

FEDERAL TRADE COMMISSION

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JOINT FTC/DEPARTMENT OF JUSTICE HEARING  
ON HEALTH CARE AND COMPETITION LAW AND POLICY

Thursday, May 29, 2003

9:15 a.m.

601 New Jersey Avenue, N.W.  
1st Conference Room  
Washington, D.C.

For The Record, Inc.  
Waldorf, Maryland  
(301) 870-8025

## FEDERAL TRADE COMMISSION

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1 administration at Virginia Commonwealth University.

2 Judith Hibbard is a professor in the department  
3 of planning and policy management at the University of  
4 Oregon.

5 Patrick Romano is an associate professor of  
6 medicine in pediatrics at the University of California at  
7 Davis.

8 Daniel Kessler is a professor at Stanford  
9 Business School.

10 Louise Probst is executive director at the  
11 Gateway Purchasers Coalition in St. Louis.

12 Paul Conlon is vice president of clinical  
13 quality at Trinity Health Services.

14 Nancy Davenport-Ennis is the president and  
15 chief executive officer of the National Patient Advocate  
16 Foundation.

17 Nancy will be talking about certificate of need  
18 issues generally, as opposed to quality issues more  
19 specifically. So, don't assume that she just walked into  
20 the wrong conference.

21 Charles Kahn is president of the Federation of  
22 American Hospitals.

23 And William Sage is a professor at Columbia  
24 University School of Law.

25 Professor Bazzoli, would you like to start with

1 your presentation?

2 DR. BAZZOLI: And just to make sure you think I  
3 didn't happen to walk into the wrong session, I'm going  
4 to be talking mostly about what has happened to the  
5 hospital industry over the last 20 or so years,  
6 especially focusing on organizational change, structural  
7 change.

8 I'm going to be providing some evidence on how  
9 the industry has changed, what kinds of changes have been  
10 implemented, what this means for the hospital industry  
11 and markets, and how this affects the financial  
12 circumstances of hospitals.

13 I think this provides some context for the  
14 quality issue, because obviously hospitals need finances,  
15 they need resources if they're going to invest in  
16 quality.

17 To begin, let me give you just a brief synopsis  
18 of what has happened in the last 20 or so years, and  
19 we'll go into some detail in subsequent slides, but  
20 first, if we go back to the 1980s, go back 20 years or  
21 so, back to, let's say, 1982, we had a hospital industry  
22 that was largely autonomous. Some hospitals were in  
23 systems, but systems were -- only represented about 25  
24 percent of hospitals, 30 percent of hospitals at that  
25 point.

1                   Hospitals were very worried about government  
2 regulation and rate-setting, but quite frankly, they were  
3 pretty much in the driver's seat, making their own  
4 decisions, acting on their own.

5                   In the '90s, the world changed quite a bit, as  
6 you probably all know. I call this the era of payers,  
7 both private payers and public payers. Hospitals were  
8 losing ground to managed care. They were facing  
9 constraints, especially as we get into the late 1990s,  
10 not only on the private side but also on the public side.

11                   Then we get to the 2000s, and what happened at  
12 that point? Well, we ended up with an industry largely  
13 consolidated but I would call quite bifurcated, some  
14 doing very, very well given the consolidation that  
15 occurred, and some doing miserably, and quite frankly,  
16 the variation and performance over this time period from  
17 the '80s to 2000s has changed.

18                   We've seen quite a larger dispersion of  
19 financial performance of hospitals in this period.

20                   Well, a lot has happened. I just gave you the  
21 synopsis. A lot has happened since the '80s, and I want  
22 to go through this a bit, and to do that, I want to use  
23 what I think is kind of an interesting way of setting the  
24 context here, which is to go back to Paul Starr's book on  
25 the social transformation of American medicine.



1                   While Starr focused largely on medicine, he did  
2 spend some time talking about what he thought would  
3 happen to the hospital industry, and that's what I want  
4 to use as kind of a frame-work to think about what we  
5 thought would happen and what actually did happen to the  
6 hospital industry.

7                   I think looking at Starr is interesting,  
8 because it is 20 years ago, and quite frankly, it's  
9 interesting because many of those who predicted what was  
10 going to happen to the industry painted a similar  
11 picture. So, Starr, in many ways, was a -- you know,  
12 kind of able to see early on what he thought the industry  
13 was going to do, and many seem to have followed his lead.

14                   So, what was his vision for hospitals?

15                   Well, let's think about what health care looked  
16 like back in the '80s, and what I'm showing you here is,  
17 you know, a lot of little hospitals hanging around,  
18 physicians, also independent, practicing, going about  
19 their daily business, and what Starr was saying is that  
20 the forces that were underway in the '80s was going to  
21 change, fundamentally change this picture, and the only  
22 way that hospitals would survive is if they came together  
23 in some way, through systems or through merger.

24                   Physicians also would have to come together in  
25 some way.

1           They could then come together vertically and  
2 form what Starr called the regional/national health care  
3 conglomerates.

4           These were organizations not based in the local  
5 community but regional and national, where the locus of  
6 control will have moved from the local community to these  
7 larger organizations, their boards, their stakeholders,  
8 their stockholders, in some instances, if they're for  
9 profit.

10           So, this was the idea that Starr had about how  
11 the world was going to change, and again, if you think  
12 about it, people that came after him, you know, some of  
13 the notions of the advisory boards, Shortell and his idea  
14 of organized delivery systems -- all of that movement  
15 seems to have picked up this wave that Starr started in  
16 1982.

17           Well, there were very specific pathways that  
18 Starr thought would lead to these national regional  
19 health care conglomerates, these multi-market, multi-  
20 product firms, and here are the pathways that he  
21 suggested.

22           These are not mutually exclusive. They were  
23 intended to be occurring jointly, some of them overlap a  
24 bit, but basically what he expected was a change in  
25 hospital ownership for some, not all, hospitals to for-

1 profit. He also expected horizontal integration through  
2 the development of multi-hospital systems,  
3 diversification and corporate restructuring in what he  
4 called poly-corporate enterprises, and these are  
5 organizations with multiple subsidiaries that offer  
6 multiple products in multiple markets, vertical  
7 integration of providers into HMO's, into models that  
8 looked like a Kaiser-type health plan, Kaiser health plan  
9 model, and finally, increased industry concentration of  
10 ownership and control.

11 And again, these are not mutually exclusive,  
12 and quite frankly, any of the first four here would lead  
13 to the fifth pathway that he suggested.

14 So, what have I been doing? I've been doing  
15 research trying to answer these key questions, namely:  
16 What is it that came to pass and what did not in terms of  
17 Starr's predictions? Why didn't some things come to pass  
18 and why did others not? What does this mean for the  
19 hospital industry and markets today, and how has this  
20 affected financial status as we see it currently? Okay.

21 So, these are the kinds of questions I've been  
22 looking at recently, again given my interest in what  
23 Starr had predicted, and I want to present some of the  
24 evidence here today.

25 First, I want to talk about horizontal

1 integration of hospitals and kind of combine the notion  
2 of conversion to for-profit with this development of  
3 hospital systems. Quite frankly, when we think about  
4 Starr's predictions about the development of multi-  
5 hospital systems, he had it right, all right?

6 We have seen tremendous growth in multi-  
7 hospital systems across the U.S. Back in '79, when Starr  
8 was writing this book, 31 percent of hospitals were in  
9 systems. By 2001, about 54 percent of hospitals were in  
10 systems, and an additional 13 percent were in looser  
11 health networks, many of which are stepping stones to  
12 future system development.

13 However -- this is where Starr is wrong -- the  
14 systems are still predominantly not for profit, and they  
15 are still local in their focus, all right?

16 So, we don't see the growth of for-profit  
17 chains. We don't see the growth of national regional  
18 health systems, whether they be for-profit and not-for-  
19 profit, and I wanted to show you a little bit of evidence  
20 in support of that.

21 Here are some data on changes in hospital --  
22 excuse me -- system ownership type between 1990 and 2001,  
23 and just very easily, you can see the for-profit share  
24 has declined from about one-third in 1990 to under 30  
25 percent in 2001, with a little bit of growth in the

1 voluntary non-for-profit ownership category.

2 Looking at kind of the local versus  
3 regional/national aspects of systems, here are some data  
4 that focuses on basically how many MSA's hospital --  
5 excuse me -- systems own hospitals, all right? So, I'm  
6 classifying systems based on the number of MSA's in which  
7 they own hospitals here.

8 If a system is regional or national, we would  
9 expect that it would own hospitals in multiple MSA's.  
10 How many? It's not clear. You know, there are 300 MSA's  
11 across the country, and what are the thresholds for  
12 regional and national is not clear, but certainly we  
13 wouldn't expect a regional or national system to own  
14 hospitals in simply one MSA.

15 And what we can see here looking at these data  
16 is that, increasingly, systems, between 1990 and 2001,  
17 focused on owning hospitals in one MSA, all right?  
18 Similarly, we've seen a decline in the number of systems  
19 that own hospitals in four or more MSA's.

20 These data suggest to me that systems are  
21 becoming more localized, not regional and national, as  
22 was expected by Starr and by many others, okay?

23 Well, that was one set of predictions that  
24 focused on for-profit, ownership change, and also system  
25 development.

1           Starr and many others predicted that hospitals  
2 would be getting involved with what they called  
3 diversification into these poly-corporate forms, and what  
4 that really meant is they'd be getting involved with  
5 different types of health and non-health-related ventures  
6 to expand what they were basically doing, which was acute  
7 care delivery.

8           These were some of the things that people  
9 suggested -- not only Starr, but others suggested  
10 hospitals would get involved in, some things very close  
11 to what they're doing now -- outpatient services, for  
12 example -- but some things extremely far away -- health  
13 management consulting services, real estate management,  
14 that kind of thing. These were the kinds of predictions  
15 that we saw for what hospitals would be doing, what was  
16 expected they would be doing as we advanced into the  
17 1990s and 2000s.

18           Well, what did hospitals do in reality? I  
19 don't have any numbers here, but let me just synthesize  
20 what one can see from the literature.

21           Hospitals did experiment with different kinds  
22 of services and ventures. Some of them actually did get  
23 involved, believe it or not, in real estate management,  
24 but increasingly, over time, they limited their  
25 diversification to those services directly linked to

1 their inpatient and outpatient acute care services, all  
2 right? So, they experimented and then they decided to  
3 come back closer to home in terms of the services they  
4 offered.

5 So, things like developing ambulatory surgery  
6 centers, for example, things like developing nursing  
7 homes, building nursing homes because of concerns about  
8 transitions to skilled nursing care after acute care  
9 episodes. Those are the kinds of things we see hospitals  
10 involved nowadays, not the real estate management  
11 activities or hospital consulting services.

12 Also, the evidence shows that hospitals very  
13 easily, readily, will add and drop services, depending on  
14 reimbursement opportunities.

15 Home health care is an excellent example. When  
16 home health care reimbursement was very good, all the  
17 hospitals or a lot of hospitals were really moving to add  
18 those services to their complement. What happened with  
19 VBA and the reduction in payment for home health? They  
20 started dropping that service, all right?

21 So they're not adding these services to  
22 ultimately become this poly-corporate form. They're  
23 adding these services to create new revenue bases and  
24 then dropping them whenever those revenue opportunities  
25 disappear.

1                   Finally, if we look at hospitals now, in 2003,  
2                   what do we see? What we see is their strategy tends to  
3                   focus on being a technology leader in a market. They  
4                   want to advertise themselves as having the fanciest  
5                   equipment in orthopedic surgery, in cardiac care, all  
6                   right? That's the way they are positioning themselves in  
7                   the market, not as a diversified corporate form, okay?

8                   Does this sound like the medical arms race?  
9                   Yes. And in fact, Paul Ginsberg, when he was here,  
10                  talked about, in a sense, the return of the strategy to  
11                  the medical arms race of the '80s.

12                  Well, what about vertical integration? Starr  
13                  and many that followed him believed that government and  
14                  employers would press hospitals to become more efficient,  
15                  they would push for integrated health care delivery and  
16                  financing like the Kaiser health plan or group health  
17                  cooperative, and hospitals and other health care  
18                  providers, mainly physicians, would grudgingly move to  
19                  make -- to develop these systems to survive in the  
20                  market.

21                  Further, Starr noted that -- and others, as  
22                  well, noted that the initial development of systems would  
23                  be a platform for vertical integration.

24                  Well, what does the evidence say? Well, it  
25                  looked like hospitals were going to move that way in the



1 early '90s, but then much of this has dissipated.

2 This is data looking at '94 to 2001, and again,  
3 looking at systems and the kind of vertical activities  
4 they've been involved with in terms of integrating  
5 physicians, in terms of developing insurance activities,  
6 and what do we see?

7 We see that a lot of activity in 1994, the  
8 first year AHA collected these kind of data, in  
9 contractually affiliated with physicians and purchasing  
10 physician practices, but over time, these activities have  
11 dissipated.

12 Less than a third of hospitals report having  
13 contractual affiliations in 2001, and quite frankly, many  
14 of these affiliations are just empty shells. They still  
15 might have a PHO or MSO on paper, but that PHO or MSO is  
16 really not doing much of anything.

17 In terms of vertical integration into  
18 insurance, there wasn't much activity to begin with.  
19 About a fifth of hospitals -- or systems, excuse me, were  
20 doing these kinds of things back in the early 1990s.  
21 That was pretty much sitting there. It looks like it's  
22 on the decline, especially in 2000 and 2001.

23 So, vertical activity looked like -- especially  
24 on the physician side -- looked like it was going to  
25 happen but then quickly dissipated.

1           The final prediction of Starr was this notion  
2 of the concentration of ownership and control, and the  
3 idea here was that multi-hospital systems or this poly-  
4 corporate form would not only centralize ownership of  
5 different types of subsidiaries but also centralize  
6 control, and Starr believed that the shift in control  
7 would move from local communities to these  
8 national/regional corporate organizations. That was the  
9 prediction.

10           What was the reality?

11           Well, first, recall that I've said that most  
12 systems are local, all right. So, if there's been a  
13 shift of control, maybe it's gone from -- when I was in  
14 Chicago -- maybe it's gone from Park Ridge office to  
15 Skokie, where Advocate Health Systems' parent office is,  
16 but that move from Park Ridge to Skokie is not very far.

17           So if there's been some movement, it's not been  
18 very far to a centralized parent.

19           But on top of that, when we look at systems,  
20 about 70 percent of systems delegate certain authorities,  
21 decision-making responsibilities to their affiliate  
22 hospitals. Only about 30 percent of systems have what I  
23 would call a command-and-control model where you have one  
24 board making decisions system-wide for all of its  
25 affiliates.

1           There's a lot of -- there's a mixture of  
2           decentralized and centralized control that we see with  
3           these kinds of systems, and while I'm not going to say  
4           when you see one system, you see one system, because I  
5           tend to be -- I'm in the business of classifying systems  
6           -- there is a great deal of variability from the extremes  
7           of highly centralized to highly decentralized.

8           So, the question -- the next question one has  
9           to wonder about is why were all these predictions wrong?  
10          Where did we go wrong? And we can't blame Starr solely  
11          for this. Many who followed him made similar kinds of  
12          predictions. Why is it that these predictions are so off  
13          the mark, other than the growth in multi-hospital  
14          systems?

15          Well, first -- these are the kinds of things  
16          I've identified through my research. First, there was  
17          the assumption that the pressures on hospitals and other  
18          health providers would be unrelenting and uni-  
19          directional, all right? So, there was this notion that  
20          the pressures from government, from managed care, would  
21          keep up and would keep forcing hospitals down this track,  
22          if you will, this train going down the track, with only  
23          one destination possible, and that was these  
24          regional/national health care conglomerates. That proved  
25          to be false, especially given the managed care backlash

1 in the late 1990s.

2 Also, one thing I think that writers didn't  
3 consider was that, as hospitals consolidated, they were  
4 more able to fend off these pressures as they  
5 consolidated. So quite frankly, their power, their  
6 ability to fend off the desires of weakening managed care  
7 organizations was increasing. So this is an interesting  
8 combination of forces.

9 Thirdly, I don't think writers realized the  
10 extent of organizational inertia when it comes to  
11 hospitals. There's a saying that, you know, the writing  
12 is always clearer when you back's against the wall.

13 Quite frankly, I think what's true for  
14 hospitals is the writing is only clear if we push their  
15 backs through the wall and we hold them there for quite  
16 some time, because at that point the level of pain is so  
17 extreme something has to happen, but simply pushing them  
18 on the wall doesn't mean that they're going to stay there  
19 and doesn't mean that they're going to change or really  
20 implement the writing that's on the wall.

21 A couple other things.

22 Why did health care remain local? I don't  
23 think Starr or others realized the importance of local  
24 connections. Hospitals' legitimacy is based on local  
25 communities, local stakeholders, not on regional/national

1 stakeholders, all right? I don't think that was  
2 appreciated. Further, I -- finally, I don't think these  
3 predictors, these prognosticators, realized the  
4 resilience of the not-for-profit form, the ability to  
5 exist as-is for many years, even under financial  
6 distress, without radical change.

7 So these are some of the reasons why I think  
8 many of these predictions of Starr and others that  
9 followed him were wrong.

10 So, what does the industry look like now? I've  
11 kind of hinted at this a bit. We have many hospitals  
12 consolidated in local health systems and networks, about  
13 70 percent of them. Systems and networks vary in degree  
14 of centralized control.

15 Let me point -- you know, kind of paint two  
16 extremes for you.

17 The one extreme, we have systems where all  
18 decisions and policy is made by one board for the system.  
19 At the other extreme, we have systems and networks that  
20 are basically shells, all right?

21 Perhaps there is some centralized  
22 administrative functions, some centralized purchasing,  
23 maybe some centralized capital financing, but that's it,  
24 and the hospitals themselves call the shots.

25 An example of that would be CareGroup in

1 Boston. Quite frankly, the hospitals there are only  
2 together because of bond financing, but all of the  
3 decisions that are made are made by the individual  
4 hospitals in terms of how they're going to use their  
5 capital, what services they offer, medical staff,  
6 governing bylaws, and things like that.

7 Finally, there is a large minority, about 30  
8 percent of hospitals, not involved with systems or  
9 networks, and that's either by choice or because they're  
10 simply undesirable.

11 So, that's what the industry looks like.

12 I wanted to kind of switch gears and say, if we  
13 have this very diversified set of systems out there in  
14 the world, what does that mean in terms of negotiating  
15 with health plans? What does that mean in terms of  
16 financial performance?

17 And let me begin -- before I get to financial  
18 performance -- talk about how this plays out with health  
19 plan negotiations, because I think this is particularly  
20 interesting, especially from an antitrust perspective.

21 Again, we have some centralized systems, very  
22 strong, where the parent is calling the shots, and those  
23 kinds of systems have a lot of power in health plan  
24 negotiations. They hold a lot of the beds locally, and  
25 they can -- they wield a lot of power when it comes to

1 discussions with health plans about contract terms.

2 So that's one possibility.

3 Another possibility are these systems,  
4 especially decentralized ones in networks, and quite  
5 frankly, these systems have very little power when it  
6 comes to health plan negotiations, all right?

7 Any power that exists resides in individual  
8 affiliates, and quite frankly, those individual  
9 affiliates, if they're particularly powerful, don't want  
10 their strength diluted by the system being their  
11 spokesperson with the health plans, all right, and we do  
12 see that happen in a number of markets.

13 For hospitals not in systems, we see two  
14 extremes, as well.

15 We see those hospitals that did not join  
16 systems or networks by choice -- namely, they didn't see  
17 the value of participating in these arrangements -- they  
18 tend to be strong. They don't need systems. They don't  
19 need networks. They're doing just fine on their own.

20 But on the other extreme, we're seeing systems,  
21 especially hospitals that were not joining systems  
22 because they are undesirable -- they have very little  
23 strength, okay?

24 So, again, what have I painted for you here?  
25 I've painted for you a world of substantial diversity,

1 very powerful hospital players in some instances and very  
2 weak players in another instance, and again, what does  
3 that mean in terms of negotiations, in terms of what  
4 hospitals can get? Some of them get very good terms, and  
5 some of them are getting very poor terms in their  
6 negotiations.

7 It also means that averages are extremely  
8 deceiving. So, if we look at an average of total margin  
9 for the hospital industry of 4 percent, 3 percent, that's  
10 masking the fact that some hospitals are doing extremely  
11 well, all right, maybe 10, 12 percent in terms of  
12 margins, maybe even higher, whereas a lot of them are  
13 doing quite poorly, all right?

14 Well, I just said averages were bad, so let me,  
15 as every professor would do, now give you some averages,  
16 but I will talk about diversity in a moment.

17 This gives you a sense of what payment-to-cost  
18 ratios have been over time, and of course, if the  
19 payment-to-cost ratio is equal to 1, payment equals cost,  
20 and we can see that, for payers like Medicare and  
21 Medicaid, basically, over time, the values are pretty  
22 much honing in on 1. Okay. So, payments are coming  
23 close to costs, although people are worried about  
24 Medicaid, given the state budget crisis currently.

25 But again, where hospitals and systems are able



1 to use their power is not on the Medicare and Medicaid  
2 side, it's on the private payer side, and if we look at  
3 private payer averages, we can see there's been quite a  
4 bit of decline since 1991.

5 Back in 1991, payments were about 30 percent  
6 higher than costs, all right? That has drifted down, on  
7 average, to about 113 percent, or 1.13 -- a ratio of 1.13  
8 in 2001, so 13 percent higher.

9 Again, realize there is a distribution around  
10 this average, and this distribution has been expanding  
11 between 1991 and 2001, and one could very readily imagine  
12 hospitals, if the average is 1.13, with an average of  
13 less than 1, and if Medicare and Medicaid are paying  
14 about 1, we're talking about a hospital than can be in a  
15 financial difficulty, especially if we consider charity  
16 care, patients which certainly are paying less than cost.

17 So I gave you the averages.

18 Let's look at some of the distributional  
19 aspects and, in particular, look at the percent of  
20 hospitals with negative total margins.

21 Now, this is total, so this is Medicare,  
22 Medicaid, private, taking into account self-insured,  
23 charity care, and also other sources of hospital income,  
24 including investment income, non-operating income, and  
25 what do we see?

1                   We see that there's a lot of hospitals in the  
2 U.S. that are making total -- their total margins are  
3 negative. About a third, 33 percent of hospitals, all  
4 hospitals in the U.S., had negative margins in 2000, and  
5 this varies by hospitals.

6                   Major teaching hospitals -- 40 percent of major  
7 teaching hospitals in the U.S. have negative total  
8 margins; 37 percent of large urban hospitals have  
9 negative total margins, all right?

10                  So, this gives you a sense of the distribution  
11 in terms of the percentage of hospitals that are, you  
12 know, again, not doing particularly well.

13                  In just a couple of moments, I just want to  
14 talk about the safety net. The safety net, in  
15 particular, in is an area of concern, a lot of pressures  
16 on hospitals in the 1990s and 2000s, tons of cost  
17 pressures on them currently. On top of that, add some of  
18 the pressures that I have here for the safety net, and  
19 what we've seen is the total margins of DSH hospitals --  
20 these are hospitals that receive Medicare DSH --  
21 declining over time, and in particular, if you looked at  
22 non-DSH hospitals, these are their average total margins  
23 over time.

