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News Release

USU Psychiatry Professor Participates in PBS Special with Actress Julia Roberts

BETHESDA, Md. — Stephen Cozza, M.D., professor, Uniformed Services University of the Health Sciences', Department of Psychiatry, and associate director of the Center for the Study of Traumatic Stress will be featured in an upcoming PBS Primetime Special titled, "*Coming Home: Military Families Cope with Change*". The special will be hosted by Actress Julia Roberts.

The special will discuss the challenges faced by injured soldiers and their families; offer them strategies for coping; encourage them to share their feelings and turn to one another for support; and provide the general public with a brief glimpse into what military families have to endure, among other topics.

Over the past few years Dr. Cozza has worked closely with the Sesame Workshop and contributed to the development of an outreach kit aimed at helping young children of servicemembers deal with the stresses of military deployments. The kit is titled *Talk, Listen, Connect: Helping Families During Military Deployment*. The kit includes a DVD which features the Sesame Street Muppets, and addresses the challenges and concerns children experience during various stages of deployment.

Because of the extensive work he's done with families and children of deployed members, Dr. Cozza was asked to participate in a roundtable discussion last year, led by First Lady Laura Bush about "*Helping America's Youth*" and focusing on the special needs of military children.

Located on the grounds of Bethesda's National Naval Medical Center and across from the National Institutes of Health, USU is the nation's federal school of medicine and graduate school of nursing. The university educates health care professionals dedicated to career service in the Department of Defense and the U.S. Public Health Service. Students are active-duty uniformed officers in the Army, Navy, Air Force and Public Health Service, who are being educated to deal with wartime casualties, natural disasters, emerging infectious diseases, and other public health emergencies. Of the university's more than 4,200 physician alumni, the vast majority serve on active duty and are supporting operations in Iraq, Afghanistan, and elsewhere, offering their leadership and expertise.

For more information, contact the Office of External Affairs at (301) 295-1219 or visit the USU Web site at: www.usuhs.mil.