

NDEP & the Jonas Brothers Partner to Create New PSA Campaign

Thanks to NDEP chair Francine R. Kaufman, M.D., NDEP recently had the opportunity to work with the Jonas Brothers to create a new public service announcement (PSA) campaign for people with diabetes. Recognized as the 2008 Breakthrough Artist by the American Music Awards and nominated in the Best New Artist category for the 51st GRAMMY Awards, the Jonas Brothers are the music trio of brothers Nick, Joe, and Kevin. The youngest member, Nick, has type 1 diabetes and has become an advocate for young people with diabetes, even writing a song about his struggle with the disease. Dr. Kaufman, who knows the family, asked for their support of this initiative to promote NDEP.

NDEP caught up with the Jonas Brothers in their studio office to record two radio PSAs. Print PSAs are also in development using pictures from the on-location photo shoot, and an online video of the recording will be posted to the NDEP website. Both the PSAs and video promote NDEP and its control messages to people with diabetes by encouraging them to take action to manage the disease and seek support from their family and friends.

NDEP plans to distribute the PSAs to radio stations and print publications across the country, as well as make them available on our website,



The Jonas Brothers with Dr. Kaufman

www.YourDiabetesInfo.org. Check News & Notes for more information about these new promotional tools! ■

A Message from Our Chair



I was honored to accept the role of chair of the Executive and Steering Committees of the NDEP for 2008-2011. However, as many of you know, I recently accepted an opportunity to take my career in a new direction and will only serve in this role for a few months. Martha Funnell, M.S., R.N., C.D.E. has been named chair-elect of NDEP and will assume the role of chair in May.

My commitment to NDEP, however, is unwavering. I will remain a member of the Diabetes in Children and Adolescents Work Group and

connect wherever I can help promote NDEP. My initial involvement was in the development of *Helping the Student with Diabetes Succeed: A Guide for School Personnel*. This effort represented all the elements that make NDEP a success: information rooted in the strongest scientific evidence available; a strong team effort with key partners; and broad promotion of materials to critical audiences. We are now updating the guide, following these same core principles. The revised guide is planned for release by early fall 2009.

We also apply these principles to our work as we identify and prepare to share more information about *how to* make lifestyle changes. Identifying effective tools for people with diabetes, people at risk, and
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Clinical Practice Implications for Recent Study Findings

- Action to Control Cardiovascular Risk in Diabetes Study (ACCORD)
- Action in Diabetes and Vascular Disease Trial (ADVANCE)
- Diabetes Control and Complications Trial (DCCT)
- United Kingdom Prospective Diabetes Study (UKPDS)
- Veterans Affairs Diabetes Trial (VADT)

The findings of several recent studies of people with diabetes affect clinical decisions for diabetes management. NDEP resources for health care professionals are updated to reflect the findings of ACCORD, ADVANCE, DCCT, UKPDS, and VADT. See the box on the right for a brief description of targets for the ABCs of diabetes as measured by A1C, blood pressure, and cholesterol.



Clinical guidelines are designed to help health care professionals with decision-making. However, it is essential for people with diabetes to work with their health care team to determine their targets for the ABCs of diabetes.

NDEP is incorporating these guidelines in a newly updated *Guiding Principles for Diabetes Care*, a publication that provides health care professionals with an overview of the key elements of early and intensive clinical diabetes care and prevention. The principles are based on the best level of evidence available and key sources are noted. *Guiding Principles* will be promoted to all NDEP health care professional partner organizations, as will the *2009 Diabetes Numbers-At-a-Glance* card, both of which will be available in the spring.

