoA Priority Area

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The Assistant Secretary for Aging, in support of the HHS Strategic Plan, has established five priorities to guide AoA's activities over the next few years. For the FY 2005 Compendium Table of Contents, we have organized the discretionary programs under the corresponding AoA priority area. They are as follows:

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# 90AM2753 Aging and Disability Resource Center

Governor's Office Elderly Affairs PO Box 61 421 North 4th Street Baton Rouge, LA 70821-0061

Contact: Sharon Buchert (225)342-3570

Project Period: 09/30/2003 - 09/29/2008

|         | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2003 | 375,999             |
| FY 2005 | 48,000              |
| FY 2006 | 400,000             |

Louisiana will establish a pilot Aging and Adult Disability Resource Center at the Cajun Area Agency on Aging (CAAA) with eight satellite locations in the parishes (counties). This pilot will test the design of the Resource Center in both urban and rural locations. The Resource Center will be combined with an interactive consumer-focused website; nationwide toll-free telephone number; and a single comprehensive assessment, eligibility determination, and care planning process to empower individuals to make informed choices and to streamline access to long-term care support. Based on the lessons learned from the implementation of the pilot Resource Center, Louisiana will issue an RFP to establish Aging and Adult Disability Resource Centers across the state.

Target Population: Year One - Persons 60 and older

Year Two & Three - Persons 60 and older and adults.

Anticipated Outcomes: 1) a convenient, accessible one-stop source of information, assistance, and streamlined access to services through a central location and satellite offices that provides consumers and their families information, assistance and referral resources; 2) comprehensive in-home assessments, with the opportunity to self-divert from institutional care and receive appropriate services in the least restrictive community setting of their choosing; 3) a "1-800" telephone and Internet access; 4) enhanced comprehensiveness of center services by separating care management functions from service provision and cross training and certifying resource center staff; 5) and a reduction in the number of intake, screening, and eligibility determination processes consumers must experience to receive services.

# 90AM2754 Aging and Disability Resource Center

Project Period: 09/30/2003 - 09/29/2008

|         | Grant Amount |
|---------|--------------|
| FY 2003 | 375,518      |
| FY 2006 | 400,000      |

WEST VIRGINIA BUREAU OF SENIOR SERVICES 1900 Kanawha Blvd. East Charleston, WV 25305

Contact: Julie Shelton (304)558-2241

West Virginia will establish two comprehensive pilot resource centers, one in an urban area and one in a rural area of the state, both of which will be implemented by local senior programs. The centers will integrate access to all long-term care programs - both public and private pay - and develop uniform and standardized processes to determine level of need, eligibility and care plans. Programs integrated into the resource centers include the WV SHINE (a health and wellness program), family caregiver support, and Alzheimer's disease caregiver support services, as well as the traditional long-term care services. The Bureau of Senior Services will partner with the West Virginia University, Center on Aging to evaluate the effectiveness of the two pilots to inform expansion to a statewide network of resource centers.

#### **Target Population:**

Year One - Persons 60 and older and adults over age 18 with physical disabilities Year Two & Three - Persons 60 and older and adults over age 18 with physical disabilities

Anticipated Outcomes: Public understanding of the existence and functions of the resource centers; responsiveness to the unique needs of individuals and their long term care choices; a system of coordination for eligibility for publicly funded programs; provisions for private pay consumers; an informed state policy to promote a more balanced system of long term care based on consumer choice; and protection for vulnerable individuals identified through the resource centers.

# 90AM2755 Aging and Disability Resource Center

Project Period: 09/30/2003 - 09/29/2008

|         | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2003 | 376,000             |
| FY 2005 | 48,000              |
| FY 2006 | 400,000             |

MARYLAND DEPARTMENT OF AGING 301 West Preston Street, Suite 1007 Baltimore, MD 21201-2374

Contact: Ilene Rosenthal (301)767-1265

The Maryland Department of Aging (MDoA) will develop pilot Resource Centers in one urban/suburban county and one rural county, which will serve the elderly and people with physical disabilities. The program will be designed to accomplish two primary goals: 1) to enhance existing infrastructure by creating a single point of entry at the local level capable of coordinating access to long term supports; and 2) to streamline the Medicaid financial and programmatic eligibility determination process to make it less cumbersome for consumers. MDoA will develop the project based on several key assumptions including: meaningful collaboration among partners; change processes require extensive education, follow-up and re-education; MIS linkages and redesigns must be cost-effective and adhere to HIIPAA; and state level policy changes will be required to effect local change. MDoA believes that introducing systems reform at the state level, along with establishing Resource Centers county by county, will create a foundation and groundswell that will assist them in achieving successful systems change statewide.

## **Target Population:**

Year One - Persons 50 and older Year Two and Three - Adults with physical disabilities

Anticipated Outcomes: An interagency advisory structure at the state and local levels; a visible, trustworthy, responsive, efficient and cost effective resource center that empowers consumers to exercise choice; standardized forms and training materials designed to be used across agencies; a streamlined Medicaid financial and programmatic eligibility determination process; a "fast track" financial eligibility screening process; and improved programmatic eligibility determination by expanding and coordinating systems for case identification, intake, screening, and assessment.

#### 90AM2756 Aging and Disability Resource Center

Project Period: 09/30/2003 - 09/29/2008

FY Grant Amount

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 376,000      |
| FY 2005 | 48,000       |
| FY 2006 | 400,000      |

Lieutenant Governor's Office on Aging 1301 Gervais Street, Suite 200 Columbia, SC 29201-3326

Contact: Barbara Kelly (803)734-9899

South Carolina proposes to pilot the Resource Center program by establishing centers in two counties - Aiken and Barnwell - located in the Lower Savannah AAA service area. Through these centers, consumers will receive information, assistance and counseling, assessment and short-term case management, eligibility screening, eligibility determination and the ability to apply for long term support services. Services, including Medicaid eligibility determination, will be co-located. Eligibility determination and application processes will be streamlined through an electronic data sharing methodology that will be developed in the pilot area. Building on an existing web-based information and assistance system, South Carolina Access, the management information system, will be designed to link the resource center case management system with existing databases, including the Medicaid Waiver Case Management system and the Bureau of Senior Services Family Caregiver system. Consumers will be able to apply for services on-line. Project staff will work with the University of South Carolina Research Foundation to conduct a program evaluation.

#### **Target Population:**

Year One - Persons 60 and older First Quarter of Year Two & Year Three - Individuals with physical disabilities

Anticipated Outcomes: Resource centers in at least two locations providing information, counseling, eligibility screening and coordination with eligibility determination by Sept. 2005 and fully functional by Sept. 2006; a consumer tracking/case management system in operation by Sept. 2004; an on-line service application process in place by Sept. 2004; and an information management system - operational, and tracking referrals, utilization and costs in place by Sept. 2005.

# 90AM2757 Aging and Disability Resource Center

MINNESOTA BOARD ON AGING

PO Box 64976

540 Cedar Street

St. Paul, MN 55164-0976

Contact: Mary Chilvers (651)431-2596

Project Period: 09/30/2003 - 09/29/2008

|         | Grant Amount |
|---------|--------------|
| FY 2003 | 347,394      |
| FY 2006 | 400,000      |

Minnesota will develop strong linkages between county long-term care consultation and information, referral and assistance services. The state will: give consumers, their families and other caregivers and professionals access to more effective, consumer-friendly, and robust decision support Internet tools to navigate long-term care information for planning and decision-making; provide standardized statewide professional screening, assessment and eligibility using XML data sharing protocols; and establish four Hennepin County (including Minneapolis) resource centers in easy to access locations to provide a full complement of personalized awareness and information, assistance and access functions. Minnesota plans to eventually replicate the resource center program throughout the state after the three-year project period. An evaluation consultant will be retained to work with project management and the advisory board to develop and implement an effective measure of the impact of the project on the quality of life of participant consumers.

#### **Target Population:**

End of Year One - Persons 60 and older

Year Two & Three - Persons 60 and older and individuals with disabilities of all types

Anticipated Outcomes: A resource center tailored to meet consumer's and professional's needs through tools connecting them to streamlined assess to long-term care services with a single, coordinated method of intake, assessment and eligibility, with quality monitored through a centralized data collection and evaluation; a decrease in consumer confusion and duplicative services and an increase in enhanced choice; and an improved ability by State and local governments to connect consumers to needed services and supports from publicly and privately funded services.

#### 90AM2759 Aging and Disabilty Resource Center

NEW JERSEY DEPARTMENT OF HEALTH & SENIOR SERVICES

Division of Aging & Community Services

240 West State Street

Trenton, NJ 08625-1002

Contact: Nancy Day (609)943-3429

Project Period: 09/30/2003 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 375,079      |
| FY 2005 | 48,000       |
| FY 2006 | 400,000      |

New Jersey will establish two or three Aging & Disability Resource Centers at the county level to test the development and implementation of models that will integrate information and assistance, assessment, eligibility determination, and access processes and staff across programs. New Jersey will build on its extensive information, assistance and referral system (NJ EASE) to provide information and assistance 24 hours a day, 7 days a week, and 365 days a year through its toll-free number and a new interactive website. A new management information system that supports client tracking, needs assessment, care plans, and utilization will be linked to a computerized universal application for services.

**Target Population:** 

Year One - Persons 60 and older

Year Two & Three - Persons 60 and older and individuals with physical disabilities

A special focus will be on hard-to-serve and underserved populations

Anticipated Outcomes: A visible, responsive, and trusted resource center, which will be the sole source for home and community-based services, connecting consumers to a full array of public and private supportive services to assist them in tailoring a care program that best meets their needs through a seamless process. The Resource Center will provide automated mechanisms for accurately tracking consumer utilization and service costs, which will aide in the development of needs assessments and care plan. It will also provide a comprehensive resource library to assist consumers with finding long-term care options and supports.

# 90AM2760 Aging and Disability Resource Center

Massachusetts Executive Office of Elder Affairs Policy and Program Development One Ashburton Place, Room 517 Boston, MA 02108

Contact: Heather Johnson-LaMarche (802)879-1338

Project Period: 09/30/2003 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 352,500      |
| FY 2005 | 48,000       |
| FY 2006 | 399,976      |

Massachusetts' Aging and Disability Resource Collaborative will be established in the Northeast Region of the state. In the first year, a uniform intake process will be developed and utilized by a team of intake workers from community partners who will provide comprehensive and coordinated information, referral and case management. Community service partners will be cross-trained to ensure timely and appropriate transfer of information and resources. In years two and three, the collaborative will expand to the rest of the Northeast region and will target hard-to-serve or underserved populations. Medicaid enrollment staff will be co-located at the resource center by year 3. A toll-free telephone number, interactive website of intake, referral and evaluation will provide the foundation for the collaborative's functions. The uniform screening and assessment tool and process developed under a Real Choice Systems Change grant will be launched through the collaborative.

#### **Target Population:**

Year One - Persons 60 and older and individuals with disabilities of all types Year Two & Three - Persons 60 and older and individuals with disabilities of all types A special focus will be on hard-to-serve and underserved populations

Anticipated Outcomes: A visible, trusted and accessible entry point into long-term care for consumers, including those from diverse populations; increased community communication and collaboration in the delivery of home and community-based services; and coordinated provision of long-term care services through an integrated case management function.

# 90AM2761 Aging and Disability Resource Center

RHODE ISLAND DEPARTMENT OF ELDER AFFAIRS
John O. Pastore Complex
35 Howard Avenue
Cranston, RI 02920-

Project Period: 09/30/2003 - 09/29/2008

FY Grant Amount

FY 2003 352,030

FY 2006 400,000

Contact: Joan D'Agostino (401)462-0507

The Rhode Island Department of Elderly Affairs (DEA) proposes to create Elder and Adult Disabled Resource Centers that will provide services to the elderly and individuals with physical disabilities. DEA will develop a resource center in Cranston, Rhode Island, near Providence. A number of Older Americans Act, Medicaid and state funded programs will be co-located at the resource center site. Up to three satellite mini-centers will be established through an RFP process in additional locations throughout the state. Resource center infrastructure will include a toll-free line, a Web-based resource directory and benefits screening tool supported by a Real Choice Systems Change grant, and an integrated information management system. To facilitate systems coordination and collaboration, written agreements will be established with key partners. By Executive Order of the Governor, a long-term care Cabinet will be established to ensure a coordinated, consumer focused, cost effective system of long-term care. Rhode Island is in the process of consolidating services funded through state funds, Medicaid, and other federal programs into a new long-term care Support Program. The DEA project director for the Rhode Island Performance Outcomes Measurement Project will work with a contractor to conduct a project evaluation.

# **Target Population:**

Years 1 - 3 - persons 60 and older and people with physical disabilities

Anticipated Outcomes: Reduction in the level of consumer frustration and confusion and an increase in consumer satisfaction in Rhode Island's long-term support system, and a system that ensures eligible individuals receive more appropriate, less costly forms of support based on consumer preferences.

# 90AM2762 Aging and Disability Resource Center

Project Period: 09/29/2003 - 09/29/2008

FY 2003 328,663 FY 2005 48,000 FY 2006 400,000

Department of Public Health & Human Services
PO Box 4210

Helena, MT 59604

Contact: Doug Blakely (406)444-7787

Montana will establish a One-Stop Aging/Disability Resource Center in Yellowstone County. The Center, operated by the Area Agency on Aging, will be open 362 days a year with four counselors who will assist consumers in determining their eligibility for long-term care services, benefits and employment counseling and will provide referrals to federal, state, local and private agencies. A web-based eligibility and application process and a management information system that tracks client intake, needs assessment, care plan, utilization and costs will provide the infrastructure for the Resource Center functions.

#### **Target Population:**

Year One - Persons 60 and older

Year Two & Three - Persons 60 and older and individuals with physical disabilities

Anticipated Outcomes: Informed, effective and empowered consumers who are members of Yellowstone County's continuum of care; a resource center as a place consumers recognize and utilize to resolve questions or problems and access a full array of long-term care services; and an effectively managed system that tracks long-term care services through client intake, needs assessments, care plans, utilization and costs.

# 90AM2763 Aging and Disability Resource Center

#### MAINE DEPARTMENT OF HEALTH & HUMAN SERVICES

Office of Elder Services

11 State House Station, 444 Civic Center Drive

Augusta, ME 04333

Contact: John Baillargeon (207)287-9208

Project Period: 09/30/2003 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 360,586      |
| FY 2006 | 399,940      |

Building on the state's current statewide pre-admission assessment program and the recommendations of the Maine Olmstead Workgroup for Community-based Living, the Bureau of Elder and Adult Services will: work with three community coalitions to test methods to streamline consumer access to long term supports; establish, within the current long-term support assessment process for adults of all ages, the means to improve person-centered service planning for the targeted populations; implement referral and follow-up protocols to improve service coordination and ensure more effective service access; evaluate resource center results to inform the process of merging the two state departments responsible for the organization and delivery of long term support services; and replicate the process statewide. Resource Center funds will be used to enhance existing automated Medicaid eligibility tools and to assess the feasibility of a web-based Medicaid application process to improve "real time" interface.

#### **Target Population:**

Year One - Persons 60 and older

Year Two and Three - adults with mental health and addiction disorders, brain injury, developmental disabilities, and cognitive impairments.

Anticipated Outcomes: A cohesive network of local and state resources at the community level, that communicates effectively to assist adults of all ages and incomes seeking long term support; enhanced management information systems and Medicaid level of care and financial application procedures to allow for more timely, user-friendly access; a revised pre-admission assessment tool to develop comprehensive service plans based on informed choice and consumer preference; and a coordination and linkage of protocols at the state and local level to support ongoing service coordination for target populations.

# 90AM2764 Aging and Disability Resource Center Project

UNIVERSITY OF NEW HAMPSHIRE Office of Sponsored Research

Service Building, 51 College Road

Durham, NH 03824-3585

Contact: Amy Schwartz (603)862-5099

Project Period: 09/30/2003 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 376,000      |
| FY 2006 | 399,261      |

The goal of the New Hampshire Resource Center project is to integrate the current information and assistance program with the State Assessment and Counseling program and the eligibility determination and care plan authorization processes for nursing facility and home and community based waiver program. Resource Centers will establish a system of coordination with Medicaid financial eligibility determination. Four pilot Resource Centers will be developed initially to serve the elderly and all target populations of people with disabilities, with plans to establish resource centers statewide by the end of year three. The project advisory committee will guide the design and development of evaluation activities. A subcommittee of the advisory work group will guide consultants in selecting and implementing an automated information management system.

**Target Population:** 

Years 1 - 3: Persons 60+ and people with disabilities

Anticipated Outcomes: Consumers and their caregivers aware of the Resource Centers as a trusted place to get easy access to comprehensive and current information on long term support options; uniform clinical eligibility assessments of nursing facility applicants who have applied for Medicaid benefits; information, referral, counseling, and assessment services that are efficiently coordinated to eliminate duplication and burden on consumers.

Program: Aging and Disability Resource Center

90AM2820 Aging and Disability Resource Center Initiative

Project Period: 09/30/2004 - 09/29/2008

| C1100. 03/30/2007 03/23 |              |
|-------------------------|--------------|
| FY                      | Grant Amount |
| FY 2004                 | 396,631      |
| FY 2005                 | 48,000       |
| FY 2006                 | 85,000       |

ARKANSAS DEPARTMENT OF HUMAN SERVICES Slot S-530 P.O. Box 1437 700 Main Street Little Rock, AR 72203-1437

Contact: Gloria Powell (501)683-0966

Arkansas will develop a Community Choice Resource Center that serves older people, as well as people with physical or developmental disabilities, in a 12-county region of the state. The Area Agency on Aging of Southwest Arkansas will establish a physical Center co-located with partner agencies in an existing community center; provide out-stationed counselors to serve the 12-county region; and develop and implement an Internet-based consumer assessment, referral, enrollment and reporting tool that will serve as the project management information system. Arkansas will develop a procedures manual on how to operate a Resource Center, to encourage replication of the model across the state.

Target Population: Year 1 - Persons 60 and older

Year 2 & 3 - Persons 60 + and individuals with physical or developmental disabilities

Anticipated Outcomes: The Community Choice Resource Center will: integrate programs; improve access; coordinate services; manage program information; and enhance choice.

# 90AM2821 Aging and Disability Resource Center Initiative

STATE OF IOWA

Iowa Department of Elder Affairs

510 East 12th Street - Suite #2 200 10th Street

Des Moines, IA 50319

Contact: Mary Anderson (515)725-3301

lowa will establish a Resource Center that will be accessible to every community by toll-free telephone service, web site access or through service delivery professionals. The state will integrate its Internet-based management information system with that of the developmental disabilities system. It will also create an interactive consumer-oriented website to expand to support this "no wrong door" approach to accessing the long-term care system. Information and counseling services will be made available to private-pay individuals.

Target Population: Year One - Persons 60 and older

Year Two & Three - Persons 60 and older and individuals with developmental disabilities

Anticipated Outcomes: Empowered consumers who make informed choices about long-term care; streamlined access to long term supports; minimized consumer confusion; and limited use of unnecessary high-cost services.

Program: Aging and Disability Resource Center

90AM2822 Aging & Disability Resource Center

NORTHERN MARIANA ISLANDS DEPT OF COMM & CULTURAL AFFAIR

Northern Mariana Islands Dept. of Comm. & Cultural Affa

Caller Box 10007 Saipan, MP 96950

Contact: Rose Mondala (670)664-2598

The Commonwealth of the Northern Mariana Islands (CNMI) will establish an Aging and Disability Resource Center, where older people and people with disabilities in the island community can have access to clear and uniform information and counseling on all available long-term care services. The Center will also be a single point of entry to public short and long-term support programs and activities. It will reach out to underserved older people and people with disabilities in villages where people have limited access to information. CNMI will integrate access to long-term care programs and activities through co-location of personnel and an integrated database. Center staff will assist consumer in utilizing the Benefits Check-Up online tool to determine eligibility for public benefits.

Target Population: Year One - All populations Year Two & Three - All populations

Anticipated Outcomes: simplified access to information and an eligibility screening process for a variety of long-term care supports and services in one location; educated consumers, professionals, and communities that know about the services, program resources, agencies and resource center; community-wide support for use of the resource center technology to provide clear, accurate and current information on available long-term care support; services that centralize screening of program applications to ensure clients are matched with appropriate programs that best meet their needs; and reduced waiting time for consumers who need screenings, program enrollments, and referrals.

Project Period: 09/30/2004 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 400,000      |
| FY 2006 | 85,000       |

Project Period: 07/01/2004 - 06/30/2007

Grant Amount

100,000

# 90AM2823 Aging and Disability Resource Center Initiative

Project Period: 09/30/2004 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 399,450      |
| FY 2005 | 48,000       |
| FY 2006 | 85,000       |

New Mexico Aging and Long-Term Services Department 2550 Cerrillos Road Santa Fe, NM 87505

Contact: Emily Kaltenbach (505)476-4755

New Mexico will realize the vision of the Resource Center by establishing the core capacity of information and assistance services statewide and phasing in a seamless public interface through a community-based resource center. New Mexico will: develop a detailed provider database; strengthen the information and assistance capacity of 50 local sites across the state; and standardize the needs assessment process, standardize and coordinate the eligibility determination process, and phase-in comprehensive resource centers to serve older people and individuals with physical disabilities across the state. The Interagency Long-term Care Committee, in it's capacity as project advisory committee, will set criteria for the selection of one or more resource center pilot sites. A consultant will be utilized to conduct a project evaluation based on project goals and objectives, and the advisory committee will use the results to make recommendations for operational and process modifications.

Target Population: Year One - Persons 60 and older
Year Two & Three - Persons 60 and older and individuals with physical disabilities

Anticipated Outcomes: A statewide information system, counseling and assistance on public and private long-term care services; creation of a resource center with improved public awareness, information availability and assistance, and access to long term care services, case management and other related functions to promote personal choice, independence and cost-effective use of available services; and a system that enhances availability, assistance and access to long-term care services to promote personal choice and independence of older people and adults with physical disabilities and to support their caregivers.

#### 90AM2824 Aging and Disability Resource Center Initiative

Project Period: 09/30/2004 - 09/29/2008

|         | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2004 | 400,000             |
| FY 2005 | 48,000              |
| FY 2006 | 85.000              |

NORTH CAROLINA DEPARTMENT OF HEALTH AND HUMAN SERVICES 2101 Mail Service Center Raleigh, NC 27699

Contact: Heather Burkhardt (919)733-8400

The North Carolina Resource Center program will construct a locally integrated, visible network of resources to provide uniform information and access for consumers in one urban and one rural county. The North Carolina Division of Aging will develop a Resource Center incorporating a new statewide Information and Assistance infrastructure, expanded use of volunteer benefits counselors, a modified version of NCOA's Benefits CheckUp, and the piloting of a uniform intake/screening tool. The Division of Medical Assistance (DMA) will develop a Chronic Care Management Project in a regional hospital to complement the Resource Center by providing essential functions targeted to the most complex long-term care populations reliant on public support. The DMA will also pilot a simplified adult Medicaid mail-in application through the Resource Centers. The foundations for an integrated, computerized tracking management system to facilitate seamless access to services and to aid in planning, development and evaluation will be developed. Research Triangle Institute will do the evaluation .

#### **Target Population:**

Year One - Persons 60 and older

Year Two and Three - Second target population will be selected by the local communities from the groups of people with physical disabilities, mental illness, and/or MR/DD.

target

Anticipated Outcomes: an established Resource Center that is a visible and trusted source of assistance that conforms to standards necessary for statewide dissemination; disseminated information and assistance about long-term care needs that is relevant to seniors and younger persons with disabilities and their family caregivers; access to long-term care services with greater ease (less effort, less time) by seniors and younger persons with disabilities; access to long-term care supports that enable seniors and younger persons with disabilities to remain in the community as long as possible.

# 90AM2825 Aging and Disability Resource Center Initiative

#### GEORGIA DEPARTMENT OF HUMAN RESOURCES

Two Peachtree Street, NW 9th Floor

Atlanta, GA 30303

Contact: Alan Goldman (404)657-5268

Project Period: 09/30/2004 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 399,999      |
| FY 2005 | 48,000       |
| FY 2006 | 85,000       |

Georgia will implement Aging and Disability Resource Centers in one urban (decentralized model) and one rural (centralized model) service area, to serve the elderly and people with developmental disabilities. The Centers will build upon the existing AAA based single point of entry system known as the Gateway system, which includes assessment and financial eligibility determination functions. Resource Centers will implement protocols for consistency in providing information and assistance services, build local coalitions, develop training and marketing strategies, and expand the service and resource database to include services for people with developmental disabilities, with the long term goal of moving Georgia toward the vision of a seamless consumer one-stop shop for all target populations in need of long-term care options statewide. Other regions across the state will be provided with the tools to replicate a centralized or decentralized resource center model for aging consumers and people with developmental disabilities. Evaluation will focus on the outcomes listed below and will draw on the client satisfaction surveys developed through the AoA Performance Outcome Measurement Project.

#### **Target Population:**

Year One - Persons 60 and older

Year Two and Three - Individuals with developmental disabilities

Anticipated Outcomes: Resource Centers that are visible and trusted places where consumers get streamlined access to long-term care; a collaborative environment in which effective community coalitions between service networks occur; population specific protocols for information and assistance that will increase efficiency and effectiveness; an expanded resource database that includes resources for persons with developmental disabilities; and a staff cross-trained on issues and needs of the elderly and people with developmental disabilities.

# 90AM2826 Aging and Disability Resource Center Initiative

Project Period: 09/30/2004 - 09/29/2008

| 011041 0070072001 00720 |                     |
|-------------------------|---------------------|
| FY                      | <b>Grant Amount</b> |
| FY 2004                 | 400,000             |
| FY 2005                 | 48,000              |
| FY 2006                 | 85,000              |

Illinois Department on Aging 421 East Capitol Avenue Springfield, IL 62701

Contact: Ross Grove (217)524-7627

Illinois will establish an Aging and Disability Resource Center in Rockford, to be administered by the Northwestern Illinois Area Agency on Aging, which will serve persons with developmental disabilities and older people. Illinois will establish a second Center in Decatur, to be administered by the East Central Illinois Area Agency on Aging, which will serve people with physical disabilities, older people and family caregivers. The Resource Centers will provide long-term care options, counseling and comprehensive needs assessments through a person-centered planning approach. The Centers will expand caregiver support services to previously underserved populations, such as grandparents raising grandchildren. The Department of Disability & Human Development at the University of Illinois will evaluate the effectiveness of the Centers to determine feasibility of statewide expansion.

#### **Target Population:**

Year One - Persons 60 and older and individuals with physical and developmental disabilities Year Two & Three - Persons 60 and older and individuals with physical and developmental disabilities

Anticipated Outcomes: an established Resource Center that maximizes the abilities of older people, persons with physical disabilities and persons with developmental disabilities to make informed choices and to meet their long term care needs; and a system of direct assistance to family caregivers who plan for the future needs of family members who have physical disabilities and/or developmental disabilities.

# 90AM2827 Aging and Disability Resource Center Initiative

#### WISCONSIN DEPARTMENT OF HEALTH AND FAMILY SERVICES

1 West Wilson Street

P.O. Box 7851 Room 450

Madison, WI 53707

Contact: Anne Marie Ott (608)261-7809

Project Period: 09/30/2004 - 09/29/2008

|         | Grant Amount |
|---------|--------------|
| FY 2004 | 400,000      |
| FY 2006 | 85,000       |

The Wisconsin Department of Health and Family Services (DHFS) will expand geographic coverage of their full-service Aging and Disability Resource Centers, develop capacity for all target groups to be served resource centers, and develop infrastructure to support ultimate expansion to all parts of the state. Five local agencies will be selected through an RFP process to develop new full-service Resource Centers. DHFS will develop state-level infrastructure to support current and future development of a statewide system of full-service Resource Centers that serve elders and at least one other target population of individuals with disabilities. The state infrastructure will include: two toolkits, one to promote public awareness and one for long-term care options counseling; identification of information management system solutions; ability to provide technical assistance in adding new target populations; and technical assistance in identifying and accessing funding sources. Grant funds, together with state resources, will be used to identify and implement information management solutions capable of meeting the range of operational, administrative, and reporting needs of a Resource Center. DHFS will lead the project evaluation based on performance outcomes and indicators.

#### **Target Population:**

Year One - Persons 60 and older

Year Two and Three - At least one other target population of people with disabilities

Anticipated Outcomes: A general public that is informed about the Resource Centers and using their services; and Resource Centers that are visible and trusted places which provide objective, reliable and comprehensive one-stop shop information, assistance and access to long-term care and other community services, and eliminate duplication of services and multiple points of entry for mental health services.

# 90AM2828 Aging and Disability Resource Center Initiative

Project Period: 09/30/2004 - 09/29/2008

| <u> </u> |              |
|----------|--------------|
| FY       | Grant Amount |
| FY 2004  | 389,405      |
| FY 2005  | 48,000       |
| FY 2006  | 84,744       |

DISABILITY, AGING AND REHABILITATIVE SERVICES 402 West Washington St. - PO Box 7083, MS-21 Indianapolis, IN 46207-7083

Contact: Patty Matkovic (317)332-7132

Indiana will phase in the establishment of six Aging and Disability Resource Centers to coordinate information, referral and programmatic/financial eligibility determinations for older people and individuals with physical disabilities. The management information systems from the aging network and physical disabilities network will be integrated and Internet-based to provide the foundation for statewide expansion of the Resource Centers. Local Resource Centers will develop and implement an information marketing strategy that targets providers and community resources, as well as consumers.

#### Target Population:

Year One - Persons 60 and older

Year Two & Three - Persons 60 and older and individuals with physical disabilities

Anticipated Outcomes: An expanded awareness of older people and individuals with physical disabilities to the full range of long term care services available to them; streamlined access to long-term care services for both public and private pay individuals; a management information system that will enable the state to promote a more balanced system of care that is based on consumer choice.

Program: Aging and Disability Resource Center

**90AM2829** Aging and Disability Resource Center Initiative

Project Period: 09/30/2004 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 399,999      |
| FY 2006 | 83,724       |

STATE OF CALIFORNIA - DEPARTMENT OF AGING 1300 National Drive Sacramento, CA 95834-1992

Contact: Denise Crandall (916)419-7507

California will establish a Resource Center in Del Norte County and San Diego County, in partnership with the Area Agencies on Aging, to simplify access to long-term care services. The Resource Centers will identify systems improvements related to access, conduct public awareness activities, target outreach to underserved or hard-to reach populations, identify modifications to the Network of Care website, and partner with physicians who will link with social services. California will evaluate the effectiveness of the two Resource Centers based on geographic, cultural and socio-demographic differences.

Target Population: Year One - Persons 60 and older;

Year Two and Three - All populations (San Diego), Persons 60 and older and individuals with physical disabilities (Del Norte)

Anticipated Outcomes: The establishment of Resource Centers which are non-stigmatizing public places, accessed for information and assistance by a diverse range of people, both private pay and public pay individuals referred by physicians and other professionals. Resource Centers refer clients to needed medical care, as well as social supports.

# 90AM2830 Aging and Disability Resource Center Initiative

Project Period: 09/30/2004 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 399,973      |
| FY 2005 | 48,000       |
| FY 2006 | 85,000       |

FLORIDA DEPARTMENT OF ELDER AFFAIRS

4040 Esplanade Way, Suite 280 Tallahassee, FL 32399-7000

Contact: Sandi Smith (850)414-2000

Florida will develop and implement Resource Centers in two different service areas, offering information, counseling, referrals, assessment and eligibility functions for both publicly and privately funded services for the elderly and individuals with mental illness. To achieve this, Florida will co-locate information and referral, screening and assessment, access to crisis intervention, short-term case management, medical and financial eligibility determination, and long-term care counseling. Florida will establish a single administrative structure accessible through multiple locations (senior centers, AAAs, housing authorities, mental health centers etc.) in each of the two resource center communities. The Department of Elderly Affairs, in conjunction with the Florida Office of Long-Term Care Policy, will develop and conduct the evaluation. The resource center program will benefit from an existing Florida project designed to merge existing program information management databases. The Florida legislature currently supports integrated long-term care.

#### **Target Population:**

Year One - persons aged 60 and older Year Two and Three - individuals with mental illness

Anticipated Outcomes: visibility - demonstrated increase in the number of consumer requests; trust - eighty percent of respondents to a survey of ADRC customers express trust in Resource Center services; ease of access - eighty percent of respondents to a survey of ADRC customers express satisfaction with ease of accessing Resource Center services; responsiveness - eighty percent of respondents to a survey of ADRC customers express satisfaction with the responsiveness of Center services; efficiency and effectiveness - measured through: 1) a time study to determine savings as a result of Resource Centers, 2) customer interviews assessing value or services received, and 3) establishing baseline data in year one for each Resource Center.

# 90AM2831 Alaska's Aging and Disabilities Resource Center

Project Period: 07/01/2004 - 09/30/2008

FY Grant Amount FY 2004 399,791

ALASKA HOUSING FINANCE CORPORATION PO Box 101020

Anchorage, AK 99510-1020

Contact: Jim McCall (907)330-8436

Alaska will establish five regional Resource Centers operated by the State Centers for Independent Living (SILC) to provide citizen-centered "one-stop shopping" entry to long term support services for seniors and people with disabilities statewide. Two regional Centers will be established in the first year and three will be established in year two. The Resource Centers will offer information and referral services, eligibility screening, assistance in gaining access to long term support services for private pay consumers, comprehensive assessment for those seeking publicly funded services, programmatic eligibility determination for long term support services, and access to the Division of Public Assistance for Medicaid financial eligibility determination. The SILC will work with the Division of Senior and Disability Services and the Senior Housing Office to develop a management information system that tracks consumer intake, needs assessment, care plans, utilization, and costs. Formative and summative evaluations will be conducted by the center for Human Development.

Target Population: Year One - Persons 60 and older and persons with disabilities of all types
Year Two and Three - Persons 60 and older and persons with disabilities of all types

Anticipated Outcomes: Resource Centers with streamlined access to long term support services; outreach to underserved populations; Centers effectively empowering individuals in need, or planning for long term supports, to make informed choices; an emphasis on supporting consumer-driven, home and community- based service options; and assistance with increasing the knowledge of health and long term support professionals and others providing services to the elderly and people with disabilities.

# 90AM2919 Aging and Disability Resource Center

Department of Executive Offices
Commonwealth of PA, Ofc. of Health Care Reform
4th Floor - Forum Building
Harrisburg, PA 17120-0302

**Contact: Elaine S Smith** (717)346-9713

rrisburg, PA 17120-0302 FY 2006 396,400

| Pennsylvania will plan and operate four demonstration Resource Centers located in diverse areas of the state to assist      |
|---|
| all consumers and family members who need information, counseling, assessment and assistance in applying for                |
| long-term care services. In two of the Centers, personnel from all relevant service agencies will be co-located at the      |
| Centers. In the remaining two Centers, relevant agencies will be connected to each other and the co-located Centers via     |
| the Internet, to provide uniform delivery of information, assistance and access services. A single application for services |
| will be developed, the eligibility process will be streamlined and a common assessment tool will be developed and           |
| utilized by all of the Centers. By the end of the project period, a plan will be established to expand the Resource Centers |
| statewide, based on a comprehensive evaluation.   |

Project Period: 09/30/2003 - 09/29/2008

**Grant Amount** 

359,080

FY

FY 2005

# **Target Population:**

Year One - All populations Year Two & Three - All populations

Anticipated Outcomes: Simplified and streamlined access to long-term care that ensures each individual's need for services is determined and addressed promptly; maximized consumer choice and service provisions in a consumer friendly manner, respecting and ensuring dignity of all served; a more balanced system of long-term care, which includes more home and community-based services.

# 90AM2993 Alabama Aging and Disability Resource Centers

Alabama Department of Senior Services State Unit on Aging 770 Washington Avenue RSA Plaza, Suite 470 Montgomery, AL 36104

Contact: Lori Frazier (334)353-8320

Project Period: 09/30/2005 - 09/29/2008

FY Grant Amount

FY 2005 467,600

Alabama Aging and Disability One-Stop Centers will be accessible to every community through ElderConnect, allowing individuals to make informed choices through a single point of entry access to long-term care (LTC) support programs and services. Alabama's ADRC project, in conjunction with partnering agencies, will empower individuals to make informed decisions regarding LTC living support programs and services by offering information and access to an array of local resources at a single point of entry. The Alabama Department of Senior Services will be responsible for oversight and coordination, and will: 1) establish two ADRCs - Pilot I will be housed in the South Central Alabama Development Commission AAA comprised of six counties. Pilot II will be housed in the East Alabama Regional Planning and Development Commission AAA comprised of ten counties; 2) create standardization of state-wide screening and eligibility tool for LTC; 3) expand the existing management information system, Elder Connect, to capture and disseminate pertinent information on services for the elderly and mentally disabled that fully supports the functions of the ADRC grant; 4) advance outreach; and 5) establish state and local advisory boards.

#### **Target Population:**

- Year One individuals aged 60+
- Year Two & Three 60+ and persons with mental disabilities

Anticipated Outcomes: 1) Alabamians will have easy access information regarding LTC and will enjoy the freedom to choose the services that best fit their needs; 2) reduction in multiple transfers of persons to and between agencies, by streamlining access and eligibility process, thereby raising client satisfaction, and providing better management of private/public resources; 3) increased awareness of ADRC services through several aggressive outreach strategies

# 90AM2994 Arizona Aging & Disability Resource Center

Arizona Department of Economic Security Aging & Adult Administration 1717 W. Jefferson PO Box 6132 Phoenix, AZ 85007

Contact: Robin Jordan (602)542-4446

Project Period: 09/30/2005 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 438,375      |

The Arizona Department of Economic Security, in partnership with the Arizona Health Care Cost Containment System, will implement the Arizona Aging and Disability Resource Center (AzADRC). This ADRC will create a single, coordinated system of information, assistance, and access for all persons seeking long-term care services. A web-based tool, the Uniform Assessment Instrument (UAI), will be used for eligibility determination across all target populations and across all agency services to streamline services for consumers. Additionally, established community sites will provide counseling services and assistance with long-term care options. This grantee's target populations are persons 60 and older and individuals with physical and developmental disabilities. The anticipated outcomes of this grant include an increase in public knowledge of AzADRC locations, functions, website and contact information, and the completion of a UAI that meets the needs of all provider agencies.

Program: Aging and Disability Resource Center

90AM2995 Colorado State Unit on Aging Application for the Aging and Disability Resource Center

Project Period: 09/30/2005 - 09/29/2008

FY Grant Amount FY 2005 467,600

COLORADO DEPARTMENT OF HUMAN SERVICES 1575 Sherman Street, 10th Floor Denver, CO 80203

Contact: Jeanette Hensley (303)866-2636

Colorado's State Unit on Aging, with the assistance of the Colorado Department of Health Care Policy and Financing, the Senior Health Insurance Program, Area Agencies on Aging, the Single Entry Point Agencies (SEP), and the 211 Network will collaborate to create one urban and one rural Aging and Disability Resource Center (ADRC) pilot sites. The ADRC will be implemented by developing an on-line interactive database of resources and a sustainable statewide information and assistance network with a "no wrong door" approach for consumer questions regarding long-term care services. The ADRC's target populations are persons 60 and older and adults living with disabilities.

# 90AM2996 DC Aging and Disability Resource Center

District of Columbia, Department of Health (DOH) Medical Assistance Administration (MAA) 825 North Capitol Street, N.E., Suite 5135 Washington, DC, DC 20002

Contact: Jeff Anderson (202)442-5972

Project Period: 09/30/2005 - 09/29/2008

FY Grant Amount

The District of Columbia's Department of Health proposes to expand its current Resource Center to continue the process of systems change for citizens seeking long-term care options. The goal of the proposed project is to expand public awareness of the Center and its services. The proposed approach will boost the visibility of the new Resource Center, further develop and enhance its website, plan for sustainability, and address identified housing issues of people with long term care needs. The project involves four objectives: 1) to expand public awareness and market the Resource Center by hiring an outreach coordinator; 2) to streamline access to long-term care by upgrading the planned beta website to make it interactive, with future online application capacity; 3) to initiate a sustainability plan by obtaining consultation regarding a fee schedule for private payers for those above Medicaid eligibility, and 4) to address long-term care choices by conducting a strategic analysis of the housing needs of the target population, with recommendations for change.

#### **Target Population:**

- Year One Individuals age 60+ and adults with physical disabilities
- Year Two & Three 60+ and individuals with physical disabilities, dementia, developmental disabilities/mental retardation

- increased collaboration among aging and disability organizations
- a three year marketing and public awareness plan
- an increase in requests for information and referral
- an increase in the number of persons enrolled in home and community-based services
- an analysis of the housing resources and unmet needs will be completed

# 90AM2997 Community Choice Resource Center Network

#### GUAM DEPARTMENT OF INTEGRATED SERVICES FOR

Individuals With Disabilities

Office of the Director Pacific News Building Suite 702

Hagatna, GU 96910

Contact: Rosanne S Ada (671)642-0038

Project Period: 09/30/2005 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 467,599      |

The Department of Integrated Services for Individuals with Disabilities is the lead agency for the ADRC and has established a partnership with Guam's Developmental Disabilities Council. The goal of the project is to create a highly visible "Community Choice" Resource Center to serve the aging and physically or developmentally disabled in 26 villages. The proposed Community Choice Resource Center Network will build on Guam's 20 Community/Senior Centers and will enable rural consumers to easily find, access, and enroll in home and community-based services. The objectives of this project are: 1) to create Guam's first publicly accessible, online directory of long term care services and information; 2) to establish 20 physical Resource Centers co-located within the island's Community/Senior Centers; 3) to hire and train out-stationed counselors in outlying areas; and 4) to implement an Internet-based information, referral, screening and assistance tool that will serve as a screening tool and client management information system for the project. The tool will enable Resource Center staff to manage and coordinate services across the territory and provide data to identify service needs and gaps in order to develop an effective community long-tem care service system and a meaningful alternative to institutional care. The Community Choice Resource Center Network will serve as the primary entry point to the long-term care system.

#### **Target Population:**

- -Year One individuals aged 60+
- -Year Two & Three 60+ and adults with physical and developmental disabilities

- -Improved access to services for seniors and individuals with disabilities,
- -Enhanced consumer choice
- -Increased coordination of services across agencies
- -A reduction in the number of individuals placed in off-island institutions

# 90AM2998 Hawaii Aging and Disability Resource Center

EXECUTIVE OFFICE ON AGING
State of Hawaii Department of Health
250 S. Hotel Street, Suite 406
Honolulu, HI 96813-2831

Contact: Pat Sasaki (808)586-0100

Project Period: 09/30/2005 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 467,600      |

Hawaii's State Executive Office on Aging, in partnership with the Hawaii County Office of Aging and the City and County of Honolulu Elderly Affairs Division, will establish an Aging and Disability Resource Center (ADRC) on the Island of Hawaii and on Oahu. The overall design is to build the ADRC from the core functions of the local Area Agencies on Aging. In collaboration with other aging and disability agencies, the ADRC will co-locate services in a centralized facility that will offer a one-stop shop for information and resources on long-term care. The centers target populations are persons 60 and older and individuals with physical disabilities. The anticipated outcomes of this grant are a high user satisfaction, and a reduction in the intake and referral process.

Program: Aging and Disability Resource Center

90AM2999 Community-based Aging and Disability Resource Center

Project Period: 09/30/2005 - 09/29/2008

FY 2005 Grant Amount FY 2005 467,600

IDAHO DEPARTMENT OF HEALTH AND WELFARE PO Box 83720

Boise, ID 83720

Contact: Michele I Turbert (208)364-1946

The Idaho Department of Health and Welfare will be the lead agency in developing an Aging and Disability Resource Center (ADRC) that will service three communities. Idaho's 211 CareLine service will function as the single point of entry to long-term care services. Benefits counseling, eligibility screening and determination, and assistance with accessing private and public long-term care funds are some of the services this ADRC will provide to improve the coordination of service delivery between local and state agencies. Target populations this grantee will service are persons 60 and older, and individuals with physical disabilities. The anticipated outcomes of this grant include the increased use of programs and benefits that can help consumers remain in the community, and an increase in public awareness of both private and public long-term care support options.

# 90AM3000 Aging and Disability Resource Center

Project Period: 09/30/2005 - 09/29/2008

FY Grant Amount FY 2005 467,600

Project Period: 09/30/2005 - 09/29/2008

Grant Amount

467,600

KANSAS DEPARTMENT ON AGING

503 S. Kansas Avenue Topeka, KS 66603

Contact: Janis DeBoer

The Governor of Kansas selected the Department of Aging to serve as the lead agency to develop an ADRC. Center pilots will provide a variety of highly visible, easy to access services from a coordinated system of services, which will improve access to Medicaid and state funded programs. The target populations this grantee will serve are persons 60 and older and adults who have serious mental illnesses. The anticipated outcomes of this project include a 20% decrease in time between applying for and receiving benefits, a 10% increase in referrals to Community Mental Health Centers, and a 25% decrease in time to get screenings referred to CMHCs.

Program: Aging and Disability Resource Center

90AM3001 Aging and Disability Resource Center Grant Initiative

KENTUCKY CABINET FOR HEALTH AND FAMILY SERVICES

**Aging Services** 

275 E. Main Street, Mail Stop 3 W-F

Frankfort, KY 40621

Contact: Phyllis E Culp (502)564-6930

Kentucky will establish an Aging and Disability Resource Center (ADRC) pilot at the Northern Kentucky Area Agency on Aging. This site will service both rural and urban consumers and will establish a collaborative relationship with the local independent living centers, the faith based community, United Way and mental health and mental retardation providers. The Resource Center will provide consumers with web-based information and referral resources and collaborate with the Real Choice Systems Change grantee to provide a seamless system for clients to access both private and public long-term care sources of support. The supportive services this ADRC will provide include housing, employment, and eligibility and determination assessments. The target populations the ADRC will serve are persons 60 and over and adults with mental retardation.

# 90AM3002 Aging and Disability Resource Center

Project Period: 09/30/2005 - 09/29/2008

FY Grant Amount FY 2005 467,600

Michigan Department of Community Health 320 Walnut Street - PO Box 30479 Lansing, MI 48913

Contact: Jane Church (517)335-0276

Project's Overall Design: The Michigan Office of Long-Term Care Supports and Services, the state unit on aging and the state Medicaid agency, will create a network of aging and disability resource centers (ADRC) to establish comprehensive resources of long-term care and provide information and assistance in accessing services, planning for long-term care financing and delivery, benefits outreach and proactive choice counseling. ADRCs will serve as the single point of entry (SPE) for elderly and physically disabled adults to Michigan's Medicaid-funded long-term care system. The ADRC will conduct medical and facilitate financial eligibility determination for Medicaid-funded supports and services provided in nursing facilities and the MI Choice waiver. Use of the ADRC/SPE will be mandatory for individuals seeking access to Medicaid-funded nursing facility programs. Objectives include: 1) offering consumers more options; 2) establishing quicker access to services through streamlined eligibility and assessment; 3) reducing unnecessary institutionalization through diversion and transition; and 4) integrating consumers' voice into organizational governance.

#### **Target Population:**

- -Year One individuals aged 60+
- -Year Two & Three 60 + and adults with physical disabilities

- -Print and web-based directory of long-term care resources
- -Creation of modular assessment tool to be used across programs/systems/settings
- -Financial eligibility determination meets federal standard of promptness requirements
- -Fragmented intake processes integrated into a single coordinated process
- -Decreased numbers of individuals who are being served in institutions as a result of transition services
- -More collaboration and involvement of local organizations in the long-term care supports system
- -ADRC has materials available in multiple languages

# 90AM3003 Aging and Disability Resource Center

Mississippi Department of Human Services Division of Aging 750 North State Street Jackson, MS 39212

Contact: Patricia Kelly (601)359-4925 Project Period: 09/30/2005 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 438,375      |

Project Period: 09/30/2005 - 09/29/2008

Grant Amount

438,375

The Mississippi Department of Human Services' Division of Aging and Adult Services, in collaboration with the Governor's Medicaid Division and the Mississippi Department of Rehabilitation Services, will create an Aging and Disability Resource Center (ADRC) with a single point of entry for culturally competent, coordinated services where consumers can get information and advice about a wide range of long-term care resources. Information concerning health care, income security, housing, and financial management will also be provided via a streamlined, easy to access one-stop pilot in Central Mississippi, which will service seven rural and urban counties with diverse consumer populations. This ADRC's target populations are persons 60 and older and adults with disabilities. The anticipated outcomes of this grant include a sustainable coordinated system of information and access for all persons seeking long-term support; higher customer satisfaction; an increase in the elderly and disabled living in their own homes; and an increase in early planning for long-term care.

Program: Aging and Disability Resource Center

90AM3004 Nevada Long-Term Care Connection

State of Nevada Health and Human Services 3100 W. Sahara Avenue, Suite 103 Las Vegas, NV 89102

Contact: Tina Gerber-Winn (702)486-3520

Nevada's Division for Aging Services plans to develop three physical Aging and Disability Resource Center (ADRC) sites in Las Vegas, Reno and Elko. The physical location of the Las Vegas pilot will be housed with the Medicaid caseworkers under the Division's Community-based Care Program and co-located with the State Health Insurance Programs Director. In addition to providing information and referral on long-term care services and targeting Hispanic seniors and caregivers, this ADRC will also provide information about transportation, housing and collaborate with the state Medicaid office to provide streamlined access to public benefit programs. The grantee's target populations are persons 60 and older and individuals with physical disabilities. The anticipated outcomes of this project are an increase in customer satisfaction of the long-term care system and enhanced individual choice and informed decision-making.

# 90AM3005 Building Seamless Entry Points for Consumers: Establishing Aging and Disability Resource Centers for Ohio

Project Period: 09/30/2005 - 09/29/2008

FY Grant Amount FY 2005 467,601

Ohio Department of Aging 50 West Broad Street 9th Floor Columbus, OH 43215-3363

Contact: Sharon Evanich (614)466-7246

The Ohio Department of Aging, endorsed by Governor Bob Taft and Ohio's Medicaid agency, will develop a structure for ADRCs in Ohio and pilot the creation of ADRCs in the Cleveland area. The objectives of this project are: 1) to create multiple avenues by which consumers and their caregivers can access the ADRC network; 2) to build linkages between local and regional entities to create a seamless process for consumers; 3) to publicize and promote the existence of the ADRC; 4) to create a common set of ADRC standards, protocols and procedures that can be used to replicate ADRCs throughout Ohio; 5) to evaluate the ADRC pilot and incorporate formative learning into the expansion of the ADRC network; and 6) to establish a functioning ADRC, serving elders and younger Ohioans with physical disabilities in Cuyahoga County beginning with the second year of the grant and functioning ADRCs in the surrounding four counties at the beginning of the third year. Anticipated products include software that integrates critical ADRC functions and provides a core set of information on service providers; a media campaign to publicize the existence of the ADRC; a common set of standards, procedures and protocols for ADRCs to follow; and a formal program evaluation of ADRC effectiveness.

#### **Target Population:**

- -Year One individuals aged 60+
- -Year Two & Three 60+ and adults with physical disabilities

- -Consumers and their caregivers will experience a seamless process in accessing information and services on both long-term services and supports and related services, such as housing, transportation, and employment.
- -Consumers will be able to access the ADRC in person, via phone, and over the Internet.
- -Financial and functional eligibility determination processes will be integrated.

# 90AM3006 Aging and Disability Resource Center Grant Initiative

Project Period: 09/30/2005 - 09/29/2008

FY Grant Amount FY 2005 467,600

Tennessee Commission on Aging and Disability 500 Deaderick Street, Suite 825 Nashville, TN 37243-0860

Contact: Belinda Bruns (615)741-2056

The goal of the initiative is to develop models of "one-stop," single entry, highly visible Resource Centers in two areas of the state which will reach out to the public to foster understanding and use of all forms of long-term support. The public will have easy access by phone, Internet, and visitation to information, counseling and assistance, and linkages to a full range of long-term services. Consumers and caregivers will get counseling regarding long-term care and health needs, and options that support them in making informed decisions, regardless of payment source. The First Tennessee Area Agency on Aging and Disability (AAAD) and the Greater Nashville AAAD will set up the Resource Centers within their service areas. The Tennessee Commission on Aging and Disability (TCAD), with other state and local agencies, will work to streamline and simplify intake and eligibility processes; eliminate duplicate information gathering; enhance exchange of data between the systems, and select the best technology and location of staff to get appropriate services to the consumer efficiently and effectively. TCAD and the AAAs will collaborate with consumer and advisory groups, key referral sources, support systems, providers of services in their areas, and other state agencies, to make the Resource Center a true one-stop approach for the consumer.

#### **Target Population:**

- -Year One individuals aged 60 and older
- -Year Two & Three 60+ and adults with physical disabilities

- -Consumers, providers and concerned citizens will know the Center as the place to contact for long term support information and assistance.
- -Consumers refer others based on their own good experience at the center.
- -Consumers receive the help they need conveniently and effectively.
- -Consumer's self-identified needs are recognized and addressed.

# 90AM3007 Texas Aging and Disability Resource Centers Program

Texas Department of Aging and Disability Services Access and Intake 701 W. 51st Street Austin, TX 78751-2312

Austin, TX 78751-2312

Contact: Jeffery Seider (512)438-4245

Project Period: 09/30/2005 - 09/29/2008

FY Grant Amount

FY 2005 467,599

The Texas Aging and Disability Resource Center will be strategically placed in three pilot areas to provide consumers with information, referral and counseling, case management, and eligibility determination for public and private pay individuals with long-term care needs. Products from these pilots will include intake and assessment tools, outreach, training and resource materials, reports, surveys and project evaluations. Streamlining efforts will include shared intake, assessment and referral protocols with other agencies, and coordinated efforts with State Health Information and Assistance Programs and the state Medicaid agency.

# **Target Population:**

- Year One Persons 60 and older
- Year Two & Three Persons 60 and older and individuals with physical disability, mental retardation and developmental disability

- Individuals who are older and individuals with a disability, including cognitive disabilities, in the targeted communities will have an identifiable single point of entry to long-term care supports
- An increase in the percentage of individuals served through the Aging and Disability Resource Centers who will report an improvement in their ability to access long-term care supports

# 90AM3008 Vermont Aging & Disability Resource Center (ADRC) Program

Vermont Department of Disabilities, Aging & Independent Living
103 South Main Street
Waterbury, VT 05671-2301

Contact: Camille F George (802)241-2427

Project Period: 09/30/2005 - 09/29/2008

FY Grant Amount FY 2005 467,600

The Vermont Department of Disabilities, Aging and Independent Living [DAIL] proposes to develop a system of ADRCs to provide seamless access to long-term care information, referral and assistance for older Vermonters, younger adults with physical and developmental disabilities or traumatic brain injury by improving and expanding the functions performed by the Area Agencies on Aging (AAAs). DAIL is the lead agency for long-term care services for the target populations and is part of the Agency of Human Services, Vermont's single state Medicaid agency. Project goals include: 1) improving the information, referral and assistance system for older Vermonters; (2) planning two pilot ADRCs serving additional populations; (3) designing a streamlined eligibility process for Medicaid and Medicaid long-term care; and (4) designing a seamless link between the ADRCs and Medicaid eligibility determinations.

#### **Target Population:**

- -Year One Individuals age 60+
- -Year Two 60+ and adults with physical disabilities and traumatic brain injury (TBI)
- -Three 60+, adults with physical disabilities, TBI and developmental disabilities

- -Informed choice about long-term care options for elders and younger adults with disabilities
- -Streamlined access to long-term care eligibility for elders and younger adults with disabilities
- -Easier access to home and community-based services
- -A sustainable ADRC model that can be expanded statewide

Program: Aging and Disability Resource Center

# 90AM3009 Aging and Disability Recource Center Grant Initiative

Commonwealth of Virginia
Department for the Aging
1610 Forest Avenue, Suite 100
Richmond, VA 23229

Contact: William Peterson (804)662-9325

Project Period: 09/30/2005 - 09/29/2008

FY Grant Amount FY 2005 442,274

Virginia will implement a "no wrong door" approach to long-term support through the creation of decentralized Resource Centers, piloted in nine regions, to improve client and community level outcomes for older adults, adults 18 and over with physical disabilities, and family caregivers. The Virginia Department for the Aging (VDA), the state Medicaid agency (DMAS), the Virginia Department of Social Services (DSS), and the Virginia Department of Rehabilitative Services (DRS) will partner on the ADRC initiative. The ADRC project unites all of the public sector components of Virginia's long-term support system in partnership with the private sector, including SeniorNavigator Information and Referral, Dominion Virginia Power (Dominion), RTZ Associates, nine local Area Agencies on Aging (AAAs) and many local private service providers. SeniorNavigator, a statewide private sector partner, will help each region coordinate its information and referral function by maintaining and expanding its online database and by implementing and supporting a web-based information system. Each region will demonstrate a public-private partnership model incorporating Virginia's Uniform Assessment Instrument, SeniorNavigator's online database, GetCare (RTZ Associates' web-based care management system), and local multi-disciplinary coalitions of public-private service providers. The second and third years of the project will bring six additional regions into the statewide system being proposed under this grant.

### **Target Population:**

- -Year One individuals age 60+
- -Year Two & Three 60+ and adults with physical disabilities

#### **Anticipated Outcomes:**

-Older adults, adults with disabilities, and family caregivers will know where to turn for long-term support information, assistance, and services.

Program: Aging and Disability Resource Center

# 90AM3010 Washington State Aging and Disability Resource Center Initiative

WA DEPARTMENT OF SOCIAL AND HEALTH SERVICES

Aging and Disability Services

PO Box 45600

Olympia, WA 98504-5600

Contact: Meg Evans (360)725-2418

Project Period: 09/30/2005 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 467,600      |

Through the successful establishment of one Aging and Disability Resource Center (ADRC) pilot site, Washington state will expand the capabilities of the aging information, referral and assistance system to serve persons of all ages, disabilities, and financial circumstances and to connect them seamlessly to home and community based services. The objectives of this project include developing a model ADRC and providing seamless coordination between the pilot ADRC and specialized entry points that require financial eligibility determination, needs assessment and/or individualized service authorization.

### **Target Population:**

- -Baseline individuals age 60+
- -Year One adults with functional disabilities
- -Year Two adults with functional disabilities and people of all ages with developmental disabilities
- -Year Three people of all ages with functional disabilities and developmental disabilities

#### **Anticipated Outcomes:**

- -A statewide "virtual" Resource Center combining an information and referral resource database and client management software, coordinated with Medicaid eligibility determination, Benefits CheckUp technology, the 211 call center, and incorporated into the Comprehensive Assessment Reporting and Evaluation (CARE) Tool
- -Compelling policy direction to continue ADRC program development statewide

Program: Aging and Disability Resource Center

# 90AM3011 Wyoming Aging and Disability Resource Center

UNIVERSITY OF WYOMING

Wyoming Insitute for Disabilities

Department 4298 - 1000 E. University Avenue

Laramie, WY 82071

Contact: Sandy Root-Elledge (307)766-2762

Project Period: 09/30/2005 - 09/29/2008

FY Grant Amount

The Wyoming Institute for Disabilities (WIND) will develop a one-stop Aging and Disability Resource Center (ADRC) in Wyoming that will assist individuals, their family members, or those planning for long-term care. WIND will partner with Wyoming Independent Living & Rehabilitation (WILR), an established center for independent living with an extensive history of working with the target population of older adults (50+) and adults (21+) with physical and developmental disabilities, to develop an ADRC in Casper with a satellite office in rural Glenrock. Connect Wyoming will become the statewide web-based database for long-term care information and referrals. WIND will administer the grant, develop marketing, evaluation, and management information systems. WILR will be contracted to plan, implement and operate the Casper and Glenrock ADRCs work with a local task force of stakeholders; train staff; and develop the one-stop concept. Wyoming ADRC goals include: improving access to long-term support services; increasing consumer choice; and transforming information technology.

### **Target Population:**

- -Year One Individuals age 50+
- -Year Two 50+ and adults with physical and developmental disabilities
- -Year Three 50+ and adults with physical and developmental disabilities and serious mental illness

### **Anticipated Outcomes:**

- -Continuing increase in the number of individuals who access the services of the one-stop center over the grant period
- -Decrease in unnecessary institutionalizations
- -Increase in the use of home and community-based care services
- -Increase in number of Medicaid beneficiaries who choose self-directed service
- -Delay in long-term institutional care or a reduction in acute care episodes

# 90AM2885 Partnership for the Integration of Community Supports with Managed Care

Project Period: 09/30/2004 - 09/29/2005

Project Period: 09/30/2004 - 09/29/2005

Grant Amount

49,889

FY Grant Amount FY 2004 49,516

Area Agency on Aging 1-B 29100 Northwestern Hwy., Suite 400 Southfield, MI 48034

Contact: Kathleen Kirschenheiter (248)357-2255

Area Agency on Aging 1-B (AAA 1B) will work in partnership with Health Alliance Plan's (HAP) Senior Plus Medicare Advantage Program to link 140 high risk HAP members and/or their caregivers to community supports utilizing AAA 1B's extensive resource database. The goal is to develop a model for a formal working partnership that benefits older adults through the integration of disease management and community support. The project will serve 140 high-risk HAP Senior Plus members with one or more chronic conditions in Oakland and Macomb counties. The project will target socially and economically disadvantaged members due to its focus on persons with chronic diseases, which exist in greater proportion among low-income and minority adult populations. Anticipated outcomes include: (1) 90% of AAA and HAP staff will increase knowledge of chronic disease management, prevention resources, and their knowledge about managing HIPAA compliant, inter-agency communications; (2) 80% of enrolled members will increase knowledge and confidence in their ability to self-manage their chronic condition; (3) 80% of enrolled members will demonstrate improvement in at least one clinical indicator for the disease management program; (4) 50% of enrolled members will show a reduced use of ER services and decreased hospital stays for at least a six-month period; (5) 80% of enrolled members will express increased satisfaction with HAP chronic disease management after involvement; (6) 90% of AAA staff working on the project will increase knowledge of integrating Call Center technologies and care management with Managed Care Organization (MCO); and (7) 90% of staff involved will express confidence in the value of community supports in achieving positive health outcomes.

Program: Aging Services Network Integrated Care Management Grants Program

90AM2886 Baltimore Integrated Care Management

Baltimore City Maryland
Commission on Aging and Retirement Education
10 N. Calvert Street
Baltimore, MD 21201

Contact: Thelma Winn (410)396-4932

The Baltimore Commission on Aging and Retirement Education (CARE) proposes to create an integrated case management, medication monitoring, and benefit screening model to serve patients recently discharged from hospitals who are insured through a managed care organization (Elder Health). This project will enhance three separate activities currently conducted through CARE. The three hospitals selected as the source of the discharged patients, the University of Maryland Hospital, Union Memorial Hospital, and Sinai General Hospital, all serve urban, predominantly low-income neighborhoods in different sections of Baltimore. While the project will not impose income restrictions, the location of the hospitals assures that most of the patients will be near or below poverty level, and a substantial proportion will be dually eligible for Medicare and Medicaid. The project will have one major outcome: a reduction in re-hospitalizations of the project population by 10%, compared with the separate control group. The final product will be a sustainable model, which CARE and its partners will be able to cost-out and offer in the emerging marketplace of services for elderly persons with chronic illness.

90AM2887 Culturally Competent Case Management for Non-English Seniors.

Jewish Family and Children's Service Senior Services 31 New Chardon St. Boston, MA 02114 Project Period: 09/30/2004 - 03/30/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 49,683       |

Project Period: 09/30/2004 - 09/29/2005

Grant Amount

43,379

Contact: Rimma Zelfand (617)614-1939

Jewish Family and Children's Services will conduct a 12-month demonstration project that provides culturally competent case management and language access services for Russian-speaking seniors enrolled in a new managed care program serving dual eligible seniors in Eastern Massachusetts. The goal of the project is to develop a cost-effective case management model that addresses the clinical, financial, and logistical challenges associated with serving non-English speaking seniors in a managed care environment. The project will target low-income, Medicaid-eligible immigrants from the former Soviet Union, with limited English proficiency (LEP). The primary product will be a field-tested business plan for AAAs and Community Agency Service Providers (CASPs) seeking to contract with managed care entities to provide combined case management and language access services for seniors with limited English proficiency.

Program: Aging Services Network Integrated Care Management Grants Program

90AM2888 AOA Integrated Care Management Grant - High Risk Screening Tool

Area Agency on Aging 10B, Inc.
Passport Division
1550 Corporate Woods Parkway
Uniontown, OH 44685

Contact: Phyllis M Yoders (330)896-9172

Area Agency on Aging 10B (AAA 10B) will develop a High-Risk Screening Tool, designed to identify PASSPORT (Ohio's Medicare waiver program) enrollees at "high risk" for permanent nursing home placement. This is an enhancement to AAA 10B's existing High Risk Case Management System and established partnership with SummaCare, a Medicare HMO, in providing services for shared, dual-eligible clients. Both organizations will then implement appropriate interventions using a web-based care planning system to integrate our previously separate care plans. The target population includes 2,600 PASSPORT enrollees in a four county region in NE Ohio, of which two are urban and two are rural. AAA 10B serves low-income (Medicaid eligible), frail (nursing home level of care - LOC), older adults 60 and older who need assistance with at least two activities of daily living (ADL's) and three instrumental activities of daily living (IADL's). Anticipated outcomes include: (1) risk factors identified through the analysis of the most recent 3-year statewide data for discharged PASSPORT enrollees; (2) a Risk Factor Scale developed and validated and; (3) a High Risk Screening Tool developed and validated. The expected outcome of the identification of "high risk" enrollees will be a significantly reduced PASSPORT program discharge rate (LTC placement).

# 90AM2889 San Mateo County Integrated Information Project

San Mateo County - Health Service Agency Aging and Adult Services 225 West 37TH Avenue San Mateo, CA 94403 Project Period: 09/30/2004 - 09/29/2005

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 43,379       |

Contact: Beccy M Ashton (650)573-3529

San Mateo County Aging & Adult Services will implement the Integrated Information Project, a critical component of the Long Term Supportive Services Project (LTSSP), San Mateo County's effort to achieve a fully capitated Medicaid/Medicare long-term care system. The goal of the Integrated Information Project is to implement a uniform assessment tool using a single automated case management system for all members of the target population entering home and community-based LTC services. The finished project will be utilized by all home and community-based service providers, which will include an ethnically & culturally diverse population. Anticipated outcomes include: (1) implementation of a uniform assessment and automated case management system across Aging & Adult Services by 12/05; (2) implementation of the assessment tool within Senior Care Center and San Mateo Medical Center discharge planners by 12/05; (3) implementation of the assessment tool with one Adult Day Care Center and eventually all OAA funded ADC providers; and (4) by 12/05, 80% of clients assessed by Aging and Adult Services will receive a single comprehensive assessment on entry into the system regardless of eligibility for categorical services.

Program: Aging Services Network Integrated Care Management Grants Program

90AM2890 Access Care - Atlanta

Atlanta Regional Commission
Community Services Department - Aging Services Division
40 Courtland Street, NE
Atlanta, GA 30303

Contact: Cathie Berger (404)463-3235

The Atlanta Regional Commission (ARC) will partner with: (1) Evercare, a managed care organization implementing Evercare Assist, a new demonstration for end stage renal disease (ESRD) patients; (2) Visiting Nurse Health System (VNHS), a non-profit home health agency, to provide case management services; and (3) Project Open Hand/Atlanta, a non-profit, community provider of home-delivered meals. The partners propose to establish Access Care/Atlanta, a care management model integrating the medical care provided to persons with End-stage Renal Disease with services available through the aging network. The target population will include individuals with ESRD residing in two of the Atlanta region's two largest counties, Fulton and Dekalb, who are also enrolled in Evercare Assist and receiving dialysis. In Georgia, Fulton and DeKalb Counties house the highest concentration of older adults and low-income elderly, the highest minority populations age 60 and older, and the highest percentage of elders living alone. The proposed project will extend the monitoring of ESRD risk indicators into the home setting, improve nutrition for ESRD clients through a prescriptive meal program, and create an integrated system based on the strengths of partner agencies, maximizing the resources and involvement of the aging network.

Project Period: 09/30/2004 - 09/29/2005

| • | Ciloa. 00/0 | 0/2007  | 00/20  |
|---|-------------|---------|--------|
|   | FY          | Grant A | mount  |
|   | FY 2004     | 4       | 43.379 |

### 90AM2891 Partnership for Fall Prevention

Project Period: 09/30/2004 - 12/31/2005

Grant Amount

Project Period: 09/30/2004 - 09/29/2005

Grant Amount

43,379

Eric County Department of Senior Services 95 Franklin Street Buffalo, NY 14202

Contact: Judy Casassa (716)858-6922

This project represents a partnership between the Erie County AAA and the Independent Health Association (an Individual Practice Association-Health Maintenance Organization or "IPA/HMO") to reduce falls and fractures among the high risk elderly population. The goals of the project are: to demonstrate the effectiveness of combining health care and social model interventions, and to reduce the risk of falls and fractures among 200 older adults over a one-year period. Independent Health has identified 1,325 persons at high risk for incurring fractures. Senior Services will identify its current clients among that group and begin a falls prevention intervention. The primary outcome for this project is a reduction in the risk of falls. A secondary outcome is the potential cost savings to managed care organizations through reduction of high cost ER and inpatient hospital stays.

Program: Aging Services Network Integrated Care Management Grants Program

90AM2892 Pasco-Pinellas Long-term Care Partnership

Gulf Coast Jewish Family Services, Inc. Disabled and Elderly Services 14041 Icot Blvd.

Clearwater, FL 33760

Contact: Michael A Berstein (727)538-7460

The overall goal of this project is to help the aging network acquire the skills needed to assume or share risk in a managed care system and to partner with a for-profit managed care organization (MCO). Specifically, three state-funded local Lead Agencies, in partnership with the local AAA, propose to: (1) develop the framework for a legal partnership among the partners submitting this application; (2) use AoA funds to build the technical capacity of these agencies to assume risk; (3) develop a partnership strategy to negotiate with MCOs; and, (4) begin negotiations with one or more potential MCO partners. Planning activities also include developing a proposal to create an Aging and Disability Resource Center (ADRC) within the AAA. This project brings together an AAA and three community-based organizations that receive AoA funds in one of the regions with the highest concentration of elders in the nation. Ultimately, the intervention will benefit Medicaid-eligible low income and minority elders who are the target populations of the current agencies that currently serve 2,100 frail elders. Anticipated outcomes include: (1) a detailed plan and negotiating strategy for partnering with an MCO to provide case management services to Medicaid-eligible frail elders and other members of the MCOs LTC program; (2) a clearly delineated model contract that specifies the essential legal terms of the proposed partnership; (3) a business plan that identifies major costs and products associated with the operation of the partnership; and (4) a plan for the development of the ADRC that includes the partnership in the model.

# 90AM2893 Integrated Care Management - Merging Aging Systems & Health Systems

Catholic Charities of Diocese of Rochester

Eldersource

87 N. Clinton Avenue Rochester, NY 14604

Contact: Mary Beer (585)244-8400 119 Project Period: 09/30/2004 - 09/29/2005

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 43,379       |

An ElderSource care manager will partner with the Lifetime Health geriatric-specialty team to provide in-home assessment and intensive, ongoing social care management for a maximum of 50 members of a Medicare Blue Choice MCO. At least 50% of the patients will have a caregiver, and focus on outcomes for both the patient and caregiver will occur. Participants will have socially complex needs (defined as resistance, dementia, dysfunctional family dynamics, personal safety, mental health complications, need for substantial emotional support, etc). Anticipated outcomes include: (1) decreased ER and/or inpatient stays; (2) decreased caregiver stress (self report); (3) improved patient and/or caregiver functioning (based on OARS scores); and (4) improved patient and/or caregiver quality of life (self report).

Program: Aging Services Network Integrated Care Management Grants Program

90AM2894 Management Care Initative

Chinese American Service League **Elderly Services** 2141 S.Tan Court Chicago, IL 60616

Contact: Sueviee Chang (312)791-0418

Grant Amount

43,379

Project Period: 09/30/2004 - 09/29/2005

The Chinese American Service League (CASL) will enhance its current counseling efforts to increase the use of managed care within a community of low-income, monolingual ethnic Chinese elderly in the Chicago area by collaborating with Medicare and/or Medicaid managed care organizations (MCOs). Multicultural staff will be led by a CASL Managed Care Initiative worker, who will direct the project. The Managed Care Initiative (MCI) will try to reach two groups of people, those who have already joined an MCO and those who are ready to choose their plan. CASL estimates that more than 500 seniors in the Chinatown, Armour Square, and Bridgeport areas of Chicago are already participating in a MCO, and approximately 100 more seniors are ready to join a program each year. The primary outcome for the MCI will be the increased knowledge of, accessibility to, and proper utilization of a Medicare MCO among Chinese residents in the Chicago area. Through this collaboration and assistance provided to MCOs, CASL believes that local MCOs will value CASL's important role and provide a portion of financial support for the continuity of the project.

# 90AM2895 Health Enhancement Program

Senior Services of Seattle/King County Senior Wellness Project 2208 Second Ave, Suite 100 Seattle, WA 98121

Contact: Susan Snyder (206)727-6297

Project Period: 09/30/2004 - 09/29/2005

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 43,379       |

Project Period: 09/30/2004 - 09/29/2005

Grant Amount

43,379

Senior Services will streamline its evidence-based Health Enhancement Program (HEP) to reduce the program cost and make it more attractive to managed care organizations. The streamlined HEP will be piloted at the Burien Group Health Cooperative (GHC) primary care clinic and three senior centers in the clinic's service areas. The goal of the project is a streamlined HEP that maintains the fidelity to the theoretical model used in the efficacy trial and achieves the same or better participant outcomes. The selection of the GHC Burien Medical Center for this pilot ensures that lower-income older adults from ethnically diverse communities will be served. The Burien Medical Center serves 3,000 Medicare patients, many of whom have a significant chronic disease burden. The HEP nurses and social workers involved in this project are based at three locations in the community: West Seattle, Des Moines and Burien-Highline Senior Centers. Anticipated Outcomes: The outcome of the project will be a HEP model with a competitive capitation rate that manages twice the number of GHC referrals and has a graduation rate of 70%.

Program: Aging Services Network Integrated Care Management Grants Program

90AM2896 Integrated Care Management

Benjamin Rose Institute
Advocacy and Public Policy Development
850 Euclid Avenue, Suite 1100
Cleveland, OH 44114

Contact: Sharen K Eckert (216)373-1608

The proposed project will test the feasibility and efficacy of a partnership among three service organizations in greater Cleveland . These are: Western Reserve AAA, MetroHealth Medical Center and its consumers who participate in the Anthem Senior Advantage Medicare managed care plan, and Benjamin Rose. Benjamin Rose will provide "care consultation," a telephone-based coordinating service that empowers seniors and their family members to find and use community services. The project will conduct a pilot study to test the efficacy of care consultation as an intervention to enhance the quality of lives for participants with chronic conditions. The desired study sample will include 70 Anthem patients and their primary family caregiver, if a caregiver exists. Patients will be generated from Anthem's managed care organization (MCO) patients who are frequent users of physician, hospital, and ER services. The 70 patients who agree to participate in the pilot study will be randomly assigned to either an intervention or control group. Some anticipated outcomes include a reduction in the likelihood of re-hospitalization and in the number of primary care visits, and an increase in the use of community services

# 90AM2897 Dementia Care Project Replication

Alzheimers Disease & Related Disorders Association of Los Angeles 5900 Wilshire Blvd, Suite 1100 Los Angeles, CA 90036

Contact: Debra Cherry (323)938-3379

Project Period: 09/30/2004 - 09/29/2005

Project Period: 09/30/2004 - 09/29/2005

Grant Amount

43,379

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 27,335       |

The Alzheimer's Disease and Related Disorders Association (ADRDA) of Los Angeles will create a replication manual that will enable other Community Agency Service Providers (CASPs) and managed care organizations (MCOs) to put in place the Dementia Care Project, a replicable model that has proven effective in improving quality of care for older individuals with a chronic disease. The original Dementia Care Project served community dwelling people with a diagnosis of a dementing disease and an involved, non-paid caregiver. Participants were referred by their primary care physicians. Participants were ethnically diverse (55% African American, 21% Caucasian, 3% Latino, 1% Asian, and 19% non-specified). The model of collaboration has applicability to non-staff models of managed care and to other chronic diseases, as well. The Dementia Care Project demonstrated that it could improve quality of care in a managed care setting by providing physicians with innovative, evidence-based educational programs and materials and by putting in place care managers trained in dementia care. The lessons learned can be further replicated in other settings.

Program: Aging Services Network Integrated Care Management Grants Program

90AM2898 Be Well

City of Inglewood
Parks Recreation and Community Services
One Manchester Blvd.
Inglewood, CA 90301

Contact: Skip W Halloran (310)412-4381

The City of Inglewood Senior Services Program will collaborate with the Food and Nutrition Management Services to expand the Be Well Program to seniors with high nutritional risk scores and/or chronic health conditions. Kaiser Permanente, a managed care organization (MCO), and the Los Angeles County Area Agency on Aging will participate with planning and evaluation. The target population will include senior citizens age 60 and older in the cities of Inglewood and Lennox in Los Angeles County. The targeted cities border South Los Angeles - the Watts community and the City of Compton. The population is 39% African American, 57% Latino, 1.5% Asian Pacific, and 4.3% Caucasian. It is anticipated that Seniors who complete 4 months of the program will experience a 75% improvement in nutrition and physical health status and a 100% increase in their knowledge of health promoting behaviors. Seniors who complete 6 months will experience a 75% improvement in nutrition and physical status and 75% compliance with health promoting behaviors. A capitation rate and a written marketing plan for BE WELL will be developed.

# 90AM3041 Care Consultation Results in More Effective Utilization and Patient/Caregiver **Psychosocial**

Project Period: 09/30/2005 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 74,935       |
| FY 2006 | 75,000       |

Project Period: 09/30/2005 - 09/29/2006

Grant Amount

52,780

BENJAMIN ROSE INSTITUTE 850 Euclid Avenue, Suite 1100 Cleveland, OH 44114-3301

Contact: Sharen K Eckert (216)791-8000

The proposed project is a Program Enhancement of a project funded by a FY2004 AoA Integrated Care Management grant. Under year 1 funding, a partnership was developed among the Benjamin Rose Institute, Anthem Blue Cross and Blue Shield, the MetroHealth Medical System, and the Western Reserve Area Agency on Aging to establish an intervention linking managed health care services and community-based services. Year 2 funding would allow the partners to expand a "care consultation" intervention, which involves telephone-based coaching and coordinating to empower seniors and their families to find and use community services, to include an additional 153 MetroHealth patients who are also members of Anthem Senior Advantage. The intervention would be expanded to include participants from diverse backgrounds with various chronic health conditions. A randomized control design will be used to test the overall efficacy and sustainability of care consultation, as well as the feasibility of partnerships among the three participating service providers. The target population for the care consultation intervention includes Anthem Senior Advantage participants with diagnosed depression, dementia, or two or more major chronic conditions whose primary care physician is at MetroHealth Medical Center. Because MetroHealth serves a culturally and economically diverse population, it is expected that the intervention population will reflect this diversity. Anticipated outcomes include: 1) decreased hospital admissions, emergency department visits, and visits to specialty physicians among intervention participants; 2) increased use of and satisfaction with community services by program participants and their caregivers; 3) improved health outcomes and quality of life among participants and their caregivers; and 4) an assessment of effectiveness of intervention and partnerships among service provider organizations.

Program: Aging Services Network Integrated Care Management Grants Program

90AM3042 Managed Care Initiative - Access to Benefits for Chinese-Speaking Elderly

Chinese American Service League, Inc. **Elderly Services Department** 2141 South Tan Court Chicago, IL 60616

Contact: Sueviee Chang (312)791-0418

The proposed project is a Program Enhancement of a project funded by a FY2004 AoA Integrated Care Management grant. Under year 1 funding, the Chinese American Service League partnered with Humana to increase access to Medicare managed care benefits among ethnic Chinese elderly. The current proposal would expand the Managed Care Initiative to include health education and fitness components. The target population is Chinese-speaking elderly who currently belong to a Medicare managed care plan. Anticipated outcomes include: 1) Development and implementation of a fitness program and health education workshop for Chinese-speaking elderly; 2) participation by 75% of current managed care plan members in quarterly workshops and/or the fitness program; 3) a financially self-sustaining fitness program; and 4) strengthened relationships between partner organizations.

### 90AM3043 Falls Prevention and Chronic Disease Management: From Evidence to Action

Kenosha County Department of Human Services
Division of Aging
8600 Sheridan Road, Suite 500
Kenosha, WI 53143-6514

Contact: LaVerne Jaros (262)605-6612

Project Period: 09/30/2005 - 09/29/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 45,000       |

Kenosha County will hire consultants to define rate-based services for inclusion of two evidence-based prevention programs, the Multi-Factorial Falls Intervention and the Chronic Disease Self-Management Program, in the benefit packages of Wisconsin Medicare and Medicaid managed care programs. A variety of Medicare and Medicaid payers/providers will be approached to partner in providing these interventions to their members as covered benefits. The intervention will target older adults at risk for falls or with chronic diseases served by a variety of community-based organizations in Kenosha County. Anticipated outcomes include: 1) definitions and rates established for the Multi-Factorial Falls Intervention and Healthy Living (CDSMP) class; 2) agreements initiated with at least two organizations for reimbursement and promotion of their members participation in the evidence-based interventions; 3) enrollment of at least 20 older people in each of the proposed interventions (40 total); and 4) improved health outcomes among program participants.