24                  This is the DSH rural. They're not doing that  
25 bad. But this is the DSH -- the DSH, large urban

1 hospitals, and you can see the trend is not very  
2 promising. About 40 percent of large urban DSH --  
3 Medicare DSH hospitals have negative total margins in  
4 2000, all right?

5 So, again, we're talking about quite a bit of  
6 bifurcation.

7 I think a lot of the change that occurred in  
8 the industry over these years has gotten us to this  
9 point.

10 And for my last slide, I want to talk about  
11 what does the future have to hold for hospitals.

12 First, the pressures that we're seeing now will  
13 continue.

14 Some pressures are actually good, to the extent  
15 that we're seeing increasing demand for health care  
16 services. That's going to add to the revenue side. And  
17 actually, demand for hospital services, both inpatient  
18 and outpatient, has been growing since the year 2000.

19 But on the cost side, we're seeing increasing  
20 insurance costs. With the current recession, I'm sure  
21 we're going to start seeing an increasing number of  
22 uninsured. There's declining payments, support, or  
23 worries about support from the states, given the state  
24 budget crises.

25 There's concern on the hospital side about more

1 price-sensitive consumers. Consumers are now facing big  
2 increases in their out-of-pocket costs for health-care  
3 services, and hospitals are worried about how that's  
4 going to affect their private payer streams.

5 In terms of financial performance, I think that  
6 there's going to be continued bifurcation. We're going  
7 to continue to see the dispersion of performance spread  
8 between what I would call the have's and the have-not's.  
9 Is that going to force some hospitals to close? I would  
10 say probably not. I think we'll see a few but not many.  
11 There's a lot of political support for hospitals that are  
12 on the brink of closing, a lot of pressure to keep  
13 hospitals open, and quite frankly, not-for-profit  
14 hospitals typically don't close, even when they're under  
15 extreme stress.

16 Finally, what kinds of structure or  
17 organizational change do we expect, should we expect, and  
18 I would only want to conclude with the point that I think  
19 we shouldn't fall into this prediction trap ever again.

20 A lot of predictions were made about what was  
21 going to happen to hospitals in the '80s, in the '90s,  
22 and I certainly, for one, do not want to be part of  
23 making predictions and having someone do a presentation  
24 like this in 20 years and showing how I'm completely  
25 wrong.

1                   So thank you very much.

2                   (Applause.)

3                   MR. BYE: Thank you.

4                   Professor Hibbard?

5                   DR. HIBBARD: Good morning.

6                   I'm going to address two questions this  
7 morning. What will make hospital performance reports,  
8 public reporting more effective with consumers, and what  
9 will motivate hospitals to improve?

10                   I want to start with talking about the consumer  
11 issues. There are many barriers to consumers using  
12 performance reports. You know, we've seen that they have  
13 not been widely embraced by consumers, and I'm going to  
14 talk about two barriers here.

15                   One is just simply the invisibility of the  
16 quality gap. That is, consumers are not aware of the  
17 quality problems that have been observed in health care  
18 recently.

19                   And the second issue is the difficulty that  
20 consumers have in using the performance reports that have  
21 been disseminated. The reports have not really been  
22 designed to help people make choices.

23                   First, let me talk a little bit about the  
24 invisibility of the quality gap. This is some data from  
25 a survey that we did in a community recently, and the

1 first bar is at a baseline before there was any public  
2 report. And we asked, do you think there are differences  
3 among area hospitals in the chance of being harmed by a  
4 medical mistake, and we also asked, do you think there  
5 are differences in the hospitals in the chance of having  
6 a complication that could have been prevented?

7 So, around 50 or 60 percent said no, there  
8 really aren't any differences.

9 So, a majority of people feel that health care  
10 and hospitals and providers -- pretty uniform in terms of  
11 their quality of care provided. Now, that changed after  
12 there was a release of the public report, which is the  
13 second bar.

14 Now, we were interested in this question about  
15 -- because it's such a huge barrier to people being  
16 interested in quality information if they really don't  
17 think there's an issue, and we were interested in what if  
18 we just simply suggested that something bad might happen  
19 if you chose poorly, and we did a little experiment where  
20 we -- it was a laboratory experiment, so we randomly  
21 assigned people to two conditions.

22 One group got a CAHPS report, which is the  
23 Consumer Assessment of Health Plan Study report on  
24 people's experience in care, and on the front of the  
25 report, it said "Get the best quality care," and you open

1           it up and it shows the health plans and how they scored  
2           on different aspects of care.

3                         We gave another group the same report, except  
4           we headlined it on the front cover "Avoid problems in  
5           health plans." And what we found was just simply  
6           suggesting that something bad might happen, that to the  
7           group that had that negative frame, they actually  
8           understood the information better, they rated the  
9           information more highly, and they weighted it more in  
10          their choices. They were more willing to drive further,  
11          pay more, and even give up their regular provider more  
12          often than the group that got the message, you know, get  
13          the best quality care.

14                        So, one of the take-away messages we got from  
15          that are people are risk-averse, but they just don't know  
16          that they have some risk to be concerned about, and if we  
17          tell them, it can make a difference.

18                        But right now, there is not -- no one is taking  
19          on that role of telling the public about the quality  
20          problems that are out there.

21                        Now, I said that the second problem is the  
22          difficult that people have in using current reports, the  
23          way that they're designed. There's many variables to be  
24          reviewed and to process in a public report. In order to  
25          use them, you often have to differentially weigh

1 different factors, to make trade-offs, you have to bring  
2 all the variables together, and quite frankly, those are  
3 cognitive tasks that human beings aren't very good at,  
4 and it's hard work, and let me just give you a visual  
5 example here.

6 This is a well-known -- this is one page out of  
7 a well-known hospital report. It's one page out of 56  
8 pages. This one reports on stroke. I'm showing you this  
9 as an example for why these are difficult.

10 The first challenge that a consumer would have  
11 in looking at this is there's -- so, length of stay,  
12 readmission rates are two key variables that are shown  
13 here, but it isn't always clear to consumers what is good  
14 and what is bad. Is a length of stay good or is it bad,  
15 a longer length of stay? People who have been in managed  
16 care might think that a longer length of stay is good,  
17 because it shows that, you know, they're taking care of  
18 people that really need it.

19 So, you don't even -- if you look at this,  
20 you're not even sure what is good, what is bad, which is  
21 the first thing that you need to know, and then, of  
22 course, there's the problem of what if it's good on one  
23 and not so good on another measure? What do you do with  
24 that, especially when you don't know how important these  
25 things are or what they even mean?



1                   And then, of course, there is the money issue,  
2                   the average charge, and again, if you do not understand  
3                   what the quality information is telling you and you do  
4                   want to know about quality, some people will use cost as  
5                   a proxy for quality. So, they will go with a higher-  
6                   priced option here. So, this report is not really  
7                   helping people, and it's a lot of hard work.

8                   So, if you step back and you look, the quality  
9                   problem is not visible to people. They don't really  
10                  think that there are differences. And then we give them  
11                  these reports that are really hard to use and that  
12                  require a lot of hard work. So, is it really any wonder  
13                  that people aren't using them?

14                  So, we undertook a series of studies looking at  
15                  how can we make reports more effective, and we began with  
16                  controlled laboratory studies where we randomly assigned  
17                  people and they got the same information but presented in  
18                  different formats, and looked at what really helps people  
19                  use information to make choices.

20                  We applied that, what we found in the  
21                  laboratory, to design a public report and then were  
22                  involved in the evaluation of the impact of that report  
23                  on consumers and on providers -- in this case, a  
24                  hospital.

25                  So I want to share with you just the headline

1 findings from the laboratory studies and a bit from the  
2 evaluation.

3 So, when we started the laboratory studies, we  
4 knew what people really wanted from a public report.  
5 What they want is they want to know which is the best one  
6 and maybe which ones to avoid. They really don't want to  
7 work hard. They don't want to synthesize and interpret  
8 and translate and do all these things that current  
9 reports make them do.

10 So, in the laboratory, we tested this concept  
11 from cognitive psychology called evaluability, and what  
12 evaluability does is it's a way of presenting data that  
13 makes it easier for the viewer to quickly and easily see  
14 better and worse options. It basically lets you map a  
15 good/bad scale onto information.

16 That other slide I showed you, it was almost  
17 impossible to map a good/bad scale onto those hospitals.  
18 You just couldn't tell, especially if you didn't know  
19 what was up and what was down.

20 So we tested different ways of presenting the  
21 same information, and we used this concept, and the idea  
22 of the evaluability is it takes a lot of the work out of  
23 using comparative information for choice.

24 So let me just give you an example, so you know  
25 what I'm talking about here.

1                   We gave one group of people a report to look  
2 at. This has one performance measure and cost  
3 information, and we gave another group the very same  
4 information. This is arranged alphabetically. We gave  
5 another group the same information arranged by  
6 performance within cost strata.

7                   And we evaluated people's choices according to  
8 whether they chose the highest-performing option within a  
9 cost strata. Didn't matter which cost strata they wanted  
10 to go with. And not too surprisingly, we found that, if  
11 you order it for them or essentially make it easier, more  
12 people will maximize on quality within whatever cost  
13 strata they are choosing.

14                   So, we learned a lot from these laboratory  
15 studies. One thing we learned was almost anything you do  
16 in the way you present information makes a difference in  
17 what people -- how people interpret it and use it, and  
18 the second thing we learned is that if you make it  
19 easier, if you make it evaluable, it will actually --  
20 it's much more likely to actually get used in choice,  
21 weighted in people's choices.

22                   So, we had this nice opportunity to apply what  
23 we learned in the lab in a real world setting. We worked  
24 with the alliance, with the Employer Purchasing  
25 Cooperative in Wisconsin.

1           They were producing a report on 24 hospitals in  
2 south central Wisconsin. The report rated hospitals on  
3 complications and deaths. It's based on administrative  
4 data. It was risk-adjusted.

5           The alliance did a really nice job on wide  
6 dissemination. The members were sent the report  
7 directly. The report was inserted into the newspaper.  
8 It was controversial, so there were newspaper stories,  
9 and it was available on the web, and community groups and  
10 the library offered it, as well.

11           This is what the report looked like -- this is  
12 kind of a mock-up of what the report looked like, and we  
13 used four evaluability strategies in designing it. So,  
14 there were two summary measures, surgery and non-surgery,  
15 that summarized everything, and then there were three  
16 clinical areas in the report.

17           So, because we had two summary measures, we  
18 were able to order on performance, and this was within 2  
19 hospital categories -- regional hospitals and community  
20 hospitals.

21           The second evaluability strategy was --  
22 actually, the third -- ordering the summary, and then we  
23 used symbols that are inherently meaningful. Pluses mean  
24 good, minuses mean not so good.

25           And finally, I don't know if you can see it

1 well there. There's a color band, a light color band  
2 that highlights the top performers in each type of  
3 hospital category.

4 So a person can look at this report, and right  
5 away, they have an answer. They don't have to work hard  
6 to figure it out.

7 Now, you might note when you look at this  
8 report that there wasn't a lot of variation overall, but  
9 there was variation -- some variation in cardiac, and  
10 there was quite a bit of variation in maternity, which  
11 are, of course, things that the public is concerned  
12 about.

13 We looked at the impact of the report on the  
14 consumers and providers. I'm going to share with you  
15 about the evaluation on the consumers first.

16 We used a design where surveyed prior to the  
17 release of the report and then again after the release of  
18 the report, and we did both a panel of people, as well as  
19 a post-only group, and we used an employee sample and a  
20 random digit dial community sample.

21 Now, one thing about a report that's designed  
22 to be evaluable -- we hypothesized that it has the  
23 potential to have a kind of viral effect.

24 That is, if you can look at a report and  
25 quickly gain an impression of which are the better and

1       which are the worst options, you can keep that in your  
2       mind, you don't have to have the report in front of you,  
3       and you can then share that with other people, just like  
4       people share impressions about which are the good schools  
5       and which are the good restaurants and make  
6       recommendations based on these impressions, and that is  
7       how people make choices now.

8                 So, it could be much more powerful than we had  
9       -- than we think about how people -- we want people to  
10      use reports. If it's evaluable, it could work in this  
11      other way, as well.

12                So that's kind of what we looked for when we  
13      evaluated, was there some evidence for this kind of viral  
14      impact?

15                Just to quickly show you who saw the report.  
16      Employees would much more likely to see it. The panel in  
17      the community survey was more likely to see it than the  
18      post-only, because we probably sensitized them to the --  
19      seeing the report with our pre-survey, and then people  
20      were also exposed through the news stories, and they were  
21      also exposed because they heard about it from other  
22      people. So, there was some evidence there about a viral  
23      effect.

24                We asked people several questions about which  
25      hospital would they recommend overall, which hospital

1 would they recommend for the clinical areas that were  
2 reported in the report, and then we asked them some  
3 questions like which hospitals do you think have fewer  
4 mistakes, which hospitals have fewer preventable  
5 complications. We also asked which hospitals do you  
6 think have more mistakes and more preventable  
7 complications.

8 Now, what I'm showing you here is how many  
9 people named high-performing hospitals in the pre-survey,  
10 the blue line, and then how many named high-performing in  
11 that green stripe, how many reported a high-performing  
12 hospital in the post period, and we see a small bump  
13 there. This is everyone, not just people who saw the  
14 report.

15 So, there was a significant shift on which  
16 hospitals they thought were the high-performers after the  
17 report.

18 It's interesting that more people remembered  
19 the low performers, and so, we got a little bit bigger  
20 bump there.

21 This shows the same data, but it's broken out  
22 by how closely people looked at the report. If they  
23 didn't see it at all, they only read a little bit of it,  
24 or they read most of it, it made a bigger difference in  
25 their ability to identify high and lower -- low-

1 performing hospitals, and I should say this is two to  
2 four months after the release of the report. So, people  
3 did remember it.

4 We asked about -- did they talk to other  
5 people, their doctor, did they talk to anyone about it,  
6 friends and family, did they pass it along? And the blue  
7 part of the bar is if they were likely or very likely to,  
8 and the yellow part is that they already have. A, a fair  
9 amount of people planned to or already had talked to  
10 others about it, we asked if they would keep it for  
11 future reference and would they use it to select or make  
12 a recommendation, and again, a majority indicated that  
13 they would.

14 So, what we saw was that, by making the report  
15 evaluable, it did influence consumer views. We saw it  
16 had a small overall effect. If there was wider  
17 dissemination, we probably would have seen a larger  
18 effect. So exposure is a key factor, apparently.

19 We also -- and we saw evidence for a viral  
20 effect with people talking about it and making  
21 recommendations. We also saw some evidence that the  
22 report increased hospital motivation to improve.

23 Now, the data that we had -- that went into the  
24 report on performance -- we had it for all the hospitals  
25 in Wisconsin.



1           So, there were 24 hospitals in the public  
2 report, but there were another 91 non-alliance hospitals  
3 not in the service area, and for those hospitals, we  
4 randomly assigned them to two conditions.

5           One was to get no report -- they were kind of a  
6 control condition -- or to get a confidential private  
7 report on their own performance.

8           So, as I talk about the evaluation, I'll talk  
9 about the no report, the private report, and the public  
10 report hospitals, and we're going to compare them.

11           So we wanted to know, does making it public  
12 increase concerns about public image and market share,  
13 does it increase quality improvement efforts within the  
14 areas reported on, and are the low scorers the ones who  
15 are really doing more in quality improvement, and to what  
16 degree do private reports stimulate quality improvement  
17 activities?

18           So, the report came out in the fall, about nine  
19 months later. We surveyed hospitals, all the hospitals,  
20 and we wanted to include CEO's, medical directors, and  
21 quality improvement directors.

22           We got a pretty good response rate. We got at  
23 least one respondent from every hospital in the public  
24 report group, about, I believe, 92 percent in the private  
25 group, and about 84 percent in the no-report group.

1                    Respondents in the -- who weren't in the public  
2 report hospitals were sent a copy of the public report so  
3 they could answer questions about it.

4                    We asked them about how useful did they think  
5 the report would be for quality improvement, how accurate  
6 or basically how valid the data was, and how appropriate  
7 for public use was the information. This is kind of a  
8 dense slide, but basically, what we saw was that the  
9 public report people were most negative on all of those  
10 questions, and the private report group was most positive  
11 on those questions, although everyone was slightly  
12 negative, and those who had the lowest scores in the  
13 public report group were the most negative. They thought  
14 the data was not valid.

15                    Okay. We asked what is the likelihood that  
16 this report would affect their hospital's public image,  
17 and for the other two groups, the no and the private  
18 report group, we asked them what is the likelihood that a  
19 report like this would affect your hospital's public  
20 image, and this is broken out by their scores, and we  
21 used the obstetrics score, because that we one was the  
22 most variable.

23                    So as you can see, in the public report group,  
24 those who got low scores said this report is likely to  
25 detract from their public image, and those who got high

1 scores said this report is likely to enhance our public  
2 image. And the other two groups, the private and no  
3 report group, it didn't matter what their scores were.  
4 They didn't think it was going to affect -- anything like  
5 this would affect their public image.

6 So it seems like those in the public condition  
7 really felt that this was going to impact their public  
8 image either negatively or positively.

9 We asked the exact same question about their  
10 market share, and I don't have a slide on this, but  
11 basically, it didn't have any impact. It didn't matter  
12 what their score was. It didn't matter what condition  
13 they were in -- private, public, or no. They didn't  
14 think it was going to affect their market share. And we  
15 have started to look at the market share data, and  
16 they're right, so far.

17 Then we asked them -- we looked at their  
18 quality improvement efforts, and the -- because  
19 obstetrics was the one that had the most variability, we  
20 asked about seven different quality improvement  
21 activities that could be undertaken to improve on the  
22 complications in obstetrics, and this shows the number of  
23 activities that groups are undertaking.

24 There's significantly more in the public report  
25 group, the private report group has a medium amount, and

1 the no report group has the least amount of attention to  
2 quality improvement in this area.

3 This is broken out by their scores, and again,  
4 those with poor scores in the public report group are  
5 doing the most in obstetrics to improve. The other two  
6 groups pretty much -- are doing pretty much the same.

7 Now, the hospitals thought that the high -- the  
8 poor scores in obstetrics were due to hemorrhage after  
9 delivery, and so, we asked specifically about that, did  
10 they have any QI activities that focus on reducing  
11 hemorrhage after delivery?

12 So this is just those who got poor scores in  
13 the three conditions, and this is how many of the  
14 hospitals with poor scores are focusing on quality  
15 improvement to reduce hemorrhage after delivery, and what  
16 we see is a tremendous difference between the public  
17 report, the private, and the no report.

18 But the private report hospitals who had poor  
19 scores -- they knew that they had poor scores. But they  
20 were much less likely to be focusing on this issue. So  
21 what we saw was that making performance public did  
22 stimulate quality improvement activities, and it  
23 stimulated it above what was stimulated by a  
24 confidential, private report.

25 Now, I would say that there are probably three

1 essential elements of what -- for others to observe the  
2 kind of effects that we saw in this situation.

3 One is that it's important that a report be  
4 widely disseminated not just to employees but to the  
5 community, and probably the more widely disseminated, the  
6 better.

7 The hospitals need to know that there's going  
8 to be another public report in the future, so they have  
9 the motivation to improve.

10 The report needs to be highly evaluable, or to  
11 put it another way, very explicit about high performers  
12 and low performers to work for both the hospitals and for  
13 consumers.

14 So, what we saw was that a report that's  
15 designed to really work for consumers does increase the  
16 impact on consumers, and it makes it easier to use the  
17 information, and it may have created a kind of viral  
18 effect.

19 It also raised provider concerns about their  
20 public image and it appeared to be a motivator, that  
21 concern about their public image, a motivator to improve.

22 I'm going to leave you with one of the dilemmas  
23 that I see in all of this, is that what helps consumers  
24 the most there seems to be the most resistance from  
25 providers on. So, evaluable reports that are explicit

1 about high performers and low performers and any kind of  
2 negative framing is also strongly resisted.

3 So, as long as reporting is voluntary and  
4 providers influence the way data is presented, it's going  
5 to have a impact on the usefulness and the usability of  
6 these reports.

7 Thanks.

8 (Applause.)

9 MR. BYE: Thank you.

10 Professor Romano?

11 DR. ROMANO: Thank you.

12 I'm going to be talking about public reporting  
13 on provider quality, focusing on hospital quality. I'll  
14 be reviewing some of the literature and highlighting some  
15 of the work that we have done in this field.

16 So, in general -- and I apologize for the  
17 translation of the bullets, didn't work, for some reason,  
18 between computer platforms, some kind of amusing little  
19 symbol there.

20 Anyway, if we look at the idea of how public  
21 reporting is supposed to work, you may consider both  
22 market-oriented and public service-oriented goals.

23 So, market-oriented goals really focus on  
24 providing information that addresses the asymmetry of  
25 information the marketplace and empowering consumers to

1 demand better health care, giving them the information,  
2 the tools that they need to make better-informed choices  
3 that theoretically maximize their utility.

4 They may do this directly or through their  
5 primary care physicians who make referrals or order  
6 services on their behalf.

7 Now, of course, in some markets, consumers  
8 don't really have the ability to choose hospitals  
9 directly, because their constrained by contractual  
10 arrangements. So, public reporting may have a role in  
11 providing information so that smart purchasers or smart  
12 payers can make informed choices acting as agents on  
13 behalf of consumers.

14 So, that's also consistent, I think, with this  
15 market-oriented strategy.

16 A somewhat different strategy is sort of  
17 viewing health care as a public service which is  
18 dominated by professionals.

19 The idea here is really to encourage  
20 professionals to recognize and fix deficiencies in  
21 health-care quality through a kind of self-regulatory  
22 behavior, the idea being that public reporting focuses  
23 attention on these problems and gives professionals a  
24 little bit extra motivation, as Judy has pointed out, to  
25 address problems.

1           So, let's look at some of the evidence from  
2 prior studies and from our studies on the impact of  
3 hospital report cards, and we'll start by looking at the  
4 impact on hospital volume, market share, if you will,  
5 specifically.

6           These were three of the earlier studies. Bruce  
7 Vladek and colleagues looked at the impact of the first  
8 HCFA mortality release on occupancy rates in New York  
9 City hospitals.

10           Fourteen hospitals were classified as high  
11 mortality, nine as low mortality. They found no changes  
12 in occupancy rates after the public release.

13           Mennemeyer and colleagues looked at a broader  
14 time-frame, the same series of reports, the HCFA  
15 mortality reports, looking across the country at the  
16 effect of outlier status.

17           They found that a doubling of the standardized  
18 mortality ratio -- that is, the ratio of observed to  
19 expected deaths reported in these reports -- a doubling  
20 of that ratio was associated with 46 fewer discharges per  
21 year at the hospital level, using a particular model, so-  
22 called fixed effects model, with a lag dependent  
23 variable, but that was less than a 1 percent decrease in  
24 total hospital volume, so a very small effect, although  
25 it was statistically significant, and it was sensitive to



1 the model specification.

