



Bill Bester

Acting *Vice President for External Affairs and Managing Editor*

Tech. Sgt. André Nicholson

Editor

Christine Creenan Staff Writer

Marla Wright Shaun Sadowski Webmasters

Publishing *USU Duplicating Office*

Production:

Editorial content is edited, prepared and provided by the USU Office of External Affairs unless otherwise indicated. The Newsletter staff may include or exclude articles based upon news value, impact on the university and space availability.

Submissions:

The USU Newsletter will be published bi-weekly on Mondays and deadline for submission is Friday at 4 p.m. Submissions can be sent to usunewsletter@usuhs.mil or by calling 301-295-3338.

In This Issue:

Town Hall Meeting	2
EOQ	2
Faculty Profile	3
Contest Winner	3
Year In Review	4-5
Amazing Race	6
Look Who's Talking	6
Briefs	7
Holiday Party	7

Cover photo: Courtesy of Multimedia Design

Town Hall Meeting

By Christine Creenan VPE Staff Writer

There was nary an empty seat as Uniformed Services University of the Health Sciences (USU) President Charles Rice, M.D., moderated the year's final Town Hall Meeting, Dec. 17. Faculty, staff and students alike listened as special guest speakers discussed community operations.

Just across the state line, construction on the new Belvoir Community Hospital has begun and is set for completion in 2010. The complex represents a flagship of military medicine. In the future, many USU students will certainly receive valuable training and begin their careers as uniformed physicians at the Virginia complex.

COL Charles Callahan, MC, commander, DeWitt Army Community Hospital, described some of the features of this world-class medical facility, including the use of cutting-edge technology and the availability of more than 50 primary specialty clinics. Even the hospital architecture promotes wellness; layout is inspired by nature themes and the facility harnesses an abundant use of natural light because these design elements are linked to positive health care outcomes.

Moving onward, President Rice offered further insight into the pursuits being undertaken at the new Center for Neuroscience and Regenerative Medicine. The research environment studies the affects and treatments of Traumatic Brain Injury and Post Traumatic Stress Disorder in a collaborative fashion. The consortium represents unprecedented coordination among the National Institutes of Health, Walter Reed Army Medical Center, National Naval Medical Center and other agencies in an effort to

encourage idea exchange and move understanding forward.

Next on the agenda—a brief discussion on the dismal financial downturn that has been crippling many health care industries as of late. The picture is some what brighter at USU, however, with financial obligations on the rise.

President Rice touched on the uncertainty of the pay system NSPS remaining intact and updated the community about progress made on the faculty salary front.



Photo by HM2 Michael Oliver

COL Charles Callahan provided an overview of the new Belvoir Community Hospital, slated to open in 2010.

The current administration has been championing a pay increase for USU educators and their efforts bear fruit in a recent agreement by Congress to make salaries more competitive with those of faculties at civilian universities.

Before opening the floor to questions, President Rice applauded the cafeteria management for improving the quality and variety of food as well as turning financial loss into a surplus in just a few short months.

Hard Work Pays Off for New Junior, Senior Employees of the Quarter

By Christine Creenan VPE Staff Writer

If the daily grind of hard work gets a person polished, then Tricia Crum and Sharon Randall are shining stars at the Uniformed Services

University of the Health Sciences. Their respective nominations as Junior and Senior Employees of the Quarter recognize their perseverance, dedication and willingness to perform beyond job description requirements.

"Ms. Crum routinely goes to extraordinary means to do whatever is necessary to fulfill the mission of the department and the university," explained supervisor David Krantz, Ph.D., in his nomination form.

Even in times of stress,

Crum maintains a positive outlook and when describing her work ethic, the secretary for the Department of Medical and Clinical Psychology had this to say: "I believe in bringing the best of me to work everyday. I enjoy working with



Jr. Employee of the Quarter Tricia Crum



Sr. Employee of the Quarter Sharon Randall

people and trying to be as helpful as possible."

