

## Drugs and Herbal Information

### Drug Digest

<http://www.drugdigest.org>

Drug Digest is a noncommercial, evidence-based, consumer health and drug information site dedicated to empowering consumers to make informed choices about drugs and treatment options. You can look up drugs and drug interactions.

### Drugs

[www.drugs.com](http://www.drugs.com)

The Drugs.com is a good resource for drug and related health information. They have independent, objective, comprehensive and up-to-date information for both consumer and healthcare professionals. You can look up drug information, drug interactions, and identify pills.

### Herbs

<http://www.mskcc.org/aboutherbs>

This information resource, presented by Memorial Sloan-Kettering Cancer Center integrative Medicine Service, provides evidence-based information about herbs, botanicals, supplements, and more. The site includes information on use, contraindications, interactions, etc.

## How do I find quality health information on the Internet?

### Authority, Accuracy, and Audience

- Look at the organization's mission and "about us" page.
- Look at the authorship and sponsorship of the site.
- Is the information provided appropriate to the audience level, well-organized and easy to use?

### Availability, Maintained, and Up-to-date

- The Web site maintains its links and the links are not broken.
- The source for the contents of the Web page(s) and the entity responsible for maintaining the Web site (webmaster, organization, creator of the content) is clear.
- Information is current or an update date is included.
- Registration is not required to view the information on the site.

### Special features

The site provides unique information to the topic with a minimum of redundancy and overlap between resources.



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For more information, please call 800-338-7657 or visit our website at [www.nlm.gov/sea/](http://www.nlm.gov/sea/)

# Web Resources for Good Health in Your Community



The *I* in illness is isolation, and the crucial letters in wellness are *we*. ~Author unknown

## General Health

### MedlinePlus

<http://www.medlineplus.gov>

MedlinePlus brings together authoritative information from the National Library of Medicine, the National Institutes of Health (NIH), and other government agencies and health-related organizations. You can search by health topics and drugs and supplements. MedlinePlus also has an encyclopedia with pictures, online tutorials, a medical dictionary, and surgical videos.

### Family Doctor

<http://familydoctor.org>

This Web site is operated by the American Academy of Family Physicians (AAFP), a national medical organization. All of the information on this site has been written and reviewed by physicians and patient education professionals. You can search health information for women, men, seniors, parents, and children in English and Spanish.

### NIHSeniorHealth

<http://nihseniorhealth.gov/>

Created by the National Institute on Aging and the National Library of Medicine, NIHSeniorHealth is a website for older adults. It contains aging-related health information that is easily accessible for family members and friends seeking reliable, easy to understand health information. Online videos are also available here.

## Specialty Information

### AIDSinfo

<http://www.aidsinfo.nih.gov/>

AIDSinfo is a U.S. Department of Health and Human Services (DHHS) project that offers the latest federally approved information on HIV/AIDS clinical research, treatment and prevention, and medical practice guidelines for people living with HIV/AIDS, their families and friends, health care providers, scientists, and researchers. You can search AIDS drugs, find Live Help, and look for health information about AIDS prevention and treatment.

### Clinical Trials

<http://clinicaltrials.gov>

ClinicalTrials.gov offers up-to-date information for locating federally and privately supported clinical trials for a wide range of diseases and conditions. A clinical trial is a research study in human volunteers to answer specific health questions. You can search clinical trials by condition, location, age, trial phase, and sponsor.

### Genetics Home Reference

<http://ghr.nlm.nih.gov/>

Developed by the National Institutes of Health and the National Library of Medicine, this website has quality health information about genetic conditions and passing genetic information from one generation to the next. You can search genetic conditions, genes, chromosomes, and find genetic support services.

### Tox Town

<http://toxtown.nlm.nih.gov/>

Tox Town is a project of the [Specialized Information Services Division](#) of the National Library of Medicine and its mission is to address the toxicology and environmental health information needs of the general public. It is an interactive guide to commonly encountered toxic substances, your health, and the environment. Tox Town helps users explore a [Port](#), [Town](#), [City](#), [Farm](#), or [US-Mexico Border](#) community to identify common environmental hazards.

### Cancer

<http://www.cancer.gov>

The National Cancer Institute (NCI) is a component of the National Institutes of Health (NIH) and conducts and supports research, training, and other programs with respect to the cause, diagnosis, prevention, and treatment of cancer, rehabilitation from cancer, and the continuing care of cancer patients and the families of cancer patients. Written in English and Spanish, you can search different types of cancer, cancer statistics, and cancer clinical trials.

### Labs Test Online

[www.labtestsonline.org](http://www.labtestsonline.org)

Organized by the American Association for Clinical Chemistry (AACC), Lab Tests Online has been designed to help you, as a patient or family caregiver, to better understand the many clinical lab tests that are part of routine care as well as diagnosis and treatment of a broad range of conditions and diseases. You can search lab tests.