2 So, it's a little bit unclear whether that was  
3 really important.

4 Interesting contrast -- they also looked at the  
5 impact of press reports of isolated, avoidable deaths at  
6 these hospitals, and they found a 9 percent decrease in  
7 volume associated with those media reports, suggesting  
8 that those isolated press accounts were much more  
9 powerful than the HCFA mortality releases. Of course, no  
10 one would accuse those HCFA reports of being evaluable  
11 using the criteria that Judy has given us.

12 Dana Mukamel and colleagues, Al Mushlin, looked  
13 at the effects of the CABG mortality reports in New York  
14 on hospital market share and basically found no  
15 significant effects, although the study really was under-  
16 powered. There were some effects that might be construed  
17 as being clinically meaningful, but they didn't reach the  
18 threshold for statistical significance.

19 However, they did find a 1 percent higher  
20 mortality rate was associated with the loss of market  
21 share for surgeons, higher in the first report but lower  
22 in subsequent reports, but still significant. So,  
23 perhaps a great effect on surgeon volume.

24 In our studies, we looked at the outcomes of  
25 hospital report cards in California and New York. This

1 is work that will be coming out in Medical Care in the  
2 next few months.

3 We really asked whether hospitals publicly  
4 recognized for good performance experience volume changes  
5 in the year after publication, are these effects  
6 immediate or delayed, are they transient or persistent,  
7 and we were very curious about whether favorable outliers  
8 really attract more patients just for the condition  
9 that's studied or whether there are spill-over effects.

10 So, once a hospital gets a good report for  
11 CABG, does that affect their market share for all cardiac  
12 services or for all services, and we were also interested  
13 in whether patients would start bypassing the local  
14 hospital to go to a hospital that was further away, after  
15 that hospital received a favorable report.

16 Finally, we were curious about the impacts of  
17 reporting on disparities, because we're concerned that  
18 certain types of consumers are better equipped to use  
19 these report cards than others, and so, socio-  
20 economically disadvantaged persons, in particular, may be  
21 less responsive to report cards and may tend to be  
22 clustered at hospitals that rate worse, potentially  
23 exacerbating disparities in care.

24 There were three target conditions for these  
25 report cards.

1           The reports in New York focused on coronary  
2 bypass surgery. One report looked at angioplasty, as  
3 well, but that wasn't the focus of our evaluation.

4           The reports in California looked at acute MI,  
5 series of three reports, actually, and one report on  
6 complications following back surgery.

7           We identified for each of these reports a  
8 target condition, as well as some related conditions  
9 where we expected that volume might track along, these  
10 spill-over effects might be particularly prominent.

11           We used regression models. I won't bore you  
12 with the details. Basically, it was a time series  
13 regression approach. We tested a variety of models,  
14 including both ordinary least squares and auto-regressive  
15 models. We ended up using the auto-regressive models in  
16 California because of significant first order of  
17 correlation, but we used the OLS models in New York,  
18 because they're a little easier to interpret.

19           We did a variety of stratified analyses, and we  
20 adjusted for a variety of factors, including the  
21 statewide hospital volume in each month. In other words,  
22 if MI's were generally increasing in prevalence, we  
23 factored that out.

24           We also factored out hospital effects that were  
25 present before publication of the report card.

1           We also, in some of our analyses, factored out  
2 unrelated volume in the same month. So, if a hospital,  
3 in general, was picking up increasing market share, we  
4 adjusted that out to look at the impact specifically on  
5 the target condition and related conditions.

6           We also looked at the effects of hospital  
7 charges and various statistical interaction.

8           This is a summary of our results, looking at  
9 New York, and let me walk you through this briefly.

10           It turned out that all the significant effects  
11 that we found were in the first four months after  
12 publication in New York.

13           So we're looking at, first, CABG, which is the  
14 target of the report card, then three related conditions  
15 and procedures -- heart attacks, angioplasty, and  
16 congestive heart failure -- and basically we found a big  
17 spike in the first month after public of the report card.

18           The hospitals rated better picked up an average  
19 of 13 extra patients in that month. The hospitals that  
20 were rated worse lost a few patients in the first couple  
21 of months -- four in the first month, seven in the second  
22 month.

23           There really wasn't any evidence of a spill-  
24 over effect for these other conditions, as you can see.

25           So, in summary, the average good outlier

1 hospital admitted about 13 extra patients during the  
2 first month after release. There was a 22 percent  
3 increase. The net effect over the whole first year was  
4 24 additional patients.

5 The poor outliers did experience a bit of a  
6 decrease in the first two months after release, a 16  
7 percent decrease. It was about 12 patients, as you can  
8 see. And there was a very modest spill-over effect,  
9 basically limited to AMI admissions at poor CABG  
10 outliers, where there was an 18 percent decrease.

11 This is looking at the impact targeted on  
12 specific groups, and what you can see is interesting here  
13 is that this additional bonus, if you will, that the  
14 hospitals that got good marks received was basically  
15 limited to Medicare and indemnity patients. There was  
16 really no increase for Medicaid or uninsured patients at  
17 those hospitals, and the significant increase was limited  
18 to Medicare patients.

19 When we looked at ethnic characteristics, we  
20 found that the increase was entirely limited to white  
21 patients. There was absolutely no report card effect for  
22 minority patients.

23 What about in California? Well, in California,  
24 we found, really, much less evidence of effects of the  
25 report card, and what effects we did find really went

1 away after statistical adjustment.

2 You can see very modest increases in volume,  
3 less than one patient per month, at the hospitals that  
4 were rated as having better performance for lumbar  
5 diskectomy, really no effect, a minimal, non-significant  
6 effect for AMI, and no effect for cervical diskectomy.

7 We had to aggregate that data by quarter here,  
8 because the volumes were generally smaller, so we may  
9 have missed an effect in the first month.

10 When we looked at the stratification here, as  
11 you can see, as you recall from the previous slide, there  
12 was sort of modest effect for the hospitals that were  
13 rated better on AMI mortality in the first quarter and  
14 the fourth quarter after release, but actually, when we  
15 looked at the stratified analyses, some effects did  
16 emerge that were statistically significant, although --  
17 of course, these may be artifacts of multiple testing.

18 You can see, in particular, the effect for  
19 HMO/PPO patients was statistically significant in the  
20 third and fourth quarters after release. So, the  
21 hospitals that got better marks for AMI tend to see more  
22 HMO/PPO patients during the second six months after  
23 public release.

24 Similarly, with the New York results, we found  
25 that report card effects were limited to white patients,

1 no effects for minority patients.

2 We also found a suggestion -- this was  
3 statistically significant in the fourth quarter -- that  
4 there was starting to be a movement of patients outside  
5 their catchment area towards the hospitals that got  
6 better marks for acute MI mortality.

7 So, that's a quick overview of some of our  
8 findings from California and New York.

9 I also wanted to mention an interesting study  
10 from BCAC from Minneapolis/St. Paul. This was a  
11 randomized controlled field trial with volunteer  
12 participants in which employers were recruited basically  
13 in their work-places to review the report card.

14 They were randomly assigned to either get open  
15 enrollment materials with or without the report card, and  
16 they evaluated them with a post-survey and found that the  
17 report card increased self-reported knowledge and  
18 increased anticipated switching to the specific care  
19 systems that were rated above-average. However, it  
20 didn't affect consumers' overall likelihood of switching  
21 care systems.

22 The report card recipients were also more  
23 likely to report that information about cost was not very  
24 important in selecting a care system. However, they  
25 weren't more likely to say that information about quality

1 was important. So, it's a little bit hard to interpret  
2 that finding.

3 Also, I think that Judy Hibbard's study -- I  
4 took out my slide on that, because I knew she'd be  
5 talking about that, but her studies also made interesting  
6 contribution to this field.

7 So, I won't belabor this, because Judy has  
8 really already talked about some of these issues. I  
9 think we've learned a fair amount about what works in  
10 terms of reaching consumers.

11 Comprehension is certainly important. There  
12 are problems of agency. In other words, we have to  
13 communicate to consumers better who's responsible for  
14 what, which indicators are really under the control of  
15 health plans, hospitals, so forth. The credibility of  
16 the source is very important. Context information is  
17 important. Judy's talked about the value of negative  
18 framing. Efficacy messages may be helpful to help less  
19 educated consumers understand that they really can do  
20 something to respond to this kind of information and  
21 improve the quality of health care that they receive.

22 Judy's talked about evaluability, and the  
23 bottom line is we still have to confront the fact, based  
24 on previous studies, that concerns about cost and covered  
25 benefits may still really dominate quality as a



1 consideration in consumers' minds.

2 Finally, I'll talk a little bit about the role  
3 of purchasers and how smart smart purchasers can really  
4 be.

5 A few studies have looked at this.

6 Gabel and colleagues reported basically that  
7 objective information about quality is rarely used by  
8 employers in making their health care purchasing  
9 decisions based on a survey that they did of large  
10 employers.

11 In a previous study by Judy Hibbard and  
12 colleagues, they found that purchasers in California, New  
13 York, Pennsylvania, and Cleveland did report using HEDIS  
14 data, CAHPS-type data, and NCQA accreditation in their  
15 contracting process, but not hospital report cards. One  
16 exception to that was in the Cleveland market.

17 In general, the purchasers who responded to  
18 this survey expressed concerns about the timeliness and  
19 validity of report cards, and they basically preferred to  
20 let health plans monitor providers. They saw it as being  
21 the health plan's role. We contract with health plans.  
22 We let the health plans figure out which hospitals and  
23 medical groups to contract with.

24 Adams Dudley and colleagues did a series of  
25 focus groups looking at purchasers' views, and they found

1       that purchasers really suffer from some confusion about  
2       multiple goals, uncertainty about best quality measures,  
3       some difficulty interpreting the hospital performance  
4       data that are available, some skepticism about, really,  
5       the impact of the interventions that they may implement,  
6       steerage and economic incentives, and concerns about  
7       changing balance of power and variable clout, the idea,  
8       as Gloria has mentioned, that health plans are losing  
9       clout in the marketplace and hospitals have organized  
10      themselves into structures and developed local  
11      connections that make it difficult for them to really --  
12      or make it difficult for health plans to purchase as  
13      smartly as they might like to.

14                 What do we know empirically? Well, Kevin  
15      Schulman and colleagues did a case study of three markets  
16      and found that only one of the three that had the most --  
17      the highest level of HMO penetration had what he  
18      described as sophisticated contracting arrangements in  
19      which HMO's selected hospitals for tertiary care based on  
20      both price and quality.

21                 In a study in New York, 60 percent of managed  
22      care organizations said that quality was the most  
23      important factor in selecting cardiac surgeons, but only  
24      two-thirds of those organizations had actually reviewed  
25      the CABG mortality reports that received so much

1 attention in New York, and only half would pay \$1,000 for  
2 the information contained in those reports.

3 So, it suggests that at least a fair minority,  
4 if not half of folks, are giving lip service to the value  
5 of information about quality in contracting with cardiac  
6 surgeons and hospitals.

7 When she evaluated contracting choices, she  
8 found that those choices were pretty much random with  
9 respect to risk-adjusted mortality rate, but there was  
10 really a slight preference when she evaluated based on  
11 the high-mortality outlier hospitals and the low-  
12 mortality outlier hospitals. There was a very slight  
13 preference for the managed care organizations to contract  
14 with these high-quality outliers. So, really, minimal  
15 impact, as far as she was able to ascertain, on managed  
16 care contracting.

17 We did a study in California which is -- I  
18 think just came out in the American Journal of Managed  
19 Care, in which we interviewed health plan executives  
20 about what information they use in contracting and how  
21 they rate the importance of different sources of  
22 information, and basically, in this survey, what the  
23 managed care executives told us was that JCAHO  
24 accreditation was very important, the hospital location  
25 was important, price was very important. Disciplinary

1 actions by Federal and state agencies were an important  
2 signal that a hospital was in trouble, and so, that might  
3 be a hospital that they should avoid contracting with.

4 Then we come down to sort of more amorphous  
5 sort of criteria, if you will, the general reputation of  
6 the hospital, and it's something very difficult to  
7 evaluate, of course, the health plan's sense of the  
8 hospital's commitment to quality improvement processes.  
9 Not clear how they evaluate that.

10 Member satisfaction with hospital -- actually,  
11 this really wasn't, at this time, based on objective  
12 data. It was based on kind of a sense of what members  
13 were telling the health plans about their satisfaction  
14 with hospitals.

15 So, you can see that the sort of second tier of  
16 importance here falls to, really, amorphous criteria that  
17 are difficult to quantify.

18 It's not until you get down to re-admission  
19 rates, organ transplant success rates, length of stay,  
20 and mortality rates, objective information, which is  
21 clearly rated much lower in terms of importance by these  
22 health plan executives, information about process of  
23 care, preventable complications near the bottom of this  
24 list.

25 So about half of the health plan executives

1 gave a reasonable level of important to objective  
2 hospital quality indicators.

3 Now, we do know, though, that although health  
4 plans may not pay a lot of attention, hospitals and  
5 doctors do pay a lot of attention to these report cards.  
6 I think that's pretty clear.

7 So Eric Schneider and Arnie Epstein looked in  
8 Boston -- actually, this was in Pennsylvania they looked  
9 at this -- the impact of the report cards related to  
10 cardiac surgery, and they found that all the cardiac  
11 surgeons and most of the cardiologists they surveyed were  
12 aware of these reports. However, they had a lot of  
13 complaints. They were annoyed.

14 They complained about the methods, they  
15 complained about the way the reports were disseminated,  
16 and they generally said that the reports had minimal  
17 influence on their referral practices and really affected  
18 few of their discussions with patients.

19 Both cardiologists and surgeons reported  
20 discrimination against the sickest patients that resulted  
21 from the impact of the report cards.

22 Separate survey lower response rate in New  
23 York, two different surveys here, again showed that  
24 cardiologists and cardiac surgeons were very familiar  
25 with the CABG reports in New York but had a lot of

1 concerns. In these surveys, a little bit different  
2 methodology, higher percentage of cardiologists discussed  
3 the reports with their patients, but still clearly a  
4 minority.

5 In a study done in Pennsylvania, it was found  
6 that Pennsylvania hospitals were more likely than New  
7 Jersey hospitals, which at that point were not subject to  
8 CABG report cards, to use performance data to recruit  
9 surgeons, interestingly enough, and surgical residents.  
10 They also reported using the data to monitor the  
11 performance of the surgeons on their staffs, but they  
12 reported -- and they reported using the data to make some  
13 operational changes to improve clinical care. So, there  
14 were some impacts identified in these studies.

15 In our own studies, we interviewed hospital  
16 administrators and asked them a variety of questions in  
17 California and New York about their uses of the hospital  
18 report cards.

19 We found one thing very interesting, which was,  
20 as Judy suggested, that the hospitals that were rated  
21 poorly in the reports tended to be a lot more skeptical  
22 about the report cards, a lot more critical of the  
23 methods.

24 So the ratings, you can see, were much lower in  
25 the hospitals that were rated as having high mortality.

1 No difference according to AMI volume.

2 We also asked a series of questions, though, to  
3 specifically test whether the hospital administrators  
4 knew how these reports were done.

5 So we asked them yes/no questions about whether  
6 specific things were adjusted for in the analysis, and  
7 the answer to some was yes and the answer to some was no,  
8 and so, we tallied up the responses, and we found that,  
9 although the administrators at the high-mortality  
10 hospitals were much more critical of the reports, they  
11 were also much less knowledgeable about the methods that  
12 went into those reports.

13 So there was sort of a blanket criticism.

14 We also found, not surprisingly, that the  
15 hospitals with higher volume were better equipped to read  
16 the reports and understand them than the smaller  
17 hospitals.

18 We followed this up with a series of semi-  
19 structured telephone interviews with CQI leaders to find  
20 out exactly what they did, and we did get, really, some  
21 case studies, if you will, from these interviews.

22 Two-thirds of the hospitals really took no  
23 specific action. However, a number of the hospitals did  
24 do some specific things to improve the care that they  
25 provided to acute MI patients or to improve the reporting

1 of the data to the state.

2 Finally, a quick summary of observational  
3 studies on the impact on provider outcomes. If you look  
4 at these studies, the Longo study in Missouri found that  
5 the consumer guide stimulated increases in specific  
6 services, especially in competitive markets and among  
7 hospitals with low satisfaction ratings.

8 There's been an ongoing controversy about some  
9 of the impacts of the report cards in New York. Ed  
10 Hannan initially found a 41 percent decrease in risk-  
11 adjusted CABG mortality after report cards. Jerry  
12 O'Connor said, wait a minute, we have a private reporting  
13 program in northern New England in which there's no  
14 information released to the public, and we found a 24  
15 percent decrease in risk-adjusted CABG mortality.

16 Ghali said, well, let's look at Massachusetts,  
17 which doesn't have any reporting system, and they also  
18 had a similar decrease in CABG mortality.

19 When Eric Peterson used CABG data for Medicare  
20 to look across the country, he found that there was a  
21 difference, a 33 percent decrease in New York, versus a  
22 19 percent decrease nationwide, suggesting perhaps that  
23 providers have responded to this information by  
24 selectively decreasing mortality in New York.

25 In Cleveland, it was basically found that there



1 was a decrease in in-hospital mortality, but it was  
2 accounted for by a shifting of morality to the outpatient  
3 setting, a decrease in length of stay.

4 I will skip over this, really, because the  
5 authors of these studies are here and will talk about  
6 their own work.

7 So, our conclusions:

8 For consumers, first of all, the observed  
9 effects of report cards on consumer choice are small,  
10 transient, and hard to demonstrate in practice.

11 There's some evidence from the study you'll  
12 hear about probably in a few minutes that matching of  
13 high-risk patients to teaching hospitals, in particular,  
14 may improve, but there's some evidence from our work that  
15 disparities may increase, and as Judy has talked about,  
16 there are a variety of problems, a variety of barriers,  
17 really, to consumers' use of this information.

18 Is it available when it's needed? Is it  
19 considered salient? Is it believable? Is it  
20 interpretable or evaluable? Do consumers believe that  
21 quality varies across hospitals? And do consumers really  
22 have the ability to act on this information?

23 From the standpoint of purchasers, there are  
24 significant barriers to the use of this information.  
25 There's pressure from employers to offer maximum choice,

1 and it's really unclear from the standpoint of managed  
2 care organizations whether employers are delegating to  
3 them the responsibility for steering consumers.

4 Finally, for providers, hospital leaders have  
5 really grown to accept public disclosure, although they  
6 often assume that the data aren't adjusted for things  
7 that they are, not to say that there aren't a lot of  
8 limitations in the existing report cards, but those  
9 limitations are often exaggerated.

10 Hospitals do tend to criticize the messenger,  
11 not surprisingly.

12 Public reported outcomes data, I think, clearly  
13 has stimulated hospitals to develop QI activities.  
14 However, I think the population benefits that those  
15 activities have been more difficult to demonstrate and,  
16 at this point, aren't crystal clear.

17 Selection effects remain controversial, and  
18 we'll hear more about that in a minute.

19 I think we can conclude that current hospital  
20 outcome reports really don't meet the informational needs  
21 of the individuals on the front lines in provider  
22 organizations because of time delays and because of  
23 failure to integrate process and outcomes data in most of  
24 these reports.

25 So I'll stop there with these thoughts about

1 agendas for future research.

2 (Applause.)

3 MR. BYE: Thank you.

4 Professor Kessler?

5 DR. KESSLER: Thank you very much for having me  
6 here today, and thank you, Patrick, for giving me such a  
7 nice introduction to some of the materials that I'm going  
8 to talk about today.

9 I'm going to talk about the health care quality  
10 report cards, as well, and this is the overview of what I  
11 am going to do today.

12 First, I'm going to start off with a little  
13 review about the three -- as I categorize them, the three  
14 different types of report cards, and I see report cards  
15 as falling into the category of process report cards,  
16 survey report cards, and outcomes report cards.

17 Process report cards, as we'll talk about, have  
18 to do with the inputs used in medical treatment. Survey  
19 report cards have to do with the views of patients on the  
20 care that they received. And outcomes report cards,  
21 which is what people have been focusing on and what I'm  
22 going to focus on in my talk, have to do with reports on  
23 the health outcomes of different hospitals or doctors.

24 Then, after we've talked a bit about the  
25 different kinds of report cards, I'd like to talk a

1 little bit about what I see as the strengths and  
2 weaknesses of each type. I mean as with most things, I  
3 think all of these kinds of report cards can be helpful,  
4 and the question is just how is the best way to use them,  
5 what are the strengths that different types offer?

6 I'll focus on outcomes report cards, because  
7 that's what my research has been about, and the main  
8 weakness with outcomes report cards, as we see it, is  
9 that they provide the incentive for doctors and hospitals  
10 to select healthy patients in order to game the report  
11 card. I'll tell you more about why that's true and then  
12 conclude with a brief review of some of the research that  
13 I have done documenting the existence of this selection  
14 effect that Patrick so nicely introduced just a moment  
15 ago.

16 Okay.

17 So the first kind of report card that there is  
18 in the world is what I call a process report card, and  
19 what process report cards do is describe the inputs that  
20 a doctor, hospital, or health plan uses in treating its  
21 patients. So what are some examples of process report  
22 cards?

23 The percentage of women age 52 to 69 who  
24 received a mammogram to test for breast cancer within the  
25 past two years -- a very standard process report measure

1 on health plans.

2 The number of nursing staff hours per resident  
3 per day in a nursing home -- another inputs measure.

4 The existence of a computerized medication  
5 ordering or prescribing system that automatically checks  
6 for drug interactions and dosage errors -- all of these  
7 process measures are things that we think are positively  
8 correlated with outcomes, things that we think are  
9 probably good, and so, you make a report card on this and  
10 would hope that people would go towards the providers  
11 that use more of these things, rather than less.

12 What's an example of a process report card in  
13 the real world?

14 The Leapfrog Group, which is a voluntary  
15 program founded by the Business Roundtable and the Robert  
16 Wood Johnson Foundation, measures three key kinds of  
17 process inputs for hospitals, hospital patient safety  
18 measures.

19 They do a survey of hospitals that asks if  
20 hospitals have computerized physician order entry, what  
21 we just talked about a moment ago, what's called  
22 evidence-based hospital referral, sending patients who  
23 need certain kind of complicated procedures to hospitals  
24 that offer those procedures, and ICU physician specialist  
25 staffing -- does the hospital staff its ICU, its

1 intensive care unit, with doctors who are specialists in  
2 this field?

3 The Leapfrog Group collects this information on  
4 hospitals voluntarily and puts it out on the web if you -  
5 - I'm not affiliated with any of these groups, but if you  
6 want to check it out, you can go to the web and look at  
7 the reports.

8 Survey report cards, second type -- survey  
9 report cards present patient's subjective evaluations of  
10 quality of care and/or customer service.

11 What are some examples of survey report cards?  
12 On a scale of one to five, did your doctor and/or  
13 hospital employees respect your preferences in the course  
14 of your hospital stay? Did your doctor and/or the  
15 hospital employees adequately treat your pain that you  
16 experienced in the course of your hospital stay? Did  
17 your doctor and medical group schedule an appointment for  
18 you promptly? Not everything is about health outcomes.  
19 These other factors are often just as important to  
20 people.