Additionally, NDEP is committed to resetting its *Control Your Diabetes. For Life.* campaign in 2009 to emphasize the seriousness of diabetes and the importance of early diagnosis and management. ■

DIABETES TARGETS

A1C targets

- People with newly diagnosed type 1 or type 2 diabetes are likely to benefit from maintaining a target A1C of less than 7 percent as long as significant hypoglycemia (low blood glucose) can be avoided. Benefits include reduced risk of diabetes complications such as eye, kidney, nerve, and heart disease during early treatment and years later.
- Less stringent A1C targets may be appropriate for people with cardiovascular disease (CVD) or advanced diabetes complications and for those at risk of severe hypoglycemia.
- More intensive efforts to maintain an A1C target closer to normal (less than 6 percent) may be appropriate for adults with new-onset diabetes who have long life expectancy and do not have CVD, and who are not at risk for severe hypoglycemia.

Blood pressure target

Ongoing treatment is essential to maintain a blood pressure target of less than 130/80 in people with diabetes and hypertension. Blood pressure management can reduce the risk of diabetes complications—particularly for CVD and kidney disease.

Cholesterol target

The LDL cholesterol target for people with diabetes is less than 100. Maintaining this target reduces the risk of CVD. Some people with diabetes who already have CVD may benefit from maintaining an LDL cholesterol target of less than 70. ■

Rate of Type 2 Diabetes Cases Doubles in 10 Years

NDEP, CDC offer the latest diabetes statistics

The rate of new cases of type 2 diabetes nearly doubled in the last 10 years, according to the Centers for Disease Control and Prevention (CDC). New diagnoses of type 2 diabetes rose from 4.8 per 1,000 people from 1995 to 1997, to 9.1 per 1,000 people from 2005 to 2007. The study, published in a fall 2008 issue of CDC's *Morbidity and Mortality Weekly Report*, used CDC's Behavioral Risk Factor Surveillance System (BRFSS) to collect data on new diabetes cases in 33 states that reported data for both time periods.

The data suggests that interventions to promote weight loss and increase physical activity for people at risk are needed to reduce the incidence of diabetes. The highest numbers of new type 2 diabetes cases, according to the data, were in southern states—Alabama, Florida, Georgia, Kentucky, Louisiana, South Carolina, Tennessee, Texas, and West

Virginia—and mirror the increase in obesity rates.

CDC's Diabetes Data & Trends website features the prevalence of diagnosed diabetes by county using data from BRFSS and the U.S. Census Bureau's Population Estimates Program. For more information, visit www.cdc.gov/diabetes.

Also, NDEP's fact sheets now reflect the latest diabetes statistics, including prevalence rates for high-risk groups such as African Americans, Hispanics/Latinos, American Indians and Alaska Natives, Asian Americans and Pacific Islanders, and a new fact sheet for older adults. To download the fact sheets, visit www.YourDiabetesInfo.org/campaigns/tools.htm#fs. To view the *2007 Diabetes Fact Sheet*, visit www.diabetes.niddk.nih.gov/dm/pubs/statistics/index.htm. ■



The leadership of six NDEP work groups recently changed as terms concluded. Therefore, NDEP is pleased to announce the recent appointment of the following new work group leaders:

African American/African Ancestry Work Group (AA/AA WG)

- Janet Brown-Friday, R.N., M.S.N., M.P.H., chair, AA/AA WG, Diabetes Clinical Trials Unit, Albert Einstein College of Medicine
- Carol Mallette, M.A., vice chair, AA/AA WG, Diabetes Outreach and Education System, Southern Jersey Family Medical Centers

American Indian & Alaska Native Work Group (AIAN WG)

- Charlene Avery, M.D., chair, AIAN WG, American Association of Indian Physicians

Asian American & Pacific Islander Work Group (AAPI WG)

- O. Fahina Tavake-Pasi, chair, AAPI WG, National Tongan American Society
- Henrietta Ho-Asjoe, M.P.S., vice chair, AAPI WG, Center for the Study of Asian American Health, New York University School of Medicine

Business Health Strategies Work Group (BHS WG)

- Melissa Stankus, M.P.A., chair, BHS WG, Chelko Consulting Group
- Pamela Geis, vice chair, BHS WG, Wisconsin Diabetes Prevention and Control Program

Hispanic/Latino Work Group (H/L WG)