Program: Aging Services Network Integrated Care Management Grants Program

90AM3044 Pasco-Pinellas Long-Term Care Partnership

Project Period: 09/30/2005 - 09/29/2006

FY Grant Amount FY 2005 51,714

Gulf Coast Jewish Family Services, Inc. 14041 Icot Boulevard Clearwater, FL 33760

Contact: Michael A Bernstein (727)538-7150

The proposed project is a Program Enhancement of a project funded by a FY2004 AoA Integrated Care Management grant. FY2005 funding would be used to continue to help the aging services network develop the organizational structure and tools needed to assume or share risk in a capitated managed care system and to partner with a for profit HMO or managed care organization. Specifically, Gulf Coast Jewish Family Services, CARES, the Suncoast Center, and the Area Agency on Aging of Pasco-Pinellas will determine an organizational structure for and develop a corporate entity that could partner with a managed care organization or become its own MCO to provide integrated long-term care services for elders. Project activities target three state-funded community-based agencies and the local Area Agency on Aging. Ultimately, the project is meant to benefit the Medicaid-eligible low income and minority elders that these agencies serve. Anticipated outcomes include: 1) creation of a corporate entity that will partner with an MCO or become an MCO; 2) risk-sharing partnership with an MCO or HMO for integrated long-term care services for elders; 3) assessment of how services to the severely mentally ill may fit into managed care.

# 90AM3045 San Mateo County Aging and Adult Services Integrated Information

Project Period: 09/30/2005 - 09/29/2006

FY Grant Amount FY 2005 60,000

SAN MATEO COUNTY 225 37th Avenue San Mateo, CA 94403

Contact: Heather M Ledesma (650)573-2236

The proposed project is a Program Enhancement of a project funded by a FY2004 AoA Integrated Care Management grant. Under year 1 funding, San Mateo County Aging and Adult Services established the Integrated Information Project, a component of the effort to achieve a fully capitated Medicare/Medicaid long-term care system. The Integrated Information Project involves implementation of a uniform assessment tool using a single automated case management system for all members of the target population entering home and community-based long-term care services in the county. FY2005 funding will be used to continue implementation and testing of the uniform assessment tool. The target population includes clients of the San Mateo County Aging and Adult Services. The population of San Mateo County is ethnically and culturally diverse, with a high proportion of Hispanic and Asian residents. Anticipated outcomes: 1) 20% reduction in worker hours needed to complete client assessment; 2) 100% of clients assessed on entry into system, regardless of eligibility; 3) improved quality of assessment across all case management programs; 4) reduction in time between referral and assessment and reduction in early admission to skilled nursing facilities for Aging and Adult Services clients.

Program: Aging Services Network Integrated Care Management Grants Program

90AM3046 Integration of Medicare Managed Care and CBLTC (Community Based Long-Term Care)

Project Period: 09/30/2005 - 09/29/2006

FY Grant Amount FY 2005 75,000

Area Agency on Aging 10B, Inc.
1550 Corporate Woods Parkway PASSPORT Division
Uniontown, OH 44685

Contact: Phyllis M Yoders (800)421-7277

The proposed project is a Program Enhancement of a project funded by a FY2004 AoA Integrated Care Management grant. Under year 1 funding, AAA 10B partnered with SummaCare to develop and implement a High Risk Screening Tool and Risk Score Calculation Model to identify dual-eligible clients at high risk for permanent nursing home placement. FY2005 funding would be used to measure the predictive power and accuracy of the High Risk Screening Tool, implement the risk-based protocols and a high risk care model integrating both organizations' previously separate care plans via a web-based system, and develop a geriatrician led interdisciplinary care management team. The target population for this intervention includes PASSPORT consumers in a 4 county region in Northeast Ohio. Individuals eligible for PASSPORT include low-income (Medicaid eligible), frail (Medicaid nursing home eligible) older adults over the age of 60 who need assistance with at least 2 activities of daily living and 3 instrumental activities of daily living. About 86% of the AAA 10B PASSPORT enrollees are dually eligible for Medicare and Medicaid. Anticipated outcomes include: 1) reduced PASSPORT program discharge due to permanent nursing home placement; 2) increased length of stay in the PASSPORT Home Care Program for those identified as "at risk" and "high risk;" and 3) a Community-Based Long-Term Care and Medicare MCO integrated care and service delivery model.

### 90AM3047 Health Enhancement Program

Project Period: 09/30/2005 - 09/29/2006

FY Grant Amount FY 2005 70,000

SENIOR SERVICES OF SEATTLE/KING COUNTY 2208 Second Avenue Seattle, WA 98136

Contact: Susan Snyder (206)727-6927

The proposed project is a Program Enhancement of a project funded by a FY2004 AoA Integrated Care Management grant. Under year 1 funding, Senior Services of Seattle/King County partnered with the Group Health Cooperative (GHC) Burien and Northgate Medical Centers to offer the health centers' senior population the Health Enhancement Program. FY2005 funding would be used to expand the services offered to include a health and wellness package of community services to be offered at 4 senior centers. Ultimately, the partners would determine a prepaid cost per individual for access to a set of agreed upon services within the health and wellness package. The project targets older adults served by the GHC Burien and Northgate Medical Centers. This client population includes a large proportion of lower-income, ethnically diverse older adults. Anticipated outcomes: 1) social services model with a competitive capitation rate for health and wellness services; 2) increase in client referrals from Group Health; 3) increased enrollment and graduation rates of GHC members in health and wellness programs offered at senior centers.

Program: Aging Services Network Integrated Care Management Grants Program

90AM3048 Access Atlanta

Project Period: 09/30/2005 - 03/31/2007

FY Grant Amount FY 2005 43,103

Atlanta Regional Commission 40 Courtland St., NE Atlanta, GA 30303

Contact: Cathie Berger (404)463-3235

The proposed project is a Program Enhancement of a project funded by a FY2004 AoA Integrated Care Management grant. Under year 1 funding, the Atlanta Regional Commission established a partnership with Evercare Assist Managed Care Programs, the Visiting Nurse Health Systems, and Project Open Hand/Atlanta to provide integrated case management to persons with End Stage Renal Disease. With FY2005 funding, the partners would expand the project to provide integrated case management to older patients with chronic illnesses. The project will focus largely on home monitoring of patients, communication between partners for status updates and referrals, and promotion of chronic disease self-management. The project will target all shared patients (those enrolled in Evercare managed care and receiving services through the aging services network) with one or more chronic conditions in DeKalb and Fulton Counties. Anticipated outcomes include: 1) integrated case management services provided to 60 patients; 2) records maintained on the number of interactions between Evercare and the long-term care system to assess effectiveness of communication; 3) number of hospitalizations tracked and classified as "avoidable," "unavoidable, but potentially preventable," or "appropriate;" and 3) increased referral of long-term care services by Evercare medical staff.

### 90AM3049 Provide "Be Well" Fitness and Nutrition Classes to Seniors with Chronic Diseases

Project Period: 09/30/2005 - 09/29/2006

FY Grant Amount FY 2005 49,720

Project Period: 09/30/2005 - 03/31/2007

Grant Amount

CITY OF INGLEWOOD One Manchester Boulevard Inglewood, CA 90301

Contact: Skip Halloran (310)412-4381

The proposed project is a Program Enhancement of a project funded by a FY2004 AoA Integrated Care Management grant. Under year 1 funding, the City of Inglewood partnered with Kaiser Permanente to provide the "Be Well" fitness and nutrition program to seniors. FY2005 funding will be used to formalize the partnership and provide the "Be Well" program to 50 seniors. The project will target elderly people in Inglewood and Lennox in Los Angeles County, CA. African American and Latino seniors are likely to make up a large proportion of participants. Anticipated outcomes include: 1) a model created for sustaining a nutrition and fitness program for seniors through collaboration with a managed care organization; 2) a formal relationship established between City of Inglewood and Kaiser Permanente; and 3) improved health outcomes for program participants.

Program: Aging Services Network Integrated Care Management Grants Program

90AM3050 Healthcare Partners-Alzheimer's Association Dementia Care Project

Alzheimer's Disease & Related Disorders Association of Los Angeles 5900 Wilshire Blvd, Suite 1100 Los Angeles, CA 90036

Contact: Debra Cherry (323)938-3379

The Alzheimer's Association will partner with HealthCare Partners Medical Group, a mixed staff/PPO model Medicare managed care organization, to create an evaluation-based intervention to reduce expenses while improving quality of care given to people with dementia and their caregivers. The project will replicate and adapt an evidence-based model of care outlined in a replication manual the Alzheimer's Association produced in partnership with Kaiser Permanente under a FY2004 Integrated Care Management grant. The Association requests funding for the first year of what is meant to be a self-sustaining 3-year project. During year 1, the partners will develop a plan and materials for implementing a care management intervention for people with dementia being served in a managed care organization, and their caregivers. The target population includes older adults with a diagnosis of dementing disease who are HealthCare Partners members and involved, non-paid caregiver. Anticipated outcomes include: 1) development of a provider education curriculum on evidence-based guidelines for dementia diagnosis, treatment, and management; 2) development of a care management protocol for use by care managers at HealthCare Partners; and 3) development of educational materials and programs for people with dementia and their caregivers who are served in a managed care organization.

Program: Alzheimer's National Call Center

#### 90AZ2766 National Alzheimer's Call Center

ALZHEIMER'S DISEASE AND RELATED DISORDERS ASSOCIATION, INC.

225 N. Michigan Avenue, 17th Floor

Chicago, IL 60601

Contact: Catherine Sewell (312)335-5191

Project Period: 09/30/2003 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 993,500      |
| FY 2004 | 1,001,177    |
| FY 2005 | 979,104      |
| FY 2006 | 977,130      |

The Alzheimer's Association will enter a cooperative agreement with the Administration on Aging to operate an Alzheimer's National Call Center to individuals with Alzheimer's disease and their families, delivering personalized, timely information, care consultation, crisis intervention, and referral to local services, 24 hours a day, 7 days a week. A single 1-800 line, web site, and e-mail address will link callers seamlessly to information experts and care consultants in local Association chapters nationwide, with default to the national Center when local responders are unavailable. All national and local Center personnel will receive uniform training and retraining and utilize a common computer-based repository of information, care protocols, and materials. The Center's goal is to improve the quality of life of persons with Alzheimer's and their caregivers. Callers will have an increased understanding of and ability to deal with Alzheimer's and success in finding local services. Center performance will exceed industry standards. The Center will expand its reach to consumers, particularly in minority and limited English-speaking populations.

Program: Alzheimers Disease Social Research Project

90AZ2791 Alzheimer's Disease Social Research Project

Project Period: 09/30/2004 - 09/29/2007

FY Grant Amount FY 2004 2,943,530 FY 2005 2,937,312 FY 2006 2,931,390

AGING IN NEW YORK FUND, INC. 2 Lafayette Street New York, NY 10007

Contact: Ali Hodin Baier (212)442-1375

The Aging in New York Fund (ANYF), in collaboration with the New York City Department for the Aging (DFTA) and its partners at Zachary and Elizabeth M. Fisher Center for Alzheimer's Research Foundation (FCARF), New York University (NYU), and Rockefeller University (RU), will work to address the complex needs of New York City's diverse Alzheimer's community through education, technology, and research. These partnerships will address the needs of both patients and families via a variety of approaches, advancing research and service provision. The objectives and approach are: 1) to educate the multicultural community on Alzheimer's disease (AD), caregiving, and related long-term care issues (ANYF/DFTA); 2) to develop and strengthen AD knowledge in the aging workforce (ANYF/DFTA); 3) to measure the effectiveness of professional trainings through research and knowledge tests (ANYF/DFTA); 4) to conduct a national marketing and outreach campaign for the alzinfo.org website (FCARF); 5) to develop AD awareness programs for MDs and the general public (FCARF); 6) to explore the efficacy of individualized comprehensive, patient-centered care (NYU); and 7) to continue laboratory research to develop more effective treatment methods targeting agitation in AD (RU). Expected outcomes are: increased awareness in the multicultural community on AD, caregiving, and related long-term care issues; growth in an AD educated aging workforce and community; increased access to information through technology and consumer and physician education; evidence of the efficacy of non-pharmacologic therapies to improve patient care; and advanced understanding of the brains' function and responses. Products from this project will include: reports; analyses of dementia workforce development and non-pharmacologic research; multilingual AD materials; articles for publication; and abstracts and presentations for conferences.

Program: Eldercare Locator Program and the National Aging Information & Referral

# 90AM2746 The Eldercare Locator Program & the National Aging Information & Referral Support Center

NATIONAL ASSOCIATION OF AREA AGENCIES ON AGING 1730 Rhode Island Avenue, NW, Suite 1200 Washington, DC 20036

Contact: Helen M Eltzeroth (202)296-8130

Project Period: 09/30/2003 - 09/29/2007

| FY      | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2003 | 1,174,979           |
| FY 2004 | 1,374,937           |
| FY 2005 | 1,174,937           |
| FY 2006 | 1,201,230           |

The National Association of Area Agencies on Aging (N4A), in partnership with the National Association of State Units on Aging (NASUA), is executing a project to provide older persons and their caregivers access to a premier national information and referral/assistance system capable of providing the information, assistance, decision-supports and advocacy needed to secure services. To achieve this goal, N4A will ensure quality operation of the Eldercare Locator, a toll-free number and website that links older people and their caregivers to State and local resources. In addition, N4A will increase public awareness of the service through strategic partnerships and marketing campaigns. Targeted marketing will focus on increasing service usage by minority populations, with an emphasis on better serving Native Americans elders. Products will include a call center procedures manual, resource and educations guides, and promotional materials.

NASUA will operate the National Aging Information & Referral Support Center to promote continued enhancement of aging information and referral/assistance (I&R/A) systems; facilitate ongoing quality improvements in I&R/A service delivery; and provide ongoing training and technical assistance. Methods will include a resource website, technical assistance products, training materials, webinars, and conferences.

Program: Livable Communities Initiative

90AM2903 Livable Communities for All Ages: Identifying Leading Models & Best Practice

Visiting Nurse Service of New York
Center for Home Care Policy and Research
107 East 70th Street
New York, NY 10021

Contact: Penny Feldman (212)609-1543 0

Project Period: 09/29/2004 - 12/31/2005

FY Grant Amount
FY 2004 124,770
FY 2006 15,000

Building on five years of experience in developing measures of livable communities and working with diverse communities to plan and implement positive change, the Center for Home Care Policy and Research worked with AoA to identify leading models of livable communities for all ages and to disseminate information designed to help communities replicate promising models and practices. Specifically, the Center, along with two principal partners - the American Planning Association (APA) and the International City/County Management Association (ICMA), and others: (1) implemented a competitive process to identify the top eight models of livable communities for all ages; (2) developed a "case studies" document with descriptions of the winning model communities and related technical assistance materials; and (3) disseminated these materials to change agents in communities around the country. The purpose of this initiative was to raise awareness and motivate action among stakeholders to improve the livability of their communities for people of all ages and abilities. The long-term expected outcomes of this initiative are: (a) widespread awareness and acceptance of the livable communities concept; (b) large-scale replication of livable communities best practices; and as a result, (c) improved communities where people of all ages and abilities have their needs and aspirations met equally well.

Program: Retirement Planning and Assistance for Women

# 90AM2801 Center to Educate Women About Retirement Security

Project Period: 09/30/2003 - 09/29/2007

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|--------------------------|--------------|--|
| FY                       | Grant Amount |  |
| FY 2003                  | 248,376      |  |
| FY 2004                  | 248,376      |  |
| FY 2005                  | 248,376      |  |
| FY 2006                  | 248,376      |  |

WOMENS' INSTITUTE FOR A SECURE RETIREMENT 1725 K Street, NW - Second Floor Washington, DC 20006-1401

Contact: Cindy Hounsell (202)393-5452

WISER, with assistance from strategic public-private coalitions, is organizing a one stop information gateway that can provide traditionally hard to reach women (i.e. average and low income women, women of color and women with limited English proficiency), "user friendly" financial management tools. The ultimate goal of the 36 month project is to provide women with access to information that promotes their efforts to attain secure retirements. A state-of-the-art clearinghouse/lending library and satellite resource centers accessible to the Aging Network, faith-based organizations (FBO), state & community agencies, financial institutions, business and government agencies are being established. Staff conduct training sessions and information panels nationwide; and provide access to a variety of financial planning tools, including fact sheets & other online resources. Major partnerships and coalitions have been formed with a range of private sector organizations to target low-income and minority women. Private sector organizations are as diverse as MANA, National Latina Women's Organization, Mother's Voices/Multi-Ethnic Community Retirement Project, Coalition of 100 Black Women, General Federation of Women's Clubs, Profit Sharing Council of America, MetLife, MFS Investment Management, and the Society of Actuaries. Public sector partners include FDIC, SSA, US DoL Women's Bureau, USDA Extension Service, and Comptroller General of the US. Year two plans: continue strengthening public and private partnerships at the national & community levels; establish satellite resource centers accessible by community-based organizations (CBO), FBOs, non-profits, finance and business to encourage inclusion of women's financial security as an integral part of the agenda; initiate 2 new programs on a) financial planning for health care in retirement, and b) senior indebtedness; partner with insurance companies to develop materials about annuities for women; and continue outreach

Program: Unsolicited

90AM2808 Bridging the Gap Developing a Seamless Entry into Community Based Nutrition Services

Project Period: 09/30/2003 - 12/31/2004

FY Grant Amount FY 2003 145,000

MEALS ON WHEELS ASSOCIATION OF AMERICA 1414 Prince Street, Suite 302 Alexandria, VA 22314

### Contact:

The importance of senior nutrition programs' integration into the long term continuum of care cannot be overstated. Delays in initiation of nutrition services following hospital discharge compromises the functional status of older adults. Meals On Wheels Association of America (MOWAA), a national organization representing both public and privately funded senior nutrition programs, is ideally positioned to facilitate such integration. By identifying best practices and barriers programs are facing, conducting a forum to identity solutions, and by providing technical assistance and training, a prompt, seamless entry into community-based nutrition services can be achieved.

# 90AM2773 Chronic Disease Self-Management with African-American Urban Elders

Project Period: 09/30/2003 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 180,000      |
| FY 2004 | 180,000      |
| FY 2005 | 180,000      |
| FY 2006 | 50,000       |

PHILADELPHIA CORPORATION FOR AGING 642 North Broad Street

Philadelphia, PA 19130-3409

Contact: Bethea Eichwald (215)765-9000

Philadelphia Corporation for Aging, Center in the Park, Albert Einstein Healthcare Network, and the Community and Homecare Research Division, Jefferson College of Health Professions, will demonstrate an evidence-based disease prevention program (the Chronic Disease Self-Management Program, developed by Stanford Patient Education Research Center), with a target population of African American urban elders. Five hundred elders will participate over three years. The goal is to enable participants to assume a major role in managing their chronic health conditions. The objectives are: to increase lifestyle skills that assist in managing chronic conditions; to increase knowledge of personal risk factors associated with chronic disease; and to increase personal responsibility in the management of chronic disease. Expected outcomes are: improved health status, behavioral change, improved self-efficacy, and reduced health care utilization. A team approach to chronic disease self management, that can be replicated within the aging network, will be demonstrated. Results will be disseminated.

Program: Evidence Based Prevention Program

90AM2774 Preventive Nutrition Education Cardiovascular Disease Program

Project Period: 09/30/2003 - 09/29/2007

|         | Grant Amount |
|---------|--------------|
| FY 2003 | 200,000      |
| FY 2004 | 200,000      |
| FY 2005 | 200,000      |
| FY 2006 | 50,000       |

LITTLE HAVANA ACTIVITIES & NUTRITION CENTERS OF DADE CO 700 SW 8th Street Miami, FL 33130

Contact: Ramon Perez-Dorrbecker (305)858-0887

Little Havana Activities and Nutrition Centers of Dade County, Inc. (LHANC) is conducting an evidence-based nutrition and cardiovascular health program targeting Hispanic elders, a group at high risk for cardiovascular disease and obesity. Specifically, this program will target the 1,800+ Hispanic elderly participants of the 14 LHANC senior centers throughout Miami-Dade County, Florida. The goals of this project are: to increase knowledge of nutrition among Hispanic elders who are at risk for cardiovascular disease and obesity; to foster behavior change through group sessions and interactive activities; and to test whether the American Heart Association guidelines and materials can be utilized in a dietitian led model targeted to Hispanic elders. Participants will be screened for cholesterol and weight, and 100 to 125 seniors at risk for cardiovascular disease will be included in an intensive nutrition education and counseling program. Anticipated outcomes include: 1) a reduction in participants' dietary fat consumption, saturated fat and cholesterol, using the American Heart Association Eating Plan for Healthy Americans; 2) a reduction in participants' body weight by 5% and/or BMI to 27 or less; and 3) lowered participants' total cholesterol by 6%.

# 90AM2776 Activity Centers for Seniors - Evidence Based Prevention

Project Period: 09/30/2003 - 09/29/2007

NEIGHBORHOOD CENTERS INC. 4500 Bissonnet, Suite 200

Bellaire, TX 77401-1389

Contact: Chris Pollet (713)669-5260

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 200,000      |
| FY 2004 | 200,000      |
| FY 2005 | 200,000      |
| FY 2006 | 50,000       |

Neighborhood Centers Inc. (NCI) will demonstrate the efficacy of evidenced-based preventive physical activity interventions among elderly residents of low-income neighborhoods in Houston, Texas Senior Centers. The intervention selected for replication in Houston represents an integration of individual, group and community-wide participation. NCI's goal is to demonstrate, within impoverished, urban settings, that the Aging Services Network can efficiently improve the quality, effectiveness, availability, and convenience of evidence-based disability and disease prevention programs for the elderly.

Program: Evidence Based Prevention Program

90AM2777 Evidence-based Prevention Program: Nutrition

Project Period: 09/30/2003 - 09/29/2007

 FY
 Grant Amount

 FY 2003
 200,000

 FY 2004
 200,000

 FY 2005
 200,000

 FY 2006
 50,000

ALAMO AREA COUNCIL OF GOVERNMENTS 8700 Tesoro Drive - Suite 700 San Antonio, TX 78217 Contact: Al Notzon (210)362-5201

The Bexar Area Agency on Aging, in partnership with the City of San Antonio Department of Community Initiatives, the Texas Diabetes Institute, Our Lady of the Lake University, and OASIS proposes to provide culturally sensitive low glycemic meals and nutrition education, diabetes health screening and education, and physical activity education to 500 low-income, poorly educated Hispanic seniors in the Title IIIC1 congregate meals program in churches and senior centers in San Antonio. The goal of this program is to prevent or delay the onset of type 2 diabetes among Hispanic elders. Participants will attempt to achieve a 7 percent weight loss and at least 150 minutes of physical activity per week during the first year and maintain these changes for 2 additional years. Outcomes will include an increase in participant knowledge of the relationship between nutrition, exercise and diabetes management, and increased adherence to lifestyle modifications that reduce risk factors for diabetes. Products will include a Spanish television documentary and a "Tex-mex" cookbook of taste-test approved, low-glycemic recipes and menus.

# 90AM2778 A Community-Based Medication Management Intervention

Project Period: 09/30/2003 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 200,000      |
| FY 2004 | 200,000      |
| FY 2005 | 200,000      |
| FY 2006 | 50,000       |

PARTNERS IN CARE FOUNDATION, INC 732 Mott Street, Suite 150 San Fernando, CA 91340

Contact: W. June Simmons (818)837-3775

Partners In Care Foundation will conduct a 3-year medication management project for seniors receiving a continuum of community-based social service programs in Los Angeles. The goal of the evidence-based Medication Management Intervention is to identify, prevent, and resolve medication errors among seniors identified at high-risk. The objectives are: to implement the intervention in at least 3 Senior Centers and at least 2 Medicaid-waiver programs; to evaluate the outcomes of the intervention that include assessment and recommendations and follow-up by a pharmacist; and to disseminate findings and lessons learned through a medication management website and other strategies. Products include a software screening tool, a comprehensive web-based Toolkit, evaluation tools, a final report, and manuscripts for publication. These products will be disseminated to direct service organizations and Area Agencies on Aging.

Program: Evidence Based Prevention Program

90AM2779 Active Start! Increasing Physical Activity Among Sedentary Older Adults in Los Angeles

Project Period: 09/30/2003 - 09/29/2007

FY Grant Amount FY 2003 125,000 FY 2004 125,000 FY 2005 125,000 FY 2006 50,000

CITY OF LOS ANGELES DEPARTMENT OF AGING 3580 Wilshire Boulevard, Suite 300 Los Angeles, CA 90010

Contact: Laura Trejo (213)252-4023

The City of Los Angeles Department of Aging will implement a project to increase physical activity among sedentary older adults over a three year period. The project will recruit older adults in the West Adams/West Wilshire area of Los Angeles through OASIS centers, Jewish Family Services and Delta Sigma Theta Center for Life Development nutrition centers, and Tenet California's Brotman and Centinela Medical Centers. Health classes and activities will encourage them to incorporate physical activity into their lives. Expected outcomes include: an increased number of older adults indicating an intention to increase physical activity in order to help control and/or manage existing chronic health conditions; increased fitness levels in older adults participating in exercise classes; improved attitudes toward physical activity; and increased time (minutes) engaged in weekly physical activity. Products will include recruitment materials through a community-wide public awareness campaign, a refined project curriculum, evaluation tools and methodologies for practical application, web page information, and manuscripts for publication and professional conference presentations. These products will be made available throughout the aging services network.

**90AM2780** A Matter of Balance: A Volunteer Lay Leader Model

Project Period: 09/30/2003 - 09/29/2007

SOUTHERN MAINE AGENCY ON AGING

136 U.S. Route 1

Scarborough, ME 04074

Contact: Laurence Gross (207)396-6501

| FY      | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2003 | 125,000             |
| FY 2004 | 125,000             |
| FY 2005 | 125,000             |
| FY 2006 | 50,000              |

Southern Maine Agency on Aging (SMAA) and its partners propose to address the issue of fall prevention using "A Matter of Balance" (MOB), the evidence-based intervention for fear of falling. SMAA and its collaborators propose translating the intervention, which currently uses health care professionals as facilitators, into a lay leader model facilitated by community based volunteers (MOBVLL). This will reduce the cost of the intervention, allowing MOBVLL to be offered more frequently, in a variety of settings, reaching a significantly higher number of older adults than would otherwise be possible. This proposal will: develop quality control mechanisms for the translation, monitoring the consistency of this adaptation; measure the outcomes among participants; standardize the cost of establishing and offering the MOBVLL intervention; and detail the challenges and successes of disseminating this model to diverse socio-economic populations, diverse geographic areas, and in a variety of community settings. The outcomes of the MOBVLL intervention will be: reduced fear of falling; increased falls self-efficacy; and increased activity in community dwelling older adults. The MOBVLL will be disseminated throughout the aging network.

Program: Evidence Based Prevention Program

90AM2781 "Women Take PRIDE in Managing Heart Diease"

Project Period: 09/30/2003 - 09/29/2007

FY Grant Amount FY 2003 192,000 FY 2004 125,000 FY 2005 125,000 FY 2006 50,000

SENIOR SERVICE CENTERS OF THE ALBANY AREA, INC. 25 Delaware Avenue

Albany, NY 12210

Contact: Daniel Hogan (518)465-3322

Senior Services of the Albany Area, Inc., (dba Senior Services of Albany) will implement a research-based, self-management heart disease education program with four collaborating organizations. The "Women Take PRIDE" (WTP) intervention was developed and tested by researchers at the University of Michigan School of Public Health. The WTP targets women 60 years of age or older who have been diagnosed with heart disease. The project seeks to demonstrate the effectiveness of providing the intervention, and recruiting participants from a community setting, as well as from health care providers. WTP is a four-week education program focused on: (1) improving functional status, both physical and social; (2) improving the symptom experience and general health outcomes; and (3) improving the knowledge of and access to community resources. An extensive process evaluation will be conducted throughout the implementation period in order to evaluate the outcome measures and document lessons learned in the program implementation.

### 90AM2782 Evidence-Based Fall Prevention Services in Senior Centers

Project Period: 09/30/2003 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 220,000      |
| FY 2004 | 220,000      |
| FY 2005 | 220,000      |
| FY 2006 | 50,000       |

NORTH CENTRAL AREA AGENCY ON AGING, INC 2 Hartford Square West, Suite 101 Hartford, CT 06106-5129

Contact: Robin Harper-Gulley (860)724-6443

The goal of this 3-year project is to embed a sustainable evidence-based fall prevention strategy within greater Hartford senior centers by enhancing fall prevention-related knowledge and behavior and building or enhancing relationships between senior centers and relevant community and health care organizations. Project objectives are to develop, implement, evaluate, and disseminate a fall prevention program, based on Yale FICSIT (Frailty and Injuries: Cooperative Studies of Intervention Techniques) and other randomized controlled trials (RCTs). The fall prevention program will target balance, gait and vision impairments, postural hypotension, multiple medication use, and home hazards. The partners include North Central Area Agency on Aging (NCAAA), Connecticut Hospital Association/Connecticut Association for Home Care (CHA/CAHC), Hartford area senior centers, and the Center on Aging, University of Connecticut Health Center. Primary outcomes include reduced falls in senior center clients and increased fall prevention knowledge and behaviors in center staff and clients. Products include a replicable model of community-based fall prevention, print and web-based procedure manuals, peer-reviewed publications, and multidisciplinary expertise available to other community-based providers.

Program: Evidence Based Prevention Program

90AM2793 Evidence-Based Prevention Programs for the Elderly-National Resource Center

Project Period: 09/30/2003 - 09/29/2007

FY Grant Amount FY 2003 600,000 FY 2004 600,000 FY 2005 685,000 FY 2006 687,500

NATIONAL COUNCIL ON THE AGING 300 D Street, SW, Suite 801 Washington, DC 20024

Contact: Nancy A Whitelaw, PH. D. (202)479-6612

The National Council on the Aging has established a National Resource Center to support prevention demonstration grantees to successfully implement evidence-based disability and disease prevention programs; engage the aging services network (and others) in evidence-based programs and facilitate their adoption; and assist AoA to further develop an evidence-based prevention program. The outcomes of this 3-year project will be replicable programs that can positively affect the health and function of older adults, and increased support for the aging network's contributions in addressing prevention needs. The Center will leverage NCOA's experience in strengthening the capacity of aging service providers to offer evidence-based programming and provide multiple types of resources and technical assistance. Bringing complementary skills and knowledge are the Center's partners - the Aging Blueprint Office, the Healthy Aging Research Network of CDC's Prevention Research Centers, UCLA's Geriatric Medicine and Gerontology Program, a leading communications and dissemination firm, and leading national aging organizations.

# 90AM2809 Increasing Seniors' Access to Disease Self-management and Disability Prevention Services

Project Period: 09/30/2003 - 03/31/2005

FY Grant Amount FY 2003 100,000

Senior Services of Seattle/King County 2208 First Avenue, Suite 100 Seattle, WA 98121

Contact: Susan Synder (206)727-6297

Senior Services of Seattle/King County proposes to offer a disease self-management and disability prevention program, the Health Enhancement Program, for three-years to 2,037 older adults with chronic health conditions. The primary project objective is to increase participation of seniors at existing and new sites in King County, Washington. This will be done by working closely with a health care system to generate referrals, and by increasing the number and type of program sites, especially those that have a track record of serving seniors of color or those who are limited English speaking. Project partners include a university, an Area Agency on Aging, a staff model health maintenance organization, a public hospital, and a county health department. New partnerships with revenue generating potential will also be established in order to increase the likelihood that this model program will be adopted on a national basis in the future. The participant outcome is that 80% of those enrolled for at least six months will improve or maintain at least one of the following: physical activity, depression, falls, and hospitalizations.

Program: Evidence Based Prevention Program

**90AM2810** Improving Self Management of Chronic Disease in the Elderly

Project Period: 09/30/2003 - 09/29/2007

FY Grant Amount FY 2003 150,000 FY 2004 125,000 FY 2005 125,000 FY 2006 50,000

AREA AGENCY ON AGING OF WESTERN MICHIGAN 1279 Cedar NE Grand Rapids, MI 49503-9503

Contact: Nora Barkey (616)222-7012

The Area Agency on Aging of Western Michigan, partnering with a managed care plan, four community aging services providers, and a university evaluator, will conduct a 3-year program using the Chronic Disease Self-Management Program (CDSMP) and enhanced outreach. The project seeks to show how the aging network, in partnership with a health care plan, can improve the health outcomes for older adults. Six hundred adults 60 and older with one of four common chronic conditions will be randomly assigned to receive standard care from managed care or aging services providers or to receive the CDSMP and enhanced outreach intervention, 200 per group. Measures of health outcomes will be taken at 3 time intervals. Expected outcomes are: positive inter-system collaboration; increased chronic disease self management knowledge and skills for the community aging service provider (CASP) workers; positive health behaviors, self-efficacy, and health outcomes for participants compared to non-participants; and demonstrated cost and service benefits for older adults. Products will include the final report, manuscripts for publication, and presentations to both aging and health care audiences.

# 90AM2811 Healthy Changes: A Community-Based Diabetes Education and Support Program

Project Period: 09/30/2003 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 150,000      |
| FY 2004 | 125,000      |
| FY 2005 | 125,000      |
| FY 2006 | 50 000       |

ELDERS IN ACTION 501 SW Washington Street Portland, OR 97204

Contact: Vicki Hersen (503)823-5269

Elders in Action, a community-based non-profit, and Providence Health System's Center on Aging will conduct a 3-year education and support program for older adults with diabetes. The goal is to increase the ability of program participants to self-manage, on a day-to-day basis, diet and physical activity aspects of their diabetes. Program elements include: weekly classes and support meetings held in a total of 16 community sites; community outreach and presentations provided by trained volunteer community educators; and one-to-one advocacy and problem solving assistance provided by trained volunteer Ombudsmen. Seniors age 55+ with diabetes will be served with services specially targeted to ethnically and geographically diverse, and low income seniors. Multnomah County Aging and Disability Services (AAA) will facilitate linkage of program elements with the greater senior network, and Oregon Research Institute will conduct the project evaluation. Products will include a curriculum manual, project publications and reports, evaluation tools and report, a final report, and web page information. These products will be disseminated to senior organizations, nationwide.

Program: Evidence Based Prevention Program

**90AM2812** Healthy Ideas: Evidenced-Based Disease Self-management for Depression

Project Period: 09/30/2003 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 150,000      |
| FY 2004 | 125,000      |
| FY 2005 | 125,000      |
| FY 2006 | 50,000       |

SHELTERING ARMS SENIOR SERVICES
3838 Aberdeen Way
Houston, TX 77025
Contact: Jane Bavineau (713)685-6506

The overall goal of this 3 year initiative is to build on the Healthy IDEAS (Identifying Depression, Empowering Activities for Seniors) program developed by a regional team of professionals in aging services, geriatric care, mental health and health services research and introduced into the Houston community in 2002. This project targets community dwelling elders, with a special focus on underserved and minority subgroups. The specific goals of this proposal are: to prevent or detect depression through effective, evidence-based screening and health promotion education; to promote more effective treatment through appropriate mental health referrals; to decrease symptomatology and improve functioning in depressed elders who participate in the depression self-management program; to improve linkages between community aging service providers (CASPs) and community-based healthcare practitioners; and to prevent recurrence of the disease through regular depression screening. Expected outcomes include: more effective partnerships among community aging service providers, healthcare organizations, academic researchers and consumers; and refinement of the evidence-based depression self-management intervention to increase recognition, promote effective treatment, and prevent excessive functional disability due to depression. Evaluation outcomes, intervention materials and educational products will be disseminated among CASPs, community health providers, consumer advocacy/support groups.

Program: Health Disparities among Minority Elders-Tech. Assistance Ctr.

# 90AM2772 Preventing Diabetes: Healthy Living for American Indian Elders

Project Period: 09/30/2003 - 09/29/2007

FY Grant Amount
FY 2003 129,155
FY 2004 159,155
FY 2005 129,155
FY 2006 50,000

NATIONAL INDIAN COUNCIL ON AGING, INC 10501 Montgomery Blvd, NE, STE 210 Albuquerque, NM 87111-3851

Contact: Alvin Rafelito (505)292-2001

Under AoA's priority of eliminating health disparities among elderly individuals, the National Indian Council on Aging was funded to address preventing diabetes in American Indian elders. In partnership with American Indian Tribes and elder organizations throughout the country, this project will identify best practices and effective interventions for healthy living. New tools to prevent diabetes in American Indian/Alaska Native elders will be developed and disseminated based on the best practices identified.

Program: Health Disparities among Minority Elders-Tech. Assistance Ctr.

90AM2802 The Healing Zone: Community Health Action & Advocacy Training Project

Project Period: 09/30/2003 - 09/29/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 298,050      |
| FY 2004 | 368,050      |
| FY 2005 | 298,050      |

NATIONAL CAUCUS & CENTER ON BLACK AGED, INC. 1220 L Street, N.W., Suite 800 Washington, DC 20005

Contact: Aundrenette J Boddie (202)624-1137

The National Caucus and Center on Black Aged (NCBA) is conducting a 3-year faith-based community health leadership program to reduce obesity as a leading risk factor for chronic disease in African American seniors. Activities designed to increase knowledge about self-care strategies related to overweight and obesity will include foci on cardiovascular disease, hypertension, kidney failure, and diabetes. Church-based aging and health advocacy committees are being established to disseminate health promotion information on weight reduction, improved nutrition & increase physical activity. NCBA is collaborating with its network of chapters & field offices, and the National Aging Network. It is establishing links with community-based organizations, including Group Ministries of Baltimore & Group Ministries of Buffalo, NY; the MD Center of Bowie State University (an HBCU); Area Agencies on Aging in Richmond, VA, Detroit, MI and Jackson, MS, a rural site; as well as the American Kidney Fund. The project expects to reach 300 + seniors through 30 churches with six coalitions each. To date, community coalitions have developed & implemented action plans; 4 sites are established, each with 3 to 5 churches enlisted as participants; and 2 issues of a quarterly newsletter have been published. In year 2, links will be strengthened or established with evidence-based projects, e.g. AARP and Robert Wood Johnson (RWJ), et all and a Web site will be launched. Church-based aging and health advocacy committees will be established at each project site to engage in grassroots health initiatives, public discourse, and policy-level discussions. Products include an Implementation Tool Kit, and an Outcome Study. The Tool Kit will include a participant work book, facilitator's guide, personal health journal, and fact sheets, and will be available to participating churches, grassroots organizations, the aging network and members of local health coalitions.

Program: Health Disparities among Minority Elders-Tech. Assistance Ctr.

# 90AM2803 Addressing Health Disparities Among Asian and Pacific Islander Elders

NATIONAL ASIAN PACIFIC CENTER ON AGING Melbourne Tower 1511 Third Avenue, Suite 914 Seattle, WA 98101

Contact: Ken Bostock (206)624-1221

Project Period: 09/30/2003 - 09/30/2006

| FY      | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2003 | 356,365             |
| FY 2004 | 436,365             |
| FY 2005 | 356,365             |

The National Asian Pacific Center on Aging (NAPCA) is conducting a 3 year demonstration that targets health disparities among Asian American and Pacific Islander (AAPI) elders. NAPCA is identifying health promotion materials on Cancer, Diabetes and Cardiovascular disease; analyzing cultural relevance; and translating them to appropriate languages for dissemination to 13 major urban communities with concentrations of AAPI elders. Using its network of 1000 community-based organizations (CBOs) and Senior Community Service Employment Programs, NAPCA expects to reach target communities in CA, IL, MA, NY, PA, TX, Washington DC and WA. A series of interventions, focusing on health disparities experienced by AAPI elders, range from the distribution of linguistically & culturally appropriate educational materials, to a healthy lifestyle program of disease-specific seminars, lifestyle programs, screening for early detection and case referrals. Enactment of the Medicare Modernization Act significantly impacts low-income AAPI elders. Accordingly, the project addresses the critical lack of useful, understandable and timely information on health promotion/ disease prevention and affordable health care programs for vulnerable, underserved, multicultural AAPI elders with limited English proficiency. Ethnic-specific interventions include assessment and dissemination of linguistic and culturally appropriate materials for elders and their caregivers; strengthening effective health care advocacy efforts in AAPI communities; establishing collaborative partnerships among AAPI community-based organizations, community health centers and mainstream health information & assistance resources to assure access to accurate & reliable information; and enhanced AAPI involvement in, and sustained linkages among, AAPI CBOs, Community Health Centers (CHC) and Health Industry Claims and Payment Services (HICAP) for ongoing access to health information, assistance and advocacy resources.

Program: Health Disparities among Minority Elders-Tech. Assistance Ctr.

90AM2804 Project Salud A La Vida

Asociacion Nacional Pro Personas Mayores 234 E. Colorado Blvd., Suite 300 Pasadena, CA 91101

Contact: Carmela Lacayo (626)564-1988

Project Period: 09/30/2003 - 09/29/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 298,050      |
| FY 2004 | 368,050      |
| FY 2005 | 298,050      |

Asociacion Nacional Pro Personas Mayores (ANPPM) is designing health interventions for older Hispanic men and women that promote understanding and awareness of nutrition as it relates to the prevention of diabetes, cardiovascular disease, cancer & prostate cancer in older Hispanic men. ANPPM's education campaign will teach older individuals the importance of immunizations, and help existing Medicare- Approved Drug Discount Card (MADDC) outreach programs educate older Hispanic beneficiaries on obtaining Medicare Drug Discount Cards or accessing the transitional assistance program. Model health interventions that demonstrate multi- language, culturally-based approaches to health education and disease prevention are being designed in the Fotonovela format. Community health providers in Tucson, Kansas City, Philadelphia, and New Orleans are collaborating on package development to ensure information critical for promoting positive health practices & wellness among older Hispanic individuals. Health education modules are being designed specifically to assist older Hispanic adults make better decisions about personal health. Modules include written materials & audio cassettes on cardiovascular disease and prostate cancer, targeted to older persons with literacy problems. A community health education flip chart & manual for each health topic is being developed for community health clinics, migrant worker health centers & other CBO's. The immunization campaign directed at Hispanic elders includes Spanish/English 30-second radio spots and plans for establishing community-based health alliances. Local Hispanic media and traditional Hispanic business, e.g. panaderias (Latino bakeries), tortilla factories, etc. are being enlisted to promote the immunization campaign. Target populations include monolingual older Hispanic immigrants who have recently arrived in the U.S., and migrated to areas of the country that are now seeing the arrival of large numbers of Hispanic immigrants.

Program: Nutrition, Physical Activity and Aging-Nat'l Resource Center

# 90AM2768 Nutrition, Physical Activity and Aging-National Resource Center

Project Period: 09/30/2003 - 09/29/2007

| FY      | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2003 | 460,369             |
| FY 2004 | 460,369             |
| FY 2005 | 460.369             |

THE FLORIDA INTERNATIONAL UNIVERSITY BOARD OF TRUSTEES 11200 SW 8th Street, OE 200

Miami, FL 33199

Contact: Nancy Wellman (305)348-1517

The goal of the National Resource Center on Nutrition, Physical Activity and Aging (Center) is to expand and strengthen the knowledge and service delivery capability of Older Americans Act (OAA) Nutrition Programs and the Aging Network in nutrition and physical activity programs for older adults. The objectives are to provide training and technical assistance to enable mini-grant awardees to implement programs and document outcomes from nutrition and physical activity programs; disseminate information through the Center's website and build knowledge through publications and presentations; and provide training and technical assistance to the aging network on nutrition issues. Year 1 products include: (1) ten \$10000 mini-grant projects with measurable outcomes; (2) annual report of Nutrition and Physical Activity Mini-Grant Projects; (3) National Mini-Grantee Workshop -Town Hall meetings at National Association of Nutrition and Aging Services Programs, Meals on Wheels Association of America, National Association of Area Agencies on Aging; (4) website that comprehensively covers nutrition, physical activity, aging; posting biweekly highlights to 3 Center-managed Listservs; 5) regularly updated Older Americans Nutrition ProgramToolkit, and (6) at least 2 journal, 4 newsletter, 2 Ask the Experts articles; 1 set of meeting backgrounders, proceedings; & 4 Aging Network presentations. In addition, the Center will provide technical assistance to the aging services network through telephone calls, e-mails, as well as meeting consultations.

Program: Older Indians National Resource Centers

**90AM2751** National Resource Center on Native American Aging - University of North Dakota

UNIVERSITY OF NORTH DAKOTA
National Resource Center on Native American Aging
501 N. Columbia Road, P.O. Box 9037
Grand Forks, ND 58201-9037

Contact: Alan Allery (701)777-3859

| • | FY      | Grant Amount |
|---|---------|--------------|
|   | FY 2003 | 345,000      |
|   | FY 2004 | 345,000      |
|   | FY 2005 | 345,000      |
|   | FY 2006 | 86,000       |

Project Period: 09/30/2003 - 09/29/2007

The goal of the National Resource Center on Native American Aging (NRCNAA), funded by AoA since 1994, is to raise American Indian elder life quality to the highest level thru research, technical assistance & training. Objectives: 1) monitoring native elder needs thru tribal and national assessments; 2) translating research into practice, promoting vitality for native elders thru health promotion training and technical assistance; 3) communication thru newsletters, fact sheets, and electronic media; and 4) a health literacy project with published results. NRCNAA has been a leader in research & needs assessments with American Indians, Tribes, and older Americans for almost 10 years, & will continue the next 3 years of the proposed cooperative agreement. NRCNAA provides an array of training & technical assistance to various groups regionally and nationally. They collaborate with Title III & Title VI providers and will continue by connecting with AoA Regional Offices to assist with regional and national training and technical assistance. NRCNAA will continue collaborating with federal & state recognized tribes; Alaskan Native corporations and villages; Native Hawaiians; urban Indian organizations; the National Indian Council on Aging, & other prominent aging groups. NRCNAA has the only national database on American Indian elder needs & may be the only source for trend data on functional limitations, chronic disease, and health risks data for Native elders. 9,296 + elders at 88 sites represent 132 tribes in 22 states, & 11 Indian Health Service areas, NRCNAA will help: 1) seniors access an integrated array of health and long term care services; 2) elders stay active and healthy; 3) support families caring for loved ones in their home and community; and 4) promote effective, responsive management/best practices, which will be disseminated to Native elders and Councils, & providers via e-mail, fact sheets, web, newsletter, articles, an 800 # and direct inquiry.

Program: Older Indians National Resource Centers

90AM2752 National Resource Center for American Indians, Alaska Natives and Native Hawaiians

Project Period: 09/30/2003 - 09/29/2007

| FY      | <b>Grant Amount</b> |  |
|---------|---------------------|--|
| FY 2003 | 344,155             |  |
| FY 2004 | 344,155             |  |
| FY 2005 | 344,155             |  |

UNIVERSITY OF ALASKA ANCHORAGE 3211 Providence Drive Anchorage, AK 99508-4614

Contact: Cheryl Easley (907)486-6597

The National Resource Center for American Indian, Alaska Native and Native Hawaiian Elders at the University of Alaska, Anchorage will report to an advisory board of native leaders on three goals: 1) empowering native communities to incorporate traditional ways of treating elders within community care systems, in keeping with community heritages; 2) providing technical information to promote culturally sensitive and appropriate services to maintain social well being within a spiritual elder-focused environment; and 3) increasing national visibility of native eldercare issues. Outcomes will include: 1) defined native elder values to better understand appropriate native eldercare standards; 2) defined clinical and behavioral needs; 3) assistance to native communities in conducting assessments of elder desires for their own care; and 4) identification and research of "best or promising practices" of the current incorporation of culture-based native eldercare services.

Program: Unsolicited

90AM2813 The Potential of Senior Centers to Improve Health & Independence of Older Adults: A National Blueprint for the Future

Project Period: 09/30/2003 - 05/31/2005

| FY      | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2003 | 125,000             |

NATIONAL COUNCIL ON THE AGING 300 D Street, SW, Suite 801 Washington, DC 20024

Contact: Barbara Rayner

The National Council on the Aging (NCOA) and the National Institute of Senior Centers (NISC) propose to develop a national blue print for maximizing the use of the country's senior centers to deliver proven and promising innovations that increase the health, independence and continuing contributions of older adults. We plan to identify 6-8 of the most promising innovations, assess the capacity of senior centers in 10 key states to implement these innovations, and develop national, state and local strategies for achieving widespread diffusion of these innovations through local and regional networks of senior centers. This 15 month-project will leverage NCOA's experience, current work and large network of national, state and local leaders and organizations to strengthen the capacity of senior centers to offer evidence-based and other promising programming in health promotion, disease and disability prevention, civic engagement, consumer direction and other community-based long-term care services. NCOA is engaging Barbara Rayner to direct this project. Barbara brings extensive experience successfully heading the Rhode Island State Unit on Aging and earlier experience directing senior centers and collaborating with NCOA in establishing and developing the National Institute of Senior Centers.

# 90AZ2367 Virginia Alzheimer's Disease Response Project: Collaboration, Service Models, and Education

Project Period: 07/01/2000 - 06/28/2005

Commonwealth of Virginia 1600 Forest Ave., Suite 102 Richmond, VA 23229

Contact: Bill Peterson

| ciioa. orro | 1/2000 00/20 |
|-------------|--------------|
| FY          | Grant Amount |
| FY 2000     | 350,000      |
| FY 2001     | 350,000      |
| FY 2002     | 375,000      |
| FY 2003     | 350,000      |

The goal of this rural demonstration project is to develop new, holistic models of care for persons with Alzheimer's disease. These holistic demonstration models will address the service and health care needs of persons with Alzheimer's disease (AD), as well as their emotional and spiritual needs. The objective of this rural AD demonstration project is to provide education and training in effective methods of dementia care to certified nursing assistants (CNAs). The partners are Catholic Charities, St. Mary's Bon Secours Parish Nurse Program, AD Association, Virginia Department of Human Resource Management, Virginia Hospital Association, Senior Companion Program, Public Service Groups--fire departments, rescue squads, EMS, etc. The expected outcomes of this rural AD demonstration project are: a statewide AD Response Task Force; 13 subgrants to demonstrate a holistic approach to AD; a CNA dementia training program, manuals and mechanisms; dementia education for communities of faith; a curriculum to train parish nurses about AD, dementia, and Virginia's LTC system; an Older Adult Ministry Rural Workshop for Clergy; an AD curriculum for physicians; and emergency room staff educated on AD. The products of this rural AD project are a final report; new holistic rural AD models; education and training materials for CNAs; and a published article for physicians.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

**90AZ2457** Springfield Multicultural Alzheimer's Service Project

Project Period: 07/01/2001 - 06/30/2005

FY 2001 350,000 FY 2002 350,000 FY 2003 350,000

Commonwealth of Massachusetts One Ashburton Place Boston, MA 02108-2108

Contact: Eliza Lake

The goal of this 3 year Alzheimer's Disease (AD) demonstration project is to provide access to appropriate information and services for Springfield's Latinos and African Americans with AD and their families and caregivers through multiple community and faith-based organizations. The objectives of this AD project are: 1) to develop outreach to Latinos and African Americans with AD; 2) to create a partnership between the Alzheimer Association (AA), the local AAA/ASAP, the local Visiting Nurses Association (VNA), and community organizations that will remove service barriers for those who are currently underserved; 3) to provide direct services through the Massachusetts Respite Care Program (MRCP); 4) to create new programs for Latinos and African Americans; 5) to provide education, training, support and respite to client families/caregivers; 6) to provide cultural competency training to all providers; and 7) to perform a project evaluation. The anticipated outcomes are: outreach to target populations; access for underserved; expanded respite and support AD services to Latinos and African Americans; direct services via MRCP and VNA; creation of new programs; cultural competency training; an evaluation; and removal of service barriers. The products of this AD project are a final report, and AD Spanish materials.

# 90AZ2572 Alzheimer's Arts, Education and Caregiver Initiative - A Kansas Strength-Based Respite Model

Project Period: 07/01/2002 - 06/30/2005

|         | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2002 | 225,000             |
| FY 2003 | 225,000             |
| FY 2004 | 225,000             |

Kansas Department on Aging 503 S. Kansas Avenue Topeka, KS 66603

**Contact: Cindy Miller** 

This is a three year Alzheimer's Disease (AD) demonstration project, whose goal is to develop a model day program to provide art and care for persons with AD in an effort to nurture their remaining strengths. The objectives are: 1) to create an environment that offers art and creativity through the development of an Arts and Inspiration Center; 2) to increase access through respite mini-grants program, a consumer-directed respite grant program which will target rural and Hispanic elders; 3) to develop a statewide education and information campaign, including Breakfast Clubs, a generally effective model of caregiver support groups in rural areas; 4) to educate and support family caregivers in venues where caregivers naturally congregate; 5) to pilot this program in several communities; 6) to evaluate this program; and 7) to replicate it statewide. The partners include: Kansas Dept. on Aging; Kansas Association for AAAs; Health Care Association; Alzheimer Disease Association Chapters; and Kansas Association of Homes and Services for the Aging. The anticipated outcomes are: Hispanic respite mini-grants; the Hispanic Arts and Inspiration Center; an AD Hispanic model day program; a Hispanic breakfast club model; arts-based respite opportunities for families coping with AD; availability and access to respite services for rural and low income elders and their caregivers; consumer directed respite care for rural Kansans; Hispanic support groups; and AD information and education. The products are a final report and a replication manual.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

90AZ2573 Pennsylvania Memory Loss Screening Program

Project Period: 07/01/2002 - 06/30/2006

| FY      | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2002 | 349,012             |
| FY 2003 | 349,012             |
| FY 2004 | 349,012             |

PENNSYLVANIA DEPARTMENT OF AGING 555 Walnut Street, 5th Floor Harrisburg, PA 17101-1919

Contact: Velma E Carter-Dryer

This is a three year Dementia demonstration project, whose goal is to develop the Pennsylvania Memory Loss Screening (MLS) Program. The MLS program is designed to create dementia screening and service delivery focusing on serving Latino/Hispanic American, Asian-American, African American and rural Pennsylvanians. The objectives of this MLS project are: 1) to develop models of community based service delivery; 2) to target the integration of medical and social support services; 3) to provide facility based, in-home and overnight respite and adult day care; 4) to serve people with early on-set dementia (before the age of 60) regardless of race; and 5) to provide direct services, e.g., facility based, in-home and overnight respite and adult day care. The Community-based organizations involved in this MLS program include Area Agencies on Aging, PA Dept. of Health, PA Dept. of Public Welfare, Univ. of PA Health System (Memory Disorders Clinic), PA Intra-governmental Council on LTC, Hahnemann University, and Alzheimer's Association chapters of PA. The anticipated outcomes are: a cadre of volunteers; a dementia screening service for AD minorities and rural elders; improved client health; improved responsiveness of all agencies; greater access to services and community-based supports; improved referrals, screenings, and education forums; and partnership with corporate and private foundations. The products are: a final report; an MLS model of community-based service delivery to minorities; a replication manual; and multi-language materials.

# 90AZ2574 Implementing Changes to Improve Dementia Care in Home, Community and Health Service Organizations

Project Period: 07/01/2002 - 06/30/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2002 | 282,373      |
| FY 2003 | 272,355      |
| FY 2004 | 257,224      |

MICHIGAN DEPARTMENT OF COMMUNITY HEALTH 320 South Walnut Street Lansing, MI 48913-8913

Contact: Irene Kazieczko (517)335-0252

This is a three year demonstration project that will focus on rural populations and will help the State of Michigan to take a systems integration approach to improving care for families coping with Alzheimer's Disease (AD). The four goals of this project are: 1) to replicate a model program of assistance designed to improve access and coordination of care between physicians, people with dementing illnesses, their families, and voluntary health organizations (VHO); 2) to implement two models of assistance in home and community-based service organizations that improve their responsiveness to the needs of people with dementing illnesses and their families; 3) to implement the current statewide capacity of VHOs for Alzheimer, Huntington and Parkinson diseases to follow-up on inquiry calls, provide care consultation and link callers with other supportive services; and 4) to identify components of each model of assistance that have potential for replication or integration by other similar organizations and disseminate key results, lessons, protocols and service methodologies to units of state government, Area Agencies on Aging, VHOs and interested health care providers. The anticipated results of this AD program are: a state model; better understanding of Alzheimer patients' illness; increased level of knowledge and confidence in caring for the patients; and use of new protocols. A product of this AD program is a final report.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

**90AZ2575** Coordinated Care Alzheimer's Demonstration Project

Project Period: 07/01/2002 - 06/30/2005

| FY      | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2002 | 305,000             |
| FY 2003 | 266,883             |
| FY 2004 | 224,676             |

NEW YORK STATE OFFICE FOR THE AGING 3 Empire State Plaza Albany, NY 12223-1251 Contact: Marcus Harazin (518)474-5478

This three year Developmental Disabilities (DD) and Alzheimer's Disease (AD) project goal is to develop direct services to low income persons with DD/AD in rural areas. It is designed to help them remain in family homes and group homes in their communities. The community-based organizations (CBOs) involved are the State Office on Aging; Health Dept., Office on Mental Retardation and DD; AAAs, Alzheimer's Association chapters; chapters of the Association of Retarded Citizens (ARC), the University of NY at Albany and local DD service providers. The objectives of this DD/AD project are: 1) to find and identify individuals with DD/AD; 2) to provide current information, education, training; 3) to develop support group services to family caregivers; 4) to develop comprehensive professional training programs; 5) to create an DD/AD competent workforce for DD service providers, AAAs and chapters of the Alzheimer's Assn.; 6) to disseminate the models of services and training to other regions in NY state; and 7) to plan for long-term funding development. The anticipated outcomes are: 40 persons with DD/AD identified and served; in one year, support groups formed in 10 group homes and 3 regions, and 15 groups established in year two; 150 home care staff and family caregivers trained; and a review of Medicaid waivers and other funding mechanisms to help with DD/AD persons. The products are a final report, a family resource directory, and training materials.

# 90AZ2576 West Virginia Alzheimer's Disease Demonstration Project

West Virginia Bureau of Senior Services 1900 Kanawha Blvd. East, Bldg. 10 Charleston, WV 25305-5305

Contact: Jan Bowen (304)558-3317

Project Period: 07/01/2002 - 06/30/2005

| FY      | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2002 | 250,000             |
| FY 2003 | 250,000             |
| FY 2004 | 250,000             |

This is a 3 year Alzheimer's Disease (AD) demonstration project whose goal is to identify and address needs of rural and low-income West Virginia Appalachian and other WV families struggling with AD. The Community-based organizations (CBO) involved are: the Alzheimer's Disease Association; Office of Health Facilities Licensure and Certification; local scouts; 4-H programs and faith-based youth groups; and local senior centers. The objectives are: 1) to issue start-up grants to senior centers that will work with community coalitions; 2) to establish or enhance local adult day care centers/facilities; 3) to issue grants to county senior centers and local service organizations to provide in-home respite care; 4) to develop a consumer directed respite care approach by issuing respite care grants directly to families; 5) to create a statewide toll-free help- line; 6) to update the CNA training curriculums to include dementia training; 7) to change CNA licensure requirements to require education and experience in assisting persons with dementia; and 8) to develop merit badges in AD, dementia and the aging process in collaboration with local civic, community and faith-based groups. The anticipated outcomes are: a sustainable collaborative process to help rural AD persons; increased access to and availability of rural respite care and rural adult day care services; 24 CNA training programs state-wide and reduction in CNA turnover in LTC settings; dementia training for licensure; an AD Merit Badge program; and a statewide centralized toll-free help line.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

90AZ2577 Helping Rural Colorado Families Access Supportive Services for Alzheimer's Disease

STATE BRD OF AGRICULTURE ACTING BY & THRU CO STATE UNIV State Board of Agriculture, acting by and through

202 Johnson Hall

Fort Collins, CO 80523-0523

Contact: Paul Bell (970)491-7215

Project Period: 07/01/2002 - 06/30/2005

| FY      | Grant Amount |
|---------|--------------|
| FY 2002 | 350,000      |
| FY 2003 | 350,000      |
| FY 2004 | 350,000      |

Acting through Colorado State University, the goal of this 3 year Alzheimer's Disease (AD) rural and Hispanic demonstration project is to increase the availability of home health care, companion services, personal care, respite care, adult day care, support groups, and related services to individuals and families with dementia and their families in rural Colorado. The objectives of this AD project are: 1) to demonstrate various models of respite care provided by faith-based groups, civic organizations; 2) to develop a cadre of volunteers as respite providers; 3) to develop and provide family and professional training in the Savvy Caregiver Program; 4) to recruit and coordinate with the Cooperative Extension Service (CES) Gerontology team, AAAs, AD Association, and service providers; and 5) to create a Coordination Task Force that will assimilate feedback from the project, and monitor the project's progress. The anticipated outcomes are: 500+ families trained to use supportive services to prevent caregiver burnout; an expanded 24/7 English/Spanish AD Helpline; stigma of AD's in rural areas eliminated; private sector funding of support services developed; caregiver screening tools developed; caregiver burden reduced; a community coalition developed; and access to home and community-based care services improved.

### 90AZ2578 Oklahoma Alzheimer's Coalition Project

Project Period: 07/01/2002 - 06/30/2005

| FY      | <b>Grant Amount</b> |  |
|---------|---------------------|--|
| FY 2002 | 338,363             |  |
| FY 2003 | 338,363             |  |
| FY 2004 | 338,363             |  |

OKLAHOMA DEPARTMENT OF HUMAN SERVICES 312 NE 28th Street - LC #150 Oklahoma City, OK 73105-3105

Contact: Norma Goff (405)522-4510

This three year Alzheimer's Disease (AD) demonstration project goal is to develop an in-home respite and companion visitation recruitment and support program using mentors and volunteers, working in teams, to provide direct home and community-based (HCB) services targeted to African American, Native American and rurally isolated populations. The community-based organizations involved in this project are the Methodist Church; the Presbyterian Church; Tulsa AAA; Osage County nutritional sites and day care and home health; and others. The objectives are: 1) to train students to deliver specialized dementia care; 2) to support their on-the-job training program; 3) to prepare ten mentors and on-site front line workers (nurses, aides, etc.) for adult day care (ADC) and respite programs; and, 4) to replicate the program in faith-based and community/civic groups. The anticipated outcomes are: a multi-level health profession career ladder for front-line community based care staff; increased staff retention; increased access to direct services for African American and Native American AD persons; increased supply of LTC home and community based care workers; increased supply of volunteer workers; and a replication volunteer model. The product is a final report.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

**90AZ2579** The Alzheimer's Disease Project of Mississippi

Project Period: 07/01/2002 - 06/30/2005

 FY
 Grant Amount

 FY 2002
 252,000

 FY 2003
 239,223

 FY 2004
 239,223

Mississippi Department of Mental Health 1101 Robert E. Lee Building Jackson, MS 39201-9201

Contact: Jennie Hillman (601)359-1288

This is a 3 year Alzheimer's Disease (AD) African American demonstration project. The goal is to develop volunteer-staffed day respite programs with targeted outreach and service delivery to African Americans. The involved community-based organizations include the MS Dept of Mental Health, AD Association, Area Agencies on Aging, Baptist Health System, RSVP, First Friends Adult Day Care Center, MS Senior Companion program, and others. The objectives are: 1) to expand the capacities of existing in-home and group respite, homemakers, and personal care services; 2) to improve the long-term care workforce by providing educational training programs; 3) to develop and improve the use of Senior Companions Program; 4) to improve the retention of the workforce through training programs for direct care workers (Certified Nursing Assistants, home health aides, sitters, companions); 5) to provide special training for staff on ways to work with and support the independence of AD clients who live alone; and, 6) to strengthen a volunteer program. The anticipated outcomes are: expanded service availability for AD persons; an increased volunteer workforce; an increased capacity of the care system; increased AD /Dementia trainings; and integration of mental health and aging network services. The products are a final report and AD brochures.

### 90AZ2692 Consumer-Directed Services for Families of Persons with Alzheimer Disease

Project Period: 07/01/2003 - 06/30/2007

Nebraska Department of Health and Human Services

PO Box 95044

Lincoln, NE 68509-5044

Contact: Janice Price (402)471-9106

| FY      | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2003 | 326,000             |
| FY 2004 | 278,300             |
| FY 2005 | 150,000             |
| FY 2006 | 100,000             |

This project will use a consumer-directed approach to serve persons with mild to moderate forms of Alzheimer's Disease (AD), and their caregivers. The first goal of the project will be to enable consumers to make effective decisions about care for their relatives and allow them to remain at home as long as possible. The second goal of this project is to offer caregivers a mentor who will provide information and support, mental health support, if needed, and expanded education/training opportunities. Partnerships will be formed with existing community services and religious and rural coalitions to coordinate and enhance services for caregivers and to reach the currently under-served population of caregivers in a five county area. The anticipated outcomes are: consumer-directed approach for AD patients; caregivers for AD patients; family and relative integration; increased support for AD persons to stay at home and in their community; a mentor assigned for each AD person; and mental health support for each AD person. The product is a final report.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

**90AZ2693** Dementia Outreach Lexington: Diagnosis/Treatment and Services for African-Americans

Kentucky Cabinet for Health and Family Services

Human Support Services 275 E. Main Street, 3 W-F

Frankfort, KY 40621

Contact: Phyllis E. Culp (502)564-7194

Project Period: 07/01/2003 - 06/30/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 212,970      |
| FY 2004 | 189,029      |
| FY 2005 | 189,029      |
| FY 2006 | 189,029      |

Kentucky's Office of Aging Services, in collaboration with the Sanders Brown Center on Aging and the Greater Kentucky and Southern Indiana Chapter of the Alzheimer's Association, will conduct a three-year program to increase awareness of dementia and utilization of dementia care services by the African-American community. The objectives of the project are: (1) to increase awareness of dementia in the Lexington/Fayette County African-American population; (2) to provide dementia diagnostic services for African-Americans in their community setting; and (3) to offer two separate services through churches, e.g., support groups and a Best Friends care program - to complement programs already in place. Expected outcomes are: increased use of diagnostic and treatment services already in place in an African-American neighborhood, and an increase in sense of satisfaction with caregiving efforts. Products are: a final report; informational materials on dementia and available services; training materials for coaching caregivers and patients; evaluation tools; and manuscripts for publication.

# 90AZ2694 Rural Respite Program - Group Socialization and In-home Respite

Utah Department of Human Services Aging and Adult Services 120 North 200 West, Room 319 Salt Lake City, UT 84103

Contact: Sonnie Yudell

Project Period: 07/01/2003 - 06/30/2007

|         | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2003 | 300,000             |
| FY 2004 | 300,000             |
| FY 2005 | 300,000             |

This project plans to expand access to community-based respite services and to develop a system of in-home respite care that is volunteer driven, for persons with Alzheimer's disease (AD) and related dementias and their caregivers within rural areas of the state and/or minority communities where no such program exists. The goal is to develop relationships with diverse organizations and faith based programs to mobilize and train volunteer respite companions. Culturally sensitive volunteer training materials will be developed to reach a wide range of volunteers and clients. The objectives are: 1) to train volunteer companions who will provide respite care supplemented by home health care; 2) to prepare professionals to teach basic dementia care to participating families; 3) to develop a model for a two-pronged program with parallel development of a plan for community awareness and educational presentations and a program for recruiting and training volunteers and clients; and 4) to provide respite for caregivers, while providing care and socialization for their family member with Alzheimer's. The expected outcomes are: increased access to community-based and in-home respite services; increased use of volunteers for AD persons; increased number of rural caregivers; trainings for AD volunteers and caregivers; and improved access to dementia care services for families with AD persons. The product is a final report.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

90AZ2695 Early Intervention and Continuous Supportive Services Project

Project Period: 07/01/2003 - 06/30/2007

 FY
 Grant Amount

 FY 2003
 320,348

 FY 2004
 305,298

 FY 2005
 293,217

 FY 2006
 287,174

IDAHO COMMISSION ON AGING PO Box 83720 Boise, ID 83720-0007

Contact: Lois S Bauer (208)334-3833

Idaho's Alzheimer's Disease (AD) Project creates a collaborative model, the "Stand By You Program". The goal is to provide a network of services and a single point of entry for people with AD and their families. The objectives are: 1) to offer, through a family advisor, an array of community services; 2) to offer monthly orientations to Alzheimer's Disease and nine-week in-depth training courses; 3) to offer individual, couple and family counseling; and, 4) to offer access to responsive paid and informal respite and companion services. The anticipated outcomes are: dementia-specific training for the network of providers and a peer group; shared best practices; quality improvement processes explored; sustainability and capacity building methods implemented; and purpose and values of the "Stand By You Program" articulated by a professional, community advisory group, to the professional communities they represent. The products are: a final report, and training materials on AD.

# 90AZ2696 Home And Community Based Support Services for Hispanic Cultured Persons with Alzheimer's Disease and their Caregivers

Project Period: 07/01/2003 - 06/30/2007

Puerto Rico Ombudsman for the Elderly P. O. Box 191179 Old San Juan Station San Juan, PR 00919-1179

Contact: Rossana Lopez-Leon (787)721-4560

| 01100: 0170172000 00700 |              |
|-------------------------|--------------|
| FY                      | Grant Amount |
| FY 2003                 | 300,000      |
| FY 2004                 | 300,000      |
| FY 2005                 | 300,000      |
| FY 2006                 | 300,000      |

The Office for Elderly Affairs for the Commonwealth of Puerto Rico will conduct a 3-year demonstration project with two primary goals: 1) to develop and provide a comprehensive home-based support model for Hispanic Persons with Alzheimer's Disease (AD) and their Caregivers; and 2) to improve receptiveness of existing Senior Centers and the long-term care service networks toward persons with AD and related disorders (ADRD). The objectives are: 1) to provide a variety of respite services, home health care, companionship, homemaker services and case management; 2) to provide information and training to strengthen their skills and well-being; 3) to provide both community service networks with "know-how" information and training, which will result in increased knowledge, sensitivity and receptiveness of persons with AD; and 4) to incorporate community organizations and government agencies as part of its Advisory Council, which will play an active role in planning, implementation and evaluation activities. The expected outcomes are: increased family home support for Hispanics with AD in Puerto Rico; and increased sensitivity towards Hispanics with ADRD. The products are a final report, and AD Hispanic training materials.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

90AZ2723 Reaching and Empowering Alzheimer's Clients Together (REACT)

Connecticut Department of Social Services Social Work and Prevention 25 Sigourney Street Hartford, CT 06106

Contact: Kathy Bruni (860)424-5872

Project Period: 07/01/2003 - 06/30/2007

FY Grant Amount
FY 2003 250,000

| • •     | Oranic / infoance |
|---------|-------------------|
| FY 2003 | 250,000           |
| FY 2004 | 250,000           |
| FY 2005 | 250,000           |
| FY 2006 | 250,000           |
|         |                   |

The Connecticut Department of Social Services is developing this 3-year Alzheimer's Disease (AD) project in partnership with the Connecticut AD Association., AAA, and the Capitol Region Conference of Churches. The goal of this AD project is to conduct community outreach, awareness, and clinical supportive services for AD persons and their families. The objectives are: 1) to provide community based and in-home clinical assessment/counseling/treatment; 2) to develop materials and treatment strategies; 3) to conduct outreach and increase participation of underserved populations; 4) to conduct program and service integration; and 5) to expand current services/support systems. The projected outcomes are: increased participation of underserved seniors; creation and dissemination of outreach and educational materials; fewer barriers, inc. access and availability of resources and services to families; expanded service/care/support network; increased services and treatments; and connected to services for isolated self-neglecting AD persons. The program products are web accessible and include final report; brochures; evaluation/assessment tools; training manuals; and treatment manual.

# 90AZ2767 North Dakota Alzheimer's Demonstration Project: Working Together

ND ST DEPT OF HUMAN SERVICES

Aging Services Division 600 East Blvd. Ave., Dept. 325 Bismarck, ND 58505-0250

Contact: Sheryl R.H. Pfliger (701)328-4645

Project Period: 07/01/2004 - 06/30/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 261,150      |
| FY 2005 | 261,150      |
| FY 2006 | 261,150      |

The goal of the North Dakota Working Together project is to build an alliance between the medical community, parish nurses, OAA and community services to increase dementia identification, treatment and caregiver respite, with a special focus on rural areas and American Indian reservations. A University of North Dakota dementia curriculum will be used to train a pool of Qualified Service Providers (QSPs) with expertise in dementia care. Two medical systems will provide protocols, tools and training to the medical community to facilitate assessment, treatment and referral for enhanced respite services.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

90AZ2768 Staying the Course in Alzheimer's Care

Vermont Department of Aging and Independent Living Disability and Aging Services 103 South Main Street Waterbury, VT 05671-1601

Contact: Maria Mireault (802)241-3738

Project Period: 07/01/2004 - 06/30/2007

| ŀΥ      | Grant Amount |
|---------|--------------|
| FY 2004 | 311,150      |
| FY 2005 | 311,150      |
| FY 2006 | 300,000      |

The Vermont Department of Aging and Independent Living (DAIL) will develop and implement a three-year project that provides supportive, educational and/or direct service interventions for caregivers of people with Alzheimer's Disease and Related Disorders (ADRD), helping those with ADRD remain in their homes and communities. The project will serve 450 households, targeting family caregivers with low incomes, caregivers residing in rural, underserved areas of the state, and supportive services teams caring for people with ADRD and developmental disabilities. Vermont's DAIL will link project activities to Vermont's community-based long-term system, enhancing existing services and developing new resources, such as case management and eldercare mental health within primary care practices; dementia care capable developmental service teams; and caregiver wellness and supportive services projects.

#### 90AZ2769 Alzheimer's Demonstration Program: Coordinating Care in Wyoming

Project Period: 07/01/2004 - 06/30/2006

FY Grant Amount FY 2004 150,000

WY ST DEPARTMENT OF HEALTH 6101 Yellowstone Road Room 259B Cheyenne, WY 82002

Contact: Beverly J Morrow

The Aging Division will engage in a one-year pilot project to greatly improve the coordination of outreach to, and services for, people with Alzheimer's Disease/dementia and their caregivers. The goals are to: better understand the need of AD families in Wyoming; increase knowledge bases regarding AD; raise awareness of available resources; and create a more effective, responsive network of services that strengthen community-based in-home care recipients and support the needs of caregivers. Expected outcomes include: increased support and stress reduction for caregivers; coordinated services that improve care and effectiveness, leading to prolonged avoidance of premature institutionalization; and increased awareness and knowledge among professionals and the public. Products will include dementia resource manuals, a reliable needs assessment, a Web resource and final report.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

90AZ2770 Alzheimer's Disease Demonstration Grant

Project Period: 07/01/2004 - 06/30/2006

FY Grant Amount FY 2004 225,000

SD ST DEPARTMENT OF SOCIAL SERVICES State Office Bldg. 700 Governors Drive Pierre, SD 57501

Contact: Pat Miller

Through this one-year grant, the South Dakota Office of Adult Services and Aging will identify the needs of individuals with Alzheimer's Disease and related dementia and their paid and unpaid family caregivers. Once the needs have been identified, a coordinated system of care and training to meet these needs will be developed. First, a meeting will be held to identify partner agencies and organizations that work with individuals with Alzheimer's Disease. These partner agencies will form the planning committee. A main focus of the planning committee will be the identification of the number of people with this disease who live in South Dakota and their location, as well as measurements of the effectiveness of the current support system. Training for paid and unpaid caregivers will be developed and a program that offers direct supportive services for caregivers will be a priority.

#### 90AZ2771 AoA Alzheimer's Demonstration Grant

Commonwealth of Virginia Virginia Department for the Aging 1610 Forest Ave., Suite 100 Richmond, VA 23229

Contact: Janet H Schaefer (804)662-9333

Project Period: 07/01/2004 - 06/30/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 311,150      |
| FY 2005 | 311,150      |
| FY 2006 | 300,000      |

Based upon the feedback that the Virginia Department for the Aging (VDA) received during its first Alzheimer's Disease Demonstration Grants to States Program (ADDGS), VDA will initiate three new projects to improve services to the 107,403 older Virginians and their families impacted by Alzheimer's disease and related disorders (AD), and to better integrate Alzheimer's disease programs into the long-term care services system. The first project will award grants to the four Alzheimer's Association chapters in Virginia to provide respite care to families caring for persons with AD. The second project will demonstrate the viability of the systems changes that will result from the development of a Comprehensive Virtual Center on Alzheimer's Disease. The third and final project will initiate the development of affordable driver assessment and rehabilitation programs in Virginia targeted to drivers in the very early stages of AD. VDA will also reactivate the state-level Alzheimer's Disease Response Task Force (ADRTF), created under the department's first ADDGS grant, to provide ongoing guidance during the implementation and evaluation of the three projects.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

90AZ2772 Alzheimer's Community Outreach, Education and Capacity-building Project

Project Period: 07/01/2004 - 06/30/2007

| FY      | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2004 | 311,150             |
| FY 2005 | 311,150             |
| FY 2006 | 300,000             |

Minnesota Board on Aging
PO Box 64976
St. Paul, MN 55164
Contact: Jean Wood (651)431-2565

The goal of the Minnesota Working Together project is to engage in a three-year systems change effort to connect the medical and community care systems to create an integrated service system for caregivers and individuals with dementia, in order to increase dementia identification, assessment, treatment and caregiver respite.

#### 90AZ2773 Alzheimer's Demonstration Grant

Project Period: 07/01/2004 - 06/30/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 311,150      |
| FY 2005 | 311,150      |
| FY 2006 | 300,000      |

State of Louisana Governor's Office of Elderly Affairs 412 North 4th Street - 3rd Floor Baton Rouge, LA 70802-

Contact: Sharon Buchert (225)342-7100

The Governor's Office of Elderly Affairs and community partners, the Alzheimer's Association and Alzheimer's Service of the Capital Area, will improve the responsiveness of Louisiana's overall system of home and community-based care to the needs and preferences of persons with Alzheimer's Disease and their caregivers. The major objectives of the partnership are: to streamline access to information and services that support persons with Alzheimer's Disease and their caregivers; increase consumer control in service options; empower individuals and their caregivers with increased skills and tools to self-advocate and manage needs; and increase services to the underserved through outreach to rural and minority residents. The expected outcome is that persons with Alzheimer's Disease and their caregivers will have increased access to information and services that are culturally appropriate and geographically/physically convenient. The proposed activities to achieve these objectives include: more availability and consumer direction for National Family Caregiver Support Program participants; increased respite services and caregiver education; diversity outreach efforts for minority and rural caregivers; and mobile day services to offer innovative respite options.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

90AZ2774 Expanding Culturally Appropriate Adult Day Care to Minorities and Mid-Late Stage Clients.

State of Iowa Iowa Department of Elders Affairs 510 East 12th Street, Suite 2 Des Moines, IA 50319

Contact: Jayne Walke (515)725-3309

| Project F | Period: 07/0 | 1/2004 - 06/30 | /2007 |
|-----------|--------------|----------------|-------|
| •         | FY           | Grant Amount   |       |
|           | FY 2004      | 311,150        |       |
|           | FY 2005      | 311,150        |       |

300,000

FY 2006

The lowa Department of Elder Affairs (IDEA) will conduct a three-year program to increase the capacity of Adult Day Health and Respite (ADR) providers to deliver culturally appropriate service to persons with dementia and to emerging minority populations in rural settings. Goals include: 1) convene statewide committee to evaluate and develop ADR training; 2) increase use of direct services for ADR care; 3) assessment and intervention services and staff education to ADR provided by a Memory Loss Nurse Specialist (MLNS); and 4) evaluate and develop culturally sensitive education, training materials, classes, and services. Expected outcomes include: increased numbers of higher level dementia clients receiving adult day/respite services from trained staff; expertise of a MLNS for assessment and education; dementia specific adult day/respite centers meeting new state rules and regulations; and increased client/family satisfaction with services. Products will include a web site, culturally specific training manual, educational and evaluation tools, and research manuscripts. These will be disseminated to community colleges, direct service organizations and Area Agencies on Aging and introduced at state, local and national conferences.

