



BE WELL. BE INFORMED.

Where can I find good consumer health information on the Internet?

MedlinePlus

<http://MedlinePlus.gov>

MedlinePlus, available in English and Spanish, is the **National Library of Medicine's** web site for **FREE** consumer health information. It is a selective list of authoritative health information resources from the National Institutes of Health (NIH) and other organizations. You will find the following information in MedlinePlus:

- ◆ **Health Topics** Information on conditions, diseases and wellness, plus an illustrated medical encyclopedia (adam.com.), interactive health tutorials and latest news
- ◆ **Drug information** On more than 9,000 generic and brand name prescription and over-the-counter drugs
- ◆ **Clinical Trials** Information about clinical research studies can be found on links from the health topics pages to the NIH ClinicalTrials.gov site
- ◆ **Dictionaries** - Spellings and definitions of medical terms
- ◆ **Directories** - Locations and credentials of doctors, dentists and hospitals
- ◆ **Other Resources** - Access to organizations, consumer health libraries, publications, MEDLINE, and more

Where can I find research information used by doctors, nurses, dentists, pharmacists and other health professionals?

MEDLINE/PubMed

<http://pubmed.gov>

MEDLINE® is the **National Library of Medicine's** online database that contains more than **12 million references to articles in 4,600 journals** in medicine and the life sciences. **PubMed** is a **FREE** system to search MEDLINE.

How can I tell if I've found good information on the Internet?

Ask yourself if a Web site meets the following guidelines:

- ◆ Information content is from a respected source, is accurate and current
- ◆ Information provided is readable, well-organized and easy to use
- ◆ Information supports existing doctor/patient relationships
- ◆ The purpose of the site is to inform, and not to sell a product or service
- ◆ Confidentiality of site visitor data, including identity, is respected

Where else can I find good health information on the Internet?

healthfinder®

<http://www.healthfinder.gov>

healthfinder®, available in English and Spanish, is a free gateway to reliable consumer health and human services information developed by the U.S. Department of Health and Human Services.

Centers for Disease Control and Prevention

<http://www.cdc.gov>

CDC's mission is to promote health and quality of life by preventing and controlling disease, injury, and disability. This site is available in both English and Spanish.

NOAH: New York Online Access to Health

<http://www.noah-health.org>

NOAH provides full-text health information for consumers that is accurate, timely, and relevant. NOAH supports both English and Spanish usage.

National Women's Health Information Center

<http://www.4woman.gov>

The National Women's Health Information Center provides a gateway in English and Spanish to the vast array of Federal and other women's health information resources.

KidsHealth.org

<http://www.kidshealth.org>

Created by the Nemours Foundation, KidsHealth.org has information on infections, behavior & emotions, food & fitness, and growing up healthy, as well as cool games and animations! This site is available in both English and Spanish.

Important Note: Information on these sites is for educational purposes only. Consult your personal physician or other health professional for specific advice on your health and on how Internet health information may apply to you.

What is the NN/LM?

The National Network of Libraries of Medicine (NN/LM), coordinated by the National Library of Medicine, is a nationwide network of over 4,600 health science libraries and information centers. NN/LM libraries provide health information to health professionals and to the public. Find these libraries at <http://nnlm.gov/members/>.

Where can I get more information about NN/LM services?

National Network of Libraries of Medicine, Pacific Southwest Region (NN/LM PSR)

UCLA Louise M. Darling Biomedical Library

Phone: (310) 825-1200 or (800) 338-7657 Fax: (310) 825-5389

Email: psr-nnlm@library.ucla.edu Web address: <http://nnlm.gov/psr/>

This handout on Consumer Health Internet sites is available at:

<http://nnlm.gov/psr/training/handouts.html>

Funded by the National Library of Medicine under contract NO1-LM-6-3507 with the National Network of Libraries of Medicine, Pacific Southwest Region.