- Rosalba Ruiz-Holguin, M.D., M.P.H., chair, H/L WG, U.S.-Mexico Border Diabetes Prevention and Control Project
- María Lemus, vice chair, H/L WG, Visión y Compromiso

Pharmacy, Podiatry, Optometry & Dentistry Work Group (PPOD WG)

- W. Lee Ball Jr., O.D., F.A.A.O., chair, PPOD WG, American Optometric Association
- Dennis Frisch, D.P.M., vice chair, PPOD WG, American Podiatric Medical Association

In addition, NDEP thanks its outgoing chairs and vice chairs for their dedication and contributions:

- Gladys Gary-Vaughn, Ph.D., immediate past chair, AA/AA WG, U.S. Department of Agriculture
- Kelly Moore, M.D., immediate past chair, AIAN WG, U.S. Center of Excellence in the Elimination of Disparities, American Indian and Alaska Native Programs
- Tele Frost-Hill, R.N., F.N.P., immediate past chair, AAPI WG, Clinical-Women's and Adult Health Department, Department of Public Health
- Man-Ja Lee, R.N., B.S.N., immediate past vice chair, AAPI WG, Operating Suite Parkland Health and Hospital System
- Pamella Thomas, M.D., M.P.H., immediate past chair, BHS WG, Lockheed Martin Aeronautical Systems Company
- Isabel Salinas Almendárez, M.P.H., immediate past chair, H/L WG, Inova HealthSource
- Julia Burgos, immediate past vice chair, H/L WG, Latino Initiatives, American Diabetes Association
- JoAnn Gurenlian, R.D.H., Ph.D., immediate past chair, PPOD WG, American Dental Hygienists' Association ■

PROMOTE, PROMOTE, PROMOTE

NDEP Partners with Olympic Gold Medalist

Kevin Young, a 1992 Olympic Gold Medalist and World-Record Holder, recently partnered with NDEP to record an audio news release (ANR) that promoted type 2 diabetes prevention to people at risk. His message—that you don't have to be an Olympic Gold Medalist to prevent diabetes—has aired on more than 5,000 radio stations nationwide, reaching more than 13 million listeners. To download the ANR in its entirety, visit www.radionewssource.com/Scripts/ndepolympic.htm. ■

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their health care team is a critically important step as we build on our achievement in diabetes awareness and work to turn awareness into changes in health outcomes. This focal point includes newly developed and released curricula and toolkits for promoters and community health workers, a capacity building toolkit for community organizations to help them respond to the diabetes epidemic, and a revised meal planner in Spanish and English, *Más Que Comida*.

Since the inception of NDEP, we have worked together to increase awareness among the general public that diabetes is a serious disease. Awareness has increased from 8 percent in 1997 to 89 percent in 2006. Much of the success comes from you—our partners. And our success going forward depends on your continued support. I pledge my continued support and participation in our partnership effort to change the way diabetes is treated. ■



Francine R. Kaufman, M.D.
Chair, National Diabetes Education Program

Because our partners play such a key role in our mission to *promote, promote, promote*, they also play a key role in our ability to measure NDEP's reach by completing the Partner Activity Survey. NDEP would like to thank all the partners who participated in the summer 2008 edition of the survey. Here are just a few of the ways partners reported that they are promoting NDEP.