#### 90AZ2775 Focus on Families

ARKANSAS DEPARTMENT OF HUMAN SERVICES

Division of Aging and Adult Services

PO Box 1437, Slot S530

Little Rock, AR 72203

Contact: Susie Keesling (501)682-2441

Project Period: 07/01/2004 - 06/30/2007

| FY      | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2004 | 281,150             |
| FY 2005 | 275,754             |
| FY 2006 | 275,754             |

The Arkansas Division of Aging and Adult Services' project is called Focus on Families. The project combines models of direct care for underserved populations, use of faith-based and other volunteer organizations, plus innovative methods for improving access to services, information, and supports. The goals are: to focus services/support at the home and community level for people with Alzheimer's Disease (AD)/related disorders and their family caregivers; develop additional services; and make access to services easier and resource information more readily available. Major objectives include: developing and implementing a bridge fund to make home and community-based waiver services available pending eligibility determination; developing a Web-based information system; implementing two models of direct care; providing faith-based volunteer services; televising family caregiver training; holding annual symposiums for AD caregivers; and exploring the needs of people who have both AD and developmental disability through a stakeholders' committee. The overall approach includes enhancement of current systems change initiatives, focus on minority and rural populations, and collaboration with key partners and community organizations. Products from the project include broadcast-based training materials, Web-based information, direct care and volunteer service models, bridge fund procedures/outcomes, symposiums, and reports.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

90AZ2776 Walk of Friendship Program

Project Period: 07/01/2004 - 06/30/2007

FY 2004 276,059 FY 2005 276,059

AZ ST DEPT OF ECONOMIC SECURITY 1789 West Jefferson Street (950A) Phoenix, AZ 85007

Contact: Henry Blanco (602)542-4446

The Arizona Department of Economic Security, Aging and Adult Administration will build upon its Walk of Friendship model of assistance to address the need for care systems that are dementia-capable and culturally sensitive for individuals with dementia, their families, and their caregivers. The goals of the program are to expand culturally sensitive and linguistically appropriate services and materials for persons with dementia and their caregivers and to improve coordination and service delivery of home and community-based services at the state and local level. Expected outcomes are: underserved populations with the disease and their caregivers will have increased assess to dementia-capable services; family caregivers will have an increased awareness and knowledge of Alzheimer's disease and available resources; individuals and families will better cope with and plan for disease progression and memory loss; persons with the disease and their family caregiver will have enhanced quality of life and better social supports; and community engagement in dementia capable delivery of services will be improved. Products will include an evaluation report, final report, and web page information.

# 90AZ2777 DE Memory Loss Screening Demonstration Project

Project Period: 07/01/2004 - 06/30/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 161,150      |
| FY 2005 | 161,150      |
| FY 2006 | 161,092      |

DE DEPARTMENT OF HEALTH & SOCIAL SERVICES 1901 N DuPont Highway, Main Annex New Castle, DE 19720

Contact: Carol Barnett (302)255-9390

The Alzheimer's Association Delaware Valley Chapter, Delaware Regional Office, has planned and will implement the Delaware Memory Loss Screening Demonstration Project. The memory loss screening tool was developed by the University of Pennsylvania Memory Loss Clinic and is a proven instrument to identify possible neurological problems. The project will target populations that are confronted with substantial barriers to accessing memory loss screening and support services. This is a community-based, education and service program that will bring memory loss screenings and dementia-related services directly to people in their communities.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

**90AZ2778** D.C. Awareness and Care Program (DC AACP)

Project Period: 07/01/2004 - 06/30/2007

|         | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2004 | 263,768             |
| FY 2005 | 263,768             |
| FY 2006 | 263,768             |

District of Columbia Office on Aging 441 Fourth Street, NW, Suite 900 South Washington, DC 20001

Contact: Roxanne Ando (202)724-5622

The District of Columbia Office on Aging (DC OoA) plans to conduct a three-year program mobilizing the African American faith community to create community coalitions that elevate awareness of Alzheimer's disease and related disorders (ADRD) and increase utilization of services by African Americans. Goals include: reaching African Americans who are not linked to services; testing an approach to link caregivers to direct services; and providing Montessori-based Activities for Persons with Dementia (MBAP) at adult day care centers. Expected outcomes are: amplified awareness of ADRD; increased number of caregivers linked to services; and improved level of functioning in ADRD elders. Products include educational videos, culturally sensitive training manual, assessment/evaluation tools, and web page information that are disseminated to public and private service organizations. Key partners include Home Care Partners, Alzheimer's Association, and DC OoA lead agencies and day care programs.

#### 90AZ2779 Alzheimer's Demonstration Project

State of Missouri
Missouri Dept of Health and Senior Services
920 Wildwood Drive - P.O. Box 570
Jefferson City, MO 65109

Contact: Diane Brown (573)751-6014

Project Period: 07/01/2004 - 06/30/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 230,523      |
| FY 2005 | 230,523      |
| FY 2006 | 230,523      |

This initiative will focus on promoting the climate for a systems change. Efforts will be directed to improving the quality of life for persons in Missouri, through expansion of real options to individuals, as they make choices about their lives. It will embark on the following three components:

- -- "Empowerment Groups" An innovative community respite model for individuals in the earlier stages of Alzheimer's, based on their capacity to self-direct care, and supporting a sense of purpose and value for the individual.
- -- A security support program addressing difficulties with wandering behavior.
- -- "Staying Home" grant funding to expand care support options for those individuals in the later stages of a dementia.

Contracting with the four chapters of the Alzheimer's Association, Missouri will strengthen the mounting movement towards strength-based care, responsiveness to individual philosophy of life and bolstering opportunities to remain in the home longer.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

90AZ2780 (STARS and Beyond) Support through Alzheimer's Relief Systems and Beyond

State of Florida Department of Elder Affairs
Division of Volunteer & Community Based Services
4040 Esplanade Way, Suite 280D
Tallahassee, FL 32399-7000

Contact: Terressa Franklin (850)414-2000

Project Period: 07/01/2004 - 06/30/2007

FY Grant Amount

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 311,150      |
| FY 2005 | 311,150      |
| FY 2006 | 300,000      |

The goal of the Florida Department of Elder Affairs proposed Alzheimer's Demonstration Project, "Support through Alzheimer's Relief Systems (STARS) and Beyond," is to increase access to services for individuals with dementia, their caregivers and families residing in traditionally underserved rural, minority and culturally diverse communities. Project objectives are: providing direct services, wanderer registration and related services for dementia clients and their caregivers; developing a prioritization system for improving services to dementia clients and caregivers; recruiting faith-based organizations to conduct community-outreach activities; conducting community outreach activities through faith-based organization volunteers; conducting community education presentations; establishing a task force of professionals and agencies serving dementia clients; and expanding 24/7 crisis-intervention, information and referral telephone services. The project approach will emphasize collaborative partnerships among service agencies to minority, elderly and culturally diverse dementia clients and their caregivers in rural areas, found in the nine service counties. Major products will include culturally sensitive dementia awareness and services brochures, and an Alzheimer's Disease "caregiver sensitive" service prioritization form.

#### 90AZ2781 Alzheimer's Disease in Rural Maine

Project Period: 07/01/2004 - 06/30/2007

| FY      | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2004 | 297,121             |
| FY 2005 | 297,121             |
| FY 2006 | 297,121             |

Maine Dept. of Health and Human Services 442 Civic Center Drive Augusta, ME 04333

Contact: Romaine M Turyn (207)287-9214

The Bureau of Elder and Adult Services proposes to increase access to an array of services provided to caregivers of people with Alzheimer's Disease (AD) in rural Maine through a collaboration between providers within Maine's Home and Community Based Care System (HBCS), the Aging Network, and Real Choice System Change Initiatives. The project will expand the pilot caregiver companion program to rural counties and add mental health, end of life care and hospice referral services for clients/families affected by AD, served by the HBCS and Area Agencies on Aging. The project will expand the focus of the ADRC's to include family caregivers. Priority will be on increasing end of life care and hospice services in aging programs. Finally, the project will recognize direct care workers trained in dementia care, in collaboration with the Direct Care Workforce Demonstration. Outcomes include: an increase in the numbers of caregivers receiving companion services, mental health counseling and hospice services; and a reduction in the degree of caregiver burden, stress and depression. Products include screening tools, training materials, Web site information and intervention strategies that reduce stress.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

90AZ2782 Project Care (Caregivers Running on Empty)

North Carolina Department of Health and Human Services Aging and Adult Services Division 2101 Mail Service Center Raleigh, NC 27699-2101

Contact: Karisa Derence (919)733-8390

Project Period: 07/01/2004 - 06/30/2007

FY Grant Amount

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 311,150      |
| FY 2005 | 311,150      |
| FY 2006 | 300,000      |

The North Carolina Division of Aging and Adult Services will implement a new three-year program of consumer-directed respite for dementia caregivers in ten counties, building upon prior successes. The program goal is to improve the quality, access, choice, and use of respite services. The aging service delivery system will be bolstered by the integration of dementia-capable resources into the Family Caregiver Support Program, the new Aging and Disability Resource Centers, and the State long-term care plan. Expected outcomes include: 1) expanded availability of dementia-specific training, education, and resources; 2) increased family awareness of the value and availability of respite; 3) greater family control over services; and 4) increased use of dementia-specific respite care services by low-income rural and minority families. Products to be disseminated include: dementia-specific materials on family decision-making and consumer-directed service use; guidelines on how to respond to caregiver anger; materials on rural and minority family care topics; visiting tips for faith-based volunteers; and a policy paper based on the grant experience and literature review. Project staff will report findings to local evaluation and planning committees.

90AZ2783 Alzheimer's Disease Demonstration Grants to States.

Alabama Department of Senior Services State Unit on Aging 770 Washington Ave, Suite 470 Montgomery, AL 36130

Contact: Lori Frazier (334)242-5743

Project Period: 07/01/2004 - 06/30/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 311,150      |
| FY 2005 | 311,150      |
| FY 2006 | 300,000      |

The State of Alabama, Department of Senior Services will conduct a three-year program to: (1) improve direct services available to family caregivers by incorporating Resources for Enhancing Alzheimer's Caregiver's Health (REACH) evidence-based, in-home social and behavioral interventions, which promote skill building; and (2) improve Alabama's overall system of care by a) incorporating the needs and preferences of persons with dementia into the State's long term care system, b) by expanding volunteer services, to include "Caring Teams" that partner with faith-based communities to provide in-home and supportive services to families, and c) through Leadership Institutes for Older Adults, which provide systems advocacy and volunteer service. Expected outcomes are: a decrease in caregiver burden, as measured by feeling of self-efficacy, anxiety and depression; and an increase in access to and knowledge about available services. Products will include training manuals on REACH interventions, Alzheimer's Caring Teams, and Leadership Institutes. Other products include evaluation tools, Web page information, a final report, and published reports on the impact of the Leadership Institute. These products will be disseminated through state and national conferences, to direct service organizations and to the Area Agencies on Aging.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

**90AZ2784** ADDGS Project Expansion and Integration in Nevada

NEVADA DEPT OF HUMAN RESOURCES

Division of Aging Services 3100 W. Sahara Avenue, Suite 103 Las Vegas, NV 89102

Contact: Melvin L Phillips (702)486-3545

Project Period: 07/01/2004 - 06/30/2007

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Nevada's Division of Aging Services will fund and coordinate four dementia-related service providers. These providers will target Nevada's rural residents, those with early state dementia, and both urban and rural underserved minorities. These and all other dementia-related services will be integrated into all home and community-based services (HCBS) networks through the Division's computerized Single Point of Entry (SPE) system. SPE is based on a robust software platform ("SYNERGY") that integrates databases, including those providing resources and referral options.

# 90AZ2785 Memory Care Connections

Wisconsin Department of Health and Family Services
Disability and Elder Services
West Wilson Street
Madison, WI 53707

Contact: Cathy Kehoe (608)266-2907

Project Period: 07/01/2004 - 06/30/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 311,150      |
| FY 2005 | 311,150      |
| FY 2006 | 300,000      |

This Wisconsin Department of Health and Family Services (DHFS) will fund four demonstrations of Memory Care Connections, a model of local collaboration aligning dementia services provided by diagnostic clinics, Aging/Disability Resource Centers, Alzheimer's Association chapters and service providers. The goal is to provide individuals and families affected by Alzheimer's disease with the information, medical diagnosis and management, caregiver support and services needed to achieve improved quality of life through closely connected local dementia services networks. Local sites will be funded to deploy nurses/social workers to link consumers with the dementia service network.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

**90AZ2786** Tennessee Alzheimer's Demonstration: System Building through Adaption of Best Practices

Tennessee Commission on Aging and Disability 500 Deaderick St., Suite 825 Nashville, TN 37243-0860

Contact: Tabitha Satterfield (615)741-2056

| Project F | Period: 07/0 | 1/2004 - 06/30 | /2007 |
|-----------|--------------|----------------|-------|
| •         | FY           | Grant Amount   |       |
|           | FY 2004      | 311,150        |       |
|           | FY 2005      | 311,150        |       |

300,000

FY 2006

The Tennessee Commission on Aging and Disability will provide respite services for about 300 persons with Alzheimer's Disease and their caregivers in five (5) counties. Also, this demonstration brings about the following system level outcomes: implementation of the coping with caregiving REACH (Resources for Enhancing Alzheimer's Caregiver Health) model in Tennessee; health promotion/disease prevention provided to Alzheimer's caregivers in collaboration with the National Family Caregiving Support Program; a media campaign to assist the project; implementation of family-directed care in the Tennessee Aging Services; and exploration of potential program enhancements for Tennessee in-home services, making them more responsive to the needs of caregivers. Project evaluation will be the responsibility of the Tennessee Commission on Aging and Disability.

#### 90AZ2787 Asian and Pacific Islander Dementia Care Networks

State of California Department of Aging 1300 National Drive, Suite 200 Sacramento, CA 95834-1992

Contact: Denise Crandall (916)322-5290

Project Period: 07/01/2004 - 06/30/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 311,150      |
| FY 2005 | 311,150      |
| FY 2006 | 300,000      |

The California Department of Aging (CDA), in coordination with the California Department of Health Services (CDHS) and a coalition of community organizations, proposes to develop and expand culturally and linguistically competent services for Asian-American, dementia-affected families in Northern and Southern California. The project's goal is to enhance the capacity of local health and social service providers to serve Vietnamese, Korean and Chinese dementia-affected families. The project's strategy is to build community capacity through coordination of community-based collaboratives; training for ethnically diverse professional providers; and service coordination for caregiving families via bi-cultural, paraprofessional Care Advocates. Products will include linguistically appropriate educational materials, an updated replication manual, tip-sheets for working with the target populations derived from focus group findings, and a manuscript on culturally competent dementia services for Asian-Americans.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

90AZ2788 Continuing Partners in Care

Rhode Island Department of Ederly Affairs John O. Pastore Center 35 Howard Avenue Cranston, RI 02920

Contact: Joan M D'Agostino (401)462-0507

Project Period: 07/01/2004 - 06/30/2007

| ŀΥ      | Grant Amount |
|---------|--------------|
| FY 2004 | 294,050      |
| FY 2005 | 294,050      |
| FY 2006 | 294,050      |

The Rhode Island Department of Elderly Affairs (DEA), in partnership with three community-based services organizations, will support RI's Systems Change Initiatives, particularly the new Aging and Disability Resource Center, by developing and strengthening statewide resources for Alzheimer's Disease (AD) families, especially minority families and those at or near the poverty line. Changes in RI's overall home and community-based system of long-term care will result from streamlining access to services and family caregiver support services for AD families. An interagency Project Advisory Group, comprised of advocates and consumers, as well as AD and aging professionals, will guide and oversee this three-year effort. Process and outcome evaluation will be performed; best practices models will be developed; and results will be disseminated locally and nationally.

# 90AZ2789 (INDIANA) Alzheimer's Disease Demonstration Grant to States

Indiana Disability, Aging and Rehabilitation Services Bureau of Aging & In-Home Services 402 West Washington Street MS-21 PO Box 7083 Indianapolis, IN 46207-7083

Contact: Patty Matkovic (317)232-0811

Project Period: 07/01/2004 - 06/30/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 311,150      |
| FY 2005 | 311,150      |
| FY 2006 | 300,000      |

Indiana's Bureau of Aging and In-Home Services will enhance support to the Alzheimer's Disease caregivers in Indiana. The objectives of this project involve the expansion of the video monitoring technology that allows caregivers to monitor persons with Alzheimer's Disease through video cameras and computer software from an off-site location. Indiana will seek funding approval through the In-Home Services network, including Medicaid Waivers for the technological services that will assist with long-term viability of these services. The Powerful Tools Training that "trains the trainer" will be offered statewide to Area Agency on Aging and state staff. Caregivers will learn how to take care of themselves, and to access help and community services. Development of a Volunteer Respite Program that targets Alzheimer's caregivers will further increase the support tools available. A volunteer coordinator will recruit community help to provide respite care. The availability of these support programs will enhance the support statewide for the caregiver.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

90AZ2790 New Mexico Alzheimer's Program

New Mexico Aging and Long-Term Services Department Community Involvment Bureau 2550 Cerrillos Road Santa Fe, NM 87505

Contact: Lynne Anker-Unnever (505)222-4503

Project Period: 07/01/2004 - 06/30/2007

FY Grant Amount

FY 2004 311,150

| ГТ      | Giani Amouni |
|---------|--------------|
| FY 2004 | 311,150      |
| FY 2005 | 311,150      |
| FY 2006 | 300,000      |

The State of New Mexico Aging and Long-Term Services Department (ALTSD) proposes to develop and implement respite care services, particularly community-based adult day care, targeting underserved communities and tribes in rural New Mexico. ALTSD will provide regional caregiver support services to be coordinated by Area Agencies on Aging throughout New Mexico. AAAs will employ regional care coordinators, who will provide individual client services, training and advocacy. Care coordinators will receive many of their referrals from the ALTSD Aging and Disability Resource Center.

# 90AZ2792 Empowering Underserved Colorado Alzheimer's Families through Training, Support, and Respite

State of Colorado/Colorado State University Tri-Ethnic Center, Psychology 2002 Campus Delivery Fort Collins, CO 80523

Contact: Bo Bogdanski (970)491-5574

Project Period: 07/01/2005 - 06/30/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 290,000      |
| FY 2006 | 290,000      |

The State of Colorado's Colorado State University Tri-Ethnic Center for Prevention Research will conduct a three year Alzheimer's training, targeting family caregivers of rural, Hispanic, African-American, and developmentally disabled adults with dementia. Families recruited for the project (500 total) may receive grants (up to \$1000 annually) as reimbursement for adult day care, in-home care, or short-term overnight respite. With the goal of expanding the Alzheimer's Association CO Chapter (AACC) services to underserved populations, objectives include: training caregivers; providing follow-up supportive services; starting new adult day care programs; promoting respite through the grants to individual families; exploring service delivery across state lines; and using a Coordination Task Force to recommend policies for streamlining service delivery. Expected outcomes include expanded AACC services to underserved populations and improved well-being and use of services by participating families.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

90AZ2793 IL Rural and LEP Alzheimer's Disease Demonstration Project

Project Period: 07/01/2005 - 06/30/2008

FY 2005 Crant Amount FY 2006 290,000 FY 2006 290,000

Illinois Department of Public Health 535 West Jefferson Springfield, IL 62761-0001

Contact: Claude A Jacob (217)782-4977

The Illinois Department of Public Health and their partners will incorporate a systems change approach to expand and build on existing systems by coordinating and integrating services for persons with Alzheimer's Disease and related dementias (ADRD) and their families/caregivers. The project will expand on knowledge gained from the past project about effective methods of reaching and educating underserved populations. The goal of the project is to support the person with ADRD and their family/caregivers through increased access and use of home and community-based services.

# 90AZ2794 MD Respite, Outreach, Support and Education (ROSE) Project

Project Period: 07/01/2005 - 06/30/2008

 FY
 Grant Amount

 FY 2005
 290,000

 FY 2006
 290,000

Maryland Department of Aging 301 West Preston Street, Suite 1007 Baltimore, MD 21201

Contact: Sue Vaeth (410)767-1102

The Maryland Department of Aging will conduct a three-year program of interventions emphasizing active engagement of Alzheimer's family caregivers. The goal of the ROSE Project is to work within the National Family Caregivers Support Program (NFCSP) to enable families to develop and rely on natural supports within their families and communities, developing community partners that are capable of assisting families with dementia.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

90AZ2795 Alzheimer's Disease Demonstration Grant

Michigan Department of Community Health 320 S. Walnut Street, 5th Floor 5th Floor

Lansing, MI 48913

Contact: Marcia J Cameron (517)335-0226

The Michigan Department of Community Mental Health (MDCH) will promote a collaborative approach among mental health, public health and aging services systems; primary care physicians; and Alzheimer's Association chapters in developing community models of support for people with dementia and family members involved in their care. The project builds upon strategies outlined in the Michigan Dementia Plan, fits with MDCH systems change objectives and incorporates strategies posed by the Governor's Medicaid Long-Term Care Task Force. It is designed to ensure the needs of individuals with dementia and their caregivers are incorporated in the emerging infrastructure of Michigan's Long-Term Care System.

Project Period: 07/01/2005 - 06/30/2008

| <u> </u> |              |
|----------|--------------|
| FY       | Grant Amount |
| FY 2005  | 241,597      |
| FY 2006  | 241 597      |

# 90AZ2796 Montana Proposal for an Alzheimer's Demonstration Grant

Montana Department of Public Health and Human Services Senior and Long-Term Care Division P.O. Box 4210 111 Sanders

Helena, MT 59604

Contact: Traci Clark (406)444-6995

Project Period: 07/01/2005 - 06/30/2008

Project Period: 07/01/2005 - 06/30/2008

FY 2005

FY 2006

Grant Amount

290,000

258,933

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 290,000      |
| FY 2006 | 290,000      |

The Montana Department of Health and Human Services will develop sustainable respite care programs and provide caregiver support services for a frontier/rural population. Thiswill be accomplished by: (1) addressing systemic issues that impede the efficient delivery of respite services; (2) increasing awareness to respite care in frontier/rural areas by implementing mechanisms for consumers to share in the cost of providing respite care; and (3) educating Alzheimer's caregivers and the general public about the disease, the need and availability of respite services, and providing caregivers skill-based training.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

90AZ2797 Coordinated Care Alzheimer Demonstration Project

ADRD care that advances systems change and diversion from institutional care.

New York State Office for the Aging **Local Program Operations** 2 Empire State Plaza Albany, NY 12223-1251

**Contact: Marcus Harazin** (518)473-5705

The project goal is to enable New York State to integrate services for persons with Alzheimer's Disease or related disorders (ADRDs), who are living in rural and ethnically diverse small cities, into the State's long-term care systems change initiatives. Key objectives address: integration in system change efforts; delivery of evidence-based direct services; meeting identified needs; workforce development; disseminating project findings; and attracting alternative funds. Two counties at the forefront of Point of Entry development will work with partners to develop a new model for

# 90AZ2798 Texas Alzheimer's Disease Demonstration Project

Texas Department of Aging and Disability Services Access and Intake - Area Agencies on Aging 701 W. 51st Street W352 Austin, TX 78751-2312

Contact: Jeffery Seider (512)438-2481

Project Period: 07/01/2005 - 06/30/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 225,000      |
| FY 2006 | 225,000      |

This project will expand service options and improve access to information, training and support services. The overarching project goal is to improve the ability of informal caregivers to sustain their caregiving role by expanding service options, and streamlining system access to improve service delivery by reducing duplication and eliminating silos. The project will implement innovative approaches and serve as a vehicle for advancing changes to the state's overall system of home and community-based care. Major objectives include the development of collaborative partnerships; implementation of a "system navigator;" expanded service options, including education and training; and program evaluation to determine the effectiveness of the project. Products will include intake and assessment tools, outreach, training and resource materials, reports, surveys and project evaluations, which will be shared with the aging network.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

**90AZ2799** Dementia Partnerships for Service Integration

Washington State Department of Social & Health Services Aging and Disability Services Administration P.O. Box 45600

Lacey, WA 98503-1045

Contact: Lynne Korte (360)725-2545

Project Period: 07/01/2005 - 06/30/2008

|         | Grant Amount |
|---------|--------------|
| FY 2005 | 290,000      |
| FY 2006 | 290,000      |

This project will improve the responsiveness of Washington State's system of home and community-based services to the needs and preferences of individuals with dementia and their family caregivers by integrating dementia capable services into existing state systems. These new and expanded services will be closely connected through local dementia partnerships that work collaboratively to utilize the infrastructure of the statewide Family Caregiver Support Program, the expertise of the Alzheimer's specific organizations, and the service potential of the model dementia day service providers. Objectives include a local dementia partnership model to improve access to and utilization of family caregiver support and respite care services; dementia day services; dementia-specific family consultation services; and family caregiver counseling services. Products will include standards of care for dementia day services; a "How-to" Guide for each dementia-specific service; recommended indicators for referral to each service; assessment and evaluation tools; and a final report on project outcomes.

# 90AZ2800 West Virginia Alzheimer's Disease Demonstration Grant

Project Period: 07/01/2005 - 06/30/2008

Project Period: 07/01/2005 - 06/30/2007

FY 2005

Grant Amount

150,000

150,000

FY 2005 Grant Amount FY 2006 290,000 FY 2006 290,000

West Virginia Bureau of Senior Services 1900 Kanawha Boulevard East Charleston, WV 25305-9169

Contact: Jan Bowen (304)558-3317

The objectives of the WV Alzheimer's Disease Demonstration Grant are: to develop and implement a multi-faceted project that will address the challenge of providing a continuum of information in order to increase the knowledge and coping skills of up to 500 families of persons with Alzheimer's Disease (AD) in the most rural areas of the state; to initiate a re-assessment of Hospice admitting criteria for people with AD in two counties and provide earlier access to grief and bereavement counseling to families; and to continue to support, enhance and/or expand respite care in up to 16 counties. This project will build upon and become an integral part of the state systems change initiatives for their home and community-based services. This includes the AoA/CMS ADRC grant and The Robert Wood Johnson Cash and Counseling grant. Products will include a project manual; assessment and evaluation tools; and a late stage Alzheimer's care curriculum.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

90AZ2801 Environmental Tools for Dementia Care

New Jersey Department of Health and Senior Services Division of Aging & Community Services P.O. Box 807

Trenton, NJ 08625-0807

Contact: Barbara Fuller (609)292-7874

607 N L 08625-0807

This multi-intervention project will work to improve access to dementia-related education, support and services for individuals with Alzheimer's Disease and related disorders (ADRD) living in low-income, underserved African-American communities in Camden and Salem counties and Hispanic/Latino communities in Middlesex County. The project will promote changes in the state's home and community-based service system, to achieve more culturally and linguistically competent services for individuals with ADRD and their caregivers from diverse populations. Products will include a project evaluation, and a report with recommendations from a state-level task force for sustaining and replicating successful project components.

Program: Family Friends

# 90AM2770 The National Center for Family and Friends

Project Period: 09/30/2003 - 05/31/2007

| FY      | Grant Amount |  |
|---------|--------------|--|
| FY 2003 | 980,584      |  |
| FY 2004 | 980,584      |  |
| FY 2005 | 980,584      |  |
| FY 2006 | 980,584      |  |

The National Council on the Aging 300 D Street, SW, Suite 801 Washington, DC 20024

Contact: Adam Brunner

The National Council on the Aging, Inc., in partnership with Temple University Center for Intergenerational Learning, proposes to enhance the Family Friends program through the development, operation, and management of the National Center for Family Friends. In brief, Center objectives are: 1) to establish 6 or 7 new model Family Friends projects; 2) facilitate viable Family Friends projects through effective, training, technical assistance and guidance; 3) design and test an expansion of the Family Friends model that uses senior volunteers to assist at-risk youth; and 4) improve the well-being of older volunteers, parents, and children/youth participating in Family Friends sites and to increase the understanding of the impact of the program on Family Friends participants. Anticipated outcomes include: 1) expansion of a national network of viable Family Friends projects; 2) more effective strategies of older volunteers helping at-risk children and youth, improved NCFF and project performance; and 3) a positive impact on program volunteers, families and children. Products include an improved web and e-group sites, a lessons learned manual, a program evaluation, annual conferences, orientations for program directors, site visits to projects, training/technical assistance, and publications such as Newsline and E-/FaxNews.

Program: National Family Caregivers Support Program

90CG2509 Taking Care of Each Other in the Blackfeet Community Focusing on Elders

Project Period: 09/30/2001 - 03/31/2005

| FY      | Grant Amount |
|---------|--------------|
| FY 2001 | 100,000      |
| FY 2002 | 100,000      |
| FY 2003 | 100,000      |

BLACKFEET TRIBAL BUSINESS COUNCIL
P.O. Box 76

Browning, MT 59417-9417

Contact: Connie Bremner (406)338-7257

The Blackfeet Nation was awarded a Native American Caregiver Support Program (NACSP) demonstration grant to focus on building networks and assisting grandparents caring for grandchildren. Core values to be used in developing the Blackfeet Nation NACSP will include: 1) restoring the Blackfeet traditional family values; 2) rebuilding the Blackfeet tradition of respect, love, and honor; and 3) taking care of each other in the Blackfeet community. A cornerstone of the program will be the development of a network of community service providers to: 1) share expertise across the network; 2) support family caregivers, including grandparents taking care of grandchildren; and 3) provide assistance to caregivers to improve the quality of care for elders. A Caregiver Training Manual and a Grandparents Raising Grandchildren Support Group Training Manual, incorporating Blackfeet traditional and cultural values, will be developed and used to train both family caregivers and grandparents caring for their grandchildren. Each manual will contain training sessions, activities for each session, and an evaluation form.

# 90CG2510 Native American Caregiver Support Program - Discretionary Grant

Project Period: 09/30/2001 - 03/31/2005

FY 2001 100,000 FY 2002 100,000 FY 2003 100,000

ONEIDA TRIBE OF INDIANS OF WISCONSIN P.O. Box 365

Oneida, WI 54155-4155

Contact: Tina Pospychala (920)869-2448

This project envisions a team approach for creating an alliance with all twelve Indian Tribes in Wisconsin. This alliance will develop a better understanding of caregiver needs in order to work together to leverage additional funding at the Tribal, county, state and Federal levels to better serve American Indian caregivers throughout Wisconsin. The goals of this project include: 1) creating a solid caregiver network of American Indian aging service professionals, organizations, and programs; 2) coordinating and creating an American Indian specific resource manual to include Tribal, non-Tribal, local, county, and state resources; 3) reducing barriers to caregivers by providing appropriate information on access to resources; and 4) advocating and leveraging funding for Tribal communities. To achieve these goals the program will: 1) develop a resource manual and video to target the Tribal population; 2) develop a website and LISTSERV for caregivers to get information and access resources and services; 3) review and support a training curriculum on caregiving; and 4) determine future needs of family caregivers and generate ideas to help smaller Tribes meet their needs today and prepare for the future.

Program: National Family Caregivers Support Program

90CG2511 Alaska

Project Period: 09/30/2001 - 03/31/2005

FY Grant Amount FY 2001 100,000 FY 2002 100,000 FY 2003 100,000

CENTRAL COUNCIL TLINGIT AND HAIDA INDIAN TRIBES 320 W. Willoughby S 300 Juneau, AK 99801-9983

Contact: Francine Jones (907)586-1432

The goal of this project is to increase the level of access to caregiver support services for the Native elderly and their caregivers within Southeast Alaska. This program has the following objectives: 1) assess the current status of caregiver support within the region, including cultural, financial and geographical barriers; 2) inventory resources that are currently available to provide respite care and training to caregivers; 3) develop a program model for caregiver support that reflects the unique needs and circumstances and cultural values of the Native elders within the region in need of care; and 4) share information with others facing similar challenges in the area of caregiver support. A resource manual will be available at the end of the project.

#### 90CG2512 Native American Caregiver Support Program

Project Period: 09/30/2001 - 03/31/2005

#### CONFEDERATED SALISH AND KOOTENAI TRIBES

P.O. Box 278

Pablo, MT 59855-9855

Contact: Jane Clairmont (406)675-2700

| FY      | Grant Amount |
|---------|--------------|
| FY 2001 | 100,000      |
| FY 2002 | 100,000      |
| FY 2003 | 100,000      |

The goal of this project is to develop a comprehensive, consumer friendly delivery system to provide services for caregivers. The project will provide culturally sensitive services and systems to sustain the efforts of family and other informal caregivers. The project has the following goals: 1) bring together all existing in-home service providers to brainstorm how they can work together; 2) plan ways to work together as a team; 3) revise current services to meet the needs of the caregiver; 4) develop a one-stop service delivery system; and 5) develop policies and procedures and a Home Care Attendant Handbook Manual to share with others.

Program: National Family Caregivers Support Program

90CG2514 Caregivers Support Program - Discretionary Funds

(808)535-6705

Project Period: 09/30/2001 - 09/29/2005

FY Grant Amount FY 2001 100,000 FY 2002 100,000 FY 2003 100,000

ALU LIKE, INC. 458 Keawe Street Honolulu, HI 96813-5125 Contact: Tara McKenzie

Alu Like, Inc. plans to develop quality standards and mechanisms of accountability for their Caregiver program. The goal of this Caregiver project is to establish a multifaceted Native American Caregiver Support Pilot Program consisting of a workshop, user friendly/culturally appropriate manuals, direct services, satisfaction surveys and utilization surveys. The objectives of this Caregiver project are: 1) to examine the effects of direct services; 2) to provide direct services to support family caregivers; 3) to provide financial incentives and compensation in the form of compensations for respite care; 4) to conduct pre and post surveys; 5) to conduct periodic surveys to determine the extent of implementation in the homes; and 6) to conduct assessments of the effectiveness and levels of satisfaction. The expected outcomes of this caregiver project are: caregiver quality standards and mechanisms of accountability; a caregiver pilot program; educational workshop; caregiver direct services; respite care; and assessments.

#### 90CG2516 Kapuna Caregiver Support Program

Project Period: 09/30/2001 - 09/29/2005

| FY      | Grant Amount |
|---------|--------------|
| FY 2001 | 100,000      |
| FY 2002 | 99,918       |
| FY 2003 | 100 000      |

HANA COMMUNITY HEALTH CENTER, INC.

P.O. Box 807

Hana, HI 96713-6713

Contact: Cheryl Vasconcellos (808)248-7515

The goal of this project is to increase access to available support services and develop additional support services needed by caregivers. This will be accomplished by: 1) supporting and enhancing the capability of caregivers to meet the functional and health care needs of elders by developing caregiver skills; 2) providing periods of respite for family members caring for frail elders; 3) improving the health and quality of life for caregivers; and 4) enabling elders to safely remain in their homes and community for the duration of their lives by caring for the caregiver. The Kupuna Caregiver Support Program will develop an intensive training curriculum for family caregivers. To participate in the training, family caregivers will have to make a commitment to the program by participating in 40 hours of training; attend monthly support group meetings; complete evaluations and other surveys; provide care to family members and request assistance from the program as needed. The program, in turn, will offer hands-on training experience; monthly support group meetings; case management services; and assistance to support family caregivers and a monthly stipend to assist family caregivers in their role as caregivers.

Program: National Family Caregivers Support Program

90CG2517 Redefining Family Group Conferencing Model for Elder/Caregiver/Families/Tribal Communities

Project Period: 09/30/2001 - 03/31/2005

| FY      | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2001 | 100,000             |
| FY 2002 | 100,000             |
| FY 2003 | 100,000             |

THE JAMESTOWN S'KLALLAM TRIBE 1033 Old Blyn Hwy Sequim, WA 98382-8382

Contact: Elizabeth Mueller (360)683-1109

The purpose of the "Empowering Caregivers of Elders" is to provide caregiver support services to families, while maintaining the highest degree of elder self-determination. Jamestown S'Klallam will develop a support program for caregivers by adapting Family Group Conferencing and matching the approach with the best of family support practices for on-going services. The conference allows the development of a plan for the caregiver and the leader that is agreed on and supported by the entire family, by creating a "talking circle". Family Group Conferencing empowers those who participate by bringing families together and giving them the credit for being able to make good decisions for those who are vulnerable. A training manual, "Empowering Caregivers of Elders" will be available at the end of the project. The manual will introduce you to the steps in the model and walk you through the process. It will include forms, checklists, tips, vignettes and other useful information.

90CG2529 Collaboration between Profit/Non-Profit Business that Addresses Workplace Caregiver Issues

Project Period: 09/30/2001 - 11/30/2004

ST. ANDREWS RESOURCES FOR SENIORS 6633 Delmar Blvd.

St. Louis, MO 63130-3130

Contact: Ann R. R Barnes (314)726-5766

| FY      | Grant Amount |
|---------|--------------|
| FY 2001 | 178,800      |
| FY 2002 | 178,800      |
| FY 2003 | 178,800      |

The grantee manages this three year National Family Caregivers Support Program (NFCSP) entitled "A Collaboration Between Businesses for Profit and Non-Profit that Addresses Workplace Caregivers Issues." The target populations are the caregivers and their employers. The goal is to address the challenges that employed caregivers and their employers face and to create a cost-effective model to allow caregivers to provide quality care while remaining productive on the job. The objectives of the project are: 1) to identify employer's awareness of the issues and barriers to their participation; 2) to quantify the costs of employee caregiving; 3) to collaborate with organizations to design cost-effective eldercare management approaches; 4) to improve access to services and support; 5) to educate employers on caregiver burden issues and its impact on them. The outcomes are: employer/caregiver surveys and analyzed data; 1000 employed caregivers will have access to a menu of approaches to comprehensive workplace-delivered eldercare management services; employers will be more aware of and receptive to workplace eldercare management programs; a model/pilot program for employers of all sizes called "The Caring Workplace"; cost-effective eldercare management approaches; a business advisory council; a general business education campaign; and a more employer-friendly workplace. The products of this project are a final report; and a pilot project with 10 employers.

Program: National Family Caregivers Support Program

90CG2530 Supporting Older African American Caregivers: Assess Needs, Build Skills, Maintain Health

PHILADELPHIA CORPORATION FOR AGING

624 N. Broad Street

Philadelphia, PA 19130-3409

Contact: Rodney D. D Williams (215)765-9000

| 70ject P <u>eriod: 09/30/2001 - 09/30</u> /20 |         |              |
|---|---------|--------------|
| -   | FY      | Grant Amount |
|   | EV 2001 | 1/1 007      |

FY 2001 141,097 FY 2002 153,087 FY 2003 120,439

This is a three year demonstration project managed by PCA. The goal of this Caregiver project (FCSP) is to demonstrate an innovative model of supplemental services and interventions for older African American female caregivers 65 years and older who are caring for a spouse. The objectives of the project are: 1) to improve the caregiver's physical health, functional, and emotional health; 2) to disseminate information; 3) to develop an evaluation; 4) to decrease caregiver stress; and 5) to implement a telemedicine program. The anticipated outcomes are: maintain and improve caregiver health; enhance performance of caregiving tasks, decrease caregiver stress; increase quality of life; a telemedicine intervention using in-home telecommunication technology; a demonstration with a short-term nursing intervention; a racial/ethnic flexible protocol; an outcome evaluation; prevention of premature institutionalization; training on "Cultural Implications of Assessment"; and 200 caregivers served by year three. The products of this Older African American Caregiver project are a final report; an evaluation; and "Supporting Older African American Caregivers."

# 90CG2531 Caregiver Resource Center for Deaf and Late Deafened Elders: A Demonstration Project

Project Period: 09/30/2001 - 09/29/2005

| <u> </u> |              |
|----------|--------------|
| FY       | Grant Amount |
| FY 2001  | 157,604      |
| FY 2002  | 157,604      |
| FY 2003  | 157 604      |

COMMONWEALTH OF MASSACHUSETTS

One Ashburton Place Boston, MA 02108-2108

Contact: Eliza Lake (617)222-7477

The State Unit on Aging (SUA), i.e., the Executive Office of Elder Affairs, will manage the three year demonstration National Family Caregiver Support Program (NFCSP) project. The goal of the Caregivers for the Deaf project is to train caregivers in serving the Deaf and Late-Deafened Elders (DALDE), and Hard of Hearing Elders (HOHE). The objectives are: 1) to establish a Caregiver Resource Center C (CRC-DLDE); 2) to implement this project in Pilot Site #1; 3) to develop a public information plan; 4) to conduct a survey; and 5) to replicate the project in two other sites. The anticipated outcomes are: outreach; contracts between state and community partners; training programs (curricula) that reduce family and caregiver stress; a CRC Daycare Program; a project web site; data collection tools; and Adult Day Care for Deaf and Late-Deafened Elders (ADC-DLDE). The products are: a final report/annual report on the findings of pilot site; a Caregiver Resource Center for DALDE; a program evaluation; articles; brochure; press releases; and training resources.

Program: National Family Caregivers Support Program

90CG2532 Kinship Care Resource Network

Project Period: 09/30/2001 - 11/30/2004

FY Grant Amount FY 2001 200,000 FY 2002 200,000 FY 2003 200,000

CATHOLIC CHARITIES OF THE DIOCESE OF ROCHESTER 87 North Clinton Avenue Rochester, NY 14604-1407

Contact: Irene Conveny (585)262-7153

The Catholic Family Center of the Catholic Diocese of Rochester (CCDR) is managing this three year Kinship Care Resource Network (KCRN) demonstration project. The goal of this project is to create an accessible, comprehensive continuum of services to Kinship Care Families (KCF). The objectives are: 1) to improve access to information and services; 2) to extend and coordinate case management services; 3) to improve knowledge and skills of kinship caregivers; and 4) to improve knowledge and skills of the professionals who work with the kinship caregivers and their families. The anticipated outcomes are: a single entry point; the Provider Resource Network; increased use of case management services; free legal clinic and legal consultations; support groups; seminars and workshops; service to Kinship caregivers; increased knowledge as kinship caregivers; professionals working with KCRN; professionals with increased knowledge; improved family stability; collaboration with the Salvation Army; and an Intergenerational Kinship Care Camp. The products are: a final report; Kinship Care conference materials; a new computer system; training materials for elder law attorneys; and fact sheets.

# **90CG2534** Cuidando Con Confianza (Caring With Confidence)

Project Period: 09/30/2001 - 06/30/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2001 | 170,540      |
| FY 2002 | 170,540      |
| FY 2003 | 170,540      |

PIMA COUNCIL ON AGING 5055 East Broadway Blvd., Suite C104 Tuscon, AZ 85711-5711

Contact: Marian Lupu (520)790-7262

This is a three year National Family Caregiver Support Program (NFCSP). The project partners include the residents and the City of South Tucson and COPE Behavioral Services, Inc. The goal of this Caregiver project is to develop, test and implement an effective, culturally appropriate and acceptable model of family caregiver support (FCS) designed by caregivers in South Tucson, AZ. The objectives of the project are: 1) to identify the demographic characteristics of Mexican-American caregivers and elders in South Tucson; 2) to reduce the stress of primary family caregivers; and 3) to create a replicable model employed by community caregivers to establish a culturally and linguistically appropriate, sustainable model of caregiver support services. The anticipated outcomes are: cooperative agreements with Safe Havens, police, and fire departments; trained personnel; established, community focus groups; the development of project materials; outreach programs; establishment of Safe Havens; recruitment of caregivers; behavioral health workshops; referral services and support groups; data collection; dissemination of results. The products are an evaluation; final report; an ea tested family caregiver support model; methods to alleviate the stress and burden experienced by primary caregivers; literature on the characteristics of Hispanic caregivers; and a replication manual.

Program: National Family Caregivers Support Program

90CG2535 Serving Senior Caregivers and Their Adult Children with Developmental Disabilities

Project Period: 09/30/2001 - 12/31/2004

|         | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2001 | 174,684             |
| FY 2002 | 197,226             |
| FY 2003 | 197,226             |

Illinois Department on Aging 421 East Capitol Avenue #100 Springfield, IL 62701-1789

Contact: Jean Blaser (217)785-2870

The three year National Family Caregiver Support Project (NFCSP) will work with elderly family caregivers of adult children with developmental disabilities (DD). The goal of this National Caregiver project is to provide services and support to frail elderly caregivers and their adult children with DD to maximize independence. The objectives of the Caregiver project are: 1) to identify currently needed services and referrals for both the caregiver (s) and the individual with DD; 2) to work with DHS to improve coordination between the service programs for the aged and for DD; 3) to assist caregivers in planning for the future needs of the family member with DD; and 4) to expand this project to one area and then to another area in Northern Illinois and in Central Illinois. The anticipated outcomes are: outreach to 50 families of adult children with DD; identification of needed services and referrals, and identification of barriers to caregiving through data collection efforts; better service coordination; assistance to caregivers, including a support group; workshops; improved policy, practice, theory and research; and dissemination. The products of this Family Caregiver project are: an evaluation; a final report; workshop materials; newsletters; and conference materials.

# 90CG2537 Lifelong Learning and Wellness Program at Asian Community Center

Project Period: 09/30/2001 - 03/31/2005

|         | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2001 | 163,767             |
| FY 2002 | 163,767             |
| FY 2003 | 163,767             |

ASIAN COMMUNITY CENTER 7801 Rush River Drive Sacramento, CA 95831-5831

Contact: Donna Yee (916)393-9026

This is a three year National Family Caregivers Support Program (NFCSP) for elderly Asian families. The goal of this Asian Caregivers Project is to address particular, rather than generic, cultural, language, and service system challenges. The three objectives are: 1) to build capacity in a multi-cultural community through multi-faceted small group interventions and community level events that foster involvement in service oriented activities; 2) to support Asian American and Pacific Islanders (AAPI) caregivers to develop culturally appropriate caregiver support resources (products and activities); and 3) to incorporate feedback mechanisms. The anticipated outcomes are: strengthened programs and services that support the efforts of family caregivers (older adults); an exercise/nutrition wellness program; self-help products and activities; concerted assistance to improve the accessibility and linkage of services that sustain and provide for caregiver respite; bi-annual identification and assessment of targeted community caregiver needs; a survey of 5000 households and findings; a small group of caregivers (intervention) recruited; and an AAPI corp of instructors and advisors. The products are: a final report; an AAPI Cookbook; and Health Education and Information Presentation (s) with materials.

Program: National Family Caregivers Support Program

90CG2538 Aging Caregivers and the Exceptional Child - ACE Project

Project Period: 09/30/2001 - 03/31/2005

FY Grant Amount FY 2001 136,537 FY 2002 136,537 FY 2003 136,537

UNITED CEREBRAL PALSY OF SOUTHERN ARIZONA 3941 East 29th Street, Suite 603 Tucson, AZ 85411-5411

Contact: Ellie Ward (520)795-3108

This is a three year National Family Caregiver Support Program (NFCSP). The goal of this Aging Caregiver and the Exceptional Child (ACE) project is to build a multi-faceted Family Caregiver Program that will increase services to grandparents and aging primary caregivers who are raising children with Mental Retardation and/or Developmental Disabilities (MR/DD). The objectives of this ACE project are: 1) to establish the ACE administrative structure; 2) to identify barriers to access and utilization of support services by aging caregivers; 3) to design and implement a replicable, six-stage social marketing plan; 4) to establish a pilot voucher system; 5) to implement an evaluation component that will monitor project outcomes. The anticipated outcomes are: findings related to caregivers of children with MR/DD; a consumer-determined replicable model of access to services; increased awareness level and attitudinal shift in OAR/DD in the home; increased knowledge regarding aging caregivers and children with MR/DD; provision of replicable printed materials for MR/DD; national dissemination; and focus group's results. The products of this ACE program are a final report; Spanish project materials; printed materials.

# 90CG2540 NJ Ease for Caregivers: Building a Multi-faceted Caregiver Support System

Project Period: 09/30/2001 - 06/30/2006

FY Grant Amount FY 2001 250,000 FY 2002 250,000 FY 2003 250,000

New Jersey Department of Health and Senior Services P.O. Box 807

Trenton, NJ 08625-0807

Contact: Christine Grant (609)943-3463

The goal of this project, NJ Ease for Caregivers Building a Multi-Faceted Caregiver Support System, is to develop a multifaceted support system concerned with the needs of caregivers, broadening the focus of the existing NJ EASE single entry system for senior services. The objectives of this Caregiver project are: 1) to develop and implement a uniform caregiver assessment; 2) to develop care planning tools; 3) to pilot a staff caregiver training; 4) to modify and create state policies to integrate federal and state funded caregiver services; 5) to develop critical pathways for caregiver decision making; 6) to develop service coordination protocols to guide worker action; 7) to set caregiver service standards. The anticipated outcomes of this caregivers program are: a single entry system for caregiver services; a multifaceted caregiver support system; a uniform caregiver assessment; care planning tools; caregiver training; state caregiver policies; caregiver protocols; and caregiver service standards. The products of this caregiver program are a final report; caregiver planning tools; caregiver training materials; caregivers protocols; and caregiver standards.

Program: National Family Caregivers Support Program

90CG2541 Self-Directed Care Voucher Project

Project Period: 09/30/2001 - 11/30/2004

FY Grant Amount FY 2001 228,499 FY 2002 228,499 FY 2003 228,499

Georgia Department of Human Resources Two Peachtree Street, NW, Suite 9.398 Atlanta, GA 30303-3142

Contact: (404)657-5336

This project is being administered by the Georgia Department of Human Resources. The goal of this project, Self-Directed Care Voucher (SDCV) project, is to demonstrate a self-directed care model for family caregivers of elderly people. The objectives of this SDCV caregiver project are: 1) to increase service options by developing 5 self-directed voucher projects in rural areas that can be replicated in other states; 2) to evaluate the effects of self-directed care; 2) to adapt and administer a Caregiver Support and Satisfaction Survey to caregivers participating in voucher programs. The expected outcomes of this SDCV Caregiver program are: a self-directed care voucher; a self directed care model; increased services; 5 rural SDCV projects; replication of SDCV model; an evaluation; and, a SDCV survey. The products of this SDCV Caregiver program include a final report, a replication manual, and a professional evaluation of caregiver support and satisfaction.

# 90CG2544 Care Team Model: Caregiver-Focused Service, inc. Training, Respite, & Resource Counseling

Project Period: 09/30/2001 - 11/30/2004

NORMANDALE MINISTRY FOR HEALING AND WHOLENESS

6100 Normandale Way Edina, MN 55436-5436

Contact: Jean Sigford (952)929-1697

| FY      | Grant Amount |
|---------|--------------|
| FY 2001 | 77,000       |
| FY 2002 | 77,000       |
| FY 2003 | 77,000       |

The goal of the project, Care Team Model - A Project Offering Caregiver-Focused Services, managed by the grantee, Normandale Ministry for Healing and Wholeness, is to offer caregiver-focused services. The objectives of the Caregiver program are: 1) to conduct caregiver training, respite and resource counseling; 2) to match each caregiver with a care team of volunteers; 3) to offer one-on-one counseling designed to assist caregivers in navigating the system of resources; 4) to arrange for community services; 5) to provide training for 30 caregivers through the Red Cross; 6) to seek partnership with government; and 7) to seek replication of the model in the greater metropolitan communities of St. Paul and Minneapolis. The expected outcomes of the Caregiver program are: increased caregiver services; caregiver training; respite training; resource counseling; caregivers matched with a volunteer; one-on-one counseling; Red Cross collaboration; and replication of the model. The products of this Caregiver program include: a final report; new assessment protocols; measurement of caregiver stress; Care Team Model Manual; caregiver resource and education materials; and videotapes.

Program: National Family Caregivers Support Program

**90CG2545** Strengthening the Caregiving Process: Care-Receiver Efficacy Intervention

Project Period: 09/30/2001 - 03/31/2005

 FY
 Grant Amount

 FY 2001
 138,666

 FY 2002
 138,666

 FY 2003
 138,666

University of Denver (Colorado Seminary) 2199 So. University Blvd. Denver, CO 80208-0208

Contact: Enid Cox (303)871-4018

The goal of this project is to examine the knowledge, attitudes, and behaviors of care receivers. The objectives of this Caregiver project are: 1) to apply both medical and social science research affirmations of the importance of a sense of efficacy and an active role by patients/clients in their care, to positive health and mental health outcomes; 2) to establish the central importance of the caregiver/care-receiver relationship in the care process, as noted in caregiver research targeting eldercare. (limited focus has been given to interventions that assist older individuals in defining and developing competencies in their care receiving role); 3) to demonstrate an empowerment-oriented intervention that increases the efficacy of older care receivers in self-care, use of services and support networks, communication skills, and other aspects of care receiving; and 4) to assist their caregivers and improve the quality of the overall care process. The expected intervention outcomes include increased competency of elders and reduced caregiver stress. The deliverable products of this Caregiver program include: a final report; an intervention manual; a training outline for intervention workers; and a comprehensive program evaluation report.

#### 90CG2547 Outreach and Support for Male Caregivers

Project Period: 09/30/2001 - 03/31/2005

| FY      | Grant Amount |
|---------|--------------|
| FY 2001 | 200,000      |
| FY 2002 | 100,000      |
| FY 2003 | 200,000      |

Commonwealth of Virginia 1600 Forest Ave., Suite 102 Richmond, VA 23229

Contact: Bill Peterson (804)662-9325

The goal of this Caregivers project is to demonstrate the results of using special caregiver ombudsmen to reach out to and initiate one-on-one contact with male caregivers in 3 regions of Virginia, and to develop outreach strategies targeted to male caregivers. This grant is focused on male caregivers, particularly retired military personnel and men living in rural farming communities. The objectives of this caregiver project are: 1) to have ombudsmen work with male caregivers, helping them share concerns about their role as a care provider; 2) to utilize services that will help them continue in their role as an effective caregiver; 3) to disseminate an evaluation report to AAAs in Virginia; 4) to disseminate nationally through the N4A and NASUA; and 5) to make a special effort to have the report available to veterans organizations and farm groups. The expected outcomes of this male caregiver program include: a trained caregiver ombudsmen for male caregivers; one-on-one contacts in 3 regions of Virginia; outreach strategies to serve male caregivers; strengthened caregiver services by retired military males; and trainings in the male role as caregiver. The products of this male caregiver program are: a final report; a cadre of male care providers; and an evaluation report.

Program: National Family Caregivers Support Program

**90CG2548** End of Life Planning for Multiethnic Caregivers

Project Period: 09/30/2001 - 12/31/2004

| FY      | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2001 | 128,246             |
| FY 2002 | 128,246             |
| FY 2003 | 128,246             |

UNIVERSITY OF HAWAII AT MANOA 2530 Dole Street, SAG D200 Honolulu, HI 96822-2319

Contact: Kathryn Braun (808)956-5768

The goal of this project, administered by the University of Hawaii at Manoa (UHM), entitled "End of Life (EOL) Planning for Multiethnic Caregiver", is to explore the impact of group targeted messages and individually tailored support on EOL planning by multiethnic caregivers receiving Long-Term Care services. The objectives of this Caregiver End of Life program are: 1) to identify the caregiving "stage" of participants; 2) to provide 600 caregivers with appropriate message booklets and their choice of supplemental support; 3) to track changes in End Of Life knowledge, attitudes, and behaviors (KAB); 4) to document culturally linked barriers to End Of Life planning and strategies to address them; 5) to compare the costs of each approach; and 6) to disseminate information to State Units on Aging (SUA). The anticipated outcomes of the program include support and information to multiethnic caregivers; an awareness of caregiving "stages" of EOL caregivers; assistance to 600 caregivers; changes in EOL KABs; identification of culture barriers to EOL planning; and strategies to overcome identified cultural barriers. The products of the project include: a final report; booklets on death and dying; and a description of the intervention.

# 90CG2549 Telephone Support Groups for Caregivers

Project Period: 09/30/2001 - 01/31/2005

| FY      | Grant Amount |
|---------|--------------|
| FY 2001 | 193,381      |
| FY 2002 | 199,277      |
| FY 2003 | 199,277      |

SENIOR SERVICE CENTERS OF THE ALBANY AREA, INC.

25 Delaware Avenue Albany, NY 12210-2210

Contact: Ann Disarro (518)465-3322

The goal of this project, entitled Telephone Support Groups for Caregivers, is to assess the effectiveness of telephone support groups (TSG) for caregivers of frail elderly care recipients. The grantee, Senior Service Centers of the Albany Area, Inc., will administer this grant. The objectives of this TSG program are: 1) to establish a multi-component group program that includes emotion-focused coping strategies and support; 2) to implement eight weekly, one and a half-hour telephone group sessions; and 3) to assess Caregivers about health status, emotional well-being, social support burden, pressing problems associated with caregiving, and knowledge and use of community resources for caregiving. The anticipated outcomes of this TSG project are: Telephone Support Groups; a cadre of caregivers for frail elderly care recipients; emotion-focused coping strategies; 8 weekly one and a half-hour TSG sessions; a caregiver assessment; and dissemination of results and replication of this model. The products include a final report, a manual, and an assessment.

Program: National Family Caregivers Support Program

90CG2550 An Outcome Based System for Enhancing the Quality of Caregiver Support Services

Project Period: 09/30/2001 - 03/29/2005

FY Grant Amount FY 2001 198,173 FY 2002 198,173 FY 2003 198,173

Ohio Department of Aging 50 West Broad Street, 9th Floor Columbus, OH 43215-5928

Contact: Richard LeBlanc (614)644-7967

The Ohio Department of Aging (SUA) is charged with the administration of the "Outcome Based System for Enhancing the Quality of Caregiver Support Services" (CS). The goal of this CS project is to design and test an outcome-focused quality monitoring system for the range of OAA services that benefit caregivers. The objectives of this CS project are: 1) to develop a quality monitoring system (QMS) with input from caregivers, older consumers, the aging network, and service providers; 2) to design it with primary emphasis on caregiver needs; 3) to base the principles and standards for quality of service on outcomes identified by all the stakeholders; 4) to evaluate a quality assessment system for effectiveness and feasibility; 5) to develop recommendations based on caregiver and stakeholder input and the results of the evaluation; and 6) to use these recommendations to develop a guide for states, area agencies, and providers interested in improving the quality of caregiver support services delivered through the aging network. The expected outcomes include: an outcome-focused quality monitoring system(QMS); outcomes identified by the stakeholders; and recommendations. The products of this CS program are a final report; an evaluation; an assessment; an evaluation; and a State, AAA's guide.

# 90CG2560 Transforming Caregiver Experience at End of Life: A National Train-the-Trainer Program

Project Period: 09/30/2001 - 03/30/2005

| FY      | Grant Amount |
|---------|--------------|
| FY 2001 | 199,998      |
| FY 2002 | 199,965      |
| FY 2003 | 197,545      |

THE HOSPICE INSTITUTE OF FLORIDA SUNCOAST 300 East Bay Drive Largo, FL 33770-3770

Contact: Kathleen Egan (727)586-4434

The goal of this Train the Trainer (TTT) Caregiver project is to provide specialized training for family caregivers providing care for persons at the end of life (EOL). The objectives of this TTT Caregiver project are: 1) to assess family caregiver needs; 2) to design the Caregiver program; 3) to implement this Caregiver program; 4) to evaluate the program; 5) to provide in-depth training so that hospice and palliative care professionals and family caregivers nationwide can have the necessary information regarding caregiving issues particularly at the end of life; 6) to produce a toolkit for all participants in the train the trainer program; and 7) to provide the training directly to 210 hospice and palliative care professionals and reach approximately 10,000 family caregivers. The expected outcomes of this Caregiver program are: a TTT program specialized training for family caregivers who serve EOL persons; and trained 210 professionals and 10,000 family caregivers. The products include: a final report; train-the-trainer materials; an assessment; an evaluation; and a toolkit.

Program: National Family Caregivers Support Program

90CG2563 National Family Caregiver Support Program

Project Period: 09/30/2001 - 12/31/2004

| FY      | Grant Amount |
|---------|--------------|
| FY 2001 | 190,000      |
| FY 2002 | 190,000      |
| FY 2003 | 190,000      |

ALLIANCE FOR AGING 9500 S, Dadeland Boulevard, Suite 400 Miami, FL 33156-3156

Contact: Steven Weisberg (305)670-6500

The National Family Caregiver Support Program (NFCSP) is administered by the Alliance for Aging, of Miami Florida. The goal of this project is to demonstrate a 24 hour crisis respite and referral program for caregivers of elders and disabled adults in Miami-Dade County, Florida. The objectives of the National Family Caregiver Support program are: 1) to establish a demonstration Caregiver model program; 2) to provide 24 hour crisis, respite services and referral services for caregivers; 3) to provide training for caregivers of elders and disabled adults; 4) to provide access to unscheduled crisis respite services; and 5) to conduct an evaluation. The expected outcomes of this NFCSP project are a 24 hour crisis respite and referral program for caregivers, and training for caregivers. The major products of this NFCSP program include: a replicable model for unscheduled crisis, for respite services; training materials; caregiver policies; and caregiver procedures; an evaluation; a caregiver model; and a guide. The evaluation component will produce data regarding system effectiveness and the degree to which the model program meets stated goals and objectives.

# 90CG2564 Providing Assistance to Caregivers in Transition (PACT)

Project Period: 09/30/2001 - 06/30/2005

FY 2001 203,409 FY 2002 203,409 FY 2003 203,409

CONTRA COSTA COUNTY EMPLOYMENT AND HUMAN SERVICES

49 Douglas Drive

Martinez, CA 94553-4553

Contact: (925)335-8727

This project, entitled Providing Assistance to Caregivers in Transition (PACT), is administered by the grantee, Contra Costa County Employment and Human Services. The goal of this Caregiver project is to support, educate, and empower family caregivers who have family members aged 60+, who have recently been placed in a skilled nursing facility (SNF). The objectives are: 1) to provide various levels of care coordination for caregivers whose care recipient chooses to transition back to the community, as well as to those who remain in the SNF; 2) to evaluate the PACT program; 3) to distribute the evaluation report to the aging network. The anticipated outcomes of this program are: empowered family caregivers; educated family caregivers serving family members recently placed in an SNF; care coordination for caregivers whose care recipient chooses to transition back to the community and for those who remain in the SNF; and dissemination of reports to the aging network. The products of this PACT program are a final report, a program evaluation report, and training materials.

Program: National Family Caregivers Support Program

90CG2565 A Multi-State Family Caregiver Mediation Project

Project Period: 09/30/2001 - 03/31/2006

FY Grant Amount FY 2001 215,664 FY 2002 215,664 FY 2003 215,664

THE CENTER FOR SOCIAL GERONTOLOGY, INC. 2307 Shelby Avenue
Ann Arbor, MI 48103-8103

Contact: Penelope Hommel (734)665-1126

The goal is to effectively manage A Multi-State Family Caregiver Mediation project. The objectives of this Multi-State Family Caregiver project are: 1) to use mediation to assist frail older persons and their family caregivers; 2) to address and resolve problems and disputes, which all too frequently arise when families face the physical, emotional, and financial demands of providing long term care to an older family member; 3) to develop a replication manual; 4) to develop and disseminate the model during year three; 5) to provide technical assistance and training to State (SUA) and Area Agencies on Aging (AAAs) in other states on how to replicate the caregiver mediation projects; 6) to replicate this caregiver mediation model; and 7) to evaluate this model program. The expected outcomes of this Family Caregiver program are: mediation as an effective caregiver tool that will assist frail elderly and their family caregivers; resolution of family problems and disputes; a Family Caregiver Mediation model; and technical assistance and trainings to SUAs and AAAs. The products of this program are a final report; caregiver mediation as a planning tool; a replication manual; a mediation model; an evaluation report; and technical assistance and training materials.

90CG2566 Early Diagnosis of Dementia: Dyadic Counseling for Family Caregivers and Parents

Project Period: 09/30/2001 - 03/31/2005

FY 2001 150,000 FY 2002 181,000 FY 2003 181,000

THE PENNSYLVANIA STATE UNIVERSITY 110 Technology Center Building University Park, PA 16802-6802

Contact: (814)863-9980

The goal of the Pennsylvania State University Dementia project is to provide a structured, time-limited program of dyadic counseling to family caregivers and care recipients who are in the early stages of dementia. The objectives of this Dementia project are: 1) to develop positive communication patterns between the care giver and the care recipient; 2) to increase knowledge and understanding about available services, preferences for care, care values; 3) to increase the care recipients active participation in his/her care plan; and 4) to disseminate the products to direct service organizations and the AAAs. The expected outcomes of this program are: a structured, time-limited Dyadic Counseling; assistance to caregivers who work with dementia cases; positive communications between the caregiver and the dementia patient; care for those in the early stages of dementia; increased knowledge; and the increased participation in their care plan. The products include: a final report; the EDDI treatment manual; care preferences assessment tools; the evaluation tools; manuscripts for publication in appropriate journals; and web page information of the results.

Program: National Family Caregivers Support Program

90CG2626 Promoting Systemic Development of State Family Caregiver Support Programs

Project Period: 09/30/2002 - 12/31/2004

FY 2002 185,000 FY 2003 185,000

National Association of State Units on Aging (NASUA) 1201 15th Street, NW, Suite 350 Washington, DC 20005-0005

Contact: Viginia Dize (202)898-2578

This 3 year, cooperative agreement, SFCSP project will assist State Units on Aging (SUA) in the systemic development of their Family Caregiver Support Programs (FCSP). The goal of this project is to develop a step-by-step method designed to bring the system components, i.e. service package, coordination, continuity, quality and effectiveness, into a coherent whole. The objectives of this project are: 1) to integrate the state FCSP with home and community-based services programs; 2) to provide caregivers with customized services and supports; and 3) to use a knowledge development process involving experts representing policy, research, administration and advocacy. The anticipated outcomes include a cadre of experts and a Project Advisory committee (PAC). The products of this project are: a final report; TA materials; a guide; State Experience Reports; power point presentations; fact sheets; symposia materials; executive summaries; a self-assessment tool; and research briefs.

#### 90CG2627 Caregiver Coalitions Research Project

Project Period: 09/30/2002 - 09/29/2005

FY 2002 150,000 FY 2003 150,000

AARP FOUNDATION 601 E Street NW

Washington, DC 20049-0049

Contact: Ellen Lebowitz (202)434-2787

The grantee, the AARP Foundation, is managing this 2 year cooperative agreement entitled Caregiver Coalitions Research Project (CCRP). The goal of this CCRP project is to support the implementation of the National Family Caregiver Support Program (NFCSP) by fostering the development of caregiver coalitions at the state and community levels. The objectives of this project are: 1) to research the benefits of caregiver coalitions; 2) to promote expansion of the program; 3) to conduct outreach; 4) to perform an evaluation of caregiver services; 5) to collaborate with AoA; 6) to present trainings at local, state, regional and national aging conferences; and 7) to develop and disseminate publications and technical assistance tools. The expected outcomes of this AARP project are: a literature review; research; caregiving coalitions; six focus groups; and an expanded website. The products of this project are: a final report; results of research; a compendium; an inventory of program materials; a TA Log; training materials; a guide; and conference materials.

Program: National Family Caregivers Support Program

90CG2628 Caregiver Adaptations To Reduce Environmental Stress (CARES)

#### UNIVERSITY OF SOUTHERN CALIFORNIA

Department of Contracts and Grants University Park, Mail Code 1147 Los Angeles, CA 90089--114

Contact: George-Ann Cleary (213)740-6062

Project Period: 09/30/2002 - 12/31/2004

| FY      | Grant Amount |
|---------|--------------|
| FY 2002 | 150,000      |
| FY 2003 | 148,991      |

The two-year cooperative agreement between AoA and the University of Southern California (USC) provides for substantial involvement and collaboration with AoA. The goal of this Caregivers project is to create and stimulate improved systems of supportive services that increase caregiver utilization of environmental coping strategies (ECS) to reduce physical burden and strain. The objectives of this project are: 1) to assess caregiver awareness, as well as aging network knowledge, strategies and activities designed to assist caregivers in utilizing ECS in their own homes or in the homes of care recipients; 2) to educate aging network service providers on how to effect systems change in delivering special services; 3) to stimulate aging network activities that address physical caregiver burdens and stresses, including collaborating with other key entities such as Centers for Independent Living; and 4) to test and evaluate strategies by service providers to enhance caregiver ECS for dissemination and replication by others. The expected outcomes are: 1) Four focus groups of caregivers; 2) new knowledge to AAAs; 3) caregiver workshops and on-line training; and 4) reduced caregivers burden and strain using ECS To Caregivers. The products of this project are: a final report; all relevant products and documents on website; workshop materials; fact sheets and a "Best Practices" booklet; teleconference materials; and a literature review.

# 90CG2629 Educating, Training and Supporting Informal Caregivers in Their Homes

Project Period: 09/30/2002 - 03/31/2005

| FY      | Grant Amount |
|---------|--------------|
| FY 2002 | 150,000      |
| FY 2003 | 150,000      |

COUNCIL ON AGING OF SOUTHWESTERN OHIO 644 Linn Street Suite 1100 Cincinnati, OH 45203-5203

Contact: Arlene de Silva (513)345-8611

This is a two-year cooperative agreement between AoA and the Council on Aging of Southwestern Ohio (COA). The AAA No.7 is a subcontractor to the grantee, the COA. A second sub-contract is with Scripps Gerontology Center at Miami University, who will do the evaluation. The goal of the project is to reduce caregiver stress, burden, and injuries, and increase caregiver knowledge of appropriate care strategies, thereby allowing caregivers to continue in the role and to improve the quality of the care they provide. The target group for this program will be the referrals from discharge planning social workers at hospitals and nursing homes, adult day centers, senior centers and social service agencies. The objectives of this Caregivers project are: 1) to support the National Family Caregiver Support Program (NFCSP); 2) to design programs for family caregivers; 3) to implement programs for family caregivers; 4) to evaluate an in-home training program for family caregivers; 5) to conduct trainings at aging conferences; and 6) to provide skills to family caregivers. The expected outcomes are: identification of caregivers at community sites; 150 caregivers trained in their home; evaluation on the reduction of stress, depression and reduced injuries; an increase in knowledge, skills and confidence (KSC) in their caregiving skills; and all relevant products and documents on website. The products of this project are a final report; training materials; an evaluation; a caregiver training manual; and a TA log.

Program: National Family Caregivers Support Program

90CG2630 Caregiver Awareness through Resources and Education for Professionals

Project Period: 09/30/2002 - 06/30/2005

| FY      | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2002 | 184,846             |
| FY 2003 | 234,346             |
| FY 2004 | 25,000              |

AMERICAN SOCIETY ON AGING 833 Market St, Suite 511 San Francisco, CA 94103-4103

**Contact: Jim Emerman** (415)974-9628

The cooperative agreement between AoA and the American Society on Aging (ASA) is a three-year project. The goal is to increase the ability of healthcare professionals, specifically social workers, occupational therapists and nurses, to identify the needs of family caregivers they encounter in daily practice; and to link these family caregivers to needed services, including those provided through the NFCSP program and the aging network. The objectives of this Caregiver project are: 1) to develop and disseminate a CD-ROM and web-based self study program; 2) to provide training at national and regional conferences; 3) to provide training through 12 phone/Web live e-seminars; 4) to survey social workers, nurses and OTs to access awareness of NFCSP and family caregiving issues. The expected outcomes of this project are 10,000 professionals trained; assess the training needs of nurses, social workers and OTs; survey data; 7 Module curriculum on family caregiving; training materials; continuing education credits (CEC) for nurses and others; series of 3-5 e-learning programs on website; TA Log; all relevant products and documents on website; recognition of Family Caregivers as a group with distinct needs; Continuing Education Credits; and an evaluation. The products of this project are: a final report; 16,000 copies of the CD-ROM program; dissemination; training workshops materials; CECs; a 7 Module curriculum; and 3-5 e-learning programs on website.

# 90CG2631 The State of the States in Family Caregiver Support

Project Period: 09/30/2002 - 11/30/2004

| FY      | Grant Amount |
|---------|--------------|
| FY 2002 | 191,400      |
| FY 2003 | 191,400      |

FAMILY CAREGIVER ALLIANCE 690 Market Street, Suite 600 San Francisco, CA 94104-4104

Contact: Lynn Friss Feinberg (415)434-3388

This project, entitled The State of the States in Family Caregiver Support, is a three-year cooperative agreement between AoA and the Family Caregiver Alliance (FCA). The goal of this FCA Caregiver project is to stimulate development of public policies and programs that support family and informal caregivers of the elderly and persons with disabilities. The objectives of the project are: 1) to increase understanding of the range and scope of federal and state funded caregivers support programs in each of the 50 states; 2) to assist the aging network in program development and identification of best practices; and 3) to collect data on caregiver services under the NFCSP, Medicaid waivers, State General Funds, System Change grants, and other State funding streams. The anticipated outcomes are: a three year state legislative trend analysis; a state-specific database; an updated FCA website; and all relevant products and documents on its website. The products of this project are an FCA TA Log; a final report; a 50 State survey; and briefing materials.

Program: National Family Caregivers Support Program

90CG2632 Communicating Effectively with Healthcare Professionals Project

Project Period: 09/30/2002 - 02/28/2005

|         | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2002 | 150,000             |
| FY 2003 | 150,000             |

NATIONAL FAMILY CAREGIVERS ASSOCIATION 10400 Connecticut Avenue, Suite 500 Kensington, MD 20895-0895

Contact: Andrew T. T Zovko (301)942-6430

The goal of this two-year Caregiver project is to train family caregivers to advocate on behalf of their loved ones with health care professionals, and to deliver a continuity of care and access to the health care resources needed by both the caregiver and the care recipient. The objectives of this project are: 1) to provide caregivers with specific communication skills; 2) to allow family caregivers to function as a member of the health care team; 3) to conduct regional train-the-trainer (TTT) workshops; and 4) to establish a national cadre of experts who can train caregivers. The expected outcomes of this project are: a trained network of 500 workshop leaders; 250 persons trained each year; trainers to train 15,000 family caregivers in two years; one workshop leader training conference in each of AoA's 10 regions; feedback from trainers and caregivers; trainer and caregiver evaluations; quarterly AoA project teleconference calls; and an updated website. The products of this Caregiver project are a final report; a national cadre of experts; a curriculum; training materials; and a TA Log.

Program: National Family Caregivers Support Program

# 90CG2633 National Center on Grandparents and Other Relatives Raising Children

Project Period: 09/30/2002 - 12/31/2004

 FY
 Grant Amount

 FY 2002
 185,000

 FY 2003
 185,000

GENERATIONS UNITED 122 C Street, NW, Suite 820 Washington, DC 20001-0001

Contact: Ana Beltran (202)638-0259

The goal of this three-year cooperative agreement between AoA and the grantee is to implement the National Family Caregivers Support Program (NFCSP) by establishing a National Center on Grandparent and other Relatives Raising Children. The objectives of this project are: 1) to recruit a national network of experts; 2) to provide training and technical assistance to the aging network; 3) to collaborate with AoA; 4) to present trainings at local, state, regional and national aging conferences; 5) to develop and disseminate publications and TA Tools; and 6) to provide skills to the aging network to more appropriately respond to the needs of these caregivers. The expected outcomes of this project are a survey; increased network of expert trainers; provision of TA to 350 individual requests by year two; dissemination of fact sheets; and an updated website. The products of this Caregiver project are a final report; a technical assistance log; conferences materials; training materials; publications; TA tools; a literature review; fact sheets; a manual; a tool kit; and products and documents on the website.

Program: National Family Caregivers Support Program

90CG2648 Applying the NFCSP to Caregivers of Persons with Developmental Disabilities

Project Period: 09/30/2002 - 03/31/2005

FY 2002 184,997 FY 2003 184,997

THE ARC OF THE UNITED STATES 1010 Wayne Ave. Suite 650 Silver Spring, MD 20910-0910

Contact: Sharon Davis (301)565-5456

The goals of this three-year cooperative agreement, a Developmental Disabilities (DD) Caregiver project, are: to assist the State Units on Aging (SUA) with the implementation of the National Family Caregivers Support Program (NFCSP) project and to integrate these services into the existing aging and home and community-based service system. This project will enhance awareness and abilities of SUAs, AAAs, and local provider agencies to provide these services to grandparents and related caregivers of children and adults with DD. The objectives of this DD Caregiver project are: 1) to provide a collaborative training program for the aging network; 2) to provide TA to SUAs, AAAs and service provider organizations; 3) to work for the adoption of culturally and ethnically sensitive outreach and service delivery; 4) to identify best practice approaches to service delivery for family caregivers; and 5) to disseminate project resource materials to additional audiences. The expected outcomes are: TA and training; training workshops at 2-3 national meetings; an aging family caregiver model; and an updated ARC website. The products of this Caregiver project are: a final report; TA and training materials, including Internet resources; and State best practices in service delivery to Caregivers.

Program: National Family Caregivers Support Program

#### 90CG2649 Transportation Solutions for Caregivers

Project Period: 09/30/2002 - 12/31/2004

 FY
 Grant Amount

 FY 2002
 184,997

 FY 2003
 199,983

EASTER SEALS, INC. 230 West Monroe Street, Suite 1800 Chicago, IL 60606-0606

Contact: Lisa Peters (312)551-7189

The goal of this three-year Caregiver cooperative agreement is to enhance the aging network's capacity to address transportation issues of caregivers and their loved ones. The objectives of this project are: 1) to provide specialized services that address the fears of elders and their caregivers; 2) to plan for transportation alternatives; 3) to provide community planning to serve transportation-dependent individuals; 4) to provide volunteer-based, low-fare services; 5) to provide education for caregivers on mobility alternatives; 6) to enhance the networks expertise through tools, training and technical assistance; and 7) to recommend policy changes that encourage coordination and flexibility. The expected outcomes include: 15 national partners in the National Advisory Council; five train-the-trainer workshops; trainings for 200 Faith-in-Action organizations; TA and Peer Mentoring for all Trainers; and workshops at four national conferences. The products of this Caregiver project are a final report; a Transportation Tool Kit for Caregivers in Spanish; a Transportation Solutions package for practitioners; Train-the-Trainer Workshop materials; and TA and Peer Mentoring materials.

Program: National Family Caregivers Support Program

90CG2650 Making the Link: Connecting Caregivers with Services through Physicians

Project Period: 09/30/2002 - 06/30/2005

FY Grant Amount FY 2002 149,950 FY 2003 149,950

NATIONAL ASSOCIATION OF AREA AGENCIES ON AGING 1730 Rhode Island Avenue, NW, Suite 1200 Washington, DC 20036

Contact: Adrienne Dern (202)296-8130

This is a two year Caregiver, cooperative agreement between the Administration on Aging (AoA) and the National Association of Area Agencies on Aging (NAAAA). The goal is to strengthen the ability of Area Agencies on Aging (AAAs) and Title VI (OAA) Native American aging programs to serve family caregivers via a campaign to involve physicians in identifying caregivers and then referring them to National Family Caregivers Support Program (NFCSP) services. The objectives of this project are: 1) to create the strategies and tools AAA and Title VI (OAA) need to collaborate with local physicians; 2) to promote within the medical community the concept that caregiving is a public health issue; 3) to increase awareness among physicians of the important health care role of family caregivers; and 4) to enhance the ability of physicians to connect caregivers with NFSCP services. The expected outcomes are linkages between AAA and Title VI programs and local physicians; linkages between physicians and family caregivers to connect caregivers with services; an Advisory Board; and a team of 120 AAAs and Title VI programs. The products are: a final report; TA materials; training materials; Caregiver Resource Packets for Physicians; a questionnaire; a strategy kit; and conference materials.

Program: Unsolicited

# 90AM2834 Educating State Legislators about Caregiver Support

NATIONAL ASSOCIATION OF STATE UNITS ON AGING Center for the Advancement of State Community Service 1201 15th Street N.W. Suite 350

Washington, DC 20005

Contact: Virigina L Dize (202)898-2578

The National Association of State Units on Aging (NASUA) and the National Conference of State Legislatures (NCSL) submitted an unsolicited proposal to train state legislators and staff on caregiving issues. This one year grant will have the following outcomes:

- 1. Focus groups of state legislators conducted.
- 2. State specific profiles on caregiving statistics prepared for state legislators, and placed on NASUA and NCSL websites with other caregiving materials.
- 3. An NCSL session on caregiving at their annual conference, with AoA as an invited exhibitor.
- 4. Articles on caregiving in the NCSL State Health News.
- 5. Information disseminated to legislators for inclusion in speeches, newsletters, and bulletins.

Program: Unsolicited

90AM2805 Research on Young Caregivers

Project Period: 09/30/2003 - 12/31/2004

Project Period: 09/30/2004 - 12/31/2005

**Grant Amount** 

FY Grant Amount FY 2003 124,970

National Alliance for Caregiving 4720 Montgomery Lane, 5th Floor Bethesda, MD 20814

Contact: Gail Gibson Hune (301)718-8444

The National Alliance for Caregiving (NAC), in collaboration with the United Hospital Fund (UHF), will conduct research to: 1) determine the nationwide prevalence of children ages 8-18 who are caregivers; 2) learn what role children play in giving care and; 3) learn how the caregiving role impacts the life of a child. Nearly all studies of U.S. caregivers have focused on adults who provide care. Very little is known about the prevalence of children serving as caregivers in this country. This research will be a starting point for determining the impact of caregiving on young people and developing policy solutions to meet their needs. After collecting the data, the project partners will prepare a report that will be released at a conference in Washington. DC., for professionals with an interest in family caregiving, members of the press, and Congressional staff. The final report will also be disseminated to NAC members, UHF's mailing lists, AoA's aging network, and Congressional offices. The report will also be made available on the NAC, UH, and AoA web sites. The anticipated outcome of this project will be to increase awareness of the issues facing young caregivers, with the goal of adapting or creating services to accommodate their special needs.