21 What's an example of survey report cards?

22 Health Scope, which is run by the Pacific  
23 Business Group on Health, PBGH -- PBGH, whom I think  
24 you'll hear from Arnie Milstein either later today or you  
25 already have, who is the medical director, I believe for

1 PBGH -- it's a nonprofit coalition of major California  
2 employers that puts out a survey and other report cards,  
3 as well, through this Health Scope subsidiary.

4 PBGH has about 48, I think, members now,  
5 representing 3 million employees and about \$4 billion in  
6 annual health care expenditures.

7 Health Scope is also available publicly on the  
8 web to everybody. You can go and check it out, and -- I  
9 don't know if you can see here -- you can click on your  
10 California county and get reports on the health plans,  
11 hospitals, or medical groups in that county, including  
12 but not limited to survey data about patients' views of  
13 those groups.

14 Finally, outcomes report cards, which is most  
15 of what we have been focusing on today and what I'm going  
16 to spend the rest of my time talking about -- what  
17 outcomes report cards do is present average levels of  
18 adverse health outcomes, usually mortality or cardiac  
19 complications rates, that are experienced by patients who  
20 are in a plan or treated by a particular doctor or  
21 hospitals.

22 Outcomes report cards are generally, as Patrick  
23 was talking about, risk-adjusted, adjusted for the  
24 characteristics of the people that the doctor or the  
25 hospital sees -- you'd need to do that in order to

1 control for differences in patient populations -- and  
2 then published in a public forum.

3 So, examples of outcome report cards -- the  
4 percentage of patients who got cardiac bypass surgery who  
5 died within 90 days of the surgery, percentage of  
6 patients in a nursing home who suffer from pressure sores  
7 -- that's an example of the CMS's current nursing home  
8 outcomes report cards -- or the percentage of heart  
9 attack patients who were readmitted to the hospital  
10 within 90 days of the onset of their illness.

11 What's an example of an outcome report card? I  
12 just picked this one. This is one that we studied in the  
13 report I'm going to talk about in a moment.

14 Pennsylvania publishes an outcome report card  
15 on cardiac bypass surgery, and I'm afraid the type is a  
16 little small here, but the way that this outcome report  
17 card works is -- and Gloria talked a little bit about  
18 this, I believe, earlier -- is that it publishes a list  
19 of all the hospitals and all the cardiac surgeons in  
20 Pennsylvania that presents both their actual mortality  
21 and what the average mortality for hospitals or doctors  
22 like this hospital or doctor would be if they had similar  
23 patient populations.

24 So, if a hospital's actual mortality is lower  
25 than the average mortality for a doctor or hospital who



1 had a similar patient population -- that is, if the  
2 little dot is below the bar, the bar is the confidence  
3 interval for what that particular hospital on the left  
4 panel or doctor on the right panel mortality would have  
5 been had they had the average, if the dot's below the  
6 bar, then that's a good thing, because the hospital's  
7 mortality is below what was expected.

8 If the dot is above the bar, that's a bad  
9 thing, and you can see there are a couple of cardiac  
10 surgeons who don't look like they're doing so well, with  
11 dots way, way, way far out to the right of the bar, might  
12 not -- you know, at least in theory, might not want to go  
13 to them.

14 So, what are the strengths and weaknesses of  
15 each of these kinds of report cards?

16 Process report cards are very easy to develop,  
17 because claims and encounter data capture very neatly the  
18 medical -- the inputs used in the medical care  
19 production. However, on the other hand, they have a  
20 couple of weaknesses. They focus on a fairly limited  
21 range of mainly preventive medical services, not  
22 necessarily what you really would want to know about, and  
23 second, and probably more importantly, they measure  
24 whether a service was provided, yes or no, but not its  
25 appropriateness, not its quality, and not its importance

1 in producing good health. So, on that dimension, you  
2 know, those are the pluses and minuses of process report  
3 cards.

4 Survey report cards -- also potentially quite  
5 valuable on the subjective aspects of medical care, but  
6 they, too, don't capture the extent to which policies or  
7 treatment decisions of a doctor, hospital, or health plan  
8 leads to objective improvements in patient health.

9 Now, outcomes report cards, in some sense, are  
10 the answer to both of these weaknesses, but because  
11 health outcomes are a product both of the skill and  
12 effort of the doctors and the characteristics of the  
13 patients that they treat, outcomes report cards might  
14 encourage doctors or hospitals to game the system by  
15 avoiding sick patients or seeking healthy patients.

16 How does that work?

17 Well, in theory, for example, in the cardiac  
18 surgery realm, one medically appropriate factor in the  
19 decision about whether or not to give someone cardiac  
20 bypass surgery is that patient's health status, as I  
21 understand it. I'm not a doctor, and hopefully the  
22 physicians in the audience will jump in if I get this  
23 wrong.

24 If you have a patient who suffers from, you  
25 know, very advanced cardiac disease and has other co-

1 morbidities and is very sick, you can't give them bypass  
2 surgery, because to do so, you know, might kill them.

3 So these facts give doctors and hospitals the  
4 opportunity to decline to include patients in their panel  
5 for valid medical reasons, and for that reason, even  
6 though outcomes report cards adjust for differences  
7 across doctors and hospitals in the characteristics of  
8 their patient panel, doctors and hospitals are likely to  
9 have better information on the characteristics of the  
10 patients that they see than even very detailed databases,  
11 and so, by virtue of that fact, they can then pick the  
12 relatively healthier patients that they can see are  
13 healthier but are not healthier in terms of data that's  
14 collected, pick them for inclusion to their panel and  
15 thereby improve their ratings.

16 Well, myself and some of my colleagues at  
17 Stanford and at Northwestern wanted to look into this  
18 hypothesis, and what we did was studied the consequences  
19 of the cardiac bypass surgery report cards that were  
20 adopted in New York and Pennsylvania in the 1990's, and  
21 this research is published in detail in the June 2003  
22 issue of the Journal Political Economy, which is also  
23 available on the web for download.

24 What we did was use longitudinal data on the  
25 treatment decisions, medical expenditures, and health

1 outcomes of essentially all the fee-for-service elderly  
2 Medicare beneficiaries from 1987 to 1994 who had various  
3 kinds of cardiac illness, and the way we looked at this  
4 problem was we said, well, the effective report cards in  
5 New York and Pennsylvania is the difference in trends in  
6 various factors, which I'll talk about in a moment, in  
7 those states after adoption of report cards versus  
8 before, compared to the trends that happened in other  
9 states, in control states over the same period.

10 How did we try to assess these report cards  
11 with these Medicare data?

12 Well, previous work had said, okay, we're going  
13 to look at bypass surgery patients in New York and  
14 Pennsylvania and control states and ask what happened to  
15 them in the report card states versus other states.

16 The problem with that is that if this selection  
17 behavior that we hypothesize might be occurring is  
18 actually going on, then you can't look at the  
19 consequences of CABG report cards or the population of  
20 CABG patients, because the report cards may have affected  
21 the characteristics of the population itself in terms of  
22 their un-observable composition of their un-observable  
23 illness vary.

24 So our solution was to study the consequences  
25 of report cards for heart attack patients, elderly heart

1        attack patients, under the assumption -- and here's where  
2        the sort of leap of faith necessary to believe our  
3        results comes in -- under the assumption that the care of  
4        heart attack patients is affected by these CABG report  
5        cards but the composition of the AMI population is not,  
6        and I say leap of faith -- it's not 100 percent leap of  
7        faith. There are reasons to believe that care of AMI  
8        patients would be affected by CABG report cards, and  
9        there are also reasons to believe that the composition of  
10       the AMI population wouldn't be affected.

11                AMI is a relatively exogenous health event with  
12       more or less 100 percent hospitalization this country in  
13       the elderly, and so, it's not a terrible assumption, and  
14       if you want to see more about what's behind it, I  
15       encourage you to download the paper, and we talk about it  
16       in detail there.

17                Well, what's the basic finding? I'm just going  
18       to step you through the first table of the paper and then  
19       end it there.

20                The basic finding -- let me just start out by  
21       introducing this table. What this table shows are the  
22       mean expenditures in the year prior to admission for AMI  
23       or for bypass surgery for all of the fee-for-service  
24       elderly Medicare beneficiaries in the United States for  
25       two years, 1990 and 1994, and going from left to right,

1       you see the mean expenditures in the year prior to  
2       admission for those patients -- for all AMI patients, for  
3       all patients who got bypass surgery, and then for the AMI  
4       patients who got bypass surgery. Some people get bypass  
5       surgery even without having had a heart attack. Some  
6       heart attack patients get bypass surgery; some heart  
7       attack patients don't.

8               The reason that I'm presenting you with the  
9       mean expenditures in the year prior to admission for AMI  
10      or bypass surgery is that that, in our view, is a good  
11      measure of how severe the patient's illness was when they  
12      showed up at the hospital either for their AMI or for  
13      their bypass, okay? And, you know, as the mean  
14      expenditures in the year prior to admission goes up,  
15      that's somebody who's relatively sicker upon presentation  
16      for their illness.

17              So, how do you read this table?

18              Well, let me ask you to focus on the left-most  
19      three rows for a moment, and what those -- left-most  
20      three columns, sorry.

21              What those columns show you is that, for AMI  
22      patients, before either of those report cards was adopted  
23      in 1990 versus after the New York and Pennsylvania report  
24      cards were adopted in 1994, the trends in the health  
25      status on admission for those patients, as measured by

1 expenditures in the year prior to illness, were roughly  
2 the same in New York and Pennsylvania and everywhere  
3 else, in all other states -- that's the second row of the  
4 table -- and in the neighboring states -- Connecticut,  
5 Maryland, and New Jersey.

6 In each of the three locales -- New York and  
7 Pennsylvania, everywhere else, Connecticut, Maryland, and  
8 New Jersey -- expenditures went up -- prior to AMI,  
9 expenditures went up for this patient population by 8 to  
10 9 percent, and that's a standard -- and this is in real  
11 dollar terms -- and that's a standard finding that's  
12 consistent with the dramatic increase in treatment  
13 intensity, in surgical treatment intensity, basically,  
14 for AMI that occurred throughout the country over the  
15 1990's.

16 Okay.

17 Now, let's move to the right -- more right-most  
18 columns and ask what happened to the illness severity of  
19 CABG patients in New York and Pennsylvania versus  
20 everywhere else after report cards versus before.

21 Well, what happened was CABG patients' illness  
22 severity declined by more in New York and Pennsylvania  
23 relative to everywhere else. So, for example, if you  
24 look at the middle three columns, what that says is that,  
25 after report cards versus before, in New York and

1 Pennsylvania, expenditures in the year prior to admission  
2 for bypass surgery for those patients went down by 6.99  
3 percent, okay?

4 But if you ask what happened to expenditures in  
5 the year prior to bypass surgery for patients from all  
6 other states, they were flat. They went up by -- I guess  
7 that's 8/100ths of a percent, and if you ask what  
8 happened to expenditures in the year to admission for  
9 bypass surgery patients in Connecticut, Maryland, and New  
10 Jersey, they went down a little bit but only by 1.62  
11 percent.

12 So, that says that the patients who got bypass  
13 surgery in New York and Pennsylvania were getting  
14 healthier somehow relative to patients in other states  
15 over the period during which these report cards were  
16 adopted.

17 If you look at the right-most three columns,  
18 you see essentially the same thing going on if you look  
19 only at AMI patients who got bypass within one year of  
20 admission.

21 In New York and Pennsylvania, their  
22 expenditures prior to admission went down by 8.83  
23 percent, but in other places, their expenditures either  
24 went up a little bit or went down less than 8.83 percent,  
25 again suggesting that those patients in New York and



1 Pennsylvania were becoming healthier relative to their  
2 cohorts in other places, and the reason I presented you  
3 with the left-most three columns on all AMI patients in  
4 the first place is this is not some artifact of cardiac  
5 treatment or what's going on with elderly people who have  
6 related illnesses. For AMI patients, trends in prior  
7 expenditures are all pretty similar no matter where  
8 they're coming from.

9 So, what conclusions do I want you to draw from  
10 this? What am I going to leave you with from this  
11 analysis? There was selection going on. I hope I've  
12 convinced you of that. I'm not going to present you with  
13 the detailed results behind the rest of the paper, but  
14 I'll just summarize it for you here.

15 As it turns out, the selection of healthier  
16 patients for bypass surgery had adverse consequences for  
17 patients, had adverse consequences for the population of  
18 AMI patients.

19 If you look at the Medicare expenditures and  
20 health outcomes of AMI patients in New York and  
21 Pennsylvania versus everywhere else, in a table like the  
22 one I just showed you, what you'll see is that report  
23 cards led to higher costs for those patients and worse  
24 health outcomes, higher costs for both healthier patients  
25 and sicker patients. That is to say, patients with and

1 without prior-year expenditures.

2 The healthier patients had higher costs because  
3 providers in New York and Pennsylvania expanded bypass  
4 surgeries to them coincident with report cards, and the  
5 sicker patients had higher costs in spite of the fact  
6 that they had declining or stable bypass surgery and  
7 other surgical intervention rates.

8 For the healthier patients, report cards led to  
9 roughly unchanged outcomes -- not much one way or the  
10 other -- but for the sicker patients, patients who had  
11 prior-year expenditures prior to their AMI, they had much  
12 worse health outcomes in New York and Pennsylvania versus  
13 everywhere else, much higher rates of readmission with  
14 heart failure and AMI, and in some specifications, higher  
15 rates of mortality.

16 So, in conclusion, there are these three kinds  
17 of report cards out there -- process, survey, and  
18 outcomes report cards. I think there's a role for all of  
19 them. Each has strengths and weaknesses.

20 We focused on outcome report cards in our  
21 study. Outcome report cards have the strength that they  
22 provide objective measures of differences in quality of  
23 care but the weakness that they're subject to gaming by  
24 providers that have important consequences for patients.

25 And I don't want to leave on too glum a note.

1 I think that outcomes report cards are an important  
2 component of any report card program and are salvageable,  
3 but in their design, we have to be aware of this gaming  
4 problem and try to work on designing them to minimize  
5 opportunities for doing so.

6 In fact, many states -- California, included --  
7 have already had this same idea, not at all due to us,  
8 but part of the way to address this concern is by basing  
9 a report card on all patients who have an illness -- say,  
10 AMI patients -- rather than patients who get a procedure,  
11 like CABG, which makes it harder for hospitals, for  
12 example, to try to select against patients receiving the  
13 service.

14 There are other new approaches to this that  
15 we're currently working on, and that's where I think  
16 research and work on outcomes report cards might go.

17 Thank you.

18 (Applause.)

19 MR. BYE: Thanks very much.

20 Louise Probst up next, and after her, we'll  
21 have a 10-minute break.

22 MS. PROBST: Thank you.

23 I appreciate being able to come to the hearings  
24 today and your interest in health care competition in  
25 local markets.

1                   Today's topic of hospital quality and  
2 information available to consumers is of primary  
3 importance to the employers that I represent.

4                   I'm here representing the St. Louis Area  
5 Business Health Coalition and Gateway Purchasers for  
6 Health. We're a coalition serving the St. Louis market  
7 with a mission to create a competitive health care  
8 environment in which financial services are aligned  
9 towards the improvements in cost, quality, and access.

10                  We represent about 40 large employers in the  
11 St. Louis bi-state area.

12                  I thought what I'd do today is talk just  
13 briefly about our health care market and then talk a  
14 little bit about the information that we have and we'd  
15 like to have.

16                  First, I sort of went back to 1994. That's the  
17 last year when our hospitals were independent, and it's  
18 about that time that the mergers began.

19                  We had 30-plus independent hospitals serving  
20 the St. Louis MSA at that time. Today, we have four  
21 systems. These are systems that have given up their --  
22 each hospital has given up their governing board.  
23 There's one centralized decision-making body. And four  
24 independent hospitals serving the St. Louis MSA.

25                  I've given you the market share of each of the

1 four systems. That totals up to about 70 percent. We  
2 feel like that's a fairly consolidated health care  
3 market.

4 Particularly, there's one hospital in one of  
5 the systems that, for different reasons, by many  
6 consumers, is seen is a must-have hospital, which makes  
7 it a little bit tougher, but really, every one of the  
8 systems has a must-have hospital for a given employer or  
9 a given, you know, consumer population, and all the  
10 systems require -- it's all or nothing.

11 The other thing that we didn't indicate here is  
12 that some of those independent hospitals contract with  
13 the systems. So, we didn't put them inside, because  
14 they're not owned, but there may be some stronger ties in  
15 terms of their negotiations.

16 A little bit about the change in our corporate  
17 climate in St. Louis, because I think this happened  
18 simultaneously, and it's kind of interesting. I know  
19 it's happened in a lot of cities, but health care is  
20 really a major industry where I live.

21 Our largest employer in the state is a hospital  
22 system, and if you list the top 10 employers in the St.  
23 Louis market, there would be a couple of hospital systems  
24 there, so --

25 We also have found a pretty interesting -- a

1 recent Kaiser Family Foundation report found that 8.3  
2 percent of Missouri's employment is in health care,  
3 compared to a national average of about 3.4 percent.

4 In 1994, we were ranked third behind New York  
5 and Chicago for the number of Fortune 500 headquarters,  
6 and just recently I read -- and I'm sorry, I threw the  
7 magazine out before I realized I needed it, but we're  
8 number 12 or 13 these days.

9 So, that's a pretty big change in, you know, a  
10 few number of years.

11 Never dreamed I would be in front of a group  
12 like this talking about the Herfindahl-Hirschman Index.  
13 It's a -- the name is a lot more intimidating than the  
14 math, but this is a measure that we actually learned of  
15 for working with both of your organizations when you did  
16 some work in the Missouri market on hospital and health  
17 plan mergers, and we've used it to sort of take a look at  
18 our own market from time to time.

19 In 1997, or using 1997 discharges, we did an  
20 analysis of St. Louis relative to a series of other  
21 markets, and what we found is that we had a fairly  
22 concentrated health care market, and for the people that  
23 aren't familiar with this, this is a relative index that  
24 looks at how consolidated the market is.

25 The math is simply the market share squared,

1 and then to get that for the whole market, you sum it.  
2 So, that's how we did the math.

3 And we used discharge data. It is hard to  
4 define what is a hospital's product these days, because  
5 they are so horizontally integrated, but we chose to use  
6 discharges. So, it's an inpatient measure.

7 And as you can see, an un-concentrated market  
8 is anything below 1,000. An indicator of a moderately  
9 concentrated market is 1,000 to 1,800, and above 1,800 is  
10 a highly consolidated market, and that's Rochester,  
11 Denver, and St. Louis.

12 Our market actually had one system break-up.  
13 We used to have four systems and only two independents,  
14 and so, our HHI came to 1,718, although we haven't  
15 noticed any major changes in the competitiveness of the  
16 market.

17 This is a slide that our employers have used  
18 for some time, and it really came to us by a group of St.  
19 Louis providers who came to us -- actually, they came to  
20 us back in 1996, and they asked us to help them to get  
21 the health plans to pay them on contract capitation, more  
22 of a risk-sharing arrangement, and they told us that they  
23 knew, as a group, that they and probably a lot of the  
24 market were doing way too many surgeries, oftentimes more  
25 than twice the national average.

1                   They had a cardiologist who stood up and said,  
2                   you know, we could reduce coronary angioplasties by 70  
3                   percent in 30 days, and then the ENT folks told us they  
4                   could reduce laryngotomies by 50 percent in 30 days, and  
5                   you know, it didn't get much further than that, because  
6                   the employers just got really upset, and the reality is  
7                   that these providers understood they had a problem, they  
8                   knew the power of financial incentives, and they were  
9                   asking us to help them.

10                   They did have the opportunity to get some  
11                   contract capitation, and what they found over time when  
12                   they studied it was that the rate of surgery, indeed,  
13                   dropped within 30 days. You know, knowing which  
14                   surgeries were sort of in that gray area was easily  
15                   enough to figure out.

16                   And what was also interesting is, for the  
17                   period of time that they watched it, they never really  
18                   dropped down below that national average.

19                   So, there must be pretty clear consensus around  
20                   when to do and when to not do surgery, and it was just  
21                   sort of the gray area.

22                   But this really led the employers -- they refer  
23                   to this slide a lot, because it shows, one, the power of  
24                   financial incentives, the variation that might exist, and  
25                   sort of the need for, we think, transparency.



1           What is it the employers want to know about  
2 hospital quality? I think that was one of the questions,  
3 and it's just really simple. We want to know if there  
4 are differences in the safety and quality of health  
5 outcomes across providers.

6           Now, sometimes hospitals tell us there's no  
7 difference, and other times they tell us there are  
8 differences. It depends, you know, on sort of the  
9 discussion that you're having.

10           Other folks that have studied it in their own  
11 markets -- and I think -- I believe that there are  
12 differences, but if there are no differences, we just  
13 want to move forward and buy on price, and if there are  
14 differences, then we think we need to inform the  
15 consumers, reward excellence, encourage improvements, and  
16 continue the measurement process.

17           So it's as simple as that.

18           Employers in our market are a part of the  
19 Leapfrog Group, and we did ask St. Louis employers to  
20 report to Leapfrog.

21           If you look at this slide, it's kind of  
22 confusing. The map at the left just shows you, if you  
23 aren't familiar with Leapfrog, the different cities that  
24 were in the first two regional roll-outs in which  
25 employers in the market came together to invite their

1 hospitals to report on this voluntary survey.

2 The table at the side shows the two different  
3 colors. The darker blue is the first wave, and these  
4 were the hospitals -- the communities that went out  
5 initially. So, this would be two-year old data.

6 And the second wave would be folks that just  
7 went out in 2002 asking hospitals to report. And you can  
8 see that, by the end of 2002, every community had moved  
9 ahead of St. Louis. We're the little tiny blip on the  
10 far end where just one hospital has reported.

11 So one hospital out of 31 decided to report to  
12 Leapfrog, and on the other hand, there's Seattle,  
13 Wichita, Savannah, who -- you know, these communities  
14 have been able to get 100 percent.

15 It's interesting, also, that Seattle was the  
16 market that had the lowest HHI. So, you know, perhaps  
17 there is some correlation between market concentration  
18 and the information that's available to consumers, and if  
19 anyone wants to study it, that would be great.

20 We were asked, you know, in one of the  
21 questions, why would the hospitals be hesitant to report?  
22 I don't want to assume to speak for the hospitals in my  
23 market -- they can do that -- but I think our assumptions  
24 from having talked to them is that, even though there  
25 were some concerns about the standards, they really

1 appear more to object to public reporting than the actual  
2 safety measures, and we saw that because many of the  
3 hospitals in our market use intensivists.

4 We happen to have two intensivist training  
5 programs in St. Louis, and closed ICU's with intensivist  
6 coverage has been the standard of care for 20 or 22  
7 years. So, it's a long time, and it's pretty common in  
8 our metropolitan area.

