

Monthly Newsletter August 2009

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2009 NASA Occupational Health Meeting Travels

to NASA Glenn: The annual NASA OH Meeting was held July 13-17, at the picturesque and modern Ohio Aerospace Center located at NASA GRC. This was an exceptional facilty in which to host our annual meeting, and the weather for the week matched the quality of the venue and speakers. With over 100 attendees

registered the annual OH Meeting was again very successful. All NASA Centers and OH disciplines were represented at the meeting and as always physicians, nurses, employee assistance professionals, industrial hygienists



were eligible to receive continuing education for their attendance. The speakers covered a wide range of Occupational Health issues in a variety of formats and the presenters were experts from academia, industry and government. Most all of the presentations are posted on the NASA OH website. We appreciate Centers

continued support of the annual meeting and recognize the active participation by attendees is a critical component of the meeting. If you have any questions or comments about the meeting, please contact Gail Bantugan in the OH Support Office.



For NASA

Employees

MAYO Embody Health

Mayo Clinic EmbodyHealth 2009:

The engagement data reflects employee participation including JSC's (4,637 out of 6,282).

6,282 Total Health Assessments completed 1,745 Civil Service Employees

4,243 Contract Employees

294 Other, Spouse, Children

Access the Mayo Clinic Report Suite by entering the unique user ID and password and or contacting Mae Hafizi.

- ◆ 2009 HealthierYou Update: The Walk to Wellness (WTW) Campaign begins on September 1, 2009. The registration period is August 18 through 31. Participants must register. Posters are in print and will be distributed upon availability. OCHMO will provide Center-specific outcomes data to those Centers with over 150 participants. The Virginia Tech summer intern, Carina Dillon, has finished her project -- an evaluation of the Agency-directed health promotion program—The *HealthierYou*. Once her analysis is reviewed by OCHMO, findings will be shared with the HPW Team.
- ◆ EHRS Project Update: During the annual 2009 Occupational Health Meeting, a series of presentations by the Medgate Consultant, SSC Staff, and the EHRS Implementation Team brought about good discussions regarding the application's functionalities, the projects present challenges, and Center preparation for their implementation. One of the new tasks assigned to the EHRS Team is the directive to develop a Records Management (RM) plan. The National Archive and Records Administration (NARA) has asked that all Federal agencies

develop a comprehensive RM plan. Since Federal agencies interface with a multitude of contracting companies, this directive also extends to them. There are also ongoing efforts with Agency and SSC personnel in both the medical and industrial hygiene areas in preparation for going live at SSC.

◆ **Welcome Chris Bois:** Please welcome Christopher Bois as the new manager at WSTF Fitness Center. Chris is originally from Portland, ME and holds an undergrad in Psychology from Purdue. He obtained a MS in Kinesiology from Texas Christian University and in 2004 started working for Presbyterian Healthcare in Cardiac and Pulmonary Rehabilitation. He also oversaw their Employee Health program before accepting a position at WSTF. We have heard only good things about Chris and rumor has it that the utilization rate at the formerly unmanned WSTF Fitness Center has already increased by 20%! Not too shabby for a few months on the job!

Kudos to NASA's Federal Workers' Compensation (FWC) Program for FY 08!

In a May 13, letter from the Secretary of Labor to the President, NASA was one of 13 Federal agencies that for the third consecutive year met all 4 of the



SHARE goals. NASA and the Tennessee Valley Authority had the lowest total case rate for FY 2008 (0.18) for independent agencies. FY 2009 is the last year of the SHARE initiative. OCHMO will keep everyone posted on any future Department of Labor FWC Program goal-setting requirement for NASA.

- ◆ Stennis Welcomes New Fitness Employee: Please welcome Rachel Robinson to the SSC Wellness Center. Rachel graduated from the University of Southern MS with a BS in Exercise Physiology/Sports Medicine. She will be working part time with Scott Burks.
- ◆ Wallops Health Unit Receive Award: All WFF Health Unit staff members received a NASA MOD Code 200 Contractor Excellence Award, "In appreciation of outstanding service". They were presented at the GSFC Code 200 Awards Ceremony & picnic on June 18th. Staff includes Dr. Julia Annette Johnson-Rayfield, Dr. Richard E. Easton, Diane Weller, and Sheryl Pruitt, Administrative Assistant.

♦ New OH Website Page to Highlight Best

Practices: Soon the NASA OH Website will have a best practices area where Centers will be able to review and submit best practices from the 14 NASA sites. The best practices will be listed

by OH discipline and will provide basic information regarding a particular best practice. Look for an email soon about this new webpage, the current site is a demonstration site.



Upcoming Occupational Health Events:

- Workers' Compensation August 3, 11:00-12:00 EDT
- Health Physics LSO WebEx August 31-September 3, 1:00-3:00 PM EDT
- Occupational Medicine August 11, 11:00-12:00 EDT
- Environmental Health August 12, 11:00-12:00 EDT

NASA OH Newsletter is published by the NASA OH Support Office Send information, comments or questions to:

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