# 90AM2467 Technical Assistance Project for Statewide Legal Hotlines

Project Period: 08/01/2001 - 09/29/2005

| FY      | Grant Amount |
|---------|--------------|
| FY 2001 | 100,000      |
| FY 2002 | 100,000      |
| FY 2003 | 100,000      |
| FY 2004 | 100 000      |

AARP FOUNDATION 601 E Street NW Washington, DC 20049-0049

Contact: (202)434-2787

The goal of the AARP Foundation project is to provide training, capacity building and technical assistance to the Senior Legal Hotlines (SLH) network, as well as to programs planning the development of legal hotlines to maintain the quality and integrity of the legal hotline service delivery model. The Foundation proposes to combine new and proven techniques to achieve its purpose. The objectives of this SLH program are: 1) to build program capacity; 2) to maintain the integrity of the legal hotline model; 3) to provide training and technical assistance (T and TA) to the newly funded grantees from their development and operation phases through their transitional phase; 4) to guarantee to become self-supporting at the conclusion of Administration on Aging funding; 5) to support existing statewide senior hotlines via site visits, on-call technical support, teleconferences, web sites, interactive web board, and newsletters; 6) to promote knowledge and support of legal hotlines through expansion of the Legal Hotline Technical Assistance Library, Web boards, newsletters, and conference presentations; 7) to promote the adoption of the American Bar Association's (ABA) proposed standards governing legal hotlines; and 8) to use these standards as a quality assurance tool. The outcomes are: a stronger SLH network; and a SLH service delivery model; and training and TA. The products are a final report and website materials.

Program: Legal Assistance and Technical Projects

90AM2668 Legal Helpline for Elder Kentuckians

Project Period: 09/30/2002 - 09/29/2005

| FY      | Grant Amount |
|---------|--------------|
| FY 2002 | 100,000      |
| FY 2003 | 100,000      |
| FY 2004 | 100,000      |

ACCESS TO JUSTICE FOUNDATION 535 West Second Street, Suite 101 Lexington, KY 40508

Contact: Jamie Odle Hamon (859)255-9913

The grantee for this three-year Legal Hotlines project will target low-income seniors in remote, rural Kentucky, seniors with low-literacy levels and the disabled. The Legal Hotline project will partner with the State library system, senior center staff, nursing home ombudsman program staff and other senior services staff. The goal of this Legal Hotline project is to provide legal and non-legal advice and referral, while expanding and strengthening the existing hotline to low-income rural seniors. The objectives of this Legal Hotline project are: 1) to expand and strengthen the HelpLine's services by emphasizing the use of technology; 2) to design a Pilot Rural Outreach Project; and 3) to establish a program to assist seniors, and provide training to volunteer attorneys. The anticipated outcomes are: legal assistance provided to 13,100 seniors over three years; statistical data provided by the Pilot Rural Outreach Project; methodology and data disseminated to other senior legal hotlines, the Administration on Aging, AARP, and other stakeholders in the senior hotline community; educational materials for seniors provided; service providers and volunteer attorneys consulted on consumer law issues; and a legal assistance hotline will be established and helpline services will be available. The products are a final report; dissemination materials; and training materials on predatory lending.

# **90AM2669** Senior Hotline Innovation Project

Project Period: 09/30/2002 - 09/29/2005

| FY      | Grant Amount |
|---------|--------------|
| FY 2002 | 110,000      |
| FY 2003 | 110,000      |
| FY 2004 | 110,000      |

Legal Counsel for the Elderly 601 E Street, NW Washington, DC 20049-0049

Contact: Wayne Moore (202)434-2149

This is a three year Statewide Legal Hotline Innovation Project that will serve Washington DC's ethnic and racial minority seniors, especially African Americans and persons with low-incomes. The Legal Counsel for the Elderly has opened an outreach office in a multi-service community agency serving seniors. The agency also works closely with the DC Office on Aging, the Legal Aid Society, Catholic Charities and the Washington Legal Clinic for the Homeless. The goal of this Legal Hotline project is to provide and deliver legal assistance to elderly African-Americans who want and need legal advice and referral. The objectives are: 1) to double the productivity of Hotline staff; 2) to use staff-supervised non-attorney volunteers to resolve brief services cases; and 3) to use staff-supervised non-attorney volunteers to provide legal services to African American and other minority seniors at community agencies and faith-based organizations; 4) to evaluate in-house and disseminate to legal/aging network. The anticipated outcomes are: increased productivity and decreased the cost per case of hotlines; a new way of handling brief services; a low-cost method of targeting hotline services for disadvantaged populations developed by using non-legal volunteers to assist seniors via a website; three legal innovations; and a volunteer corp of non-attorneys. The products are a final report and an evaluation.

Program: Legal Assistance and Technical Projects

90AM2670 Legal Hotline for Michigan Seniors Coordinated Economic Assistance Project

Project Period: 09/30/2002 - 09/29/2005

| FY      | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2002 | 149,711             |
| FY 2003 | 149,711             |
| FY 2004 | 149,711             |

ELDER LAW OF MICHIGAN, INC. 221 N. Pine Street Lansing, MI 48933-8933

Contact: Kate White (517)485-9164

This three year project has close ties with local legal services providers, Area Agencies on Aging, insurance counseling programs, AARP, senior centers, law schools, veterans programs, and the state and local ombudsman programs. Targeted populations are Seniors over 60, disadvantaged elders, elders with limited English proficiency, and low income and rural elders. The goal of this Legal Hotline project is to increase the number of seniors served and educated on how to protect themselves from debt and steps to resolve indebtedness. The objectives of the project are: 1) to serve seniors with an expanded traditional hotline; 2) to provide opportunities for seniors to find new resources for health care; 3) to improve their economic well being; 4) to use a new comprehensive Coordinated Economic Assistance Screening Tool; 5) to focus on Veterans benefits, unclaimed pensions, Medicare/Medicaid, state tax credits, and other benefits; 6) to provide brief services for bankruptcy and debt protections; and 7) to use retired social workers. The anticipated outcomes are: a list of seniors out of debt; an increased awareness in seniors on how to protect themselves from debt and steps to reduce indebtedness; opportunities for seniors to find new resources for health care and other benefits; increased legal services to a significant number of seniors; and trained law students, retired social workers and legislative staff. The product is a final report.

# 90AM2671 Maryland Senior Legal Hotline

Project Period: 09/30/2002 - 09/29/2005

| FY      | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2002 | 125,000             |
| FY 2003 | 125,000             |
| FY 2004 | 125,000             |

Legal Aid Bureau, Inc. 500 East Lexington Street Baltimore, MD 21202-1202

Contact: William Stokes (410)539-5340

This three year, well-established Maryland Senior Legal Hotline project will serve socially and economically disadvantaged seniors over age 60, with special emphasis on Asian Americans, Spanish-speaking seniors and seniors with low literacy levels. The Legal Aid Bureau will partner with various Asian American and Spanish advocacy and community groups. The goal of this Legal Hotline project is to provide accessible, high-quality legal information and assistance to seniors. The objectives of the project are: 1) to improve services to non-English seniors; 2) to provide callers at intake/access points with up-to-date legal information; 3) to educate seniors in debt collection and garnishment cases. The anticipated outcomes are: improved legal services; provision of the most accurate, up-to-date elder law information; 600 seniors receiving advice on debt collection issues each year; updated law outlines; product dissemination; and an expanded hotline. The products of this project are a final report, an evaluation, and a website.

Program: Legal Assistance and Technical Projects

90AM2672 Statewide Senior Legal Helpline

Project Period: 09/30/2002 - 09/29/2005

| FY      | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2002 | 110,000             |
| FY 2003 | 110,000             |
| FY 2004 | 110,000             |

LEGAL SERVICES FOR THE ELDERLY 9 Green Street, P.O. Box 2723 Augusta, ME 04338-2723

Contact: Jennifer Minkowitz (207)621-0087

This is a three year project targeted to rural, low literacy and limited English language elders, victims of elder abuse and legally challenged seniors. The Legal Services for the Elderly will work with Area Agencies on Aging and community health centers, the Elder Abuse Task force of Mid-Coast Maine, Adult Protective Services, AARP, Family Crisis Service, Volunteers of America, local law enforcement agencies, and clergy. The goal is to improve access to legal assistance. The objectives of the project are: 1) to improve client service delivery system; 2) to use an outcomes-based model; 3) to create new legal resources; 4) to expand access in rural areas; 5) to build a coalition of community and law enforcement organizations; 6) to conduct elder abuse outreach and education; 7) to implement a pilot program to reduce barriers towards uses of telephone services. The outcomes of this project are: positive outcomes for seniors using Hotline services; seniors knowledgeable about legal issues; identification and prevention of legal problems; local legal community resources for seniors; available community organizations; more knowledgeable caregivers; seniors for whom telephone service presents barriers have greater access to legal services; rural community health center kiosks; new legal resources; a coalition of partners; a pilot program on telephone service. The product is a final report.

# 90AM2673 Connecticut Legal Services Consumer Law Project for Elders

Project Period: 09/30/2002 - 09/29/2005

| FY      | Grant Amount |
|---------|--------------|
| FY 2002 | 125,000      |
| FY 2003 | 125,000      |
| FY 2004 | 125.000      |

CONNECTICUT LEGAL SERVICES, INC.

62 Washington Street Middletown, CT 06457-6457

Contact: Kevin Brophy (203)756-8074

This three year Statewide Legal Hotlines project serves seniors who have consumer law problems, with a focus on Hispanic, African American, rural elderly, and members of faith-based organizations. Partners in planning and implementing this project include Area Agencies on Aging (AAAs), sister legal services organizations and the Episcopal Diocese. The goal of this project is develop a hotline that will provide telephone access and high quality legal services to seniors who have legal consumer problems. The objectives are: 1) to make the system easy for clients to access hotline staff through direct calls or referrals; 2) to train AAAs to spot issues; 3) to make cross referral of clients; 4) to develop extensive outreach to minorities and rural elderly clients, and to faith based organizations; and 5) to provide a full service response to hotline clients. The anticipated outcomes are: enhanced collaboration and synergy among senior consumer law providers; increased capacities and capabilities of AAAs and other non-legal service partners to identify consumer law issues and make appropriate referrals; improved quality and accessibility; and friendly telephone access. The products of this project are a final report, an evaluation, and training materials.

Program: Legal Assistance and Technical Projects

90AM2674 Serve Our Seniors Legal Telephone Hotline

Project Period: 09/30/2002 - 09/29/2005

| FY      | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2002 | 104,040             |
| FY 2003 | 104,040             |
| FY 2004 | 104,040             |

THE SOUTH CAROLINA CENTERS FOR EQUAL JUSTICE 2109 Bull Street Columbia, SC 29202

Contact: Teresa Cosby (864)679-3232

This is a three year Statewide Senior Hotline project to serve seniors over 60, low-income, isolated rural poor, limited-English speaking, seniors victimized by crime, and seniors with disabilities. This grantee has a Memorandum of Partnership signed by over 50 aging service providers including Area Agencies on Aging, every Council on Aging, numerous senior centers, housing programs, Adult Protective Services programs, United Way, YWCA and other non-legal agencies. The goal of this project is to enhance access to and improve the current legal services intake system. The objectives are: 1) to place the hotline in the Legal Aid Telephone Intake Service; 2) to provide counsel and advice and extended service for those senior callers with legal needs; 3) to refer callers to senior service organizations with non-legal needs; and 4) to produce an employee and volunteer training manual, a senior resource guide for callers. The anticipated outcomes are: resolved senior's legal issues; 1152 seniors to have called the hotline per year; 875 seniors will have received counsel and advice; 277 seniors will have received extended services through Serve Our Seniors; and the outreach component of the hotline will have reached 3000 seniors. The products are a final report; a training manual; a resource guide; and public relations materials.

# 90AM2675 Establish and Operate a Statewide Senior Hotline in Idaho, the Third Most Rural State in the Nation

Project Period: 09/30/2002 - 09/29/2005

IDAHO LEGAL AID SERVICES, INC. 310 North 5th Street Boise, ID 83702-3702

Contact: Kelly Miller (208)336-8980

| FY      | Grant Amount |
|---------|--------------|
| FY 2002 | 110,000      |
| FY 2003 | 110,000      |
| FY 2004 | 110,000      |

This is a three year statewide Legal Hotline project that will serve the rural elderly, with an emphasis on those in the greatest social and economic need, Hispanic and Native American seniors, and seniors with disabilities. The collaborators will include the six Area Agencies on Aging in the state, Idaho Hispanic Commission, Idaho State Library system, state and local nursing home ombudsmen, AARP Senior Programs, Meals on Wheels, over 100 senior centers and meal providers, senior housing and Home Health Care agencies and tribal governments. The goal of the project is to establish a Legal Hotline to include non-legal referrals for those seniors in need. The objectives of this project are: 1) to support a vigorous outreach via a Hotline Community Advisory Team; 2) to develop a legal interactive electronic website; 3) to advertise access to senior computers via local libraries; 4) to develop legal materials via a Senior Law Advisory Team; and 5) to use the hotline as a feedback source. The anticipated outcomes are: increased access; outreach; a combined website and hotline; double the number of senior citizens receiving legal assistance; and increased collaboration via the Idaho Senior Hotline Community Advisory Committee. The products are a final report; an evaluation; a legal hotline and joint website; an Advisory Team report; electronic brochures; surveys (3); and a dissemination plan.

Program: Legal Assistance and Technical Projects

90AM3023 AARP Foundation Technical Support for Legal Assistance Grants

Project Period: 09/30/2005 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 100,000      |
| FY 2006 | 100,000      |

AARP Foundation 601 E Street, NW Washington, DC 20049

Contact: Shoshanna Ehrlich (954)472-0997

The AARP Foundation proposes to provide training, capacity building and technical assistance to the Administration on Aging (AoA) funded legal assistance grants around the country. The goal of the project is to increase access to legal assistance for seniors by supporting legal services providers in their innovative delivery of the highest quality legal services. The Technical Support Project is integral to assuring that the delivery innovations planned by the legal assistance grantees operate efficiently and adhere to proven effective practices. The objectives are: to provide technical support to AoA legal assistance grantees via site visits, on-call and e-mail consultation, telephone and live web conferences, websites, e-groups, and newsletters; and to expand knowledge and support of grantee innovations through outreach to and collaboration with Title IIIB providers via the legal helpline library, website, e-groups, newsletters, conference presentations, data collection, and legal needs and client outcome studies. The target population is older Americans, with particular emphasis upon low-income, minority, rural, homebound and limited-English speaking populations. Anticipated outcomes include provision of assistance to the AoA Legal Assistance grantees in their work to increase access to senior legal services, as measured by a Project Evaluation Survey; and increased acquisition of knowledge by the aging and legal services network on the legal needs of seniors and the effectiveness of the legal assistance grants, through original research conducted by the project. The AARP Foundation and its Technical Assistance Project for Legal Assistance Grants are integrally involved with community-based organizations in each state which are instrumental in helping older individuals find solutions to their legal problems. Major products include a Project Evaluation Survey and Senior Legal Hotlines Annual Reports.

# 90AM3033 Legal Helpline for Michigan Seniors Integrated V.I.R.T.U.A.L. Communities

Project Period: 09/30/2005 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 150,000      |
| FY 2006 | 150,000      |

Elder Law of Michigan, Inc. 3815 W. St. Joseph St. - Suite C-200 Lansing, MI 48917

Contact: Katherine B White (517)485-9164 236

Elder Law of Michigan, Inc. proposes to increase the autonomy, independence and financial well-being of seniors by placing new emphasis on identity theft, the reduction of unnecessary guardianships, and elder abuse/financial exploitation. The project will utilize the highly effective legal helpline for Michigan seniors and standard, traditional relationships, coupled with targeted outreach and new technology for training, information-sharing and communications. Part of this strategy is to support "first responders," professionals and lay people at the local level who are likely to learn of a crime against a senior or of an inappropriate quardianship request. An expected increase in statewide legal assistance will be achieved through training, legal information, and expanded legal resources. Target populations are older Michigan elders, with particular emphasis upon minorities, rural individuals, non-English speaking, low-income, homebound, and those lacking transportation. The major anticipated outcome is an increase in Michigan seniors' autonomy, economic security and the freedom to have and exercise choices later in life. In addition to partnering with the traditional aging, legal, and human services networks (including social services, legislators, health professionals and caregivers), the project will cultivate relationships with other groups of professionals, such as funeral directors, court personnel, parish nurses and caregiver ministries, hospice, medical personnel, religious advisors, community mental health providers, minority college students at area universities, and others who come in contact with isolated, rural, low-income and minority elders. Products to be completed include a report, Protecting America's Elders; a short "Guide to Michigan's Aging Network" for grandchildren to share with their grandparents and other older people in their communities; three training modules; and new FAQs targeted to caregivers and helping professionals.

Program: Legal Assistance and Technical Projects

90AM3034 Enhancing Legal Access for Pennsylvania's Underserved and Vulnerable Older Adults

Project Period: 09/30/2005 - 09/29/2007

|         | Grant Amount |
|---------|--------------|
| FY 2005 | 150,000      |
| FY 2006 | 150,000      |

SeniorLAW Center 100 South Broad Street, Suite 1810 Philadelphia, PA 19110

Contact: Karen C Buck (215)701-3201

SeniorLAW Center proposes to expand and improve access to legal services for older Pennsylvanians focusing on seniors of color, language and cultural minorities, the homebound and disabled, and rural and low-income populations. The objectives are: 1) to expand the new Pennsylvania Helpline to provide accessible legal advice, information, and education to increased numbers of Pennsylvania seniors and their families, implementing established best practices; 2) to provide focused outreach and education to target language and cultural minorities to increase their use of the helpline and related services; 3) to strengthen linkages with and increase referrals from community, faith-based, and immigrant organizations; and 4) to develop new educational and pro bono resources to serve Pennsylvania seniors, using new technological tools. An enhanced, accessible multilingual helpline will be offered; extensive outreach and education in multiple languages to diverse communities across the state will be conducted; an interactive website and e-newsletter will be launched; a Consumer Law Pro Bono Attorney Panel will be developed; and a Legal Resources Directory for Older Pennsylvanians will be created. Anticipated outcomes include: 1) increased numbers of seniors will have access to legal services and education in their own languages, homes and communities; and 2) increased numbers of seniors will be empowered to resolve legal issues, remain in their homes, fight abuse and exploitation, combat fraud, and understand planning options. SeniorLAW partners include faith-based organizations, immigrant and cultural groups and providers, and legal and aging service colleagues and coalitions. Products will include a Legal Resources Directory for Older Pennsylvanians.

#### 90AM3035 New York Seniors Legal Assistance Project

Project Period: 09/30/2005 - 09/29/2007

|         | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2005 | 150,000             |
| FY 2006 | 150,000             |

LEGAL SERVICES FOR THE ELDERLY 130 West 42nd Street, 17th Floor New York, NY 10036-7902

Contact: Ann Biddle (646)442-3302

The goal of this project is to resolve more legal problems for low-income seniors by providing them with more access to legal assistance. The project will target those areas most likely to benefit this group, such as income security issues; health care issues; advance directives (living wills, health care proxies, and wills); consumer issues; nursing home transition issues; and other elder law issues, such as guardianships. Target populations include older New Yorkers, with particular emphasis upon those most at risk of losing their independence or ability to live in the community, i.e. low-income seniors, seniors of color, language and cultural minorities, the homebound and disabled, and rural seniors. The project's objectives are to provide seniors with more legal assistance and more referrals for extended legal or other services from local agencies; to use technology to create a centralized point of access for seniors across the state; and to reach more homebound and limited-English speaking seniors. Anticipated outcomes include: increased numbers of seniors will have their legal problems resolved, empowering them to remain in their homes, make critical choices, and retain their independence; increased numbers of limited-English speaking seniors will be reached through prioritized services connecting them with the Spanish-speaking project coordinator and one other Spanish-speaking attorney; and increased numbers of homebound and isolated seniors will be reached by creating a technology portal to more comprehensively serve this group. Legal Services for the Elderly partners with those community-based organizations in each New York county that serve seniors, including senior centers, nutrition sites, senior clubs, faith-based organizations, and interfaith councils. A major product of this project will be Senior LawHelp, a statewide database of organizations serving seniors, accessible on the Internet.

Program: Legal Assistance and Technical Projects

90AM3036 Florida Senior Legal Helpline

Bay Area Legal Services, Inc. 829 W. Dr. Martin Luther King Jr. Blvd., 2nd Floor

Tampa, FL 33603

Contact: Mary E Haberland (813)232-1222 114

Project Period: 09/30/2005 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 150,000      |
| FY 2006 | 150,000      |

The project goal is to provide underserved, elderly residents of Florida a convenient point of access to receive high-quality legal advice, information, and referrals to Title IIIB legal services providers statewide for extended representation. Bay Area Legal Services' objectives are to: 1) work with the Legal Services Developer for the Florida Dept. of Elder Affairs and State Title III-B providers to develop and implement the first statewide referral matrix; 2) include Area Agencies on Aging and community and faith-based organizations statewide in this partnership, to identify the neediest populations of elderly residents; 3) promote helpline services gradually while building capacity, starting with identified, underserved populations of seniors; and 4) staff the helpline with experienced elder law advocates, adding student legal interns and volunteers to expand resources. The target population is older Floridians, with particular emphasis upon elders living in poverty, non-English speaking and minority seniors, rural, homebound and disabled seniors. Anticipated outcomes are: 1) increased numbers of seniors will have access to legal services; 2) increased streamlining of service and increased numbers of referrals to local Title III-B providers for further assistance; 3) increased service to underserved seniors; and 4) increased information flow to seniors by establishing partnerships with two Florida law schools. Bay Area will seek the assistance of the community and faith-based organizations recommended by the partners from their regions. Products include a final report.

# 90AM3037 Connecticut Legal Services Consumer Law Project for Elders

Project Period: 09/30/2005 - 09/29/2007

 FY
 Grant Amount

 FY 2005
 110,000

 FY 2006
 110,000

Connecticut Legal Services, Inc. 62 Washington Street Middletown, CT 06457

Contact: Kevin Brophy (203)756-8074

Connecticut Legal Services proposes to strengthen significantly the state's system for providing consumer law assistance and information to vulnerable seniors to help them avoid or solve problems of fraud and insupportable debt that threaten their well-being and independence. The objectives include the expansion of services to underserved, disadvantaged client groups and enhanced ability of seniors to adapt to changes in consumer law and patterns of consumer fraud and abuse. To achieve these goals, the applicant will: create a Mobile Law Unit using Geographic Information System (GIS) technology to increase access to homebound seniors; provide screening and advice on the new Medicare Part D prescription drug subsidy; and inform and train clients and partners about the changing consumer law environment and patterns of fraud and abuse. The target population is traditionally underserved and disadvantaged seniors in Connecticut, to whom consumer law problems pose very serious threats to their independence, including African American and Hispanic seniors, and isolated home-bound seniors. Anticipated outcomes include increased accessibility, quantity, and effectiveness of legal assistance and information available to help traditionally underserved seniors solve consumer problems; increased awareness among seniors of consumer fraud, governmental support to avoid or minimize consumer debt, their changing set of consumer rights, and the project's availability to help solve problems; and expanded synergy among state, national, community, and faith-based organizations, aging services providers, and elder rights professionals to help seniors with consumer problems. Connecticut Legal Services partners with the State Unit on Aging, Area Agencies on Aging, Office of the Attorney General, the CT Department of Consumer Protection, the Episcopal Diocese of Connecticut, and sister legal services organizations. Products include a final report.

Program: Legal Assistance and Technical Projects

90AM3038 Coordinated Legal Assistance to Seniors

Vermont Legal Aid, Inc. 264 North Winooski Avenue P.O. Box 1367

Burlington, VT 05402

Project Period: 09/30/2005 - 09/29/2007

| Grant Amount |
|--------------|
| 110,000      |
| 110,000      |
|              |

#### Contact: Michael Benvenuto (802)863-5620

Vermont Legal Aid proposes to develop a model for integrated service delivery between legal services and Area Agencies on Aging (AAAs) in rural areas with a high percentage of seniors. The goal of this project is to provide a seamless and comprehensive system of delivering information, legal advice, and full representation to seniors throughout Vermont. The objectives are: 1) to expand and improve communication among AAAs and the Senior HelpLine, Legal Services Law Line of Vermont, and the Senior Citizens Law Project of Vermont Legal Aid; 2) to expand outreach and access to legal services for seniors by establishing regular and periodic legal advice clinics targeted to seniors; and 3) to develop comprehensive legal information for seniors on the web that can serve as a vital resource for clients, advocates, and family members. The primary target populations include rural residents and homebound seniors. Anticipated outcomes include: 1) increased numbers of seniors directly referred to the Senior Citizens Law Project by AAAs; 2) increased numbers of seniors provided legal representation, advice and brief service; and 3) increased numbers of seniors with access to legal services through the establishment of legal advice clinics throughout the state, expansion of pro bono legal services, and an increased number of visitors to the website seeking legal information for seniors. In addition to partnering with the traditional aging, legal, and human services networks, Vermont Legal Aid collaborates with AAA "Choice for Care" case managers, the Vermont Refugee Resettlement Program, elder specialists for the Vietnamese community, senior centers, and faith-based organizations. Among the major expected products is an evaluation and report of the different methods for referral from the Senior HelpLine to the Senior Citizens Law Project to be piloted by the applicant.

#### 90AM3039 Elder Line Project

Project Period: 09/30/2005 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 110,000      |
| FY 2006 | 110,000      |

Legal Aid of Nebraska 500 South 18th Street Omaha, NE 68102-2521

Contact: Annette Farnan (402)348-1069 224

Legal Aid of Nebraska proposes to provide older Nebraskans (particularly minority, low-income, rural, homebound, and socially isolated seniors) and their caregivers, with enhanced access to legal services. This goal will be accomplished through the ElderAccessLine, an augmentation of the existing statewide AccessLine. The applicant's objectives are to: 1) modify existing statewide AccessLine legal service provision to be user-friendly for targeted older adults; 2) utilize phone-based translation services encompassing 150 languages; 3) implement an outreach plan to target underserved minority (including Native American) and immigrant older adults; 4) assist older adult callers with enrolling in the Medicare prescription drug benefit program; and 5) enhance referral partnerships with Title III-B providers and with other Older Americans Act (OAA) and elder abuse/neglect programs. Legal Aid of Nebraska will partner with the Nebraska Association of Community Action Agencies, Department of Aging, AARP, Commissions on Indian Affairs, Mexican-American and Women, and Interchurch Ministries of Nebraska. Anticipated outcomes are: 1) increased numbers of older adults receiving legal services; 2) increased access to legal services for Native American elders; 3) increased numbers of minority and/or limited-English speaking seniors will be targeted and served through outreach; 4) increased numbers of rural or homebound older adults, or seniors lacking in transportation, will have increased access through outreach; and 5) enhanced referral protocol will be established with Title III-B and other Administration on Aging programs. Among the major expected products is a final report.

Program: National Center on Elder Abuse

90AM2792 National Center on Elder Abuse

Project Period: 09/30/2003 - 09/29/2007

 FY
 Grant Amount

 FY 2003
 815,250

 FY 2004
 815,250

 FY 2005
 815,250

 FY 2006
 815,250

NATIONAL ASSOCIATION OF STATE UNITS ON AGING 1201 15th Street, NW, Suite 350 Washington, DC 20005-2842

Contact: Diane Justice (202)898-2578

The National Association of State Units on Aging, in partnership with an alliance of four nationally recognized and respected collaborating organizations representing the many disciplines in elder abuse prevention, will execute a 3-year program to continue the work of the National Center on Elder Abuse. The continuing goal is to provide information, training, and technical assistance about elder abuse trends, policy and legislative developments, research that impacts on prevention, promising practices, and key issues for the field - in a variety of formats, to all segments of the population. The expected outcomes are: 1) timely, high quality information to support state and local capacity building and innovation; 2) increased professionalization of adult protection and elder abuse service networks; and 3) increased knowledge of the extent and causes of elder abuse and skills and practices for prevention. Products include: a comprehensive web site, monthly newsletter, listserve for professional dialogue and exchange, a web-based clearinghouse, a searchable database of promising practices, a training lending library, specialized workshops and best practice exchange, state statutory analysis, issue briefs on local and state network development and outreach to rural and minority communities, a brochure and PowerPoint module for faith-based communities, and other support materials.

Program: National Consumer Protection Technical Resource Center

#### 90AM2806 National Consumer Protection Technical Resource Center

Project Period: 09/30/2003 - 09/29/2007

 FY
 Grant Amount

 FY 2003
 300,000

 FY 2004
 300,000

 FY 2005
 368,750

 FY 2006
 300,000

AMERICAN HEALTH QUALITY FOUNDATION 1155 21st Street, NW, Suite 202 Washington, DC 20036

Contact: Jolie Crowder

This is the third year of a three year grant to the American Health Quality Foundation, in partnership with the Hawkeye Valley Area Agency on Aging to support and maximize the effectiveness of Senior Medicare Patrols (SMPs) through operation of the Resource Center. The "Center" objectives are to: assess SMP needs/capabilities; inform SMPs about top Medicare/Medicaid fraud and abuse issues; ensure SMPs can effectively reach special target populations; and support SMPs in addressing volunteer and program management issues. Deliverables include: a written profile of SMP needs and capabilities; a written summary of top error, fraud and abuse issues; a national Online Resource Center with a Best Practices and FAQ database; project Toolkits; and materials translated for special populations. The Center has been in the forefront of informing SMPs about the provisions of the 2003 Medicare Modernization Act and the new prescription drug benefit. The Center has also introduced a mentoring program, which matches new project directors with more experienced directors to provide a forum for lessons learned.

Program: National Consumer Protection Technical Resource Center

90AM2807 National Consumer Protection Technical Resource Center

HAWKEYE VALLEY AREA AGENCY ON AGING 2101 Kimball Avenue, Suite 320 Waterloo, IA 50702

Contact: Shirley Merner

Project Period: 09/30/2003 - 09/29/2007

FY Grant Amount

FY 2003 300,000

FY 2004 300,000

FY 2005 300,000
FY 2006 300,000

chnical Resource Center. The technical assistance to Senior

This is the third year of a three year grant to staff the National Consumer Protection Technical Resource Center. The grantee will work in partnership with the American Health Quality Foundation to provide technical assistance to Senior Medicare Patrol projects (SMPs) nationwide. There is at least one project in each state, the District of Columbia and Puerto Rico. These projects recruit and train professionals to work in their communities to educate Medicare/Medicaid recipients and their families about health care fraud, error and abuse. The goals of the "Center" are: 1) to provide advice, guidance, and technical assistance which enhances SMP project's abilities to conduct outreach to beneficiaries and their families and caregivers - particularly those with limited English proficiency, disabilities, or who reside in rural areas - and to reduce or recoup improper payments; and 2) insure that best-practices are shared in a wide variety of platforms, such as National Conferences, Web- based seminars, or other online or offline resources.

Program: National Consumer Protection Technical Resource Center

#### 90AP2375 Consumer Protection Technical Assistance Resource Center

Project Period: 08/01/2000 - 07/31/2005

| FY      | Grant Amount |
|---------|--------------|
| FY 2000 | 159,000      |
| FY 2001 | 155,000      |
| FY 2002 | 135,000      |

NEW YORK STATE OFFICE FOR THE AGING 3 Empire State Plaza Albany, NY 12223-1251

Contact: Faith Fish (518)474-5478

This is one of four "National Consumer Protection Technical Assistance Resource Centers" (NCPTARC) that was consolidated into one Center in 2003. This center focused on partnership strategies to involve health care provider, family caregivers, and state and local government agencies in outreach and education activities related to Medicare and Medicaid fraud (MMF), waste and abuse. The goal is to give advice, guidance and technical assistance (TA) to Senior Medicare Projects (SMP) Nationwide, and to raise consumer awareness about Medicare/Medicaid Fraud (MMF), waste and abuse. The objectives are: 1) to support these four NCPTARC projects regarding MMF issues; 2) to disseminate educational materials; 3) to replicate best practice strategies for promoting consumer awareness regarding waste, fraud, and abuse in Medicare and Medicaid (MMF); 4) to provide outreach to minority and non-English speaking individuals (MNESI); and 5) to provide education to MNESI. The anticipated outcomes of this MMF program are: an increased awareness of beneficiaries regarding the detection and reporting of MMF, error, and abuse; advice, guidance and TA to elderly consumers; a Consumer Protection Resource Center (CPRC); and partnership strategies. The products of this MMF project are a final report; a CPRC; SMP and MMF materials; educational materials and a national SMP conference call to discuss the partnership training manual.

Program: National Long-Term Ombudsman Program

90AM2690 National Long Term Care Ombudsman Resource Center

Project Period: 06/01/2003 - 05/31/2007

|         | Grant Amount |
|---------|--------------|
| FY 2003 | 550,000      |
| FY 2004 | 550,000      |
| FY 2005 | 550,000      |
| FY 2006 | 550,000      |

NATIONAL CITIZEN'S COALITION FOR NURSING HOME REFORM 1828 L Street, NW, Suite 801 Washington, DC 20036

(202)332-2275

Contact: Alice H Hedt

This is a three year cooperative agreement between AoA and the National Citizens' Coalition for Nursing Home Reform. The project goal is to equip the long-term care ombudsmen to carry out their responsibilities under the Older Americans Act as the ombudsman. Responsibilities are to: 1) address the problems and complaints of residents of long-term care facilities; and 2) represent residents needs and interests. To attain these goals, the Center will provide support, training and technical assistance to the ombudsman network that daily responds to requests for assistance from facility residents, their families and the public. The five objectives are: 1) to direct training and training materials to enhance ombudsman skills; 2) to develop specific products and dialogue forums; 3) to conduct daily technical assistance, and information and referral services on program management, program promotion, training and pertinent national and state long-term care issues; 4) to promote the ombudsman program; and 5) to collaborate efforts to strengthen ombudsman involvement in state and national initiatives. The anticipated outcomes include: transmittal of current and accurate information to ombudsmen and State Agencies on Aging directors, to improve their state training, management, program promotion and advocacy functions; and full utilization of the Center's technical assistance and products. Products include a final report; training materials; data base enhancements; and conference materials.

# 90AP2640 National Legal Resource Initiative for Financially Distressed Elders

Project Period: 09/30/2002 - 09/29/2005

| FY      | Grant Amount |
|---------|--------------|
| FY 2002 | 150,000      |
| FY 2003 | 149,025      |
| FY 2004 | 149,025      |

NATIONAL CONSUMER LAW CENTER 77 Summer Street, 10th Floor Boston, MA 02110-1006

Contact: Nancy M. M Coleman (617)542-8010

This three year project is managed by the National Consumer Law Center (NCLC), which will partner with private bar associations, volunteer attorneys, and others. The goal of this National Legal Assistance and Elder Rights project is to help older Americans avoid or remedy economic exploitation, understand their financial options, and make reasoned, informed consumer decisions to prolong their independence. The objectives of this NLAER program are: 1) to increase the number of qualified local providers; 2) to share NCLC's consumer law expertise with legal assistance providers representing elderly clients; 3) to disseminate legal and consumer education materials (designed to empower elders) to attorneys and advocates regarding the pressing consumer law needs of older Americans; 4) to improve communication and coordination on consumer law topics; 5) to expand NCLC expertise; and 6) to evaluate NCLC effectiveness in meeting the consumer law needs of older Americans. The expected outcomes are: specialized legal training; advice and co-counseling; an improvement in the quality and accessibility of legal assistance for older Americans; a decreased number of elders who fall prey to consumer scams and abuses in the marketplace; and intensive, substantive workshops. The products are a final report, an evaluation, detailed practice manuals with legal pleadings, a report on Lessons Learned, and other publications and brochures.

Program: National Legal Assistance and Elder Rights

90AP2641 Strengthening Leadership and Quality and Accessibility of Legal Assistance and Elder Rights Activities

Project Period: 09/30/2002 - 09/29/2005

| FY      | Grant Amount |
|---------|--------------|
| FY 2002 | 150,000      |
| FY 2003 | 149,025      |
| FY 2004 | 149,025      |

THE CENTER FOR SOCIAL GERONTOLOGY, INC. 2307 Shelby Avenue
Ann Arbor, MI 48103-8103

Contact: Penelope Hommel (734)665-1126

The goal of this National Legal Assistance and Elder Rights Project (NLAER) project is to enhance legal assistance and elder rights advocacy programs to ensure seniors' access to essential services and benefits. The objectives are: 1) to enhance the leadership capacity of State and Area Agencies on Aging to support elder rights activities; 2) to improve the quality and accessibility of the legal assistance provided to older people; and 3) to coordinate and collaborate with AoA, the Legal Services Corporation (LSC), other NLAERPs, and other non-legal organizations. The anticipated outcomes are: enhanced leadership of state Legal Assistance Developers; increased focus/resources by the LSC; outcome measures for legal assistance programs; critical guidance to state and local legal programs through an expanded/updated Comprehensive Guide to the Delivery of Legal Services; and enhanced coordination of legal assistance and community-based long-term care programs.

#### 90AP2642 Legal Assistance in a Time of Change

Project Period: 09/30/2002 - 09/29/2005

FY 2002 150,000 FY 2003 149,025 FY 2004 149,025

AMERICAN BAR ASSOCIATION FUND FOR JUSTICE AND EDUCATION 740 15th Street, NW

Washington, DC 20005

**Contact: Holly Robinson** 

The ABA Fund for Justice and Education is the grantee for this three year National Legal Assistance and Elder Rights (NLAER) Project. The goal is to enhance State (SUA) and Area Agencies on Aging (AAA) capacity to support elder rights and improve the quality and accessibility of legal assistance for vulnerable elders and limited-English speakers. The objectives are: 1) to identify issues and resources and provide a forum for consultations; 2) to enhance elder rights using education and training; 3) to provide assistance on substantive legal and ethical issues; 4) to support legal assistance and elder rights advocacy systems. The anticipated outcomes of this NLAER project are: 1) State and Area Agencies, Title IIIB (Older American Act) attorneys, private attorneys and state bar associates will have improved their knowledge and awareness of legal issues and resources affecting older persons; 2) Legal Assistance Developers, State Long-Term Care Ombudsmen, and bar section and committee chairs will have received legal publications; 3) consumers will have benefited from materials and technical assistance to advocates by retaining housing, preserving health or financial decision-making authority, receiving benefits to which they are entitled, and avoiding scams. The products of this NLAER program are a final report, bulletins, publications, fact sheets, consumer's tool kits, brochures (Spanish), and articles.

Program: National Legal Assistance and Elder Rights

90AP2643 National Legal Assistance and Elder Rights Project

AARP FOUNDATION
Foundation Programs
601 E Street NW
Washington, DC 20049

Contact: Ellen Lebowitz (202)434-2787

Project Period: 09/30/2002 - 09/29/2005

FY Grant Amount

| FY      | Grant Amount |
|---------|--------------|
| FY 2002 | 150,000      |
| FY 2003 | 149,025      |
| FY 2004 | 149,025      |

The AARP Foundation is managing this three year National Legal Assistance and Elder Rights (NLAER) Project. The goal of the National Training Project (NTP) is to enhance the leadership capacity of State and Area Agencies on Aging in order to support vulnerable elder rights and to improve the quality and accessibility of legal assistance and information provided to elders. This will be accomplished by offering training and materials to advocates and elders, and by coordinating National Conferences on Law and Aging. The objectives are: 1) to conduct 15 trainings annually on issues of law, advocacy skills, and strategic planning; 2) to train 2,460 and 3,360 advocates during the three year grant period; 3) to conduct 2 coalition building events each year; 4) to update modules on nine areas of the law; 5) to update modules on three advocacy skills; and 6) to publish 51 state-specific planning for incapacity booklets. The anticipated outcome is an increase in the number of individuals with enhanced knowledge of elder law and advocacy issues. The products are a final report, on-line modules, overhead presentations, enhanced website, newsletters and booklets, conference materials, and materials in Spanish.

# 90AP2644 National Support for Legal Assistance and Elder Rights

Project Period: 09/01/2002 - 08/31/2005

| FY      | Grant Amount |
|---------|--------------|
| FY 2002 | 150,000      |
| FY 2003 | 149,025      |
| FY 2004 | 149,025      |

NATIONAL SENIOR CITIZENS LAW CENTER 1101 14th Street, NW - Suite 400 Washington, DC 20005-0005

Contact: Edward C King (202)289-6976

This a three year National Legal Assistance and Elder Rights Project. The goal is to increase the well-being of older persons by enhancing the quality and accessibility of legal assistance and advocacy available to them, especially the most vulnerable, including minorities and limited-English speaking populations. The objectives are to: 1) publicize the availability of substantive assistance; 2) provide effective case consultations; 3) produce and disseminate written information to the aging network; 4) offer training workshops; 5) facilitate, review, assess, and work to improve this system; 6) conduct a two-year Pilot Project in a state, convening interested parties; and 7) produce a report of the Pilot Project. The target populations are Hispanics, Native Americans and African Americans. The project outcomes are: providing reliable information; supporting training and assistance to aging network advocates; and assessing and enhancing legal delivery systems. The products of the NLAER program are manuals and guides, specialized mailings, enhanced website, reports, and analyses.

Program: National Legal Assistance and Elder Rights

**90AP2645** Furthering a Commitment to Legal Services

American Bar Association Fund for Justice and Education Commission on Law and Aging 740 15th Street, NW Washington, DC 20005

Contact: Holly Robinson (202)662-8694

The ABA Fund for Justice and Education is the grantee for this three year National Legal Assistance and Elder Rights (NLAER) Project. The goal is to enhance State and Area Agencies on Aging capacity to support elder rights and improve the quality and accessibility of legal assistance for vulnerable elders and limited-English speakers. The objectives are: 1) to identify issues and resources and provide a forum for consultations; 2) to enhance elder rights using education and training; 3) to provide assistance on substantive legal and ethical issues; and 4) to support legal assistance and elder rights advocacy systems. The anticipated outcomes of this NLAER project are: 1) State and Area Agencies, Title IIIB (Older American Act) attorneys, private attorneys and state bar associates will have improved their knowledge and awareness of legal issues and resources affecting older persons; 2) Legal Assistance Developers, State Long-Term Care Ombudsmen, and bar section and committee chairs will have received legal publications; and 3) consumers will have benefited from materials and technical assistance to advocates by retaining housing, preserving health or financial decision-making authority, receiving benefits to which they are entitled, and avoiding scams. The products of this NLAER program are a final report, bulletins, publications, fact sheets, consumer's tool kits, brochures (Spanish), and articles.

# 90AP2646 AARP Foundation National Legal Training Program

Project Period: 09/30/2005 - 07/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 150,000      |
| FY 2006 | 150,000      |

AARP Foundation 601 E Street, NW - Suite B4--240 Washington, DC 20049

Contact: Marcy Gouge (202)434-2197

The AARP Foundation is managing this three year National Legal Assistance and Elder Rights (NLAER) Project. The AARP Foundations National Legal Training Project (NLTP) provides comprehensive training to legal service providers, AAA staff, and other advocates through national on-site and web-based trainings, quality written training documents, and periodic national conferences. In addition to direct training, the project provides follow-up technical assistance to training participants through individualized help and free materials. The goal of the NLTP is to enhance the leadership capacity of State and Area Agencies on Aging in order to support vulnerable elder rights and to improve the quality and accessibility of legal assistance and information provided to elders. Yearly anticipated outcomes are: 1) 1000-1,600 advocates will have increased knowledge and confidence in their ability to use their legal knowledge and advocacy skills in their work as elder advocates; 2) 5,000 users of NLTP legal materials will have increased knowledge of elder rights issues; and 3) 16,000 advocates will have increased knowledge of resources and tools available to assist their clients. These outcomes will be achieved by: delivering 15-20 customized, on-site trainings in elder law and advocacy skills; expanding use of training module "Law Enforcement and the Elderly" to bank tellers and staff; "Reach Out to Indian Country" project for American Indian and Alaskan Natives; providing TA to past training participants and to those seeking TA in strategic planning and coalition building; developing and updating written materials on elder law topics and advocacy skills; publishing and disseminating quarterly newsletter; maintaining website with information; and serving as lead coordinator for the National Aging and Law Conference.

Program: National Legal Assistance and Elder Rights

90AP2647 National Legal Resource Initiative for Financially Distressed Elders

Project Period: 09/30/2005 - 07/31/2008

|         | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2005 | 150,000             |
| FY 2006 | 150,000             |

National Consumer Law Center 77 Summer Street, 10th Floor Boston, MA 02110

Contact: Willard P Ogburn (617)542-8010

This three year project is managed by the National Consumer Law Center (NCLC), which will partner with private bar associations, volunteer attorneys, and others. The goal of this National Legal Assistance and Elder Rights project is to help older Americans avoid or remedy economic exploitation, understand their financial options, and make reasoned, informed consumer decisions to prolong their independence. The objectives of this NLAER program are: 1) to increase the number of qualified local providers; 2) to share NCLC's consumer law expertise with legal assistance providers representing elderly clients; 3) to disseminate legal and consumer education materials (designed to empower elders) to attorneys and advocates regarding the pressing consumer law needs of older Americans; 4) to improve communication and coordination on consumer law topics; 5) to expand NCLC expertise; and 6) to evaluate NCLC effectiveness in meeting the consumer law needs of older Americans. The expected outcomes are: specialized legal training; advice and co-counseling; an improvement in the quality and accessibility of legal assistance for older Americans; a decreased number of elders who fall prey to consumer scams and abuses in the marketplace; and intensive, substantive workshops. The products are a final report, an evaluation, detailed practice manuals with legal pleadings, and other publications and brochures.

#### 90AP2648 National Legal Assistance and Elder Rights

Project Period: 09/30/2005 - 07/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 150,000      |
| FY 2006 | 150,000      |

THE CENTER FOR SOCIAL GERONTOLOGY, INC 2307 Shelby Avenue
Ann Arbor, MI 48103

Contact: Penelope A Hommel (734)665-1126

The goal of this National Legal Assistance and Elder Rights Project (NLAER) project is to enhance legal assistance and elder rights advocacy programs to ensure seniors' access to essential services and benefits. The objectives are: 1) to enhance the leadership capacity of State and Area Agencies on Aging to support elder rights activities; 2) to improve the quality and accessibility of the legal assistance provided to older people; and 3) to coordinate and collaborate with AoA, the Legal Services Corporation (LSC), other NLAERPs, and other non-legal organizations. The anticipated outcomes are: enhanced leadership of state Legal Assistance Developers; increased focus/resources by the LSC; outcome measures for legal assistance programs; critical guidance to state and local legal programs through an expanded/updated Comprehensive Guide to the Delivery of Legal Services; and enhanced coordination of legal assistance and community-based long-term care programs.

Program: National Legal Assistance and Elder Rights

**90AP2649** National Support for Legal Assistance and Elder Rights

Project Period: 09/30/2005 - 07/31/2008

|         | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2005 | 150,000             |
| FY 2006 | 150,000             |

NATIONAL SENIOR CITIZENS LAW CENTER 1101 14th Street, NW Ste 400 Washington, DC 20005

Contact: Edward C King (202)289-6976

This a three year National Legal Assistance and Elder Rights Project. The goal is to increase the well-being of older persons by enhancing the quality and accessibility of legal assistance and advocacy available to them, especially the most vulnerable, including minorities and limited-English speaking populations. The objectives are: 1) publicize the availability of substantive assistance; 2) provide effective case consultations; 3) produce and disseminate written information to the aging network; 4) offer training workshops; and 5) facilitate, review, assess, and work to improve this system. The target populations are attorneys and other advocates working with legal assistance providers funded under Title III, and constituents of the National Caucus and Center on Black Aged, Inc., National Indian Council on Aging (NICOA), the National Health Care Association (NHCA), and the National Asian Pacific Center on Aging. The project outcomes are: enhanced leadership capacity of State and Area Agencies on Aging and faith-based organizations to support elder rights activities and improve the quality and accessibility of the legal assistance provided to older people. Examples of products to meet these outcomes are: producing a model consumer guide to assisted living; producing a newsletter and 4 practice issue alerts with updates on new legal developments; outreach and technical assistance to state and local area agencies on aging; technical assistance and case consultations to legal assistance providers for at least 500 individual cases per year; and trainings for the network.

# 90AM2435 Pension Counseling Through Law School Clinics

Project Period: 09/30/2000 - 12/31/2004

| FY      | Grant Amount |
|---------|--------------|
| FY 2000 | 74,928       |
| FY 2001 | 74,989       |
| FY 2002 | 73,408       |

THE UNIVERSITY OF ALABAMA Box 870104 Tuscaloosa, AL 35487-0104

**Contact: Norman Stein** 

The University of Alabama, the grantee, will manage this Pension Counseling project. The new Law School Clinic project will employ volunteer students. The project director will be responsible for the day-to-day operation of the clinic and serve as a resource to the students on some of the less complex cases. The goal of the project is to assist seniors and provide them with pension counseling and information about life course planning and legal questions on retirement. The objectives of the project are: 1) to provide information to seniors on pensions; 2) to use student volunteers to counsel seniors on less complex legal cases; 3) to provide technical assistance to other pension projects; 4) to provide on-site training to law students who help seniors; 5) to provide supervision for the more complicated cases; and 6) to conduct research on pension counseling. The anticipated outcomes are: outreach activities; a cadre of Law School Clinic volunteers; Pension Rights Center activities in DC; training for all of the pension projects staff; and research into gaps in the law and utilization of Pension Counseling Clinics. The products are a final report, Law School clinic materials, and volunteer student reports.

Program: Pension Information Counseling Projects

90AM2799 Midwest Pension Rights Project

Project Period: 09/30/2003 - 09/29/2007

FY Grant Amount FY 2003 149,614 FY 2004 149,902 FY 2005 149,972 FY 2006 149,853

OWL, THE VOICE OF MIDLIFE AND OLDER WOMEN 2165 Hampton Avenue St. Louis, MO 63139

Contact: Suzanne Lagomarcino (314)725-5862

The Gateway Chapter (St. Louis, MO) of the Older Women's League will create the regional Midwest Pension Rights Project by combining the experience and resources of the Pension Benefits Project (Missouri) and the Chicago Pension Information Effort Project, along with new partners. The transition will be seamless for persons currently being served by the Projects, while expanding services to the region. The goal is to provide workers and retirees with a full range of pension counseling services concerning private and government plans. The objectives are: 1) offer comprehensive counseling, advocacy and referral services to individuals; 2) conduct outreach targeting low-income women, minorities and non-English speaking populations; 3) build on the experience of the Missouri and Chicago projects, incorporating "best practices" in casework and coalition building; and 4) educate workers about the value of saving for retirement. Outcomes will be: improved economic security and peace of mind for clients; increased awareness of pension rights; and workers saving for retirement. Successful strategies and educational materials will be shared at the Washington DC Conference and on the PensionHelp America Web site. Products include a final report, educational materials, and website resources.

# 90AM2800 Mid-Atlantic Pension Counseling Project

Project Period: 09/30/2003 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 149,974      |
| FY 2004 | 149,974      |
| FY 2005 | 149,974      |
| FY 2006 | 149,974      |

Legal Services for the Elderly 130 West 42nd Street, 17th Floor New York, NY 10036

Contact: Ann Biddle (212)391-0120

Legal Services for the Elderly of New York City (LSE) will establish the Mid-Atlantic Pension Counseling Project to deliver pension counseling and advocacy to the States of New York and New Jersey. In the first year, LSE will serve New York, with special emphasis on rural counties, and in the second year LSE will expand to serve all of New Jersey. In addition, LSE will serve pensioners who no longer reside in New York or New Jersey, but whose employers were headquartered in these states. The major objective will be resolution of clients' pension problems. Outcomes will include development of powerful, state-of-the-art technology for high-quality, low-cost voice, fax, data transfer, video teleconferencing, and broadband Internet access. The low cost will permit LSE to invest substantial resources immediately in experienced staff. The sophisticated network will allow staff to perform many tasks quickly and efficiently; will allow staff to train advocates in remote locations in real-time video sessions; and will allow LSE to add services in New Jersey seamlessly. In sum, the technology will enable LSE to bring pension counseling to more people. LSE will partner with The Rural Law Center of New York (RLC) to expand outreach in New York's rural counties. Products will include a replicable protocol to investigate "lost pensions" for distribution to all legal services providers in the region, as well as to other pension counseling projects, and non-English products for the New York markets, to be refined for release in New Jersey.

Program: Pension Information Counseling Projects

**90AM2899** New England Pension Assistance Project (NEPAP)

UNIVERSITY OF MASSACHUSETTS BOSTON 100 Morrissey Boulevard

Boston, MA 02125

Contact: Ellen A Bruce (617)287-7300

Project Period: 09/30/2004 - 09/29/2007

FY Grant Amount

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 137,000      |
| FY 2005 | 159,064      |
| FY 2006 | 150,000      |

The New England Pension Assistance Project proposes to increase workers' and retirees' knowledge of and access to retirement benefits in the six New England states (Connecticut, Massachusetts, Maine, New Hampshire, Rhode Island, and Vermont). The applicant's objectives are: 1) to maximize individuals' retirement standard of living; 2) to educate older workers, retirees, and the community about different types of pensions and retirement income, as well as issues affecting eligibility; 3) to identify recurring problems faced by workers in obtaining adequate pensions; and 4) to target outreach to women, low-income and minority workers and retirees, and elders with limited English proficiency. The project proposes to accomplish its goal through a program of individual counseling and referrals, case investigation, legal research, community education, and outreach. Products will include a final report.

# 90AM2900 Great Lakes Pension Rights Project

Project Period: 09/30/2004 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 137,000      |
| FY 2005 | 150,000      |
| FY 2006 | 150,000      |

ELDER LAW OF MICHIGAN, INC 3815 W. St. Joseph St., Suite C-200 Lansing, MI 48917

Contact: Katherine B White (517)853-2375

Elder Law of Michigan proposes to continue the services currently rendered by the regional Great Lakes Pension Rights Project. The primary goal is to maintain and expand pension counseling services in Michigan and Ohio by increasing expertise in public pension plans. The secondary goal is to expand service to additional states by using referral partners, primarily Senior Law Center of Pennsylvania and the Access to Justice Foundation (Kentucky), to identify pension-related cases through their senior legal helplines for referral to Michigan and Ohio. Products for development include flyers for national dissemination, web-based information on state and local pension issues, and a training outline to help other projects train and support law student volunteers in pension work.

Program: Pension Information Counseling Projects

90AM2901 Upper Midwest Pension Rights Project

Minnesota Senior Federation
State Office
1885 University Avenue, Suite 171

St. Paul, MN 55104

Contact: Mary Browning (651)645-0261 121

Project Period: 09/30/2004 - 09/29/2007

FY Grant Amount

EV 2004 137,000

| FΥ      | Grant Amount |
|---------|--------------|
| FY 2004 | 137,000      |
| FY 2005 | 150,000      |
| FY 2006 | 150,000      |

The Upper Midwest Pension Rights Project proposes to serve workers and retirees with high-quality, comprehensive and cost-effective pension information, counseling, advocacy and referral services through a coordinated, multi-state, regional service delivery model. The five-state region to be served will include Minnesota, Wisconsin, Iowa, North Dakota and South Dakota. Outreach through the creative use of PensionNet, a comprehensive web of state and regional service networks serving the needs of seniors, women and minorities, will be enhanced by comprehensive media plans and training programs. National initiatives will be supported through the sharing of information and lessons learned with other pension counseling projects nationwide. Products will include a final report and a comprehensive website with links to fact sheets, resources, and information regarding public plans for the five-state region.

# 90AM2902 Pension Information Counseling and Assistance Program of the Southwest

Texas Legal Services Center, Inc. Legal Hotline for Texans 815 Brazos, Suite 1100 Austin, TX 78701

Contact: Paula J Pierce (888)343-4414

Project Period: 09/30/2004 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 50,000       |
| FY 2005 | 65,000       |
| FY 2006 | 65,000       |

Texas Legal Services Center will implement the Pension Information, Counseling & Assistance Program of the Southwest (PICAPS). PICAPS will provide assistance to individuals with pension problems and questions in Texas and surrounding southwestern states. Under PICAPS, the benefits counseling partnership between Texas Legal Services Center and the Area Agencies on Aging will be expanded to include pension counseling. PICAPS' goal is to assist workers, retirees, and beneficiaries in their ability to secure enforcement of legal rights under pension and retirement savings plans. Through targeted outreach, PICAPS' efforts will be focused on reaching low-income individuals, minorities, Native Americans, women, and non-English speaking individuals. Products will include statistical reports (outreach, referral source, benefits, demographics, plan and sponsor type, recoveries, etc.); a final report; and data collection regarding cash benefits recovered.

Program: Pension Technical Assistance Project

90AM2798 National Pension Assistance Resource Center

Project Period: 09/30/2003 - 09/29/2007

FY Grant Amount FY 2003 400,000 FY 2004 400,000 FY 2005 346,000 FY 2006 346,000

PENSION RIGHTS CENTER
1350 Connecticut Avene, N.W, Suite 206
Washington, DC 20036
Contact: John Hotz (202)296-3776

The Pension Rights Center is in the process of expanding its Technical Assistance Project into a National Pension Assistance Resource Center, supporting not only AoA's Pension Counseling and Information Program, but a nationwide pension information and assistance network as well. Goals of the applicant are to: 1) strengthen pension counseling skills and capacities of AoA's Pension Counseling Projects, State and Area Agencies on Aging, and legal service providers for older Americans; and 2) design and implement PensionHelp America, the first nationwide network of pension information and assistance resources, accessible through the Internet. Objectives are: to provide technical support services through training events, onsite consultations, telephone, and e-mail communications to develop a nationwide dataset of pension assistance resources; and to produce a basic set of recommendations and strategies for advancing pension assistance on a national level. Products will include training manuals and videos, e-newsletters, and a national pension assistance database.

Program: Senior Legal Services-Enhancement of Access

#### 90AM2794 Consumer Law Project for Seniors

Project Period: 09/30/2003 - 09/30/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 90,000       |
| FY 2004 | 90,000       |
| FY 2005 | 90,000       |

NEW HAMPSHIRE LEGAL ASSISTANCE 1361 Elm Street, Suite 307 Manchester, NH 03101

Contact: John/Cheryl Tobin/Driscoll (603)644-5393

New Hampshire Legal Assistance (NHLA), in collaboration with key legal, community, and faith-based organizations, will develop a 3-year project titled The Consumer Law Project for Seniors (CLPS), to improve and expand the delivery of legal services to New Hampshire seniors victimized by consumer-related abuses and financial exploitation. The project will train service providers, police, and judges; outreach to minority and rural elderly and legislators; create a pilot consumer law clinic and self-help office; and recruit and train private attorneys to handle pro bono and reduced fee consumer cases. NHLA anticipates the following outcomes: 1) increased availability of affordable legal services to seniors in consumer areas; 2) increased referrals to the Advice Line/CLPS by service providers, police, and judges; and 3) increased prevention and remediation of consumer abuses and financial exploitation of seniors in New Hampshire. NHLA target audiences will include rural, isolated elderly; non-English speaking elderly; elder care providers; social workers; police and other law enforcement officials; district court judges; private attorneys; Health Insurance Counseling, Education Assistance Services network; and the Division of Adult and Elderly Services. Products will include a final report.

Program: Senior Legal Services-Enhancement of Access **90AM2795** Statewide Senior Legal Hotline

NORTHWEST JUSTICE PROJECT 401 Second Avenue South - Suite 407 Seattle, WA 98104

Contact: Joan Kleinberg (206)464-1519

Project Period: 09/30/2003 - 09/29/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 100,000      |
| FY 2004 | 100,000      |
| FY 2005 | 100,000      |

Northwest Justice Project (NJP) proposes a 3-year project to pilot an "enhanced" statewide legal service delivery system that offers broad telephonic access to legal assistance, exploring the most effective and efficient ways to act on the findings of the 2002 Hotline Outcomes study and the 2003 Senior Statewide Legal Hotlines Client Outcomes Study. NJP's test of these study recommendations will provide the legal community with information about the extent to which such measures actually improve client outcomes, and NJP will also develop tools to assist programs in implementing such an "enhanced" hotline model. NJP anticipates the following outcomes: 1) preservation of tenancy in rental housing; 2) eligibility for coverage of medical care through Medicaid or Medicare; 3) ending collection activity on alleged indebtedness; and 4) preservation of income. Target audiences include: seniors of limited literacy; seniors with mental or physical disabilities; geographically isolated seniors; limited-English speaking seniors, especially Spanish and Vietnamese speaking; seniors of the lowest education levels; and social service providers. It is anticipated that there will be a 20% increase in the number of seniors who favorably resolve legal problems affecting housing, income and benefits preservation, safety and independence, and consumer protection. Products will include a final report.

Program: Senior Legal Services-Enhancement of Access

#### 90AM2796 Senior Legal Hotline

Project Period: 09/30/2003 - 09/29/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 135,000      |
| FY 2004 | 135,000      |
| FY 2005 | 135,000      |

LEGAL SERVICES OF NORTHERN CALIFORNIA 444 North 12th St. Suite 312 Sacramento, CA 95814

Contact: David Mandel (916)551-2142

Legal Services of Northern California proposes to expand to a statewide senior legal services program over the next 3 years. In collaboration with various legal service providers, area ombudsmen, Area Agencies on Aging, the State Bar, law schools, and local community and faith-based organizations, the Senior Legal Hotline Plus (SLH) will reach out to needy seniors throughout California, especially those who are low income, disabled, isolated, or non-English speaking. Legal Services of Northern California anticipates the following measurable outcomes as a result of statewide expansion: 1) an increase in the number of seniors who receive income from all sources for which they are eligible and in the number who avoid home loss, consumer rip-offs, scams, and other financial abuse; 2) an increase in the number of seniors able to plan their estates as they wish, including the maintenance of maximum independence; 3) more seniors who are raising grandchildren able to navigate the legal system; and 4) improved services for seniors from other legal call centers as a result of SLH activities and dissemination of information. Products will include a final report.

Program: Senior Legal Services-Enhancement of Access

90AM2797 Predatory Lending

Project Period: 09/30/2003 - 09/29/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 95,000       |
| FY 2004 | 95,000       |
| FY 2005 | 95,000       |

Southeast LA Legal Services Corp. PO Drawer 2867 Hammond, LA 70404-0404

Contact: Brian Lenard (985)345-2130

Southeast Louisiana Legal Services Corp. (SLLS) proposes a three year project to prevent Louisiana seniors from losing their homes to predatory mortgage companies. The objectives are: 1) to provide representation to owners of homes in foreclosure; 2) to educate the elderly to the dangers that can arise in mortgaging their homes; and 3) to train public interest and pro bono attorneys to challenge foreclosures. These objectives will be pursued by a consortium of programs, both governmental and community-based, and the target audiences will include rural seniors; monolingual Spanish, Vietnamese, and French-speaking seniors; and state and local attorneys. The core providers of service will be one intake paralegal and two attorneys. They will provide representation in these cases, and expertise/assistance to others throughout the state handling these cases. Expected outcomes are that 400 homes will be saved from foreclosure and, in another 100 cases some other material benefit to the client will be achieved. Products include training materials, form pleadings, annual reports, publications and outreach/educational materials addressing this critical problem. These will be distributed locally and nationally to direct service providers.

# 90AM2905 Senior Medicare Patrol Program Integration Grant (TierII)

Project Period: 09/30/2004 - 12/31/2006

FY 2004 Grant Amount FY 2004 100,000 FY 2005 100,000

Coalition of Wisconsin Aging Groups 2850 Dairy Drive, Suite 100 Madison, WI 53718-6751

Contact: Helen M Dicks (608)224-0606

This is the second year of a two-year grant to integrate the state Senior Medicare Patrol program into the fabric of the aging services network. The goal of the project is to complete development of a comprehensive training and compliance program for allied health care professionals. Self study and lecture-based material will instruct social workers, pharmacists, nurses and physicians on the public benefits and resources for assisting patients with benefits, and for protecting these benefits from error, fraud, and abuse. Interest in Medicare part D has provided opportunities to partner with other community groups, volunteer programs and professional associations. Target population: Medicare beneficiaries. Collaborators: WI SHIP, WI Multi- Agency Response to Part D, various community organizations, professional associations and the law enforcement community. FY 2004 Anticipated Outcomes: Developed and disseminated Agents and Deceptive Practices booklet about reporting and detection procedures; and coordinated roll-out of Wisconsin-specific Medicare Modernization Act (MMA) media campaign, including press releases, talk shows etc. The results of this project will be disseminated to all Senior Medicare Patrol projects through AoA's SMP resource center.

Program: Senior Medicare Patrol Program Integration

90AM2906 Senior Medicare Patrol Integration Project For Rural Hispanic Communities (SM-PIP)

Project Period: 09/30/2004 - 09/29/2006

FY 2004 Grant Amount FY 2004 95,509 FY 2005 95,509

The National Hispanic Council on Aging 1341 Connecticut Avenue, N.W., Suite 4.2 Washington, DC 20036

Contact: Charles Mendoza Ph.D., J.D. (202)265-1228

This is the second year of a two-year project to increase knowledge and provide the skills necessary for Hispanic senior participants to understand and utilize the new Medicare Modernization Act (MMA) benefits and to avoid fraudulent schemes that may be associated with discount drug cards or preventive services. The project has promoted MMA and prevention efforts through the training of peer advocates, launching a community-based education campaign, establishing new partnerships with organizations that serve the Hispanic community and disseminating lessons learned and outcomes through a network of organizations, consumers and service providers. In addition, NHCOA recognizes the role of the family in getting their message to seniors, who are often very close to and involved with family members.

Collaborators: University of TX- Pan American, RSVP, City of La Joya, KLJS TV 17, Our Lady Queen of Angels Parish, La Voz Del Anciano, and Senior Companion program.

Anticipated activities/outcomes: bilingual peer volunteers, project staff and advisory committee members provided for media MMA events; web site enhanced to include links to local and national resources related to benefits and fraud control; new partnerships developed with health and social service providers, representatives of local area aging network, senior center staff and community leaders; and participated in one media event quarterly using materials adapted to local language and culture.

# 90AM2907 Operation Restore Trust of Iowa SMP Integration Grant

Project Period: 09/30/2004 - 09/29/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 100,000      |
| FY 2005 | 100,000      |

Iowa Department of Elder Affairs 200 Tenth Street Des Moines, IA 50309

Contact: Shirley Merner (515)242-3333

This is the second year of a two-year project to create and disseminate curriculum focused on increasing the number of fraud referrals made to the lowa Medicaid Fraud Control Unit (MFCU) and the number of dollars recouped in Medicaid fraud due to divestiture (arrangement of assets to become Medicaid eligible). Hamilton College, the lowa MFCU and the grantee have united to achieve this goal. The intervention will consist of a public education campaign to help identify people in their communities who may be using Medicaid as an inheritance protection plan. Target Population: lowa's Medicaid beneficiaries will be reached through outreach and education at AAA sites. Products and Project Outcomes: increased Medicaid recovery as awareness of divestiture increases; lowa Law Enforcement Needs Assessment Survey developed; and Medicaid divestiture fraud (MDF) case curriculum & training package developed. Dissemination: a statewide television campaign will be conducted to reach those unable to attend community education events. The results of divestiture education will be provided to AoA in the final report.

Program: Senior Medicare Patrol Program Integration

90AM2908 Senior Medicare Patrol Integration Continuation Project

Project Period: 09/30/2004 - 09/29/2006

|         | Grant Amount |
|---------|--------------|
| FY 2004 | 100,000      |
| FY 2005 | 100,000      |

California Health Advocates 5380 Elvas Ave., Suite 104 Sacramento, CA 95819

Contact: Julie Schoen (714)560-0309

This is the second year of a two-year project to develop a partnership with the California Department of Justice (DOJ) that will expand the Senior Medicare Projects capacity and begin to educate consumers regarding Medi-Cal (Medicaid). This project has not previously dealt with Medicaid fraud, which accounts for more than \$29 billion in annual expenditures - nearly one-quarter of the State's entire budget. Currently, beneficiaries get their information about MMA from their local pharmacy. A secondary goal will be to establish a private sector fraud-based education program on MMA by establishing a relationship with a nationwide pharmacy chain. The project has contacted Walgreen's corporate headquarters to promote fraud education outreach using a private-sector partner. Special populations and organizations: the project has strong relationships with Latino Health Access, The National Association of Pacific Islanders, and State and Federal agencies serving these populations, including the CA Dept of Aging and CMS. CHA established and hosts the CA Medicare coalition, which meets 6 times per year in regional meetings. Collaborators: California Department of Justice Bureau of Medi-Cal Fraud and Elder Abuse, and the Orange County Council on Aging. FY 2004 anticipated outcomes: changed, observable behavior of Medi-Cal recipients to detect and report fraud and abuse complaints, and established links between the DOJ and the CHA/Scams websites to coordinate "Fraud Alerts"; also, provision of consumer education and increased awareness of related issues to 2,500 English speaking pharmacy partner customers.

#### 90AM2909 Senior Medicare Patrol Project Integration

Center for Advocacy for the Rights and Interests of the Elderly
100 North 17th Street, Suite 600
Philadelphia, PA 19103

Contact: Rebecca Nurick (215)545-5728

Project Period: 09/30/2004 - 09/29/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 100,000      |
| FY 2005 | 100,000      |

This is the second year of a two-year project to develop and implement a curriculum targeting home health care fraud in Medicare. The project has reached out to: homebound older Pennsylvanians through "Meals on Wheels" providers; Russian-speaking dual eligible clients through the Family Caregiver support program; and visually impaired individuals from Associated Services for the Blind. Volunteers have completed pre- and post-test training to evaluate their knowledge of the material and ability to conduct the presentation. Evaluations collected to date, after/at "Healthy at Home" presentations, indicate participants learned something new about Medicare home health benefits, and 98% agreed that they will use the fraud prevention tips. Distribution of the presentation was conducted with the Delaware Valley Access to Benefits Coalition and the Coalition of Philadelphia APPRISE counselors to promote discount drug card information. A summary of all lessons learned will be reported to AoA in the final 2006 report. Partners and community-based organizations include: CMS-Region III; OIG-Region III; Pennsylvania Dept. of Aging; AARP PA; Philadelphia Corp. for Aging; Community Legal Services; Pharmacia & Upjohn; Podiatrist and professor emeritus at Temple University; Albert Einstein Medical Center-APPRISE program (PA's SHIP program); APPRISE of Schuylkill County; RSVP of Chester, Montgomery, Bucks, Capital Region, Lehigh Region, Somerset and Schuylkill County, Philadelphia East and RSVP. FY 2004 Outcomes: Based on the results of beneficiaries surveyed, the project expects that as a result of the curriculum developed there will be an increased awareness of home health care fraud and increased reporting of potential fraud in home health, as well as MMA in the long term.

Program: Senior Medicare Patrol Program Integration

**90AM2910** The Great Lakes Inter-Tribal Council Senior Medicare Patrol Integration

Project Period: 09/30/2004 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 100,000      |
| FY 2005 | 100,000      |

Great Lakes Inter-Tribal Council, Inc. 2932 Highway 47 North Lac Du Flambeau, WI 54538

Contact: Wendell Holt (715)588-3324

This is the second year of a two-year project to fully integrate State Medicaid and Indian Health Service (IHS) partners into the fabric of Wisconsin's American Indian communities for education, outreach and reporting of health care fraud. Tribal, Federal/State partners will work cooperatively to diminish fraud in those American Indian Communities. Specifically integrated training on home health and other areas under Medicaid will be offered to tribal aging unit staff, who will then train elders and program recipients in their community. A manual documenting this model will be disseminated to other tribal communities to replicate this model project. The manual will also be distributed to the SMP resource center. Tribal elders and Benefit Specialists will work with the American tribes within their communities to teach them about health care fraud. For instance, the Great Lakes Native American Elders Association serving WI and MN tribes will be participating in this project. FY 2004 Outcomes: established collaborative relationships with Federal and State for a Medicare Part D tribal workgroup; and increased awareness of the issues through the Tribal benefits network, a key element of which is a vehicle to communicate CMS findings.

#### **90AM2911** Puerto Rico ALF Network Integration Initiative

Project Period: 09/30/2004 - 09/29/2006

FY 2004 Grant Amount FY 2004 100,000 FY 2005 100,000

Puerto Rico Office of the Ombudsman for the Elderly P.O. Box 191179

San Juan, PR 00919-1179

Contact: Rossana Lopez-Leon (787)721-6121

This is the second year of a two-year project to enhance the capability of the current Senior Medicare Project (SMP) in Puerto Rico (PR) to integrate its Medicare fraud awareness prevention and reporting activities into the fabric of the aging service network at the community level and within the fraud prevention network island-wide. The project is focused on Non-English speaking Hispanic senior Medicare beneficiaries. Process and outcome oriented evaluation procedures will continue as proposed for year two of the project. All training materials were developed in Spanish and were distributed to Center Directors. Collaborators and community-based organizations (CBOs) include: the Centers for Medicare & Medicaid Services (CMS) PR field office, and PR Health Assistance Program (IMEDICAID), PR Quality Improvement Organization (QIO), Catholic Social Services, Alzheimer's Assoc., PR Diabetes Association, and Asociacion De Pensionasos. 100 volunteers from various Senior Centers will be trained to serve as center-based coordinators. FY 2005 outcomes: strategic project plan developed; monthly workshops conducted for members of the fraud taskforce; and 2,000 senior center beneficiaries registered as Medicare Fraud Prevention team members.

Program: Senior Medicare Patrol Program Integration

90AM2912 Senior Medicare Patrol Program Integration

Project Period: 09/30/2004 - 09/29/2006

 FY
 Grant Amount

 FY 2004
 93,867

 FY 2005
 93,868

Department of Human Services PO Box 1437, Slot S530 Little Rock, AR 72203-1437

Contact: Herb Sanderson (501)682-2441

This is the second year of a two-year project of the Arkansas Senior Medicare Patrol (SMP) to work with their regional partners to expand awareness of SMP activities and make fraud prevention strategies and activities an integral part of the state government. Specific goals have been set for each region, i.e., number of individuals in each targeted population to be reached by our intervention. To evaluate the effectiveness of this approach the project will track each of the Health and Human Services (HHS) Office of the Inspector General (OIG) performance measures by county and or zip code. Part of the OIG data collected is on beneficiaries educated and complaints received based on project outreach. The results will be disseminated quarterly in a report to all partners. Material has also been developed for outreach to nursing home residents and distribution of this material is under way. Collaborators are the University of Arkansas, local senior centers, libraries, Catholic Charities, Division of Medical Services, and the Arkansas Foundation for Medical Care, the Quality Improvement Organization (QIO). FY 2004 Outcomes: contracted with the University of AR to use their GIS application to accurately track and target project efforts. FY 2005 Outcomes: 50% increase in the OIG performance measure reported semi-annually; and evaluation of the results of the GIS application tracking system tool in the areas with the highest concentrations of the targeted population.

#### 90AM2913 MOD Squad

Project Period: 09/30/2004 - 09/29/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 55,000       |
| FY 2005 | 55,000       |

Better Business Bureau Education Foundation 1333 West Loop South, Suite 1200 Houston, TX 77027

Contact: Candice Twyman (713)341-6141

This is the second year of a two-year project to assist the Texas State Senior Medicare Patrol project MOD Squad provide education and information about the Medicare Modernization Act (MMA) to help older adults and their caregivers understand the impact of the changes and increase awareness and reporting of suspected fraud. Efforts include going to outlying counties and bringing together service providers and beneficiaries to make group presentations. Limited English speaking populations will be targeted with translated materials. Key personnel in communities will be trained about health care fraud in order to share the message within the community outlets. Community-based organizations' Ombudsmen are used to evaluate training methods and track potential abuse in their communities. FY 2005 Outcomes: MOD Squad has reached over 22,000 older adults on 91 occasions with information about the changes in MMA, making those individuals less susceptible to fraud or errors. Five training sessions were conducted to increase the awareness of 137 professionals; training materials have been disseminated in English and Spanish to increase awareness of the Medicare changes; and a checklist has been developed for use by providers to point out clues that may indicate fraud.

Program: Senior Medicare Patrol Program Integration

90AM2914 Indiana Senior Medicare Patrol Integration Project - Senior ESP

Project Period: 09/30/2004 - 09/29/2006

|         | Grant Amount |
|---------|--------------|
| FY 2004 | 100,000      |
| FY 2005 | 100,000      |

IAAAA Education Institute, Inc. 2506 Willowbrook Pkwy., Suite 250 Indianapolis, IN 46205

Contact: Melissa A Durr (317)202-0500

This is the second year of a two-year project to develop an innovative model of health care fraud education, with emphasis on Medicare Part D, that will be embedded by the Senior Medicare Patrol (SMP) into the Indiana aging network . Partnering with the SHIIP, the Medicaid Fraud Unit and a pharmacy chain, the project will develop a training module which will include a message for the public regarding fraud. This module will be fully integrated into training for AAA case managers, I & E staff, SHIIP counselors and project volunteers. The target population will include rural and low income seniors. Collaborators include the Senior Health Insurance Information program, Hoosier RX and the IN Medicaid Fraud Control Unit (MFCU). Anticipated activities/outcomes: a fully integrated training module for AAA case managers; and a decision tree tool to help project volunteers and others to determine if fraud exists. Dissemination activities will include: brochures and other messages in English and Spanish developed at the fourth grade reading level, with a consistent and accessible message; and an Email communications network to discuss outreach and other project activities. The MFCU will provide guidance on the accuracy of messages developed. The results of this project will be provided to AoA, our partners and other interested organizations.

# 90AM2915 SMP Integration of Medicare and Medicaid

Jewish Family & Vocational Service of Middlesex County,

Inc

515 Plainfield Ave., Suite 201

Edsion, NJ 08817-2598

Contact: Charles Clarkson (732)777-1940

Project Period: 09/30/2004 - 09/29/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 100,000      |
| FY 2005 | 100,000      |

This is the second year of a two-year project to integrate the Senior Medicare Patrol project into the state aging services network. Emphasis is placed on reaching minority and low-income populations that have traditionally been hard to reach. The grantee will develop new statewide collaborations, coalitions and other integration efforts, emulating successful practices of established programs and developing new approaches designed to meet the unique needs of the state's older population. It will specifically integrate Medicaid and Medicare fraud messages regarding the Medicare Modernization Act of 2003 targeting MEDICAID recipients. Collaborators include: NJ Housing and Mortgage Finance Agency Services; Healthcare QIO; NJ HHS; AARP; Rutgers Coop Extension; NJ Triad; and NJ Medicaid Fraud Control Unit. Anticipated activities/outcomes: 200 beneficiaries and providers and conference attendees will report that 80% found it worthwhile; 25 additional potential cases of fraud will be identified; and 8,000 seniors will attend community-based education. Dissemination activities will reach 650,000 beneficiaries through a media campaign. Products will be translated into Spanish, Korean, one Indian dialect, as well as printed in Braille or large print. The results of this effort will be reported to AoA, the SMP resource center and others.

Program: Senior Medicare Patrol Program Integration

90AM2916 Illinois Senior Medicare Patrol Integration Program

Suburban Area Agency on Aging 1048 Lake Street, Suite 300 Oak Park, IL 60301

Contact: Kim B Blechschmidt (708)383-0258

IIK, IL 0030 I

Project Period: 09/30/2004 - 09/29/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 100,000      |
| FY 2005 | 100,000      |

This is the second year of a two-year project to integrate the Illinois Senior Medicare Patrol Project into the Aging Services Network. The overall project design will be to develop an innovative model of health care fraud education, with emphasis on Medicare Part D, that will be embedded in the aging network across the state of Indiana. Partnering with SHIIP, the Medicaid Fraud Unit and a pharmacy chain, the project will develop a training module which will include a message for the public regarding fraud. This module will be fully integrated into training for AAA case managers, I & E staff, SHIIP counselors and project volunteers. The project will schedule presentations and displays for senior groups, professional groups, senior advocate, conferences and seminars. The target population is rural and low income seniors. The project coordinator will evaluate and improve training materials as necessary. Collaborators: Senior Health Insurance Information program, Hoosier RX and MFCU. The project will involve community-based organizations (CBOs) which serve senior groups for educational presentations. FY 2005 Outcomes: increased knowledge and awareness of how to prevent, identify and report suspected fraud and abuse through staff, volunteers, and seniors. Products will include a training manual and curriculum, brochure on potential Medicare Modernization Fraud, placemats, posters, news releases, and fraud alerts to partner organizations.

#### 90AM2917 SORT Integration Tier I Project

District III Area Agency on Aging dba Care Connection for Aging Services 106 W. Young Street Warrensburg, MO 64093 Project Period: 09/30/2004 - 11/30/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 99,857       |
| FY 2005 | 99,784       |

Contact: Rona J McNally (660)747-5447

This is the second year of a two year project award for the Missouri Senior Medicare Patrol Project to develop new statewide collaborations, coalitions and other integration efforts, emulating successful practices of established Senior Medicare Patrol programs. This integration project will develop a comprehensive statewide approach to increase awareness and detection of MEDICAID fraud among providers, recipients and caregivers. The target population is rural and low income individuals. Collaborators include: Missouri Alliance of Area Agencies on Aging, Missouri Attorney General's Office, Division of Medical Services Department of Health and Senior Services, Ombudsman Program and CLAIM (Missouri's SHIP). Anticipated activities/outcomes: The grantee anticipates that 75% of education seminar attendees surveyed will indicate a willingness to report concerns; 90% attending trainings will state that the information increased their ability to recognize Medicaid fraud and take appropriate action; and 80% of the Senior Medicare Patrol projects receiving materials produced by the project will report those materials useful. Products include a Missouri Medicaid manual for professionals and recipients; a senior consumer protection brochure; a consumer pamphlet, "Medicaid and You"; home care journal and quarterly tip sheets for Medicaid recipients; a video on pharmacy fraud; and information about reading and understanding the Explanation of Benefits (EOB) statement.