Across campus, the same fortitude is demonstrated but in an entirely different capacity as Randall labors towards excellence as the senior grants management

administrator. Her duties are many, still, according to Scientific Director Charles Salter, Ph.D., Randall "multi-tasks such that she can resolve many issues virtually simultaneously."

Humbled to receive such accolades, Randall said, "It was breathtaking to know I had been chosen for such an honor."

For their commitment to the university, the newest Junior and Senior Employees of the Quarter will receive \$250 saving bonds and reserved parking spaces.

Faculty Profile: Col Charles Beadling

By Christine Creenan VPE Staff Writer

There is no doubt Col Charles Beadling, vice chair, Military and Emergency Medicine, is a man who loves his job. Equal parts dedicated officer and compassionate healer, the uniformed physician is doing exactly what he envisioned as a young boy growing up in the heartland.

Raised on old-fashioned values, his parents were supportive of his dreams, even expecting the talented mathematician to excel where they had not. He was smart, hard-working and his future success seemed almost foretold. The path to get there, however, was more happenstance than contrived.

"It was high school and I was in the library. I pulled down this catalog," he explained. "I saw people jumping out of air planes, in camouflage and I thought—this looks interesting."

The young adventurer would leave his hometown to pursue studies at the much-revered Air Force Academy. Out West, the polished cadet fell in love with the military—mission, values, camaraderie and all.

After graduation, his future as an officer was just beginning. The newly minted second lieutenant began his career as an aviator, responsible for aircraft navigation. The experience was exciting but his passion lay elsewhere. The airman wanted to be a physician.

"When I came to USU, I got goose bumps," Beadling recalled. "I already knew the quality of the military education and if I got accepted, this would be my first choice."

The university obliged and Beadling began learning the tenets of military medicine at the nation's school of medicine. He carried the lessons throughout his career, eventually returning to his alma mater to instruct young cadres on how to care for those in harm's way.

"I love to teach," he enthused. "The reason I came back is for the students."

He will soon retire after dedicating nearly four decades

to the service. Still Beadling gives the distinct impression there is nothing he would rather do and just the slightest hint of melancholy seems to underscore his impending transition into civilian life. Perhaps it is this enthusiasm coupled with a knack for engaging audiences with his dynamic speaking and wealth of experiences that make the Missouri native a formidable presence on campus grounds and a favorite among students and faculty alike.

His impact extends beyond USU corridors though; Beadling champions wellness across international boundaries. The acting director for the Center for Disaster and Humanitarian Assistance Medicine makes regular trips to central Africa to lend his



Photo by Leeann On

or the students."
He will soon retire During the Antietam field exercise, Col Charles Beadling engages

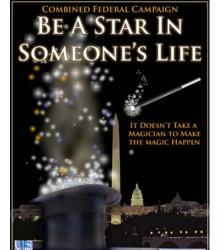
students with stories of wartime casualty in the Civil War era.

expertise to Chadian government and military forces. Together they are working to develop a comprehensive program that provides quality care to victims of landmines.

His ambition continues to thrive, Beadling and staff are eager to stand up a prosthetics lab in the eastern region. Progress, however, is slowed by the ongoing turmoil that continues to ravage the war-torn nation.

"There are many obstacles in the way," he said and points out that it is often difficult to gain access into the desert nation. "Still, I'm not giving up on it."

Refusing to relent seems to be the mantra by which Beadling lives.



An Artist Among Us

Harold Blackwell began drawing when he was just two years old and now, years later, he is being recognized as an outstanding artist, winning first and second place in the DoD Communications and Marketing Contest. A visual information specialist by trade, Blackwell harnessed creative talent with computer savvy when designing posters for the Combined Federal Campaign. The end result was an aesthetic masterpiece, sweeping the poster/display category and earning Blackwell the highest honors. Though proud of his accomplishments, Blackwell remains humble. "It feels good to win, but it's what I love doing," he said.