Work Group Members

- **W. Lee Ball Jr., O.D., F.A.A.O.** of the **Pharmacy, Podiatry, Optometry & Dentistry Work Group** introduced 43 first-year optometry students from the New England College of Optometry to NDEP's resources for pharmacists, podiatrists, optometrists, and dentists and encouraged them to visit the website. He also gave a presentation about NDEP's messages, materials, and resources during the American Optometric Association's Healthy Eyes Healthy People Conference.
- **Dean Burgess, M.S.N., R.N., C.O.H.N.-S.** of the **Business Health Strategies Work Group** informed members of the American Association of Occupational Health Nurses (AAOHN) about NDEP's initiatives and provided links to NDEP resources via AAOHN's weekly e-news blast.
- **Helen Eltzeroth, M.S.** of the **Older Adult Work Group** collaborated with the Medicare Diabetes Screening Project to conduct a joint webinar for over 100 Area Agencies on Aging (AAAs) and Title VI Native American aging programs. AAAs respond to the needs of Americans age 60 and older. Title VI programs provide nutritional and supportive services to American Indians, Alaskan Natives, Native Hawaiians, and their elders.
- **Clyde Evans, Ph.D.** of the **African American/African Ancestry Work Group** distributed a blast e-mail to approximately 7,600 stakeholders to announce the release of NDEP's *Power to Prevent: A Family Lifestyle Approach to Diabetes Prevention* curriculum.
- **Mele Look, M.B.A.** of the **Asian American & Pacific Islander Work Group** highlighted NDEP resources during an international physicians' conference, conducted community health workers' classes using NDEP materials, and facilitated TV and print coverage of NDEP's activities and messages.
- **Sandra Parker, R.D., C.D.E.** of the **Health Care Professional Work Group** was interviewed by Nestlé USA, Inc. regarding ideas for future articles in their *Everyday Eating* magazine for people with diabetes and mentioned NDEP's *One Call, One Click* campaign as a resource.
- **Carmen Ramirez, B.A., B.S.** of the **Hispanic/Latino Work Group** included NDEP's *It's Never Too Early to Prevent Diabetes. A Lifetime of Small Steps for a Healthy Family.* tip sheet in packets provided to 130 attendees during the Third Annual Gestational Diabetes Conference co-sponsored by the Arizona Diabetes Prevention and Control Program.
- **Janine Rourke, R.N., B.S.N., C.D.E.** of the **American Indian & Alaska Native Work Group** distributed NDEP materials and resources at three community events targeted to youth and adults.
- **Gail Spiegel, M.S., R.D., C.D.E.** of the **Diabetes in Children & Adolescents Work Group** wrote an article for *School Nurse News*, which has a circulation of 7,500. The article focused on carbohydrate counting for youth with diabetes and highlighted NDEP as a resource.

State Diabetes Prevention and Control Programs (DPCPs)

- The **Delaware DPCP** used NDEP materials to coordinate trainings conducted for Women, Infant & Children program nutritionists. The trainings included state and national resources to help participants with or at risk for developing gestational diabetes.
- The **District of Columbia DPCP** developed a formal technical assistance program to increase the number of diabetes education support programs that are available to Washington, D.C. residents. The program promoted and used resources from NDEP's *New Beginnings: A Discussion Guide for Living Well with Diabetes*, *DiabetesAtWork* website, and *Power to Prevent: A Family Lifestyle Approach to Diabetes Prevention* materials.
- The **Iowa DPCP** developed a pharmacy bag with NDEP's "I Can Control My Diabetes by Working with My Health Care Team" foot care message for distribution through local community health centers and pharmacies.
- The **Missouri DPCP** distributed a press release promoting NDEP's *Power to Prevent: A Family Lifestyle Approach to Diabetes Prevention* resource.
- The **Rhode Island DPCP** incorporated NDEP lesson plans and *4 Steps to Control Your Diabetes. For Life.* campaign messages and materials in their new Multicultural Diabetes Education program. The program relies on doctors, nurses, nutritionists, and pharmacists from Latin American countries to develop and conduct presentations for people with diabetes.

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NDEP applauds the National Association of School Nurses (NASN) for a productive partnership over the years. As one of NDEP's eight national organizations funded by the Centers for Disease Control and Prevention (CDC), NASN develops and implements activities to help disseminate NDEP's messages and materials to high-risk audiences.

The goal of NASN's CDC-funded program, the Managing and Preventing Diabetes and Weight Gain project, is to capitalize on the intimate and credible relationships school nurses have with the communities that they serve to strengthen behaviors and provide positive messages about the management of type 1 and the prevention of type 2 diabetes in children. Affiliate sites include: Oakland, California; Columbus, Ohio; Albuquerque, New Mexico; Saint Paul, Minnesota; and the entire state of Colorado. The diabetes prevention programming targets



fourth grade students, while the diabetes management programming targets grades K through 12.