9 Many of the hospitals meet the volume  
10 thresholds, and several hospitals are implementing CPOE.  
11 One actually has hardware installed, and the other are in  
12 the planning stages.

13 The real issue that we could really put our  
14 finger on, seemed to be the most problematic, was the  
15 volume standard, and that's particularly complicated in a  
16 market that's so concentrated by systems, because a  
17 system will have high-volume and low-volume hospitals  
18 within it, and it makes it a little bit problematic.

19 If you're an independent, high-volume hospital,  
20 you know, you want to take out a billboard, but if you're  
21 in a system, you're less likely, you know, to want to go  
22 forward and do that.

23 We think that version 2.0, which some of you  
24 may be familiar with Leapfrog -- Leapfrog went through an  
25 open comment period and revised their standards. We

1 think the new standards -- we think the improvements have  
2 been very good ones and that they address a lot of the  
3 issues and concerns that hospitals have. Particularly in  
4 the low-volume area, it allows you to submit other data  
5 to qualify for the volume criteria.

6 So, we're hoping that we'll see some change and  
7 that St. Louis will come in line with some of the other  
8 cities in terms of reporting this information on patient  
9 safety.

10 What type of information do the hospitals want  
11 to give us or have they made available to consumers in  
12 the market? And they've really made a lot of information  
13 available. And if you look at their newsletters, which  
14 we read all of them, or you look at the web-sites, lots  
15 of quality information, a lot of quality activities. And  
16 so, we don't really have any reason to think that our  
17 hospitals aren't quality providers. I mean they're  
18 working hard to make these improvements, and they've  
19 invested a lot.

20 The kinds of things we find on their web-sites  
21 and in their newsletters are their quality awards, the  
22 grants and other recognitions that they've received, and  
23 almost every one of them has some sort of quality award  
24 that they have received.

25 I do have to note that SSM, from our market,

1 just recently was the first hospital organization to win  
2 the Malcolm Baldrige award, which I think is a real  
3 accomplishment.

4 They also talk about hospital-specific clinical  
5 initiatives that they're engaged in, narrative  
6 descriptions of processes that they have in place to show  
7 -- to improve quality and to show their commitment, and a  
8 lot of comments that if you're concerned about health  
9 care quality, you should talk to your provider. One  
10 hospital actually has information that counters Leapfrog,  
11 which I found kind of interesting.

12 What information do we want that really isn't  
13 available?

14 Well, I think you can all guess. We want  
15 standardized information. We want to be able to make  
16 side-by-side comparisons, and that's not something that  
17 is available at all.

18 You know, all the hospitals use patient  
19 satisfaction data. A lot of them use the Picker  
20 instrument. You know, that would be nice, if they could  
21 even all just give us the satisfaction survey using a  
22 common tool.

23 We very much would like the hospital discharge  
24 data set. There are 22 states in which that's publicly  
25 available. Missouri is not one. And it's not because

1 employers have not, you know, tried to get that made  
2 available. We just haven't been successful yet. But  
3 next year is another legislative session.

4 And then, finally, the risk-adjusted cost and  
5 other comparisons would really be important, and  
6 sometimes the health plans have these, and so, what you  
7 heard in some of your past testimonies is that health  
8 plans would like to use or are using in certain markets  
9 variable co-pay products that would allow consumers that  
10 make a choice to use a lower-cost or higher-quality,  
11 higher-value facility to benefit from that by getting  
12 some savings and not having to pay quite as much.

13 We have some plans in our market that have  
14 wanted to do that, but they've not been able to do it,  
15 because the hospital systems say, if you do that, we  
16 won't participate in your product.

17 A couple of health plans indicate that they  
18 have been -- I guess I should say encouraged or they have  
19 actually ended up signing language in their contracts  
20 that prohibit them from sharing this kind of information  
21 with consumers and developing these kind of products.

22 So, even though we've had some mergers of  
23 health plans and we have probably a fairly concentrated  
24 health plan market, we still have this other situation.

25 We have the Informed Purchasing Data

1 Collaborative, which is a group of 50 or some employers  
2 that have joined together with five health plans to share  
3 data so that they can have the opportunity to get some of  
4 our own data. We have several hundred thousand lives in  
5 a database now and are working on that.

6 I just got the time signal, which is why I sped  
7 up.

8 What is our urgency? Well, obviously, I think  
9 you know that -- you've read the IOM reports, you know  
10 the urgency from a quality standpoint, but also, costs  
11 have gone up.

12 The average per member, per month medical cost  
13 of our employers in 1996 was \$90, and some employers are  
14 seeing PMPM medical costs of 180 today.

15 So, a lot of information out there that is in  
16 use by our member companies, and so, I'll just leave that  
17 with you.

18 Some of the hospitals do have valid concerns,  
19 and I just want to, you know, briefly say they are  
20 concerned that they will be compared against niche  
21 providers that don't have the same burdens and the same  
22 cost structures, and we recognize that those are some  
23 concerns that are valid and that we need to work with  
24 them to try to improve those.

25 In terms of conclusions, we really think it

1 would be great if your organizations could establish some  
2 information standards or other indicators that would be  
3 present in a balanced market, maybe publish the HHI's or  
4 your assessment of different markets so that we can  
5 understand how well we're doing in our markets.

6 We think other efforts to define standardized  
7 measures really need to move forward as quickly as  
8 possible.

9 We need innovations in health plans and other  
10 things to help understand how consumers want to use this  
11 information, and we could also use some help defining  
12 charity care and some of those other community services  
13 that hospitals provide that they justly need to have  
14 factored in the considerations of their cost structures.

15 So I want to thank you very much for the  
16 opportunity to share with you and look forward to the  
17 further testimony.

18 (Applause.)

19 MR. BYE: Thanks very much.

20 We will start back around 37 past, if that is  
21 okay.

22 (A brief recess was taken.)

23 MR. BYE: We'll start back now with Paul  
24 Conlon.

25 MR. CONLON: Good morning.



1           It's a great opportunity to be here on behalf  
2 of Trinity Health, and let me just say a few words about  
3 Trinity Health.

4           We provide inpatient services from coast to  
5 coast. We have Holy Cross Hospital here in Silver  
6 Spring, Maryland, with a high concentration of hospitals  
7 in Ohio, Michigan, Indiana, Iowa, a hospital in Boise,  
8 Idaho, a hospital in Fresno, California, but we are coast  
9 to coast. There are 45 hospitals in our system, about  
10 25 we actually own, about 20 that we manage.

11           There are 340 or so outpatient facilities, 24  
12 long-term care facilities, home health, charity care in  
13 the range of \$350 million a year.

14           There are 45,000 employees within Trinity  
15 Health, and as a pretty large employer, we are concerned  
16 about health care quality and how we share that  
17 information with our own employees.

18           There are 7,000 physicians on our staff. Of  
19 those 7,000 physicians, 440 are actually employed  
20 physicians, which really says that we are living in a  
21 private practice model and that we're working with  
22 physicians who have their own private businesses and  
23 they're maintaining their own payrolls and their own  
24 insurance costs, and that creates a different type of  
25 relationship than the employed model.

1                   Operating revenue, about \$5 billion a year, and  
2                   assets of \$5.8 billion.

3                   A few other messages about Trinity. We deliver  
4                   1 percent of the nation's babies, provide 1 percent of  
5                   the inpatient cardiovascular care in the United States,  
6                   provide 1 percent of the inpatient orthopedic care in the  
7                   United States.

8                   Our mission is to serve together in the spirit  
9                   of the gospel to heal body, mind, spirit, to improve the  
10                  health of our communities, and to steward the resources  
11                  entrusted to us, and as we talk today about quality  
12                  indicators and tracking quality, I think you hear a  
13                  message that comes through that we take this mission  
14                  very, very seriously, particularly as we attempt to  
15                  steward the resources that are entrusted to us.

16                  On principles that we use to track clinical  
17                  quality measures, first and foremost is to use evidence-  
18                  based indicators, and this is a lot easier said than it  
19                  is done. There are many indicators out there that large  
20                  groups and coalitions and others have adopted as  
21                  evidence-based, but when you really study the evidence,  
22                  you find that it may not be as strong as what people had  
23                  hoped it would be.

24                  They are not bad people trying to do bad  
25                  things. We just want to make sure that the evidence that

1 we use is valid and it's strong.

2 A key point for most hospitals across the  
3 country is this next point, and that is the value of the  
4 indicator must exceed the burden of the data capture.

5 All too often there are those that suggest that  
6 you get indicator X that costs an awful lot of money to  
7 gather than information and time and resources that is  
8 taken away from someplace else, and as we heard earlier  
9 today, for the third of the hospitals in the United  
10 States with negative margins, it's hard for those  
11 hospitals to take scarce resources and dedicate it to  
12 quality -- data collection for quality improvement  
13 purposes.

14 So we must look at indicators where the value  
15 is exceedingly great, that the burden of data capture is  
16 relatively small, so we can make best use of that  
17 particular indicator.

18 Next is to use indicators with national  
19 benchmarks, and this is very important, because many  
20 times, even as our own system -- as we first came  
21 together three years ago as a system, we looked  
22 internally to how we were doing, and we could compare one  
23 hospital in our system to the next or one nursing home to  
24 the next.

25 The problem with that is we didn't know if we

1 were the best of the best or the worst of the worst, and  
2 it's important for us to measure our performance against  
3 national benchmarks.

4 We have a corporate goal that we are going to  
5 be top quartile providers across the country, that to  
6 achieve that goal you must measure against national  
7 benchmarks.

8 Prioritize the focus, focus on a critical few  
9 indicators that drives clinical improvement well beyond  
10 the focused indicators.

11 Let me tell you a brief story here.

12 We have chosen two patient safety indicators,  
13 and they're related to medication safety, and they're  
14 going to sound extremely simple to you, and that is that  
15 the height and weight and the allergy information is  
16 available on the pharmacy profile.

17 Now, that information is available in the  
18 chart, but is it resident in the electronic pharmacy  
19 profile, where all the dose range checking is done and  
20 the allergy checking is done and the like?

21 We had numbers that were not so good. We now  
22 have numbers where all of our hospitals are in top  
23 quartile performance. We've seen dramatic improvement in  
24 those two indicators.

25 But what's more important is we also have taken

1 a more comprehensive look at medication safety, and we've  
2 done the ISMP survey across all of our hospitals, and a  
3 year-and-a-half ago, our score was about 51 percent of  
4 the safe medication practices on the ISMP survey were  
5 adopted by our hospitals across the board. Today, it's  
6 at 69 percent. We focused on a few, but what we found is  
7 the clinicians that were charged with improving  
8 medication safety couldn't just rely upon doing those  
9 two, that that translated into conversations about how do  
10 they do other things, that the corporate message extends  
11 well beyond the specific indicators.

12 We have similar examples in heart disease, AMI,  
13 and pneumonia care.

14 Next key principle for us is that we let the  
15 data drive the analysis, that we don't go in looking at  
16 our data to understand -- to explain a bias that we may  
17 have. We open the data up, we look at it, we drill into  
18 it, and then we try to find out where the biases may be  
19 and try to identify where the opportunities for  
20 improvement are, and the data, nine out of 10 times, will  
21 identify key process improvement opportunities.

22 At a system, within a system, there are some  
23 attributes about reporting that makes it unique.

24 First and foremost, it is safe. It creates an  
25 environment of sharing without the posturing associated

1 with competitor reporting.

2 We are not saying that we shouldn't have public  
3 reporting, but I must -- and actually, one of the other  
4 speakers talked a little bit earlier today about Jerry  
5 O'Connor and the Northern New England Heart Consortium  
6 activity.

7 That is all private activity that's being done.  
8 They saw a 24 percent level of improvement in their own  
9 local activity. Safe environment for cardiac surgeons in  
10 northern New England to improve their quality.

11 We had Dr. O'Connor come to our organization,  
12 talk about that, and we adopted many of the same  
13 methodologies. Safe environment allows the clinicians to  
14 candidly discuss not only what goes well but also what  
15 hasn't gone so well, what has been unsuccessful, what has  
16 failed, and there are tremendous learnings from those  
17 organizations sharing among one another about the  
18 failures as well as the improvements.

19 In our system, unlike in the competitive  
20 market, where, in the competitive market, you're  
21 typically rewarded for the innovation, the new thing  
22 that's done, we also reward for the replication.

23 One site was able to reduce vaginal laceration  
24 rates by 40 percent. How did they do it? Next year,  
25 another site comes along. We adopted what site A did and

1 guess what? Today, we've reduced ours by 60 percent.  
2 That has to be rewarded, as well. So, not only are the  
3 innovators rewarded but also are those that have made  
4 other levels of improvement.

5 As a system, our goal is to improve locally,  
6 and you heard earlier today about the different models,  
7 models that have local focus of care and models that have  
8 a corporate level of care.

9 We kind of are a hybrid of the two. All of our  
10 hospitals have local boards, but we also have a corporate  
11 board. We have a corporate quality committee for our  
12 system. There are local quality committees within our  
13 system, as well.

14 So there's corporate and local. Our goal is to  
15 improve locally, and guess what? It rolls up at a system  
16 level and we see system level improvement.

17 The goal is not to compete with our colleagues  
18 within our system but to leverage and to share mutually  
19 so that we all do better, and that is really true.

20 When we present our quality indicators, we  
21 present data over time and we use reliable data.

22 If we find that the data are not reliable,  
23 we've looked at it, the indicator, we see tremendous  
24 variation in what's going on, we talk to the sites about  
25 how they collected the data, we don't report it, because

1 we don't want to create distrust with our constituents,  
2 with our colleagues, and that's critical.

3 This is a partnership, and as we talk about  
4 improving the health of the community and the communities  
5 that we're doing business coalition partnership with --  
6 and there are many, and many with five and eight and 10-  
7 year histories of doing that -- it's about developing  
8 collaboration with those businesses, so that everyone has  
9 an appreciation for the quality indicators.

10 It's critical that you only use reliable data  
11 or you create distrust.

12 Another important point that we've identified  
13 is to present data over time. You saw snapshots of  
14 report cards. They give you a picture of where you were  
15 in 2000, but you know what? Maybe between 2000 and 2003,  
16 there have been huge improvements.

17 Showing that demonstration, that improvement,  
18 those initiatives is great, and it's critical for us, and  
19 you know, sometimes you just celebrate the organizations  
20 that went from bottom quartile to the mid-quartile  
21 because they made some improvement, but they still may  
22 not be at the top.

23 Another key attribute that we have an advantage  
24 of in our work within the system is the transparency of  
25 data. No matter who you are, any one of the 45,000



1 employees within Trinity and the 7,000 physicians that we  
2 have can look at any one of our quality indicators for  
3 any one of our hospitals. That information is  
4 transparent.

5 It's not about who is good and who is bad. It  
6 is all about how do we get better, and you can't get  
7 better unless you understand the gap in your own  
8 individual performance.

9 Reporting activities -- there are monthly and  
10 quarterly updates on 18 acute care indicators, and I  
11 would say, of those 18, really there are 10 that are our  
12 core indicators that we spend most of the time focusing  
13 on. There are tables, there are graphs, control charts,  
14 run charts for all of the indicators at both the local  
15 and at the system level.

16 There are quarterly updates for long-term care  
17 indicators and same type of thing at the local and the  
18 system level.

19 We do what we call in-depth reports. They're  
20 called standing reports. They're in-depth review of  
21 major service lines -- cardiovascular services,  
22 orthopedics, maternal child care, patient safety -- where  
23 we look at structure, process, outcome measures in each  
24 of those major categories, for the major disease states  
25 in those categories, and do an annual report, state of

1 the art, within Trinity Health, each and every year, on  
2 patient safety.

3 This provides us with the opportunities to  
4 identify our deficiencies and identify our opportunities  
5 for improvement, and guess what? The next year's report  
6 we start with what did we saw we were going to do last  
7 year and did we make the improvements we had to make? It  
8 is a great catalyst for improving care.

9 All of this information, as I indicated before,  
10 is posted on our intranet site. It is our most popular  
11 intranet site. It has about 17 hits a month against this  
12 intranet site from people across Trinity. That's a lot  
13 of people looking at this data, tracking the information,  
14 trying to understand what's going on.

15 As we indicated before, we want national  
16 comparative data, and that has been a major problem for  
17 us to gather, a major problem, but we are striving to  
18 gather it wherever we can and however we can do it,  
19 whatever means that we can get to that, and system-level  
20 data.

21 The performance is reviewed monthly on  
22 conference calls with local clinical quality contacts and  
23 quarterly with a clinical leadership council which is  
24 made up of all the chiefs of medical staff, vice  
25 president of medical affairs, and patient care executives

1 at all of our hospitals. In fact, they meet in two weeks  
2 at Detroit at the airport to go over some of these data.

3 Reporting to all levels of the organization --  
4 we've indicated staff to local boards, to corporate level  
5 boards. There are clinical collaboration teams that have  
6 come together working on specific projects to share those  
7 type of learnings, particularly around the major service  
8 lines, and there are annual clinical conferences, which  
9 is an incredibly unique experience.

10 This is administrators, clinicians alike,  
11 showing up for three days to discuss the state of the  
12 organization, but what's really unique about it, 36  
13 break-out sessions, the vast majority focus on clinical  
14 quality improvement activities, 125 poster sessions, 800  
15 participants for three days in Dearborn, Michigan. These  
16 are clinical tool kits.

17 I guess I got the two-minute warning here.

18 Some of the challenges at the system level --  
19 and I want to briefly talk about the challenges at the  
20 national level, as well, in public reporting.

21 Incomplete data. Incomplete data is a major  
22 problem. We've heard today a lot about data that comes  
23 from the claims data, the UB-92 information and the like,  
24 but if you try to find whether a patient has smoked two  
25 packs per day of cigarettes on that UB-92, you can't find

1 it. It is a consistent co-morbidity.

2 If you can try to determine whether the patient  
3 developed the UTI while in the hospital or prior to  
4 hospital admission, it isn't there on the UB-92. It says  
5 they had a UTI. You don't know if they had it before  
6 they showed up or after.

7 So, you have to be very careful about the use  
8 of administrative data. It's very efficient, but it  
9 isn't always accurate and it's not always robust.

10 Even when indicators are nationally recognized,  
11 they are frequently unclear, captured irregularly, and  
12 not rapidly improved.

13 I'll spend one brief second talking about  
14 antibiotics and community-acquired pneumonia. If you  
15 call the various agencies that are promoting this  
16 indicator today, which is an important indicator, and you  
17 ask them, if a patient receives a dose of an antibiotic  
18 in the physician's office 20 minutes before they show up  
19 in the emergency department and are admitted to the  
20 hospital, do they get credit for administering that  
21 antibiotic, and the answer is no.

22 So if a patient gets a dose of rocephin in the  
23 physician's office at 10:00 o'clock in the morning, is  
24 admitted to the hospital at 11:00, and gets the next dose  
25 at 10:00 o'clock the next morning, which would be the

1 appropriate time, they have a 23-hour time to antibiotic.  
2 That is an indicator that has been tested by Medicare and  
3 has been tested by the pros and has been out there, but  
4 until it got into general population use, no one saw that  
5 deficiency, and there's a series of others with almost  
6 all these indicators.

7 So it's really important for us to look at the  
8 indicators retrospectively, quickly, and make some  
9 corrections to that.

10 Lack of adherence to the definitions is a  
11 problem between those people that are doing the reporting  
12 and also some very obvious definitional inadequacies that  
13 have to be corrected quickly or you create distrust.

14 The next point is data that does not describe  
15 what has to improve is not very helpful to us.

16 Public reporting -- I'm going to try to go  
17 through these quickly, and I'm sorry about the time.  
18 Public reporting should be meaningful and responsible  
19 information to describe the performance of providers. We  
20 support it. We continue to work at AHA and FAH and  
21 Medicare in their current initiatives. We'll hear a  
22 little bit about that later. Providers have an  
23 opportunity -- should have an opportunity to contribute  
24 to what information is shared with the public and how it  
25 is to be shared.

1           There are those that talk about this negative  
2 style of reporting creates greater interest. We all can  
3 look at the Washington Post or any newspaper and see that  
4 the headlines are almost always negative. That shouldn't  
5 surprise any of us.

6           But I think what we're not understanding in  
7 health care is that we have a crisis blooming right now  
8 in recruiting good and bright people to health care and  
9 that one of the negative consequences of the continual  
10 negative reporting about health care is that the best and  
11 the brightest don't look at it as an attractive field to  
12 enter, and so, who is going to care for people down the  
13 road, when the average age of a nurse is in the mid-'40s  
14 in the United States? Who is going to provide that care  
15 if we can't attract young women and men to those fields?

16           Benefits of responsible public reporting  
17 include informed public, informed providers, improved  
18 performance, and I would argue that it may be the last  
19 that is actually the first, that the greatest value is  
20 the improved performance, that this puts a light on  
21 things, it creates an opportunity to see benchmarks,  
22 understanding where the gap in performance is, and to  
23 share the information, but we want to do it in a  
24 responsible and respectful manner.

25           I kind of covered these earlier on the system

1 level so I'm going to skip them, and I'll skip those,  
2 too. There are hand-outs for people.

3 Reporting on health care quality is difficult  
4 if it is to be done well. It requires testing of the  
5 indicators, of the definitions, of the data collection,  
6 and clearly of the presentation, what are we trying to  
7 communicate and how we're going to do it.

8 And lastly, this has been part of our mission,  
9 and Catherine McAuley is the founder of the system at  
10 Mercy, one of our founding organizations, and nearly 200  
11 years ago, she said the more experience we acquire, the  
12 more capable we are -- we become of discerning deficiency  
13 and making some improvement, and that's true, and we're  
14 supportive of quality improvement initiatives that are  
15 looked at, responsible reporting, but we have to be  
16 careful of untoward, unanticipated consequences.

17 Thank you.

18 (Applause.)

19 MR. BYE: Thanks, Paul.

20 Nancy Davenport-Ennis is the next speaker.

21 MS. DAVENPORT-ENNIS: Certainly it has been  
22 fascinating to listen to each of you talk about the  
23 particular details as it relates to hospitals,  
24 communications, and improved measurements. I would ask  
25 that you switch gears for the next few minutes, because

1 my remarks will not be on the topic for today but,  
2 rather, will be on a topic that will be addressed on June  
3 the 10th, when I'm not available to be here.

4 I would like to thank you for the invitation to  
5 be with you today. I do appear before you as the CEO of  
6 two national organizations that I'd like you to  
7 understand so that you can understand the foundation of  
8 information that I will provide.

9 The two organizations are the National Patient  
10 Advocate Foundation, which is a policy organization, and  
11 the Patient Advocate Foundation.

12 The Patient Advocate Foundation is a nonprofit  
13 501<sup>©</sup>) (3) direct patient services organization. In the  
14 calendar year of 2002, we handled requests for help from  
15 2.5 million Americans who were confronting some form of  
16 access to care issue.

17 We resolved those issues on behalf of patients  
18 at no charge. We do handle patient cases from all 50  
19 states in the United States. We have a staff of both  
20 professionally trained case managers, oncology nurse case  
21 managers, social workers, coding and billing specialists,  
22 as well as a team of attorneys who help us in the area of  
23 arbitration and mediation.

