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Cover photo: Ken Frager

*A first-year USU medical student
repels down a campus wall in
preparation for the upcoming field
exercise, Operation Kerkesner. The
field training exercise is designed
to teach critical military skills in a
simulated battlefield environment.*

Proper care for property management

Courtesy of Logistics Division

What do an unwanted file cabinet, a broken copier and an outdated typewriter have in common?

The answer is simple. ...they all need to be disposed of properly. In an effort to contribute to the USU President's goal of order and appearance around the campus, USU's Logistics Division will initiate a proactive program to assist property custodians and all others involved in property management.

"I applaud this effort by our logistics team and strongly encourage the entire staff and faculty to actively participate in this special initiative," said USU President Charles L. Rice, M.D. "Property accountability and good order and appearance are paramount to conducting efficient research programs and superior education. This is a top priority for the university."

The program kicks off with two Property Custodian Training sessions: one on June 30 at 10 a.m. in Building C, Lecture Room E; the other on July 6 at 10 a.m. in Building A, Lecture Room C.

"The session is a requirement for all current and prospective property custodians," said Assistant Vice President for Administration Arta Mahboubi. "However, the session is not limited to property custodians; we encourage all administrative officers, principle investigators and other staff members to attend."

A comprehensive range of property management topics will be discussed including: property custodian appointments, property custodian duties, inventory procedures, transfer of property, relocation services, excess and disposal services, and the process for submitting and processing work order requests.

"We will also use this as an opportunity to introduce key personnel from the property management branch who are here to assist in any way pos-

sible," said Deputy Director of Logistics Gregory Kuhn.

Logistics staff will also provide a schedule for "Forward Support" for processing and removal of excess items, Kuhn said. As part of the initiative, property management teams will set up processing stations on designated floors around the university starting July 7 and continuing every other Tuesday for 16 weeks. This provides an excellent opportunity to dispose of old and excess property that is no longer used.

"Another one of our goals is to provide hands-on individual assistance to property custodians and anyone who would like to process turn-in documents or provide on-the-spot pick-ups on the scheduled dates," Mahboubi said.

Look for more details on training sessions in the USU Newsletter or through e-mail.



photo by Staff Sgt. Matthew Rosine

File cabinets sit in one of USU's many hallways. Beginning June 30, USU's Logistics Division will initiate a proactive program to assist property custodians and all others involved in property management to help improve property accountability, good order and appearance at the university.

Prospective students first time for a ‘Second Look’

by André Nicholson

After weeks of preparation by USU’s Office of Recruitment and Admissions, more than 90 prospective medical students and their guests got a “Second Look” at USU, its programs and the career path of future military medical leaders.

Second Look is a two-day event established by Navy Cmdr. Dr. Margaret Calloway, associate dean in the office of recruitment and admissions, with assistance from the admissions staff. The event allows for students who have either been accepted or wait-listed to get another visit to the campus, meet students from each service, as well as faculty members who may one day become their instructors.

“We set this event up in about six weeks,” Calloway said. “We presented a full day of events for the students and their guests (parents, spouses or significant others), including a screening of “Fighting for Life,” two lectures and then a tour of the facilities at the National Naval Medical Center.”

One lecturer, Air Force Maj. Dr. Derrick Hamaoka, assistant professor in USU’s Department of Psychiatry and director, third-year psychiatry program, spoke to the students and their guests about the Center for the Study of Traumatic Stress and the work being done there. Tracy Sbrocco, Ph.D., associate professor, department of medical and clinical psychology and director of research in USU’s Center for Health Disparities, also spoke to the students about an opportunity to get involved with the many initiatives being conducted in that center.

The prospective students were separated from their guests and taken on a tour of NNMC, to places such as the medical home, a virtual colonoscopy, and the maternal-infant care center. Their guests were escorted to the National Museum of Health and Medicine for a separate tour.

“This weekend affirmed to me that USU would be the best fit for my medical education and my hopes for a military career,” said Joseph Roderique, prospective student. “The weekend also answered many of my questions and concerns about the possibility of practicing in the



courtesy photo

Derrick Hamaoka, M.D., assistant professor in the department of psychology, speaks to students and their families during “Second Look.” Dr. Hamaoka talked to them about his work at USU and how the students can get involved with numerous opportunities while studying at the University.

Army, Navy or Air Force. I would be honored to attend USU and serve my country regardless of which branch of service I’m in. My family and I are even more excited after this weekend and if we had any doubts before they have been eliminated after this weekend.”

On a few event surveys, responders stated the Second Look was extremely helpful and well organized, and they were impressed with the university’s students and faculty. Another said it gave a better understanding of military medicine and a better appreciation of the values of military members and their families.

This was the first year the recruitment and admissions staff put together the event and although it was a lot of work they believe it was well worth the labor.