Nichole Bobo, R.N., M.S.N., A.N.P. has been the NASN representative and a member of NDEP's Diabetes in Children and Adolescents Work Group (CAWG) for the past several years. A key CAWG collaboration was NASN's role in helping NDEP develop and disseminate the 2003 *Helping the Child with Diabetes Succeed: A Guide for School Personnel* to school nurses across the country. Currently, NASN is helping NDEP revise and update the *School Guide*, which will be available by early fall 2009. Additionally, NDEP collaborates with NASN to develop articles for each issue of *NASN Newsletter*, which has a circulation of 14,000. Past topics have included carbohydrate counting, glucose sensors, school nurse volunteers at diabetes camps, and an overview of NDEP's resources for teens. ■

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- The **Texas DPCP** developed two new *Step by Step* radio spots for American Diabetes Alert Day that featured musical presentations to highlight steps people can take to prevent diabetes based on NDEP's messages. Listeners were encouraged to contact NDEP to request a free copy of *Your GAME PLAN to Prevent Type 2 Diabetes: Information for Patients* booklet.
- The **Utah DPCP** distributed NDEP's *Tips for Teens with Diabetes* tip sheets during school presentations. They also used NDEP's *DiabetesAtWork* workshop kit CD to organize various activities.

National Outreach Organizations

- The **Association of American Indian Physicians** distributed approximately 250 *Move It! And Reduce Your Risk of Diabetes* school kits during their annual meeting and health conference.
- The **Black Women's Health Imperative** celebrated the 25th anniversary of the Black Women's Health Conference and reached over 300 African American women with NDEP messages and materials.
- The **National Alliance for Hispanic Health** promoted NDEP through their national toll-free helpline, "Su Familia," and provided consumer and health care professional trainings on diabetes prevention and control at five implementation agencies.
- The **National Latina Health Network** partnered with the National Institutes of Health to implement a Diabetes and Cardiovascular Education program in four sites and incorporated NDEP materials into their sessions.
- The **National Medical Association (NMA)** published two articles in their consumer publication *Healthy Living* that has a readership of 200,000. NMA also placed NDEP's *One Call, One Click* print public service announcement in the January and July issues of the *Journal of the National Medical Association*, which reaches 42,000 members. In addition, NMA's coalitions in Atlanta, Houston, Indianapolis, Los Angeles, Pine Bluff, and Washington, D.C. have reached nearly 45,000 people through collaborative outreach efforts including health fairs, diabetes seminars and lectures, and church meetings. ■

SAVE THE DATE

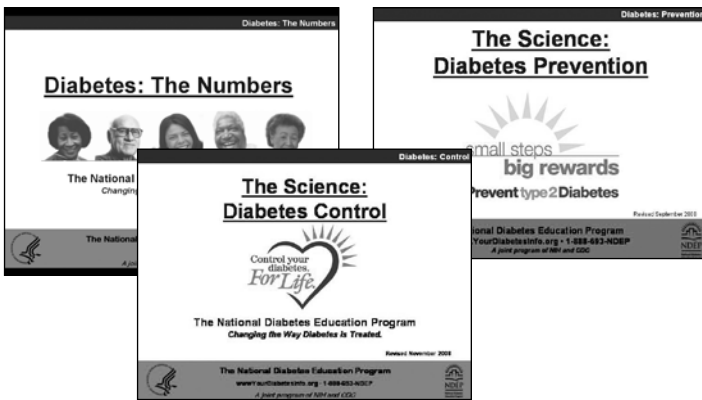
2009 NDEP Partnership Network Meeting

The 2009 NDEP Partnership Network Meeting will be held August 17-18 at the Centers for Disease Control and Prevention's Global Communications Center in Atlanta, Georgia. Stay tuned for more details in coming issues of NDEP's NEWS & NOTES e-newsletter. ■