Program: Senior Medicare Patrol Program Integration

90AM2918 Senior Medicare Patrol Integration, Tier II

Idaho Commission on Aging 3380 Americana Terrace, Suite 120 Boise, ID 83706

**Contact: Lois S Bauer** 

Project Period: 09/30/2004 - 09/29/2007

FY Grant Amount

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 96,508       |
| FY 2005 | 96,508       |

This is the second year of a two year project to integrate Medicare error and fraud awareness and prevention knowledge within two rural, underserved regions in Idaho, and hire Fraud Education Specialists to assist beneficiaries understand the Medicare Modernization Act of 2004 (MMA), cultivate new partnerships and help resolve billing errors/fraud complaints. The target populations in rural communities will be Hispanic and Native American people. Collaborators will include: WA Office of the Insurance Commissioner, Eastern Idaho Special Services Agency, Inc., and Area II Agency on Aging. Anticipated activities and outcomes: Medicare beneficiaries and their families and advocates will scrutinize Medicare bills and report fraud, error and abuse; and trained volunteers will be used to assist with one-to-one assistance with beneficiaries. A local contact list and reporting process will be developed to evaluate the progress of this project. The results will be reported to AoA and other interested parties.

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#### 90AM2447 Senior Medicare Patrol Project

Project Period: 07/01/2001 - 06/30/2005

| FY      | Grant Amount |
|---------|--------------|
| FY 2001 | 180,000      |
| FY 2002 | 180,000      |
| FY 2003 | 202,000      |
| FY 2004 | 180,000      |

JEWISH FAMILY & VOCATIONAL SERVICE OF MIDDLESEX COUNTY 515 Plainfield Avenue Edison, NJ 08817-8817

Contact: Irene Stolzenberg (732)777-1940

The Senior Medicare Patrol, NJ Healthcare Advocacy Volunteer Effort (NJHAVE), is in the third year of a three year cooperative agreement project administered by the Jewish Family and Vocational Service of Middlesex County, Inc. The goal of NJHAVE is to improve the quality of health care for senior citizens provided in New Jersey by addressing Medicare, Medicaid and other health insurance discrepancies, including but not limited to waste, fraud and abuse, through the use of trained retired persons as volunteers. The objectives of this project are: 1) to continue and expand working relationships with local aging and community service agencies; 2) train new Training Associate Agencies; 3) recruit and train volunteers; 4) increase awareness of Medicare and Medicaid beneficiaries and their caregivers through community and media events; 5) identify and report new potential cases of health insurance discrepancies; 6) evaluate effectiveness of the project; and 7) work in collaboration with the NJ State Health Insurance Assistance Program (NJ SHIP) on Medicare issues. To achieve the objectives of this project, NJHAVE will collaborate with NJ SHIP, Retired Senior Volunteer Programs, NJ Triad Association, NJ Association of Area Agencies on Aging, NJ Housing and Mortgage Finance Agency, and Empire Medicare Services. The target populations of the project are Medicare and Medicaid beneficiaries, with special outreach to the visually and hearing impaired senior populations. The expected outcomes are: increased awareness of fraud; and an increase of reported cases and continued increase of informed health care consumers throughout the state. The major products of the project are new and/or revised educational and training materials, and outreach and educational materials available in various languages, Braille and large print for the visually impaired.

Program: Senior Medicare Patrol Project

90AM2448 Kentucky Association of Senior Service Corps Senior Medicare Patrol Project

Project Period: 07/01/2001 - 06/30/2005

FY Grant Amount FY 2001 187,176 FY 2002 164,176 FY 2003 186,176 FY 2004 164,176

KENTUCKY ASSOCIATION OF SENIOR SERVICE CORPS 3445 Versailles Road #A Frankfort, KY 40601

Contact: Judy Cederholm

This three-year cooperative agreement is a Senior Medicare Patrol (SMP) project managed by the grantee. The Kentucky Association of Senior Service Corps collaborated with the local AAAs, State Medicaid Fraud Unit, LTC Ombudsman and the Project Advisory Councils. The target population of this SMP project is Kentucky seniors in 40 counties. The goal of this project is to develop and strengthen the SMP program by making seniors aware of Medicare/Medicaid (MMF) waste, fraud, error and abuse and educating seniors on the detection and reporting of fraud and abuse, relative to the Medicare statement and services received. The objective of the program is to establish a state SMP through the existing Retired Senior Volunteer Program (RSVP). The expected outcome is an SMP Program. The products of this project are a final report, training materials, and an RSVP evaluation.

#### 90AM2449 Senior Medicare Patrol Project

Project Period: 07/01/2001 - 06/30/2005

| FY      | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2001 | 201,000             |
| FY 2002 | 180,000             |
| FY 2003 | 202,000             |
| FY 2004 | 180,000             |

UPPER CUMBERLAND DEVELOPMENT DISTRICT/AAA

1225 South Willow Avenue Cookeville, TN 38506-8506 Contact: Nancy C. C Peace

The Senior Medicare Patrol (SMP) Project is a three-year cooperative agreement managed by the grantee, the Upper Cumberland Development District/AAA. The collaborators of this SMP project are the Area Agency on Aging (AAA), the AAA Senior Centers, AARP, Tennessee (TN) Aging and Disability Network, CIGNA, and the LTC Ombudsman. The target population is the Senior Centers' individuals. The goal of this project is to develop and support an SMP which will prepare and make seniors aware of Medicare/Medicaid waste, fraud, error and abuse. The objective of this program is to recruit and train retired persons who will serve as volunteer community experts and develop resources in combating health care fraud, waste and abuse. The anticipated outcomes of this project are: recruitment of a cadre of volunteers; educational workshops, inc. Agricultural Extension Services workshops; and FBI (TBI-Tennessee Bureau of Investigation) trainers. The products of this project are a final report, educational materials, and training materials.

Program: Senior Medicare Patrol Project

90AM2580 Senior Medicare Patrol Project

Project Period: 07/01/2002 - 06/30/2005

| FY      | Grant Amount |
|---------|--------------|
| FY 2002 | 160,000      |
| FY 2003 | 160,000      |
| FY 2004 | 160,000      |

Alabama Department of Senior Services 770 Washington Avenue, Suite 470 Montgomery, AL 36130-1851

**Contact: Judy Meeks** 

The Senior Medicare Patrol (SMP) Project is in its third year of a cooperative agreement sponsored by the grantee, Alabama Department of Senior Services. The grantee collaborated with Blue Cross Blue Shield (BCBS), NAACP, AARP, RSVP, Alabama Nursing Home Association, Association of Home Health Agencies, and the Medicaid Fraud Unit of the Attorney General. The goal of this SMP project is to educate seniors about detecting and reporting health care error, fraud and abuse. The objective of this SMP program is to work with all 67 counties in the state in order to train minorities, the disabled and rural seniors, with the support of the 13 Area Agencies on Aging (AAA), to be aware of, detect, and report cases, complaints of error, fraud and abuse in their Medicare/Medicaid billings. The major outcomes are: a regional advisory committee of three volunteers each to serve as educators; and increased referral of cases to the Medicaid Fraud Unit. The products of this SMP project are: a final report; a volunteer recruitment kit; and a reporting system to collect data on evaluation.

# 90AM2581 Senior Medicare Patrol Project: Volunteer Program

Project Period: 07/01/2002 - 06/30/2005

FY **Grant Amount** FY 2002 123,128 FY 2003 145,128 123,128 FY 2004

Central Ohio Area Agency on Aging 174 E Long Street Columbus, OH 43215-3215

Contact: Lisa Durham (614)645-3382

This Senior Medicare Error Patrol (SMP) project is the third year of a three-year cooperative agreement. The collaborators are the Ohio Department of Aging workgroup; the Attorney General Office (Victim Assistance, Senior Protection Initiative, and Senior Pro Bono project); Council on Aging of Southwestern Ohio; Adult Protective Services; and others. The goal of this SMP project is to develop the Senior Medicare Error Patrol by enabling Medicare/Medicaid (M/M) beneficiaries to detect and report fraud, error and abuse. The objective of this SMP project is to train and support eligible M/M senior in SW Ohio. The major expected outcomes are: a Senior Medicare Patrol established; data collection and reporting forms developed; 30 senior volunteers assisting M/M beneficiaries, recruited and trained; and 5000 seniors reached. The products of this SMP program are a final report; a Senior Medicare Patrol; and project data forms.

Program: Senior Medicare Patrol Project

90AM2582 Collaborative SW OH Volunteer Training & Support for Public Education, Counseling & Referral for Medicare/Medicaid Fraud

> Project Period: 07/01/2002 - 06/30/2005 Grant Amount

> > 124,863

124,863

124,863

FY

FY 2002

FY 2003

FY 2004

PRO SENIORS, INC. 7162 Reading Road Suite 1150 Cincinnati, OH 45237-3838

Contact: Rhonda Y Moore (513)458-5506

| This is a three year, co-operative agreement, Senior Medicare Patrol Project (SMP) supported by the grantee, Pro            |
|---|
| Seniors, Inc., in collaboration with the National Council for the Prevention of Elder Abuse, Council on Aging of            |
| Southwestern Ohio, Adult Protective Services, Office of the Attorney General, Coalition for Nursing Home Reform and         |
| many others. The target population is eligible Medicare/Medicaid (M/M) persons in SW Ohio. The goal of this SMP             |
| project is to develop and strengthen the Senior Medicare Error Patrol, who will make seniors aware of and educated          |
| about combating M/M waste, fraud, error and abuse. The objective of this SMP program is to train and educate senior         |
| volunteers on M/M fraud. The expected and major outcomes of this SMP program are: a Senior Medicare Patrol Project          |
| established; project forms developed; data collected; 30 volunteers trained to help others; and 5000 individuals            |
| contacted through outreach. The products of this project are: a final report; training materials; project forms; and a data |
| bank of fraud cases.  |

#### 90AM2583 Senior Medicare Error Patrol Projects

Project Period: 07/01/2002 - 06/30/2005

| FY      | Grant Amount |
|---------|--------------|
| FY 2002 | 160,000      |
| FY 2003 | 182,000      |
| FY 2004 | 160,000      |

VIRGINIA ASSOCIATION OF AREA AGENCIES ON AGING 24 E. Cary Street - 1st Floor

Richmond, VA 23219-3219

Contact: E. Harris Spindle (804)644-2804

This Senior Medicare Patrol Project, known as the Senior Medicare Error Patrol Project, is managed by the Virginia Association of Area Agencies on Aging. The collaborators in this project are the 25 Area Agencies on Aging. The goal is to develop the Senior Medicare Error Patrol Project by educating beneficiaries about Medicare and Medicaid fraud, error and abuse, through senior volunteers. The objectives are: to recruit and train retired professional volunteers to educate the elderly population about Medicare and Medicaid and ways in which to detect and report fraud, error and abuse; and to provide outreach and education to the minority, rural, disabled and non English speaking elderly population. The expected outcomes are: increased consumer awareness of fraud and ways to report it; and decreased Medicare and Medicaid fraud. The products from this project are: a final report, training packages, and data collection instruments.

Program: Senior Medicare Patrol Project

90AM2584 Arkansas Senior Medicare/Medicaid Fraud Patrol

ARKANSAS DEPARTMENT OF HUMAN SERVICES

Division of Aging and Adult Services PO Box 1437, Slot S530 700 Main Street Little Rock, AR 72203-1437

Contact: John V Diaz

Project Period: 07/01/2002 - 06/30/2005

| Grant Amount |
|--------------|
| 160,000      |
| 165,000      |
| 160,000      |
|              |

This three year cooperative agreement, Arkansas Senior Medicare/Medicaid Fraud Patrol (ASMP) project, is managed by the grantee. Collaborating with the State Unit on Aging are the local regional partners, including AAAs, RSVPs, and Community Action Program agencies; the UA Cooperative Extension Service; Governor's Commission on People with Disabilities; Attorney General's Medicaid Fraud Control Unit; the Arkansas Advocates for Nursing Home Residents (AANHR); the Developmental Disability Council and the DDS; Arkansas Foundation for Medical Care (the QIO); the SHIIP; and AARP. The goals of this SMP project are: to recruit and train retired Medicare beneficiaries, who in turn educate and inform other beneficiaries and local communities about the nature and extent of errors, fraud, and abuse in the Medicare and Medicaid programs; and to help identify and report suspected errors, fraud and abuse. The objectives of this project are to combat Medicare/Medicaid fraud and to educate beneficiaries, caregivers and the general community. The expected outcomes are: a statewide network of trained and active volunteers who reach out to local communities through group presentations, community education events, one-on-one counseling and mass media; an Advisory Council that will provide input and advice regarding various aspects of the project and assist the project in accomplishing its goals; nursing home fraud targeted via the state Ombudsmen, the nursing home Family Councils, and publication of a Consumer Handbook for Nursing Homes; a 24-hour toll-free hotline in operation to receive complaints; complaints documented, verified/resolved/referred; and statewide expansion. The products are: interim and final reports; training curricula and materials; web page; materials for use by the volunteers in community outreach; best practices developed and published; and performance measures documents.

#### 90AM2585 Senior Medicare Error Patrol

Project Period: 07/01/2002 - 06/30/2005

| FY      | Grant Amount |
|---------|--------------|
| FY 2002 | 149,482      |
| FY 2003 | 149,482      |
| FY 2004 | 149,482      |

ALASKA COMMISSION ON AGING PO Box 110209 Juneau, AK 99811-0209

Contact: Teresa Clark

This is a three year cooperative agreement of an Alaska based Senior Medicare Error Patrol (SMP) project, targeted for Alaskan Native Medicare beneficiaries and providers. The goal of this SMP project is to save Medicare/Medicaid (M/M) and private dollars by providing beneficiaries education programs that will assist senior Alaskan Natives to detect and report error, fraud and abuse. The collaborators with this grantee are Alaskan Native Tribal Health Consortium, AARP, RSVP, Alaska Commission on Aging, and Older Persons Action Group. The objectives of the SMP project are to assist Alaskan Natives in reviewing their medical billings, and to assist providers in solving difficult billings before they enter the system. The expected outcomes are: a corp of 60-75 volunteers; medical billing students assisting providers; behavior change in seniors so they review their bills; fraud and abuse cases detected, reported and solved; findings of dollars saved; increased number of Alaskan Native beneficiaries assisted; and increased number of providers assisted. The products of this SMP program are a final report; lessons learned; and a classroom curriculum.

Program: Senior Medicare Patrol Project

90AM2586 Medicare Overpayment Detectives or the MOD Squad Volunteers Will Educate Other Older Adults about Medicare Fraud & Abuse

Project Period: 07/01/2002 - 06/30/2005

| FY      | Grant Amount |
|---------|--------------|
| FY 2002 | 101,165      |
| FY 2003 | 108,665      |
| FY 2004 | 101,165      |

Better Business Bureau Education Foundation 1333 West Loop South Suite 1200 Houston, TX 77027

Contact: Candice Twyman (713)341-6141

This Texas project is a three year cooperative agreement Senior Medicare Patrol (SMP) project that is managed by the grantee, the Better Business Bureau Education Foundation (BBBEF). The collaborators in this SMP project are TeleMundo (Spanish television), Hispanic Chamber of Commerce, Houston AAA, AARP, Asian American Family Counseling Center, and the Indochinese Cultural Center (Vietnamese). The goal of this SMP project is to train minority seniors to detect and report Medicare/Medicaid (M/M) fraud, error and abuse. The objective of this MMF project is to recruit and train diverse retired professional volunteers to educate groups of Medicare beneficiaries on detecting and reporting M/M fraud (MMF), error and abuse. The anticipated outcomes of this MMF project are: education and information to change behavior; a corp of volunteers engaged in continuing education; a reporting system developed. The products of this MMF program are a final report; materials in Spanish; pre and post presentation quizzes; train the trainer materials; planned presentations; a reporting system for data; and a self-defense kit.

# 90AM2587 Combating Health Care Waste, Fraud and Abuse

Project Period: 07/01/2002 - 06/30/2005

| 0000    | .,           |
|---------|--------------|
| FY      | Grant Amount |
| FY 2002 | 202,000      |
| FY 2003 | 160,000      |
| FY 2004 | 160,000      |

AREA AGENCIES ON AGING ASSOCIATION OF MICHIGAN 6105 West St. Joseph, Suite 209

Lansing, MI 48917-4850

Contact: Mary M Ablan (517)886-1029

The Area Agencies on Aging (AAA) Association of Michigan is the grantee for this three year, cooperative agreement Senior Medicare Patrol (SMP) project, in collaboration with the Centers for Medicare and Medicaid Services, the Michigan Office of Services to the Aging and the Michigan Peer Review Organization (PRO). The target populations of this project are the Medicare/Medicaid (M/M) beneficiaries and their caregivers in the state of Michigan. The goal of this SMP project is to combat health care waste, fraud (MMF) and abuse. The objective of this SMP project is to train a statewide network of volunteers in M/M waste, fraud and abuse and receive support from volunteer coordinators. The anticipated outcomes of this MMF project are: enhanced awareness of detecting and reporting health care waste, fraud and abuse; enhanced reporting by volunteers; increased # of toll-free hotline calls; and increased skills of beneficiaries in detecting and reporting. The products of this SMP project are a final report, and project data collection.

Program: Senior Medicare Patrol Project

90AM2588 Massachusetts Medicare, Outreach and Education Project

Project Period: 07/01/2002 - 12/31/2005

Grant Amount FY FY 2002 218,152 FY 2003 198,152 FY 2004 176,152

ELDER SERVICES OF THE MERRIMACK VALLEY, INC. 360 Merrimack Street, Building #5

Lawrence, MA 01843-3740

Contact: Carolyn Hubers (978)683-7747

This is the third year of a three year cooperative agreement for a Massachusetts based Senior Medicare Patrol (SMP) project managed by the grantee, Elder Services of the Merrimack Valley, Inc., an Area Agency on Aging (AAA). The AAA will collaborate with the Executive Office of Elder Affairs, the State Unit on Aging (SUA) and MA SHIP program, the Mystic Valley Elder Services, Minuteman Elder Services, Minuteman Home Care and Danvers Council on Aging, The goal is to build the capacity of the 12 MA SHIP programs and to educate and bring awareness to the Medicare/Medicaid fraud (MMF), error and abuse to the vulnerable Medicare beneficiaries. The objective is to recruit and train retired professional volunteers to educate groups of M/M beneficiaries about detecting and reporting M/M fraud, error and abuse. The major outcomes are: self-assured and less intimidated consumers, when interacting with M/M programs; a survey of consumers counseled to identify error, fraud or abuse; a mini-grant process building the capacity of AHIP SHIP sites to provide outreach and education; a media campaign; and statistical data collected from minority organization on the number of error, fraud or abuse cases. The products are a final report, Public Service Announcements, and newsletters.

# 90AM2589 SUMMIT Medicare/Medicaid Fraud, Abuse and Waste Reduction Program

Project Period: 07/01/2002 - 06/30/2005

| FY      | Grant Amount |
|---------|--------------|
| FY 2002 | 160,000      |
| FY 2003 | 182,000      |
| FY 2004 | 212,523      |

STATE OF OKLAHOMA INSURANCE DEPARTMENT

PO Box 53408

Oklahoma City, OK 73152-3408

Contact: Cindy A Brown (405)521-6632

This three year cooperative agreement, Senior Medicare Patrol (SMP) project, is sponsored by the grantee, the Oklahoma Insurance Department (OID). The collaborators with the grantee are the State/Federal Fraud Investigators, AARP Oklahoma, Oklahoma Indian Council on Aging, Long-Term Care Ombudsman Program, Oklahoma Association for Senior Centers, Oklahoma Area Aging Agencies, and the Oklahoma Senior Health Insurance Counseling Program. The goal of this MMF project is to reduce Medicare/Medicaid fraud (MMF), abuse and errors for Oklahoma Hispanic, American Indians, rural and isolated senior populations. The objective of the MMF program is to recruit and train retired professionals, family caregivers, and people who work in the aging field to educate groups of Medicare beneficiaries about detecting and reporting MMF, error and abuse. The expected outcomes are: MMF information for homebound Oklahoma seniors; trained volunteers; M/M education programs; and minority participants. The products of this SMP project are: a final report; rural public service announcements; print ads for rural newspapers, professional and organizational newsletters, the Oklahoma Viet Times, and for Viva Oklahoma Hispanic news; MMF findings by the State/Federal Fraud Investigators; a video in Creek Nation language for Creek Nation Indians; and an evaluation.

Program: Senior Medicare Patrol Project

90AM2590 A Medicare Fraud Patrol Project in Rural Latino Communities

NATIONAL HISPANIC COUNCIL ON AGING 1341 Connecticut Ave., NW Suite 4-A Washington, DC 20036

Contact: Jose L Velasco (202)265-1288

Project Period: 07/01/2002 - 06/30/2005

| FY      | Grant Amount |
|---------|--------------|
| FY 2002 | 191,497      |
| FY 2003 | 191,497      |
| FY 2004 | 191,462      |

This is the third year of a co-operative agreement. The Senior Medicare Fraud Patrol (SMP) project is managed by the grantee, the National Hispanic Council on Aging (NHCoA), located in Washington, D.C. The project was carried out in El Paso, TX; Dallas, TX; La Joya, TX; and Brownsville, TX. The goal of this project was to develop the Senior Medicare Waste Patrol in the Latino Communities by reporting waste in the Medicare/Medicaid (M/M) health programs. The objective of the project was to recruit and train peer advocates (Voceros-Voices) toward the success of the Medicare Waste patrol project. The project targeted the population of rural persons with very low income, resources and educational level. The major outcomes of this project are established study circles, and established partnerships and linkages. The products of this program are a final report, and educational materials for 25,000 seniors.

#### 90AM2591 Colorado Anti-Fraud Education Project

Project Period: 07/01/2002 - 06/30/2005

| FY      | Grant Amount |
|---------|--------------|
| FY 2002 | 189,279      |
| FY 2003 | 211,417      |
| FY 2004 | 189,417      |

COLORADO DIVISION OF INSURANCE, DORA 1560 Broadway #850 Denver, CO 80202-0202

Contact: Robert Pierce (303)894-7552

This is the third year of a three year cooperative agreement to establish a Colorado based Senior Medicare Patrol (SMP) grant project, managed by the Colorado Division of Insurance, in collaboration with the State Long-Term Care Ombudsman program, Colorado Coalition for Elder Right and Adult Protection, and the Colorado SHIP program. The goal of this project is to continue public education about Medicare and Medicaid fraud. The objectives of this program are to: ensure consumer awareness of Medicare and Medicaid error, fraud and abuse; educate on suspected fraud detection and reporting; provide individual counseling evaluation of fraud reports; measure the understanding of Medicare fraud; and address literacy, language, and disability access barriers. Providers and consumers who are Spanish speaking, vulnerable or geographically isolated will be targeted for this program. The major outcomes are: a new publication to inform consumers about health billing processes and avoiding overpayment; measures of pre and post improved understanding of what constitutes fraud; identification of methods for removing rural access barriers; a reduction in literacy, language and disability access barriers; increased number of Medicare and Medicaid fraud referrals. Products are: a final report; an evaluation; a new publication to inform consumers about health billing processes and avoiding overpayment; a video entitled "Paying your Bills Right"; and twelve educational presentations.

Program: Senior Medicare Patrol Project

90AM2592 Statewide Health Insurance Benefits Advisors (SHIBA) Helpline

WASHINGTON STATE OFFICE OF THE INSURANCE COMMISSIONER 810 Third Avenue, Suite 650 Seattle, WA 98104-8104

Contact: Joan . R Lewis (206)389-2752

Project Period: 07/01/2002 - 06/30/2005

FY Grant Amount

EY 2002 205 000

| FY      | Grant Amount |
|---------|--------------|
| FY 2002 | 205,000      |
| FY 2003 | 182,000      |
| FY 2004 | 160,000      |

This is a three-year cooperative agreement to operate a Washington State based Senior Medicare Patrol Project, managed by the Washington Office of the Insurance Commissioner (WOIC). The collaboration will be with Statewide Health Insurance Benefits Advisors (SHIBA) statewide sponsors. The target populations are the non-English speaking and the minority communities. The goal of this project is to develop and support a Senior Medicare Patrol, which will prepare seniors to combat Medicare/Medicaid (M/M) fraud, error and abuse. The objective of this program is to train retired senior professional volunteers to handle complex Medicare fraud cases and to report them. The major products are: a data collection and retrieval system; a SHIBA Helpline in the Asian-Pacific Islander community; a fraud web page; training workshops; and a final report.

# 90AM2593 Senior Medicare Error Patrol Project

Project Period: 07/01/2002 - 06/30/2005

|         | Grant Amount |
|---------|--------------|
| FY 2002 | 242,000      |
| FY 2003 | 222,000      |
| FY 2004 | 200,000      |

NEW MEXICO STATE AGENCY ON AGING 228 East Palace Avenue Santa Fe, NM 87501-7501

Contact: Debbie Armstrong

The grantee, the New Mexico Aging and Long Term Services Department (SUA), will support this three-year cooperative agreement Senior Medicare Patrol (SMP) project in collaboration with the Medicaid Fraud Unit, New Mexico Medical Review Association (Peer Review Organization) PRO, Senior Citizens Law Office, New Mexico State Bar, Attorney General, AARP, Ombudsman, RSVP, and many other partners on the federal and state level. The target population includes Medicare and Medicaid (M/M) recipients in New Mexico and their caregivers. The goal of this project is to educate the senior and disabled M/M beneficiaries on how to detect and report M/M error, waste, fraud and abuse. The objectives of this project are to recruit and train retired senior professional volunteers to assist the vulnerable senior/disabled individual on how to detect and report M/M fraud, error and abuse; and establish a consortia. The major outcomes are: an enhanced Consortium; empowered self-advocacy; and a positive impact on all of the six (6) Planning and Services Areas (PSAs) of New Mexico. The products are a final report and an evaluation.

Program: Senior Medicare Patrol Project

90AM2594 Idaho Medicare Education Partnership

Project Period: 07/01/2002 - 06/30/2005

FY Grant Amount FY 2002 205,000 FY 2003 160,000 FY 2004 160,000

Idaho Commission on Aging PO Box 83720 Boise, ID 83720-0007

Contact: Donna Denney

The Idaho Medicare Education Partnership is a three year cooperative agreement Senior Medicare Patrol (SMP) grant supported by the grantee, the Idaho Commission on Aging. The collaborators are four Native American Tribal Councils, Migratory Council, Cigna Senior Health Insurance Advisors, and RSVP. The goal of this project is to establish a corp of elderly volunteers who will prepare senior Medicare/Medicaid (M/M) beneficiaries to detect and report error, fraud and abuse in these health programs. The objective of the project is to produce a statewide volunteer corp of retired rural seniors to teach M/M beneficiaries to understand and analyze their billing and detect and report error, fraud and abuse. This project will target rural Idahoans who are frail and low income. Major outcomes in this SMP project are: increased outreach efforts; evaluation of program; volunteer stations in rural communities; work with migrant councils to solicit volunteers; and recruitment of Native American volunteers through Tribal Councils. Products of this SMP program are: a final report; a list of Native American statewide corp of retired volunteers; a report on savings from combating M/M waste; and a report on number of cases of fraud and abuse, error and waste.

#### 90AM2595 Maine Medicare Education Partnership

Project Period: 07/01/2002 - 06/30/2005

| FY      | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2002 | 160,000             |
| FY 2003 | 182,000             |
| FY 2004 | 160,000             |

MAINE DEPARTMENT OF HUMAN SERVICES 35 Anthony Avenue - 11 State House Station Augusta, ME 04333-4333

Contact: Betty Balderston

This is a three year cooperative agreement entitled Maine Medicare Education Partnership, sponsored by the grantee. The goal of this project is to prepare the at-risk vulnerable elderly to be responsible consumers and to encourage them to report suspected Medicare and Medicaid health care fraud (MMF), error and abuse. The project populations are the rural and French speaking elderly. The objective of the program is to train and educate rural and French speaking older volunteers to help Maine Medicare and Medicaid (MMF) beneficiaries to report error, fraud and abuse in these two health programs. The collaborators are five (5) AAAs in Maine and the Legal Services for the Elderly (LSE) and the LTC Ombudsman program. The anticipated outcomes and products of this MMF program are: 1) seniors educated on how to reduce costs attributed to health care errors, fraud and abuse; 2) improved presentation skills of the volunteers; 3) new posters; 4) a Community Medicare Advocate Handbook; 5) a 45-minute training video; and 6) a statewide conference abstract.

Program: Senior Medicare Patrol Project

90AM2596 Senior Medicare Patrol Project

SENIORS AND PEOPLE WITH DISABILITIES 500 Summer Street NE E-95 Salem, OR 97301-7301

Contact: GayLynn Pack (503)947-5042

Project Period: 07/01/2002 - 06/30/2005

FY Grant Amount

| FY      | Grant Amount |
|---------|--------------|
| FY 2002 | 160,000      |
| FY 2003 | 182,000      |
| FY 2004 | 160,000      |

This Oregon based Senior Medicare Patrol (SMP) Project is a three-year cooperative agreement sponsored by the grantee, in collaboration with the Oregon Association of Area Agencies on Aging, OR Department of Consumer and Business Services, AARP, and the Oregon Library System. The goal of this project is to recruit and train seniors to combat Medicare and Medicaid fraud (MMF) billings errors, fraud and abuse. The objective of this MMF project is to recruit and train retired professional volunteers to educate groups of Medicare beneficiaries about the importance of recognizing and reporting Medicare/Medicaid fraud, error and abuse. The major outcomes of this MMF project are: ensured diversity; increased outreach; a publicized, toll-free telephone number for the Oregon Fraud Reporting Line; an increase by 5,000 in the number of aware seniors; and a greater understanding of Medicare will be reported by 75% of the seniors. The products of this MMF program are a final report; a toll-free telephone; brochures, flyers, health care journals; a data collection instrument; and CREEK tribal presentation materials.

#### 90AM2597 Atlanta Senior Medicare Patrol Project

Project Period: 07/01/2002 - 06/30/2005

| FY      | Grant Amount |
|---------|--------------|
| FY 2002 | 160,000      |
| FY 2003 | 182,000      |
| FY 2004 | 160,000      |

ATLANTA REGIONAL COMMISSION 40 Courtland Street Atlanta, GA 30303-0303

Contact: Victoria Shanahan (404)463-3220

This project, entitled the Atlanta Senior Medicare Patrol (SMP) Project, is the third year of a three year cooperative agreement for a Senior Medicare Patrol Project sponsored by the grantee, the Atlanta Regional Commission (ARC). The collaborators that will work with ARC are AARP, Jewish Family and Career Services, Christian Methodist Episcopal Church, Center for Pan Asian Community Services, DeKalb County, Center for Positive Aging, and the Council on Aging . The goal of this project is to use volunteers to help beneficiaries of Medicare and Medicaid (MMF) identify and report error, fraud and abuse. The objective of the MMF project is to use 22 trained volunteers to help low income and minority elderly and disabled adults to identify and report error, fraud and abuse. Major outcomes of this program are: changes in behavior of M/M beneficiaries who are taking responsibility to assess their Medicare bills and take action; increased confidence among the eight partner agencies; 3,250 presentations and 31,520 persons educated on M/M uses; and Area Agencies on Aging (AAA) replication strategies. The products of this MMF program are: a final report; a report on error, fraud and abuse cases uncovered; the Georgia Generations magazine; and "Aging Connection", a program manual describing the "Pass it on Campaign".

Program: Senior Medicare Patrol Project

90AM2598 Senior Medicare Error Patrol Project

Project Period: 07/01/2002 - 06/30/2005

FY Grant Amount FY 2002 160,000 FY 2003 182,000 FY 2004 160,000

Legal Counsel for the Elderly 601 E Street, NW Washington, DC 20049-0049

Contact: Brian Bullock (202)434-2153

The Senior Medicare Error Patrol Project (SMEPP) is in the third year of a three year cooperative agreement project administered by the Legal Counsel for the Elderly, Inc. (LCE). The goal of the SMEPP is to enhance its current model of utilizing retired persons as volunteer resources and educators of Medicare and Medicaid beneficiaries to combat health care error, fraud and abuse throughout the District of Columbia. Since 1975, LCE has been an integral partner in the District's coalition of community organizations serving the elderly and the aging network of the DC Office on Aging. LCE will build on its presence in the community and partner with the aging network, George Washington University - Health Insurance Counseling Project, the American Association of Retired Persons and other community organizations to achieve the goal of the SMEPP. The objectives of the project are: 1) to recruit and train new volunteers to inform and educate beneficiaries on detecting and reporting error, fraud and abuse; 2) design and update health care fraud materials; 3) serve as liaison to the health care and aging networks to establish linkages with additional public and private agencies to address systemic issues; 4) expand outreach to beneficiaries and the aging and other service provider networks; and 5) expand and refine the current intake and reporting system. The target populations of the SMEPP are Medicare and Medicaid beneficiaries, with special outreach to the non-English speaking Spanish and Chinese communities and low-income elderly. The major outcome of the project will be an increase in knowledge for beneficiaries and the public, to enable them to prevent and/or report health care fraud and errors, which will be evaluated through a three tier approach. The products of the project are: new and/or updated training and educational materials; bi-lingual outreach and educational materials; quarterly newsletters; and a Medicaid consumer handbook.

#### 90AM2599 Ferret Out Fraud - Senior Patrol Project

Project Period: 07/01/2002 - 06/30/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2002 | 159,931      |
| FY 2003 | 181,943      |
| FY 2004 | 159,943      |

ARIZONA DEPARTMENT OF ECONOMIC SECURITY

1789 West Jefferson - 905A Phoenix, AZ 85007-5007 Contact: Martha Taylor

The grantee, the Arizona Department of Economic Security, is the State Unit on Aging that manages this third year of a three-year cooperative agreement for the Senior Medicare Patrol (SMP) Project. The collaborators are the Inter-tribal Council of Arizona, Navajo Nation, AZ Office of Attorney General, Better Business Bureau(BBB), and the AZ Department of Insurance. The goal of this MMF project is to assist Hispanic seniors to detect and report Medicare/Medicaid (MMF) fraud, error and abuse. The objective of this MMF project is to investigate and prosecute M/M fraud. The major outcomes of this MMF project are: M/M Hispanic beneficiaries educated on ways to detect and report billings fraud; a list of identified complaints; increased knowledge and skills; an expanded fraud coalition through work with fraud partners and identification of new partners; an advisory committee of beneficiaries; volunteers matched with mentors; a large technical assistance and support group; continuing education units (CEU) for beneficiaries; resolution of cases of fraud, error and abuse identified by this project. The products of the MMF program are: a final report; materials in Spanish; results of collaborators efforts; a trainers program; a list of the fraud coalition; a list of new partners in outreach; and a list of new volunteers with mentors.

Program: Senior Medicare Patrol Project

90AM2600 Senior Medicare & Medicaid Patrol Project

Project Period: 07/01/2002 - 06/30/2005

| FY      | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2002 | 202,000             |
| FY 2003 | 158,500             |
| FY 2004 | 158,500             |

FLORIDA DEPARTMENT OF ELDER AFFAIRS 4040 Esplanade Way Tallahassee, FL 32399-7000

**Contact: Don Holmes** 

This Senior Medicare Patrol (SMP) Project is a three year cooperative agreement supported by the grantee, the Florida State Unit on Aging (SUA). The collaborators for this program are Area Agencies on Aging (AAA) in Fort Myers, Tarpon Springs, St. Petersburg, Pinellas Park and Gulfport. The goal of this project is to develop and implement a Senior Medicare and Medicaid Fraud (MMF) Patrol project for low-income elders and minorities. The objective of the MMF project is to reduce Medicare losses due to errors, fraud and abuse using retired professionals. The major outcomes are: Increased awareness of Medicare fraud among at risk Hispanic beneficiaries through a partnership with Hispanic cable television; and 60 retired professionals with diverse backgrounds recruited and trained to serve as volunteers. The products of this MMF program are: a final report, including the number of Medicare losses due to errors; an impact survey of multi-lingual findings from a group of 60 retired Hispanic professionals; an SMP cable television presentation; Hispanic promotional materials; and a database tracking system for inquiries.

# 90AM2601 Senior Medicare Patrol Project

Project Period: 07/01/2002 - 06/30/2005

| FY      | Grant Amount |
|---------|--------------|
| FY 2002 | 160,000      |
| FY 2003 | 160,000      |
| FY 2004 | 160,000      |

GA Department of Human Resources Two Peachtree Street, NW, Suite 9-398 Atlanta, GA 30303-0303

Contact: Erika Lawson (404)657-5253

This is a three year Senior Medicare Patrol (SMP) Project sponsored by the grantee, the Georgia Department of Elder Affairs, the State Unit on Aging (SUA). The goal of this project is to educate and inform three million elders, their families, caregivers, friends and professionals in Georgia about Medicare/Medicaid (MMF) fraud, error and abuse. The objective of the MMF project is to enhance and expand this effort thoughout the state and local areas using volunteers from retired professionals groups, targeting rural populations and limited English speaking persons. Collaborators with the grantee, the Georgia Department of Elder Affairs, are: Cigna Health Care Medicare Administration, the LTC Ombudsman, the University of Georgia, and 12 Area Agencies on Aging (AAA). The major outcomes of this MMF project are: lowered costs for Medicare/Medicaid use after error, fraud and abuse cases are uncovered; project cost savings through the use of volunteers; better records of complaints of error, fraud and abuse; a corp of professional volunteers; additional models for outreach; innovative training models; and a professional volunteer recruitment steering committee. The products of this MMF program are a final report; training models; and models for outreach.

Program: Senior Medicare Patrol Project 90AM2602 Medi\$ave Program

CONNECTICUT DEPARTMENT OF SOCIAL SERVICES

brochures; a statewide health journal; and data tracking system.

**Elderly Services Division** 25 Sigourney Street, 10th Floor Hartford, CT 06106-6106

Contact: Mimi Peck-Llewellyn (860)424-5862 Project Period: 07/01/2002 - 06/30/2006 Grant Amount FY FY 2002 160,000

FY 2003

FY 2004

| Contact: Mimi Peck-Liewellyn (860)424-5862  | FY 2005             | 40,000              |
|---|---------------------|---------------------|
| The vulnerable at-risk elderly will be protected in this third year of a three-year cooper prevent Medicare/Medicaid (MMF) fraud, waste and abuse. The goal of this MMF pro |                     |                     |
| awareness of Medicare and Medicaid fraud and abuse, including understanding heal  | th care statement   | s (bills). The      |
| objectives of this MMF project are: 1) to expand current programming for recruiting, to   | aining and maint    | aining retired      |
| seniors and other professionals in the aging network; 2) to increase beneficiary award  | eness of M/M frau   | ıd and abuse,       |
| including understanding health care statements (bills) and the importance of keeping  | track of medical    | appointments and    |
| procedures; 3) to further educate the medical community on M/M related issues; and  | 4) to establish a   | collaboration with  |
| the medical community to reduce billing errors. The anticipated outcomes of this MMI  | Fare: a pilot proje | ect that will train |

160,000

160.000

and assist medical professionals to address servicing concerns; office training for billing and front desk staff of three local physician groups; mailing of project brochures to all Medicaid coverage groups who are elderly and/or disabled; and an established fraud, waste and abuse tracking system. The products of the MMF program are a final report; project

# 90AM2603 Puerto Rico Project Alert to Fraud

Project Period: 07/01/2002 - 05/30/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2002 | 160,000      |
| FY 2003 | 182,000      |
| FY 2004 | 160,000      |

GOVERNOR'S OFFICE FOR ELDERLY AFFAIRS
Po Box 50063 Old San Juan Station
San Juan, PR 00902

Contact: Rossana Lopez Leon (787)721-4560

This is the third year of a Senior Medicare Patrol Project, known as Project ALF, managed by the Governor's Office of Elderly Affairs, a State Unit on Aging in Puerto Rico. It is run under a cooperative agreement with the Administration on Aging for a three year period. Goal: to develop a Senior Medicare Patrol which will combat Medicare and Medicaid fraud, error and abuse. Objective: to recruit and train retired professional volunteers in order to educate the Hispanic population on the island about Medicaid and Medicare and how to detect and report fraud, error and abuse. Outcomes: an information system developed; informal orientation sessions conducted; dollars lost to Medicaid and Medicare, as a result of fraud and abuse, recovered; a public education plan created; a cadre of 50 retired volunteers recruited and trained; outreach strategies implemented; training seminars conducted for 200 aging network staff, providers and recipients; partnership established with state Medicare experts; and prevention information provided to an estimate of 5,000 older persons. Products: final report, outreach strategy, and materials for training seminars.

Program: Senior Medicare Patrol Project

90AM2604 Delaware Medicare Patrol Project

Project Period: 07/01/2002 - 06/30/2005

| • | 011001.0170 | .,                  |
|---|-------------|---------------------|
|   | FY          | <b>Grant Amount</b> |
|   | FY 2002     | 160,000             |
|   | FY 2003     | 160,000             |
|   | FY 2004     | 160.000             |

DELAWARE DEPARTMENT OF HEALTH AND SOCIAL SERVICES 1901 N. DuPont Highway New Castle, DE 19720-9720

Contact: Carol Barnett (302)577-4791

This is the third year of a grant whose purpose is to educate Delaware Medicare beneficiaries, caregivers and professionals about the different agencies available to help them make informed decisions regarding Medicare and issues they may encounter. Objectives: recruit and train volunteers to assist in educating Delaware's caregivers and Medicare beneficiaries; establish and promote Spanish Call Line; increase awareness and educate new and existing partners and the public though newsletters, media outreach and presentations at conferences; and strengthen existing partnerships. Outcomes: successful ways created to reach people on Medicare and those approaching Medicare age, as well as those caring for a Medicare beneficiary; Medicare Road Show; 7 events structured to focus on education about the Medicare Prescription Improvement and Modernization Act of 2003; and presentations on the various drug cards and CMS break out sessions. Collaborators: this statewide cooperative effort includes Delaware Medicare Fraud Alert, Delaware Medicare Partners Coalition, Quality Insights of Delaware, ElderInfo (Ship Program), Senator Carper's and Senator Biden's Offices, Congressman Castle's office, CMS, TrailBlazer Health Enterprises, SSA, Dept. of Veteran Affairs, Nemours Clinic, CareDelaware, Delaware Prescription Assistance Program, and Empire Medical Services. Products: Spanish hotline, media materials, newsletters, presentations, and the Medicare Road Show.

# 90AM2605 Senior Nevada Advocates on Guard (SNAG)

Project Period: 07/01/2002 - 06/30/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2002 | 160,000      |
| FY 2003 | 190,000      |
| FY 2004 | 168,000      |
| FY 2005 | 42,000       |

NEVADA OFFICE OF THE ATTORNEY GENERAL 555 East Washington Avenue, Suite 3900 Las Vegas, NV 89101-9101

Contact: JoAnne C Embry (702)486-3154

This is a three year cooperative agreement with the Nevada Office of the Attorney General. The collaborators are: the Nevada Division for Aging Services ( DAS ) and SHIP, the Nevada Attorney General, AARP, Medicare Advisory Foundation, FBI, Center for Medicaid and Medicare (M/M) Services, Family Resource Centers, Clark County Senior and Advocate Program. The goal of this MMF project is to develop the Senior Medicare Patrol (SMP) by preparing senior consumers to be aware of Medicare/Medicaid fraud (MMF), error and abuse. The objective of this MMF project is to recruit and train retired professional seniors to educate M/M beneficiaries to detect and report fraud, error and abuse. The major outcomes of this MMF project are: 60 volunteers trained; 40 senior centers and senior agencies contacted; information disseminated to the frail, homebound and rural; Hispanic SMP volunteer educators recruited; and training materials developed for outreach through the Family Resource Centers. The products of the MMF program are a final report and outreach training materials.

Program: Senior Medicare Patrol Project

90AM2606 Montana Medicare Waste Project

Project Period: 07/01/2002 - 06/30/2005

 FY
 Grant Amount

 FY 2002
 200,000

 FY 2003
 222,000

 FY 2004
 200,000

Missoula Area Agency on Aging 337 Stephens Ave Missoula, MT 59801-9801

Contact: Susan Kohler (406)728-7682

This is the third year of a three year cooperative agreement for a Montana based Senior Medicare Patrol (SMP) project managed by the Missoula Area Agency on Aging (AAA). The collaborators are the State Health Insurance and Counseling Program (SHIP); the U.S. Attorney for Montana; Area Agencies on Aging (AAAs); Senior Citizen Centers; and Blue Cross/Blue Shield of Montana. The goal of this Medicare/Medicaid Fraud project is to bring awareness to Medicare/Medicaid (M/M) beneficiaries and their caregivers in Montana about error, fraud and abuse in these M/M programs. The objective of this MMF project is to recruit and train 50 rural senior volunteers to equip 6000 Medicare beneficiaries to detect and report cases of error, fraud and abuse. The major outcomes of this MMF program are: an alliance of public, private, and charitable organizations; increased volunteer resources and educators; 50 newly trained rural volunteers; 6000 Medicare beneficiaries trained; strengthened community coalitions; involved AAAs; a strong collaboration effort; and a strong information and assistance network. The products will be listed in the final report.

# 90AM2608 Senior Medicare Patrol Project of the District of Columbia

Project Period: 07/01/2002 - 06/30/2005

| FY      | Grant Amount |
|---------|--------------|
| FY 2002 | 159,970      |
| FY 2003 | 159,970      |
| FY 2004 | 159,970      |

FRIENDSHIP HOUSE ASSOCIATION, INC.

619 D Street SE

Washington, DC 20003-0003

Contact: Joe Harris (202)675-9242

This is a three year cooperative agreement for a Senior Medicare Patrol (SMP) Project of the District of Columbia administered by the grantee, the Friendship House Association, Inc. The collaborator with the Friendship House Association, Inc. is the Greater Washington Urban League, Inc. The goal of this Medicare/Medicaid Fraud (MMF) project is to increase the awareness of low income and limited education individuals on methods to reduce or prevent the incidence of MMF fraudulent practices. The objective of this MMF project is to educate the hard-to-serve seniors in Wards 5-8 to detect and report error, fraud and abuse in these health programs. The major outcomes of this MMF project are: a replicable model; standardized measures to evaluate program; improved knowledge on MMF; referral of fraud cases to the Medicare hotline; and increased awareness of SMP program to seniors and to service providers. The products of this MMF program are: a final report; and a report on the number of complaints of error, fraud, and abuse in Wards 5-8.

Program: Senior Medicare Patrol Project

90AM2697 Maryland Curb Abuse in Medicare and Medicaid (CAMM)

Project Period: 07/01/2003 - 06/30/2006

FY Grant Amount FY 2003 197,000 FY 2004 175,000 FY 2005 175,000

MARYLAND DEPARTMENT OF AGING 301 West Preston Street, Suite 1007 Baltimore, MD 21201-2374

Contact: Michelle Holzer (301)767-1100

The Maryland Department of Aging's "Senior Medicare Patrol Project", known as the CAMM (Curb Abuse in Medicare and Medicaid) Project will achieve the following objectives: 1) maintain a volunteer corps of at least 50 individuals' (during the reporting period, a monthly average of 94 volunteers were registered) who will provide education to their communities about Medicare and Medicaid fraud, waste, and abuse (during the reporting period ending 12/31/2004, 2,966 one-on-one sessions with clients occurred); 2) increase public awareness about the problem of fraud and abuse (14,570 people were reached through media events and 428 complaints were received); and 3) determine the project's effectiveness through measurable outputs. Program outcomes will be: 1) volunteer recruitment, outreach, assistance and community education targeted to vulnerable populations; and 2) a strong partnership developed between service agencies, advocacy groups, and enforcement and regulatory agencies. The Maryland Department of Aging will heighten public awareness of Medicare and Medicaid fraud, waste, and abuse through the use of media and public presentations conducted throughout the grant service area, by a corps of well-trained, retired volunteers, working in concert with thirteen Area Agencies on Aging. Products will be listed in the final report.

# 90AM2698 Senior Medicare Patrol Project

Project Period: 07/01/2003 - 06/30/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 175,000      |
| FY 2004 | 175,000      |
| FY 2005 | 175,000      |

NORTH CAROLINA DEPARTMENT OF INSURANCE 111 Seaboard Avenue

Raleigh, NC 27604

Contact: Kevin Robertson (919)733-0111

The North Carolina Department of Insurance (DOI) began its Senior Medicare Patrol Project ("Medicare Lookout") through their Seniors' Health Insurance Information Program (SHIIP). The goal is to enable Medicare beneficiaries to understand the Medicare system better, to understand their Medicare notices, and to report problems to the appropriate project partner. Our statewide focus will build upon the North Carolina Division of Aging (DOA) Senior Medicare Patrol Project. We will use core Specialists (community-based organizations, senior volunteers) to form 6-12 regional core Medicare Lookout initiatives. These Specialists will recruit exemplary SHIIP volunteers to overcome the barriers to reaching Medicare beneficiaries identified by DOA's project and by those of other states. We will build upon DOA's successes by expanding the innovative presentations using skits and plays throughout the state, targeting special populations, and concentrating outreach through a dedicated core of volunteers. DOA will assist in our start-up and will continue to support the project through its duration. Our Medicare mission and vast network make us a logical home for this project. By the middle of the 3rd project year, we will have in place a plan and structure to continue the effort without AoA funds.

Program: Senior Medicare Patrol Project

90AM2699 Statewide Medicare/Medicaid Fraud Project Utilizing WSHIIP Staff and Volunteers

Project Period: 07/01/2003 - 06/30/2006

| FY      | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2003 | 175,000             |
| FY 2004 | 175,000             |
| FY 2005 | 175,000             |

WYOMING DEPARTMENT OF HEALTH 6101 Yellowstone Road, Room 259B Cheyenne, WY 82002

Contact: Joan Franklin

For the past three years, the Wyoming Department of Health, Aging Division (AD), a single state planning and service area, has collaborated and subcontracted with Wyoming Senior Citizens, Inc. (WSCI), a statewide nonprofit agency, implementing and administering the Wyoming Senior Medicare/Medicaid Error Patrol Project. The Aging Division and WSCI propose to continue and expand this statewide project through this grant. Wyoming's vastly rural demographics, coupled with the fact that Wyoming has the 7th fastest growing aging population per capita in the nation, has presented numerous challenges in combating Medicare/Medicaid error, fraud and abuse. The Aging Division and WSCI have implemented a systematic, four-part project that educates and provides a referral network on Medicare/Medicaid error, fraud and abuse to Wyoming's 39,000 Medicare and 3,700 Medicaid recipients. The Aging Division and WSCI will continue and expand on the four-part project during the next three year funding period. The four-part project will focus on information and technology; training; referral and direct services; and public information.

# 90AM2700 Mississippi Medicare Assistance Patrol Project (MsMAPP)

Project Period: 07/01/2003 - 06/30/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 175,000      |
| FY 2004 | 175,000      |
| FY 2005 | 175,000      |

MISSISSIPPI DEPARTMENT OF HUMAN RESOURCES 750 North State Street Jackson, MS 39202

Contact: Betty Green (601)359-4925

The Governor of Mississippi designated the Mississippi Department of Human Services (MDHS), Division of Aging and Adult Services (DAAS) the unit of the State government to work with the Administration on Aging (AoA) through the Older Americans Act, to direct services to the age 60+ population and other Medicare beneficiaries. Consistent with the mission of the DAAS, the Mississippi Medicare Assistance Patrol Project (MsMAPP) will establish a network of trained persons to serve in their communities as volunteer experts to assist in combating health care error, fraud, and abuse. The MsMAPP organizational structure will be led by the MsMAPP program coordinator. The MDHS State Office staff oversees the implementation and reporting needs of the grant. The project will incorporate partnerships with three AAAs (Central Mississippi, South Delta, and Southern Mississippi) and a legal services provider, the North Mississippi Rural Legal Services (NMRLS). Coordination of this grant will occur with the State Health Insurance Program, which is referred to as the Mississippi Insurance Counseling and Assistance Program (MICAP) in this state. This coordination between the MsMAPP and the MICAP program is an important link in rural Mississippi. Each AAA in Mississippi has an existing MICAP program and the three AAAs identified in this grant have a broad program base. The staff person employed by the NMRLS is a consulting professional for Medicare and Medicaid issues and will provide services in five AAAs in North Mississippi. Functionally, the MsMAPP will recruit, train, and retain a cadre of retired persons who will serve as experts and educators for older persons in their local communities. The project will maintain a system of tracking error, fraud, and abuse referrals to appropriate agencies. Products: a tracking system and a final report.

Program: Senior Medicare Patrol Project

90AM2701 Minnesota Medical Care and Anti-Fraud Demonstration Project

Project Period: 07/01/2003 - 06/30/2006

 FY
 Grant Amount

 FY 2003
 197,000

 FY 2004
 175,000

 FY 2005
 175,000

MINNESOTA BOARD ON AGING PO Box 64976 St. Paul, MN 55164-0976

Contact: Krista Boston (976)296-2879

Since 1997, MN Board on Aging (MBA) has partnered to decrease fraud, errors, & abuse in Medicare. The Senior Medicare Patrol in MN (Medicare FYI) has been fully integrated into the statewide MN State Health Insurance Assistance Program (SHIP). In the previous project period, MN Medicare FYI project staff spent much time researching strategies to expand the project to combat Medicaid fraud & recover Medicaid dollars. The evolution of the MN Senior Medicare Patrol Project, to include a focus on Medicaid, resulted in new partners, e.g. initial activities with the Surveillance Integrity Review (SIRS) Unit, MN Dept. of Human Services (DHS), and continued collaboration with MN Home Care Association. As a result, MBA intends to build upon these collaborations & continue efforts to decrease Medicare Fraud, with renewed effort at raising Medicaid fraud, errors & abuse awareness. MBA will focus on educating consumers on Medicaid fraud, errors & abuse by partnering with the SIRS Unit of DHS. Since many MN Medicaid clients receive limited explanation of services, or have a minimal understanding of benefits, educating consumers on how to keep track of their services may save significant Medicaid \$\$. The MBA plans to continue focusing Medicare FYI efforts: 1) building on the existing volunteer network & expanding developed activities, e.g. technology to educate seniors, caregivers and professionals; 2) identifying & emphasizing the importance of reporting both Medicare & Medicaid fraud; 3) distributing outreach and informational materials to consumers through multiple communication methods; 4) utilizing the dramatic changes occurring in MN long-term care system to educate seniors, their caregivers, county staff & legislators about Medicare & Medicaid fraud, errors, & abuse; and 5) focusing information distribution on points of entry to information including pharmacies, physicians, & clinics. Products will include a final report, with systems of tracking for replication.

Program: Senior Medicare Patrol Project

90AM2702 Senior Medicare Patrol

Project Period: 07/01/2003 - 05/31/2007

FY 2003 100,000 FY 2004 100,000 FY 2005 100,000

GREAT LAKES INTER-TRIBAL COUNCIL, INC. 2932 Highway 47 North P O Box 9 Lac du Flambeau, WI 54538

Contact: Holt Wendell (715)588-3324

Great Lakes Inter-Tribal Council (GLITC) is a consortium of federally recognized Indian tribes in Wisconsin and Upper Michigan. Started in 1963 as a Community Action Agency under the auspices of the federal Office for Economic Opportunity, GLITC was a vehicle for delivery of services and programs to its member reservations and the rural Indian communities of Wisconsin. With the development of local tribal government capacity and the ever increasing push for self-determination, the member tribes have assumed the responsibility of more administration of services to their own communities. The role of GLITC has therefore changed from one of delivering services directly to the reservation community residents, to one of assisting the member tribes in a delivery system of services and programs to back up and supplement the tribes' own service capacity. The objectives of this project are to: I) enroll volunteers to educate their peers in the prevention of error, fraud, abuse, and waste of Medicare/Medicaid and other health care assistance programs; 2) educate the general public in the prevention of error, fraud, abuse, and waste of Medicare/ Medicaid and other health care assistance programs; and 3) refer Medicare/Medicaid & other health care assistance program error, fraud, abuse, & waste to the appropriate organization(s). Tools needed to enroll, train, & educate participants in the program will be developed by the staff of Great Lakes Inter-Tribal Council, (GLITC) in cooperation with Indian Health Service Programs, Wisconsin Judicare, Tribal Benefit Specialists and member tribes. Once these objectives have been addressed at the sites, we expect that 90% of Elders and other consumers at these various sites will be educated and aware to identify error, fraud, abuse, and waste of Medicare/Medicaid & other health care assistance programs. Data will be collected on an ongoing basis through contact with site volunteers. Products will be in final report.

Program: Senior Medicare Patrol Project

90AM2703 Utah Medicare Education Team

UTAH LEGAL SERVICES, INC. 205 North 400 West Salt Late City, UT 84103

Contact: Sallie Richardson (801)328-8891

Project Period: 07/01/2003 - 06/30/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 184,000      |
| FY 2004 | 175,000      |
| FY 2005 | 175,000      |

Utah Legal Services, Inc. proposes to continue its Utah Medicare Education Team (UMET) project to educate seniors about Medicare and Medicaid. The project will use the services of retired professionals, who volunteer statewide, to help Medicare beneficiaries read and understand Medicare billing statements and identify possible errors or problems. The project will build on its productive network of collaborative partners to expand its outreach, especially to those age 85 years and older, women living alone, minorities, and those with language, cultural, illiteracy, or other barriers. The project will seek volunteer recruits who are non-English speakers and persons in rural areas. Retention of volunteers is critical to the continued success of the project. Along with ongoing recruitment and training, major efforts will be taken to recognize, honor, and actively involve volunteers. The project plans to strengthen ties with federal and state agencies and organizations concerned about Medicare benefits, in an effort to maximize resources and minimize duplication. The project will also increase its visibility by participating in high profile media activities. Products of the renewed project will include training materials, UMET website, administrative forms, and brochures.

#### 90AM2704 South Dakota Anti-Fraud Education Project

Project Period: 07/01/2003 - 06/30/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 175,000      |
| FY 2004 | 175,000      |
| FY 2005 | 175,000      |

EAST RIVER LEGAL SERVICES CORPORATION 335 N Main Avenue, Suite 300 Sioux Falls, SD 57104

Contact: Candise Gregory (605)336-2475

East River Legal Services Corporation (ERLS) has received Senior Medicare Patrol Projects since 2000. ERLS provides public education & one-on-one peer counseling on Medicare and Medicaid fraud throughout South Dakota to ensure consumer awareness of the problem, and provide knowledge on evaluating and reporting suspected fraud. To accomplish this goal of public education, we are utilizing our established network of partners, an advanced media campaign, and an established pool of very capable, well trained retired senior volunteers, many of whom have over five years of Medicare counseling experience. Our objectives are: 1) individual consumer counseling, evaluation of suspected fraud, and referral for further investigation of appropriate cases; 2) development of community partnerships with small local businesses in rural communities across South Dakota; 3) ongoing training for established volunteers, and recruitment of additional volunteers as needed; 4) dissemination of fraud educational materials to the public statewide; 5) fraud education on Reservation lands in South Dakota; 6) special outreach to rural areas; 7) increased client contacts & dissemination of fraud information; and 8) careful tracking of measurable outcomes. The ERLS/Senior Fraud Patrol Program provides a myriad of tools to assist partners & volunteers with project objectives. These products include: 2 day training for new volunteers; a training manual and resource materials for volunteer counselors; annual update training for existing volunteers; Personal Health Care Journal; a "How to Read your Medicare Summary Notice" brochure; a fraud booklet "Avoiding Scams and Fraud"; a 5-Part Anti-Fraud Video Series; and sponsorship and participation in major fraud events throughout the year.

Program: Senior Medicare Patrol Project

90AM2705 Louisiana Medicare Abuse Patrol Program

Project Period: 07/01/2003 - 06/30/2006

FY Grant Amount
FY 2003 122,280
FY 2004 110,280
FY 2005 110,280

Vernon Council on Aging, Inc. 200 North Third Street Leesville, LA 71446

Contact: Marvis Chance (887)239-0275

Since March 1, 2002, the Louisiana Medicare Abuse Patrol Program has been administered by the Vernon Parish Council on Aging (VPCOA). This partnership has been built upon the support of such organizations and agencies as the Governor's Office of Elderly Affairs, Parish Councils on Aging, (TRIAD), the Vernon Parish Sheriff's Department, and numerous other agencies that work on behalf of the senior citizens of Louisiana. This project has recruited and trained professional volunteers from fourteen parishes in the western and central sections of Louisiana. These retired professionals have participated in informative training sessions that have educated them to the perils faced by the Medicare Program due to fraud, waste and abuse. Volunteers also provide one-on-one counseling, as needed to their peers. This project, when funded for another three (3) years, will be able to move into additional parishes, thus bringing this valuable resource to others across the state. The Louisiana Medicare Abuse Patrol Program (LAMAPP) staff has been trained to respond to callers using the agency's toll free number 1-877-239-0275. Calls related to possible fraud are immediately documented and referred to trained LAMAPP staff members, who then refer the inquiries to their respective Councils on Aging, and ensure that these cases are worked until they are resolved. The Advisory Council assists the project director in developing training and outreach materials for use by both staff members and LAMAPP volunteers, and also in compiling data to measure the program's success. Consultants will assist the project director in developing and presenting the training and outreach curriculum, assisting in the grant writing process and helping to develop data collection instruments for accurate analysis and reporting of program results. Products will include training and outreach curriculum and data collection instruments.

#### 90AM2706 Senior Medicare Patrol

South Carolina Office of Lieutenant Governor Office on Aging 1301 Gervais Street, Suite 200 Columbia, SC 29201

Contact: Gloria McDonald (803)898-2850

Project Period: 07/01/2003 - 06/30/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 175,000      |
| FY 2004 | 175,000      |
| FY 2005 | 175,000      |

The mission of the SC Dept. of Health & Human Services, Bureau of Senior Services is to provide statewide services that address the needs of older people, including assisting Medicare/Medicaid (M/M) beneficiaries to identify waste, fraud, and abuse on Medicare Summary Notices (MSN). This is accomplished through a statewide aging network with Area Agencies on Aging and Councils on Aging in each county. The SMPP is managed in the Lt. Governor's Office, Div. of Aging Services. This unit is committed to meeting beneficiary needs and ensuring this service is delivered to appropriate clients. The Division of Aging Services will be the lead entity in implementing activities of the project, with identified partners, including the American Association of Retired Persons. This project will bring together agencies whose goal is to stop Medicare fraud and abuse by using knowledge and expertise to develop a comprehensive volunteer-based fraud detection system. The Div. of Aging Services will use current Insurance Counseling Assistance Referral for Elders (I-CARE/SHIP) volunteer insurance counselors to promote awareness, and to detect/report findings of fraud. An M/M fraud and abuse manual has been developed and will be expanded to include current fraudulent practices. Volunteers will be trained to review MSNs, and to empower beneficiaries to screen MSNs for inappropriate charges and services. Following training, a test will measure volunteer comprehension. Regional coordinators will identify fraud and submit to the Fraud Project Specialist, who will forward aggregate reports to AoA. In addition to counseling contact forms, information brochures and a manual, a computerized data collection system will be developed to track outcomes. Products will include a final report and a fraud and abuse manual and module on M/M fraud.

Program: Senior Medicare Patrol Project

90AM2707 Via Christi Senior Medicare Patrol

Project Period: 07/01/2003 - 05/31/2005

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 78,293       |
| FY 2004 | 73,165       |

VIA CHRISTI FOUNDATION, INC. 2622 W. Central Wichita, KS 67203-4999

**Contact: Joveta Wescott** 

The Via Christi Senior Medicare Patrol Project will train retired registered nurses (RNs) participating in the Congregational Health Ministry Network (Parish Nursing) of Via Christi to serve as expert resources and educators in the detection of health care errors, fraud and abuse. RNs will provide information, assistance and support to Medicare and/or Medicaid beneficiaries that will result in: (1) increasing knowledge of the scope of benefits and services; and (2) increasing knowledge of appropriate utilization by the beneficiary and subsequent accurate charges made by health providers to these programs. During the first phase of the project (year 1), the Via Christi Regional Medical Center (VCR IC), in collaboration with the Kansas Department on Aging, will establish and convene a steering committee representative of organizations, agencies, educational institutions and service providers committed to improving beneficiary abilities to detect and stop health care error, fraud and abuse. This project will complement the existing Senior Health Insurance Counseling for Kansas (SNICK) program and fraud prevention hotline services. During the second phase of the project (year 2), curriculum will be prepared, at least 50 parish nurses will receive training, and selection of the project service area (counties) completed. The third phase of the project (year 2 and year 3) will result in trained parish nurses directly providing community-based information activities and support services to beneficiaries in at least 15 counties of the state, with at least 10 counties located in rural areas of the state and at least three (3) counties possessing a recognized percentage (5% or more) of residents of minority/ethnic heritage. It is projected that at least 1,500 beneficiaries will receive information through a minimum of 30 sessions conducted by retired parish nurses, by project conclusion.

# 90AM2708 Indiana Senior Medicare Patrol Project

Project Period: 07/01/2003 - 06/30/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 184,000      |
| FY 2004 | 179,000      |
| FY 2005 | 179,000      |

IAAAA EDUCATION INSTITUTE, INC 5875 Castle Creek Parkway North Drive, Suite 315 Indianapolis, IN 46250

Contact: Melissa Durr (317)598-9300

The Indiana Senior Medicare Patrol Project, sponsored by the IAAAA Education Institute (IAAAA), proposes an innovative project that will build upon its success as contractor to the State of Indiana for the current project. IAAAA will collaborate with many statewide organizations to recruit, train and support beneficiary volunteers and others to educate and inform Indiana residents about Medicare errors, fraud and abuse. We will use past success, best practices, and tools from the Technical Assistance Resource Centers to refine and develop training and outreach materials. The project will target homebound seniors, low-income seniors, rural seniors and low literacy seniors for intense education and outreach. We will develop and use tools to measure success and evaluate our progress toward our desired outcomes. As a result of our efforts, we will achieve the following outcomes: 1) a 33% increase in the number of complaints filed over the life of the project; and 2) a 10% increase in knowledge by project volunteers about Medicare errors, fraud and abuse. Products will consist of a final report, and training and outreach materials.

Program: Senior Medicare Patrol Project

90AM2709 New York State Operation Restore Trust

Project Period: 07/01/2003 - 06/30/2006

FY Grant Amount FY 2003 197,000 FY 2004 175,000 FY 2005 175,000

New York State Office for the Aging 2 Empire State Plaza Albany, NY 12223-1251

Contact: Wanda Troche (518)474-5478

This is the third year of a three year demonstration project to recruit and train retired professional volunteers to educate groups of Medicare beneficiaries and their families about the importance of recognizing and reporting Medicare and Medicaid fraud, error and abuse. Beneficiaries, caregivers and information assistants will be trained to detect payment errors and procedures for reporting suspected fraud in order to recoup improper payments. Target population: minorities, women, low income, non-English speaking and handicapped persons. Collaborators: CMS, Hands on The Hudson Valley, Lifespan Ombudsman program, and the NY Commission for the Mentally Disabled. Activities/Outcomes: Training modules for diverse trainees and Internet training; an informed and energized public, fighting against health care fraud; and strengthened local community and state coalitions working to protect health care for seniors. Products: final report and training modules.

# 90AM2710 Health Care Waste, Fraud and Abuse, Senior Medicare Patrol Project

Project Period: 07/01/2003 - 06/30/2006

FY 2003 197,000 FY 2004 175,000 FY 2005 175,000

NEW HAMPSHIRE DEPARTMENT OF HEALTH AND HUMAN SERVICES 129 Pleasant Street

Concord, NH 03301-3857

Contact: Lloyd Farnham

New Hampshire's Division of Elderly and Adults Services (DEAS), in partnership with Community Services Council of New Hampshire (CSCNH), has successfully administered a Senior Medicare Patrol Project (SMPP) since 1997. As one of the first twelve local demonstration projects in the country, New Hampshire developed a unique model by combining SMPP with the State's Health Insurance Assistance Program (SHIP). As such, New Hampshire has operated an effective practice model for its seniors and people with disabilities. The following objectives are planned for this period: 1) increase the number of formal and informal sites for assistance, education and outreach. New and traditional information and counseling sites will be established in rural hospitals, low-income clinics, senior centers and local community centers where senior attend social programs and workshops. Informal outreach will also be extended to NH legislative representatives; 2) expand volunteer recruitment to rural and low-income areas in northern and western regions of the state, where some of the most vulnerable and isolated population resides; 3) expand education on Medicaid and other assistance programs for SMPP volunteers; and 4) enhance and monitor program effectiveness by developing new partnerships and coalitions with state/local/federal agencies and professional retiree organizations, conducting pre-and post tests surveys, reviewing and revising training components, and holding program evaluation meetings with contractor and grantee. New training materials, Medical Assistance Resource Guide, Prescription Drug Options, NH Health Records, and Fraud Tips will be produced.

Program: Senior Medicare Patrol Project

**90AM2711** Seniors Organized to Restore Trust (SORT)

DISTRICT III AREA AGENCY ON AGING 106 West Young, PO Box 1078 Warrensburg, MO 64093

Contact: Diana Hoemann (660)747-3107

Project Period: 07/01/2003 - 06/30/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 193,442      |
| FY 2004 | 173,442      |
| FY 2005 | 173,237      |

Seniors Organized to Restore Trust (SORT), third phase, is a project that builds upon a strong organizational base and well-trained volunteers already in place to expand the number of seniors throughout the State of Missouri who detect, report and combat Medicare and Medicaid error, fraud and abuse, by adding a new component to an already successful program. The objectives of the project are: to train staff representatives from each of the ten Area Agencies on Aging to serve as SORT Coordinators in their respective areas; to maintain and expand the current pool of SORT Specialists to a total of 372 Specialists working one-on-one with Medicare beneficiaries; to establish a statewide speaker's bureau to assist with Medicare and Medicaid beneficiary training; to continue statewide outreach efforts with a particular emphasis on rural and minority; to update all AAA web sites in the state, as well as the Elder Services Program web site to include fraud and abuse information; and to expand the SORT Steering Committee. The approach includes working with the Missouri Alliance of Area Agencies on Aging and their 298 senior centers, and the Missouri Attorney General's Office and Secretary of State's office, to develop a comprehensive approach to fraud affecting seniors, including identity theft, elder abuse and neglect, consumer fraud and health care error, fraud and abuse. Major products resulting from SORT, the third phase, include improved training materials that will appeal to retired professional volunteers. Anticipated outcome: a project that is systematically evaluated for effectiveness and which demonstrates integration of the Senior Medicare Patrol project's message into the Aging Services Network.

# 90AM2712 Empowering Consumers of Healthcare Organizations (ECHO)

Project Period: 07/01/2003 - 06/30/2007

| FY      | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2003 | 175,000             |
| FY 2004 | 175,000             |
| FY 2005 | 175 000             |

# NEBRASKA DEPARTMENT OF HEALTH AND HUMAN SERVICES

PO Box 95044

Lincoln, NE 68509-5044

Contact: Cindy Kadavy

The Senior Medicare Patrol Project's overall goal is to substantially increase the involvement of older persons and the Aging Network in an effort to curb losses within the Medicare and Medicaid programs - losses due to error, waste or fraud. Nebraska's ECHO Project plans to continue working toward the following: 1) Be Aware, Be Informed - combat health care error, fraud and waste in Nebraska, through awareness campaigns and promotions, educational presentations and distribution of informational material, direct technical assistance and support of Medicare and Medicaid beneficiaries throughout the state; 2) Be Involved - continue the recruitment of retired professionals, who will serve in their communities as volunteer resources, peer educators and beneficiary advocates. Provide the training, coordination, support and recognition necessary to maintain their efforts and keep them involved as an integral part of the ECHO Project in the effort to curb health care fraud and waste in Nebraska. Reach out to special populations, and provide additional outreach through the intervention of trained and certified volunteer Ombudsman Advocates, to the most vulnerable of Nebraska's beneficiaries, i.e. nursing home residents, one of the largest groups of consumers of health care services, and 3) Build Coalitions - continue to develop and expand collaborations between local, regional and state organizations and agencies; build and strengthen community coalitions of older Americans and service providers; and create partnerships working toward the same goal of combating error, fraud and waste within the Medicare and Medicaid systems. Products - a final report, educational presentations, campaigns and promotions.

#### 90AM2713 Sagewatch

Executive Office on Aging 250 South Hotel St., Suite 406

Honolulu, HI 96813-2831

Contact: Derrick Ariyoshi (808)586-0100

Project Period: 07/01/2003 - 06/30/2006

| FY      | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2003 | 196,910             |
| FY 2004 | 174,860             |
| FY 2005 | 175,000             |

Since 1997, SageWatch has grown to be a recognized statewide organization responsible for training several hundred dedicated, dynamic, and highly motivated individuals to be certified SageWatch volunteers who donate hundreds of hours each year to make the SageWatch Program. Activities of the SageWatch Program are guided by an advisory council composed of representatives of health care provider associations, Medicare contractors, Medicaid investigators, senior health care organizations, Area Agencies on Aging, immigrant and native Hawaiian organizations, and consumer advocates. In addition, EOA's SAGEPLUS (SHIP) and the Long Term Care Ombudsman Programs work closely with the SageWatch Program. The five goals of SageWatch are: 1) to recruit, train and retain culturally diverse retired professionals as volunteer presenters; 2) to provide outreach to special population groups, i.e. non-English speaking and ethnic groups, low income, minority, women, disabled, rural, frail, and underserved; 3) to conduct a public awareness campaign; 4) to demonstrate collaboration among concerned agencies; and 5) to increase use of the website for disseminating information, recruiting volunteers, receiving reports of fraud and abuse, and receiving requests for presentations. Products include a final report, and outreach materials, teaching materials and copies of data collection tools.

Program: Senior Medicare Patrol Project

90AM2714 Medicare Fraud Senior Patrol Care Project

Project Period: 07/01/2003 - 09/30/2006

FY Grant Amount FY 2003 145,000 FY 2004 125,000 FY 2005 125,000

LEGAL SERVICES OF NORTH DAKOTA 1025 North 3rd Street Bismark, ND 58502-1893

Contact: Vicki Anderson (701)222-2110

This is the third year of a three-year cooperative agreement for Legal Services of North Dakota (LAND) to operate a Senior Medicare Patrol Project. Objectives: 1) to train staff, volunteers and Medicare beneficiaries to identify signs of Medicare error, fraud, and abuse, and report suspicions to a Fraud-Fighter hotline for investigation and referral; 2) to develop and distribute educational materials to staff, volunteers, and beneficiaries; 3) to sponsor two regional conferences per year and co-sponsor elder-related conferences, presentations, and exhibits; and 4) to develop media and website materials along with "Senior Surf Days" web training to educate partners and the public. LAND and its partners will accomplish all goals in a seamless way, to ensure effective use of resources. All trainings, education, presentations, materials developed and conferences will be worked into currently existing elder-related functions where possible. Expected outcomes: staff, volunteers and beneficiaries will recognize signs of potential Medicare error, fraud and abuse; report suspicions promptly and without fear to appropriate agencies; reduce inaccurate or inappropriate billings; and restore faith that funds will be available for current beneficiaries and future generations. Major products from this project are: a personal health care journal for use by beneficiaries; a specialized Medicare Summary Notice (MSN) brochure; video and audio tape training materials covering Medicare error, fraud and abuse for use by staff, volunteers, beneficiaries and their caregivers; and materials for the media, website, and public distribution.

#### **90AM2715** Vermont Medicare Partnership Project

Project Period: 07/01/2003 - 05/31/2007

|         | Grant Amount |
|---------|--------------|
| FY 2003 | 175,000      |
| FY 2004 | 175,000      |
| FY 2005 | 175,000      |

COMMUNITY OF VERMONT ELDERS

PO Box 1276

Montpelier, VT 05602

Contact: Anita Hoy (802)229-4731

This is the third year of a three-year cooperative agreement to operate a state-wide Senior Medicare Patrol Project. The project will: (1) develop or identify "best practice" programming for recruiting, training and maintaining retired seniors and other professionals in Vermont's elder network for work in this project; (2) increase elders' ability to be active partners in health care decisions and raise beneficiary awareness of Medicare program benefits and operations, including understanding health care statements and keeping track of medical services; and (3) build further collaborations with health care providers to actively engage in planning and supporting this project, and making information given to elders understandable and useful. The objectives will be met by: (1) developing and implementing a statewide program with central coordination out of the Community of Vermont Elders (COVE) and regional program operations performed by the five Area Agencies on Aging (AAAs) in the state; (2) gathering information and materials from other statewide SMPP's, particularly those focused on rural populations, and working with technical assistance providers to identify "best practices" and modify programs to meet Vermont's reality and culture; and (3) creating a program advisory group, including seniors, advocates and providers to increase ownership of the program by involving stakeholders in its design and evaluation. As a result of these efforts, the project will use national best practices and the expertise of local seniors, advocates and providers to increase beneficiary ability to actively participate in health care decision making, including a greater understanding of the Medicare program. Products are a final report and project data forms.

Program: Senior Medicare Patrol Project

90AM2716 The Senior Medicare Patrol Project

Coalition of Wisconsin Aging Groups 2850 Dairy Drive, Suite 100 Madison, WI 53718-6751

Contact: Elizabeth Conrad (608)224-0606

Project Period: 07/01/2003 - 06/30/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 197,000      |
| FY 2004 | 175,000      |
| FY 2005 | 175,000      |

The Coalition of Wisconsin Aging Groups (CWAG) proposes to continue building on its successful six-year Senior Medicare Error Patrol Project. The project has been a highly collaborative effort with the cooperation and assistance of many statewide partners. In the last year of the current grant cycle, a volunteer coordinator was added to the team. We will continue to train volunteers who will be organized into regions aligned with the nine district boundaries of the Coalition's membership areas. The addition of the Volunteer Coordinator will allow us to place more emphasis on the retention of already trained volunteers and maximize their utilization in presentations statewide. In addition, new volunteers will be trained, organized and integrated into the new district system. Training will include: an overview of Medicare/Medicaid laws; methods for identifying and reporting Medicare/Medicaid fraud, waste and abuse; and instructions on reading a Medicare Summary Notice, and on the basics of public speaking. The targeted audience will be low-income, limited literacy, rural, minority and inner city elders. Volunteers will serve as local resources available to give presentations, answer questions and advocate for peers. Partners (Medicare contractors, U.S. Attorneys' Offices, etc.) will assist with training. All referrals will be received and screened via a toll-free number. Products will be a monthly Fraud Alert newsletters, standardized PowerPoint presentations, a volunteer manual, press releases, training materials and new brochures on additional subjects. The new grant cycle has two additional new features: 1) an emphasis on working with caregiver support groups and education forums; and 2) an expansion of the marketing and media campaign started in the last grant cycle. Thus the new name - "The Medicare Integrity Project" - and the tag line - "Helping to Keep the Promise" - on all of our materials.

# 90AM2717 Senior Medicare Error Patrol Project - Operation Restore Trust Iowa

IOWA DEPARTMENT OF ELDER AFFAIRS

Clemens Building, 3rd Floor 200 Tenth Street

Des Moines, IA 50309-3609

**Contact: Shirley Merner** 

Project Period: 07/01/2003 - 06/30/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 197,000      |
| FY 2004 | 175,000      |
| FY 2005 | 175,000      |

The goal of Iowa's Senior Medicare Patrol project is to recruit, train and maintain retired volunteers of diverse cultural, ethnic and socioeconomic backgrounds to be expert resources to help educate older persons about their health care expenditures under Medicare and Medicaid, and utilize strategies to detect errors, fraud and abuse, and report their concerns. Volunteers are instructed to effectively provide education through public events and group sessions in their communities. Critical to the accomplishment of this goal is collaboration with other government and private agencies. Operation Restore Trust (ORT) approach is through such collaborative ventures, guided by a State Advisory Committee, contracts with Area Agencies on Aging for local recruitment and supervision of volunteers, and partnership with the Senior Health Insurance Information Program for the provision of one-on-one counseling. The outcome is to increase the ability of Iowans to identify errors, fraud, and waste in the Medicare/Medicaid programs. This creates responsible consumers of the health care benefits of these programs. ORT will expand the Public Awareness Campaign to include major products, such as caregiver information kits, pamphlets, video news releases, and media rolodex cards. ORT's web site is a key piece of promotion and coordination, encouraging beneficiaries to question, learn and take an active role in protecting their health care benefits. The website will be expanded to include provider education, a press room kit and links to Medicare resources. A major product of this effort is a standardized assessment tool, which will be administered to measure the effectiveness of the beneficiary education provided by Senior Medicare Waste Patrol Project volunteers nationwide.