Photo by Harold Blackwell

Year in Review: A look back at some of the images that graced USU Newsletter covers

January



The hails and farewells of any military command are bittersweet. As the university bade a fond farewell to Capt Timothy Gerlach, COL John Wempe, brigade commander, took over the responsibilities of headquarters company personnel until a suitable replacement was found (Note: Capt Sean Lynch has since filled the permanent position).

February



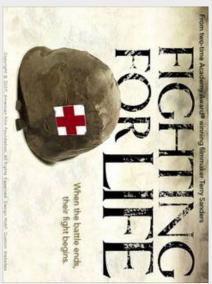
USU organized a Graduate Medical Education Research Poster Session during the Military Health System conference late January. Uniformed resident physicians and fellows from around the country showcased their awardwinning research pursuits.

March



Spring had sprung and the campus was bustling with many reasons to celebrate. Dr. Anthony Maurelli was elected to a fellowship in the American Academy for Microbiology, Drs. Alan Liu and Mark Bower received the 14th annual Satava Award and COL Francis O'Connor, M.D., was inducted into the Order of Military Medical Merit.

April



The university story is told in the documentary "Fighting for Life" which hit theaters early March and continued throughout April. The gripping drama focuses on the role USU plays in educating the leaders of military medicine and looks at the care they provide to service members injured in combat.

May



Graduates from the F. Edward Hébert School of Medicine and Graduate School of Nursing celebrated their academic achievements during the 2008 commencement ceremonies at Constitution

June



A team of commissioned and enlisted service members from USU participated in Tom's Run—an annual race promoting fitness and raising awareness for amyotrophic lateral sclerosis, commonly referred to as Lou Gehrig's disease.

July



Construction on Building E was complete, addressing much needed classroom and office space.

August



USU students experienced the challenges of providing care in a battle-field setting during two concurrent field exercises known as Operations Kerkesner and Bushmaster. The training, which takes place in July, represents the capstone of the USU curriculum, augmenting roles students will take on as military officers and uniformed physicians.

September



Students gathered in the university amphitheater for the annual presentation assembly in late August. They carry the words of the Hippocratic Oath throughout their studies and into their careers as uniformed physicians.

October



USU celebrates all of the uniformed service birthdays and in October, the learning community enjoyed a cake cutting ceremony commemorating the Navy's 233rd birthday.

November



In late October, USU partnered with various agencies, including the National Naval Medical Center to assess the critical medical skills of military and civilian responders at large. This year's Multi Agency Exercise simulated a mass casualty on campus grounds.

December



The university celebrated the contributions of the founding dean of the Graduate School of Nursing (GSN) by naming its newest research center for Faye Glenn Abdellah, Ph.D. Along with the naming of the new center, the university welcomed GSN Dean Ada Sue Hinshaw, Ph.D.

The Amazing Race

By Christine Creenan VPE Staff Writer

Medical students at the Uniformed Services University of the Health Sciences spend years perfecting their craft, but for a group of gracious scholars, providing relief comes sooner. They are not using their skilled hands though, but strong legs to bring comfort to injured service members at Walter Reed Army Medical Center and National Naval Medical Center.

The aspiring physicians raised funds by participating in a 5k run, hosted by the Medical Students for Wounded Warriors organization. The brainchildren behind the event and charity founders, 2d Lt Kristen Saenger and ENS Dink Jardine, feel a strong connection to the mission because it allows them to provide immediate comfort to the populations they are learning to care for at the nation's School of Medicine and Graduate School of Nursing.

"The race reminds people of why we are at school for 12 hours a day," explained Saenger. "It's nice to think we might be making life a little more comfortable for these young people whose lives

got tossed upside down."

Her enthusiasm was shared by many. "It was incredible to look around and see so many people," she said, recalling more than 100 people showed up for the event. Participants included volunteers from their alma mater as well as those from medical universities in the area.