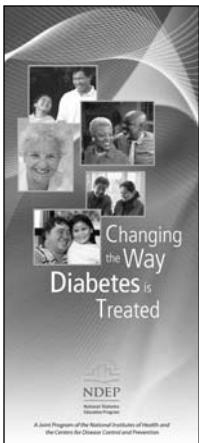
New Type 2 Diabetes Online Videos

NDEP recently worked with the Agency for Healthcare Research and Quality to bring partners three online videos about type 2 diabetes for those at risk and newly diagnosed. The videos address symptoms and risk factors for type 2 diabetes and use graphics to illustrate the science behind the disease, such as how blood glucose operates in the body. NDEP encourages partners to link to these videos on your website, promote them in your e-newsletter, and use them to educate people with or at risk for diabetes. A link to the videos can be found by visiting www.YourDiabetesInfo.org/campaigns/tools.htm#promoInfoVDO.



Updated NDEP PowerPoint Presentations

NDEP's slide sets containing the latest information on U.S. diabetes prevalence, management, and prevention have been updated to reflect changes in the *2007 National Diabetes Fact Sheet* and are now available on the NDEP website. The slide sets, "Diabetes: The Numbers," "The Science: Diabetes Control," and "The Science: Diabetes Prevention," are designed to be a resource for health care professionals and students. Slides can be downloaded as an entire presentation or used individually. To download the slide sets, visit www.YourDiabetesInfo.org/presentations.



Updated NDEP Program Overview

Recently updated, this brochure provides a quick overview of NDEP's background, mission, and campaigns. Also highlighted are NDEP's products and resources, Steering Committee partners, and two main campaigns – *Control Your Diabetes. For Life.* and *Small Steps. Big Rewards. Prevent Type 2 Diabetes.* Partners are encouraged to give this brochure to their organizational leadership to provide a better understanding of NDEP's

structure, initiatives, and partnership opportunities. To view the brochure online, visit www.YourDiabetesInfo.org/diabetes/pubs/NDEP_Overview_Brochure.pdf.



NDEP Reintroduces *Más Que Comida* Nutritional Campaign

NDEP is pleased to reintroduce the *Más que comida, es vida* (*It's More than Food. It's Life.*) nutritional campaign for Hispanics/Latinos with diabetes and their families. This educational campaign is designed to dispel misunderstandings about healthy eating and teach Hispanics/Latinos how to adopt a tasty yet nutritional meal plan that maintains the cultural uniqueness of their food. The campaign is a resource for dietitians, diabetes educators,

and people who want to manage their diabetes without losing their cultural identity. Bilingual campaign components include a recipe booklet, poster, and print ads. To order free campaign materials or to download them online, visit www.YourDiabetesInfo.org or call 1-888-693-NDEP (6337). ■

A JOB WELL DONE

➤ The **Communicator Awards** has recognized NDEP's *One Call, One Click* radio public service announcements (PSA) and the *4 Steps to Control Your Diabetes. For Life.* brochure with **Awards of Distinction**. These resources have been selected as materials and tools that exceed industry standards in quality and excellence.

➤ The 15th annual **National Health Information Awards** has recognized NDEP's *One Call, One Click* print PSA and *Tips for Teens: Dealing with the Ups and Downs of Diabetes* tip sheet with **Awards of Merit**. These materials are credited as being among the nation's top health information materials. ■

To order these publications and other NDEP materials, visit the NDEP website, www.YourDiabetesInfo.org, or call 1-888-693-NDEP (6337); TTY: 1-866-569-1162.



UPDATED

Más Que Comida

This newly revised bilingual (English and Spanish) meal planner includes recipes and tips to help people with diabetes manage the disease by making healthy food choices, creating a meal plan, and being more physically active. Recipes are designed especially for the Latin American palate. Appetizing images of entrees and a practical design that includes nutrition facts make this meal planner a useful tool for anyone with diabetes.



