

Native American Quality Health Information



MedlinePlus

<http://www.medlineplus.gov>

MedlinePlus brings together authoritative information from the National Library of Medicine, the National Institutes of Health (NIH), and other government agencies and health-related organizations. You can search by health topics and drugs and supplements.

MedlinePlus also has an encyclopedia with pictures, online tutorials, a medical dictionary, and surgical videos. For information specific to Native American Health, search Population groups.



American Indian Health

<http://americanindianhealth.nlm.nih.gov/>

This web resource on American Indian Health, sponsored by the National Library of Medicine, is designed to bring together health and medical resources pertinent to the American Indian population including policies, consumer health information, and research. Links are provided to an assortment of documents, Web sites, databases, and other resources.



National Heart, Lung, and Blood Institute: American Indian and Alaska Native

http://hin.nhlbi.nih.gov/minority/at_frameset.htm

The National Heart Lung and Blood Institute has Native American health resources such as healthy heart and lung information. It also includes a 10 minute online video, *The Heart, The Drum*, featuring an all Native cast and shows an historic overview of the change in diet and exercise experienced by American Indians that resulted in health problems and includes Native methods to improve heart health such as dancing, walking, and singing.

This video requires RealPlayer.
Download free at <http://www.real.com/>



Native Health Database

<http://hsc.unm.edu/library/nhd/index.cfm>

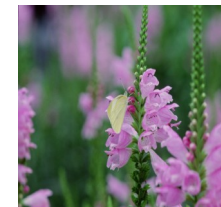
The Native Health Databases contains bibliographic information and abstracts of health-related articles, reports, surveys, and other resource documents pertaining to the health and health care of American Indians, Alaska Natives, and Canadian First Nations.



Native American Ethnobiology

<http://herb.umd.umich.edu/>

Sponsored by the University of Michigan, Dearborn, Native American Ethnobiology is a database of Foods, Drugs, Dyes and Fibers of Native American Peoples.



Native American Cuisine

<http://nativechefs.com/>

This site has over 5,000 Native American recipes and information on nutrition, native food sources, and some healthy recipes.



This information is intended to provide you with health information. It is not a substitute for consultation with a health professional.

How do I find quality health information on the Internet?



Authority, Accuracy, and Audience

- Look at the organization's mission and "about us" page.
- Look at the authorship and sponsorship of the site.
- Is the information provided appropriate to the audience level, well-organized and easy to use?

Availability, Maintained, and Up-to-date

- The Web site maintains its links and the links are not broken.
- The source for the contents of the Web page(s) and the entity responsible for maintaining the Web site (webmaster, organization, creator of the content) is clear.
- Information is current or an update date is included.
- Registration is not required to view the information on the site.

Special features

The site provides unique information to the topic with a minimum of redundancy and overlap between resources.



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Libraries of Medicine**

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<http://nnlm.gov/>

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The National Network of Libraries of Medicine (NN/LM), coordinated by the National Library of Medicine, is a nationwide network of over 4,500 health science libraries and information centers. NN/LM libraries provide a variety of services to health professionals and to the public.

Native American Resources for Quality Health Information



National Network of Libraries of Medicine