Program: Senior Medicare Patrol Project

90AM2718 Health Care Fraud, Waste and Abuse Senior Volunteer Education Project

Project Period: 07/01/2003 - 06/30/2006

| FY      | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2003 | 197,000             |
| FY 2004 | 175,000             |
| FY 2005 | 175,000             |

AGING 2000, INC. 765 West Shore Road Warwick, RI 02889

Contact: Lisa Purcell (401)521-7930

This is the third year of a three-year demonstration project to recruit and train retired professional volunteers to educate groups of Medicare beneficiaries and their families about the importance of recognizing and reporting Medicare and Medicaid fraud, error and abuse. Beneficiaries will be trained to detect payment errors and report suspected fraud in order to recoup improper payments. The target population is Medicare beneficiaries and their families. Collaborators include the Alliance for Better LTC in Providence, Urban League of RI, Cox Communications, US Senator Jack Reid, and the Rhode Island Dept. of Elderly Affairs. Anticipated activities/outcomes: volunteers recruited from culturally diverse communities; State Health Insurance Program (SHIP) volunteers trained to educate clients about health care fraud; ombudsmen trained to assist with residents in long-term care and assisted living facilities; case managers trained to provide one- on-one counseling of homebound Medicare beneficiaries; community awareness of the problem increased through workshops; and training modules developed to ensure an understanding of the Medicare Summary Notice. Products are a training module and a final report to AoA.

# 90AM2719 The Pennsylvania Health Care Fraud Education Project

CENTER FOR ADVOCACY FOR THE RIGHTS AND INTERESTS OF THE ELDERLY

100 North 17th Street, Suite 600 Philadelphia, PA 19103

Contact: Rebecca Nurick (215)545-5728

Project Period: 07/01/2003 - 06/30/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 175,000      |
| FY 2004 | 175,000      |
| FY 2005 | 175,000      |

This is the third year of a three-year demonstration project to recruit and train retired professionals to educate groups of Medicare beneficiaries and their families about the importance of recognizing and reporting Medicare and Medicaid fraud, error and abuse. Beneficiaries will be trained to detect payment errors and how to report suspected fraud in order to recoup improper payments. Target population: minority, non-English speaking, rural and isolated beneficiaries. Collaborators: Mayor's Commission, Philadelphia; RSVP, Harrisburg; AARP of PA; and PA Dept. of Aging. Anticipated Activities/Outcomes: educate the general public in the prevention of error, fraud and abuse in the Medicare and Medicaid program; refer cases of suspected error to the appropriate organization; enroll volunteers to educate their peers in fraud reduction; improve communication between law enforcement, private sector providers, and beneficiaries concerning fraud activities in PA; provide consultation with individual seniors, as needed, to review Medicare issues; and establish relationships with community leaders and service providers to educate culturally diverse elderly persons. Product will be included in final report to AoA.

Program: Senior Medicare Patrol Project

**90AM2720** SCAMS, Senior Counselors Against Medicare Swindlers

CALIFORNIA HEALTH ADVOCATES
5380 Elvas Avenue, Suite 104
Sacramento, CA 95819

Contact: Julie R Schoen (714)560-0309

Project Period: 07/01/2003 - 06/30/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 197,000      |
| FY 2004 | 175,000      |
| FY 2005 | 175,000      |

Since it's inception eight years ago, the purpose of the Senior Counselors Against Medicare Swindlers (SCAMS) project of California Health Advocates (CHA) has been to recruit and train senior volunteers, and to involve them in educating the CA community to prevent, detect and report Medicare fraud, waste and abuse. The next level of achievement will be to develop and utilize an Outcomes Measurement Tool to evaluate the efforts of our volunteers and build upon our solid foundation of statewide Health Insurance Counseling Advocacy Programs (HICAPs). This will include adult protective services, financial abuse strategists and others in the community throughout California, working together to protect Medicare and it's beneficiaries from waste, fraud and abuse. The goals of SCAMS: initiate a survey tool to measure education outcomes; implement a new fraud education outreach method, i.e. web-based trainings; prepare an outreach campaign for disabled Medicare beneficiaries; and continue to recruit, train and retain retired professional volunteer educators and counselors, emphasizing a culturally competent training and outreach curriculum. Major annual outcomes-observable end results: baseline surveys (50 surveys/mo.) designed to reflect program impact on participant's observable behavior; and web-based trainings by a minimum of 4 collaborative agencies - Offices on Aging, Latino Health Access, LTC Ombudsman Program, Financial Abuse Specialist Teams.

#### 90AM2721 Illinois Senior Medicare Patrol

Project Period: 07/01/2003 - 06/30/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 297,000      |
| FY 2004 | 275,000      |
| FY 2005 | 275,000      |

SURBURBAN AREA AGENCY ON AGING 1048 Lake Street Suite 300 Oak Park, IL 60301

Contact: Laura Rosenfeld (708)383-0258

The Senior Medicare Patrol (SMP) program is a collaborative effort lead by the Suburban Area Agency, in partnership with the Northeastern Illinois Area Agency, Chicago Department on Aging and the Southern Illinois Collegiate Common Market. We will build upon the solid success of the program, having been one of the original demonstration projects, to reach new audiences with important messages that can help to preserve the integrity of our healthcare system. The objectives of the project are: to increase awareness among Medicare consumers participating in the SMP program about how to prevent, detect, and report suspected errors and fraud; and to improve the knowledge of volunteer trainers regarding a) Medicare benefits and services, local options, provider concerns, and b) reading and understanding Medicare Summary Notices (MSNs), Explanations of Benefit (EOBs) and Advance Beneficiary notices (ABNs). We will use the following approaches: recruit and train retired professionals to volunteer as SMP expert resources; work with eight partner agencies to conduct the program throughout Illinois; develop, adapt and disseminate materials to improve the knowledge of trainers, volunteers and Medicare beneficiaries on the prevention, identification and reporting of suspected errors and fraud; and inform and educate diverse Medicare beneficiary communities through presentations and outreach events. A special emphasis will be placed on reaching out to rural, low functionally literate, and limited and non-English speaking beneficiaries utilizing partnerships with community-based organizations, and innovative and grass roots methods. The major products from this project will be: a "Train the Trainer" manual; a Press Kit with sample media messages; Fraud Alert publications in English, Spanish and possibly other languages; and a Training Video for new volunteers, including sample SMP presentations.

Program: Senior Medicare Patrol Project

90AM2724 West Virginia Senior Medicare Information and Error Patrol Project

Project Period: 07/01/2003 - 06/30/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 175,000      |
| FY 2004 | 180,000      |
| FY 2005 | 179,467      |

AARP Foundation 601 E Street NW Washington, DC 20049-0049

Contact: Scott Adkins (202)434-2787

AARP assumed responsibility as the new Senior Medicare Patrol project (SMPP) grantee in W.VA, 7/31/03. AARP WV is a SMPP Advisory Committee member, ensuring smooth transition & continued project development in the state. W. Virginians are especially dependent on Medicare & Medicaid (M/M) programs - and billing errors, waste, fraud, or abuse reduce access & availability. The goal of the WV SMIEPP is to establish systems and mechanisms to educate M/M beneficiaries to identify and resolve billing errors & report possible fraud/abuse, thus reducing the incidence of waste, fraud & abuse in vital programs and services. Objectives: 1) strengthen development of infrastructure to detect/combat health care billing charge errors, fraud, waste, & abuse in M/M programs; 2) recruit/train Volunteer Educators to inform and educate M/M beneficiaries; 3) expand partnerships thru links with public & private agencies; 4) conduct outreach & develop promo materials; and 5) establish Intake, Reporting, Referral & Follow-up systems. Objectives: using these approaches & interventions - Continue existing consortia with agencies, organizations, community groups, & individuals committed to increasing knowledge among M/M consumers and eliminating healthcare billing errors, waste, fraud & abuse; continue training individuals to serve as SMIEPP Educators; conduct consumer education, inc. at least one Medicare Update seminar; and develop a complaint intake, investigation, mediation, & resolution system. WV SMIEPP will incorporate reporting mechanisms that identify problems & suggested improvements in Medicare. Outcome: Medicare/Medicaid recipients and public are well-informed and educated on the prevention and/or detection and reporting of suspected error, fraud, or abuse. Major products: manuals; data collection & evaluation instruments; training packages; audio-visuals educating the public & healthcare providers on preventing potential Medicare & Medicaid error & fraud.

# 90AM2927 Combating Health Care Waste, Fraud and Abuse

Project Period: 07/01/2005 - 05/31/2008

FY 2005 Grant Amount FY 2005 160,000 FY 2006 160,000

AREA AGENCIES ON AGING ASSOCIATION OF MICHIGAN, INC. 6105 W St Joseph Hightway, Ste. 209

Lansing, MI 48917

Contact: Mary Johnson (517)886-1339

The Area Agencies on Aging Association of Michigan will integrate a special focus on identity theft, waste, fraud and abuse (WFA) into the State Health Insurance and Assistance Program (SHIP) funded by the Centers for Medicare and Medicaid Services. Michigan's SHIP is called the Medicare/Medicaid Assistance Program (MMAP). MMAP, through its statewide network of volunteers, will accomplish the following objectives: I) recruit retired seniors to serve as WFA and identity theft specialists; 2) revise all training modules and printed materials currently in use: 3) conduct refresher and new trainings for current MNMAP volunteers; 4) conduct statewide outreach events (media and group presentations); 5) make printed materials available in seven languages via MMAP's website; 6) develop presentation kits; and 7) launch a media campaign to reach more beneficiaries. Anticipated outcomes: I) enhanced awareness of volunteers; 2) increased reporting by volunteers of suspected cases: 3) increased awareness of beneficiaries; and 4) increased skills of beneficiaries in detecting and reporting potential and actual identity theft and WFA situations.

Program: Senior Medicare Patrol Project

90AM2928 Multnomah County Senior Medicare Fraud Education Project

Multnomah County
Department of Human Services
421 SW Oak Street, Suite 620
Portland, OR 97204

Contact: Traci Goff

Project Period: 07/01/2005 - 06/30/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 40,000       |
| •       |              |

This is a one-year project of general and targeted activities to educate seniors and their families residing in the county, about Medicare/Medicaid fraud. This project will collaborate with the Oregon State Senior and Disabled Services. Focus will be on seniors on Medicare/Medicaid and their families. Anticipated outcomes: increase in the number of trained volunteers and increase in the number of group training sessions.

# 90AM2929 Senior Medicare Patrol-NM Seniors Saving Medicare/Medicaid

Project Period: 07/01/2005 - 05/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 180,000      |
| FY 2006 | 180,000      |

180,000

FY 2006

New Mexico Aging & Long-term Services Department 2550 Cerrillos Road Santa Fe, NM 87505

Contact: Deborah Armstrong (505)476-4755

The overall goal of the New Mexico Aging and Long-Term Services Department Senior Medicare Patrol program is to recruit and train senior professionals to be benefits counselors and fraud fighters in their communities. Other goals are to increase and enhance the project's volunteer base to include more Spanish and Navajo speaking counselors; enhance outreach strategies for vulnerable and special populations in the six Planning and Services Areas (PSAs); increase the project's consortia of partners and strengthen their roles in the project; and enhance the project's tools to measure program effectiveness and outcomes. With the assistance of some of its key partners, Medicaid Fraud Unit, AARP, Senior Citizen's Law Office, NM State Association for Home Care, Attorney General's Office, Navajo Area Agency on Aging, the project realized the following outcomes: expanded knowledge of Medicare/Medicaid waste, fraud and abuse through most of the state; an increase in the number of volunteers proficient in M/M issues; a high-percentage of seniors informed on Part D Medicare program enrollment procedures; and the recovery of thousands of dollars.

Program: Senior Medicare Patrol Project

90AM2930 Massachusetts Medicare & Medicaid Outreach and Education Program "Senior Medicare Patrol Project"

Project Period: 07/01/2005 - 05/31/2008 Grant Amount Elder Services of the Merrimack Valley, Inc. FY 2005 180,000

360 Merrimack Street, Building #5

Lawrence, MA 01843

Contact: Lucilia Prates (978)683-7747 :326

The Elder Services of the Merrimack Valley proposes to expand the Massachusetts Medicare & Medicaid Outreach and Education (MORE) program statewide partnership to include the following current partners: Elder Services of the Merrimack Valley, Inc., Executive Office of Elder Affairs and the Massachusetts Office for Refugees and Immigrants. The new partners will be: Health Care for All, Home & Health Care Association of Massachusetts, Inc., the Multicultural Coalition on Aging, the Aging and Disability Resource Consortium of Northeastern Massachusetts and the Office of the Attorney General. MORE's goal will be to continue to broaden and increase its outreach and education efforts throughout the state to reach low income, vulnerable, isolated, and limited English-speaking (LEP) populations, regardless of age, about their health benefits eligibility and ways to identify Medicare/Medicaid errors, fraud, and abuse. Building upon the successes of the previous six years, the MORE Program has developed new levels of collaboration to meet the goals and objectives of the grant. MORE will develop and implement a multi-faceted, comprehensive outreach and education campaign designed to reach beneficiaries, caregivers and professionals about the Medicare Modernization Act; Medicare Prescription Drug Coverage; Medicaid; Home & Health Care; and the Senior Medicare Patrol Project (SMPP) message about protecting Medicare and Medicaid from errors, fraud, and abuse.

#### 90AM2931 Senior Medicare Patrol Projects

#### ARKANSAS DEPARTMENT OF HEALTH & HUMAN SERVICES

Aging and Adult Services P.O. Box 1437, Slot S530 Little Rock, AR 72203-1437

Contact: Herb Sanderson (501)682-2441

Project Period: 07/01/2005 - 05/31/2008

| FY      | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2005 | 179,533             |
| FY 2006 | 179,530             |

The Arkansas Senior Medicare Patrol (SMP) project proposes to weave the healthcare fraud and abuse message into the fabric of the aging and disability communities by packaging it together with information that the public needs and wants for distribution through community organizations and entities that consumers rely on for information and advice (DHS and Health Department County Offices, employee assistance programs, elder care attorneys, and investment planners). As a new member of the Partnership for Clear Health Communication, they will collaborate with Pfizer and the Arkansas Literary Councils on their existing health literacy initiatives, including AskMe3. The target populations are the vulnerable and underserved, such as those impacted by low literacy, low income, cultural barriers and geographical isolation. The Arkansas SMP will collaborate with regional partners including Retired Senior Volunteer Programs, Area Agencies on Aging, Community Action Councils, Literacy Councils, the Minority Health Commission and other community organizations, advocacy groups and entities committed to consumer education and the protection of the aging, minority and disabled populations of the state. Products such as educational materials, e.g. consumer guides for in-home care and disability services; training modules on potential fraud and abuse associated with in-home services and the MMA; and training curricula and modules approved for CEUs, prepared by the UALR Criminal Justice Department will be shared with the AoA National Consumer Protection Technical Resource Center.

Program: Senior Medicare Patrol Project

90AM2932 A Medicare Fraud Patrol Project With Underserved Rural-Urban Latino/Hispanic Communities

The National Hispanic Council on Aging 1341 Connecticut Ave., NW, Suite 4.2 Washington, DC 20036

Contact: Maria Eugenia Hernandez-Lane (202)347-9733

| Project Period: 07/01/2005 - 05/31/2008 |         |              |  |
|---|---------|--------------|--|
| •                                       | FY      | Grant Amount |  |
|   | FY 2005 | 178,809      |  |

FY 2005 178,809 FY 2006 178,809

The National Hispanic Council on Aging will mobilize Latino Medicare and Medicaid beneficiaries and collaborate with the Administration on Aging for training, technical assistance and support aimed at controlling health care error, waste and fraud. The objectives are to: use community partnerships to recruit volunteer advocates; educate Latino families on fraud and consumer protection using mass media; modify beneficiary knowledge, attitudes and behaviors; and assess program results by collecting, analyzing and using quantitative and qualitative data. The target population includes individuals living in underserved, rural-urban Latino/Hispanic communities. Collaborators include local Area Agencies on Aging, the University of Texas Pan-American, the Medicaid Fraud Control Unit in south Texas, and the Senior Companion program of the Lower Rio Grande Valley. Outcomes: more than 200 volunteers recruited, including university students; at least three media messages or public service announcements issued by project sites; several live television presentations and many live Q & A radio presentations delivered from La Joya, La Voz del Anciano and Brownsville; more than 10,000 pieces of literature in Spanish-English related to Medicare fraud and other types of fraud distributed.

# 90AM2933 Senior Medicare Patrol (SMP)

Project Period: 07/01/2005 - 05/31/2008

 FY
 Grant Amount

 FY 2005
 180,000

 FY 2006
 180,000

Georgia Department of Human Resources 2 Peachtree Street, NW Atlanta, GA 30303

Contact: Erika Lawson (404)651-6314

Since 1999, the Georgia Department of Human Resources (DHR), Division of Aging Services (DAS), GeorgiaCares Senior Medicare Patrol (SMP), has been dedicated to promoting consumer awareness, preventing elder victimization, and working to implement community partnerships to prevent Medicare and Medicaid error, fraud, and abuse. GeorgiaCares SMP project's main objective is to empower Georgians to take an active role in protecting health care for current and future generations by becoming better consumers. During this three-year grant cycle, our project goals are to: increase awareness of fraud and the SMP; increase capacity of outreach through the expansion and development of partnerships; increase opportunities to provide new training methods to local, certified coordinators for program and volunteer management; and increase capacity to reach target populations. Special initiatives will be made to disseminate information regarding the Medicare Prescription Drug Benefit or Part D and the potential for fraud associated with the increased number of Medicare Advantage Plans and Medicaid Health Maintenance Organizations (HMOs) in Georgia. Products will consist of post cards with fraud tips and posters/signs for display to emphasize the importance of being good stewards of health care dollars and ways to avoid common scams experienced among seniors. All progress and final reports will be shared with the SMP community, aging network and the Administration on Aging.

Program: Senior Medicare Patrol Project

90AM2934 Atlanta Senior Medicare Patrol Project

ATLANTA REGIONAL COMMISSION
Aging Services Division
40 Courtland St., NE
Atlanta, GA 30303-2538

Contact: Cathie Berger (404)463-3235

Project Period: 07/01/2005 - 05/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 125,000      |
| FY 2006 | 125,000      |

The Atlanta Senior Medicare Patrol (ASMP) will focus on two new initiatives in FY 2006: educating individuals on Medicare to recognize and prevent fraud activities related to the Medicare Modernization Act (MMA) and educating family members/caregivers about these and other Medicare fraud, error and abuse issues. Additional foci will be added each succeeding year. Emphasis will also be placed on fraud due to motorized wheelchairs and other durable medical equipment, a continuing focus from the previous year. ASMP will develop new collaborations with agencies and organizations to increase its outreach to the most underserved individuals on Medicare in the region. These are individuals who: speak Chinese, Korean, Russian, Spanish and Vietnamese; are economically, educationally and socially disadvantaged, a majority of whom are African American; are home bound; are disabled; or are gay and lesbian. Trained volunteers who are retirees will provide direct outreach to 4000 individuals on Medicare. ASMP will reach an additional 400,000 individuals on Medicare, their families and the public through distribution of ASMP materials and media outreach. The ASMP fraud call line will accept calls to discuss/report potential fraud.

# 90AM2935 Senior Medicare Patrol Project - New Jersey Healthcare Advocate Volunteer Effort

Project Period: 07/01/2005 - 05/31/2008

**Grant Amount** FY 2005 180,000 FY 2006 180,000

Jewish Family & Vocational Service of Middlesex County 200 Metroplex Drive Suite 200

Edison, NJ 08817-2598

Contact: Marci Fineman (732)777-1940

The New Jersey Healthcare Advocate Volunteer Effort (HAVE) is designed to improve the quality of healthcare for senior citizens in New Jersey by educating consumers concerning Medicare and Medicaid fraud, error, and abuse. The emphasis of the program is on education helping seniors and their caregivers to become better health care consumers and empower them to take more control of their health care. Collaborators include media and community organizations such as the NJ Area Agencies on Aging Association, the State Division of Aging & Community Services, NJ State Triad Association and NJ Attorney General's Medicaid Fraud Section. The project will continue to work with D/H Perfil to expand outreach into the Hispanic communities throughout the state. Targeted populations include all seniors within the state with particular focus on the Hispanic, African-American, Korean, Russian and other minority communities. The Jewish Family and Vocational Service of Middlesex County (JFVS) will administer the program with the Jewish Family Services of Bergen and Atlantic/Cape May Counties, and several statewide agencies. The program will operate statewide, but initially target two regions with substantial senior populations and a third region in Central New Jersey with a large minority population. The HAVE Program will utilize a "train the trainer" model. Volunteers will be trained to make presentations to senior groups concerning awareness of healthcare discrepancies. HAVE partners will recruit a minimum of 30 volunteers to make 110 presentations to approximately 5,500 seniors, resulting in increased awareness by healthcare consumers. Community and medical events will result in reaching 160,000 beneficiaries.

Program: Senior Medicare Patrol Project

90AM2936 Delaware Medicare Patrol Project

Project Period: 07/01/2005 - 05/31/2008

Grant Amount FY 2005 170,000 170,000 FY 2006

DELAWARE DEPARTMENT OF HEALTH AND SOCIAL SERVICES 1901 N. DuPont Highway, Main Annex

New Castle, DE 19720

Contact: Carol Barnett (302)255-9390

The Delaware Medicare Fraud Alert (DMFA) is a continuation of a successful project designed to recruit and train retired professionals to educate culturally diverse, low literacy, rural, low income and hard-to-reach Medicare and Medicaid beneficiaries and their families on how to recognize and protect themselves against Medicare and Medicaid fraud and how to report fraud, waste and abuse to the toll free hotline. Focus will be on African-American, Hispanic, rural and low literate seniors. The project will collaborate with the Delaware Health and Social Services, Division of Services for Aging and Adults; Medicare Quality Improvement Organization (QIO); Latin American Community Center; AARP; and other state and local organizations. Expected outcomes are: I) an increase in calls to the fraud hotline; and 2) an increase in seniors who agree to read their Medicare summary notices and question any information they dio not understand or agree with. Products include: brochures on a 5th grade or lower reading level on specific health conditions and on recognizing possible fraud, quarterly newsletters and health care placemats.

# 90AM2937 Montana Medicare Waste Project

Project Period: 07/01/2005 - 05/31/2008

|         | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2005 | 180,000             |
| FY 2006 | 180,000             |

Missoula Aging Services 337 Stephens Avenue Missoula, MT 59801

Contact: Susan Kohler (406)728-7682

Missoula Aging Services will build on it's seven years of experience in outreach and education to Medicare beneficiaries on the issues of waste, fraud and abuse and general consumer health care fraud through its Advocates in Medicare Savings (AIMS) Program. The overall goal is to identify, report and reduce errors, fraud and abuse within the Medicare and Medicaid systems, with a focus on the Medicare Modernization Act of 2003 (MMA) and reaching homebound and underserved populations by expanding and enhancing current relationships with state agencies. Primary objectives are: 1) inform and educate Medicare beneficiaries statewide through group sessions; 2) maintain 100 older adults as educators, counselors and advocates for Medicare beneficiaries, their families and the public; 3) inform and educate regarding healthcare errors, fraud and waste; 4) produce a professional tool on advocacy for Part D beneficiaries, and fact sheets on healthcare fraud, for use by staff of Long Term Care (LTC) facilities. This project targets older people, particularly the homebound and underserved. The project will collaborate with community-based organizations through the Montana Partners for Medicare Advocacy, including SHIP, AARP, MT State Auditor's Office, MT Dept. of Public Health and Human Services, CMS, Big Sky RX, MT Sr. Citizen's Association, MT AAA Association and MT Pharmacist Association. Outcomes: 3,569 Medicare beneficiaries educated; 58 new volunteers trained; 1,050 one to one counseling sessions; and 88 community education events.

Program: Senior Medicare Patrol Project

90AM2938 Oregon Senior Medicare Patrol

Project Period: 07/01/2005 - 05/31/2008

FY Grant Amount

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 180,000      |
| FY 2006 | 180,000      |

OREGON DEPARTMENT OF HUMAN SERVICES 676 Church Street, NE - 2nd Floor Salem, OR 97301-1076

Contact: Lee A Girard (503)947-1199

The grantee, DHS, Seniors and People with Disabilities, supports this three-year Senior Medicare Patrol Project in collaboration with Oregon SHIBA, the Oregon Home Care Commission the Governor's Commission on Senior Services, AARP, and the Oregon Department of Justice. The goals are to: 1) continue to provide information, outreach, education, resources and advocacy through utilization of retired professionals as volunteers to combat Medicare/Medicaid (M/M) errors, fraud, and abuse; 2) educate hard-to-reach M/M beneficiaries and those most vulnerable to elder rights violations by training in-home caregivers; and 3) enhance outreach to tribal and minority communities. The objectives are to: 1) partner and collaborate with those mentioned above; 2) make systemic changes in the way information is disseminated; 3) continue the model program training formal and informal in-home caregivers, and 4) increase the knowledge about M/M fraud, errors, and abuse and the new Medicare Modernization Act (MMA) program to tribal elders and tribal caregivers, and elders in the Latino community. The outcomes of the project are: targeted populations able to utilize the benefits of the MMA and able to recognize and report M/M fraud, waste, and errors. The products will be a train-the-trainer packet, along with video instruction, Fraudbuster Kits, and materials for the Latino community.

90AM2939 Senior Medicare and Medicaid Patrol of Florida.

Project Period: 07/01/2005 - 05/31/2008

 FY
 Grant Amount

 FY 2005
 180,000

 FY 2006
 180,000

Area Agency on Aging of Pasco-Pinellas, Inc. 9887 4th Street North, Suite 100 St Petersburg, FL 33702

Contact: Sally Gronda (727)570-9696 266

This project will have as its priority reducing Medicare and Medicaid losses due to errors, fraud and abuse and the training of Medicare beneficiaries on Medicare Part D. The goal is to build on past experiences and expand outreach and education statewide through strategic partnerships that represent a variety of programs whose missions coincide with the Senior Medicare and Medicaid Patrol Project. The project will collaborate with Seniors vs Crime and SHINE programs, Florida Attorney General's Medicaid Fraud Control Unit, Florida Department of Elder Affairs, AARP, and community-based cultural and professional organizations. The objectives are to: develop and implement innovative strategies to expand outreach and education to address Medicare and Medicaid fraud, error, waste and abuse statewide; expand volunteer recruitment efforts in the current project areas of Pasco and Pinellas counties to enhance established SMMPP activities; develop and implement a marketing and outreach plan that is culturally competent; expand volunteer training to incorporate the new Medicare Modernization Act; and expand volunteer recognition efforts statewide. Anticipated outcomes are: an increase in the number of complaints to the statewide SMMPP fraud hotline as a result of expanded marketing and outreach campaign; an increase in the involvement of retired professionals, particularly older minority individuals in Medicare/Medicaid education and training; and an increased awareness and knowledge among seniors about fraudulent practices and Medicare Part D.

Program: Senior Medicare Patrol Project

90AM2940 Senior Medicare Patrol Project

Project Period: 07/01/2005 - 05/31/2008

|         | Grant Amount |
|---------|--------------|
| FY 2005 | 160,000      |
| FY 2006 | 160,000      |

Legal Counsel for the Elderly 601 E Street, NW Washington, DC 20049

Contact: Jan May (202)434-2164

Legal Council for the Elderly (LCE) recruited and trained new volunteers by tapping AARP's membership to educate beneficiaries to be capable of detecting and reporting healthcare error, fraud and abuse. Materials, which include the development of a Medicaid Manual for beneficiaries and SMEPP volunteers, are designed and updated for the volunteers. LCE's collaborative efforts with the networks of public and private agencies in the Washington, DC area will be expanded to outreach beneficiaries. The system for reporting intake, referral and follow up will be continually refined to improve its effectiveness. The target population includes Medicare and Medicaid beneficiaries with special outreach to the non-English speaking Spanish and Chinese communities. They will collaborate with the District of Columbia Office on Aging (DCOA) and the George Washington University Health Insurance Counseling Project. Activities included maintaining roster of 43 SMEPP active volunteers in Wards 1 - 4; conducting 78 presentations to 1,920 beneficiaries at senior centers, churches, nutrition sites, senior apartment buildings, senior clubs and AARP chapters; outreach to approximately 5,500 seniors at health fairs and the annual DCOA events; 30-second television commercials; and a variety of outreach and informational materials distributed. Products included refrigerator magnetic boards, placemats and bags that contained a SMEPP brochure, pen, health journal and magnifying glass.

# 90AM2941 Puerto Rico Alert to Fraud Project-Senior Medicare Patrol Project (SMPP)

Project Period: 07/01/2005 - 05/31/2008

# PUERTO RICO OFFICE OF THE OMBUDSMAN FOR THE ELDERLY

P.O. Box 191179

San Juan, PR 00919-1179

Contact: Rossana Lopez-Leon (787)721-6121

| 10ject 1 e1100. 01/01/2003 - 03/31 |              |
|------------------------------------|--------------|
| FY                                 | Grant Amount |
| FY 2005                            | 180,000      |
| FY 2006                            | 180,000      |

The goal of the Puerto Rico Alert to Fraud is to empower elder Medicare/Medicaid participants with the knowledge and skills to become active partners against wasteful, erroneous and fraudulent use of benefits. To accomplish this, the project has partnered with: the CMSR Field Office; Quality Improvement research organizations; the Department of Health; the Office of the Commissioner of Insurance; the Archdiocese of San Juan; the Employees Retirement System; Teachers Retirement System; the Alzheimer's Association and other community-based organizations. Anticipated outcomes: empowered statewide coalition with representatives from 15 community-based public and private agencies and organizations; training seminars facilitated for the aging network staff, volunteers and related aging service providers and recipients from different island regions; comprehensive public education plan on the use and misuse of health care benefits under Medicare; and continued improvement of an information system for collecting, assessing and referring fraud, waste and abuse situations to concerned federal or state investigative agencies.

Program: Senior Medicare Patrol Project

90AM2942 2005-2006 Senior Medicare Patrol Project Consortium

State of Washington
Office of the Insurance Commissioner
P.O. Box 40256
Olympia, WA 98504

Contact: Tobi Johnson (360)725-7218

Project Period: 07/01/2005 - 05/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 180,000      |
| FY 2006 | 180,000      |

The Washington State Long-Term Care Ombudsman Program headquartered at the Multi-Service Center will conduct a 3 year program to train individuals to detect, investigate, and report fraud and abuse among vulnerable citizens receiving long-term care (LTC) services in nursing homes, boarding homes, adult family homes, and home-care services. Seventy Certified Volunteer Ombudsmen will be trained as Ombudsmen Specialists to work with LTC residents, and fifteen Certified Volunteer Ombudsmen will be trained to follow current LTC facility residents who move to their own homes. The Ombudsman Specialist mission is to educate consumers in both facilities and in home to identify and combat fraud and abuse. Building upon their current capacity to detect, investigate and report abuse, neglect, and poor care, Ombudsmen Specialists throughout Washington State will be able to link these care issues to billing and payment. Ultimately, more funds will be available in the Medicare and Medicaid programs as funds spent on fraudulent or unused services are recovered. Project outcomes will include new training materials, a permanent coalition among long-term care advocates and a relationship with Washington Medicaid Fraud Control Unit to assure that fraud and abuse are reported to federal and state prosecutorial and fund recovery agencies.

# 90AM2943 West Virginia Senior Medicare Patrol Project

Project Period: 07/01/2005 - 05/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 180,000      |
| FY 2006 | 180,000      |

AARP Foundation 601 E Street, N.W. WASHINGTON, DC 20049

Contact: Julia Stephens (202)434-2051

The goals of the AARP Foundation, the grantee for the West Virginia Senior Medicare Patrol Project, are: 1) to reduce error, waste, fraud and abuse in the delivery of health care services within Medicare and Medicaid; increase the level of awareness of fraud, waste, error and abuse in Medicare and Medicaid; and 3) develop partnerships with and augment the visibility of others in the aging community who share the projects overall objectives. Special emphasis will be placed on recruiting, training and supporting volunteer leaders and educators in rural counties. The project will partner with key federal, state and local agencies in addition to health care provider associations, community and faith-based organizations. FY 2005 Outcomes: volunteers led more than 59 Medicare fraud workshops for 4,300 Medicare beneficiaries; recruited and trained 10 new volunteer educators; via media outlets, informed the general public about Medicare fraud, waste and abuse; developed a speakers bureau with more than 30 volunteers trained to address Medicare prescription scams; and collaborated with Medicare contractors to conduct Medicare compliance training identified by providers using Microsoft Live Meeting (web conferencing tool).

Program: Senior Medicare Patrol Project

90AM2944 Tennessee Senior Medicare Patrol Project

Project Period: 07/01/2005 - 05/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 180,000      |
| FY 2006 | 180,000      |

Upper Cumberland Development District 1225 South Willow Ave. Cookeville, TN 38506

Contact: Lanelle Godsey (931)432-4111

The Upper Cumberland Development District/Area Agency on Aging and Disability (AAAD) will administer a three-year program focusing on fraud, waste, and abuse monitoring in the Medicare and Medicaid systems. The goal is to enhance and expand the existing Tennessee Senior Medicare Patrol Project by focusing on recruitment of qualified volunteers, strengthening our community partnerships and expanding our joint Senior Medicare Patrol Project (SMPP) and State Health Insurance Assistance Program (SHIP) Advisory Board. Collaborators assisting in accomplishing the goal are: AAAD, SHIP, Long-Term Care Ombudsman, Senior Centers, Churches, University of Tennessee Agricultural Extension Service, and service providers. Products used to meet the project's goal include: newsletters, pre and post-tests for volunteer trainings, fraud referral forms, surveys, reports, PSA's, a website, and a media campaign including billboards and other types of media.

#### 90AM2946 Senior Medicare Patrol Project - MOD Squad

Project Period: 07/01/2005 - 05/31/2008

FY 2005 Grant Amount FY 2006 125,000 FY 2006 125,000

Better Business Bureau Educational Foundation 1333 West Loop South, Suite 1200 Houston, TX 77027

#### Contact: Candice Twyman (713)341-6141

Over the next 3 years, the Better Business Bureau Education Foundation (BBB) will build upon the past accomplishments and continue to implement a collaborative effort utilizing volunteers and community stakeholders educating Medicare and Medicaid beneficiaries to detect and report healthcare fraud, waste and abuse. Goal: to increase knowledge of Medicare and Medicaid fraud, waste and abuse to an ethnically diverse population in urban, suburban and rural communities. Objectives include: 1) developing and maintaining collaborative efforts with eldercare agencies and service organizations; 2) engaging older adults to actively participate in protecting themselves from consumer fraud; 3) recruiting and training volunteers to provide education; 4) expanding outreach to limited English-speaking populations; and 5) increasing awareness and engaging agencies and professionals in promoting the prevention of healthcare fraud. Expected outcomes: increased understanding of Medicare benefits and fraud, increased detection and reporting of healthcare fraud, and increased awareness of consumer fraud. Partnerships include: Area Agency on Aging, Texas Cooperative Extension, law enforcement units, social service agencies and healthcare providers. Products include: materials for limited English-speaking populations, tools to reach low-literate beneficiaries, and training tools for professionals.

Program: Senior Medicare Patrol Project

90AM2947 Ohio Seniors Fight Fraud

Project Period: 07/01/2005 - 05/31/2008

FY 2005 Grant Amount FY 2005 129,280 FY 2006 129,280

Pro Seniors, Inc. 7162 Reading Road, Suite 1150 Cincinnati, OH 45237

Contact: Rhonda Y Moore (513)458-5506

Pro Seniors proposes to continue its Senior Medicare Patrol Project, Ohio Seniors Fight Fraud (OSFF), in Southwestern Ohio. The goal of this project is to educate seniors and their caregivers on ways to become wiser health care consumers, so that the amount of Medicare and Medicaid fraud can be minimized. The objectives for the three year grant are: to maintain a roster of thirty retired volunteers and recruit at least six new volunteers in the rural counties; to educate at least 10,000 beneficiaries and caregivers about Medicare/Medicaid fraud, waste and abuse; and educate at least 5,000 Medicare beneficiaries and/or their caregivers about the Medicare prescription drug benefit. Senior volunteers will continue to be the key partners in our education efforts. After receiving training in Medicare and Medicare/Medicaid fraud, waste and abuse and Medicare prescription drug coverage, the volunteers will serve as expert resources and educators for older persons in their communities. Products to be developed include presentations on the Medicare prescription drug coverage, the Medicare IQ quiz and the pre/post tests.

#### 90AM2948 Senior Medicare Patrol Project

Maine Department of Health and Human Services
Office of Elder Services
442 Civic Center Drive, 11 State House Station
Augusta, ME 04333

Contact: Mary Walsh (207)287-9200

Project Period: 07/01/2005 - 05/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 180,000      |
| FY 2006 | 180,000      |

The Bureau of Elder and Adult Services (BEAS) will conduct a 3-year Senior Medicare Patrol Project, known as the Maine Medicare Education Partnership (MMEP). The goal is to train volunteers to provide Medicare and MaineCare (Medicaid) education to Medicare beneficiaries, MaineCare participants, their families and caregivers. Collaborating with the State Health Insurance Assistance Program (SHIP) in Maine to provide overall health insurance education, MMEP will have specific focus on identifying and reporting errors, fraud and abuse in Medicare and MaineCare, including home health care and relevant issues from the Medicare Modernization Act (MMA). The expected outcome is to educate Medicare beneficiaries, MaineCare participants, their families and caregivers to become knowledgeable, responsible consumers and encourage the identification and reporting of suspected health care errors, fraud and abuse. Products will include the Community Medicare Advocate Handbook, a presentation handbook, flyers, presentations, Medicare Bingo, health fairs and other community events, brochures, health journals and posters.

Program: Senior Medicare Patrol Project

90AM2949 Idaho Medicare Education Partnership

Project Period: 07/01/2005 - 05/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 180,000      |
| FY 2006 | 180,000      |

Idaho Commission on Aging 3380 Americana Terrace, Suite 120 Boise, ID 83706

Contact: Lois S Bauer (208)344-3833

This is the second year of a three-year cooperative agreement awarded to the Idaho Commission on Aging, entitled Idaho Medicare Education Partnership (IMEP). This project educates beneficiaries in understanding and analyzing their Medicare billing information through the use of trained volunteers. IMEP is extending its outreach efforts to the Hispanic/Latino population with two contracts covering the areas in Idaho more densely populated with Hispanics. IMEP is also extending its outreach to include family caregivers through presentations at service organizations. The target areas for this project are vulnerable beneficiaries, including minorities, low-income, older single person households, women, persons with disabilities and others who live in rural areas of Idaho. Senior Health Insurance Benefit Advisors (SHIBA), Retired Senior Volunteer Program (RSVP), and CIGNA Medicare are collaborators on this project. Activities include the use of media to advertise an 800 number as a means of reaching rural seniors, and development of an outreach campaign targeting Hispanics. The outcome of this project is to increase the number of trained volunteers resulting in more knowledgeable beneficiaries.

## 90AM2950 Trusted Friend Network Project A Senior Medicare Patrol Project.

Project Period: 07/01/2005 - 05/31/2008

 FY
 Grant Amount

 FY 2005
 125,000

 FY 2006
 125,000

Friendship House Association 619 D Street, SE

Washington, DC 20003-2711

Contact: BJ Brooks (202)546-7876

The Friendship House Association, founded in 1904, is the oldest community-based social service agency in Washington, DC and is currently a successful Senior Medicare Patrol Project (SMPP). After five years of "grass roots" Medicare fraud and waste education and volunteer development experience, they are proposing to expand the "on the ground" SMPP program throughout the District, but focus on the hard-to-serve senior community in the poorest areas of the city (Wards 5, 6, 7, and 8). The goals of the project are to: 1) engage low-income and low-literacy seniors, their families and caretakers in the uncovering of waste, fraud and Medicare abuse practices; and 2) build awareness and reduce and/or prevent the incidence of such practices. To accomplish this, they will use retired business professionals and community activists, as volunteers and educational resources, to detect and report Medicare waste and fraud. Outcomes will include: 1) an expanded and well-trained volunteer base; 2) education and training tools for seniors of varying literacy levels; and 3) a citywide (integrated) system for achieving measurable outcomes and evaluating the universal impact of the SMPP in the District.

Program: Senior Medicare Patrol Project

90AM2951 Anti-Fraud Education Project

State of Colorado Department of Regulatory Agencies 1560 Broadway Street, Suite 850 Denver, CO 80202

Contact: Liz Tredennick (303)894-7552

Project Period: 07/01/2005 - 05/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 167,591      |
| FY 2006 | 167,591      |

The Colorado Division of Insurance, through its Senior Health Insurance Assistance Program (SHIP), supports the Senior Medicare Patrol (SMP) project in collaboration with 13 SHIP affiliates and Colorado Access to Benefits Coalition (ABC) members who represent over 350 organizations and more than 700 persons. The goals of the project are to: maximize the Medicare/Medicaid Colorado audience for effective anti-fraud messages; maximize consumer education; and monitor consumer fraud/abuse complaints. The approach is to expand the network of organizations and individuals delivering the fraud/abuse message and to assist those who suspect fraud and/or abuse has occurred. The objectives are: to include effective, valid messages in all applicable consumer publications; to develop and implement a successful media campaign; to assure an adequate number of SMP "trainers" are available to conduct education at the local level; and assure quality communications to the largest possible consumer base, as well as to serve as a statewide clearinghouse for consumer fraud/abuse complaints. The expected outcomes of the Colorado SMP project are: 1) a heightened awareness among persons with Medicare and their caregivers, and among social service delivery agencies of the possibility that fraud can happen; and 2) provision of the means, and motivation to report fraud when it occurs. The products are interim and final reports with evaluation data; performance charts; Colorado best practices; a viable presentation training product, and updated consumer-oriented materials.

90AM2952 SUMMIT Medicare/Medicaid Fraud, Abuse and Waste Reduction.

Project Period: 07/01/2005 - 05/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 160,000      |
| FY 2006 | 160,000      |

Oklahoma Insurance Department 2401 NW 23, Suite 28 Oklahoma City, OK 73107

Contact: Cindy A Brown (405)521-6632

The Summit Medicare/Medicaid Fraud, Abuse and Waste Reduction Program (SUMMIT) will direct a three-year project focused to reduce Medicare/Medicaid fraud, abuse and waste in Oklahoma. Goal: to implement an enhanced public awareness initiative through community presentations and public education, targeting unserved and underserved populations. Objectives: I) provide fraud information to Oklahomans using catalysts: general public (beneficiaries, family members, caregivers) through community presentations, public education, SUMMIT training with emphasis on geographically isolated rural/frontier elders; 2) provide Temporary Assistance to Needy Families (TANF) recipients through the Literacy Resource Office's LifeSkills module; 3) assist isolated elders through home delivered meals, the Oklahoma Senior Center Association, and SUMMIT, SHICP, and AARP volunteers; 4) educate college/university students through Oklahoma Campus Compact Service Learning; 5) inform Hispanic elders through Hispanic Chambers of Commerce; and 6) educate American Indians through Oklahoma Indian Council on Aging. Expected outcomes: 1) TANF recipients learn civic responsibility in reducing Medicaid fraud; 2) geographically isolated homebound receive fraud information; 3) college/university students realize urgency to preserve Medicare/Medicaid for future generations; and 4) Hispanic and American Indians learn fraud protection. Products: SUMMIT Training/Resource Manual; Mini Manual; brochures and resource flyers; lesson plan for Oklahoma Literacy Council Life Skills in audio, visual, written format at 4th - 6th grade reading levels; presentation for college/university Service Learning Coordinators; and handouts in Spanish.

Program: Senior Medicare Patrol Project

90AM2953 Senior Medicare Patrol Program

Project Period: 07/01/2005 - 05/31/2008

| ciioa. orro | 1/2000 00/01 |
|-------------|--------------|
| FY          | Grant Amount |
| FY 2005     | 160,000      |
| FY 2006     | 160,000      |

Virginia Association of Area Agenices on Aging 24 E. Cary Street, Suite 100 Richmond, VA 23219

Contact: Susan Johnson (804)644-5628

The Virginia Association of Area Agencies on Aging (V4A) will manage a statewide Senior Medicare Patrol Project (SMP) to reduce public funds lost in Virginia due to Medicare/ Medicaid error, fraud, and abuse. The proposed project will utilize an established statewide collaborative network of twenty-five local Area Agencies on Aging (AAAs) and other community organizations targeting non-English speaking beneficiaries, rural areas, the disabled, and minorities. SMP will create a group of volunteer retirees who are trained about Medicare and Medicaid fraud to provide educational presentations. Volunteers will make presentations to civic groups, senior centers, faith communities, family caregivers and other organizations. The SMP Project produces materials in multiple-languages, publishes ads and articles in local publications, prints information on prescription bags, and solicits mass media coverage and support from partner organizations to inform beneficiaries about the costs of error, fraud and abuse in billing for Medicaid or Medicare supported services. Expected outcomes are increased beneficiary awareness and reporting of suspected fraud. All outcomes will be documented and Project activity results will be disseminated statewide regularly and shared with the SMP Technical Resource Center.

## 90AM2954 Ferret Out Fraud - Senior Medicare Patrol Project

Arizona Department of Economic Security Aging and Adult Administration 1789 West Jefferson, 950A Phoenix, AZ 85007

Contact: Rex Critchfield (602)542-6572 Project Period: 07/01/2005 - 05/31/2008

Project Period: 07/01/2005 - 05/31/2008

FY 2005

FY 2006

Grant Amount

149,482

149,482

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 159,943      |
| FY 2006 | 159,943      |

The Arizona Department of Economic Security (DES), Aging & Adult Administration (A&AA) will build upon the existing Arizona Senior Medicare Patrol Project (ASMPP) to address the need to educate and disseminate information about Medicare/Medicaid error, fraud, and abuse in the health care system. The goals of the program are to build the capacity of the ASMPP to reach beneficiaries with special emphasis on expanding culturally sensitive and linguistically appropriate materials for beneficiaries and developing processes that will result in program improvement. The expected outcomes are: beneficiaries, including those who are culturally diverse, will have increased awareness and knowledge to detect and prevent Medicare/Medicaid error, fraud and abuse; Area Agency on Aging (AAA) staff and volunteers will have increased knowledge to educate beneficiaries, their families and other professionals on Medicare/Medicaid error, fraud and abuse; AAA staff will have increased understanding of tools to improve the ASMPP; and Arizona Beneficiaries Coalition and Arizona Fraud Prevention Coalition members and other organizations will have increased opportunities to partner in efforts to educate and prevent Medicare/Medicaid error, fraud, and abuse.

Program: Senior Medicare Patrol Project 90AM2955 Senior Medicare Patrol

State of Alaska Health and Social Services 3601 C Street, Suite 310 Anchorage, AK 99503

Contact: Essien Ukoidemabia (907)269-3669

This is the first year of a three-year Senior Medicare Project to recruit and train local senior citizens for each group of communities to educate Medicare beneficiaries and their families about the importance of recognizing and reporting Medicare and Medicaid fraud, error and abuse. The goal of the project is to teach Medicare beneficiaries and their families to monitor their Medicare documents and to identify potential discrepancies. In order to reach the vulnerable, isolated and limited English speaking Medicare beneficiaries, the project will partner with the American Association of Retired Persons (AARP); Older Persons Action Group (OPAG); Alaska Native Tribal Health Consortium (ANTHC); Anchorage Senior Center and other local senior centers throughout the State of Alaska. Emphasis will be placed on recognizing Medicare Prescription Drug Card abuse and promoting the training of the trainer program. Products include voice enhanced CD-ROMs; power point training materials; video teleconferences; and client contact sheets.

#### 90AM2956 Senior Medicare Patrol Project

Project Period: 07/01/2005 - 05/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 63,930       |
| FY 2006 | 63,930       |

Kansas Department on Aging 503 S. Kansas Ave. Topeka, KS 66603

Contact: Tina Langley (785)368-7331

The goal of the Kansas Senior Medicare Patrol Project is to create a statewide network of fraud experts who will educate beneficiaries about identifying and reporting health care errors, fraud and abuse. The objectives are: (1) to expedite the planning phase of the project; (2) to identify points of contact within the community; (3) to recruit working and retired professionals as volunteers; (4) to develop education materials to disseminate to professionals and the public; (5) to train volunteers and partners as fraud educators; (6) to provide education programs for beneficiaries; and (7) to evaluate the success of the project. The expected outcomes are that the project will provide training to at least one organization in every county in Kansas; that there will be at least one trained volunteer in each county; and that the project will provide an average of two education programs in every county. We anticipate that achieving these outcomes will lead to an increase in beneficiaries' understanding of fraud issues and will increase the detection and reporting of errors, fraud and abuse by beneficiaries. The expected products are a volunteer training manual; education materials for beneficiaries; outreach materials to increase public awareness of fraud and the SMP project; and documentation of successful strategies for use by other SMP teams.

Program: Senior Medicare Patrol Project

90AM2957 Guam Senior Medicare Patrol Program

Project Period: 07/01/2005 - 07/01/2006

FY Grant Amount FY 2005 75,000

DEPARTMENT OF PUBLIC HEALTH AND SOCIAL SERVICES P.O. Box 2816

Hagatna, GU 96932

Contact: Cerina Y Mariano, BSW (671)735-7382

A one- year demonstration project to provide education and awareness activities that focus on recognizing and reporting Medicare/Medicaid waste, fraud and abuse in Guam. State Health Insurance volunteers assisted in carrying out the activities of this project. The objective of this grant was to develop a systematic plan for program implementation that builds a proficient volunteer base to conduct educational events and disseminate information. The anticipated outcomes: increased awareness of fraud and beneficiaries reporting suspect cases. Guam developed partnerships to advance efforts of this demonstration project. Products include a standard operating procedures manual and a volunteer training module with an evaluation tool.

#### 90AM2958 Senior Medicare Patrol Projects

Virgin Islands Department of Human Services
Office of the Commissioner
Knud Hansen Complex Building A
Charlotte Amalie, VI 00802

Contact: Michal Rhymer-Charles (340)774-8820

Project Period: 07/01/2005 - 06/30/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 75,000       |

The Virgin Islands Senior Medicare Patrol is a one-year cooperative-agreement with AoA to recruit and train retired professionals as volunteers to educate Medicare and Medicaid beneficiaries and their caregivers about ways in which they can protect themselves from fraud and any abusive health care practices. The project goal is to develop and begin implementation of the SMP project, to effectively use retired persons as volunteer educators for Medicare and MAP beneficiaries and their caregivers, increasing awareness and educating them about the program, so that they will be able to identify and easily report potential fraud, waste and abuse of funds. Project objectives are to: hire an SMP program director; develop a comprehensive SMP program design; develop formal SMP partnerships; establish a reporting system; develop culturally appropriate educational materials; and recruit and train volunteers. Anticipated outcomes are: target populations identified; volunteers and key staff well-trained; and a system in place for reporting and following up on any suspected fraud or abuse. Products: educational materials in English and Spanish for visually impaired, as well for those with limited literacy skills.

Program: Senior Medicare Patrol Project

90AM2959 Multi-Service Center Medicare Patrol Grant

Multi-Service Center
Long Term Ombudsman Program
P.O. Box 23699
Fodoral Way WA 08003 0600

Federal Way, WA 98093-0699

Contact: (253)835-7678

This is a one-year Senior Medicare Patrol Project operated by the Washington State Long-Term Care Ombudsman Program. It is headquartered at the Multi-Service Center and will train volunteer ombudsmen to detect, investigate, and report fraud and abuse among vulnerable citizens receiving long-term care (LTC) services in nursing homes, boarding homes, adult family homes, and home care services. The goal is to increase awareness of fraud, abuse and neglect for long-term care facility residents and Medicaid funded home care residents by training 70 Certified Volunteer Ombudsmen to work with LTC residents. Fifteen will be trained to follow current LTC facility residents who move into their own homes. Project outcomes will include new training materials, a permanent coalition among long-term care advocates and a relationship with Washington Medicaid Fraud Control Unit to assure that fraud and abuse are reported to federal and state prosecutorial and fund recovery agencies. Products include training manual and final report.

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 40,000       |

## 90AM2960 Senior Medicare Patrol Project

Project Period: 07/01/2005 - 06/30/2006

FY Grant Amount FY 2005 40,000

MONROE COUNTY OPPORTUNITY PROGRAM, INC 1140 S Telegraph Road Monroe, MI 48161

Contact: Sherman A Timmins (734)241-2775

This is a one year demonstration grant for the purpose of planning and implementing a Senior Medicare Patrol Project (SMP) that will serve residents of Monroe County, Michigan. SMP projects recruit retired professionals as volunteers to educate beneficiaries, their caregivers and families about Medicare/Medicaid fraud, error or abuse. The goal for this period is to improve the knowledge of county residents about fraud through workshops and the development of local county partners who may carry on this effort after this projects ends.

Program: Senior Medicare Patrol Project

90AM2961 AoA Senior Medicare Project

Project Period: 07/01/2005 - 05/31/2007

FY Grant Amount FY 2005 45,000

INTER-TRIBAL COUNCIL OF ARIZONA, INC 2214 N. Central Avenue, Suite 100 Phoenix, AZ 85004

Contact: John R Lewis (602)258-4822

This is a one year demonstration project to educate American Indian elders, caregivers and service providers about health care error, fraud and abuse. The goal of the project is to increase the knowledge of participants about the impact detection and reporting will have on the incidence of Medicare fraud. One qualified elder from ten tribes in Arizona will develop key messages, develop appropriate outreach strategies, and evaluate the progress of the tribe. It is anticipated that these outreach and education efforts will increase the overall knowledge of six thousand elders or their caregivers. To avoid duplication, the Inter-Tribal Council will work with other similar projects in the state. Products will include educational fact sheets and outreach evaluation tools, which will be distributed to AoA and other interested parties at the end of the project period.

## 90AM2962 Senior Latino Medicare Patrol in Rural Southern New Jersey

Project Period: 07/01/2005 - 06/30/2006

FY Grant Amount FY 2005 44,702

DH/Perfil Latino TV, Inc. 422 Debbie Lane PO Box 935 Millville, NJ 08332

Contact: (609)703-5806

Diabeticos Hispanicos Perfil Latino will mobilize Latino beneficiaries to collaborate with AOA resources in southern New Jersey to pilot a one-year program for training, technical assistance and support aimed at controlling health care error, fraud and abuse. The project will field test evaluation tools to assess program progress in southern New Jersey. Expected outcomes will be to establish the best approach which can be expanded to other Latino locations, and establishing partnerships with the Aging network community to reach elders at least 3 times per year. Products will include a validated Hispanic beneficiary survey instrument which will be disseminated to all interested parties.

Program: Senior Medicare Patrol Project

90AM2963 Latino Education Project

Project Period: 07/01/2005 - 06/30/2006

FY Grant Amount FY 2005 40,000

LATINO EDUCATION PROJECT, INC 1045 Airline Road, Suite 2 Corpus Christi, TX 78412

Contact: Frances Pawlik (361)980-0361

This is a one year demonstration project to provide Senior Medicare Patrol (SMP) program coverage to the Latino communities not served. The project will coordinate with other SMP in the state to avoid overlap. Bilingual volunteers will provide outreach to the target population through culturally appropriate materials. The anticipated outcome for this project is increased awareness of Medicare fraud and a willingness of beneficiaries to report such occurrences.

## 90AM2964 Health Awareness Program for Immigrants (HAPI)-Medicare

Project Period: 07/01/2005 - 06/30/2006

FY Grant Amount FY 2005 44,989

BOAT PEOPLE S.O.S. INC. 6066 Leesburg Pike, Suite 100 Falls Church, VA 22041

Contact: Thang D Nguyen (703)538-2190

The Boat People SOS, Health Awareness Program for Immigrants, a one year project, will connect 4,500 Vietnamese seniors in Virginia with the existing Senior Medicare Patrol (SMP) project. The goal is to reduce the incidence of Medicare/Medicaid errors, fraud and abuse. The key objectives are: to expand state coverage to Vietnamese seniors; and to target a mass media campaign to reach half of the total number of Vietnamese seniors in Hampton, Richmond and Northern Virginia. The Boat People SOS will provide mini-grants to associations of Vietnamese seniors to provide information and referral services to their constituents. Anticipated outcomes: 30% of target population will be aware of SMP goals by end of the year; partnerships will be established with other Virginia SMP; existing program materials will be redesigned to be culturally appropriate; and bilingual staff will work to conduct outreach efforts and refer complaints to Virginia's primary SMP.

Program: Performance Outcomes Measures Project

**90AM2653** Performance Outcome Measures Project

Project Period: 09/30/2002 - 12/31/2004

FY Grant Amount FY 2002 45,000

FLORIDA DEPARTMENT OF ELDER AFFAIRS 4040 Esplanade Way Tallahassee, FL 32399-7000

Contact: Horacio Soberon-Ferrer

AoA has entered into a 24 month cooperative agreement with the Florida Department of Elder Affairs to continue the development of performance outcome measures (POM) that all levels of the aging network can use for program assessment and management purpose. The goal of the project is to improve the capability of the State Unit on Aging (SUA) and Area Agencies on Aging (AAA) to use POM to improve programs. The State of Florida has established a partnership with the following AAAs, Tallahassee, Jacksonville, St. Petersburg, Tampa, Orlando, West Palm Beach, Ft. Lauderdale and Miami, to work with AoA and WESTAT, Inc.. The objectives of this cooperative agreement are: 1) to develop POM across several programs in the Older Americans Act; 2) to conduct sample surveys using POM instruments; 3) to use data from the surveys to improve program management and to help justify future program expenditures; 4) to administer survey questionnaires in the following areas: Nutrition, Caregiver Support, Home Care Satisfaction, Information and Assistance, Emotional Well Being, Social Functioning, Barriers to Service, and Capacity Building; and 5) to make available, through a website or email list, project materials. The anticipated outcome of this POM program is that Florida will expand POM. The products of this POM project are a final report; data from the surveys; and presentations with AoA and its contractors about annual POM projects.

## 90AM2660 Performance Outcome Measures Project - Statewide Surveys of Program Performance

Project Period: 09/30/2002 - 12/31/2004

FY Grant Amount FY 2002 75,000

FLORIDA DEPARTMENT OF ELDER AFFAIRS

4040 Esplanade Way

Tallahassee, FL 32399-7000

Contact: Horacio Soberon-Ferrer

This is a 24 month cooperative agreement with the Florida Department of Elder Affairs (SUA) to continue the development of performance outcome measures (POM) that all levels of the aging network can use for program assessment and management purpose. The goal of the agreement is to improve the capability of the State Unit on Aging (SUA) and Area Agencies on Aging (AAA) to use POM to improve programs. Florida has established a partnership with the University of Florida (U. of FL) to work with the Administration on Aging (AoA) and WESTAT, Inc.. The objectives of this project are: 1) to develop POM across several programs in the Older American Act (OAA); 2) to conduct sample surveys using the POM instruments; 3) to use data from the surveys to improve program management and to help justify future program expenditures; 4) to obtain a statistically-valid statewide sample, using data available through a statewide proprietary client and provider database as well as ad hoc surveys conducted by the state agency's planning and evaluation unit in the areas of Nutrition, Caregiver Support, Home Care Satisfaction, and Information and Assistance; 5) to contract with the U. of FL or another suitable contractor for data collection; and 6) to work with the AoA and its contractor(s) to assure that sampling plan and data collection procedures will produce data compatible with data produced under the second National Survey of Performance Measurement (POM). The expected outcome of this project is that Florida will expand POM. Products include a final report; data from the POM surveys; and presentations with AoA and its contractors about annual POM projects.

Program: Performance Outcomes Measures Project

90AM2784 Performance Outcome Measurement

Project Period: 09/30/2003 - 12/04/2004

FY Grant Amount FY 2003 30,000

NORTH CAROLINA DEPARTMENT OF HEALTH AND HUMAN SERVICES

2101 Mail Service Center Raleigh, NC 27699-8390 Contact: Phyllis Stewart

The North Carolina Division of Aging will pilot-test performance outcome measures in three areas: (1) a statewide telephone survey of approximately 350 caregivers served by the Family Caregiver Support Program (FCSP), including a third year follow-up of a small sample of caregivers in this program initially interviewed in summer 2002; (2) a statewide telephone survey of about 389 cognitively intact recipients of home-delivered meals; and (3) self administered, written surveys of approximately 540 participants at senior centers and satellites in two Area Agency on Aging regions. This project will supplement previously gathered senior center management perspectives with consumer perspectives, improve our understanding of caregivers reached by the Family Caregiver Support Program relative to caregivers of traditional service recipients, provide statewide data on outcomes for home-delivered meals clients, and model the feasibility and value of all three surveys for future use. Project products will include supplementary training materials for senior center personnel, three sets of data submitted to the Administration on Aging, and printed and web-based reports on the findings of each survey.

# 90AM2786 Building an Outcome-Based Evaluation System for Rhode Island's Aging Services Network: Phase IV

Project Period: 09/30/2003 - 03/31/2005

FY Grant Amount FY 2003 30,000

Project Period: 09/01/2003 - 03/31/2006

Grant Amount

30,000

Rhode Island Department of Elder Affairs Benjamin Rush Building #55 - 35 Howard Avenue Cranston, RI 0292 -0

Contact: Donna M. M Cone

Rhode Island Department of Elderly Affairs (RIDEA), working in partnership with four community-based provider agencies and the University of RI, will collaborate with other Performance Outcome Measures Project (POMP) grantees to achieve the goal of improved program assessment tools by: 1) revising performance measurement tools for the nutrition program to change the emphasis from nutritional risk to program assessment; 2) developing performance measurement methods for the National Family Caregiver Support Program; and 3) developing an enhanced case management performance measurement instrument. RIDEA and its partners will adopt and test revised forms of the Nutritional Survey for congregate meals and home delivered meals and the Caregiver Satisfaction Survey, as well as the enhanced case management performance measurement instrument, utilizing field testing based on sampling methodology. Products to be developed include: 1) data used by RIDEA to evaluate programs and services and transmitted to AoA for GPRA performance reporting; and 2) expanded and refined outcome-based evaluation system for Rhode Island's elder services delivery system.

Program: Performance Outcomes Measures Project

**90AM2788** Performance Outcome Measure Project

Office of The Director
421 East Capitol Avenue #100

Springfield, IL 62701-1789 Contact: Betsy Creamer

The Illinois Department on Aging (IDoA) will collaborate with the Administration on Aging (AoA) to develop performance outcome measures which will document the impact of Aging Network services on the lives of older adults and family caregivers. IDoA will work with the East Central Illinois Area Agency on Aging (ECIAAA) on the Performance Outcomes Measures Project (POMP). Goal: Develop the foundation for a state-based system to measure outcomes of Older Americans Act services based on statistically-valid sampling. Objective # 1: Pilot test a state-based system to measure the outcomes of four service categories authorized under the Older Americans Act. These services will include: Nutrition, Case Management, Family Caregiver Support Program, and Senior Centers. Objective # 2: Disseminate the results of the POMP project to the Aging Network in Illinois to build support for a statewide system. Products: Performance Outcome Measure surveys and instruments will be developed in collaboration with AoA and a national research corporation identified by AoA. These surveys and instruments can be readily used elsewhere in Illinois and throughout the United States.

## 90AM2789 2004 Performance Outcome Measures Project (POMP)

Project Period: 09/30/2003 - 09/29/2005

FY Grant Amount FY 2003 26,401

Florida Department of Elder Affairs 4040 Esplanade Way Tallahassee, FL 32399-7000

Contact: Jay Breeze

The goal of the Department of Elder Affairs 2004 POMP is to identify performance measures that best capture the value of the benefits of home and community-based programs and services that help prevent or delay institutional placement of frail elders. The data required for the development and testing of the measures will come from two sources, the Department of Elder Affairs' proprietary client and provider database (CIRTS), and ad-hoc surveys conducted by the Department's Planning and Evaluation Unit. POMP objectives and overall program approach are as follows: a) develop, test and refine a system of practical and reliable program-measurement instruments to assess program effectiveness, efficiency, and sustainability in the four areas targeted in the grant announcement; b) implement performance-measurement instruments statewide to assess performance differences among Florida's eleven Area Agencies on Aging; c) strengthen monitoring capabilities to assess the performance of DOEA contractors; and d) create a set of nationally benchmarked, uniform, performance measurement instruments. The project outcome will be the development of a performance measurement system in the targeted areas.

Program: Performance Outcomes Measures Project

90AM2790 Implementing Outcomes Measures in Ohio

Project Period: 09/30/2003 - 12/31/2004

FY Grant Amount FY 2003 30,000

Ohio Department of Aging 50 West Broad Street, 9th Floor Columbus, OH 43215-5928

**Contact: Marc Molea** 

The goal of the Ohio Department of Aging's (ODA) POMP V initiative is to operationalize performance outcome measures into aging network programs and processes. ODA will partner with Scripps Center for Gerontology, Council on Aging of Southwest Ohio, PSA 3 Agency on Aging, Inc., and other AAAs to: 1) utilize a modified caregiver performance measurement instrument to determine the extent that the services provided through selected AAA's Family Caregiver Support Programs are meeting the needs of family caregivers and reducing caregiver stress; 2) hold a one-day forum for program staff to illustrate how utilizing performance outcomes can be used to improve program quality and effectiveness; 3) operationalize the case management performance measurement instrument; and 4) partner with AoA to develop and test a performance measurement instrument for recipient assessment of senior center services. ODA will use a number of vehicles for sharing the results of POMP V initiatives, including holding an Outcome Measures Forum and regularly updating AAAs, providers and the general public on POMP V progress and results through Aging Connections, ODA's monthly newsletter and on ODA's Web Site.

#### 90AM2791 Performance Outcomes & Consumer Satisfaction Measures

Project Period: 09/30/2003 - 09/29/2005

FY Grant Amount FY 2003 30,000

NEW YORK STATE OFFICE FOR THE AGING 3 Empire State Plaza

Albany, NY 12223-1251

Contact: Larry Shapiro (518)474-5478

The New York State Office for the Aging will implement a collaborative approach to develop and test three outcome measurement instruments that measure client satisfaction and the program impact of aging network services. The goal of the project is to work with AoA in developing reliable and valid outcome measures that can help the aging network collect outcome data for budget justification and program improvement. Three outcome measures will be developed and tested: Nutrition, Caregiver Support and Case Management measures. Objectives are: (1) outcome measures will be developed to assess the value of nutrition, case management and family caregiver support programs and services; (2) outcome data of select outcome measures will be collected by the participating AAAs; (3) a refined sampling strategy will be developed and implemented; and (4) a collaborative model among state, local and research partners will be implemented. Products will include documentation of the survey implementation process, codebooks for outcome databases, evaluation tools, evaluation results and conference proceedings. These products will be disseminated to aging service providers and researchers at local, state and national levels.

Program: Performance Outcomes Measures Project

90AM2867 Performance Outcomes Measures Project - Priority Area 1: Standard POMP

New York State Office for the Aging Special Projects 2 Empire State Plaza Albany, NY 12223-1251

Contact: I-Hsin Wu (518)476-2730

New York will use a collaborative approach to develop and test a comprehensive consumer outcome instrument and a provider survey. The goal of the project is to continue working with performance measurement surveys to fill in gaps in the POMP measurement tools. The project objectives are: 1) the development of consumer and provider performance measurement instruments for home-based services; 2) the collection of data on consumer outcomes and provider characteristics; 3) recommendations regarding the consumer assessment survey for posting on the POMP website; and 4) implementation of a collaborative model with state, local and research partners. Products will include: consumer outcome and provider characteristic surveys and data; documentation of the survey implementation process; evaluation

results; and conference proceedings. These products will be disseminated to aging service providers and researchers at

the local, state and national level.

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|-------|-------------|----------------|-------|
|       | FY          | Grant Amount   |       |
|       | FY 2004     | 50,000         |       |

## 90AM2868 Performance Outcomes Measures Project - Priority Area 1: Standard POMP

North Carolina Department of Health and Human Services Aging and Adult Services 2101 Mail Service Center Raleigh, NC 27699-2101 Project Period: 09/30/2004 - 03/31/2006

FY Grant Amount
FY 2004 50,000

Contact: Phyllis Stewart (919)733-8400

North Carolina will assist with the development and pilot testing of two performance outcome measurement surveys related to services provided under Title III of the Older Americans Act. These include a service provider survey and a survey of older adults to obtain information about services received and consumers' assessment of service impact and quality. The goal of the project is to increase national, state and local knowledge of services and service packages for the purpose of planning, outreach and improved service delivery. Project objectives include: supporting the identification of appropriate cross-service performance measures; pilot testing the measures by conducting interviews with clients and service providers in one North Carolina region; and providing usable data, sharing findings and making recommendations for revisions to existing instruments and approaches. Project products will include training materials, data sets and reports on the findings of each survey.

Program: Performance Outcomes Measures Project

90AM2869 Performance Outcomes Measures Project - Priority Area 1: Standard POMP

Florida Department of Elder Affairs Planning and Evaluation Unit 4040 Esplanade Way, STE 280 Tallahassee, FL 32399-7000

Contact: Jay Breeze (850)414-2000

The overall goal of Florida's standard POMP project is to expand the utilization of performance outcome measurement by Florida's elder services network. Florida will: 1) conduct a statistical analysis of POMP developed surveys and data to measure the specific items that correlate most highly with a global measure of performance; 2) conduct a statistical analysis of the internal validity of existing POMP surveys as related to the development of: a) a composite consumer assessment instrument to collect data to measure home and community-based service performance, and b) a tool to measure the capacity of the elder-services network to meet the demand for home and community based services; and

3) share materials and data for replication through website postings and other dissemination.

Project Period: 09/30/2004 - 09/29/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 50,000       |

# 90AM2870 Performance Outcomes Measures Project - Priority Area 1: Standard POMP

Ohio Department of Aging Planning, Development & Evaluation 50 West Broad Street 9th Floor Columbus, OH 43215-5928

Contact: Marc Molea (614)466-7246

Project Period: 09/30/2004 - 07/31/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 50,000       |

Project Period: 09/30/2004 - 09/29/2005

Grant Amount

50,000

The goal of Ohio's POMP 6 initiative is to expand the use of performance outcome measurement in in Aging Network programs. Ohio will partner with AoA, other states and Ohio's Area Agencies on Aging to: 1) develop inclusive survey instruments (recipient and provider) that can be used to measure consumer outcomes and service delivery for a wide range of community services, and to refine and test the surveys; 2) develop protocols to connect and compare POMP results with National Aging Program Information System and Census data; and 3) enhance evaluation capacity by using Senior Community Service Employment Program participants to administer survey instruments.

Program: Performance Outcomes Measures Project

90AM2871 Performance Outcomes Measures Project - Priority Area 1: Standard POMP

Arizona Department of Economic Security Division of Aging and Community Services 1789 W. Jefferson (950A) Phoenix, AZ 85007

Contact: Henry Blanco (602)542-4446

Arizona will build upon its Arizona Performance Outcomes Measurement System (AzPOMS) to expand the use of performance outcome measurement to assess program effectiveness. AzPOMS is a collaboration of the state, the Area Agency on Aging, Region One, Inc. and its service providers. AzPOMS will accomplish the following objectives in Maricopa County: 1) develop, refine and field test a comprehensive service recipient survey; 2) develop, refine and field test service provider surveys as a means of informing the performance measurement effort; and 3) develop recommendations for final versions of surveys to be posted on the POMP website. Expected AzPOMS outcomes are field testing of the provider and recipient surveys and reliable data analysis to improve program effectiveness and service delivery.

# 90AM2872 Performance Outcomes Measures Project - Priority Area 1: Standard POMP

Illinois Department on Aging
Division of Planning, Research, and Development
421 East Capitol Avenue, #100
Springfield, IL 62701-1789

Contact: Joseph Lugo (217)785-2870

Project Period: 09/30/2004 - 06/30/2006 FY Grant Amount

Project Period: 09/30/2004 - 03/31/2007

Grant Amount

50,000

FY Grant Amount FY 2004 47,500

Illinois will collaborate with the Administration on Aging to develop performance outcome measures that will document the impact of Aging Network services on the lives of older adults and caregivers. The East Central Illinois Area Agency on Aging will participate in the project. The goal is to develop the foundation for a state- based system to measure outcomes of Older Americans Act services based on statistically valid sampling. The objectives are to pilot test a recipient survey and a provider survey and to disseminate the results to the Aging network in Illinois to build support for a statewide system. Products of the projects will be the survey tools suitable for use in Illinois and throughout the United States.

Program: Performance Outcomes Measures Project

90AM2873 Performance Outcomes Measures Project - Priority Area 1: Standard POMP

State of Iowa
Department of Elder Affairs
510 East 12th Street Jesse Parker Bldg

Des Moines, IA 50319

Contact: Jayne Walke (515)725-3309

The lowa Department of Elder Affairs, partnering with Hawkeye Valley Area Agency on Aging, will develop, field test and expand outcome measures used in lowa's Aging Network by concentrating on: 1) developing service provider surveys; and 2) developing consumer assessment surveys to be posted on the POMP website. Expected outcomes are: 1) clients determine how services may be improved; 2) service providers receive assistance in developing outcome measures; 3) care recipients maintain independence longer; and 4) surveys and results are posted on Area Agencies websites. Products will include pilot tested service recipient and provider surveys and survey administration tools. The products will be disseminated to AoA, other states, the lowa Association of Area Agencies on Aging, County Councils on Aging, aging partners, legislators and local officials.

# 90AM2874 New York Performance Outcome Measures Project: Advanced POMP

Project Period: 09/30/2004 - 09/29/2007

|         | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2004 | 15,000              |
| FY 2005 | 50,000              |
| FY 2006 | 60,000              |

New York State Office for the Aging 2 Empire State Plaza Albany, NY 12223-1251

Contact: I-Hsin Wu (518)474-4425

New York will be participating in the nursing home predictor statistical modeling component of Advanced POMP, in which the technical assistance contractor will work with the model developed by Florida, adjusting it consistent with data New York is able to provide. New York, as co-leader of the Advanced POMP workgroup, will also be working closely with the project officer and technical assistance contractor to identify national data sources appropriate for comparison purposes. The Advanced POMP goal applicable to this project is Goal 1: Demonstrate Cost Avoidance Attributed to Older Americans Act Services.

Anticipated outcomes for this project are: 1) a nursing home predictor model developed and tested; and 2) appropriate comparison group data from national surveys identified to enable nursing home diversion estimation.

Program: Performance Outcomes Measures Project

90AM2875 North Carolina Performance Outcome Measures Project: Advanced POMP

Project Period: 09/30/2004 - 09/29/2007

FY Grant Amount FY 2004 15,000 FY 2005 40,000 FY 2006 49,500

North Carolina Department of Health and Human Services 2101 Mail Service Center Raleigh, NC 27699-2101

Contact: Phyllis Bridgeman (919)733-4534

North Carolina will be participating in the nursing home predictor statistical modeling component of Advanced POMP, in which the technical assistance contractor will work with the model developed by Florida, adjusting it consistent to data that North Carolina is able to provide. North Carolina plans to use 27 month retrospective data to determine service utilization and identify reasons for terminated service. The data set will be compared with Medicaid claims data, to estimate cost savings. The Advanced POMP goal applicable to this project is Goal 1: Demonstrate Cost Avoidance Attributed to Older Americans Act (OAA) programs. Anticipated outcomes for this project are: 1) a nursing home predictor model will be developed and tested; and 2) Medicaid cost savings attributed to OAA programs will be estimated.

#### 90AM2876 Rhode Island Perfomance Outcome Measures Project: Advanced POMP

Rhode Island Department of Elderly Affairs The John O. Pastore Center 35 Howard Avenue Cranston, RI 02920

Contact: Donna M Cone (401)462-0500

Project Period: 09/30/2004 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 15,000       |
| FY 2005 | 44,985       |
| FY 2006 | 46,307       |

Rhode Island will be participating in the nursing home predictor statistical modeling component of Advanced POMP, in which the technical assistance contractor will work with the model developed by Florida, adjusting it consistent with data Rhode Island is able to provide. In addition, Rhode Island is developing a protocol to measure the impact of congregate meal program participation on targeted health outcomes, improvement of healthy behaviors and reducing known indicators of nutritional risk. The Advanced POMP goals applicable to this project are Goal 1: Demonstrate Cost Avoidance Attributed to Older Americans Act (OAA) programs, and Goal 3: Demonstrate Effectiveness of OAA programs. The anticipated objectives of this project are to: 1) pilot test a nursing home predictor model to demonstrate cost benefits of Rhode Island home and community care programs; and 2) document impacts of congregate meal programs and estimate cost savings related to impacts.

Program: Performance Outcomes Measures Project

90AM2877 Florida Performance Outcome Measures Project: Advanced POMP

Florida Department of Elder Affairs Planning and Evaluation Unit 4040 Esplanade Way, Suite 280 Tallahassee, FL 32399-7000

Contact: Jay Breeze (850)414-2000

Project Period: 09/30/2004 - 09/30/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 15,000       |
| FY 2005 | 50,000       |
| FY 2006 | 59,943       |

Florida is providing project leadership by independently developing a nursing home predictor model and sharing it with the grantee workgroup for broader testing. Florida serves as the co-leader of the Advanced POMP workgroup and has developed the vision for Goal 1: Demonstrate Cost Avoidance Attributed to Older Americans Act (OAA) Programs. Florida is currently expanding the nursing home risk model to predict risk of other adverse events such as hospitalization, emergency room visits and functional decline. Objectives are to: 1) produce an algorithm to compute reductions in nursing home placements due to use of in-home services; 2) produce an algorithm to compute reductions in hospital use due to use of in-home services; and 3) produce an algorithm to compute reductions in acute medical care due to use of in-home services.

# 90AM2878 Delaware Performance Outcome Measures Project: Advanced POMP

Delaware Department of Health & Social Services 1901 N DuPont Highway Main Annex First Floor New Castle, DE 19720

Contact: Melissa A Hinton (302)255-9390

Project Period: 09/30/2004 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 9,694        |
| FY 2005 | 37,751       |

Delaware will be participating in the nursing home predictor statistical modeling component of Advanced POMP, in which the technical assistance contractor will work with the model developed by Florida, adjusting it consistent with data that Delaware is able to provide. In addition, Delaware will conduct an independent review of cost avoidance methodology used for social programs. The Advanced POMP goal applicable to this project is Goal 1: Demonstrate Cost Avoidance Attributed to Older Americans Act Programs. The anticipated outcomes of this project are: 1) a nursing home predictor model will be developed and tested; and 2) a report documenting the methodological review of cost avoidance studies of social programs will be developed.

Program: Performance Outcomes Measures Project

90AM2879 Ohio Performance Outcome Measures Project: Advanced POMP

Project Period: 09/30/2004 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 15,000       |
| FY 2005 | 40,000       |
| FY 2006 | 50,000       |

Ohio Department of Aging 50 West Broad Street, 9th Floor Columbus, OH 43215-3363

Contact: Marc Molea (614)466-7246

Ohio will work on the development of a nursing home predictor model, using data available in Ohio and based, in part, on a high risk screening tool being developed for their Medicaid waiver program. They will use key factors determined to be statistically significant predictors for the Medicaid waiver population and they will test the reliability of the high risk screening tool for the population receiving Older Americans Act (OAA) services. Once the tool is validated and introduced into use, cost savings estimates can be generated. The Advanced POMP goal applicable to this project is Goal 1: Demonstrate Cost Avoidance Attributed to OAA Programs. The anticipated outcomes for this project are: 1) a nursing home predictor model will be developed and tested; and 2) a high risk screening tool for OAA programs will be developed and tested.

#### 90AM2880 Arizona Performance Outcome Measures Project: Advanced POMP

Project Period: 09/30/2004 - 09/29/2007

 FY
 Grant Amount

 FY 2004
 15,000

 FY 2005
 50,000

 FY 2006
 39,000

Arizona Department of Economic Security 1717 W. Jefferson, Site Code 010A

Phoenix, AZ 85007

Contact: Rex Critchfield (602)542-4446

Arizona's Advanced POMP project is focusing on the efficacy of senior centers. They will conduct a 24 month longitudinal study of new senior center clients to assess the impacts of nutrition and health promotion/ disease prevention programs. The Advanced POMP goal applicable to this project is Goal 3: Demonstrate the Effectiveness of Older Americans Act Programs. The anticipated outcome of the project is the design of a methodology to demonstrate the positive impact of select senior center services.