“It’s always a good feeling when we can provide future students with a closer look at our university families,” said Nasheika Knight, admissions assistant. “Our goal was to give them and their family an opportunity to experience USU up close and personal for a second time, and I think we were able to do that. Many of the comments we received were extremely positive with great feedback, which gives us a chance to make the event even better next year.”



photo by HM2 Michael Oliver

Army, Happy 234!

Army Soldiers observe a moment of silence during the U.S. Army’s 234th Birthday celebration in the university cafeteria. The celebration featured a military tradition with the highest ranking Soldier and the lowest ranking Soldier at the ceremony cutting the Army’s birthday cake together.

Former U. S. Surgeon General visits USU

by Staff Sgt. Matthew Rosine

The USU Departments of Surgery and Pediatrics hosted the 23rd Annual Pediatric/Pediatric Surgery Symposium and the 10th Annual C. Everett Koop Distinguished Lecture June 11.

This year's events were attended by a special guest, former Surgeon General of the United States, Dr. C. Everett Koop – the distinguished lecture's namesake.

The educational event is geared towards pediatricians and pediatric surgeons. Koop, a pediatric surgeon himself, was pleased with the Departments' efforts.

"This really is wonderful," said the retired vice admiral.

This year's symposium featured lectures on 21st Century wartime pediatrics, the outpatient follow-up of high-risk neonate and pediatric acute care in the war zone.

This year's C. Everett Koop Distinguished Lecture was presented by retired Army Col. Dr. Kenneth Azarow.

Azarow is the professor of surgery at the University of Nebraska Medical Center and Children's Hospital, a USU class of '87 alumnus and was a former professor of surgery at the USU. He is the first USU speaker to give the Koop lecture. This year's distinguished lecture was titled, "Leadership in Medicine: What

it takes to be a Mentor," a subject of personal interest to Dr. Koop

"I have never looked up the number of talks I have given on leadership. But I would have to say that I have probably given more talks on leadership than any other subject," said Koop. "If you combine courage with trying to emulate what you have seen, then you will have the two pillars of leadership."

Following the lectures, Koop also offered an array of advice and wisdom along with his praise to those

attending the symposiums and lecture.

"Leaders can often be assessed by their achievements. But, on the other hand, examining what our achievements were is many times more important. What works for you may or may not work for them," said Koop, the 13th Surgeon General. "We learn a lot by imitation."

"In a mentor/mentee relationship you will learn a lot from each other," Koop said. "But, don't practice one-upmanship. It will ultimately hurt your relationship."



photo by Tom Balfour

Former Surgeon General Dr. C. Everett Koop shakes hands with University President Charles L. Rice, M.D. Dr. Koop was attending the Departments of Surgery and Pediatrics 23rd Annual Pediatric/Pediatric Surgery Symposium and 10th Annual C. Everett Koop Distinguished Lecture June 11.



Navy Hospital Corps 111th Birthday

The Navy Hospital Corps celebrated its 111th birthday June 17 in a traditional presentation and cake-cutting ceremony. Chief Petty Officer Rodrigo Foronda and Petty Officer 2nd Class Gregory Curtis cut the cake as the oldest and youngest corpsmen. Navy Hospital Corpsmen have a rich legacy of providing care to the Fleet and Fleet Marine Force.

photo by HM2 Michael Oliver

On land or sea, education continues

by André Nicholson

Completing a formal education is a milestone. And for health care professionals it usually ends one chapter and begins a career paved with not just good intentions but also continuing education or CE. This education can be administered in a school, in an executive building or even — on the ocean.

Some of the most recent CE is being conducted as medical personnel on the hospital ship USNS Comfort take part in a four-month humanitarian mission, Continuing Promise 2009.

The curriculum used for much of the CE credit being provided to the health professionals on the mission was supplied by USU's Office of Continuing Health Education from a previous mission by USNS Mercy.

The curriculum was originally developed by USU faculty along-side staff from Naval Health Research Center, San Diego, CA. The ship's training officer, Lt. Cmdr. Amy Drayton, Comfort's medical staff, and physicians and nurses from the National Naval Medical Center, Bethesda, Md., modified the curriculum for Comfort, explained retired Navy nurse Capt. Patricia Kenney, supervisor and nurse educator, CHE.

"The purpose of the USU's continuing education program is to provide innovative, quality continuing education for Department of Defense health care professionals to facilitate professional development, lifelong learning, and improved patient care," said Kenney.

"As befitting USU's motto, 'Learning to Care for Those in Harm's Way,' activities offered by USU are unique in that the overriding mission is to maintain an enhanced manpower readiness of the uniformed services' medical departments," said Kenney. "The education provided is based on identified gaps in knowledge, competence, performance or patient outcomes."