24 It is based on the experience of our patient  
25 cases that I come to speak to you today on the results



1 that we see happening in America for patients who are in  
2 states that still have CON laws in effect as the patients  
3 are trying to get, particularly, to radiation therapy.

4 In the calendar year of 2002, 93.8 percent of  
5 our patient cases involved cancer cases. So, I think  
6 it's important for you to understand that a lot of our  
7 work is done within that field.

8 As you also know when you're dealing with  
9 cancer patients, you are dealing with very complex  
10 regimens of care and protocols that are very specific.

11 I am here, also, because we are not the only  
12 ones that have a concern about patient access in the  
13 states that have CON laws.

14 I would like to share with you comments from a  
15 letter written on March the 24th by Congressman Stearns  
16 of Florida, who is the chairperson of the Subcommittee on  
17 Commerce, Trade, and Consumer Protection for the  
18 Committee of Energy and Commerce.

19 As you know, Congress has taken action over the  
20 last 30 years in an attempt to address health care cost  
21 inflation. Of particular relevance to this inquiry are  
22 section 1122 of the Social Security Act Amendments of  
23 1972, the National Health Planning and Resources  
24 Development Act of 1974, and the amendments of that Act  
25 that were enacted in 1979.

1           Through these measures, Congress sought to  
2 control the development and utilization of health care  
3 services through a regulatory regime known as the  
4 Certificate of Need. This experiment in health care  
5 market control ultimately was viewed as a failure, and  
6 Congress repealed the National Health Planning and  
7 Resource Development Act in 1986.

8           Since then, 14 states have either repealed or  
9 abandoned the CON regime that the Federal Government had  
10 previously required them to establish. Thirty-six states  
11 and the District of Columbia still maintain some form of  
12 CON regulation.

13           CON was established by Congress and implemented  
14 by the states in an effort to retain rising health care  
15 costs, to prevent unnecessary duplication of resources  
16 and services, and expand consumer access to quality  
17 health care services.

18           It is similarly important to note that CON was  
19 established at a time when Federal reimbursement for  
20 health care was made on a cost-plus basis, which did not  
21 provide the cost control capability of today's  
22 prospective payment system.

23           In my capacity as chairman, I do desire that we  
24 explore all facets of competition and understand what the  
25 access to care issues are confronting patients in the

1 states that have the CON in place.

2 According to the American Cancer Society, one  
3 in every two men and one in every three women in this  
4 country will be diagnosed with cancer at some point  
5 during their lifetime.

6 These are very chilling statistics. Certainly  
7 all of us in this room know someone that has faced this  
8 disease and perhaps knows the difficulty of the journey  
9 they've traveled.

10 I think it is also very important to note that,  
11 in 1998, for the first time, we were able to report to  
12 America that the incidence of cancer was turning the  
13 curve and it was being reduced.

14 Those of us that work heavily in the field of  
15 cancer care feel that we are seeing a decline in the  
16 number of cancer diagnoses because of the National Cancer  
17 Act of 1971.

18 The National Cancer Act of 1971 essentially  
19 moved health care into community settings and made health  
20 care at the community level more available than it had  
21 been prior to the National Cancer Act of 1971.

22 However, our progress is being denied to many  
23 Americans who need it most. Due to the regulatory  
24 restrictions created by the Certificate of Need, many  
25 patients are unable to access the care they need unless

1       they live near a hospital or a major medical center or  
2       can drive from a medical oncology clinic to a radiation  
3       facility. For low-income, seriously ill, and rural  
4       patients, this often is simply not possible. As a  
5       result, these patients are unable to enjoy the benefits  
6       of all that America's war on cancer provides.

7               Let me share one example of one patient that we  
8       helped.

9               A 43-year-old male from the State of Oregon,  
10       diagnosed with throat cancer called us because he had  
11       been directed to receive radiation care that was located  
12       100 miles away from his home. He was to get radiation  
13       daily for six weeks.

14              His wife, he determined, could not take time  
15       off work as a care-giver to take him every day, because  
16       the journey and the treatment itself would have negated  
17       her ability, essentially, to work for six weeks. On the  
18       third day of radiation therapy, he drove himself 100  
19       miles, he received his therapy, and on the way home, he  
20       passed out at the wheel of his car.

21              He went into a ravine. His car happened to be  
22       noticed by a neighbor from his community, who stopped and  
23       investigated, to still find this patient unconscious in  
24       this car from complications and side-effects of both his  
25       illness and the therapy that he had had earlier in the

1 day.

2 When we say that the treatment is not available  
3 for many patients, let us consider a 44-year-old woman in  
4 Illinois, a breast cancer patient, who was again  
5 instructed that her radiation therapy would have to be  
6 given to her at a site that was two hours away.

7 Her health plan agreed to pay for temporary  
8 housing for her for six weeks so that she could remain in  
9 the location to have the care. Her concern was an  
10 absence from home from children and from neighbors and  
11 from all that were her support group in handling cancer  
12 issues.

13 Our concern as an agency that is concerned  
14 about the cost of health care delivery in this country is  
15 what is the increased cost to the health plan population  
16 for providing housing at a remote location for one to get  
17 treatment at a more remote location that requires a two-  
18 hour travel one-way from home?

19 As I'm certain you know, disease knows no  
20 geographic boundary. Disease does not recede or  
21 accelerate in response to government regulation, and  
22 disease does not wait to strike until the necessary  
23 health care resources are in place.

24 That is why, to be successful in our battle  
25 against diseases, patients must have access to care that

1 is geographically and financially accessible.

2 With respect to cancer, this necessity is even  
3 more acute. Cancer treatment often requires daily visits  
4 to the site of care and often results in debilitating  
5 side-effects such as nausea and fatigue that themselves  
6 must be treated by skilled specialists.

7 In addition, cancer treatment often entails a  
8 combination of medical oncology, often called  
9 chemotherapy, and radiation oncology interventions, and  
10 many of those chemotherapy interventions have to happen  
11 within a prescribed period of time before you actually  
12 administer radiation.

13 State Certificate of Need statutes and  
14 regulations often have the effect of requiring cancer  
15 patients who need a combination of therapy and radiation  
16 therapy to travel to two separate locations to receive  
17 them. In fact, providers who have radiation therapy  
18 facilities have long used CON to prevent others,  
19 including cancer care givers, from providing integrated  
20 medical and radiation treatment.

21 There are several distinct and disturbing  
22 consequences that result from CON and its impact on  
23 cancer treatment.

24 Number one, the science of cancer treatment  
25 today often requires exactly what CON's frequently

1 prevent -- i.e., the integration of chemotherapy and  
2 radiation therapy. The resulting travel and financial  
3 co-payment burden falls most heavily on the elderly and  
4 the poor patients, who must receive chemo and radiation  
5 therapy in the same day at different locations over a  
6 period of months or even years, and I must relate to you  
7 it's not only the elderly and it's not only the disabled.  
8 It's also the 13-year-old child that we helped from the  
9 State of Tennessee, who was going to be required to  
10 travel two hours one way for radiation therapy for brain  
11 metastases that he was dealing with.

12 His family ultimately made the decision not to  
13 pursue the radiation therapy because of the side-effects  
14 the child was having and the result of his declining  
15 health condition as he tried to travel, get radiation,  
16 and deal with the side-effects of the illness.

17 In light of these problems, the National  
18 Patient Advocate Foundation has long advocated for CON  
19 reform. For cancer patients, CON reform could be a  
20 lifesaver. By allowing the integration of cancer care in  
21 communities nationwide, CON reform would enable all  
22 patients with cancer, regardless of their location or  
23 financial need, to realize the hope of survival.

24 Specifically, we have sought CON repeal in many  
25 states so that the development of integrated cancer care

1 centers would be allowed.

2 Our rationale for this position is based on the  
3 scientific and demographic realities of cancer.

4 That is why we firmly believe that removal of  
5 CONs would, number one, allow cancer patients to receive  
6 chemo and radiation therapy in one location; number two,  
7 eliminate the geographic obstacles that currently impede  
8 the ability of poor and elderly patients to access care;  
9 three, allow oncologists and radiologists to more  
10 effectively manage combination cancer therapy, to reduce  
11 cost and increase quality of care, and to allow rural and  
12 suburban cancer patients to receive treatment without  
13 overly burdensome travel distances, while permitting the  
14 advancing science of cancer treatment to be translated  
15 into improved care in the community setting.

16 In closing, please allow me to make a personal  
17 emphasis from this perspective. I am a two-time cancer  
18 survivor, which is not important to this discussion, but  
19 what is important is that I am also the mother-in-law to  
20 a young man who was diagnosed with cancer at the age of  
21 19 and an aunt to a niece who was 29 at the age of her  
22 diagnosis and succumbed at 34 of brain metastasis.

23 We were one of the families that were  
24 confronted with the decisions of making a determination  
25 not to consider onerous radiation therapy because the 80-



1 minute ride one-way to get the therapy and the return  
2 with the side-effects was too debilitating for her, as  
3 well as too emotionally debilitating for her family.

4 I would say to you we are sensitive to the cost  
5 issues that are involved with the CON issue, but in this  
6 United States, indeed, we need to look at creating venues  
7 for access to care that provide for coordinated care of  
8 both chemotherapy and radiation within the community  
9 setting and allowing health plans to effectively help us  
10 manage the cost, as they have many mechanisms in place to  
11 regulate over-usage and over-referral to any center,  
12 whether it is a hospital or whether it is a community  
13 program.

14 I thank all of you for your attention during my  
15 remarks, and I hope that, as I leave this podium today,  
16 that you will remember every chart and graph that you  
17 have seen today, that you will capture every statistic  
18 that you have seen today, and that you will remember  
19 that, behind every single one of them, there is a face,  
20 there is a heart, and there is a family that is suffering  
21 with disease and debilitation.

22 Thank you so much.

23 (Applause.)

24 MR. BYE: Thanks, Nancy.

25 We have Chip Kahn up next.

1           Just one note.

2           We've been a little ambitious in our scheduling  
3 and are going to run overtime. In order to give our  
4 remaining two presenters time to fully discuss the issues  
5 they're intending to, we will run overtime. We also,  
6 unfortunately, won't have time for discussion but  
7 encourage people to submit comments for the record. We  
8 really appreciate everyone coming along today and  
9 understand if you have to depart a few minutes early.

10           MR. KAHN: Thank you. I'll try to be quick to  
11 try to get us back on schedule.

12           I'm here on behalf of the Federation of  
13 American Hospitals, and I'm pleased to offer our views on  
14 the quality of hospital care and consumer information to  
15 improve consumer understanding of hospital care.

16           At the outset, it is important for me to point  
17 out that the mission of the Federation member companies  
18 and their hospitals is to provide high-quality care to  
19 the patients we serve.

20           We believe that it is the responsibility of  
21 hospitals to provide high-quality care and safe  
22 environments and that better informed consumers will make  
23 better personal health care decisions.

24           So, we believe the hearings today provide a  
25 good opportunity for us to describe what hospitals are

1 doing to enhance the quality of care and the health care  
2 choices of Americans.

3 Today's FTC hearing on quality and consumer  
4 information is timely. We are entering an important  
5 period in the evolution of measurement and improvement of  
6 hospital quality, as well as a potential for  
7 disseminating these measurements to third-party payers  
8 and consumers. The growing energy and momentum  
9 surrounding health care consumerism has been fueled by  
10 the capacity of the internet, making it possible to  
11 disseminate information about health care services and  
12 health more broadly than ever before.

13 By all accounts, the American public wants more  
14 information about health care services. A public opinion  
15 survey conducted for the Federation last fall found  
16 significant support for a web-site that evaluates  
17 hospitals on the treatment of certain diseases and new  
18 procedures. Almost half of the survey respondents, 45  
19 percent, said that that information could be the most  
20 significant factor or an important factor in helping them  
21 decide the hospitals they choose to seek care from.

22 From our point of view, there are two primary  
23 objectives for the collection of information on hospital  
24 quality measures.

25 First and foremost, such information can serve

1 as a critical tool for clinicians and hospitals to learn  
2 about their relative performance so that improvements in  
3 care can be made, and second, such information can enable  
4 consumers to make better health care choices.

5 Unfortunately, despite the best of intentions,  
6 many of the varied hospital quality reporting efforts in  
7 place today are working at cross purposes regarding these  
8 two objectives. These reporting efforts are creating  
9 expensive, burdensome, and unpredictable requirements on  
10 hospitals.

11 At the same time, the current mix of quality  
12 reporting approaches has produced frequently incomplete,  
13 poorly analyzed, conflicting, and even misleading  
14 information for clinicians, hospitals, and consumers  
15 alike, and I think there's been a mix between these  
16 process kinds of standards, which were mentioned earlier,  
17 and looking at outcomes, and I think we heard earlier  
18 that you could even get from the outcomes side some  
19 adverse incentives for providers if the information is  
20 not properly delivered.

21 A growing number of states have or are  
22 considering hospital quality reporting programs, and many  
23 others are beginning reporting programs, and obviously,  
24 Leapfrog is there, and also, this spring, J.D. Powers and  
25 the Associates and Health Grades joined forces to develop

1 their own measurement tool which would be released soon  
2 and give an excellence rating for hospitals.

3 All of these efforts are attempting to empower  
4 consumers with information to make them better decision-  
5 makers about their care. However, they raise many  
6 questions regarding whether or not this consumerism model  
7 will actually work in health care.

8 As a first step, providers really need valid  
9 and standardized information on their quality performance  
10 to allow them to measure improvement and compare their  
11 improvement to other hospitals.

12 Currently, there is no standardized information  
13 collected across all hospitals.

14 The Joint Commission on Accreditation of Health  
15 Care Organizations and the National Quality Forum, the  
16 states, insurers and other payers, the business  
17 community, consumer organizations, commercial enterprises  
18 are all advocating reporting initiatives. However, many  
19 of these parties are proceeding on separate tracks.  
20 Clearly, we need a more rational and coordinate approach.

21 A second issue is understanding whether and how  
22 consumers will use information about hospital quality,  
23 since patients generally do not choose their hospitals.  
24 Patients generally go to the hospital based on where  
25 their physicians have admitting privileges and where the

1 hospital is located.

2 The current hospital reporting programs have  
3 generally not addressed whether or not information about  
4 hospital quality is to be used within the physician-  
5 patient relationship.

6 To begin to come to grips with these concerns,  
7 hospitals and regulators have developed a quality  
8 initiative, a public resource on hospital performance.

9 To meet the goal of creating a rationale  
10 framework for providing evidence-based quality  
11 information for the purpose of improving hospital quality  
12 and informing consumers, hospitals, led by the American  
13 Hospital Association, the Federation, and the Association  
14 of American Medical Colleges have initiated an effort to  
15 address our nation's currently fragmented and disjointed  
16 data collection and quality reporting efforts.

17 Working in conjunction with several public and  
18 private sector organizations, our purpose is to forge a  
19 shared national strategy for hospital quality measurement  
20 and public accountability.

21 Together, we want to build a national uniform  
22 framework available to all payers and the public that  
23 provides valid and useful quality data, improves hospital  
24 care, and provides the public with meaningful  
25 information.

1           The organizations began this collaborative  
2 effort mid-2002 and with strong support from HHS,  
3 Secretary Tommy Thompson and CMS Administrator Tom  
4 Scully.

5           In addition the hospital groups, the initial  
6 partners in the collaborative effort included CMS, the  
7 Agency for Health Care Research and Quality, JCHO, and  
8 NQF. We announced the quality initiative in December  
9 2002 and have since been joined by the AFL-CIO and the  
10 AARP. Since then, a number of other organizations have  
11 joined the quality initiative.

12           Earlier this month we sent to every hospital in  
13 the country a pledge package encouraging them to  
14 participate in the quality initiative. We asked  
15 hospitals to submit to CMS their performance on 10  
16 measures related to their treatment of cardiac illness  
17 and pneumonia.

18           These 10 measures were selected because they  
19 were supported by evidence showing their effectiveness,  
20 because frequently hospitals already collect this data,  
21 and because these measures were agreed upon universally  
22 by quality experts, including the NQF.

23           This is important to stress, that what we were  
24 seeking were measures that were generally already used  
25 and measures that had sort of proven effectiveness by

1 those who judge hospital performance.

2 These 10 measures are just the first step in  
3 building a national, standardized hospital quality  
4 measures database. Over time, the plan is to add  
5 meaningful and evidence-based measures that cover high-  
6 priority national medical conditions.

7 I am pleased to report that the majority of the  
8 Federation members plan to participate in the quality  
9 initiative. Our largest members expect to have 100  
10 percent of their hospitals participating.

11 Beginning this summer, the CMS web-site,  
12 [www.cms.hhs.gov](http://www.cms.hhs.gov), will post the first round of data  
13 submitted by the hospitals. The web-site targeted to  
14 clinicians will be updated quarterly.

15 During 2003, a three-state pilot program in  
16 Arizona, Maryland, and New York will test ways to  
17 maximize the usefulness of the quality data to consumers.  
18 Based on the pilot test, the information will be  
19 displayed on the HHS web-site, [www.medicare.gov](http://www.medicare.gov), a site  
20 aimed at the public at large in 2004.

21 Today our energies are focused on three goals:  
22 encouraging hospitals to participate in the quality  
23 initiative; ensuring that the first round of  
24 implementation goes smoothly; and beginning the consensus  
25 process for determining which set of quality measures



1 should be added next.

2 Selecting the next 10 measures will be based on  
3 national priority conditions identified earlier this year  
4 by the Institute of Medicine.

5 The quality initiative has huge significance  
6 within the context of today's hearing. We can begin to  
7 answer several questions which have, until now, been  
8 academic. These questions include: Will hospitals act  
9 on the reported results and implement changes to improve  
10 their quality performance? We certainly believe they  
11 will. Otherwise, we wouldn't be involved in the  
12 initiative. What will we learn from the role of  
13 physicians as the critical link between patients and  
14 hospitals? How does consumerism work in a system where  
15 physicians largely direct decisions for patients as  
16 consumers? Is quality information that is meaningful to  
17 clinicians also meaningful to consumers? What  
18 information will be meaningful to consumers? We saw some  
19 of that this morning presented. Can a national  
20 infrastructure be created and maintained that identifies  
21 valid evidence-based on standardized measures applicable  
22 to all hospitals?

23 In addition to these big picture questions,  
24 there are a number of systems and political issues that  
25 need to be resolved if the quality initiative is to

1           become a permanent and widespread program.

2                       Improvements in information technology are  
3           essential for hospitals to improve data about a growing  
4           number of medical conditions.

5                       Bar-coding medications, as proposed by the Food  
6           and Drug Administration, will go a long way towards  
7           reducing medical errors, especially if unit dose packages  
8           are included.

9                       Computerized physician order entry holds great  
10          hope in reducing medication errors and improving patient  
11          care, especially when integrated with other clinical  
12          databases. However, a range of issues prevents CPOE's  
13          broader implementations immediately. Widespread, off-  
14          the-shelf software for CPOE is just beginning to be  
15          developed, and there are significant costs and training  
16          requirements. And, as in almost all issues regarding  
17          hospital care, the key to successful CPOE implementation  
18          is ultimately physician compliance.

19                      Finally, for hospitals to implement widespread  
20          quality reporting, it will become essential to be able to  
21          extract data from electronic medical records rather than  
22          from paper. The increasing burden on clinical staff time  
23          to collect and report data will not be sustainable  
24          otherwise.

25                      The definition of good quality measure, another

1 challenge to building a national framework, is defining  
2 what constitutes a good quality measure.

3 We believe that good quality measure must be  
4 based on widely accepted evidence that the practice  
5 improves quality, that it is feasible to collect while  
6 still allowing hospitals to fulfill their primary mission  
7 of providing patient care, and that it is meaningful to  
8 users, both clinicians and consumers.

9 Finally, a good measure must be one that all  
10 hospitals can implement, so that it can be adopted  
11 universally and compared between institutions.

12 When evaluating against these criteria, many  
13 worthy ideas are just that. They do not rise to the  
14 level of becoming a standard for hospitals.

15 Examples of such efforts include the use of  
16 hospital intensivists and nurse staffing ratios. Neither  
17 is based on adequate evidence, nor can they be  
18 implemented by all hospitals.

19 Although not a measure of clinical care,  
20 patient satisfaction or experience while hospitalized is  
21 believed to be related to hospital quality and,  
22 therefore, should be included in any public reporting on  
23 hospital performance. AHRQ and CMS have developed a  
24 draft survey instrument designed to measure patients'  
25 perception of their care that will be tested during 2003

1 in three states.

2 CMS indicates that it will require all  
3 hospitals to conduct such surveys once the survey  
4 instrument is finalized.

5 CMS also will ask hospitals to publicly  
6 disclose their results on the previously mentioned  
7 government web-sites.

8 The Federation supports the concept of  
9 measuring patient satisfaction with their hospital stays.  
10 In fact, most Federation members and most hospitals  
11 routinely conduct such surveys.

12 However, several issues need to be resolved  
13 before the Federation can support this kind of proposal,  
14 particularly if it is mandatory.

15 The survey tool must be designed to provide  
16 consumers useful information that has a demonstrated link  
17 to quality. Also, this survey should not repeat or  
18 duplicate current hospital survey efforts.

19 Given all of the competing demands for hospital  
20 quality information, hospitals simply cannot afford to  
21 take an additional cost of a redundant survey that does  
22 not lead to quality improvement in hospital services, as  
23 well as hospital care.

24 As I have indicated earlier, many different  
25 types of organizations, both public and private, have

1 begun hospital quality reporting initiatives. We  
2 strongly believe that these fragmented and disjointed  
3 efforts must be united under a common and standardized  
4 infrastructure so that consumers can have access to  
5 common information that applies to all hospitals.

6 Achieving this level of cooperation across so  
7 many players will not be easy. However, we believe that  
8 the greater good warrants that leaders of all stakeholder  
9 organizations support a single common approach.

10 The three hospital associations I mentioned --  
11 AHA, the Federation, and AAMC -- along with CMS, AHRQ,  
12 JCAHO, and NQF, have worked together to begin this  
13 process. The Federation seeks to continue this  
14 collective effort, and we encourage others to join and  
15 strengthen our initiative rather than begin their own  
16 efforts.

17 We hope that this general effort of collecting  
18 information will both serve the clinician and,  
19 ultimately, serve the consumer in giving information that  
20 can be compared across hospitals. And so, we're very  
21 hopeful that the initiative that will begin this summer  
22 will bear fruit and hopefully rationalize the system that  
23 is, in a sense, developing today on measures and other  
24 kinds of quality assessment of hospitals.

25 Thank you.

1 (Applause.)

2 MR. BYE: Thanks.

3 Professor Sage is our final speaker this  
4 morning.

5 MR. SAGE: Thanks, Matthew.

6 When I arrived here this morning, I was told --  
7 and I quote -- that I would be batting clean-up. I  
8 discover, instead, that I'm hitting ninth, and there's a  
9 difference.

10 My topic today is why competition law matters  
11 to health care quality, and I'll focus mainly on what  
12 courts have done in antitrust cases over the last 20  
13 years. My conclusions derive mainly from work that I've  
14 done with Professor Peter Hammer at Michigan, with  
15 Professor David Hyman at Maryland, and Professor Warren  
16 Greenberg at George Washington University.