Program: Performance Outcomes Measures Project

90AM2881 Georgia Performance Outcome Measures Project: Advanced POMP

Georgia Department of Human Resources Division of Aging Services 2 Peachtree Street, NW, Suite 9 Atlanta, GA 30303

Contact: Arvine R Brown (404)651-6314

Project Period: 09/30/2004 - 09/29/2007

FY Grant Amount

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 11,250       |
| FY 2005 | 18,772       |
| FY 2006 | 21,381       |

Georgia will be participating in the nursing home predictor statistical modeling component of Advanced POMP, in which the technical assistance contractor will work with the model developed by Florida, adjusting it consistent with data that Georgia is able to provide. Georgia will be the first state to test the Florida model. In addition, Georgia has an extensive database with detailed information on waiting list clients which can be used to establish a comparison group. The applicable Advanced POMP goal for this project is Goal 1: Demonstrate Cost Avoidance Attributed to Older Americans Act Programs. The anticipated outcomes of this project are: 1) a nursing home predictor model will be developed and tested; and 2) waiting lists will be used as a comparison group to enable nursing home diversion estimation.

#### 90AM2882 Iowa Performance Outcome Measures Project: Advanced POMP

Project Period: 09/30/2004 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 15,000       |
| FY 2005 | 40,000       |
| FY 2006 | 60,000       |

Iowa Department of Elder Affairs 510 East 12th St., Jesse Parker Bldg. Suite 2 Des Moines, IA 50319

Contact: Jayne Walke (515)242-3301

lowa will be participating in the nursing home predictor statistical modeling component of Advanced POMP, in which the technical assistance contractor will work with the model developed by Florida, adjusting it consistent with data that lowa is able to provide. In addition, lowa will conduct an independent analysis of the optimal service case mix using data collected by the recipient survey conducted during an earlier POMP project, as well as administrative data. The applicable Advanced POMP goals for this project are Goal 1: Demonstrate Cost Avoidance Attributed to Older Americans Act (OAA) Programs and Goal 2: Demonstrate the Efficiency of OAA Programs. The anticipated outcomes of this project are: 1) a nursing home predictor model will be developed; and 2) the most efficient service mixes will be identified.

Program: Performance Outcomes Measures Project

90AM2883 South Carolina Performance Outcomes Measures Project: Advanced Pomp

Project Period: 09/30/2004 - 09/29/2007

| FY      | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2004 | 15,000              |
| FY 2005 | 50,000              |
| FY 2006 | 60,000              |

Lieutenant Governor's Office on Aging 1301 Gervais Street, Suite 200 Columbia, SC 29201

Contact: Bruce E Bondo (803)734-9870

For Advanced POMP, South Carolina has developed an independent analysis path to follow, predicated on their rich database of health services utilization. They will examine the relationship between select older Americans Act services and the use of hospital or emergency room services for conditions such as dehydration and pneumonia. They will then examine service thresholds to determine if the amount of service impacts emergency room or inpatient hospitalization. Finally, they will examine health care expenditure records for the OAA population vs. the Medicaid non-OAA population to estimate savings in health care costs attributed to OAA services. The Advanced POMP goals applicable to this project are: 1) demonstrate cost avoidance attributed to OAA programs; and 2) demonstrate program effectiveness. The anticipated outcomes for this project are: 1) a methodology will be developed to demonstrate a reduction in hospital visits due to OAA services; 2) service effectiveness thresholds will be developed for select services; and 3) health care cost savings attributed to OAA programs will be identified.

## 90AM3015 Performance Outcomes Measurements Program

Project Period: 09/30/2005 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 40,000       |

New York State Office for the Aging 2 Empire State Plaza Albany, NY 12223-1251

Contact: I-Hsin Wu (518)474-4425

New York addressed each of the Standard POMP 7 objectives, indicating they will work: 1) independently within the State and develop a sampling methodology for statewide performance measurement; 2) collaboratively with the POMP workgroup to finalize performance measurement surveys; and 3) their dissemination strategy will prominently feature the Finger Lakes Geriatric Education Center and training that identifies "do's" and "don'ts" of performance measurement. The anticipated outcome for all the POMP projects is enhanced performance measurement throughout the Aging Network. Objectives for Standard POMP 7 projects are to:

- 1) Develop a methodology for statewide performance measurement
- 2) Develop final versions of performance measurement surveys
- 3) Develop performance measurement dissemination plan

Program: Performance Outcomes Measures Project

90AM3016 Standard Performance Outcome Measures Project

Project Period: 09/30/2005 - 03/31/2007

| FY      | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2005 | 40,000              |

NC Department of Health and Human Services 2101 Mail Service Center Raleigh, NC 27699-2101

Contact: Phyllis Bridgeman

North Carolina addressed each of the Standard POMP 7 objectives, indicating they will work: 1) independently within the State and collaboratively at the national level to develop a sampling methodology for statewide performance measurement; 2) collaboratively with the POMP workgroup to finalize performance measurement surveys: and 3) their dissemination strategy will be heavily dependent on identifying what makes performance measurement attractive to AAAs. The anticipated outcome for all the POMP projects is enhanced performance measurement throughout the Aging Network. Objectives for Standard POMP 7 projects are:

- 1) Develop a methodology for statewide performance measurement
- 2) Develop final versions of performance measurement surveys
- 3) Develop performance measurement dissemination plan

# 90AM3017 Implementing Outcome Measures in Ohio Standard POMP 7-Enhancing Outcomes Performance

Project Period: 09/30/2005 - 03/31/2007

FY Grant Amount FY 2005 40,000

Ohio Department of Aging 50 West Broad Street, 9th Floor Columbus, OH 43215-3363

Contact: Bob Lucas (614)728-9133

Ohio addressed each of the Standard POMP 7 objectives, indicating they will: 1) work collaboratively at the national level to develop a sampling methodology for statewide performance measurement, and they are working within Ohio to develop a performance measurement infrastructure by training participants in Ohio's OAA/Title V program to conduct survey interviews; 2) work collaboratively with the POMP workgroup to finalize performance measurement surveys (they volunteered to take the lead on the senior center and provider surveys); and 3) their dissemination strategy consists of their commitment to develop materials for dissemination and website posting. The anticipated outcome for all the POMP projects is enhanced performance measurement throughout the aging network. Objectives for Standard POMP 7 projects are:

- 1) Develop a methodology for statewide performance measurement
- 2) Develop final versions of performance measurement surveys
- 3) Develop performance measurement dissemination plan

Program: Performance Outcomes Measures Project

90AM3018 2005 Standard POMP

Project Period: 09/30/2005 - 09/29/2007

FY Grant Amount FY 2005 40,000

Florida Department of Elder Affairs 4040 Esplanade Way, Suite 280 Tallahassee, FL 32399-7000

Contact: Jay Breeze (850)414-2000

Florida addressed each of the Standard POMP 7 objectives, indicating they will: 1) work collaboratively at the national level to develop a methodology for statewide performance measurement, and they are working within Florida to develop a senior center performance measurement toolkit; 2) they will work collaboratively with the POMP workgroup to finalize performance measurement surveys and; 3) they plan to work independently in the development of a dissemination strategy in which they are committing to national presentations. The anticipated outcome for all the POMP projects is enhanced performance measurement throughout the Aging Network. Objectives for Standard POMP 7 projects are:

- 1) Develop a methodology for statewide performance measurement
- 2) Develop final versions of performance measurement surveys
- 3) Develop performance measurement dissemination plan

# 90AM3019 Arizona Performance Outcomes Measurement System AzPOMS-Priority 1

Project Period: 09/30/2005 - 09/29/2006

FY Grant Amount FY 2005 40,000

Arizona Department of Economic Security 1789 W. Jefferson (950A)

Phoenix, AZ 85007

Contact: Rex Critchfield (602)542-5678

Arizona addressed each of the Standard POMP 7 objectives, indicating they will: 1) work collaboratively with other grantees to develop reporting tools for statewide performance measurement; 2) work collaboratively with the POMP workgroup to finalize performance measurement surveys, where they will rely on years of previous POMP experiences to identify problematic survey items and; 3) they plan to work collaboratively in the development of a dissemination plan. The anticipated outcome for all the POMP projects is enhanced performance measurement throughout the Aging Network. Objectives for Standard POMP 7 projects are:

- 1) to develop a methodology for statewide performance measurement
- 2) to develop final versions of performance measurement surveys
- 3) to develop a performance measurement dissemination plan

Program: Performance Outcomes Measures Project

90AM3020 POMP 7--Developing/Refining Consumer Performance Measurement Tools

State of Iowa Iowa Department of Elder Affairs 200 10th Street, Clemens Bldg., 3rd Floor Des Moines, IA 50309

Contact: Jayne Walke (515)242-3333

lowa addressed each of the Standard POMP 7 objectives, indicating they will: 1) work with the participating AAA to develop reporting tools for statewide performance measurement, beginning with their case managed clients; 2) work collaboratively with the POMP workgroup to finalize performance measurement surveys; and 3) work independently in the development of a dissemination strategy which will feature mentoring other states/AAAs. The anticipated outcome for all the POMP projects is enhanced performance measurement throughout the aging network. Objectives for Standard POMP 7 projects are:

- 1) to develop a methodology for statewide performance measurement
- 2) to develop final versions of performance measurement surveys
- 3) to develop performance measurement dissemination plan

Project Period: 09/30/2005 - 12/31/2006

| CHOO. CO/C | J0/2000 12/01 |
|------------|---------------|
| FY         | Grant Amount  |
| FY 2005    | 40.000        |

## 90AM3021 Standard POMP Performance Outcome Measures Project

Project Period: 09/30/2005 - 09/29/2006

| 00000,0 | <u> </u>     |
|---------|--------------|
| FY      | Grant Amount |
| FY 2005 | 20,791       |

Georgia Department of Human Resources 2 Peachtree St., NW, Suite 9-398 Atlanta, GA 30303-3142

Contact: Patricia A Haley (404)651-6314

Georgia addressed each of the Standard POMP 7 objectives, indicating they will: 1) work collaboratively at the national level to develop a statewide performance measurement methodology, and they are working within Georgia to develop a provider scorecard; 2) work collaboratively with the POMP workgroup to finalize performance measurement surveys (they noted a caregiver burden scale which would enhance the POMP instrument); and 3) they plan to work collaboratively to develop a dissemination strategy. The anticipated outcome for all the POMP projects is enhanced performance measurement throughout the Aging Network. Objectives for Standard POMP 7 projects are:

- 1) Develop a methodology for statewide performance measurement
- 2) Develop final versions of performance measurement surveys
- 3) Develop performance measurement dissemination plan

Program: Performance Outcomes Measures Project

90AM3022 Standard Performance Outcomes Measures Project (POMP)

Oklahoma Department of Human Services
Aging Services Division
2401 NW 23rd Street, Suite 40
Oklahoma City, OK 73107

**Contact: Kimberly K Quigley** 

Oklahoma indicated that they will work independently to revise the POMP nutrition surveys and implement the revised instruments statewide. They will share their recommendations for revisions with the POMP workgroup. Their dissemination strategy is limited to dissemination of the revised nutrition surveys.

The anticipated outcome for all the POMP projects is enhanced performance measurement throughout the Aging Network. Objectives for Standard POMP 7 projects are:

- 1) Develop a methodology for statewide performance measurement
- 2) Develop final versions of performance measurement surveys
- 3) Develop performance measurement dissemination plan

Project Period: 09/30/2005 - 09/29/2006

|         | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2005 | 13,890              |

## 90AM3024 Planning Grants Project (PGP)

Project Period: 09/30/2005 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 40,000       |
| FY 2006 | 39,750       |

Florida Department of Elder Affairs 4040 Esplanade Way, Suite 280 Tallahassee, FL 32399-7000

Contact: Jay Breeze (850)414-2000

The applicant, the Florida Department of Elder Affairs (DOEA) will develop a comprehensive planning model: (1) suitable for replication by all State Units on Aging (SUAs) and Area Agencies on Aging (AAAs); (2) characterized by uniform data collection, needs assessment and outcome-measurement methodologies; and (3) reflecting coordination/collaboration among partner agencies and elder services providers. Project objectives will be the development of the planning model, and development of a web-accessible national planning database. The applicant will partner with the Florida Association of AAAs, and the AAAs in planning and service areas 3 and 4. DOEA will convene a planners' retreat and a steering committee to obtain AAA and stakeholder input concerning planning objectives, including preparation of Florida's 2008-2010 State Plan on Aging. The DOEA website will be a primary means of making planning grants project information available.

Program: Planning Grants Project

90AM3025 The State Unit and AAAs Planning Grant Project

Project Period: 09/30/2005 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 40,000       |
| FY 2006 | 40,000       |

North Carolina Department of Health and Human Services 2101 Mail Service Center Raleigh, NC 27699-2101

Contact: Lea Slaton (919)733-0440

The applicant, the North Carolina Division of Aging and Adult Services (NC-DAAS), will develop a coordinated planning model for State and area plans on aging by adapting a logic model to focus on client outcomes and effective use of lessons learned. NC-DAAS plans to tap its experience with the AoA POMP project in the development of its planning model. The model will start with a population framework, tie that to a logic model, and integrate performance outcome measures to form the foundation of effective planning. The project will involve five objectives: (1) collaborate with AoA and the national work group to develop a comprehensive planning model; (2) develop a well-coordinated NC State/area plan model, based on a logic model approach, with emphasis on assisting disadvantaged and vulnerable populations; (3) integrate POMP into the NC State/area plan model; (4) link goals and features of the AoA Strategic Action Plan to State and AAA planning; and (5) establish a sound evaluation method.

## 90AM3026 Indiana Planning Grants Project (PGP)

Indiana Division of Disability, Aging & Rehabilitative Services
P.O. Box 7083, MS-21
Indianapolis, IN 46207-7083

Project Period: 09/30/2005 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 40,000       |
| FY 2006 | 39,750       |

Contact: Anna Deahl

The applicant will test the effectiveness of the AdvantAge Initiative as a planning model on a statewide level. AdvantAge Initiative has been used as a model community development and strategic planning process to foster an "elder-friendly" community at the local level, but has never been used at the state planning level. The applicant will develop and utilize a demographic database for planning purposes, conduct a statewide telephone survey of Indiana elders using the AdvantAge Initiative survey, and utilize local steering committees to create Area Agency on Aging plans that will inform the State Plan. The grantee will partner with Self-Advocates of Indiana, Inc. and the Indiana Association of Area Agencies on Aging, and contract with the Center on Aging and community of Indiana University to customize and implement the model planning process. The applicant will disseminate results through a variety of vehicles, including conference presentations, publications, media releases, and websites. The applicant anticipates reaching non-traditional audiences through presentations at meetings of The American Planning Association, International City Managers Association, The Council on Foundations, Governors Conference on Aging, and others. Results will be shared with other grant recipients and project participants through "Oncourse" an online learning environment offered at Indiana University, which is designed to create collaborative work space for researchers conducting community-based programs and research.

Program: Planning Grants Project

90AM3027 Pennsylvania Department of Aging Planning Grants Project

Project Period: 09/30/2005 - 09/29/2008

|         | Grant Amount |
|---------|--------------|
| FY 2005 | 40,000       |
| FY 2006 | 39,940       |

Pennsylvania Department of Aging 555 Walnut Street Harrisburg, PA 17101

Contact: Robert McNamara (717)783-6207

The applicant will contribute to the development of standardized state planning processes through improving measurement strategies to track State Plan on Aging outcomes. The Pennsylvania Department of Aging will use its Plan on Aging's ten priority areas to develop standardized performance measures for priority area outcomes; work with selected Area Agencies on Aging to incorporate performance measures into their plans; and implement performance measurement in the priority area of cultural inclusion. The applicant plans to work with the Pennsylvania Association of Area Agencies on Aging (P4A) and several AAA's, including the Union-Snyder Agency on Aging and New Populations Inc. The Pennsylvania Department of Aging will work with P4A to disseminate results to the state's 52 AAAs. Other dissemination activities include public announcements, web site postings, the Department on Aging's quarterly newsletter, electronic and direct mailings to aging service organizations at national, state and local levels, and presentations at conferences (e.g. ASA, N4A and NASUA).

## 90AM3028 Arizona Planning Project

Project Period: 09/30/2005 - 09/29/2008

|         | Grant Amount |
|---------|--------------|
| FY 2005 | 39,998       |
| FY 2006 | 40,000       |

Arizona Department of Economic Security 1789 W. Jefferson Phoenix, AZ 85007

Contact: Lynn B Larson

The applicant, the Arizona Department of Economic Security, Aging and Adult Administration (ADES-A&AA), together with the Arizona Area Agencies on Aging (AAAs), will build on the existing strengths of its current planning process in order to design a coordinated, systematic and consistent planning process for State and area plans on aging. ADES-A&AA's Aging 2020 plan referenced in the application is well underway and has utilized solid planning strategies, such as needs and resources assessment, input from all identified stakeholders, analysis of existing planning data, e.g. census data, and incorporation of area agency goals into the State plan on aging. Objectives of the project are to: (1) improve consistency and coordination in the planning process; and (2) use the designed State and area plans as strategic documents to strengthen organizational capacity of service systems to meet current and future service needs. These objectives will be aligned with the current Performance Outcomes Measurement Project (POMP) and the Arizona Aging and Disability Resource Center (AzADRC).

Program: Planning Grants Project

90AM3029 Minnesota Collaborative Planning Model: A Cross-System Approach for Health Promotion

Project Period: 09/30/2005 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 35,200       |
| FY 2006 | 35,600       |

Minnesota Board on Aging P.O. Box 64976 St. Paul, MN 55164-0976

Contact: Jean Wood (651)297-5459

The applicant, the Minnesota Board on Aging (MBA) will develop a collaborative model that (1) integrates Federal, State and local priorities; (2) links strategic partners; and (3) results in new and effective system change. Participation of key partners at the State, Area Agency on Aging (AAA) and local level is critical to the project. The focus of the project will be the development of evidence-based health promotion programming, a topic identified as a priority at the Federal, State and local level. The approach refines and expands MBA's current planning model to develop an inter-system, collaborative model for system change and service development across multiple agencies and multiple funding sources. In addition, MBA will develop and implement specific outcome measures and a web based management information system to monitor performance at two levels: (1) service development - measures of new, expanded or redesigned community services; and (2) service outcomes - the direct effects of these services or interventions in the lives of older individuals.

# 90AM3030 Planning Grant Proposal for NJ Senior Nutrition Program

Project Period: 09/30/2005 - 09/29/2008

New Jersey Department of Health and Senior Services PO Box 360

Trenton, NJ 08625

Contact: Geraldine Mackenzie (609)943-3499

| FY      | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2005 | 29,656              |
| FY 2006 | 39,686              |

The applicant will contribute to the development of a national comprehensive planning process by developing three replicable models for nutrition program planning in the areas of: 1) cost effective and efficient program operations; 2) integration of nutrition plans into the ADRC initiative; and 3) service delivery for diverse populations. The grantee will work with Stockton College, New Jersey's Mission Nutrition Blue Ribbon Panel and the Nutrition Directors Advisory Group, Atlantic and Warren County AAA's, plus AAA representation on work groups. The evaluation plan will have three components to assess outcomes, process and project context. It will include a logic model linking goals, objectives, activities and outcomes and an impact model for each team. Reports and best practice guides that result from the project will be disseminated via the grantees' web sites, a health aging listsery, direct mailings to national, state and local organizations, as well as SUAs, presentations at conferences and articles published in professional journals.

Program: Planning Grants Project

90AM3031 The Kentucky Division of Aging Services Planning Grant Project

Project Period: 09/30/2005 - 09/29/2008

 FY
 Grant Amount

 FY 2005
 15,675

 FY 2006
 40,000

Kentucky Cabinet for Health and Family Services 275 East Main Street 3 W-F Frankfort, KY 40621

Contact: Phyllis E Culp (502)564-6930

The applicant, the Kentucky Division of Aging Services (DAS), will develop a comprehensive and coordinated State and area planning process that is outcomes driven and utilizes evidenced based practices. Objectives of the project are to: (1) evaluate the current process for improvements; (2) assemble a project work group consisting of State staff, Area Agency on Aging (AAA) staff, consumers, and providers; (3) develop statewide outcomes; (4) design a process that will relate the regional area plans to the State plan; and (5) incorporate new information technology systems into the plan design. DAS will incorporate its new client data collection system, SAMS, into the development of a planning model. In addition, DAS will build on its already existing strategic plan and outcomes based contracting procedures. DAS is currently utilizing outcomes based monitoring in its National Family Caregiver Support Program.

## 90AM3032 Technical Assistance Support Center: Comprehensive Planning for Aging Services

National Association of State Units on Aging 1201 15th Street, NW Suite 350

Washington, DC 20005

Contact: Virginia Dize (202)898-2578

Project Period: 09/30/2005 - 09/29/2008

|         | Grant Amount |
|---------|--------------|
| FY 2005 | 200,000      |
| FY 2006 | 250,000      |

This project will enhance the capacity of State Agencies on Aging to develop comprehensive plans through the development of a model planning process(es) adaptable to each state's unique needs. Objectives include: (1) developing a planning model(s) that addresses OAA program compliance and builds upon the comprehensive planning efforts of SUAs and AAAs; (2) providing technical assistance to the State Planning Grantees and other SUAs; and (3) facilitating pilot testing, refinement and adoption of the planning model(s) by grantees and the aging network. The applicant will provide support and work closely with the State Planning Grantees to develop comprehensive, coordinated planning systems. The approach will be both interactive, facilitating idea and experience exchange among grantees, and process-oriented, making use of expert guidance and the grantees' knowledge and experiences to develop the planning model(s) and plan formats.

Target Population: State and Area Agencies on Aging, local providers, and the seniors they serve.

Anticipated Outcomes: model(s) of State planning process(es); model(s) of Area planning process(es); model(s) of State plan format(s); model(s) of Area plan formats; and coordination of a 3 day orientation meeting. Involvement of the following community based organizations (CBOs) is anticipated: National Association of Area Agencies on Aging (N4A); consumer groups, such as the Alzheimer's Association; and provider organizations, such as the National Association of Nutrition Service Providers (NANSP), AARP, and the National Family Caregiver Alliance.

Program: Unsolicited

90AM2666 Systems-Building in State Family Caregiver Support and Health Promotion Programs

NATIONAL ASSOCIATION OF STATE UNITS ON AGING (NASUA) 1201 15th Street, NW, Suite 350

Washington, DC 20005-0005

Contact: James Whaley (202)898-2578

Project Period: 09/30/2002 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2002 | 250,000      |
| FY 2003 | 400,000      |
| FY 2004 | 295,632      |
| FY 2005 | 75,000       |

The goal of this demonstration project is to build state capacity in collaboration with AoA. The second goal of the project is to assist the State Units on Aging (SUA) to compile and disseminate information about the Older Americans Act and other programs which they administer. The purpose of this activity is to develop a database software product for use by SUAs in their reporting under the National Aging Program Information System. The product is intended to facilitate the submission of this report in a timely manner to AoA, with the least possible burden to SUAs. The objectives of this program are: 1) to develop a software application for use by AAAs to facilitate state transmission of state program reports; 2) to provide training and technical assistance when the application is made available to the states; and 3) conduct a study of state agency and area agency management information systems and innovative approaches to streamlining data collection activities. The expected outcomes of the program include: transmission of information eased; training and technical assistance provided; and software reporting tools developed (edit and validity checking). The products include software for all State Units on Aging, a final report and recommendations for management information systems.

## 90AM2328 Establishment of the National Center for Seniors' Housing Research

Project Period: 03/01/2000 - 01/01/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2000 | 553,285      |
| FY 2002 | 930,699      |
| FY 2003 | 445,113      |

NAHB RESEARCH CENTER, INC. 400 Prince Georges' Blvd. Upper Marlboro, MD 20774-0774

#### Contact:

Under this cooperative agreement, the grantee, the National Research Center (NRC), has established a National Center for Seniors' Housing Research (NCSHR) to assist older Americans to live comfortably, safely and independently in their own homes as they age, regardless of income or ability-level. The goal of this Center is to develop innovative solutions to accommodate changing housing needs for older Americans who wish to age in place. This information is available to the home building industry, particularly to remodelers, to consumers and to the Aging Network. Project activities for this Center include: web-based information about the value and application of universal design principles; available products which enhance independent living; support and analysis of the National Older Adults Housing Survey; examination of the cost and safe techniques for home modification for an aging population, with improved training for building contractors about the needs of the aging population; an annual student design competition to stimulate innovative residential design for aging in place; stimulating partnerships between the Aging Network and the home building industry to foster user friendly environments; and use of assistive technology and replication of the features incorporated in the new "Life-Wise" house.

Program: Congressional Mandates

90AM2334 Advancing Volunteerism Role in Delivering Home Modification Services to Aging **Population** 

REBUILDING TOGETHER, INC. 1536 16th Street, NW Washington, DC 20036-0036

Contact:

| FY      | Grant Amount |
|---------|--------------|
| FY 2000 | 322,756      |
| FY 2002 | 493,500      |
| FY 2003 | 392,234      |
| FY 2005 | 391,642      |

Project Period: 06/01/2000 - 07/31/2007

This is a continuation of a Title IV discretionary grant that was initially funded in June 2000. Rebuilding Together continues to expand the scope of the "Safe at Home" grant activities through its 269 affiliate members. Of special emphasis this year are falls prevention and supporting home modifications for aging-in-place. Expanding partnerships between the affiliate chapters and the Aging Network is an overarching goal. Part of the partnership and coalition building centers around joint training activities to help the affiliates gain increased understanding of universal design that helps seniors remain at home, and to help the Aging Network gain new and valued partners for helping low-income seniors.

FY 2005 Outcomes: Rebuilding Together will disseminate a new brochure and toolbox to stimulate greater public attention about the value of home modification in helping seniors and their caregivers with continued independence. An additional 2,000 people will be trained in home safety assessments. Twenty to forty affiliates will expand their home modification programs for the seniors. Funds will be used to leverage an additional \$250,000 in product discounts and donations for the home modification efforts. The grant efforts this year will benefit some 4,000 sites for safe aging-in-place. This organization will continue to exhibit and make presentations at major aging conferences throughout the year, both nationally and locally. Rebuilding Together collaborates with the organizations sponsoring Aging-in-Place week in November, the National Home Modifications Action Coalition and the NCOA falls prevention programs.

## 90AM2378 Aging and Research Training Project

## TEXAS TECH UNIVERSITY HEALTH SCIENCES CENTER

School of Medicine 3601 4th Street

Lubbock, TX 79430-9430

#### Contact:

Project Period: 08/01/2000 - 08/31/2005

| FY      | Grant Amount |
|---------|--------------|
| FY 2000 | 1,857,786    |
| FY 2001 | 948,507      |
| FY 2002 | 987,000      |

The goal is to research the elderly and to provide training through the use of an interdisciplinary baseline survey about memory disorders, diabetes and heart disease. The project's objectives are: 1) to conduct an interdisciplinary baseline survey of 5000 elderly residents of the 108-county West Texas region served by the Texas Tech University Health Sciences Center; 2) to establish a Balanced Assessment Laboratory and a Memory Disorders Clinic; 3) to demonstrate the capacity of a community network of 20 pharmacies to effectively identify and screen elderly and Hispanic West Texans at risk of diabetes and cardiovascular disease; 4) to conduct a study of health literacy and the risk of medication misuse among the elderly; 5) to perform research on the prevalence of depression, anxiety, functional impairment, cognitive impairment, physical illness, and the utilization/misutilization of alcohol and prescription/over-the-counter drugs; 6) to develop a model project to maintain or enhance healthy aging among elderly West Texans and their caregivers by creating a community profile of attitudes toward healthy aging in three rural underserved communities; 7) to support the geriatric educational and curriculum development activities and programs in the Schools of Medicine, Pharmacy, Allied Health, and Nursing. The anticipated outcomes are new knowledge and new training materials on memory disorders, diabetes and heart disease; new research data; and a 5000 elderly survey. The products of this project are a final report; a survey; and research findings.

Program: Congressional Mandates

**Contact: Christopher Minnick** 

90AM2388 Partners in Long-term Care Initiative

Project Period: 09/30/2000 - 10/31/2005

| FY      | Grant Amount |
|---------|--------------|
| FY 2000 | 920,000      |
| FY 2001 | 493,500      |

ALBERT EINSTEIN MEDICAL CENTER 5501 Old York Road Philadelphia, PA 19141

The Albert Einstein Medical Center established a comprehensive community-based and integrated service system for frail and chronically ill elders and their caregivers by establishing linkages with aging services partners in the Southeastern Pennsylvania region. Through the project, Einstein intended to enhance the quality of existing relationships and to stimulate the development of new linkages to better meet the needs of older persons. The prototype system had three components, a PACE model life Center to provide a continuum of care system of services to the frail elderly; a Personal Care Partnership Program (PCPP) for personal care home residents; and a culturally appropriate training program for Korean American caregivers. Project objectives were concentrated in the areas of planning, developing and establishing an infrastructure for this comprehensive community based system. Einstein documented planning of the system to contribute to the body of knowledge in the field. Anticipated outcomes included: a system of care for elderly; a PACE model; a Korean-American training module; and an adult care facility for low income elders. Major products included a culturally appropriate training module for Korean-American caregivers, a comprehensive assessment and a final report.

## 90AM2478 St. Louis Aging Services Academy

Project Period: 09/30/2001 - 02/28/2005

| FY      | Grant Amount |
|---------|--------------|
| FY 2001 | 418,950      |

Saint Louis County Government 121 S. Meramec Avenue, 3rd Floor St. Louis, MO 63105-3105

#### Contact:

The St. Louis County Department of Human Services conducted the pilot for an Aging Services Academy that would deliver customized training to prospective and recent retirees in the age group 50 to 59 years. The project served as a vehicle for developing curriculum that could provide at least 50 older individuals with customized training, resources and support to pursue expanded retirement opportunities. The strategy was to develop core curricula for classroom instruction in basic gerontology and basic computer skills and computer literacy, thereby empowering aging individuals. Partners include the Mid-East AAA Title V Employment Program, the St. Louis County Older Residents Program, and St. Louis Senior Computer Training. Training was reinforced through paid internships with eldercare organizations. Expected outcomes included: a model Aging Services Academy with curricula for three core learning components (including computer training); customized classroom instructional and marketing materials; a cadre of mature workers to serve as a model for countering negative stereotypes; a limited number of paid internships; and strengthened partnerships with community and older worker programs in the area. Initially, the project was scheduled to cover a 17 month period, however after successfully securing private funding, it remained active for more than 36 months. At termination of the federal project period, the project was to be operated by the State. The products for dissemination include a final report, curricula, conferences materials and a project guide.

Program: Congressional Mandates

90AM2611 Supportive Neighborhoods

Comprehensive Housing Assistance, Inc. Senior Friendly Neighborhoods 5721 Park Heights Avenue Baltimore, MD 21215

Contact: Mary Pivawer (410)466-1990

Project Period: 08/01/2002 - 11/30/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2002 | 987,000      |
| FY 2003 | 513,826      |
| FY 2005 | 697,122      |

The Senior Friendly Neighborhoods program provides enriched supportive services for older adults age 62 and over living in naturally occurring retirement communities in the mixed housing residential Upper Park Heights and Millbrook neighborhoods of northeast Baltimore. Included within the catchment area are 8 apartment complexes ranging from 25 to 730 units, which offer on-site program activities. Other residents have access to activities in 6 "warm houses" and programming in two community centers and three congregate meal sites and a para-transit transportation service. Program goals include enhancement of community cohesion, increased resident independence, identification of "at risk" elderly and decreased loneliness and isolation of individuals living alone. The non-profit Comprehensive Housing Assistance agency coordinates services in partnership with Jewish Family Services, the LifeBridge Health System, the Jewish Community Center and the Edward A. Myerberg Senior Center. For a small membership fee, residents have access to activity programs, social work services, health education, home repair services and transportation for shopping, medical appointments and recreational activities. Additional funding support is provided by the City of Baltimore, the County of Baltimore, the Harry and Jeanette Weinberg Foundation and the Associated Jewish Community Federation of Baltimore.

## 90AM2612 Naturally Occurring Retirement Communities

Project Period: 08/01/2002 - 04/30/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2002 | 1,263,360    |
| FY 2005 | 220,298      |

Jewish Federation of St. Louis 12 Millstone Campus Drive St. Louis, MO 63146

Contact: Karen Berry-Elbert (314)432-0020

The Jewish Community Center, the Jewish Family and Children's Service and the Washington University Center for Aging are demonstrating a supportive service program for aging in place in a community of 12 St. Louis neighborhoods with high concentrations of older adults. The goal is to promote healthy aging of older adults in their own homes by providing opportunities for meaningful community involvement and increased access to support services. It emphasizes connecting residents to their community by meeting their essential and non-essential needs and offering increased socialization and intellectual opportunities to contribute. Resident councils in each community advise staff teams who coordinate services and programs, including home-maker services, home modifications, minor home repair, case management, social nutrition and access to fitness and health classes. Objectives include: 1) creation of an alternative transportation service for residents to shop and make medical appointments; 2) increasing resident participation in "The Gathering Place" events and activities; 3) offering a 7 week Community Connections for Successful Aging course to train community resident volunteer leadership; 4) exploring concept of an adult children's support group; 5) convening management and owners of complexes to explore potential areas of collaboration and future support; and 6) collaborating with community organizations to perform home repairs. Assessment and performance evaluation studies are being conducted by the Center on Aging at Washington University in St. Louis.

Program: Congressional Mandates

90AM2613 Integrated Comprehensive Service Model in Six Downtown Condominiums

JEWISH FAMILY AND CHILDREN'S SERVICE OF Greater Philadelphia

2100 Arch Street Philadelphia, PA 19103

Contact: Lenore Wasserman (215)496-9700

Project Period: 08/01/2002 - 07/31/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2002 | 196,300      |
| FY 2003 | 245,146      |
| FY 2004 | 196,235      |
| FY 2005 | 293,731      |
|         |              |

The Jewish Family and Children's Service of Greater Philadelphia and its community partners provide psychosocial, spiritual, and medical services to 6 apartment and condo complexes and 5 residential neighborhoods surrounding community centers, with the goal of creating a safe, dignified living environment for adults age 60 and over so that they remain in their homes as long as possible. Five objectives are pursued: 1) to provide comprehensive, coordinate care through interdisciplinary teams providing social services, nursing, chaplaincy, and psychiatry; 2) to provide low-cost, practical interventions such as group lunches and workshops, home maintenance and repair, and support groups; 3) to increase participation of residents through such activities as the recruitment and support of volunteers and transportation; 4) to evaluate the impact of services; and 5) to disseminate information locally and nationwide. An important component of the project is an ongoing evaluation conducted by the Department of Health Policy at Thomas Jefferson University, measuring improvements in the health and wellness of participants.

#### 90AM2620 Elder Abuse Education Program

Project Period: 09/01/2002 - 12/31/2004

| FY      | Grant Amount |
|---------|--------------|
| FY 2002 | 98,700       |

DuPage County Department of Human Resources 421 N. County Farm Road Wheaton, IL 60187-0187

Contact: Mary Lee Tomsa/Mary Persinger (620)682-6924

This demonstration will develop an Elder Abuse Education (EAE) program and deliver it to local professionals. This EAE program will include information on the indicators of elder abuse, the stresses associated with caregiving, the dynamics of "elder domestic violence", and how to report abuse and get help to those at risk. The goal of this project is to provide educational sessions to law enforcement, health care, and senior service professionals in order to increase their knowledge of indicators of elder abuse, neglect, and exploitation, and awareness of intervention options. The major objectives are: 1) to hire and train a qualified Case Manager Coordinator; 2) to develop an education program and materials; 3) to provide 35 educational sessions; and 4) to analyze evaluation survey results to measure the effectiveness of the educational program. The expected outcomes are: trained professionals will show a 70% increased awareness of elder abuse indicators and interventions; and dissemination. The products of this project are a final report; a presentation; a program evaluation and evaluation tools; training materials and handouts; a survey; and a curriculum.

Program: Congressional Mandates

90AM2622 Iowa Seamless Project

IOWA DEPARTMENT OF ELDER AFFAIRS Clemens Building, 3rd Floor 200 10th Street Des Moines, IA 50309-3609

Contact: Greg Anliker

Project Period: 09/01/2002 - 02/28/2006

| FY      | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2002 | 1,480,500           |
| FY 2003 | 980,584             |
| FY 2004 | 981,177             |

This is a 3 year demonstration that will improve the system of home and community based services (HCBS) in lowa. The goal is a consumer-directed, seamless delivery system of community based long-term care options for lowa's consumers. The crux of this grant involves planning and consensus building and the development of a unified information system. Letters of support from the state Medicaid agency and the state Health department document their commitment to work with the State Unit on Aging (SUA) toward a more unified system of services. The objectives are: 1) to design a data management and service delivery system and gain consensus from key partners; 2) to develop reasonable and fair criteria for eligibility and participation in HCBS provided, including fees where appropriate; and 3) to determine rules, regulations, and laws to be revised and/or waived. Outcomes of the project are a data management system that allows better access to programs funded and administered through 3 state departments to elders and their caregivers in lowa; client participation criteria developed for programs funded through the 3 state departments; rules, regulations, and laws identified to be changed and/or waived to improve access and efficiencies for elders and their caregivers, service providers, and government entities; increased personal empowerment and/or family control in planning and directing care; increased consumer and caregiver satisfaction; and a reasonable and fair criteria for eligibility. The products are a final report, an evaluation, and a unified data management information system.

## 90AM2623 F.A.S.T. - Facilitating Access Through Senior Technology

Project Period: 09/01/2002 - 12/31/2004

FY Grant Amount FY 2002 449,085

Area Agency on Aging of West Central Arkansas 905 West Grand Avenue Hot Springs, AR 71913-3491

Contact: Sherial Bradley (501)321-2811

This is a two year seniors computer technology demonstration project. The Area Agency on Aging for West Central Arkansas will work in five rural counties. The goal of the program is to utilize modern technology in this poor, rural, underserved area to improve access to computers, and improve the perception of and deliver services to seniors. Interventions will include the utilization of lap-top computers when performing in-home visits, to gather data and quickly determine eligibility for services. The objectives of this Senior Computer program are: 1) to develop a research plan; 2) to conduct a minimum of three site visits; 3) to utilize information from site visits to formulate specifications for a central database; 4) to put into operation software, lap top/desk top computers, and barcode scanners to provide access to a central database; and 5) to evaluate and disseminate the effectiveness of the project. Outcomes of this Seniors Computer program are: introduction of technology into seniors' homes, resulting in increased information and service accessibility; and the implementation of barcode scanning, eliminating costly and cumbersome paper forms. The products of the Senior Computer project are: a final report; project information and research data; project summary; pre/post research analysis; abstracts for Arkansas Aging Conference; and data questionnaires.

**Program: Congressional Mandates** 

90AM2624 Developing a Universal Kitchen Design

Project Period: 09/30/2002 - 12/31/2004

FY 2002 197,400 FY 2003 294,175

Iowa State University of Science & Technology 2272 Howe Hall, Suite 2620 Ames, IA 50011-0011

Contact: Ronald Cox (515)294-9592

lowa State's intended goal is to aid older persons who want to remain independent by developing a prototype universal design kitchen system of appliances and cabinets. The key evaluation question addressed was whether the refined kitchen could be manufactured at an affordable price for the mass market. It appears that the grantee successfully completed project objectives. A model cabinet system was developed. Focus groups were conducted to test the universal usability of the kitchen prototype and subjects were videotaped to evaluate market appeal. Based on demographic data that indicates women have a longer life span than men, a greater likelihood exists for women to find themselves living alone as they age. Therefore, during year 1, focus groups were composed exclusively of women, age 65 plus. However, during year 2, focus groups were expanded to include both genders, persons of diverse abilities and age groups 20-29, 40-49, and 60 plus. Further, rural and urban residents participated in the project. Data collected was transcribed and analyzed. Consultations were conducted with Maytag Corporation and Bertch Cabinet Manufacturing regarding feasibility of manufacturing a prototype system; assessment of the market appeal of the prototype to consumers and providers; and evaluation of the manufacture of the prototype for a mass market. Partners included community representatives and Progress Industries Foundation. A report was prepared and findings disseminated.

## 90AM2637 Older Adults Intervention Systems (OASIS)

Project Period: 09/30/2003 - 02/28/2005

FY Grant Amount FY 2003 434,119

CATHOLIC CHARITIES OF LOS ANGELES, INC.

PO Box 15095 James M. Wood Blvd.

Los Angeles, CA 90015-0095

Contact: Moeed N. N Khan (818)883-6015

This is a one year Older Adults Intervention Systems (OASIS) demonstration project managed by a faith-based organization at the Guadalupe Community Center in Canoga Park, CA.. The goal of this OASIS project is to implement a multi-pronged approach that is relevant and effective in meeting the social and family needs of older adults and their caregivers, particularly those with limited English proficiency. The objectives of the OASIS demonstration project are: 1) to conduct a needs assessment study; 2) to provide the delivery of direct services; and (3) to establish and implement faith-based outreach teams; 4) to develop a needs assessment survey of providers serving older adults to determine the use and availability of services; 5) to identify the barriers to the use of those services; and 6) to identify gaps and unmet needs in the catchment area. The anticipated outcomes of the OASIS project are: direct service delivery; 500 older adults and their caregivers will be provided information and referral services; and faith-based outreach teams will provide supportive assistance to about 700 older adults. The products of the OASIS program are a final report; and a needs assessment study and survey.

Program: Congressional Mandates

Contact:

90AM2639 Legal Backup/Financial Elder Abuse Attorney Project

Project Period: 09/01/2002 - 12/31/2004

FY 2002 Grant Amount FY 2002 134,232 FY 2003 98,058

COALITION OF WISCONSIN AGING GROUPS 2850 Dairy Drive Suite 100 Madison, WI 53718-6751

(608)224-0606

The Elder Law Center of the Coalition of Wisconsin Aging Groups (CWAG) will support an attorney who will work half-time as a legal backup attorney to reduce existing case loads, and half-time to develop an educational program on financial elder abuse. The objectives of this legal project are: 1) to employ four attorneys who provide legal backup to 75 benefit specialists (paralegals) in 65 Wisconsin counties; 2) to use benefit specialists, partially funded through the Older Americans Act, to represent elderly individuals on issues of public benefits; 3) to coordinate with the benefit specialists; 4) to disseminate information on financial elder abuse; and 5) to set up programs in counties to educate people on prevention and remedies for elder abuse. The anticipated outcomes of this legal program are: a reduction of existing case loads; a new educational program on financial elder abuse; four attorneys for legal backup; 75 benefit specialist (paralegals) to represent the elderly; legal assistance in 65 counties; dissemination of financial elder abuse cases; prevention and remedies for elder abuse; and an educational program on financial elder abuse.

# 90AM2665 SOS Nutrition Project: MNT and Therapeutic Meals for Homebound Seniors with Three Chronic Diagnoses

Project Period: 09/30/2002 - 08/15/2006

FY 2002 Grant Amount FY 2002 927,973 FY 2004 686,049

MECKLENBURG COUNTY DEPARTMENT OF SOCIAL SERVICES 301 Billingsly Road Charlotte, NC 28211-8211

Contact: Carol Baker (704)336-3258

The grantee, the Mecklenburg County Department of Social Services, supports this clinical trial of community-based medical nutrition therapy (MNT), in collaboration with the University of North Carolina Charlotte. Medical nutrition therapy is a benefit under Medicare that provides nutrition counseling for specific diseases, diabetes and renal disease. There is interest from Congress and the medical profession to also cover cardiovascular disease, specifically hypertension and dyslipidemia. The goal of this grant is to test two different community interventions associated with medical nutrition therapy. Project A is a controlled, randomized clinical trial with the goal of determining the efficacy/cost-effectiveness of medical nutrition therapy and therapeutic meals for homebound seniors with hypertension and dyslipidemia. Project B is a feasibility/demonstration project for the provision of Medicare reimbursed medical nutrition therapy and therapeutic meals to homebound seniors diagnosed with pre-end stage renal disease and/or diabetes. Project B will demonstrate how public social service agencies can establish and manage this Medicare funded service and demonstrate the ability of the aging network to integrate social and medical services. The evaluation of Project A will be an analysis of change in serum cholesterol and blood pressure, changes in food and nutrient intake, and cost-effectiveness. The evaluation of Project B will be a process evaluation for the implementation of medical nutrition therapy and therapeutic meals in the community. The expected outcomes of the two projects are improved community-based nutrition service interventions for older adults. Products are: a final report; an evaluation for Projects A and B; presentations at conferences, publications in peer-reviewed journals; and a "How-To" manual for the aging network.

Program: Congressional Mandates

90AM2726 Seniors Parenting Again Program

Project Period: 09/01/2003 - 07/01/2006

FY Grant Amount FY 2003 220,631

METROPOLITAN FAMILY SERVICES 14 E. Jackson Blvd., Suite 1400 Chicago, IL 60604

Contact: Colleen M Jones (312)986-4135

Metropolitan Family Services proposes a one-year community-based program for low to moderate income seniors who are primary caregivers for children and adolescents. This office and home-based program will be located on the south side of Chicago, Illinois and target older adult residents of the Roseland, Pullman, West Pullman, Washington Heights, Morgan Park and Riverdale communities. The goal of the Seniors Parenting Again Program is to increase the capacity of senior caregivers to cope with their "parenting again" responsibilities. Program objectives are to: 1) reduce stress, depression, and anxiety, and 2) increase general well being of caregivers raising children and adolescents. Products will include: family stabilization plans for senior parenting families; a senior parenting resource guide tailored to the specific communities in which families live; assessment tools, and evaluation tools. Products will be disseminated to the State, service providers, and seniors in the community.

## 90AM2727 Development of a National Data Collection System for Improving at the End of Life

Project Period: 09/01/2003 - 08/31/2005

FY Grant Amount FY 2003 245,146

THE CAROLINAS CENTER FOR HOSPICE AND END OF LIFE CARE 2400 Weston Parkway

Cary, NC 27513

Contact: Larry Smith (919)677-4115

The Carolinas Center for Hospice and End of Life Care will conduct a 3-year project to gather and report data on the experience of death and dying. The goal is to develop an accessible database of measures that provides actionable information for healthcare providers, community service providers, health services researchers, and state policy makers. Data elements that currently exist in several databases will be obtained for the new dataset and we will partner with state centers for health statistics and/or academic research centers to collect new measures via ongoing data collection efforts. The primary outcome will be an accessible dataset hosted on the Internet by The National Hospice and Palliative Care Organization. Products will include complete data for North and South Carolina and a procedure manual for other states to collect and contribute data to the dataset. The products will be disseminated via newsletters, journal articles, professional conferences, and the Internet.

Program: Congressional Mandates

90AM2728 Creating a Seamless System of Care for Iowa's Aging Population

Project Period: 09/01/2003 - 01/31/2006

FY Grant Amount FY 2003 481,078

DES MOINES UNIVERSITY 3200 Grand Avenue Des Moines, IA 50312-0312

Contact: Alice Breemer (515)271-1657

The two primary purposes for this grant are: 1) to support the development of a comprehensive repository of information about lowa's aging population; and 2) to create a web-based educational program for caregivers who provide daily services to lowa's aging population. The curriculum of this training will be based on the needs profiled from the data repository. Two of the products resulting from this project will include: 1) a data warehouse, in which numerous databases containing information on the health care needs of older lowans are stored and integrated; and 2) a web-based training program, for caregivers providing daily services for older lowans. The availability of these products will be disseminated to all organizations participating in the project and to interested organizations outside of lowa.

#### 90AM2729 Caregiver Resource Center - Fountain Square

Project Period: 09/01/2003 - 08/31/2006

| FY      | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2003 | 196,117             |
| FY 2004 | 152,082             |
| FY 2005 | 313,313             |

UNIVERSITY OF INDIANAPOLIS 1400 East Hanna Avenue Indianapolis, IN 46227

**Contact: Connie Beran** 

Caring for a loved one who is suffering from dementia, Alzheimer's, or any number of debilitating conditions or diseases is a labor of love. The Center for Aging and Community at the University of Indianapolis will create the Indianapolis Caregivers Resource Center-Fountain Square (ICRC-FS). ICRC-FS will provide holistic resources and support services to individuals and families assuming a caregiver role. Partnering with other community organizations in the southeast-side Indianapolis urban neighborhood of Fountain Square, ICRC-FS will identify caregivers in need of support and provide services to meet those needs. The overall objective of this ongoing program is to provide needed tools of intervention for caregivers in Fountain Square by involving and engaging multiple community organizations. Outcomes include increased knowledge of care and community resources, coping skills, the importance of self-care, and avoiding burnout; and decreased self-reported incidences of caregiver burnout and elderly mistreatment (self-neglect, abuse, and exploitation).

Program: Congressional Mandates

90AM2730 Senior Center Healthcare Coordinator Program

CITY OF ST. LOUIS
Department of Human Services
634 N. Grand - Seventh Floor
St. Louis, MO 63103

Contact: David P. P Sykora

Project Period: 09/01/2003 - 02/28/2007

|         | Grant Amount |
|---------|--------------|
| FY 2003 | 147,088      |
|         |              |

The St. Louis Area Agency on Aging (AAA) will develop and implement a Senior Center Healthcare Coordinator Program that will create an organized system of health, wellness and nutrition programs, as well as medical and information services to improve the quality of life for seniors living in the City of St. Louis. The program's objectives are: 1) to increase the knowledge and understanding of healthcare issues by senior citizens; 2) to enhance the community services provided by senior centers; 3) to develop a supportive referral network; and 4) to provide community healthcare related education programs. The anticipated outcomes include: increased wellness of seniors; increased usage of healthcare providers; and improved ability of seniors to manage their own healthcare. The program will incorporate a recommended care plan, and a resource data bank. Upon completion of the 12-month project, information will be disseminated to partners, universities, community organizations and Area Agencies on Aging. The products are a final report; evaluation tools; assessment tools; and manuscripts.

#### 90AM2734 Southcare Home Services

Project Period: 09/01/2003 - 08/31/2007

|         | Grant Amount |
|---------|--------------|
| FY 2003 | 490,292      |
| FY 2005 | 24,478       |

SOUTHCARE NURSING CENTER INC.

PO Box 967

Glenside, PA 19038-0513

Contact: David Dobson (215)205-1754

Southcare Home Service (SHS) will demonstrate an innovative model of home-based care for the elderly, focused on enhancing health, safety and quality of life for frail, isolated seniors, while lowering the cost and facilitating consumer-directed care. The project will emphasize highly targeted nutritional and home safety interventions that will significantly reduce the risk of nursing home placement and costly hospital stays. SHS will provide an integrated "umbrella" program including: 1) home delivered meals and nutritional counseling and support focused on reducing obesity and diabetic problems; 2) non-medical homemaker and companion services, as well as respite for caregivers; 3) handyman services for minor home repairs, safety modifications, and general life safety maintenance of owner occupied housing; and 4) transportation to aid in the prevention of medical and nutritional problems. The project is expected to demonstrate an innovative model of service delivery, which will reduce the cost of services. In addition, it also will demonstrate opportunities for senior employment, volunteerism, and activity to improve the quality of life.

Program: Congressional Mandates

90AM2735 NORC Demonstration -- Chicago

Project Period: 09/01/2003 - 09/30/2007

| 01100: 00/01/2000 00/00 |              |
|-------------------------|--------------|
| FY                      | Grant Amount |
| FY 2003                 | 245,146      |
| FY 2004                 | 98,118       |
| FY 2005                 | 146.866      |

JEWISH FEDERATION OF METROPOLITAN CHICAGO
One South Franklin Street

Chicago, IL 60606-0606

Contact: Donna Puzzuto (312)357-4944

The Jewish Federation of Metropolitan Chicago, through its affiliate, the Council for Jewish Elderly, is conducting a demonstration of supportive services for seniors aging in place in two communities. One is in a condo neighborhood on the north side of the City of Chicago and the second is in a condo complex in a Southside Chicago suburb. The program goals are to: (1) enhance the ability of seniors in the targeted Naturally Occurring Retirement Community (NORC) buildings to continue living independently in the community through increased access to needed supportive services; (2) enhance healthy aging for older adults through NORC services, programs and community involvement; and (3) establish a framework that will facilitate senior's use of the services/programs and sustain their involvement. The project objectives are: (1) create a project infrastructure; (2) select NORC sites; (3) develop connections with community, social and recreational service providers; (3) establish relationship with building residents and assess needs; (5) provide on-site service provision; (6) enhance program through continual assessment, evaluation and collaboration with local community organizations; and (7) disseminate information about the program. Anticipated outcomes at the time of project completion are: (1) 80 percent of NORC residents surveyed will indicate that their awareness of an ability to access services and programs has increased; (2) 80 percent of NORC residents will indicate that their knowledge of aging issues has increased; and (3) 70 percent of NORC residents will indicate that they perceive an opportunity for expanded involvement in their building community and the community at large. Program products include presentations at local, state and national organizations; a monthly calendar and a quarterly newsletter for resident participants; web pages, and a final report that includes data and analysis of resident assessment and program impact evaluation.

#### 90AM2736 NORC Continuation Grant

Project Period: 09/01/2003 - 02/28/2007

|         | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2003 | 490,292             |
| FY 2004 | 245,294             |
| FY 2005 | 97,910              |

GREATER MIAMI JEWISH FEDERATION 4200 Biscayne Blvd. Miami, FL 33137-3279

Contact: Michael Winograd (305)576-4000

The Greater Miami Jewish Federation, along with the Jewish Federations of Broward County, South Palm Beach County and Palm Beach, are conducting a demonstration of the provision of services and activities in five age-restricted residential communities in four counties in Southeastern Florida. The goal is to increase resident access to services, which improve their quality of life and enable them to function more effectively in their homes, thereby reducing the need for extended institutional long term care. Objectives include: 1) establishment of agreements and working relationships with apartment and condominium management agencies and boards for on-site location of staff and creation of program services and activities; 2) assessment of resident needs and priorities for group activities and individual services; 3) planning and delivery of activities and services for each program site; 4) expansion and use neighborhood councils to promote information about services and assist in outreach; 5) recruitment, training and support of volunteers to assist residents; 6) evaluation of program implementation and resident involvement; and 7) dissemination of program findings and achievements. Anticipated program outcomes include: 1) a demonstration that neighborhood organization of services reaches more people and is more efficient than existing and traditional forms of service delivery; 2) a demonstration that community support and involvement improves access and utilization of services; and 3) increased community and resident awareness of the availability and value of aging in place services and activities. Anticipated products include information materials and a final report.

**Program: Congressional Mandates** 

90AM2738 Las Vegas Senior Lifeline

Project Period: 09/01/2003 - 08/31/2006

|         | Grant Amount |
|---------|--------------|
| FY 2003 | 637,380      |
| FY 2005 | 244,776      |

Jewish Federation of Las Vegas 2317 Renaissance Drive Las Vegas, NV 89119

Contact: Beth Miller (702)732-0556

The Jewish Federation of Las Vegas and its partners are conducting a project demonstration creating a supportive service program for older adults aging in place in Las Vegas neighborhoods. The goal of the project is to provide senior citizens the necessary tools and support systems to continue living an independent lifestyle in their own homes with an increased quality of life as they age in place. Service components include congregate and delivered meals, medical prescription and supplies, homemaker services, transportation, environmental home improvement, and home technology. Objectives are: 1) to improve the quality and direction of services being delivered in the key areas of component services; and 2) to compile, evaluate and disseminate information about the development and the effectiveness of Las Vegas Senior Lifeline. Anticipated outcomes are: 1) a network of services for older adults; and 2) identification and evaluation of cost effective high tech resources which contribute to seniors remaining in their own home. Key partners are the United Way of Southern Nevada, Catholic Charities of Southern Nevada, the University of Nevada at Las Vegas, Intel Corporation, Nevada State Department of Aging, and the Regional Transportation Authority. Anticipated products include assessment and evaluation tools, web pages, and a final report.

## 90AM2739 Supportive Communities

Project Period: 09/01/2003 - 10/31/2007

|         | Grant Amount |
|---------|--------------|
| FY 2003 | 441,263      |
| FY 2005 | 489,552      |

JEWISH FEDERATION OF METROPOLITAN DETROIT 6735 Telegraph Road Bloomfield Hills, MI 48301

Contact: Perry Oren (248)642-4260

The Jewish Federation of Metropolitan Detroit's Commission on Jewish Eldercare Services (COJES) is conducting a demonstration of supportive services to older adults aging in place in the suburban communities of Oak Park and Southfield, Michigan. The project goal is to develop programming in Naturally Occurring Retirement Communities (NORCs) which will: 1) enable older adults to age in place; 2) enhance their quality of life; and 3) involve older adults in and strengthen their community. Major objectives: 1) maintain a team of professional staff and partnership agencies to provide supportive services; 2) empower older adult residents through resident councils, volunteer opportunities and community events; 3) develop and maintain neighborhood partnerships and collaborations; 4) develop intergenerational and older adult programming activities; 5) provide social services and link older residents to community resources; 5) provide transportation services; 6) explore and develop new programming; and 6) evaluate and disseminate information about the program to local and national audiences. Measurable outcomes include: 1) increased ability of older adults to live in their own homes through access and use of services; 2) increased engagement of non-senior community residents with older adult neighbors; and 3) increased involvement of older adults in their community; 4) non-senior community residents more involved, providing more supports for older residents; and 6) the latter group more involved & contributing to the community. The plan is to create a replicable model, conduct formal evaluation with AoA and NORC grantees & disseminate results to community groups seeking ways to support older adults to remain in the community.

**Program: Congressional Mandates** 

90AM2740 Atlanta NORC Demonstration Projects

Project Period: 09/01/2003 - 12/31/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 98,058       |
| FY 2004 | 73,588       |
| FY 2005 | 97,910       |

JEWISH FEDERATION OF GREATER ALTANTA, INC. 1440 Spring Street, NW Atlanta, GA 30309

Contact: Deborah Akstein (404)873-1661

The Jewish Federation of Greater Atlanta, together with a coalition of community, state, and county partners, is conducting a supportive service demonstration to meet the needs of communities in Greater Atlanta and Savannah, Georgia, which have high concentrations of older adults living in their homes. The project's goal is to build the capacity of older adults to age in place and the community's capacity to support them in this process. The project is working in four sites in Atlanta, three with disproportionately high percentage of older adults over the age of 85, and one with a high percentage of older adults living below the poverty line. Major objectives are: 1) building individual capacity to age at home through addressing service provision and environmental issues; 2) building neighborhood capacity to support aging at home through support networks and a neighborhood advisory council; and 3) building a more "elder friendly" community through working with organization, businesses and religious institutions to more effectively service older adults. Anticipated outcomes are: 1) an assessment of the needs and resources of older adults in each community; 2) an identification of service gaps and establishment of new initiatives to meet them; 3) neighborhood institutions with a better understanding of their older adult consumers' needs; and 4) new partnerships and volunteer opportunities that address the needs of older adults. The project will share its best practices and evaluation findings being conducted by Georgia State University with local, state and national audiences.

# 90AM2741 AgeWell - Promoting Senior Independence Through Community NORC Interventions

Project Period: 08/01/2003 - 07/31/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 245,146      |
| FY 2004 | 245,294      |
| FY 2005 | 97,910       |

UNITED JEWISH FEDERATION OF GREATER PITTSBURGH 234 McKee Place
Pittsburgh, PA 15213

Contact: Alexis Mancuso (412)992-5544

The United Jewish Federation of Pittsburgh and its partners, the Jewish Association on Aging, the Jewish Community Center of Greater Pittsburgh, and the Jewish Family and Children's Service, are conducting a four year demonstration project of service delivery to older adults aging in place in selected census tract neighborhoods of Pittsburgh. The program goal is to assure that older adults and their families are aware of, and have access to all available programs and services that will help older adults remain independent and safe for as long as possible in their own homes. Project objectives are: 1) assess the needs for supportive services of at risk older residents; 2) provide support for caregivers of frail older adults; 3) strengthen the capacity and relationships between program partners; 4) support service access activities including case management and information referral services; and 5) evaluate and disseminates information about the program. Anticipated outcomes include: 1) older adults and their families will demonstrate a high degree of awareness of available services and the ability to access them; and 2) the AgeWell model will be expanded, improved and marketed to the public as a virtual seamless program of services and not as a collaborative effort of different agencies. Products will include development of materials for presentation to local organizations, government agencies, foundations and national professional organizations; a final report of care teams; and continued work with Unicentric to enhance the database and system reporting capabilities.

Program: Congressional Mandates

**90AM2742** Comprehensive Approach to Aging in Place (CAP)

Project Period: 09/01/2003 - 08/31/2007

|         | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2003 | 1,176,701           |
| FY 2005 | 979,104             |

JEWISH FEDERATION OF GREATER WASHINGTON 6101 Montrose Road Rockville, MD 20852

Contact: Beth Shapiro (301)230-7200

The Jewish Federation of Washington and its community partners are conducting a multi-year demonstration program of supportive services to older residents aging in place in suburban apts. & condominiums. Goals: help seniors age 60 and over cope with daily activities; feel personally safe; engage in social, educational & recreational activities; and ensure access & availability of wellness services, enabling independent living in their own homes as long as feasible. Objectives include: 1) develop and implement services and supports for seniors in accordance with the program goal, and transitioning into a fee for service model; 2) recruit and train intergenerational volunteers to provide support to senior neighbors; 3) reach out to residents of Naturally Occurring Retirement Communities to promote programs and services, provide information/referrals, and address neighborhood issues impacting quality of life; 4) involve community organizations and landlords in support and participation with seniors; 5) provide transportation to increase independence and community engagement; and 6) evaluate program components and their impact on participants & disseminate findings to local, state & national audiences. Anticipated outcomes: 1) improved availability and effectiveness of necessary and desired services for seniors living in targeted residential buildings; 2) identification of the value seniors place on for fee services; and 3) determination of the value landlords & management companies place on ensuring tenant stability through customized service provision. The Research Institute on Aging of the Hebrew Home of Greater Washington conducted a formal needs assessment of older residents in five apartments in Silver Spring and Rockville, MD. This information& data has been used to develop programming and modify delivery of services, and will be used to evaluate the impact of programming on the behavior and perceived changes in participant quality of life.

#### 90AM2743 Older Communities in Transition

Project Period: 09/01/2003 - 06/30/2007

|         | <b>Grant Amount</b> |
|---------|---------------------|
| FY 2003 | 490,292             |
| FY 2005 | 636,418             |

JEWISH FAMILY SERVICES OF LOS ANGELES 6505 Wilshire Blvd., Suite 500 Los Angeles, CA 90048

Contact: Llda Soulikhan (323)761-8800

The Living Independently in a Friendly Environment program gives older adults the resources and support needed to remain independent in their community as they age in place. The program was initiated with support of an AoA earmark FY2003 grant and continues its implementation objectives, which are: 1) collaborating with other service providers to enhance existing services and build new ones; 2) increasing access to services; and 3) disseminating information to increase community awareness and support of aging adults. The program is being implemented in two geographically defined urban communities within the greater Los Angeles area, each with very different cultural and residential profiles. The City of West Hollywood includes 6,400 older adults 65 years and older. While predominately white, more than half of 882 responding to an assessment speak Russian as their primary language. The apartment community of Park La Brea includes 1,500 older persons age 65 and older. Also predominately white, less than 25% of Park La Brea elderly who responded to an assessment indicated they spoke Russian, and less than 2 percent spoke it as a primary language. Program implementation stresses a proactive approach to empowering seniors to become decision makers in their communities, with emphasis on their involvement in program planning, implementation and volunteer support of services. The program offers a "basket of services" to enrollees, that includes educational programs and brochures, health and wellness activities, information and referral, socialization/recreational activities, transportation, volunteer programs, fall prevention programs, outreach to homebound and underserved populations, and home safety assistance. Evaluation of program outcomes is being conducted by the University of Southern California. Targeted outcomes: decreased isolation, increased home safety, increased access to healthcare, and creation of more integrated service delivery systems.

**Program: Congressional Mandates** 

90AM2744 St. Louis Park: A Nurturing Community for Seniors

JEWISH FAMILY AND CHILDREN'S SERVICES OF MINNEAPOLIS 13100 Wayzata Blvd., Suite 400 Minnetonka, MN 55305

Contact: Annette Sandler (952)546-0616

Project Period: 09/01/2003 - 02/28/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 833,497      |
| FY 2005 | 97,910       |

The Jewish Family and Children's Service of Minneapolis and its 13 organizational partners are conducting a demonstration of supportive services and activities for older residents of two suburbs and a county adjacent to the City of Minneapolis - the Cities of St. Louis Park and Hopkins and Carver County, Minnesota. The project goal is to create an environment that nurtures healthy aging and helps older adults remain independent for as long as possible in their own homes with the activities and services they need to be healthy, safe, engaged citizens. Current project objectives are to: 1) reach out to isolated seniors in need of community support; 2) enhance information and referral through education and technology; 3) encourage and support intergenerational special projects; 4) create and encourage a self-sustain service program model; 5) evaluate program outcomes; and 6) write a replication guide. Measurable outcomes are: 1) data from a community survey measuring participant involvement and outcomes; 2) completion of a replication guide; 3) documentation of coordinated and enhanced resources for seniors; 4) numbers of isolated seniors connected to activities and services; 5) operation of intergenerational special project; and 6) identification and engagement of community stakeholders to assume responsibility for sustaining program activity after federal funding. The project focuses on health, safety and personal engagement as the pivotal areas that will prevent premature institutional placement, and targets the most isolated residents, while involving the whole community.

90AM2747 Technology Supported Health Promotions for Community Based Seniors: Healthy Town

Project Period: 09/30/2003 - 06/30/2007

FY Grant Amount FY 2003 490,221 FY 2005 244,775

VISITING NURSE ASSOCIATION HEALTHCARE PARTNERS OF OHIO 2500 East 22nd Street Cleveland, OH 44115-3204

Contact: Shelia Niles,R.N.,MSN

The Visiting Nurse Association Healthcare Partners of Ohio, in collaboration with the University of Akron and three Ohio Area Agencies on Aging, will conduct a 17-month community-based program for older adults. The goal of the project is to deliver health promotion/disease prevention interventions to 800 older adults who reside in a 13-county target area in Ohio. Outreach workers will conduct interventions using innovative software on laptop computers. Participants will be screened for adherence to disease prevention guidelines and risks related to mental health, falls, nutrition and injury. Expected outcomes include: improved prevention behaviors by individual participants, comprehensive prevention health planning for the regional target age group, and the development of a standardized intervention. Evaluation will include a follow-up survey conducted by University of Akron researchers. The intervention software, final report, manuscripts for publication and web page information will be made available to direct service organizations and Area Agencies on Aging.

Program: Congressional Mandates

90AM2749 Senior Wellness

Project Period: 09/01/2003 - 08/31/2005

FY Grant Amount FY 2003 98,058

CHAMPIONS FOR CHANGE 3200 Flossmoor Road, P.O. Box 427 Flossmoor, IL 60422

Contact: Samuel Hinkle (708)957-9555

CHAMPIONS FOR CHANGE will initiate a Senior Wellness Program in Fall 2003 for seniors residing in south suburban Chicago communities. The program will be housed in a new multipurpose complex in Olympia Fields, Illinois. Several programs highlighting wellness will be offered for 50-60 seniors, in collaboration with Governor's State University (University Park, Illinois) Department of Health Services. The primary goal of the program is to enhance social service options for seniors in south Cook County. Activities will include recreation, social outings, health/safety seminars, physical fitness, mentoring programs for youth, nutrition planning, health screenings and monitoring. Seniors will also participate in a community theater group and will be responsible for an annual drama production. Another feature of the program will be the Grammpie Buddy Bear Club, which will involve daily interactions between seniors and preschoolers at a childcare center housed in the same facility.

90AM2750 Florida's Minority Elders: An Assessment of Physical and Mental Health Service Needs

#### UNIVERSITY OF SOUTH FLORIDA

Division of Research Grants

4202 E. Fowler Avenue, FAO 126

Tampa, FL 33670-7900 Contact: Kathryn Hyer Project Period: 09/30/2003 - 12/31/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 392,234      |
| FY 2005 | 979,104      |

Disparities in the health and service utilization patterns of ethnic minority groups are evident in the research literature. Policymakers, however, lack data on the key indictors of physical and mental health needs and the barriers to services faced by these elders. The current project will address this problem by collecting such data through a survey of a representative sample of older African Americans, Cubans, other Hispanics, and Caucasians. A carefully designed, culturally appropriated instrument will be used to conduct telephone interviews (in English and Spanish) with a sample of 2600 respondents (650 of each group). Data collected from the participants will be used to identify differences between ethnic groups and subgroups, physical and mental health disparities, and service needs and barriers to services. The results will be disseminated to government agencies, organizations, academics, and the public through reports. The findings will be used to develop policies and practices that reduce gaps between health and long-term care needs and services, which will begin to ameliorate disparities of health status among elderly in different ethnic minority populations. As the first step in the development of a minority aging program involving five Florida universities (USF, FSU, UF, FM, and FMU), this project will be used to create an agenda for the program, including additional research, policy analyses, and development of public education initiatives to be conducted in the coming years.

Program: Congressional Mandates

90AM2769 Center for Gerontological Studies at Northern Michigan University

Project Period: 09/30/2003 - 03/30/2005

FY Grant Amount FY 2003 196,117

NORTHERN MICHIGAN UNIVERSITY 1401 Presque Isle Avenue Marquette, MI 49855

Contact: Patricia K Cianciolo

Northern Michigan University will establish a Center for Gerontological Studies. The goal is to combine research, educational programming, and collaboration with community service providers, as a means to benefit older adults in the rural Upper Peninsula. The Center's objectives are: 1) to promote interest in careers in aging; 2) to stimulate faculty research on rural aging; 3) to provide opportunities for education and collaboration with community service providers and professionals; and 4) to inform public policy about the needs of rural older adults. Expected outcomes are: 1) to establish the Center as a model for rural Center development; 2) to provide data from a needs assessment; 3) to partner with community providers and establish gerontology institutes to initiate joint projects for future funding; 4) to make presentations; and 5) to produce publications. Products will be disseminated to service providers, elected officials, educational institutions, AoA and the gerontology field at large.

# 90AM2775 Senior Rx Program for Dale County, Alabama

Project Period: 09/30/2003 - 09/29/2006

FY Grant Amount FY 2003 39,223

DALE COUNTY COMMISSION 202 Highway 123 South Suite C Ozark, AL 36360

Contact: Julie Jones (334)774-6025

The goal of this Dale County proposal is to use the program to assist Senior Citizens, who live within the ten municipalities in Dale County, to obtain free medications or pay a lower price for their prescriptions. There are seven counties (Barbour, Coffee, Covington, Dale, Geneva, Henry and Houston) participating in this program. The objectives are: 1) to accept applications to employ 4 to 5 employees; and 2) to conduct two training seminars in order for the employees to be qualified to process the applications for the applicants. The applicants will be given a full description of the program by radio, television, telephone, etc. The program will be managed by Julie Jones, (Clerk/Supervisor) who is employed by Dale County Commission, and also has worked with the elderly on different programs for over seventeen years. The number of clients processed daily and other information will be kept on file. Within the seven counties, results of the program will be shared quarterly at our Southern Alabama Regional Council On Aging/Area Agency meetings. Work Plans Daily will be filled out and followed. The overall Senior Rx Program is to assist low income elderly persons with their prescription drugs.

Program: Congressional Mandates

90AM2818 New Mexico NORC Project

JEWISH FAMILY SERVICE 5520 Wyoming Blvd., NE, Suite 200 Albuquerque, NM 87109

Contact: Arthur Fine (505)291-1818

Project Period: 09/01/2003 - 08/31/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 514,984      |
| FY 2005 | 489,552      |

The Jewish Family Service in Albuquerque is conducting a three year demonstration project of supportive services programs for older adults aging in place in four urban, suburban and rural communities in New Mexico. The project goal is to enhance physical and emotional well-being through social, educational, and health related services identified with community partners and community residents. The project objectives are to: 1) develop and sustain collaborative partnerships with neighborhood associations, housing facilities, for and not-for profit organizations, and with state and local government agencies; 2) implement project in four locations, which include three rent supported apartments in Albuquerque, a 250 unity condominium in the nearby town of Rio Rancho, a 250 home single family housing development in Albuquerque, and the rural isolated community of Ft. Sumner; 3) implement enhanced homemaker/housekeeper and handyman services; 4) develop on-site mental health counseling services; 5) enhance on-site fitness programming to minimalize fall-related injuries; 6) create a recognizable name for the program which includes outreach, case management and services; and 7) evaluate and disseminate information that measures changes in participant's health behaviors and emotional well- being and the quality of service delivery. Periodic assessments of service and activity participants are conducted to determine quality and effectiveness in meeting project objectives and the goal of enhancing physical and emotional well-being. Project progress, results and lessons learned will be distributed to local, state and national audiences, including the New Mexico state legislature and Department of Aging and Long-Term Care Services.

#### 90AM2832 New York Summit on Elder Abuse

LIFESPAN of Greater Rochester - Rochester, NY Elder Abuse Prevention Program 1900 South Clinton Avenue Rochester, NY 14618

Contact: Karen M Grella (585)244-8400 143

Project Period: 04/01/2004 - 03/31/2005

Project Period: 09/01/2004 - 08/31/2006

Grant Amount

735,883

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 98,118       |

Lifespan will convene the first New York State Summit on Elder Abuse on May 10-12, 2004, in Albany, New York. The goal is for 80 to 100 participants to develop a range of recommendations designed to address the problem of elder abuse in New York State. Invited participants include representatives from government, direct service providers, academia, health care, law enforcement, and legal and financial services providers. The objective is to raise awareness about elder abuse and to begin planning for a possible statewide elder abuse prevalence study. The products will be the creation of a New York State Coalition on Elder Abuse and a Summit Report, Action Agenda, and "white paper," which will be disseminated broadly to guide future efforts.

Program: Congressional Mandates

90AM2833 A Demonstration Project to Increase Access to Social Services by Indian Elders

NATIONAL INDIAN COUNCIL ON AGING Administration 10501 Montgomery Blvd, NE

Albuquerque, NM 87111

Contact: Traci McClellan (505)292-2001

The primary goal of the National Indian Council on Aging's (NICOA) Washington State Demonstration Project is to increase the number of Indian elders who access needed health and social services (including Veterans benefits) in the State of Washington. Providing individualized training and support to members of Indian communities to enable them to identify, contact and effectively assist elders in obtaining benefits, has the potential to simultaneously address many of the barriers faced. This strategy will allow needs identification and responses to be customized for each community, acknowledging that generalized training and service approaches are often limited in addressing the unique sets of needs and behaviors of individual tribes. Although the proposed demonstration project is only for the state of Washington, NICOA expects that the methods and strategies developed, tested and documented through this project can be replicated by American Indian and Alaska Native tribes nationally.

## 90AM2835 Naturally Occurring Retirement Community Targeting Riviera and Warwick Facilities

Project Period: 09/01/2004 - 06/30/2006

FY Grant Amount FY 2004 122,647

Jewish Federation of Atlantic & Cape May Counties 501 N. Jerome Avenue Margate, NJ 08402

Contact: David Nussbaum (609)822-4404

Jewish Federation of Atlantic and Cape May Counties in New Jersey will conduct a 17 month demonstration of social, health and case management service delivery to older adult residents of two apartment buildings on the Southern edge of Atlantic City, New Jersey. Nearly 60% of the residents of the Riviera Apartments and Warwick Condominiums are age 60. Many of them were displaced in their 40's and 50's with the expansion of gambling casinos. The project will include partnership with the Atlantic County's Office of Aging, Jewish Family Service, Beron Jewish Older Adult Services, Seashore Gardens Living Center and the Jewish Community Center, with the guidance of a governing council. To attain its goals of sustaining resident functioning, increasing socialization, and community tenure, the project will organize residents and provide support for addressing their social, medical and emotional issues. A care coordinator will serve as a focal point for provider access, and staff the governing council consisting of residents (as majority members) and representatives of partnering organizations. Recreational, meal and other community services will be provided in the neighborhood community center. Chore, emergency homecare, home delivered meals and visiting nurse services will be delivered in the residences by professionals and a cadre of volunteers. Special attention will be given to care management of resident's transition home following a hospitalization. Evaluation activities will focus on ten areas of functioning, on the monitoring of medical hospitalizations and community tenure, and tracking connectedness of residents with respect to volunteer and recreational activities.

Program: Congressional Mandates

90AM2836 Independence for Seniors

Project Period: 09/01/2004 - 10/31/2006

FY Grant Amount FY 2004 196,235

Jewish Family Services, Inc. 6718 Patterson Avenue Richmond, VA 23226-3914

Contact: Larry D Jackson (804)282-5644

Jewish Family Services, Inc. of Richmond, Virginia and its collaborative agencies, Commonwealth Catholic Charities and Richmond Better Housing Coalition, will conduct a 17 month demonstration project of services to low and fixed income older adults in two Richmond neighborhoods in order to keep them independent and healthy in their own homes, as long as possible. A third site, in Southwestern Virginia (Roanoke), will be included in project activities through affiliation with Commonwealth Catholic Charities. In all sites, the goal of maintaining independence will be met by integrating social services, socialization and educational activities, and health and wellness in the daily lives of residents. Key elements of the project include outreach and involvement of residents and management stakeholders, and formation of resident advisory boards at each site. They will help project staff conduct and interpret needs assessment surveys of residents to identify priority, resident specific services, which are expected to include case management, bill paying, transportation, in-home care, heath and wellness activities, and educational and recreational activities promoting socialization.

## 90AM2837 Naturally Occurring Retirement Community Tidewater Demonstration Project

Project Period: 09/01/2004 - 10/31/2007

FY Grant Amount FY 2004 171,705

Project Period: 09/01/2004 - 08/31/2006

Grant Amount

196,235

Jewish Family Service of Tidewater, Inc.

260 Grayson Rd

Virginia Beach, VA 23462

Contact: Betty Ann Levy (754)893-111

Jewish Family Service of Tidewater of Norfolk, Virginia, and its partnership agencies, the Jewish Community Center of South Hampton Roads and Senior Services of Southeastern Virginia, will conduct a 17 month demonstration project of services to isolated older residents in two apartment complexes in Norfolk and Virginia Beach, Virginia. A 2003 study of elderly in the Tidewater region revealed over 10,000 with a self-care disability and 15,000 elderly over age 75 living alone. Analysis of these findings revealed a number of locations with unusually high concentrations of profiled adults with limited access to community services, accentuated by language and cultural differences. Based on the experience of work with subsidized apartments and lessons from other urban NORC (Naturally Occurring Retirement Communities) programs, this project will work with community service providers, property owners, businesses and other neighborhood residents to bring social, health care and recreational services to the residents of Colony Point in Norfolk and Old Donation in Virginia Beach. Guidance for development of programs in each facility will be given by community advisory committees, including representation of residents and collaborating agencies and organizations. One of the key partnerships is with the local Area Agency on Aging for expanded transportation services - both for instrumental needs, such as grocery shopping and medical appointments, and to reach community activity centers. Volunteers will be recruited from residents and neighbors to strengthen intergenerational ties, while providing services.

Program: Congressional Mandates

**90AM2838** A Caring Approach to a Commonplace Continuum: Aging in Place in the Suburbs of New Jersey

United Jewish Communities of MetroWest, New Jersey Planning Program Services 901 Route 10

Whippany, NJ 07981

Contact: Diane Klein (973)929-3094

United Jewish Communities of MetroWest New Jersey will conduct a 12 month demonstration project in community organization, service coordination and service provision for well and frail elderly in a section of suburban Parsippany, New Jersey, with the goal of maximizing their independence and having them remain in their own homes as long as possible. The project will be a testing ground for a suburban services model of supportive services in Naturally Occurring Retirement Communities developed in urban settings. The challenge for addressing older adults in suburban areas, in terms of structuring community building and integrated service delivery, is their critical mass. This project borders 5 census tracts, and is 4 miles long and 2 miles wide. This includes approximately 1,150 adults age 75 and older, with varying levels of disability, income and English speaking ability. Metro-West will work with the Morris County Division on Aging and the Parsippany Department of Human Services, with local service providers, and churches and synagogues to increase a sense of community and increase outreach to the most isolated. Key partners in interpreting assessment data and planning services are the Jewish Community Center, Jewish Vocational Service, Jewish Family Service, Daughters of Israel and Volunteers of Morris County. Initial assessments indicate that priority needs will be case management, companion and chore services, friendly visitation, geriatric nurse practitioner home visits, transportation, and telephone reassurance. A featured activity will be working with other United Jewish Federations and local AARP chapters in New Jersey to develop a cadre of advocates for seniors in the state.

## 90AM2839 The Jewish Family and Children's Service Senior Community Care Program

JEWISH FAMILY & CHILDREN'S SERVICE OF SOUTHERN ARIZONA, INC.

4301 East Fifth Street Tucson, AZ 85711-2016

**Contact: Nancy A Alexander** 

Project Period: 09/01/2004 - 08/31/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 196,235      |

Jewish Family and Children's Service of Southern Arizona is conducting a demonstration of supportive services for elderly residents in the east central area of Tucson, Arizona, using concepts developed in other Naturally Occurring Retirement Community (NORC) settings. The goal is to empower the community to engage and recognize older adults as valued members of the community and enable them to continue to maintain their independence while aging in place. This project addresses these issues using community organization and consumer-direction as key elements, looking at older neighborhoods of the east-central region of Tucson, which typically have single-family homes and small rental units built before 1980, but which include several age segregated senior Housing and Urban Development projects. Residents living within the geographic boundaries of the project have lower than average incomes, and higher rates of disability and impairments. The neighborhoods have limited transportation and community services (e.g. no senior center) and have concentrations of immigrants from the former Soviet Union with language and acculturation issues. An advisory board of residents and community partners, including the Pima Council on Aging, Handmaker Jewish Services for the Aging, the Jewish Community Center, United Way, Pima Health Systems, Family Counseling Agency, and the University of Arizona Center on Aging, help identify specific needs, create community involvement and plan delivery of services. The major challenges are lack of transportation, and linking residents to information about neighborhood services and resources in culturally and linguistically appropriate ways.