Continuing education is that part of a professional's lifelong learning which begins at the conclusion of their formal education and continues throughout their career. It also may be required for continued re-licensure in many states and maintenance of continued status in professional subspecialty organizations.

During Continuing Promise, CHE offers CE for U.S. military personnel, non-governmental organization (NGO) personnel and partner nation forces. The continuing education occurs while the ship is at sea or after the day's mission ashore has been completed.

Lectures and discussion topics that were tailored for the mission include: malaria, tropical dermatology, tuberculosis, HIV/AIDS, ethics, care for the caregiver, case presentations and patient safety.

Comfort departed Norfolk, Va., April 1 and is scheduled to make stops in seven Caribbean, Central and South American

countries. The ship has already made stops in Haiti, Antigua, Dominican Republic, and Panama with destinations to El Salvador, Nicaragua and Columbia still ahead.

The crew will team up with each country's local health care providers and community officials to provide free medical, dental and veterinary care, as well as support engineering projects for citizens and communities with limited access to those services. Each stop is scheduled to last 10-12 days.

During the ship's first stop in Haiti, native doctors and nurses received pediatric advanced life support training by certified experts who are embarked with the hospital ship.

"We have provided continuing education for Haitian doctors and nurses," Drayton said. "We employed the 'train the trainer' idea and to train their doctors so they know how to perform the health care evaluations and procedures themselves. Think of the parable: 'If you teach a man to fish, he will never go hungry again.'"

Comfort crews have provided a series of classes to local health care providers and community officials in Basic Life Support, Emergency Nursing Skills Fair, Adult Advanced Life Support and Central Intravenous Therapy to name a few.

"We've been busy in the USU CHE department, the CHE has supported the Comfort's educational programs while also maintaining programs at home," said Kenney. "In fiscal year 2008 we provided continuing education to 10,546 doctors, nurses, psychologists, health care executives and social workers. An additional 10,473 people received general certificates of attendance as well."



U.S. Navy photo

USNS Comfort has 528 patient beds and more than 850 personnel embarked, employing four operating rooms; X-ray machines; CT scan; pharmacy; dental suites and a variety of other services. As of June 25, Comfort has treated more than 56,000 patients; conducted 981 surgeries; provided 26,000 veterinary services; and filled more than 72,438 prescriptions during its current mission.

Seibert named Fellow of American Academy of Nurse Practitioners

Developed by Caduceus staff

Diane Seibert, Ph.D., CRNP, was inducted as a Fellow of the American Academy of Nurse Practitioners (FAANP) on June 20 during the AANP national conference in Nashville, Tennessee.

Seibert is the director of USU's Family Nurse Practitioner program and associate professor in the Graduate School of Nursing. She has been at the university since May 1996. She was inducted as a result of her many contributions to the mission of the AANP and promotion of the role of the nurse practitioner.

"Dr. Seibert is one of the nation's leaders in advanced practice nursing. The GSN faculty and I are very proud of her accomplishments and her election as a Fellow of the AANP," said USU Graduate School of Nursing Dean Dr. Adasue Hinshaw.

The FAANP program was established in 2000 to recognize nurse practitioner leaders who have made outstanding contributions to health care through nurse practitioner clinical practice, research, education, or policy.

Priority initiatives of FAANP are the development of leadership and mentorship programs for nurse practitioners and nurse practitioner students. Fellows of the AANP are visionaries committed to the global advancement of nursing through the development of imaginative and creative future nurse practitioner leaders, and as such, hold an annual think tank to strategize about the future of nurse practitioners and health care outside the confines of traditional thinking.

A limited number of nurse practitioners are selected for this highly coveted distinction each year.

AANP was founded in 1985 and is the oldest, largest, and only full-service national professional organization for nurse practitioners of all specialties. AANP represents the interests of the approximate 125,000 nurse practitioners around the country. AANP continually advocates for the active role of nurse practitioners as providers of high-quality, cost-effective and personalized healthcare.

(Source: American Academy of Nurse Practitioners)

'I wasn't scared... I was angry'

by Leo Shane III, Stars and Stripes

Dr. (Col.) Kelly Murray would rather talk about the Iraqis she helped while serving in Baghdad than the U.S. soldiers she tended to there.

Murray, a 1992 USU alumna, helped rebuild hospitals shortly after the initial invasion. She organized continuing education classes for physicians who hadn't received training in years. She launched new obstetrics clinics to deal with the rising infant mortality in the city.

And she was decorated twice by Army superiors for risking her own life to save a fellow Soldier's, actions she dismisses as neither noble nor heroic.

"When my convoy was attacked, I wasn't scared. I was angry," Murray said. "I couldn't believe someone would do this when I was trying to help them. The more I thought about it, the more pissed off I got."