17 Competition law has long been the forgotten  
18 stepchild of health care quality. Two recent IOM reports  
19 emphasize the point. Quality, framed dramatically as  
20 safety, burst onto the agenda in 1999 with the public of  
21 To Err Is Human and the IOM's subsequent report, Crossing  
22 the Quality Chasm, emphasize the importance of economic  
23 incentives and market forces in preventing errors and  
24 improving quality.

25 Amazingly, the IOM reports did not mention

1 competition law.

2           However, it's only a slight exaggeration to  
3 view antitrust law as the engine that powered the  
4 emergence of a competitive market in health care.

5           One way that competition law engaged with  
6 health care quality in antitrust law's early years was by  
7 opening the door to alternative practitioners and forms  
8 of practice. The initial salvos in the legal battle for  
9 health care competition focused on supply side  
10 competition.

11           After consolidating its political power during  
12 the early 20th century, organized medicine waged no holds  
13 barred campaigns to ward off outside challenges to the  
14 autonomy of physicians and their monopoly on licensure.  
15 One target was prepaid group practice. Another was  
16 chiropractors.

17           Cases successfully challenging these activities  
18 constituted antitrust law's first forays into health care  
19 quality and notified physicians that the right of  
20 professionals to practice the healing arts was to be  
21 determined through legitimate political or regulatory  
22 processes and not economic vigilantism disguised as  
23 patient protection.

24           A second way that competition law got involved  
25 in quality was to overcome quality as a trump card.

1 Before the mid-1970's, physicians invoked quality with  
2 impunity to excuse anti-competitive conduct. Physicians  
3 asserted that the lay public could not reliably  
4 distinguish appropriate from substandard services, and  
5 many commentators believed there was a learned  
6 professions exception to the antitrust laws.

7 The Supreme Court dispelled this impression in  
8 Goldfarb versus Virginia State Bar, and other cases  
9 confirmed and extended the reasoning.

10 In Indiana Federation of Dentists, the  
11 defendants collectively refused to provide dental x-rays  
12 to insurers who sought to verify the need for treatment,  
13 arguing that patients' welfare was improved when  
14 treatment decisions were left to professional discretion.  
15 The Supreme Court flatly rejected the claim, reasoning  
16 that it amounted to nothing less than a fronted assault  
17 on the basic policy of the Sherman Act.

18 Another thing antitrust law accomplished was to  
19 improve access and quality by generating price  
20 competition. Policy analysts are used to thinking of a  
21 three-legged stool of health care resting on separate and  
22 distinct components of cost, quality, and access, but  
23 these legs are interconnected, and lower cost can itself  
24 enhance quality.

25 Competition law prevents providers from



1 collectively increasing prices above their competitive  
2 levels or blocking the development of cheaper forms of  
3 health care delivery.

4 So, what has competition law accomplished with  
5 respect to quality?

6 Well, in the last 28 years since Goldfarb,  
7 thousands of antitrust suits involving the professions  
8 have been filed, most initiated by private parties rather  
9 than the Federal Government. Litigation frequently  
10 touched on quality, but quality was seldom a central  
11 concern of the parties or the courts.

12 Four themes emerge from close analysis of the  
13 case law. First, courts failed to develop specific  
14 theories of quality but, instead, followed standard  
15 economic assumptions that quality would improve in tandem  
16 with price as the medical profession's competitive  
17 strangle-hold was broken.

18 Second, courts began to identify quality with  
19 consumers' preferences, as well as professional  
20 standards. Because competition law is explicitly based  
21 on a model of consumer sovereignty, it encourages  
22 consumers to treat health care like any other market in  
23 which they insist on value for money and on the  
24 information necessary to make buying decisions.

25 Third, courts started to look beyond physicians

1 to other components of the health care system with the  
2 power to define and influence quality through competitive  
3 interaction.

4 Fourth, courts began to reassess their attitude  
5 toward quality-oriented self-regulation by the medical  
6 profession.

7 While maintaining the position developed in  
8 Goldfarb and Indiana Federation that consumer welfare  
9 must ultimately be defined by consumers, competition law  
10 is becoming more open to collective action by health  
11 professionals, as long as it is designed to remedy  
12 specific market failures.

13 Let me emphasize a few specific points. First,  
14 competition law has empowered hospitals to define  
15 quality. Perhaps the clearest effect of competition law  
16 on quality was to allow the hospital to escape its image  
17 as a doctors' workshop and to establish itself as an  
18 independent clinical and economic actor.

19 Impelled primarily by Medicare cost  
20 containment, hospitals began to assert control over  
21 clinician staffing of certain departments through  
22 exclusive contracts with physician groups.

23 Physicians who lost their affiliations often  
24 sued, claiming competitive injury. For the most part,  
25 courts were unsympathetic to physicians' complaints,

1 holding that the hospitals' competitive interests in  
2 reducing costs and assuring quality entitled it to limit  
3 physicians' access. In other words, antitrust courts  
4 effectively analogized hospitals to producers and  
5 physicians to retailers of hospital services.

6 Drawing on experience in other industries where  
7 distributors challenged restrictions imposed by  
8 manufacturers, competition law concluded that, in part  
9 for quality reasons, inter-brand competition between  
10 hospitals for patients was more beneficial to consumers  
11 than was intra-brand competition between doctors working  
12 in a single hospital.

13 Antitrust law also preserved professional peer  
14 review, and courts were similarly inhospitable to the  
15 large number of claims brought by physicians whose  
16 hospital privileges were restricted after peer review.

17 Now, Congress immunized bona fide peer review  
18 by passing HCQI in 1986, but even without that statute,  
19 judges had very little difficulty distinguishing  
20 physicians' economic interests from their professional  
21 commitments to quality.

22 In one respect, I would point out staff  
23 privileges cases have had problematic effects on the  
24 legal analysis of quality-based competition. Although  
25 traditional peer review was protected, courts began using

1 quality to remove conduct from the purview of competition  
2 law rather than factor in quality into an overall  
3 competitive mix.

4 Courts also managed to assert choice as a  
5 competitive consideration. The FTC successfully  
6 challenged professional opposition to new forms of health  
7 care delivery and financing, such as HMO's, non-physician  
8 practitioners, hospital-sponsored clinics, and out-of-  
9 town brand name providers.

10 Among the few victories won by private  
11 plaintiffs in staff privileges litigation were cases  
12 involving demonstrably different styles of medical  
13 practice that would otherwise be unavailable to patients.

14 Overall, I think, courts have been much quicker  
15 to grasp the competitive importance of assuring consumers  
16 a range of health care products and services than they  
17 have been to examine the direct effects of provider  
18 conduct on clinical processes or clinical outcomes.

19 Now, courts may feel more comfortable judging  
20 dimensions of quality that do not require technical  
21 knowledge, but the recognition that consumers'  
22 definitions of quality are broader than those of  
23 professionals was itself a critical insight.

24 On the flip side, courts managed to limit  
25 choice to its competitive meaning and not simply reject

1 certain conduct by regarding choice as an absolute  
2 constraint on marketplace behavior.

3 Courts hearing a health care dispute never  
4 wavered from the view that antitrust law protects the  
5 competitive process and not individual competitors.

6 Two observations flow from this approach.  
7 First, competition law helped the health care system  
8 distance itself from physicians' traditional argument  
9 that free choice by patient of physician and physician of  
10 patient was essential to quality. Instead, courts  
11 embraced the idea that choice matters to quality only  
12 insofar as consumers value it. This approach is evident  
13 in a series of antitrust cases challenging health  
14 insurers that contracted selectively with providers.  
15 Limiting choice of physician to enable choice among forms  
16 of insurance was considered quality enhancing and, thus  
17 pro-competitive.

18 Second, by assessing limits on choices, they  
19 affect entire markets, not individual patient-physician  
20 relationships. Competition law raises the possibility of  
21 defining quality in population-based terms in future  
22 cases.

23 A fifth point is that competition law empowered  
24 purchasers to define quality.

25 A consequence of competition law's commitment

1 to consumers has been its willingness to accommodate the  
2 preferences of health insurers acting as purchasers  
3 rather than those of physicians and hospitals acting as  
4 health care sellers.

5 In health care, the historical overhang of  
6 guild protective behavior by physicians led courts to  
7 look elsewhere for patients' economic agents, indirectly  
8 empowering insurers and employers to articulate  
9 competitive preferences for price and quality.

10 Although competition law imposes some  
11 restrictions on very large purchasers, the fact that  
12 consumer welfare is the touchstone for competitive  
13 analysis implies that buyer-initiated changes are  
14 generally encouraged.

15 Sixth, courts encouraged disclosure and  
16 prevented deception. Information, as we've heard this  
17 morning, occupies a special place in the evolution of  
18 health care competition law.

19 Long before mandatory disclosure requirements  
20 and consumer report cards, courts struck down efforts by  
21 professional associations to limit the collection and  
22 dissemination of such information.

23 An important early case was brought by the FTC  
24 against the AMA and resulted in the AMA's being enjoined  
25 from enforcing ethical restrictions on advertising.

1 Subsequent cases followed a similar pattern, and private  
2 plaintiffs alleging informational harm enjoy a much  
3 higher success rate than those who bring any other type  
4 of private health care antitrust claim.

5 Now, of course, accurate abundant information  
6 is an important element of quality-based competition,  
7 because it enables consumers to define and exercise their  
8 preferences along many dimensions of quality.

9 The biggest challenge for courts, evident in  
10 the California Dental decision, has been to balance the  
11 pro-competitive effects of accurate information against  
12 the anticompetitive effects of false or misleading  
13 information. Now, some commentators view California  
14 Dental as a resurrection of a footnote to Goldfarb,  
15 preserving anti-competitive prerogatives for the learned  
16 professions. However, the case can be interpreted simply  
17 as requiring lower courts to carefully evaluate  
18 professional self-regulation based on its actual effects  
19 in the marketplace.

20 So let me conclude by suggesting a few ways --  
21 a few things that competition law perhaps should do next  
22 with respect to quality.

23 As I have said, competition law has  
24 successfully defended price competition in health care,  
25 and courts have made some progress incorporating quality

1 as a competitive dimension directly. However, the recent  
2 rapid conversion of the health care system to market  
3 governance places, I think, greater demands on  
4 competition law. For market processes to result in the  
5 appropriate mix of cost, quality, and output, competition  
6 law must be pro-active. In other words, quality must be  
7 fully factored into the competitive mix, allowing  
8 consumers to weigh both price and non-price  
9 characteristics of health care. Courts have had few  
10 guideposts for this endeavor.

11 Developing an effective analytic framework  
12 requires reconciling opposite notions of quality.  
13 Competition law treats quality as one attribute of a good  
14 or service which must be traded off against price and  
15 other attributes, while the medical profession has  
16 historically regarding quality as a irreducible minimum  
17 to be determined by physicians without reference to cost.

18 The rise and subsequent decline of managed care  
19 has not eliminated this conflict, but it has changed the  
20 landscape in important ways.

21 First, managed care has sensitized judges to  
22 trade-off's between price and quality. Indiana  
23 Federation was written as if the primary reason for  
24 utilization review was the elimination of waste. A judge  
25 familiar with managed care would be more likely to



1 perceive the review procedures as enforcing a price-  
2 quality trade-off.

3 Second, the battle between managed care and  
4 pharmaceutical companies, played out in the market  
5 through pharmacy benefit management and direct-to-  
6 consumer drug advertising, has highlighted the importance  
7 of non-physicians in the health-care system.

8 Third, managed care has increased judicial  
9 skepticism regarding the motives of insurance companies  
10 that claim to be agents of consumers. Courts may well  
11 have become more willing to accept the medical profession  
12 and nonprofit hospitals as patient representatives.

13 Fourth, the bottom-line orientation of some  
14 managed care plans has forced the question of whether a  
15 market model is compatible with traditional social  
16 objectives in medicine such as compassion, charity, and  
17 trust.

18 The first thing that courts -- that competition  
19 should do in the future is to treat all quality claims as  
20 empirical issues. Courts have historically regarded --  
21 relied on presumptions and burdens of proof to handle  
22 health care antitrust claims.

23 As noted previously, California Dental requires  
24 judges to decide quality cases based on objective  
25 empirical evidence. Unfortunately, statistical analysis

1 of quality is, as yet, virtually invisible in antitrust  
2 litigation. For example, the well-established  
3 relationship between hospital volume and quality has yet  
4 to be reflected in legal analysis.

5 A second thing competition law should do is  
6 preserve technological innovation at the patent-antitrust  
7 interface. Legal protection of innovation depends on a  
8 complex interaction between patent law and antitrust law,  
9 the former granting a conditional monopoly as an  
10 incentive to future inventors, the latter attempting to  
11 confine the monopoly narrowly to benefit current  
12 consumers. These factors make it particularly important  
13 for the FTC and DOJ to make pharmaceutical and medical  
14 innovation cases an enforcement priority, as, indeed,  
15 they have done in recent years.

16 A third thing competition law can do is to  
17 foster organizational and informational improvement. The  
18 IOM's two reports repeatedly emphasize the adverse  
19 quality implications of a fragmented health-care delivery  
20 system. Competition law can help to address this  
21 problem, because it encourages providers to integrate  
22 clinically and economically.

23 More generally, direct economic incentives for  
24 providers to improve clinical processes are insufficient.  
25 This public good aspect of health-care production

1 suggests that competition policy should look favorably on  
2 collective strategies for knowledge generation, figuring  
3 out the right thing to do, and knowledge dissemination,  
4 getting people to do it. The FTC and DOJ have taken a  
5 step in this direction by concluding that providers who  
6 integrate clinically by developing clinical guidelines or  
7 shared information systems may qualify for antitrust  
8 protection.

9 A fourth item on the future agenda is to  
10 address risk selection and insurance issues. A more  
11 detailed examination of insurance risk may be necessary  
12 if competition policy is to promote clinical quality and  
13 efficient price-quality trade-off's.

14 As a general matter, competition policy is  
15 agnostic to the axis along with competition occurs and  
16 simply defers to market preferences, but health insurance  
17 bears an uneasy relationship to both competition and  
18 quality. Insured patients may be insensitive to the  
19 price of health care services, leading them to select  
20 services of high apparent quality but low cost-  
21 effectiveness. On the other hand, competition in  
22 insurance markets may be more vigorous in attracting  
23 people at low risk than in promotion efficiency in health  
24 care delivery.

25 A fifth agenda item is to protect consumers

1 directly. Health care competition policy is emphasized  
2 antitrust, leaving consumer protection enforcers to focus  
3 on out-and-out fraud such as cancer cures, miracle  
4 weight-loss products, and the like.

5 Consumer protection in health care more  
6 generally is an unexplored frontier. For example, new  
7 but unproven medical treatments that are not subject to  
8 FDA regulation or human subjects research controls may be  
9 appropriate subjects for consumer protection enforcement  
10 if they are marketed inappropriately.

11 A sixth item on the agenda is to assimilate  
12 public purchasing. Public dollars make up about 45  
13 percent of the 1.3 trillion that the U.S. spends annually  
14 on health care. Public purchasing distorts prices, over-  
15 builds capacity, and skews the development and  
16 dissemination of technology. Competition law has largely  
17 ignored this reality and indulged the belief that U.S.  
18 health care is a private system governed by private  
19 competition. In the future, close attention should be  
20 paid to the government as both a source of and a remedy  
21 for private market failure. For example, competition  
22 policy could influence the use of government purchasing  
23 power to develop and implement market-oriented solutions  
24 to quality problems such as standardized consumer  
25 information.

1                   Finally, Congress, the enforcement agencies,  
2                   and the courts must also decide whether and how  
3                   consideration such as charity, access for the uninsured,  
4                   and therapeutic trust between patients and providers,  
5                   atypical subjects for economic analysis, should be  
6                   incorporated into competition policy.

7                   These issues have surfaced primarily in  
8                   challenges to nonprofit hospital mergers, perhaps  
9                   explaining some unexpected results in those cases.

10                   In *FTC vs. Butterworth Health Corporation*, for  
11                   example, the District Court dismissed the concerns of  
12                   paying customers, managed care organizations, because  
13                   they purchased care selectively for their own enrollees.  
14                   Instead, the court looked to the interests of  
15                   hypothetical consumers, including people who could not  
16                   afford medical care but, nonetheless, needed it.

17                   In addition, courts may misperceive antitrust  
18                   claims involving hospital mergers as calling into  
19                   question the overall trustworthiness of major community  
20                   institutions. The goal of a hospital merger case is to  
21                   prevent the acquisition of market power that will be  
22                   exploited economically. However, nonprofit health  
23                   facilities are widely presumed to be acting in the public  
24                   interest, and this expectation is an important part of  
25                   the reason for according them nonprofit status in the

1 first instance.

2 In Butterworth, for example, the court assumed  
3 that increased revenue to the merged hospital would be  
4 spent by the board of trustees on improving quality and  
5 helping the uninsured.

6 Similar judicial instincts may come into play  
7 in the recently-filed antitrust challenge to the National  
8 Residents Matching Program, which confronts courts with  
9 the uneasy possibility that overturning collective  
10 restrictions on salaries for medical trainees will  
11 increase operating costs and reduce access to services at  
12 teaching hospitals. Competition policy must grapple more  
13 explicitly with these beliefs and effects, if only to  
14 avoid leaving them to the ad hoc impulses of Federal  
15 district court judges.

16 Thank you.

17 (Applause.)

18 MR. BYE: I'd like to thank all our panelists  
19 for their excellent presentations this morning and note  
20 that we'll start back at 2 p.m.

21 Thank you.

22 (Applause.)

23 (Whereupon, a luncheon recess was taken.)

24

25

## 1 A F T E R N O O N S E S S I O N

2 MR. BYE: Good afternoon, and welcome back to  
3 the Federal Trade Commission and Department of Justice  
4 hearings on health care and competition law and policy.  
5 My name is Matthew Bye.

6 In this afternoon's session, we'll continue to  
7 explore issues on the provision of quality information in  
8 relation to hospitals.

9 We are fortunate to have eight expert panelists  
10 with us this afternoon. I'll briefly introduce each of  
11 the panelists in the order that they will give their  
12 presentations. The panelists' complete biographies are  
13 available in the hand-outs. Following the presentations,  
14 we will move to a very brief panel discussion.

15 We are waiting for one more panelist, but he  
16 will come in a bit later this afternoon.

17 Irene Fraser directs the Center for  
18 Organization and Delivery Studies of the Agency for  
19 Healthcare Research and Quality.

20 Stuart Guterman directs the Office of Research,  
21 Development, and Information at the Center for Medicare  
22 and Medicaid Services.

23 Suzanne Delbanco is the executive director of  
24 the Leapfrog Group.

25 Nancy Foster is the senior associate director

1 for health policy at the American Hospital Association.

2 Woodrow Myers is the executive vice president  
3 and chief medical officer at WellPoint Health Networks.

4 Anthony Tirone is the director of Federal  
5 relations at the Joint Commission on Accreditation of  
6 Healthcare Organizations.

7 Arnold Milstein is the medical director at the  
8 Pacific Business Group on Health.

9 We have an additional panelist who wasn't  
10 mentioned on the hand-out's, and that is Cathy Stoddard,  
11 who is a registered nurse at District 1199P at the  
12 Allegheny General Hospital and is representing the  
13 Service Employees International Union.

14 I might ask the panelists to relocate to the  
15 audience, because we'll be giving presentations for the  
16 first almost two-and-a-half hours, and it might be easier  
17 for you to watch PowerPoints if you're seated in the  
18 audience, and also ask Irene to commence.

19 MS. FRASER: Well, good afternoon.

20 I would like to do several things this  
21 afternoon. One is to identify the role of our agency,  
22 the Agency for Healthcare Research and Quality. Our role  
23 in quality, to talk about four interrelated quality  
24 initiatives at AHRQ -- there are many others, but these  
25 are the four I am going to be talking about today -- and



1 then to get some input from you on some future steps and  
2 ways that we might work with the various organizations  
3 that are represented here.

4 There's been, of course, a great deal of press  
5 coverage and a great deal of concern about quality in the  
6 media and in the American public in the last several  
7 years, and this is tied very much to concerns about cost,  
8 as well.

9 For those of you in the back who can't read the  
10 caption there, he's saying to the patient, "If you're  
11 wondering why your bill has that additional charge of  
12 \$22,000, it's because Dr. Cromborg lost his Rolex watch  
13 somewhere inside you."

14 So, the concerns about quality lead to three  
15 different but interrelated questions. The first is how  
16 good is care in the United States or at any particular  
17 geographical level one might look at?

18 A second question is how can I improve care?  
19 And that's a question that's asked by people that are  
20 looking not to tracking, per se, but to internal quality  
21 improvement, whether that be within a hospital or within  
22 a health plan, within a clinic, et cetera.

23 And then the third question is how can policy  
24 improve care? And that's the kind of question that  
25 organizations like the Federal Trade Commission, state

1 regulatory agencies, Congress ask. What kinds of things  
2 can we do to make sure, from the policy side, that  
3 quality can improve?

4 The answers to all of these kinds of questions  
5 are really quite complex and require a lot of things from  
6 researchers, as well as others.

7 They require good measures, so that we're  
8 measuring the right thing accurately, and there are a lot  
9 of people, many of whom you will be hearing from today,  
10 who are in the business of developing those measures.

11 It also requires populating those measures. It  
12 requires actually having data produced from those  
13 measures. It requires good methodologies for aligning  
14 the data and a good presentation format so that it all  
15 makes sense.

16 You need that for all of the questions, but the  
17 kinds of needs that you have are going to vary, depending  
18 on which question you're asking, and that's something  
19 that's going to come up a couple of times in my  
20 presentation and may be a topic for discussion later.

21 You need -- not only if you really want to  
22 improve care, whether you are a policy maker or a  
23 clinician or even a consumer looking to use your own  
24 market power, it really requires not just data and  
25 measures but information on actually how to act on that

1 in order to improve care.

2 So, you need to know what kinds of clinical  
3 interventions or changes could be helpful, what kinds of  
4 training programs can make people more adept at  
5 implementing some of these changes, and you need to know  
6 how the payment system affects quality. You need better  
7 IT, et cetera, and the role of the consumer can be key,  
8 as well.

9 The role of the Agency for Healthcare Research  
10 and Quality, which is part of the Department of Health  
11 and Human Services, is to conduct and support research  
12 that can be used in endeavors such as the one that we're  
13 describing. To then synthesize and disseminate that  
14 research and then to find ways to actively promote the  
15 implementation of evidence-based approaches, whether that  
16 be from our research or the research of others.

17 So, we like to think of that as kind of a  
18 hierarchy of research. What's important is to have  
19 research that can improve other research, that can  
20 improve the state of knowledge, but we're really -- our  
21 job is not done until that research actually gets put to  
22 use to improve policies and practices and ultimately  
23 health care and outcomes and efficiency.

24 I'm going to give four illustrations of  
25 initiatives that are conducted by the agency in the area

1 of quality but that have either an existing or strong  
2 potential impact on cost and efficiency, as well.

