



## STIMULANTS

Cocaine  
Caffeine  
Nicotine

Stimulants are a group of drugs that excite the neurons in the brain. Stimulants speed up activity in the brain. Some stimulants are very addictive, such as cocaine and nicotine. Caffeine is also a stimulant. Caffeine is usually not dangerous when used carefully.



## DEPRESSANTS

Sedatives  
Alcohol

Depressants are a group of drugs that slow down the activity in the brain and body. Depressants impair thinking and memory. Regular use of these drugs can lead to addiction. Alcohol is the most commonly used depressant.



# NIDA NEUROLOGIST



A neurologist is a doctor who cares for the nervous system, including all the neurons and nerve pathways in your body. You can go to this doctor if you need help for brain or nerve diseases. Neurologists work in hospitals, offices, and clinics.

There are special neurologists just for kids.



# NIDA BRAIN POWER



Brain Power has taught us many important things about science. We know that we can all be scientists by using the process of scientific inquiry. We have already learned a lot of information about the brain and how it works. We have also learned about different medicines and drugs and how they affect the brain. Brain Power rules!