UPDATED

The Power to Control Diabetes Is in Your Hands Community Outreach Kit

Revised and reformatted to be an online resource, this kit provides information about diabetes in older adults and suggests educational activities and events that can be implemented in the community to raise awareness of diabetes. Kit materials help

convey the importance of comprehensive diabetes control and contain information about Medicare benefits available to older adults with and at risk for diabetes.



NEW

4 Steps to Control Your Diabetes. For Life. Asian & Pacific Islander Language Adaptations

Written for people newly diagnosed with diabetes as well as those living with the disease for years, the four steps empower people to learn about diabetes; know their diabetes ABCs—as measured by the A1C test, blood pressure, and cholesterol; manage their diabetes; and get routine care to avoid problems. Adaptations are now available in 14 Asian languages including Gujarati, Hindi, Hmong, Indonesian, Japanese, and Laotian, among others.

languages including Gujarati, Hindi, Hmong, Indonesian, Japanese, and Laotian, among others.



From Spanish to Samoan: Free Diabetes Materials in 20 Adaptations



Consumer diabetes materials culturally tailored for high-risk audiences in Spanish and 15 Asian languages, and adaptations for African Americans, Hispanics/Latinos, American Indians, and Alaska Natives

The National Diabetes Education Program

For free copies, visit www.YourDiabetesInfo.org or call 1-888-693-NDEP (6337), TTY: 1-866-569-1162

NDEP is jointly sponsored by NIH and CDC with the support of more than 200 partners.



UPDATED

4 Pasos para mantenerse saludable

The Spanish adaptation of the *Tips to Help You Stay Healthy* tip sheet provides a four-part action plan to encourage people with diabetes to know their A1C, blood pressure, and cholesterol, and to manage their diabetes to reach their target numbers.

NDEP ON THE ROAD

NDEP regularly exhibits at national meetings across the country. Exhibits provide an opportunity to share information and publications, promote NDEP messages and resources, and strengthen links with partner organizations. Upcoming NDEP exhibits are listed below:

Office of Minority Health

**Third National Leadership Summit on
Eliminating Racial and Ethnic Disparities
in Health (tentative)**
February 25-27, 2009 • National Harbor, MD

**American College of Cardiology
58th Annual Scientific Session**
March 29-31, 2009 • Orlando, FL

**American Alliance for Health, Physical
Education, Recreation and Dance
National Convention**
March 31-April 4, 2009 • Tampa, FL

**Association of Health Care Journalists
Health Journalism 2009**
April 16-19, 2009 • Seattle, WA

CDC's Division of Diabetes Translation 2009 Conference

April 21-24, 2009 • Long Beach, CA
NDEP presentation by
Joanne Gallivan, M.S. R.D.

**American College of Physicians
Internal Medicine 2009**
April 23-25, 2009 • Philadelphia, PA

**American Association of Clinical
Endocrinologists
18th Annual Meeting**
May 13-17, 2009 • Houston, TX

**American Academy of Physician Assistants
37th Annual Conference**
May 23-28, 2009 • San Diego, CA

American Diabetes Association


69th Scientific Sessions
June 5-9, 2009 • New Orleans, LA
NDEP group presentation

**The Endocrine Society
91st Annual Meeting**
June 10-13, 2009 • Washington, DC

**American Academy of Nurse Practitioners
24th National Conference**
June 17-21, 2009 • Nashville, TN
NDEP presentation by
Martha Funnell, M.S., R.N., C.D.E.

Stay Connected with NDEP

- Visit NDEP online at www.YourDiabetesInfo.org. Learn more about diabetes, download and order free diabetes education resources and tools, learn how to work with NDEP to promote diabetes prevention and control, and find out more about how NDEP works to change the way diabetes is diagnosed, treated, and prevented.
- NDEP NEWS & NOTES, NDEP's e-newsletter distributed on the first Monday of every month, keeps you informed about our activities and helps you identify opportunities to incorporate our campaign messages and resources into your programs. Email us at ndep@mail.nih.gov to be added to the NDEP distribution list.


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