Program: Congressional Mandates

90AM2840 Supportive Senior Outreach Program

Project Period: 09/01/2004 - 08/31/2006

 FY
 Grant Amount

 FY 2004
 220,764

 FY 2005
 73,433

Jewish Family & Childrens Service of Sarasota-Manatee, 2688 Fruitville Road Sarasota, FL 34237

Contact: Pam Baron (941)366-2224

Jewish Family & Children's Service of Sarasota-Manatee, Inc. in Sarasota, Florida and its collaborative partners, Catholic Charities, and Senior Friendship Center are conducting a supportive services demonstration project for older adults in selected age restricted complexes and communities in Sarasota County, enabling them to remain in their own homes. Nearly a third of residents in the county (30%) are age 75 with nearly half living alone. Despite this high proportion, the county does not have definable neighborhoods with higher concentrations of elders, making it difficult reach those who are isolated and unaware of community resources, to determine their needs and coordinate necessary services. The partners have established a Supportive Seniors Outreach Council to plan outreach activities and help the grantee engage other organizations, agencies, institutions and businesses in volunteer and educational activities concerning the challenges of older adults living alone. One emphasis is on reaching older adults who have, or are at risk of, depression and other emotional disorders, and on providing counseling, case management, volunteer visitations and/or emergency financial assistance to them. An evaluation of the first year's performance, conducted by the University of South Florida, indicates that participants are satisfied with the programs activities and services and believe they are helpful in maintaining their independence.

## 90AM2841 Crossroads NORC Demonstration Project

Project Period: 09/01/2004 - 01/31/2006

FY Grant Amount FY 2004 147,177

Jewish Family Service 1601 16th Avenue Seattle, WA 98122

Contact: Donald R Armstrong (206)861-3165

Jewish Family Service of Seattle, Washington, will conduct a 17 month comprehensive health promotion demonstration project in the Crossroads neighborhood of Bellevue, Washington. The three residential areas targeted within this neighborhood have a high concentration of older adults, but are diverse in their type of housing, place of birth and facility with the English language. They include immigrant elders from the former Soviet Union who live in two apartment complexes (Elbert House and Cascadian Apartments), and East Asians and American born elders predominately living in single family residents within a geographically defined census block. A variety of health promotional activities will be offered through partnership with the management of the apartment houses, the local Area Agency on Aging, and the School of Nursing at the University of Washington. Bi-lingual outreach workers and staff of the Asian Counseling and Referral Service will help a nurse practitioner access older residents to conduct on-site health screenings and provide referral and advocacy services. Other activities planned include collection and development of multilingual health education materials, health fairs, short educational programs, physical fitness program and implementation of a fall prevention program.

Program: Congressional Mandates

90AM2842 Services to Naturally Occurring Retirement Community Seniors in Indianapolis

Project Period: 09/01/2004 - 01/31/2007

FY Grant Amount FY 2004 829,094

Jewish Federation of Greater Indianapolis 6905 Hoover Road Indianapolis, IN 46260

Contact: Ann Allen (317)259-6822

The Jewish Federation of Greater Indianapolis, Eldersource, and the Jewish Community Relations Council of Indianapolis are collaborating in a demonstration project of two supportive service aging in place models for older adults living in the Indianapolis Metropolitan area. Using lessons learned from other Naturally Occurring Retirement Communities (NORCs), one model is targeting and delivering services to older residents of an apartment complex. A second model is serving a geographic area with a mixed array of single family and multi-family housing. Both models share the goal of decreasing isolation, promoting independence and increasing access to community organizations and services. Intergenerational support networks, created with the assistance of neighborhood councils, are recruiting volunteers who will assist in the operation and conduct of transportation, social activities, dissemination of information on programs and services, and in-home services. Service needs of individuals mediated by care coordinators will be met by both the collaborative agencies and other community organizations who are members of an advisory committee, including St. Vincent's Hospital, United Way of Central Indiana, Home Services Unlimited, and the University of Indianapolis' Center on Aging, CICOA In-Home Services, Hooverwood, Park Regency, and ATTAIN. a technology assistance agency created by the Indiana Division of Disability, Aging and Rehabilitative Services.

## 90AM2843 Aging in Place - In Search of Community

Project Period: 09/01/2004 - 08/31/2006

FY 2004 Grant Amount FY 2004 98,118 FY 2005 48,955

Jewish Family Service of Buffalo and Erie County 70 Barker Street Buffalo, NY 14209

Contact: Marlene A Schillinger (716)883-1914

Jewish Family Service of Buffalo and Erie County is collaborating with partner agencies, the Amherst Center for Senior Services and the Jewish Community Center of Greater Buffalo, to conduct a demonstration of supportive services for older adults living in two conjoining neighborhoods. These neighborhoods are in the central corridor of Buffalo and a suburban community within the Township of Amherst, located immediately northeast of the city. The project goal is to promote maximum independence and encourage community awareness, social integration, and volunteerism, in order to support aging in place of older residents. Project objectives are: 1) outreach to neighborhood organizations and businesses to become program supporters and partners; 2) outreach to older adult residents, assessing their needs and making referrals and linkages to supportive services; 3) increase opportunities for social inclusion and promote volunteer initiatives; and 4) compile and disseminate information about the development, implementation and evaluation of a Naturally Occurring Retirement Community (NORC) without walls service model. Anticipated outcomes are: 1) needs assessment data on older residents; 2) indicators that the community and its organizations have increased their support for aging in place; and 3) evaluation data supporting the efficacy of the NORC without walls intervention.

Program: Congressional Mandates

90AM2844 Falls Prevention Program

Project Period: 09/01/2004 - 01/31/2006

FY Grant Amount FY 2004 49,059

Jewish Seniors Agency of Rhode Island 229 Waterman Street Providence, RI 02906-5212

Contact: Susette Rabinowitz (401)351-4750

The Jewish Seniors Agency of Rhode Island will conduct a 17 month falls prevention program for residents of a 153 unit, two apartment building complex in Providence, Rhode Island. Residents will be visited by graduate students from the University of Rhode Island Geriatric Education Center and the College of Pharmacy Outreach Program, who will identify environmental hazards and conduct comprehensive prescription drug reviews in order to avoid interactions known to be risk factors associated with falls. The senior housing complex will also be a test site for a Tai Chi exercise program, under sponsorship of the Rhode Island Long-Term Care Coordination Council, to strengthen muscle tone, improve gait and increase balance. A final report will document participant gains in balance and agility and reduction of falls during the grant period.

# 90AM2845 Providing Services to Facilitate Aging in Place

Project Period: 09/01/2004 - 01/31/2006

FY Grant Amount FY 2004 194,924

Allied Jewish Federation of Colorado 300 S. Dahila St. Suite 300 Denver, CO 80246-8136

Contact: Cathy Grimm (303)316-6490

Allied Jewish Federation of Colorado, in partnership with Jewish Family Service of Colorado, conducted an aging in place, supportive services demonstration for older adult residents in two Denver, Colorado high-rise apartment complexes. The primary goal of the project was to enhance physical and emotional well-being of resident older adults to sustain their independence. Allied Jewish Apartments is an age segregated (age 62 and over), low income apartment complex of approximately 400 units with 420 residents in its three buildings. Most (3/4ths) residents are age 70 and over, with half born in the old Soviet Union. It has a relatively high turnover rate created by residents leaving for higher care facilities. Crestmoor Downs Apartments is a moderate income, age-integrated complex of seven low rise apartments and townhouses with 300 older residents. An advisory committee, consisting of residents, apartment complex staff and administrators and project staff, was formed in each complex for the purpose of defining goals, identifying interventions, and providing oversight. Services were coordinated through care managers, who worked directly with residents and helped them identify and select service needs, including residence modification, home and personal care, transportation, medical care, and recreational and educational opportunities. Residents had access to information, referral and advocacy services to help them understand the services and resources in the community, and provide assistance with applications for benefits. A final report, written by the Center for Policy Research, included information on 307 seniors who participated in the demonstration, as well as post-program assessments of 80 residents reported levels of participation and satisfaction with services.

Program: Congressional Mandates

90AM2846 Naturally Occurring Retirement Community Supportive Services Program

Project Period: 09/01/2004 - 08/31/2007

FY 2004 Grant Amount FY 2004 98,118 FY 2005 48,955

Jewish Family Service of Rochester, Inc. 441 East Avenue Rochester, NY 14607

Contact: Janet Sunkin (585)461-0110

Jewish Family Service of Rochester, in partnership with other community organizations, is conducting a demonstration of supportive services for older adults aging in place in two apartment complexes in suburban areas of Rochester, New York. The project goal is to enable older adults to access a continuum of supportive services, including transportation, social services and activities, which will keep them independent and connected to their community. Project objectives are: 1) conduct outreach to residents; 2) create resident's councils; 3) provide information and referral to social services and community resources; and 4) increase opportunities for volunteer activities. Anticipated outcomes are: 1) an increase in the ability of older adult residents to conduct activities of daily living and stay connected to their community; and 2) an increase in the ability of older adult residents to access services and engage in activities that improve their physical and mental well-being. Project evaluation is being performed by the University of Rochester Graduate School of Nursing.

# **90AM2847** Aging in Place in Bergen County, New Jersey

UJA Federation of Northern New Jersey Strategic Planning and Allocation 11 Kinderkamack Road River Edge, NJ 07661

Contact: Alan P Sweifach (201)488-6800 364

Project Period: 09/01/2004 - 08/31/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 196,235      |

United Jewish Appeal Federation of Northern New Jersey will conduct a 17 month demonstration project of health and supportive services for adults aging in place in suburban neighborhoods and towns. UJA provide programs and services for residents of low and high rise urban apartments buildings and complexes within traditional Naturally Occurring Retirement Communities (NORCS). The goal is to deliver locally based, in or near-home, services that improve and maintain the physical well-being, socialization and general quality of life for older adults within the catchment area served by the Federation, which includes more than 10,000 persons over the age of 85. A major challenge for residents of the 4 towns targeted in this suburban area is limited public transportation, which seldom crosses municipal lines. Older adults, who are frail and/or living alone with a minimal social support network, will be provided access to an array of services, including case management; social, cultural, educational, recreational, and wellness programs; nutritionally balanced meals; adult daycare; home health care; and outpatient rehabilitation. Service delivery will build on the existing partnership between the Federation and beneficiary agencies and expand to include local and county government, additional social service agencies and older adult social and advocacy groups. Project collaboration will be guided by members of the Federation's Council for Older Adults, who include staff and lay leaders of the Bergen County Young Jewish Community Center, Jewish Community Center on the Palisades, Jewish Family Service, and the Jewish Home and Rehabilitation Center.

Program: Congressional Mandates

90AM2848 Naturally Occurring Retirement Community Demonstration Project

Project Period: 09/01/2004 - 02/28/2007

FY Grant Amount FY 2004 245,294

Jewish Federation of Ocean County 301 Madison Avenue Lakewood, NJ 08701

Contact: Danny Goldberg (732)363-0530

The Jewish Federation of Ocean County, New Jersey will conduct a 17 month demonstration of social, health and case management service delivery to older adult residents living in three "gated", age-restricted adult communities built prior to 1985 in Ocean County. A 2002 needs assessment of older adults living in Ocean County found that as residents of active adult communities age, they become increasingly isolated from friends and neighborhood services, in part because public transportation routes do not extend into their communities. This project will create a model for connecting at risk and frail residents of gated communities with supportive services of local institutions, resident associations and local businesses. Partnership organizations include Caregivers, Inc., Ocean County Community College, Community Services, Inc., and the Ocean County Department of Senior Services. The project will feature the development of new volunteer opportunities for older residents working with existing resident councils, including training to assist in planning new programs for socialization, health and wellness, learning and nutrition. A primary role for resident volunteers will be to help form caregiver, bereavement and social support groups which are available for isolated individuals living outside of gated communities. Special efforts will be made to reconnect residents to the services and organizations supported by the Ocean County Senior Services (Area Agency on Aging). Anticipated challenges to the success of the project include the cost of transportation to county activity and service centers, the ability to maintain positive relationships with the community resident councils who wish to retain their community (and property value) images as active adult communities, and the sustainability of the project after federal funding.

# 90AM2849 The Madison Area Continuing Care Consortium (MACCC) NORC Project

Project Period: 09/01/2004 - 08/31/2006

FY Grant Amount FY 2004 343,412

Project Period: 09/01/2004 - 08/31/2006

Grant Amount

686,824

Oakwood Lutheran Homes Association, Inc. 6201 Mineral Point Road Madison, WI 53705

Contact: John A Noreika (608)692-8486

The Madison Area Continuing Care Consortium, with its member organization Oakwood Lutheran Homes serving as fiscal agent, will conduct a 17 month demonstration project developing a community-based supportive services program for a five census tract residential urban area in Dane County, Wisconsin, which includes 3,442 residents age 65 and older. The demonstration will also fund the extension of this program to two low-income neighborhoods in a second phase which will be completed with foundation and private funding. The goal of developing a comprehensive integrated community-based system of care for older adults will be reached through coordination of the consortium's three continuing care retirement communities with community-based providers, and establishment of associations of residents living outside the consortium communities. The faculty and students of University of Wisconsin and Edgewood College will facilitate the integration process through all phases of the program, and beyond federal funding. To meet the goal of improving the quality of life of older adults and reduce the cost of care through improved coordination between medical and social service providers, the project expects to enroll at least 2,000 residents as members of a senior association. It is hoped that by invoking a modest sliding scale fee that guarantees core services and offering wellness and prevention activities, more affluent elders will become members and help subsidize the participation costs of lower income participants.

Program: Congressional Mandates

90AM2850 Supportive Services in Naturally Occurring Retirement Communities

Jewish Family & Children's Service, Inc., Boston, MA Senior Service 31 New Chardon Street Boston, MA 02114

Contact: Rimma Zelfand (617)784-8274

The Jewish Family and Children's Service of Boston will conduct a 17 month demonstration project that brings supportive services to three neighborhoods and housing developments in the greater Boston Metropolitan Area (Brookline, Malden and Swampscott), where the majority of residents are over age 65. The goal is to enable residents to live in their homes for as long as possible, with dignity and avoiding preventable nursing home placement. The typical resident in these settings is a widowed woman living alone, age 75 or older, with multiple chronic conditions that limit her mobility and ability to maintain her independence. The project will offer a comprehensive array of affordable health, mental health, fitness, social, educational, recreational and personal care services delivered through on-site care planning and case management and collaborative relationships between established local service provider agencies, property managers and residents. Resident councils will be formed at each site and volunteer participation of younger and older resident and neighborhood volunteers will be encouraged. Information for residents will be prepared in English and Russian and a secured access website will be created for resident family members and service professionals to facilitate development and monitoring of care plans. Partners include the Jewish Family Services of the North Shore, the Urban Medical Group, Springwell Area Agency on Aging, Mystic Valley Elder Services, Greater Lynn Senior Services, Brookline Council on Aging and Senior Center, Russian Community Association of Massachusetts, and the National Center on Women and Aging.

## 90AM2851 Elder Consumer Protection Education Project

Project Period: 09/01/2004 - 03/31/2006

FY Grant Amount FY 2004 981,177

STETSON UNIVERSITY COLLEGE OF LAW 1401 61st Street South Gulfport, FL 33707

Contact: Rebecca C Morgan

Stetson University College of Law conducted a one-year consumer protection education project for elders, their families, and professionals. The goal was to develop an elder consumer protection statewide education program that will educate elder consumers, their families, and professionals about consumer fraud and how to minimize the risk of becoming victims. Stetson conducted community outreach and educational programs, e.g. community presentations at local senior centers, for elders and their families and for professionals; held consumer forums on the campuses of the Law Center, churches and other venues; held monthly walk-in clinics at senior centers; developed a webpage for consumers and professionals; designed an elder-friendly courtroom; developed, in collaboration with the Florida Department of Law Enforcement, statewide professional education training for law enforcement and investigators on ways in which to investigate cases of health care and consumer fraud; and developed follow-up data collection activities. A national symposium on health care fraud and consumer fraud, financial exploitation, specifically targeted at the elderly was held.

Program: Congressional Mandates

90AM2852 Geriatric Assessment Program-Rapid Response

Project Period: 09/01/2004 - 02/28/2006

FY Grant Amount FY 2004 58,870

Lapeer Regional Hospital 1375 N. Main Street Lapeer, MI 48446

Contact: Ruth A Schalm (810)667-5579

This project is a one year assessment education program called Rapid Response, the goal of which is to improve knowledge of community resources and options by the elderly population, families and professional caregivers. The Community Based Organizations (CBOs) involved include: local home health agencies, local retirement groups, local newspapers, local nursing homes, county senior coalition groups, local unions, and the business community. The target population is elderly persons 60 years and older, which includes 20 homebound elderly who are frail, with chronic health problems, isolated and with limited knowledge of community resources and options. There are 3 interventions for 20 elderly for a 3-month period to enable them remain at home: 1) an in-home visit and assessment by the social worker or nurse; 2) a telephone call and assessment with information and referral to community resources; and 3) (six) verbal and written education sessions with home health agencies and retirement groups, and education and outreach for the general public, and articles for local newspapers. The Senior Resource Directory is to be used for all interventions. Anticipated outcomes: 1) a pre-post test to measure new knowledge; 2) a client satisfaction survey on effectiveness of (GAP) Rapid Response program; 3) home visits and telephone contacts each month; 4) a Senior Resource Directory; 4) an evaluation; and 5) dissemination to senior coalitions for replication of the program.

#### 90AM2853 Rural Geriatric Healthcare Initiative (RGHI)

Project Period: 09/01/2004 - 08/31/2005

FY Grant Amount FY 2004 588,706

Project Period: 09/01/2004 - 08/31/2006

FY 2004

FY 2005

Grant Amount

196,235

97,910

DAY KIMBALL HOSPITAL 320 Pomfret Street Putnam, CT 06260

**Contact: Annmarie Errichetti** 

The Rural Geriatric Healthcare Initiative at Day Kimball Hospital in Putnam, Connecticut was designed to create a comprehensive geriatric assessment, planning and services program to ensure that seniors have access to timely and appropriate health care. The initiative proposes to take a community approach to primary health care, with provision of support and training for both family caregivers and professionals. Project objectives include: increase patient, family, and community awareness and use of available services to the elderly; decrease caregiver stress and therefore burnout; provide a resource to primary care physicians for the management of complex elderly patients; assist older adults to better manage their health through prevention and education; and, expand home health resources and home supports for the elderly, including case management for chronic illness. The Rural Geriatric Healthcare Initiative anticipates the following outcomes: increased awareness and knowledge of available services for the elderly; increased understanding among family caregivers of their relative's preferences and values; increased understanding of coping strategies for avoiding caregiver stress; establishment of a consultative, comprehensive geriatric assessment program; reduction in adverse events and medical errors among the elderly due to use of multiple pharmacies, and; reduction in unplanned hospitalizations and unnecessary emergency room visits.

Program: Congressional Mandates

90AM2854 Enhancing Life Satisfaction of Older Adults

COLLEGE MISERICORDIA
Assistive Technology Research Institute
301 Lake Street
Dallas, PA 18612

Contact: Renee G Zehel (570)674-6307

This project was originally designed for one year and it has been granted a second year to complete the planned work. The original plan goal was to conduct two complimentary studies that focus on the ways in which the Internet can enhance life satisfaction for institutionalized older adults. The two studies will examine: 1) the potential impact of Internet/e-mail communication use by older people who are depressed and socially isolated; and 2) the impact that website design has on older people's accessibility to the Internet. The first study will involve 10 seniors with physical and/or sensory impairments at Mercy Center and twenty seniors at Summit Health Care without such impairments, who will receive specially designed training and then use the Internet to determine its impact on their levels of cognition, depression, and social isolation. The second study will involve testing 120 able-bodied seniors on information access using an existing website, versus a website re-built according to Section 508 and W3C standards. In addition to the original plan, the second year goal will be to expand the population to include community-dwelling elders experiencing the changes associated with normal aging. Objectives include developing, testing and disseminating information on the settings and adjustments of operating systems that will result in maximally effective computer interface. Products will include: assessment/evaluation tools; training protocols; webpage information and a final report.

## 90AM2855 The Pennsylvania Model Advanced Care of Families and Persons with Dementia

Project Period: 09/01/2004 - 08/31/2005

FY Grant Amount FY 2004 73,588

Pennsylvania Occupational Therapy Association 100 S 21st Street Harrisburg, PA 17104

Contact: Donald E Walkovich (814)472-2852

The Pennsylvania Occupational Therapy Association will work with partners Thomas Jefferson University (TJU) and the American Occupational Therapy Association (AOTA) to develop and provide advanced training to a select group of fifty occupational therapists and occupational therapy assistants in Pennsylvania, in treatment of Alzheimer's Disease and Related Dementias (ADRD). The first component of the training will be to access an existing basic ADRD training module produced by AOTA. The second component will be two one-day training sessions in Pennsylvania, in areas lacking services, where there is great need for service, where there is interest in training, or in a geographic area that is underserved. The focus will be to provide interventions with families, individuals with dementia and formal providers in settings such as hospitals, nursing homes, home health, community centers, day programs and assisted living programs. The Pennsylvania Occupational Therapy Association will evaluate the use of pre-post assessment of participant knowledge and skills.

Program: Congressional Mandates

90AM2856 North Philadelphia Development Center

Project Period: 09/01/2004 - 08/31/2006

FY Grant Amount FY 2004 98,118

Olde Kensington Redevelopment Corporation 1313 N. 4th Street Philadelphia, PA 19122

Contact: Paul J Ruddy (215)787-2930

This is a computer-focused program for low-income seniors age 60 and older. The goal is to provide 56 senior citizens with an opportunity for seven weeks of computer training and access to technology that will enhance their lives, encourage activity, and enable them to communicate with their family members and friends. Completion of the training will allow the seniors to apply their education towards employment or volunteerism in their community.

## 90AM2857 The N.E.W. (Nutrition, Exercise Wellness of Spirit) Project

Project Period: 09/01/2004 - 08/31/2005

FY Grant Amount FY 2004 73,588

HARDY COUNTY COMMITTEE ON AGING, INC

PO Box 632

Moorefield, WV 26836

Contact: Phyllis L Helmick

The project aims to develop a wellness program to increase health promotion behavior and health indices in an Appalachian population of Appalachian seniors (60+) who are obese, sedentary, have high cholesterol, elevated blood pressure, or diabetes. One hundred seniors who are at-risk will be selected and assigned to the program. Utilizing a nutritionist, menus will be developed to address their "geoculture perspective", and will meet all current FDA guidelines for elderly nutrition. Participants will be required to eat at a Senior Nutrition Site at least three times a week, exercise three times a week for one hour at a Wellness Center, and attend monthly health screening seminars. (Individual exercise plans will be developed and attendance for all activities will be documented.) In addition, interns from West Virginia University School of Medicine will provide scheduled monthly educational programs for them. It is anticipated that seniors will improve their understanding of food value, exercise more, and increase their sense of self-worth. Products will include: assessment tools, personal wellness profiles, exercise/wellness plans of care, an evaluation tool, an updated web page, and a final report.

**Program: Congressional Mandates** 

90AM2858 The Copper Ridge Institute Model of Care

Project Period: 09/01/2004 - 08/31/2005

FY Grant Amount FY 2004 98,118

The Copper Ridge Institute 710 Obrecht Road Sykesville, MD 21784-7650

Contact: Joyce Kroeller (410)970-2062

Copper Ridge Institute proposes to deliver an evidence-based model of care for people with Alzheimer's Disease (AD) and other forms of dementia in a facility in Maryland that was not created or designed to provide care to patients with AD. The goal is to enhance the quality of care provided in this facility. The model involves intensive staff training and the use of specially designed patient protocols. The expected outcomes at this facility are nursing assessments, higher patient/family satisfaction, improved Maryland State Survey results, and lower staff turnover. The issues identified and lessons learned during this project will form the basis for future research, planning and education efforts. Products will include an evaluation of the CD-ROM training tool "Dementia Care", an article and a strategic and marketing plan for the dissemination of the model of care.

## 90AM2859 The Use of Complementary and Alternative Medicine (CAM)

Project Period: 09/01/2004 - 08/31/2006

FY Grant Amount FY 2004 98,118

Adult Care Center of the Northern Shenandoah Valley Inc 115 Wolfe Street

Winchester, VA 22601

**Contact: Tara N Lescalleet** 

The Adult Day Center proposes to use and advance the complementary and alternative medicine (CAM) model for a broad range of health-related needs for persons with probable Alzheimer's Disease and Related Disorders (ADRD). It plans to develop a 12-month CAM program and provide in-service training for staff and family caregivers on the use of CAM approaches relevant for persons with ADRD. The CAM modalities for intervention include: body work (therapeutic touch, shiatsu, massage therapy, and tai chi); creative arts therapies (music, art, dance, and drama therapy); natural environment (horticulture therapy, aromatherapy, and herbal medicine); the modality of spiritual/religious expression; and finally bibliotherapy (poetry therapy). This program will be presented to individuals, agencies, and organizations associated with geriatric care. Experts from eleven CAM disciples will convene to identify research and practice-based CAM approaches of potential application to adult day health care. A CAM model program will be implemented, including articulation of protocol for program planning, assessment and evaluation. Special emphasis will be given to the role of CAM practitioners, as consultants to administrators, family, direct care staff and volunteers using an interactive consultation model. Products include: six CAM-based in-service trainings, Alzheimer's Disease workshops for agencies, and an in-service training monograph.

Program: Congressional Mandates

**90AM2860** Development of an Actively Therapeutic Dementia Specific Day Program

Project Period: 09/01/2004 - 08/31/2005

FY Grant Amount FY 2004 122,647

FLORIDA ATLANTIC UNIVERSITY 777 Glades Road, RD07 Boca Raton, FL 33431-0991

Contact: Ruth M Tappen

The University plans to open a new dementia-specific day program, which it believes will provide relief for caregivers and will have a potentially therapeutic effect on participants. The proposed day program will open in the new Louis and Anne Green Memory and Wellness Center building. It will offer therapeutic, wellness-oriented activities and services within a caring environment to individuals with mild and moderate levels of impairment. An interdisciplinary Planning Committee will be formed to develop and establish the new program. Expert consultants will review both the programming and operational aspects of the plan before implementation. Assessments of caregivers and clients will be conducted to collect data on the effectiveness of the proposed program. Anticipated outcomes of this project are to: 1) establish a financially sustainable dementia-specific day program; 2) provide respite by reducing demands on caregivers; and 3) improve the function and well-being of participants in the program.

# 90AM2861 Montessori-based Programs to Seniors with Dementia

Project Period: 09/01/2004 - 12/31/2005

FY Grant Amount FY 2004 240,388

Hearth and Home Senior Adult Day Healthcare Center 8730 Sudley Road Manassas, VA 20110

Contact: Phyllis Watson (703)361-5843

This is a senior adult day healthcare center with therapeutic recreational programs. Hearth and Home Senior Adult Day Healthcare Center plans to conduct a one-year project whereby 20 to 40 participants diagnosed with early to late stage dementia will participate in Montessori-based activities throughout the day, while attending the Center. The goal is to develop high self-esteem and promote the highest level of function possible in all participants, while in the Center and in the home environment. Objectives include: independence; positive engagement; ability to make choices; and ability to learn through meaningful activities and influence home environment. Center staff, and later family caregivers, will be taught methods to use so that goals achieved at the Center are reinforced at home. Products include: a final report; manuscripts for publication; a web page information; and assessment and evaluations.

Program: Congressional Mandates

90AM2862 Maine Center for End of Life Care

Project Period: 09/01/2004 - 12/31/2006

FY Grant Amount FY 2004 245,294

Maine Hospice Council, Inc.

P.O. Box 2239

Augusta, ME 04338-2239

Contact: Kandyce Powell (800)438-5936

The purpose of this proposal is to create a Center for End of Life Care in Maine. The overall goals are to increase knowledge and improve delivery systems for end of life. The Center's mission (and objective) will be to act as an incubator for change by exercising responsible stewardship and promoting innovation in the following focus (priority) areas: 1) community engagement; 2) clinical improvement; 3) research and data collection; 4) professional education; and 5) advocacy. Four data collection projects will be designed and implemented to assess the state of dying in Maine, and its efforts to benchmark the Center's progress toward improving end of life care. An interdisciplinary mentoring program for end-of-life (EOL) care, including hospice and palliative care, will be created. It will develop and continue to be a role-modeling program, which is critical to the care of and sensitivity to the dying and/or bereaved.

#### 90AM2863 Boise State Center for the Study of Aging

Project Period: 09/01/2004 - 07/31/2007

|         | Grant Amount |
|---------|--------------|
| FY 2004 | 245,294      |
| FY 2005 | 391,642      |

BOISE STATE UNIVERSITY 1910 University Drive Boise, ID 83725

Contact: James T Girvan (208)426-5776

The Center for the Study of Aging (CSA) will be established at Boise State University (BSU), which will assist stakeholders with research, educational delivery and policy to assure a healthier life for all Idahoans. The Center will employ the majority of strategies from the 16 social sciences. It will set up a CSA infrastructure: assessing current gerontology activities and future needs for the aging population and the health and social sciences service providers; and establishing a Steering Committee, for strategic planning, and preparation for the development and delivery of training and education of state/local health and social sciences professionals and providers throughout the state. In concert with the Idaho Commission on Aging (ICOA) and the Idaho Office of the Attorney General, the Center will plan and develop an intervention, i.e. an aging issue/educational seminar on elder abuse and fraud for law enforcement officers and prosecutors.

Program: Congressional Mandates

90AM2864 La Pine Senior Nutrition Project

Deschutes County Board of County Commissioners La Pine Senior Center 1130 NW Harriman Bend, OR 97701

Contact: Susan Ross (541)383-6713

The goal of this project is to enhance the health and welfare of the County's disproportionately large and underserved elderly population through an enhanced nutrition intervention program. The County proposes to establish a local meal site and demonstrate how the it can effectively and efficiently increase access to healthy, nutritious, and safe meals, while simultaneously maintaining regular human contact with isolated and disadvantaged senior citizens. The intervention will promote good health and independence among isolated frail older persons.

#### **90AM2865** Project Independence

COLLEGE OF WILLIAM & MARY
Dean of Research and Graduate Studies
Post Office Box 8795
Williamsburg, VA 23187

Contact: David Finifter (757)221-2468

Project Period: 09/01/2004 - 08/31/2006

FY Grant Amount

FY Grant Amount FY 2004 392,440

The project will enhance the independence of older Americans by: improving community organizations' access to relevant research and lessons learned; providing a facility and administrative assistance to support collaborative interventions; improving community coordination of transportation and home support services and information; educating primary care physicians in the identification and evaluation of geriatric syndromes; educating in-home caregivers on the care of older adults; and providing the community a cardiac health education and exercise program. The overall goal is to demonstrate how communities can work with regional partners to develop and sustain a center that improves the health, dignity, and independence of older adults by integrating the research capacity of universities, colleges, and medical schools with the capabilities of service providers and community resources.

Program: Congressional Mandates

90AM2866 Advanced Practice Nursing Care Demonstration Project

Project Period: 09/01/2004 - 08/31/2005

FY Grant Amount FY 2004 98,118

New Courtland Elder Services 1845 Walnut Street, 12th Floor Philadelphia, PA 19103

Contact: Robert M Kent (215)965-2373

The grantee, a subsidiary of the Presbyterian Foundation for Philadelphia, operates seven skilled nursing facilities. The goal of the project is to demonstrate that, through hiring an advanced practice nurse on a part-time basis and a student intern research assistant: (1) a nurse practitioner on staff will result in on-going advanced care assessments being conducted on site; and (2) direct communications between the on-site nurse practitioner and off-site physicians will result in more interventions in the nursing home and fewer trips to acute care hospitals. Anticipated outcomes are: (1) improved elder care and reduction of the number of co-morbid conditions requiring hospitalization; (2) reduction in the number of acute care hospital admissions between the study group and the control group; (3) reduction in the cost of acute care hospital visits, as documented between the study group and control group; and (4) improvement in the cost effectiveness of the nursing home health care delivery system.

## 90AM2884 Community Connections: Moving Seniors Toward Wellness

Project Period: 09/30/2004 - 02/28/2008

FY Grant Amount FY 2004 1,569,883

MEALS ON WHEELS ASSOCIATION OF AMERICA

203 S. Union Street Alexandria, VA 22314

Contact: Enid A Borden

The Meals on Wheels Association of America (MOWAA) will promote health, wellness and independence of older adults by transforming Senior Nutrition Programs (SNPs) from their current roles as primarily nutrition providers into core programs within a restructured continuum of care. The MOWAA will target older adults immediately discharged from the hospital, provide immediate post-discharge nutrition services and assist them in integrating back into the community through the provision or coordination of other health-related, "wrap-around" services. The objectives are to: 1) change the external environment of SNPs through enhanced community partnerships; 2) change internal environment through development and incorporation of new services/service delivery systems by SNPs; and 3) facilitate SNP change through a Leadership Institute. The outcomes for the project are: changes in targeted older adults (nutrition, social support, health, etc.); changes in service (timeliness, care planning, wrap-around services, etc.); organization change (program capacity, community collaborations, increased hospital/community integration); and increased public/private collaborations. Products from the project include: a final report, including evaluation results for individual and community interventions; SNP "Best Practices" Report; "How To" Manual for SNPs; an on-going Leadership Institute; presentations at national conferences; and articles for publication.

Program: Congressional Mandates

90AM2904 Regional Partnership for Older Adults

Project Period: 09/30/2004 - 06/30/2006

FY Grant Amount FY 2004 245,294

Shaw Jewish Community Center of Akron 750 White Pond Dr. Akron, OH 44320

Contact: Todd P Rockoff (330)835-0021

The Jewish Community Centers of Akron, Canton, Cleveland and Youngstown, Ohio, will collaborate in offering social recreation and physical wellness activities to older members of their communities during a 12 month period. Inactive community members will be encouraged to serve as volunteer Center administrative support and pre-school program aides. Transportation will be provided for participants to and between the four Centers. Participants will be assessed for changes in their physical well-being. The Centers will exchange information on their success in increasing participation and changes in wellness and socialization of the participants. A report on "lessons learned" will be included in the final report.

# 90AM2920 National Center on Caregiving

Project Period: 05/01/2005 - 06/30/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 294,776      |

FAMILY CAREGIVER ALLIANCE 180 Montgomery Street, Suite 1100 Suite 1100 San Francisco, CA 94104

Contact: Lynn F Feinberg (415)434-3388

The goal of the National Center on Caregiving at the Family Caregiver Alliance is to advance the delivery of high quality and cost effective policies and programs for family caregivers nationwide. It will provide focused technical assistance to the aging network, other program developers and policymakers to start or sustain innovative and evidence-based caregiver support programs. They will provide training and education to the aging network to enable them to provide high quality and outcome oriented caregiver support programs. Finally, they will advance research and policy analysis by serving as a knowledge base for practical applications of caregiver policies, identifying emerging trends, and highlighting promising practices.

Program: Congressional Mandates

90AM2921 Counseling for Caregivers

Project Period: 08/01/2005 - 07/31/2007

FY Grant Amount FY 2005 73,433

Madlyn and Leonard Abramson Center for Jewish Life 1425 Horsham Road North Wales, PA 19454

Contact: Frank Podietz (215)371-1800

Counseling for Caregivers will implement a 1-year project to enhance the existing educational component for caregivers. The objective is to mitigate caregiver burden through in-home assessment and counseling, education, care management, linkages to respite care and other health and social services, information and referral, and advocacy. One of the products to be produced is Educational Guide for Caregivers.

## 90AM2922 Regional, Collaborative Plan for the Long Term Care of Older Adults

Project Period: 08/01/2005 - 01/31/2007

FY Grant Amount FY 2005 146,866

Foundation on Aging 7312 Antioch Road Merriam, KS 66204-2739

Contact: Mitzi E McFatrich (913)789-6796

The project's goal is to develop a regional community-based, long-term care plan to provide seniors of the Kansas City metropolitan area with greater autonomy, more choices and better access to services. Objectives include: 1) assessing senior and caregiver needs, including housing, transportation and other services; 2) creating short-term strategies to strengthen service delivery and a long-term care plan for at-risk older adults and their caregivers; 3) collaborating with area nonprofit, for-profit and government senior-serving agencies to incorporate community assets in plan development and subsequent implementation; and 4) promoting a greater understanding of aging and caregiving issues within the community at large. Anticipated outcomes include: strategies to improve service delivery for the area's elders; strategies to improve training and support for elders' caregivers; an expanded, coordinated coalition of better informed service providers; among community decision makers, a greater awareness accompanied by a commitment to collaboratively address the identified challenges and needs of elders and their caregivers; and an outline for engaging local media in public education aimed at making the region "Elder Friendly."

Program: Congressional Mandates

90AM2923 Early Interventions in Support for Alzheimer's Caregivers

Project Period: 08/01/2005 - 12/31/2006

FY Grant Amount FY 2005 48,955

Shenandoah Area Agency on Aging, Inc. 207 Mosby Lane Front Royal, VA 22630

Contact: Roberta Lauder (540)635-7141 210

The project will create and evaluate a series of on-going in-home interventions with caregivers of early to mid-stage Alzheimer's family members. The goal is to increase the receptivity of caregivers to utilizing community resources including social model group respite sites, adult day care and support groups.

## 90AM2924 Wexner Heritage Village: VanTran Wheelchair Program

WEXNER HERITAGE VILLAGE Heritage at Home, VanTran 1151 College Avenue Columbus, OH 43209

Contact: Lisa Eible (614)559-0314

Project Period: 08/01/2005 - 07/31/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 48,955       |

The goal of the program is to develop a wheelchair accessible vehicle transportation program. The objective is to increase access to services for the frail and disabled seniors of the Columbus East-side community. The program will offer much needed service to an aging population and enable seniors to remain in their own homes longer by ensuring that they have a way to meet their medical and shopping needs. Access to healthcare is noted to be a major barrier in community health. Through these trips, the program will provide opportunities for socialization that contribute greatly to the overall physical and mental health of seniors. Key partners are critical in the operation of the VanTran program. It will be evaluated by data collected quarterly with regard to ridership rates, satisfaction survey, and customer feedback. Dissemination plan includes program information on the website.

**Program: Congressional Mandates** 

90AM2925 Medication Assistance Program

Project Period: 08/01/2005 - 03/31/2007

FY Grant Amount FY 2005 24,478

Medford Senior Center 510 East Main Street Medford, OR 97504

Contact: Patti Proctor (541)772-2273

The goal of the project is to provide comprehensive information to seniors seeking assistance with the Medicare Modernization Act. The objectives are to help meet the need for trained personnel in the field of aging and to increase awareness of the need for individuals to assume responsibility for their own longevity. The expected outcomes of the project are: 1) seniors educated on how to choose the medication discount program that is right for them; and 2) seniors helped with developing a long term plan for their medication needs. The products from this project are pre and post training surveys and pre and post client evaluation surveys. The target population for this project are the Medicare beneficiaries typically 65 years of age and older. The Medford Senior Center partnered with the local Social Security office, Senior and Disabled Services and Senior Health Insurance Benefits Assistance Program to provide comprehensive information and assistance to those seeking help.

# 90AM2926 Senior Wellness and Transportation Program

City of Rancho Cucamonga Community Services Department 10500 Civic Center Drive Rancho Cucamonga, CA 91730

Contact: Paula Pachon (909)477-2762 2105

Project Period: 08/01/2005 - 08/31/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 146,866      |

Goal of the program is to improve participation and access to health, wellness and fitness information and services for the senior population. Objectives include: a series of physical fitness classes; a resource library; educational workshops on health; an adaptive technology center; and the provision of transportation. The expected outcomes are improved health, physical fitness, vitality and quality of life of seniors at the Senior Center. Products include a final report and analysis of outcomes for distribution. The intervention is to maintain optimal physical and mental health as the key for healthy aging and to keep seniors engaged in society longer. The program will evaluate participants and users of programs, services and equipment. Results from the evaluation will be disseminated and posted on the website.

**Program: Congressional Mandates** 

90AM2965 Technology and Medicare Part D

Project Period: 08/01/2005 - 07/31/2006

FY Grant Amount FY 2005 29,373

Utah Department of Human Services 120 North 200 West, Room 319 Room 319 Salt Lake City, UT 84103

Contact: Sally Ann Brown

The grantee will assist the local Area Agencies on Aging (AAA) health insurance information coordinators to develop local coalitions with local partners to recruit trainers and counselors to inform seniors about the benefits of the new Medicare program and how to obtain prescription drug coverage. This grant will provide for one staff person to inform and educate beneficiaries and their families about Medicare Part D. Much of the training and resource building will be accomplished utilizing computers and accessing various websites. Activities will be conducted in local communities to offer assistance to beneficiaries and their families to help them make the best choice possible concerning the Part D benefit. Coalitions will be organized to identify strategies to ensure that all beneficiaries are aware of this program.

# 90AM2966 NORC Supportive Living Project

Project Period: 09/01/2005 - 08/31/2006

FY Grant Amount FY 2005 29,373

Jewish Family & Child Service 1130 SW Morrison St., Suite 316 Portland, OR 97205

Contact: Marian Fenimore (503)226-7079

Jewish Family and Child Service of Portland, Oregon, will conduct, in partnership with Multnomah County Aging and Disability Services, Cedar Sinai Park, and the Neighborhood House, a 12 month demonstration of a supportive service program for seniors aging in place in a southwest Portland apartment complex. Many of the residents are recent immigrants from East Europe, the Mid-East, and Latin America. The project goal is to foster independent living through the provision of services that promote self-sufficiency and allow residents to remain in place for as long as possible. Project objectives are to: 1) conduct a needs assessment survey and hold provider and resident focus groups to identify needs and gaps in services; 2) increase senior's use of existing services through outreach; and 3) work with community partners to improve coordination of services, filling gaps and elimination of unnecessary duplication in services. Anticipated project outcomes are: 1) community partners will have a greater understanding of the needs of older adults and gaps in services impacting older adults ability to successfully live in independent housing; 2) seniors will have an increased awareness and use of exiting services; and 3) partnerships will be strengthened through provision of direct services, use of needs assessment data and empowerment of seniors through participation oversight of the program and its activities. A report on the conclusions and outcomes of the project will be prepared and shared with local agencies, the state legislature and conference forums.

Program: Congressional Mandates

90AM2967 Sugarhouse Supportive Services Program

Project Period: 09/01/2005 - 05/31/2007

FY Grant Amount FY 2005 293,731

Jewish Family Service 2 North Medical Drive Salt Lake City, UT 84113

Contact: Carol Einhorn (801)581-1330

The Jewish Family Service of Salt Lake City will collaborate with the Community Services Council LifeCare Chore Services Program, the Valley Mental Health Masters Program, Community Nursing Services, the University of Utah Sugarhouse Health Center Senior Clinic and W.D. Goodwill Initiatives on Aging Program, and the Salt Lake County Aging Services, to conduct a 17 month demonstration. The goal of this program is to design and implement a supportive service program that supports positive aging-in-place for residents of an apartment complex housing low and moderate income seniors and a senior condominium complex, and its surrounding residential neighborhood. Project objectives are to: 1) develop a project infrastructure; 2) increase senior interaction; 3) decrease senior isolation; 4) strengthen partnerships among service providers; 5) maximize access to healthcare and social services; 6) increase awareness of issues and resources for older adults and their families; and 7) evaluate the impact of the project. The expected outcomes are that older adults will have access to a more coordinated system of service and will have received the assistance they need to more positively age in place. The expected products of this project are an evaluation and analysis of data collection, and a final written report.

## 90AM2968 Skilled Nursing Facility Quality of Care Demonstration Project

Project Period: 07/15/2005 - 07/14/2006

FY Grant Amount FY 2005 244,742

Project Period: 08/01/2005 - 07/31/2006

Grant Amount

440,597

The Good Shepherd Home 622 Center Street. Ashland, OH 44805

Contact: Tom Stofac (614)228-5200

Goal: Good Shepherd Home of Ashland, OH and STA Healthcare, Inc., will implement an automated system of Nursing Care Processes, based upon: disease management, measurement of disease-specific outcomes, use of standardized nursing processes, outcomes analysis/reporting, and continuous performance enhancement.

Objectives: Improved disease management for skilled residents; improved staff performance; increased resident and family satisfaction; decreased re-admission to hospital; increased discharge to more independent settings (home, long-term care, and assisted living); improved disease-specific clinical and process outcomes; decreased frequency of MDS Quality Indicators flagged/resident; increased standardization/decreased variation in care processes; and improved functional outcomes.

Project Outcomes: improved disease management for skilled residents; improved staff performance; increased resident/family satisfaction; improved functional/ADL outcomes; and decreased MDS Quality Indicators flagged.

Program: Congressional Mandates

90AM2969 PACE CNY Program Expansion

Loretto Independent Living Services
PACE CNY
1305 Nottingham Road
Jamesville, NY 13078

Contact: Calvin Barrett (315)251-2662

PACE CNY proposes to improve the quality of life for frail elderly in Onondaga County, New York, through expansion of program enrollment by 75 to 100 new participants. The strategy is to create a third PACE CNY interdisciplinary team

program enrollment by 75 to 100 new participants. The strategy is to create a third PACE CNY interdisciplinary team serving Onondaga County. The specific objectives are to: (1) create a project management team; (2) upgrade management information systems necessary for program expansion; (3) recruit and hire an interdisciplinary care team; (4) implement a care provider staff development program; (5) recruit new PACE CNY participants; (6) enroll 30 new participants by project completion; and (7) evaluate the impacts and benefits of the project. PACE will support formative and summative evaluation processes using internal quality assurance, participant satisfaction and project activity data sources collected and reviewed by both project staff and an external evaluation consultant.

## 90AM2970 West Philadelphia Survival of the Caregiver

Project Period: 08/01/2005 - 07/31/2006

FY Grant Amount FY 2005 97,910

Haddington Multi Services for Older Adults, Inc. 5331-41 Haverford Avenue

Philladelphia, PA 19139

Contact: Geneva A Black (215)472-6600

Haddington Multi Services, Inc. will ease caregiver burden by providing education, relief, and access to services and supports necessary for caregivers to provide quality care in a home-based setting. The staff of the "Survival of the Caregiver Program" will develop a searchable database of various service supports. Additionally, they will undertake extensive outreach efforts to alert West Philadelphia's caregiving community about the extent of informational resources and services available. A variety of caregiver workshops will also be offered. Key partners include representatives from government, direct service providers, academia, health care, legal service providers, and representatives from faith-based organizations. This program will enhance caregivers' ability to provide care for longer periods of time, thereby prolonging the period during which care recipients can remain home. Evaluation efforts will focus on this program's effectiveness in identifying caregivers in need and in providing services and referrals. A monthly newsletter will be will be disseminated to over 1,000 individuals in the West Philadelphia community. Information will also be disseminated through a website, weekly radio broadcasts, print, television, religious institutions, social clubs, and senior housing developments.

**Program: Congressional Mandates** 

90AM2971 Vermont Senior Center Earmark Project

Project Period: 08/01/2005 - 01/31/2007

FY Grant Amount FY 2005 274,149

Vermont Department of Aging and Independent Living 103 South Main Street Waterbury, VT 05671-2301

Contact: Amy Nickerson (802)241-2400

This one year, Senior Center project of VT's Dept. of Aging and Independent Living, is a statewide effort to increase awareness of, access to & participation in Vermont's rural, multi-purpose Senior Center programs promoting older adult health, socialization, and independence. Focus: 1) evidence-based service delivery approaches/methods to meet emerging needs of rural senior center customers; and 2) ways to improve public perception by non-users. Goals:1) facilitate access to services; and 2) strengthen community-based service delivery systems and senior center infrastructure. Objectives: through an RFP, eligible senior centers and meal sites will collect data to: 1) improve delivery of OAA nutrition program services; 2) expand training and technical assistance on nutrition, health promotion and disease prevention programs to meal sites and senior centers; 3) develop innovative programming in senior centers; and 4) develop marketing strategies and build community support for senior centers. Anticipated outcomes: funded entities will collect & report quantitative and qualitative data to the contractor to document outcomes and evaluate effectiveness, replicability, and sustainability of community-based projects. Outcomes, determined by the nature of proposed RFP projects may include, but are not limited to: a) improved nutrient consumption & knowledge, and more culturally diverse meals; b) improved functional capacity thru physical activity; c) increased social engagement; d) increased partnership/collaboration with community-based providers; e) improved support services coordination; f) new or strengthened innovative programs promoting successful aging & independent living; and g) increased community support and participation in senior centers & meal sites. Collaborations: VT Dept. of Health; local organizations, e.g. COVE & Vermont AARP; senior centers; meal sites; AAA's. Dissemination products include a report on successes, challenges, & lessons learned.

### 90AM2972 Innovative Senior Support Program for a Naturally Occurring Retirement Community

Project Period: 09/01/2005 - 06/30/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 195,821      |

Jewish Family Service of Sacramento 2862 Arden Way, Suite 103 Sacramento, CA 95825

Contact: Jack Kennedy (916)484-4400

Jewish Family Service of Sacramento and its partners, Paratransit, Inc., California State University, Sacramento, Area 4 Agency on Aging, Community Services Planning Council and Caring Neighbor volunteers, are establishing a supportive service demonstration program for aging in place seniors in Campus Commons, a large garden apartment complex in Sacramento. The goal is to help seniors age successfully and to prevent relocation for avoidable causes. The project objectives are to: 1) increase senior's awareness of supportive resources in the community; 2) reduce isolation of seniors to enhance life satisfaction, community connection and reduce the risks of suicide; 3) improve access to healthcare and supportive services; 4) ensure that neighborhood associations understand and take action to make Campus Commons an aging-friendly physical environment; 5) encourage seniors to take an active role in determining programming and services; 6) increase intergenerational connections; and 7) improve seniors knowledge of preventable injuries. Anticipated outcomes are: 1) improved communication and collaboration among service providers in the community; 2) increased awareness by seniors of supportive services in the community and how to locate them; 3) increased frequency of interactions with neighbors; 4) better access to health services for seniors; and 5) fewer homeowner association barriers to installing assistive devices in senior's homes. The project is developing and disseminating materials and information at local, regional and national conferences and will prepare a final report.

Program: Congressional Mandates

**90AM2973** Southeast Brooklyn Supportive Services Network for the Frail Elderly

Project Period: 09/01/2005 - 06/30/2007

FY Grant Amount FY 2005 293,731

Sephardic Community Center 1901 Ocean Parkway Brooklyn, NY 11223

Contact: Mark Kranczer (718)627-4300

The Sephardic Community Center (SCC) will develop a new support system for the physically disabled and frail elderly requiring temporary or permanent in-home services. The support system will be primarily based on the services of caregivers and volunteers. SCC will prepare an information brochure and post enrollment information on their website. Core services to be provided include case management, a caregiver support and respite center, preventative care measures such as blood pressure screening, reliable information and referral for caregivers, transportation, onsite physical exercise and cultural programming, linkage to SCC New Horizons Program, access to in-kind health professional services, and provide friendly volunteer visitors. Volunteer "friendly visitors" will visit homebound elderly to check on the status of the client, provide in-home respite for the caregiver, shopping assistance, and telephone reassurance. Support groups for caregivers will be held on a bi-weekly basis at the center and will include a secure internet based "chat room" where caregivers can post comments. The target population consists of elderly in the catchment area of the SCC. Anticipated outcomes: at least 60 temporarily or permanently homebound people will feel less isolated and have a more positive outlook of their living situation; 15 adults suffering from early stages of dementia will benefit from social adult day care activities; at least 10 people will be prevented from unnecessary hospitalization or falls; at least 40 caregivers will benefit from caregiver respite program; at least 35 volunteers will be recruited and trained; at least 50 caregivers will be better equipped, by the Caregivers Information Resource Center, to provide care and feel less stress; and a determination on the feasibility of implementing a NORC supportive services program in their catchment area will be determined by a NORC Feasibility Assessment.

Program: Congressional Mandates

90AM2974 Home Alone

Project Period: 08/01/2005 - 12/31/2006

FY Grant Amount FY 2005 24,478

City of Pawtucket 137 Roosevelt Avenue Pawtucket, RI 02860

Contact: Joan A Crawley (401)728-7582

The goal of this project is to target older adults living in the community who do not reside in congregate housing and provide them with access to information about resources, programs, and services available on local, state, and federal levels. The objectives are to: 1) identify those older adults who are at risk in the community; 2) provide assessment and intervention services in the home; 3) provide ongoing case management services; 4) provide the opportunity for socialization by offering transportation to the Leon Mathieu Senior Center; and 5) provide transportation for such necessities as marketing, banking, pharmaceuticals, etc. A part-time nurse will be hired to provide medical assessments. Key partners include: Memorial Hospital Rhode Island, State Department of Elderly Affairs, Community Counseling Center, Blackstone Health, Inc., Community College of Rhode Island, and the University of Rhode Island. Before and after questionnaires/surveys will measure levels of social interaction of the elderly participating in this program. Transportation service usage will be documented. Evaluation will also include assessments of individuals' general physical and mental health. Newly-acquired software will collect demographics, services and programs accessed, case management notes, and other miscellaneous information. An analysis of the information accumulated from this project will be documented in a final report to be sent to the city's Department of Planning, the mayor's office, the Administration on Aging, and other interested parties.

Program: Congressional Mandates

90AM2975 ExperienceSeniorPower (ESP): Intergenerational Computer and Job Skills Training Program

Project Period: 08/01/2005 - 12/31/2006

FY Grant Amount FY 2005 293,731

Cyber Seniors 305 Michigan Avenue, 5th Floor Detroit, MI 48226-2631

Contact: Krista Bajoka (313)237-4687

ExperienceSeniorPower, an intergenerational computer learning program and one year Federal grant project, will significantly help close the "digital gap" that is growing between haves and have-nots in terms of access to technology. This digital gap tends to leave those with less money out of economic/job opportunities, with little or no access to resources to increase their knowledge and advance in our society. ExperienceSeniorPower is increasingly concerned about diversity on the Web and the recent findings on differences in computer usage among whites and people of color. In some of the locations, ExperienceSeniorPower programming will be introduced as after school programming for at risk youth, teaching the young computer and job skills. Also, children will have access to the computers on their own time to continue to develop the skills they need to excel both academically and in the job market. In all settings there is a commitment to bridging the digital divide through uniting generations, and so this after school program will come with a twist. Senior citizens will learn computer skills alongside children, insuring "adoptive grandparent" relationships, and providing children adult role models few have had opportunity to savor, while providing senior citizens a sense of self-worth in a society often marginalizing their contributions.

### 90AM2976 Recruit/Train 100 Volunteers to Fill Out Vital Health Records for individuals Over Age 65

Project Period: 08/01/2005 - 07/31/2006

FY Grant Amount FY 2005 48,955

Faith In Action of Central Stark County, Inc. 806 Crosswyck Circle Louisville, OH 44641

Contact: Eileen Baroni (330)875-7434

Through a network of faith communities with trained volunteers, our purpose is to work with and enable the frail elderly to maintain their independence and dignity, the goal being to promote health and wellness in persons over the age of 65, so they can maintain their independence and remain in their own homes for as long as possible. Faith In Action, in collaboration with area congregations, fire departments, medical personnel, community organizations, hospitals, and community agencies, will provide vital health records for individuals over the age of 65, fill these records out, and place them in a designated spot for any possible future need by emergency personnel. The objectives are: 1) to work with pastors and congregations of all faiths to recruit and train volunteers; 2) to identify individuals at risk; 3) to integrate vital health records in Faith In Action Programs; 4) to develop linkages with community agencies; 5) to evaluate the impact of added services. The expected outcomes of this project are: to improve the care of individuals in an emergency situation; provide medical emergency personnel with up to date data when responding to an emergency; and eliminate unnecessary confusion when time is of essence. The products from this project are: vital health records provided to individuals over 65; an evaluation; and in-home assessments.

**Program: Congressional Mandates** 

90AM2977 Mt. Airy Bethesda Satellite Senior Technology Education Program

Project Period: 08/01/2005 - 07/31/2006

FY Grant Amount FY 2005 293,000

Mt. Airy Bethesda Manor, Inc. 6401 Ogontz Avenue Philadelphia, PA 19126-3604

Contact: Winifred W Morris (215)276-2960

This one year project will establish the Mt. Airy Bethesda Satellite Senior Technology Education Program, a computer literacy and Internet training project for older Americans living in inner city urban areas. The goals of this program are to enhance physical, educational, social, vocational, recreational and spiritual well-being of seniors through their increased ability to access the wealth of resources available to them through the Internet. Anticipated outcomes are: 1) prolonged independent living through an increase in supportive services accessible via the Internet; 2) receipt of vital information from the Centers for Medicare and Medicaid on revisions pertaining to the Medicare Modernization Act of 2003 provisions on prescription drugs; and 3) increased employability skills of seniors aged 55+. The program already has a cooperative agreement with the Department of Labor to allow seniors 55+ to seek 20 hours of employment weekly to enhance their limited income. The primary communities to be served fit the profile for urban minority poverty. At the end of the 12 week program, participants will be interviewed to evaluate the success of this project. Results of the evaluation will be disseminated to AoA and other interest groups.

### 90AM2978 NORC Demonstration Project

Jewish Family & Children's Svc of Greater Mercer County Senior Services 707 Alexander Road, Suite 102

Princeton, NJ 08540

Contact: Wendy C Cacacie (609)987-8100

Project Period: 09/01/2005 - 01/31/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 122,388      |

Jewish Family and Children's Service of Mercer County will conduct a 17 month demonstration project to support and develop services and activities for older adults in three diverse county residential communities. The project goal is to prevent frail, elderly individuals from premature institutionalization by increasing functional independence and life enrichment in their own communities and enhance their physical and emotional well being. Project objectives are: 1) maximize older adults functional independence in their own homes through improved access to and utilization of health and human services; 2) decrease incidence of depression among older adults who are aging in place and increase their sense of well being; and 3) increase older adult's access to wellness and recreation programs in community-based social milieus through the use of volunteer "Peer Educators", and develop additional volunteer opportunities for residents.

Anticipated outcomes are: 1) 65% of older adults contacting the program for information and referral resources will establish working relationships with community treatment and service providers matched to their specific needs; 2) 90% of older adults receiving mental health screening and referral services will experience a significant reduction in the presence of symptoms of depression; and 3) members of older adult communities will have a heightened awareness of mental health issues and treatment options. Project products include development of materials for presentations at the local, state and national levels, and a final report.

Program: Congressional Mandates

**90AM2979** Aging in Place in Union County, New Jersey

Jewish Family Service Agency of Central New Jersey
Department of Older Adult Services
655 Westfield Avenue
Elizabeth , NJ 07208

Contact: Jerold Starr (908)352-8375

partment of Older Adult Services

FY Grant Amount

Project Period: 09/01/2005 - 01/31/2007

FY Grant Amount
FY 2005 195,821

Jewish Family Service of Central New Jersey and its collaborators, the Jewish Community Center of Central New Jersey, the Young Men's - Young Women's Hebrew Association of Union County, the Jewish Federation of Central New Jersey, the Bethal American Methodist Evangelical Church, and the Union County Division of Aging Nutrition Program, will conduct a seventeen month demonstration project for seniors living in their own homes and private apartment complexes in Union county, New Jersey. The project goal is to help seniors remain in their own homes and age in place with dignity and with the support of the community. Project objectives are: 1) increase access to support services; 2) increase support services to under-served homebound and frail seniors, including Kosher home delivered meals, home care services, transportation and activity therapy; 3) assure feedback, through survey of the at-risk, frail older adult population to assess changing needs and development of a senior council; 4) monitor project development and effectiveness; and 5) disseminate results and outcomes to other supportive service programs. Anticipated project outcomes are: 1) 80% of those provided services will remain in their own home for the duration of the project; and 2) 50 % of those provided services will report a satisfactory or improved quality of life. Products include web pages about the program, presentations at national conferences, local newspaper articles and a final report.

90AM2980 Aging in Place Initiative Providing Support Service Programs...Hamilton Co.

Jewish Family Service of the Cincinnati Area Senior Adult Services 11223 Cornell Park Drive Cincinnati, OH 45249

FY Grant Amount FY 2005 97,910

Project Period: 09/01/2005 - 08/31/2006

Contact: Ann S Burke (513)766-3350

The Jewish Family Service will conduct a twelve month demonstration supportive service program for residents of two Naturally Occurring Retirement Communities (NORCs) in the Greater Cincinnati area, with the involvement of residents, funders, service providers, and property owners. The project goal is to enable seniors to remain in the comfort and security of their own homes for a long as possible, in accordance with their wishes, with optimal health, independence, and dignity. Project objectives are to: 1) help residents maintain or improve their physical and mental health status; 2) mitigate their isolation and loneliness; 3) provide services and programs that respond to the needs and interest expressed by the residents; 4) create an environment that promotes an independent lifestyle and maximizes use of community resources; and 5) assure sustainability of the project. Project anticipated outcomes are: 1) 80% of residents will maintain or improve their levels of ability to perform daily living tasks; 2) 50% of residents will be less isolated and lonely; and 3) 80% of residents will remain independent in their own homes for as long as possible. Products include a directory of service providers, a policy and procedures handbook, and a final report.

Program: Congressional Mandates

**90AM2981** Creating Opportunities for Older Persons (CO-OP)

Jewish Family Service of San Diego Senior Services 3715 Sixth Avenue San Diego, CA 92103

Contact: Craig Lambert (619)291-0473

Services, the San Diego State University's Gerontology Department, the United Jewish Federation, the Claremont Friendship Center and a number of homecare agencies, is conducting an aging in place supportive services demonstration for older residents living in University City Village Apartments. The goal is to support residents stay in their own homes as long as possible, in accordance with their personal desires. Project objectives are: 1) identify current service gaps, needs, and barriers confronting residents; 2) create and/or enhance services to meet the needs of residents, based upon identified gaps, needs, and barriers; 3) provide activities that promote healthy aging and offer preventative measures against declining health; 4) increase social interaction, reducing isolation and symptoms of depression; 5) provide essential and recreational transportation; 6) offer services to meet the needs of caregivers and residents who may need an enhanced level of care; 7) develop volunteer opportunities for older adults who can assist in program provision; 8) conduct project evaluation; and 9) disseminate information. Anticipated outcomes are: 1) 80% of the residents surveyed at the end of the project period will indicate awareness of, and ability to access, project services; and 2) 70% of the residents surveyed at the end of the project period will indicate that they perceive an opportunity for

expanded involvement in their residential community and/or the community-at- large. Products include web pages on

the grantee's website, presentations to local and state legislative representatives and a final report.

Jewish Family Service of San Diego, in partnership with the San Diego County Department of Aging and Independence

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 146,866      |

## 90AM2982 NORCs -Standardizing Best Practices in Both Congregate and Individual Residential Settings

Project Period: 09/01/2005 - 02/28/2007

FY Grant Amount FY 2005 48,955

Jewish Community Federation of Cleveland 1750 Euclid Avenue Cleveland, OH 44115

Contact: Cathy Weiss (216)566-9200 308

The Jewish Community Federation of Cleveland will conduct this twelve month study of selective naturally occurring retirement community (NORC) supportive service programs in the state of Ohio pursing two goals: 1) to identify and begin to standardize best practices and approaches to service delivery within congregate settings; and 2) identify principles, practices and strategies for delivering such services to people living independently in their own homes. Four objectives will be pursued: 1) convening groups of stakeholders for educational seminars where current practices and challenges can be shared, and standards for optimizing success suggested; 2) educating local and state legislators on identified best practices; 3) facilitating a planning process with local professional and volunteer leaders to direct efforts and resources to non-congregate NORC programming; and 4) surveying current baby boomers, and utilizing their insight and input into future planning strategies. The expected outcomes of this project are the development of models and structures for delivering tailored, targeted and individualized supportive services to adults who remain in congregate living settings and who live independently in their own homes. The products of this project include a written report on the needs and desires of baby boomers; a set of guidelines for non-congregate service delivery; and a written compilation of best practices in the delivery of support services to older adults within congregate living settings.

Program: Congressional Mandates

90AM2983 Help is Where the Home is: The NORC Aging in Place Initiative

Jewish Federation of Southern New Jersey Jewish Family and Children's Services 1301 Springdale Rd Cherry Hill, NJ 08003

Contact: Ronit Boyd (856)751-9500 188

Jewish Family and Children's Services of Southern New Jersey, in partnership with the Jewish Federation of Southern New Jersey, is implementing a 17 month demonstration project for seniors aging in place in a Cherry Hills, New Jersey apartment complex. The project goal is to prevent premature placement in an institutional facility. Project objectives are: 1) improve health care of the elderly residents by having geriatric physicians, occupational and physical therapists and an on-site Registered Nurse provide professional services, promoting self-management of chronic diseases and improved health care literacy; 2) maintain the dignity of elderly residents by providing licensed and certified home health aides to assist with personal care needs; 3) decrease isolation by providing on-site socialization programming and transportation to community-based programs; 4) improve the nutritional intake of residents by providing congregate meals and/or a homemaker for grocery shopping and meal preparation; and 5) ensure overall physical and emotional needs of residents through coordination of care by an on-site Master's level social worker. Anticipated project outcomes are: 1) improved health care; 2) improved self management of chronic diseases and health care literacy; 3) decreased isolation; 4) improved nutritional intake; and 5) improvement in overall physical and emotional needs being met. Products include a quarterly newsletter, presentations at local, state and national forums, a step by step manual, and a final report.

### 90AM2984 Outreach Activities for Independent Seniors (OASIS)

Jewish Federation of Greater Des Moines Jewish Family Services 910 Polk Boulevard Des Moines, IA 50312

Contact: Berel Simpser (515)277-6321

Project Period: 09/01/2005 - 08/31/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 293,731      |

Jewish Federation of Greater Des Moines is conducting a supportive service demo. project for aging in place, collaborating with Aging Resources of Central IA; Polk Co. Senior Services; Geriatric Education Center of Des Moines U.; United Way - Central IA; Des Moines Catholic Charities; Lutheran Social Services; Visiting Nurses of IA; IA State Dept. of Elder Affairs; Advocacy Network of Aging Iowans; Des Moines Community Foundation & KG InterDev, LLC. Goal: develop innovative, efficient and individualized services that increase seniors' ability to age safely in place in their homes and communities, avoiding premature and costly institutionalization. The project will create and evaluate two different program models of services for seniors, enabling them to live as independently as possible. An apartment model services a diverse, low socio-economic population of seniors located on Des Moines' east side. A targeted group model for two groups serves:1) urban, moderate income seniors who regularly attend Eddie Davis Comm. Center programs; and 2) a group of first generation, moderate to low income, immigrants mainly from Eastern Europe, who regularly attend Jewish Family Services senior activities programs. Project objectives: 1) develop collaborative partnerships with neighborhood assns., senior groups, housing facilities, for and not-for profit organizations, and state & local govt. agencies; 2) provide enhanced case mgmt. services to targeted populations to assess resident needs & assist accessing services; 3) provide individual & group social and educational activities, not limited to transportation, health, medical, home modification, chore svcs., visiting nurse, meals on wheels and social & educational activities; 4) conduct a comprehensive program evaluation. Outcomes: an MOU defining services and cost-sharing provisions; infrastructure for enhanced case management; reduction in isolation & greater independence; and evaluation reports widely disseminated.

Program: Congressional Mandates

90AM2985 SEQUOIA: Serving the Elderly with Quality Outcomes In Community and at Home

Project Period: 09/01/2005 - 04/30/2007

FY Grant Amount FY 2005 195,821

Jewish Family Service of Greater Clifton - Passaic 199 Scoles Avenue Clifton, NJ 07012

Contact: (973)777-7638

Jewish Family Services of the Jewish Federation of Greater Clifton-Passaic will conduct a 17 month demonstration of supportive services for older adults living in county high-rise multi-family housing facilities. The project goal is to enhance the ability of seniors to age in place by increasing access to services. Project objectives are: 1) develop and conduct a needs assessment; 2) provide case management and social work services; 3) provide health education and screenings; 4) provide social, spiritual and cultural activities; 5) create an advisory council comprised of seniors; 6) collect data and monitor effectiveness of the project; and 7) disseminate findings to assist in sustaining and replicating this model. The anticipated outcome is to increase access to services for older adults not currently being assisted. Products include development of materials for presentations and a final report.

### 90AM2986 Co-op City Comprehensive Community Care Project

Project Period: 09/01/2005 - 09/30/2007

FY Grant Amount FY 2005 244,776

Jewish Association of Services for the Aged 132 West 31 Street New York, NY 10001

Contact: Amy Chalfy (718)365-4044

Jewish Association for Services for the Aged, in partnership with the Co-op City's Naturally Occurring Retirement Community (NORC) Supportive Services Program Network, and in collaboration with Gloria Wise Senior Services, Inc. and Montefiore Medical Center, will conduct a seventeen month demonstration project in a large cooperative apartment complex in the Bronx, New York. The project goal is to establish a community cooperative program supporting aging in place for elders suffering from dementia, by enlisting community residents and local businesses and service providers as gate-keepers and providers of professional services to meet the senior's medical and social service needs in order for them to remain safely at home. Project objectives are to: 1) reduce the stigma and hopelessness associated with dementia through a community education and awareness program; 2) create a supportive community environment for people with dementia and their families; 3) develop an early identification and diagnostic protocol for clinically appropriate care planning and service delivery; 4) expand existing NORC network services to persons with dementia and their family caregivers; 5) increase the competency of providers; 6) evaluate the impact of added services; and 7) disseminate project information. Expected outcomes: 1) the community at large will experience an increase in knowledge about dementia and resources for care; 2) individuals with early stage dementia will have an increased period of stable functioning, physical well-being, and freedom from exacerbations of psychological and behavioral disturbances; 3) caregivers burden will stabilize rather than increase; and 4) service delivery expertise, linkage and continuity will be improved. Products include a service delivery protocol for dementia stage-specific interventions and a final written report.

Program: Congressional Mandates

90AM2987 Wasilla Area Seniors (WAS), Inc.

Project Period: 08/01/2005 - 10/31/2006

FY Grant Amount FY 2005 293,731

Wasilla Area Seniors Inc. 1300 Century Circle Wasilla, AK 99654

Contact: Judith Wake (907)376-3104

Wasilla's 1 yr. project goals are to: 1) provide more nutritious and culturally appropriate meals to seniors in Matanuska Susitna Borough, and look at the relationship between mood, food associations and memory improvement; 2) make the Assisted Living home safer for residents and prevent wandering; 3) increase mental and physical activity level of residents-to stimulate, and lessen prevalence of depression; 4) improve quality and safety of campus transportation and ensure safety of perishable & non-perishable items, i.e. food delivered to homebound elderly, as well as local and remotely dwelling seniors; 5) train seniors in CPR and First Aid & natural disaster or emergency response; and 6) establish Community Emergency Response Teams (CERT), and share CERT training with churches, community groups, and senior centers. Target Populations: 1) seniors in Wasilla Area seniors assisted living facility and senior apartments on campus; and 2) all seniors in the Matanuska Susitna Borough, focusing on predominately low-income apartment dwellers, including three culturally diverse groups of Russian, Korean, and Spanish language seniors. Anticipated Outcomes: 1) increased nutritional value, more culturally appealing cuisine, and accommodation of special food needs (e.g. diabetics) through a "natural foods of Alaska program"; 2) elevated mood and improved memory; 3) safer environment for residents, and reduction in wandering behavior; 4) improved physical and mental well-being, and reduction in number of residents on anti-depressants; 5) consistent, temperature-controlled delivery of meals to homebound seniors in a well-equipped, multi-purpose vehicle; 6) disaster prepared, CERT certified seniors; 7) strengthened campus complex enabling seniors to age in place; and 8) a model "senior campus concept" to share with other Senior Centers. Products include "memory books" for residents; and a model, replicable "senior campus" plan.

### 90AM2988 Training to Enhance the Capacity of a Long-term Care Workforce

Project Period: 09/01/2005 - 12/31/2006

FY Grant Amount FY 2005 293,731

University of Wisconsin - Milwaukee P.O.Box 340

Milwaukee, WI 53201

Contact: Anne D Basting (414)229-2732

A Training Research Institute (TRI) will be created to serve as a vehicle for identifying, evaluating and disseminating evidence-based training programs to enhance the capacity of the long-term care work force in the US. The goals for the first year are: 1) establish the infrastructure of the TRI; 2) conduct a statewide survey of long-term care organizations and direct-care workers; 3) implement and evaluate two training programs; and 4) develop scientifically appropriate and viable study designs to serve as evaluation templates for training programs targeted to family caregivers, direct-care workers, and professional care staff providing long-term care.

Program: Congressional Mandates

90AM2989 Expansion of a National Data Collection System for Improving Care at the End of Life

Project Period: 09/01/2005 - 08/31/2007

FY Grant Amount FY 2005 97,910

The Carolinas Center for Hospice & End of Life Care PO Box 4449
Cary, NC 27519

Contact: William Smith (919)677-4115

The Carolinas Center for Hospice & End of Life Care will conduct a one-year project to develop a comprehensive Internet-based resource for accessing data about the epidemiology and experience of end-of-life in the United States.

During 2004/2005, The Carolinas built the EDELE (Epidemiology of Dying and End of Life Care Experience) website/portal that provides ready access to data about decedents and end-of-life for use by healthcare providers, health planners, and advocacy organizations for clinical practice improvement, informed policy change, and planning.

This project will increase the utility of the website by: 1) adding data for two to three more states: 2) developing a cost-effective mechanism to add more states in the future; and 3) including information about and access to data not currently posted on the website. Information about the website and its uses will be disseminated via professional newletters and conferences and via links from websites frequented by target audiences.

### 90AM2990 The "Aging Opportunities" Project

Project Period: 09/01/2005 - 08/31/2007

FY Grant Amount FY 2005 489,552

Senior Services, Inc. 836 Oak Street, Suite 320 Winston-Salem, NC 27101

Contact: Elaine M Patterson (336)725-0907

The "Aging Opportunities" Project will demonstrate the opportunities for meaningful civic engagement and planned giving for aging services. The goals are to design, test, demonstrate and disseminate strategies that will: 1) utilize the untapped potential of older adult, younger and diverse volunteers through innovative and expanded services, thereby reducing costs through expanded use of unpaid workers; and 2) generate additional/stable, short-term and long-term funding for aging services. The objectives are: 1) to develop a simple, user friendly personnel/human resources system and guidebook for the administration of volunteers, student interns, and other unpaid workers; 2) to recruit, orient, train and engage volunteers, student interns and other unpaid workers in new and expanded ways through creative marketing approaches through the implementation of the personnel system; and 3) to develop a planned giving system and guidebook unique to the aging field which will include innovative, marketing, advertising and outreach approaches. The outcomes are: 1) to significantly increase the quantity and quality of volunteer engagement in the provision of aging services, thereby reducing costs while providing enriching opportunities; and 2) to increase community-based services to people who cannot afford to pay for them. The products are: 1) an Unpaid Workers Personnel Guidebook; 2) a Planned Giving Guidebook; 3) documentation of the approaches, successes, barriers and outcomes of the personnel and planned giving system; 4) samples of advertising, volunteer job description, planned giving strategies, etc.; 5) a web site link to the above products to provide easy access to the lessons and information; and 6) a final report.

Program: Congressional Mandates

90AM2991 The Dementia Care Specialist Training

Project Period: 09/01/2005 - 08/31/2007

FY Grant Amount FY 2005 391,642

Alzheimer's Association South Central Wisconsin Chapter 517 N Segoe Road, #301 Madison, WI 53705

Contact: Paul R Rusk (608)232-3400

The Alzheimer's Association South Central Wisconsin Chapter will develop a 15-hour "Dementia Specialist" training curriculum to be offered to direct care facility staff around the state of Wisconsin. Each of the three Alzheimer's Association chapters in the state will offer this training at least twice a month. The comprehensive curriculum will address the most important issues related to dementia care. It will be designed to be practice-based using experiential exercises, interactive activities, media, and dialogue to help gain the knowledge and practical skills necessary to provide compassionate, person-centered care. The overall goal is to improve the quality of dementia care provided by long-term facilities throughout Wisconsin. The objectives are: (1) to increase the knowledge and understanding of the symptoms and nature of dementia among facility staff; (2) to increase person-centered care practices in long-term care facilities; and (3) to enhance the workplace benefits of facility staff who work under difficult conditions. Products include: (1) a state-of-the-art dementia specialist curriculum; (2) a final report outlining "lesson learned" and data supporting the premise that training improves the of quality of care in facilities; and (3) information indicating the direction of additional steps needed to actually change the culture in facilities.

Fort Worth, TX 76102

## 90AM3012 Alzheimer's Association - North Central Texas Chapter, Physician Partnership - Case Management for Alzheimer Families

Alzheimer's Disease and Related Disorders Association, Inc. - North Central Texas Chapter 101 Summit Avenue, Ste. 300

Project Period: 09/01/2005 - 08/31/2007 Grant Amount

Project Period: 09/29/2005 - 02/28/2008

Grant Amount

979,104

Contact: Theresa Hocker (817)336-4949

The North Central Texas Chapter of the Alzheimer's Association will design, implement and evaluate a model of case management based on an approach developed for cancer patients and their families by Cancer Care Services, a non-profit agency operating in Tarrant county Texas. The goal of the project is to enhance the quality of life of person's with Alzheimer's Disease (AD) and their families through the timely provision of case management services. Locating and accessing supportive services for persons with Alzheimer's Disease can be difficult, can add to caregiver's burden and result in patient needs not being fully met. Caregivers frequently turn to primary care physicians for information and assistance obtaining services that physician's are often ill-prepared to provide. The proposed intervention will establish formal partnerships with two medical clinics, one metropolitan and one rural, for the provision of case management services. Outreach social workers will be present in the medical clinics to facilitate the provision of case management services and work with clinic staff to increase their knowledge and awareness of the case management needs of patients with AD and their families. Key partners for this project are The Fort Worth Clinic and a second clinic in rural Parker County. The North Central Texas Chapter plans to partner with Texas Christian University to assist with project evaluation. Project outcomes include: enhanced quality of life due to interventions provided through case management for people with AD and their family members who are providing home care; and an increased rate of referral to case management for AD patients and their caregivers by primary care physicians.

Program: Congressional Mandates

90AM3013 Technology to Enhance Aging in Place at Tiger Place

UNIVERSITY OF MISSOURI

Nursing

310 Jesse Hall

Columbia, MO 65211

Contact: Marilyn J Rantz (573)882-0258

Along with supportive services, enabling technology, in the form of low cost sensors, computers, and communications systems, has become available, making the dream of aging in place a reality. This project proposes to develop and evaluate technologies for use by residents at a new living facility for seniors - Tiger Place. The project goal is to develop the technology infrastructure at Tiger Place to enable the development and evaluation of the technologies for resident use. Objectives: 1) install, implement, and develop an integrated monitoring system that reliably captures data about elder residents and their environment in a noninvasive manner, balancing the needs of health, safety and privacy; 2) describe supportive health care services needed to maximize benefits of the integrated monitoring system; 3) evaluate usability of the technology and investigate fundamental issues in human-computer interactions for older adults; 4) and evaluate usability of videophone technology to increase and enhance communication between residents of Tiger Place and their family members separated by geographic distance, encouraging family involvement. Measurable outcomes: 1) technology will facilitate detection of adverse events, such as falls or major changes in health status; 2) technology will increase perception of safety, while providing for privacy; and 3) videophone technology will increase communication and family involvement in the lives of participating residents.

#### 90AM3014 Office of Substitute Decision Maker

Project Period: 09/29/2005 - 06/30/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 391,642      |

IOWA ST DEPARTMENT OF ELDER AFFAIRS 510 E. 12th Street, Suite 2 Des Moines, IA 50319

Contact: Deanna Clingan-Fischer

The lowa Department of Elder Affairs will develop the educational materials and training tools necessary to initiate a statewide Office of Substitute Decision Maker. This Office establishes a least restrictive system of substitute decision making services for older adults and disabled adults at least 18 years old who might be in need of a decision maker, but do not already have access to a guardian, conservator, representative payee, and/or attorney under a power of attorney. During the grant period, the Department of Elder Affairs will establish the infrastructure of the program, including training of staff and recruitment of local partners. The lowa Department of Elder Affairs is simultaneously working to secure a new appropriation from the lowa Legislature in order to implement and sustain the program. The proposed intervention will screen potential clients using intake and assessment tools that they develop. The project will be evaluated using a number of means. The tools, forms, and trainings developed to implement the program will be evaluated for effectiveness using an advisory group and focus groups.

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