Murray, a regimental surgeon back in 2003, was attached to the 2nd Army Cavalry Regiment as they entered Sadr City that spring. Her unit saw few difficulties in the first few months.

However, by May, her unit was beginning to find improvised explosive devices outside their compound and to report more contact with insurgents. At the end of the month, two soldiers were killed and her unit's operations officer was badly wounded in an explosion just outside their



courtesy photo

Army Dr. (Col.) Kelly Murray treats a patient while deployed.

gates. She was one of the first on the scene and helped save the third man's life.

"I was in the [tactical operations center] and heard an explosion," she said. "I ran to the clinic, got my aid bag and we ran to the gate.

"It's never a good experience to find your friend lying on the ground, bleeding

out," Murray said. "There's no glory in that. I went out and did my job."

Just days later, on July 1, Murray was still agitated by the incident as she traveled in a convoy in Baghdad's Al-Mustansiriyah University area. As she scanned the crowds and buildings for possible threats, she warned the driver of her Humvee to stay vigilant.

"All of the sudden there was a huge explosion in front of us, and my lieutenant's vehicle was a giant ball of fire," she said. "I told my driver to back out of the flames, but all I could think of is, 'My team is dead.'"

"Also traveling in that vehicle was the Iraqi medical director for the region. Insurgents began firing grenades and bullets into its burning shell, the next part of a carefully planned ambush against the Americans. Murray didn't see any signs of survivors until her lieutenant lurched out from the fire.

Army officials said Murray risked her own life to help him, running into the fire and kill zone to safely bring him to her Humvee. She made several trips back to find the Iraqi physician, but found no sign of him in the burning vehicle.

The Iraqi doctor was thrown from the vehicle in the initial explosion, and blended into the crowd as the ambush progressed.

She received a Bronze Star with "V" for that day, one of four she earned for work in Iraq.

USU Briefs

Helpdesk Closure: The UIS helpdesk is closed for training on Thursdays from 10 to 11 a.m. During this time, you can leave a voicemail message at 295-9800, utilize the HEAT Self Service (<http://www.usuhs.mil/uis/forms/trouble.html>), or email help@usuhs.mil. If an emergency should arise, please call 295-9870.

Personal Exercise/Fitness Areas: Physical Fitness training should be conducted in designated areas. The only authorized space for PT within the university is room G060. All other spaces within the university are not authorized for exercise or fitness, with the exception of the Student Community Lounge area during specified PFT testing dates/times. Indoor PT is also authorized on base at the Comfort Zone Complex, or CZC, in building 23. The CZC hours of operation are Monday – Friday from 5 a.m. to 8 p.m. and on weekends and holidays from are 9 a.m. to 6 p.m.

2009 Field Exercises: Operations Bushmaster and Kerkesner will be conducted from July 7-24 at Fort Indiantown Gap, Pa. Advance personnel will deploy on July 7 and main body personnel will deploy on July 12. These exercises are unique to our university and require the support of all university uniformed personnel. Only emergency leave will be granted during this time frame as there are more than 145 uniformed personnel needed to support this mission.

Proper Use of Computer Resources: Security incidents continue to be a drain to limited USU Information Assurance manpower. The following highlight current DoD policy and best practices: Personnel must not install self-coded or non-licensed software on network resources; add, remove, configure, or attempt to modify USU computer operating systems or programs; move audio/visual or network cables, computers or attempt to connect personal computers to the network including MDL and lecture hall spaces; connect personal devices except for those previously authorized by UIS; download pornographic material and store or display offensive material, such as racist literature, sexually harassing or obscene language or material; store or process classified information on any USU system; permit unauthorized individuals access to a government-owned or government-operated system or program; access online gambling, games and social engineering sites.

Military Awards Nominations: The next military awards panel will convene July 28. Nomination packages will be due through the chain of command no later than July 21. Any award with higher precedence than the Defense Meritorious Service Medal must be submitted 150 days prior to presentation. Please provide a signed copy as well as an electronic version to Air Force Tech. Sgt. Louella Campbell at (301) 295-1515 or lcampbell@usuhs.mil or HM2 Sylvia McBee at (301) 295-3423 or Sylvia.mcbee@usuhs.mil.



photo by MCI Chad Hallford

Caption contest

Last edition's winner: "Uh, I don't think you should take that out..." Harold Blackwell

Thanks to retired Air Force Col. Dr. Bryan Funke, USU class of '85, runner-up and Air Force Maj. Dr. Scott King, class of '02, third place. ...and thanks to all who submitted.



photo by Ken Frager

Test your skills and write the best caption for this photo to win this edition's gift certificate for a free large coffee and doughnut courtesy of the USU Cafeteria. Submit your caption in writing to the office B1009, or to USUNewsletter@usuhs.mil. The best caption wins and the top three, as judged by the USU Newsletter staff, will be highlighted in the next edition.



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