The community out reach paid off in a big way and proved there is indeed power in numbers. The foundation raised more than \$3,000 and proceeds were used to satisfy a wish list created by the wounded warriors themselves.

The novice charity leaders are proud of the strides they have made thus far and are eager to continue the effort.

"The hope is we will do at least one event every year, but we are already trying to plan something for the spring," Saenger said before explaining, "It feels good to have a project and see it come to fruition."

In the end, perhaps it is neither skilled hands nor strong legs that make these volunteers great, but their open hearts.

For more information about the Medical Students for Wounded Warriors organization, visit www.healershelpingheroes.org.



School of Medicine volunteers and injured service members expressed gratitude for all the gifts that were made possible through the pursuits of the Medical Students for Wounded Warriors organization.

Look Who's talking... The people of USU share their resolutions for 2009



"My resolution is to be able to complete 20 onearm pushups on each arm."

—SSgt Chi Pang Cheung NCOIC, Accounting and Policy



"I resolve to be more positive in my outlook on life and less negative."

—Charles Kelley Deputy Director for User Services, LRC

USU Briefs

Helpdesk Closure: The UIS helpdesk will be closed for training on Thursdays from 10 to 11 a.m. During this time, you can leave a voicemail message at 295-9800 or utilize the HEAT Self Service (http://www.usuhs.mil/uis/forms/trouble.html), or send an email to help@usuhs.mil. If an emergency should arise, please call 295-9870.

PFT/PFA/APFT Spring 2009: The spring 2009 Physical Fitness Test for all services is projected for April 7-9 and 14-16. Plan accordingly. If there are any questions, please contact your service specific fitness coordinators: Air Force contact, (T)Sgt Ernle at 295-3281; Navy contact, FC2 Race at 295-9637; and Army contact, SSG Rogers at 295-3720.

Service Member of the Quarter Nominations: The next Service Member of the Quarter board will convene on Jan 15. Nomination packages are due to HMCM Garrett, USN (BDE) no later than Jan 13.

2009 Field Exercises: Operations Bushmaster and Kerkesner will be conducted from July 7-24 at Fort Indiantown Gap, Pa. Advance personnel will deploy on July 7 and main body personnel

will deploy on July 12. These exercises are unique to our university and require the support of all university uniformed personnel. Only emergency leave will be granted during this time frame as there are over 145 uniformed personnel (not including evaluators) needed to support this mission.

2008 Combined Federal Campaign (CFC): Don't forget to "Be a Star in Someone's Life" by donating to this year's Combined Federal Campaign. You still have a few more opportunities to contribute before the Jan. 15 deadline. If you would like more information on donating, please visit William III on Jan. 6, 8, 13, or 15 from 11:30 a.m. to 1 p.m. The table will be manned by a key worker and is a centralized location for people to ask about CFC. Interested parties may also visit room C1008 or C1019 anytime during normal business hours. The USU CFC goal is \$165,000 and currently we have raised \$142,465. In order to reach our goal we still need \$22,535.

Toastmasters: At Toastmasters, members learn by speaking to groups and working with others in a supportive environment. Each new member receives a variety of manuals and resources on how to become a better speaker and a more confident leader. They also receive "The Toastmaster," an award-winning monthly magazine that offers the latest insights on speaking and leadership techniques. Join the USU Toastmasters group on Jan. 7 from noon to 1 p.m. in room A 2053. Everyone is welcome.



Holiday Cheer

Photo by HM2 Michael Oliver

The air was full of joy as USU celebrated its annual holiday party, Dec 19. A traditional feast with all of the trimmings satisfied the palettes of hungry guests and music enticed several party goers onto the dance floor. Young guests enjoyed spending time with Santa and his helpers and gifts came early for one lucky participant as 2d Lt Kristen Saenger helped Samantha, 4 year-old-daughter of 2d Lt Shane Patterson and Rebecca Patterson, pick a winning raffle ticket.