3 The first of these is the National Health Care  
4 Quality Report. Several years ago, Congress mandated  
5 that we produce each year a report on the state of  
6 quality in the country, national trends in the quality of  
7 health care provided to the American people, and 2003 is  
8 now upon us. The end of fiscal year 2003 is, in fact, in  
9 September, and along around September 30th, this is  
10 probably something that you all will be seeing. Our  
11 report will be going to Congress and then made public  
12 shortly thereafter.

13 It has been a very long exciting but strenuous  
14 activity involving a lot of activity with all sorts of  
15 players around the country.

16 One of these players was the Institute of  
17 Medicine, which helped us in providing a conceptual  
18 framework for the report, because of course, the first  
19 question that you have to ask when you're asked to report  
20 on quality is, well, what do you mean by quality, what  
21 kind of quality, for whom, under what kinds of  
22 circumstances, and this conceptual framework has been  
23 very helpful.

24 What the Institute of Medicine, after  
25 consulting with lots of folks, came up with was four

1 particular domains of quality -- effectiveness, safety,  
2 timeliness, and patient-centeredness -- that we are going  
3 to try to populate with data in the national quality  
4 report.

5 There's actually two other dimensions of  
6 quality that will be running through it. The first is  
7 equity, and the second, which I'll talk about a little  
8 bit more later, which is not explicitly running through  
9 here but is sort of a gleam in our eye for the future is  
10 efficiency. The domain of efficiency is not really  
11 explicitly addressed in any great detail in this first  
12 report.

13 So those are kind of the components, the  
14 columns, if you will.

15 In terms of the rows, obviously health care has  
16 a lot of different dimensions, from preventing illness  
17 all the way through end-of-life care, staying healthy,  
18 getting better, living with illness or disability, and  
19 end-of-life care, and it's important as we assess the  
20 quality of health care in the country to make sure that  
21 we are assessing all of those different domains, and so,  
22 that's the overall structure of the report.

23 There's been a massive effort, as I mentioned,  
24 in terms of helping to design the report, a lot of  
25 consultation not only across the department but with

1 many, many other organizations in the private and public  
2 sectors, as well. All in all, there are about 150  
3 measures of all of these different components of quality,  
4 with a whole array of data sources.

5 In this first report, most of the data sources  
6 come from Federal agencies simply because we needed data  
7 that was fairly readily available and available to us and  
8 that was collected on a national scale. Our hope is that  
9 with each report, the proportion of data from other  
10 sources will be increasing.

11 In terms of reporting, we're not thinking about  
12 a single report but really both a web-based and a paper-  
13 based report that takes various forms, depending on the  
14 particular audience, whether that be policy makers,  
15 analysts, or the general public.

16 We see the quality report has having many, many  
17 potential uses, again varying depending on the audience -  
18 - to inform policy makers, to monitor progress over time,  
19 provide some benchmarks for the future, identify some  
20 areas for improvement, and help serve as a catalyst for  
21 action, both in improving quality and improving the  
22 quality of the measures and the data themselves.

23 So, we expect that, with this first national  
24 health care quality report, that we can provide a  
25 baseline nationally; we can provide the overall framework

1 that states and markets and localities can use to drill  
2 down and report some of the same data at the local and  
3 market and state level.

4 Also, it is serving already as a mechanism  
5 through which to unify some of the measurement and  
6 improvement efforts across the department, since we have  
7 had many, many, many meetings across the department in  
8 designing this. It has helped to unify some of those  
9 efforts. And finally, it's a prototype for later  
10 refinements.

11 Greg Meyer, who was the -- formerly the  
12 director of our Center for Quality Improvement and  
13 Patient Safety within the agency, who was leading this  
14 effort, used to say that a main goal for the agency was  
15 for there to be a second report, that this is really a  
16 prototype and we expect to be improving it with each  
17 addition.

18 There are many challenges, several of them that  
19 I think are germane to some of the discussions that you  
20 all have been having here, and actually, yesterday, the  
21 agency and the Federal Trade Commission cosponsored a  
22 small expert meeting to talk about -- right here in this  
23 room, in fact -- to talk about some of the common issues  
24 and research concerns that we had, and some of these  
25 challenges very much came out in those discussions

1 yesterday.

2           The first is moving from national to market-  
3 level data, because it's not enough from a consumer  
4 perspective or even from the perspective of most policy  
5 makers to know the state of quality nationally. What you  
6 want to know is what's the state of quality in your  
7 market.

8           Moving from measurement to improvement -- I  
9 think that's going to be a big impetus as soon as the  
10 first one comes out, and it's certainly one we've been  
11 giving a great deal of thought to, is how you can empower  
12 people that are reading the first report to use that as a  
13 basis for quality improvement. And then, finally,  
14 thinking about adding a cost and efficiency dimension to  
15 future reports.

16           A second initiative that I'm going to mention  
17 to you is the health care cost and utilization project.  
18 This is a state, Federal, private sector partnership  
19 among, now, 34 states, either state data organizations or  
20 state hospital associations, are the major players with  
21 that, and the agency, and basically, what we do in this  
22 initiative is take all of the hospital discharge data in  
23 those states -- so, it's now 34 states of hospital  
24 discharge data -- so, it's from every single hospital,  
25 basically, in those states -- and we put it into a



1 uniform database that can be used for cross-state  
2 analysis and improvement.

3 Because of which states these are, the database  
4 now has 80 percent of all of the hospital discharges in  
5 the country.

6 So it's complete for 34 states, but even if you  
7 look nationally, it's 80 percent, actually soon to be 90  
8 percent of all of the discharges in the country.

9 It also includes web-based products and  
10 software tools.

11 It includes not only clinical data but charge  
12 data, data by payer, et cetera, a capacity to move that  
13 data to the cost level, and it's now going beyond the  
14 inpatient arena to include emergency department and  
15 ambulatory surgery. From this, we put together several  
16 publicly-available databases. The state inpatient  
17 databases, which are basically what we got from the  
18 states but we returned back to the states in a uniform  
19 format, so that you could do a research project looking  
20 at four states or five states and looking at them over  
21 time.

22 The state outpatient databases, which is a  
23 growing set of databases from the ambulatory surgery area  
24 -- I think there's now about 15 states of ambulatory  
25 surgery data and about seven states of emergency

1 department data.

2 From all of this, we also distill a nationwide  
3 inpatient sample, which represents 20 percent of all of  
4 the hospitals in the country, weighted to approximate a  
5 national sample, and so, that can be done for national  
6 studies, and then, more recently, a kids inpatient  
7 database where we extract from all of the children's  
8 discharges in our overall 80 percent that we've  
9 accumulated, so that we can get a richer database just  
10 for children, because children aren't hospitalized as  
11 often, many of their diseases are quite infrequent, so  
12 you need a different kind of sampling methodology to  
13 really be able to speak to the children or to children's  
14 diseases.

15 The strengths of this database are that it  
16 captures all of the hospital stays in a state, which then  
17 means that you can do market-level analyses, which is the  
18 reason I'm bringing it all up in this context.

19 You can do sub-population focus, so that you  
20 can even look at, you know, Hispanics within a given  
21 market, because it's not a survey, it's rich enough, it's  
22 robust enough that you can look at the way -- you can dig  
23 all the way down to those small cells.

24 You can also look at very rare diseases or  
25 procedures. You can look at care for the uninsured, as

1 well as other -- those that are covered by various  
2 payers, and you can link it to others. There's 10 years  
3 of data, so you can also do trend analyses.

4 From this, we have developed a whole variety of  
5 tools -- a clinical classification software, which is a  
6 grouper for doing analyses that combine some of the ICD-9  
7 and ICD-10 codes; some co-morbidity software; quality  
8 indicators, which I will mention in a minute in a little  
9 bit more detail, and then a variety of fact books and  
10 statistics and so forth.

11 Much of the data are up on the web, through  
12 something called HCUPnet, which is really a very easy  
13 point-and-click mechanism through which to get data not  
14 only at the national level but at the state level, as  
15 well.

16 What HCUP -- one of the lessons that we learned  
17 from HCUP is that there are ways, fairly inexpensively,  
18 to get data that can be useful at the market level and  
19 that can be a very high-value effort, and so, if you take  
20 data that providers are already collecting as sort of the  
21 first principle and then partner with the people who  
22 really have it and know it -- in this case, state data  
23 organizations or hospital associations -- turn it quickly  
24 into information and then in a form that the audience  
25 wants it and can use. You can then enable analysis and

1 improvement at various levels all the way down to the  
2 provider level. So we've been trying to apply this  
3 formula to other efforts.

4 I'm going to just very briefly mention four of  
5 these. We have an HIV research network, which is 18 very  
6 large providers of HIV care in the country, and they have  
7 been pooling their data.

8 We are in the process of creating a medical  
9 group practice database that the -- this is an effort  
10 that the MGMA is leading for us in collaboration with  
11 some others -- the integrated delivery system research  
12 network and the market file.

13 I'm going to just say a couple of things about  
14 the integrated delivery system research network.

15 This is a consortium of -- it's actually a  
16 consortium of consortia. It's nine practice-based  
17 research consortia which actually represents managed care  
18 organizations, hospitals, other providers across a  
19 continuum of care in health care markets in all 50  
20 states. They then work with us through task orders doing  
21 usually very quick turn-around studies using, for the  
22 most part, their own data. Most of these are funded by  
23 us, but others are co-funded by other Federal agencies,  
24 as well, and this is just -- gives you a glimpse of just  
25 the phenomenal size and breadth of this network.

1 All together, it covers over 50 million  
2 patients, and it includes all kinds of delivery sites.  
3 It includes the uninsured. It includes Medicare,  
4 Medicaid, demographics, rural, urban, et cetera. So,  
5 almost -- it's a huge database and has a huge research  
6 capacity.

7 The final data piece that I wanted to mention  
8 is still very much kind of a gleam in our eye, but we've  
9 had some feasibility studies done on it and have taken  
10 some of the original steps on it, and this is to create  
11 something that we're calling the market file.

12 The genesis for this is that we've been funding  
13 studies of health care markets for many years, but there  
14 are some severe problems with the data that we've  
15 discovered, not just the data themselves but the use of  
16 the data. Data that can get down to the market level are  
17 quite rare. A lot of -- most of the data that you can  
18 find that has some of the economic and social variables  
19 that you might be interested in are nationwide samples,  
20 but then you can't drill down to the market level.

21 They're drawn just from one provider, whether  
22 that be hospitals or physicians. They're single-purpose.  
23 In many cases, they were created by the people that wrote  
24 the grant application. We give them the money, they buy  
25 the data, then they have the data. If somebody else

1 wants to do a similar study, we've got to pay them to do  
2 it all over again, or someone else does. And they're  
3 inconsistent. Different studies will use different  
4 definitions of markets, different measures, et cetera.

5 So our thinking -- and this is something that  
6 we've had discussions with quite a few folks on and a  
7 feasibility study fairly recently -- is to start with all  
8 of the existing data, HCUP data, other data that are out  
9 there, bring together all of the available data on  
10 markets that exist now, do it in such a way that you can  
11 permit flexible boundaries for defining the market by  
12 what to exclude or include, and the researcher or policy  
13 analyst could make that determination, and provide one-  
14 stop shopping for both policy information and research  
15 data.

16 In some cases, the data files themselves would  
17 be downloadable. In other cases, there would just be a  
18 link to whoever you need to contact to get the permission  
19 to then download them. And there would be some high-  
20 quality documentation of the data, et cetera.

21 So this is something that is still, as I  
22 mentioned, a gleam in our eye. We've taken some of the  
23 preliminary steps, but we certainly welcome input on it.

24 A third thing that I wanted to mention actually  
25 ties back to the HCUP data. In the early 1990's, the

1 HCUP state partners asked us to help find ways to help  
2 them make better use of their data and ours, and what  
3 they asked for was some basic measures of quality that  
4 they could use as screening tools for state-level or  
5 hospital-level quality improvement, and the primary  
6 constraint was that it had to be something that all of  
7 the states -- then I think it was only nine or 12 -- all  
8 of the states could use.

9 So it had to all come from the hospital  
10 discharge data, without any kind of need for linking, and  
11 based on readily available data elements, elements that  
12 all of the states had.

13 We did that actually intramurally in a first  
14 shot way.

15 There was a lot of interest, a lot of use made  
16 of it, but then when it became clear that we were going  
17 to be doing the National Health Care Quality Report, we  
18 decided that we wanted to do a second cut at this, a more  
19 systematic approach that would actually provide some  
20 risk-adjustment mechanisms, et cetera, because it was  
21 expected that we would be using data -- using the quality  
22 indicators in the National Health Care Quality Report,  
23 as, indeed, we have.

24 And so, we let a contract to our Evidence-Based  
25 Practice Center at Stanford UCSF to assess the quality

1 indicators that we had in use at the time and develop  
2 some new ones for use in the National Health Care Quality  
3 Report. And they had a very elaborate and sophisticated  
4 methodology involving a lot of technical experts and  
5 users and an evaluation framework, literature review, et  
6 cetera. I'm not going to go through the whole  
7 methodology, but it was extremely rigorous, and then they  
8 created three different modules of quality indicators.

9 The first are the prevention quality  
10 indicators, which some of you may just know by the term  
11 "ambulatory care sensitive conditions." These are just  
12 things where you take hospital discharge data and it will  
13 tell you how many admissions there were in your area for,  
14 say, pediatric asthma.

15 You know that shouldn't be a very common kind  
16 of admission, that if people were taking -- getting the  
17 right kind of preventive care and had other good health  
18 promotion in the community, there wouldn't be very many  
19 admissions. So, you can use that kind of as a rough  
20 window on the community.

21 A second module comes closer to measuring the  
22 quality actually in the inpatient arena. These are the  
23 inpatient quality indicators. And then, finally, the  
24 latest module, which is a set of patient safety  
25 indicators.



1           National data using both the prevention quality  
2 indicators and the patient safety indicators are in the  
3 National Health Care Quality Report, and our expectation  
4 is that state data will be added later, as well. In  
5 fact, there are some illustrations in there of uses of  
6 state data.

7           The quality indicators have been and we expect  
8 will be used for a whole variety of things, answering  
9 those fundamental three questions that I posed at the  
10 beginning of how good is quality, how can I improve it,  
11 and what are some of the policy issues.

12           It's been used for tracking. It's been used  
13 for research, for quality improvement, and probably most  
14 germane to the Federal Trade Commission, it's also being  
15 used actually in somewhat of an off-label use for quality  
16 reporting.

17           The people that developed them did not develop  
18 them for this purpose, but there are, in fact, two states  
19 -- the Texas Health Care Information Council and the  
20 Niagara Health Quality Coalition in New York -- that are  
21 using them for statewide reporting at the hospital level  
22 of data, and it will be very interesting to see what  
23 impact that has on the market.

24           Some future directions for the quality  
25 indicators are to continue to refine them, particularly

1 in light of their current use for reporting, which was  
2 really not an originally expected use; to expand them in  
3 some new areas, including pediatric; to expand them in  
4 the outpatient arena; and to try to find some expanded  
5 data sets that include some of the -- the richer data  
6 sets in some of the states.

7 The final thing that I'm just going to mention  
8 very briefly is that we do have a body of both intramural  
9 and extramural research on markets and competition and,  
10 in fact, have a program announcement in this area that is  
11 on the streets at the moment.

12 And there are a whole variety of questions  
13 related to competition and markets that are addressed  
14 through that ongoing research and that we have a  
15 continuing interest in seeing in the future related to  
16 the competition itself: the factors leading to  
17 consolidation; and the impact of consolidation both on  
18 quality in general but also on different subsets of  
19 quality, on different patients with different types of  
20 insurance, because it's likely there's market  
21 segmentation going on there, and so, consolidations might  
22 have an impact on one -- a disproportionate impact on one  
23 type of group.

24 Whether or not they lead to clinical  
25 integration -- a question that came up yesterday is when

1       you have a consolidation of -- a merger of two hospitals,  
2       does that -- each doing, you know, 100 CABG's a year --  
3       does that mean that now they're doing 200 CABG's or does  
4       that mean you have two sites each doing 100 CABG's?

5               What's the role of incentives in mediating the  
6       link, financial incentives in mediating the link between  
7       competition and quality?

8               We're doing a good bit of work, along with the  
9       Robert Wood Johnson Foundation, a project called  
10      Rewarding Results that is looking at the issue of  
11      financial incentives, and you may hear more about that  
12      from Suzanne.

13              And then, what is the impact of the report  
14      cards such as the ones that we're seeing in New York and  
15      Texas?

16              So, that's all I have, and here's some web-  
17      sites for further information.

18              Thank you.

19              (Applause.)

20              MR. BYE: Thanks very much, Irene.

21              Stuart Guterman is up next.

22              Also, I'd just like to point out to panelists  
23      that Cecile Kohrs, from our office, is keeping track of  
24      time. So when she waves the two-minute and stop signs,  
25      we would appreciate it if you could conclude.

1 MR. GUTERMAN: Thanks, Matthew.

2 When I was contacted to give this talk, I was  
3 asked to address the issue of consumer information and  
4 quality in hospitals, and that's primarily what I'll  
5 focus on, but I'll stretch the mandate a little bit.

6 Actually, the way CMS is focusing on the use of  
7 information, we really have three users of information  
8 that we're focusing on.

9 Of course, the agency itself as a purchaser has  
10 used information for a long time, although we're  
11 certainly accelerating our use of information and getting  
12 into the payment policy and information and quality  
13 arena. I'll talk a little bit about that at the end.  
14 And we've been trying to find better ways to use  
15 information to enhance the quality of care, and being  
16 collectors of a lot of information, the process of paying  
17 bills. So, we've been focusing on that more and more.

18 The two sort of arenas that we have entered  
19 into much more aggressively recently are providing  
20 information to Medicare beneficiaries or their agents,  
21 because we think that -- and it's certainly the belief of  
22 the administrator, Tom Scully, that it's very important  
23 to have information out there to allow people to make  
24 good decisions in terms of which providers to use, and  
25 I'll review that, as well.

1           And then a third use of information, which  
2 actually is a byproduct of the second, is the providers  
3 themselves, because I think it was well documented in the  
4 State of Pennsylvania that when the State of Pennsylvania  
5 started putting out quality information on hospitals,  
6 that there was actually relatively little use of the  
7 information by consumers of hospital services but a lot  
8 of that information was put to use by the providers  
9 themselves, because no hospital wanted to be at the  
10 bottom of the list when it came to quality.

11           And so, there was a lot of effect of  
12 improvements in quality affected by the availability of  
13 information, because hospitals would look at the  
14 information and hospital administrators would call  
15 physicians and department administrators on the carpet  
16 for looking bad and try to figure out ways to improve  
17 their performance.

18           So, first I'm going to cover CMS's strategies  
19 for improving quality. I'll talk about some of the  
20 efforts we've made to put information out there for  
21 consumers and providers to use, and then I'll talk about  
22 a couple of initiatives that focus particularly on  
23 hospital quality improvement, including one that I can  
24 talk about now because even though the project hasn't  
25 been approved yet, it was the subject of a Wall Street

1 Journal article. So, I'll just cover what was in the  
2 article and won't be violating any policies.

3 This is a chart that we frequently use to sort  
4 of portray -- the main thing here is the bottom line --  
5 to portray the different approaches to improving quality  
6 on the part of the agency. We can support improvements  
7 in provision of care. We can try to promote  
8 collaborations and partnerships.

9 We also -- we recently changed the names of  
10 what used to be called the peer review organizations,  
11 which were created in the early '80s as essentially  
12 utilization review entities and now are called quality  
13 improvement organizations, and it's not just a cosmetic -  
14 - it's not just a name change.

15 The purpose -- these organizations that are  
16 contractors of CMS actually are mandated to work with  
17 providers to explain what they can do better to use data  
18 to identify problem areas and to really improve quality,  
19 rather than just review utilization patterns.

20 We've put a lot of effort into providing  
21 information for consumers and other people who help make  
22 choices for our beneficiaries. We've tried to focus on  
23 coverage and payment that makes sense in order to provide  
24 better care for our beneficiaries. We are entering the  
25 area of rewarding desired performance more along

1 financial lines, and of course, we have a regulatory  
2 role, as well.

3 People complain about the 130,000 pages of  
4 regulations that the Medicare program issues, but many of  
5 those pages are intended to safeguard the Medicare  
6 beneficiaries, as well as the Federal Government, and  
7 it's what happens when you have to run a national  
8 program.

9 This is a graph that actually I've historically  
10 found hard to figure out, but I put it up to show one  
11 main idea in terms of how we view these things, because  
12 there's always an issue when you're trying to enhance  
13 quality whether you're going to reward improvement or  
14 establish thresholds that require a high level of  
15 quality, or the third option, which is the one that we  
16 subscribe to, which is to try to improve quality.

17 So if this red curve in the middle shows sort  
18 of the distribution of performance, what we'd like to do  
19 is get to the yellow curve, which means that we not only  
20 establish standards and try to get people to cluster  
21 around standards but also establish standards that are  
22 higher than the median standard that exists today, as  
23 opposed to merely establishing thresholds, which would  
24 get you something like the green curve, where the  
25 performance would be clustered around the threshold, but

1 the threshold might be lower than you'd want performance  
2 to be.

3 In November 2001, the secretary announced a set  
4 of new quality initiatives, the purpose of which were to  
5 empower consumers to make more informed decisions  
6 regarding their health care and to stimulate and support  
7 providers and clinicians to improve the quality of health  
8 care, and you can see more about what was said there on  
9 our web-site, [cms.hhs.gov/quality](http://cms.hhs.gov/quality).

10 We've begun -- one step in this is to produce  
11 information comparing providers. We started out in 1999  
12 with information that compared health plans in each  
13 market area for beneficiaries. In 2001, we established a  
14 set of comparisons of dialysis facilities for end-stage  
15 renal disease patients, and we're always trying to  
16 improve on those, as well. I just came from a press  
17 briefing where we announced the release of a solicitation  
18 to do a capitation ESRD disease management demonstration  
19 that's intended to bring the benefits of coordinated care  
20 to the SRD population, and it involves collecting data  
21 and holding dialysis providers to quality standards.

22 We recently and very successfully, last year,  
23 issued a set of comparisons for nursing homes. We  
24 publish -- we take out full-page ads in local newspapers.  
25 We have the comparisons on our web-site, and that's



1 turned out very well. People have reacted very  
2 positively to it, including the nursing home industry, at  
3 least most of it, because it sort of provides a more  
4 explicit way of comparing facilities.

5 We've also come up with a comparison of home  
6 health agencies, which we've just put out there, and  
7 we're hoping in about a year to put out a similar set of  
8 information about hospitals.

9 It's interesting that, in most analysis,  
10 hospitals have been the focus -- first focus of analysis,  
11 because generally the data tend to be more easily  
12 available on hospitals than any other kind of provider,  
13 but you'll notice here that hospitals are bringing up the  
14 rear in terms of being able to publish information that  
15 compares quality of hospitals, and not because there's no  
16 data on hospitals -- there certainly is a plethora of  
17 data -- but there's really very little agreement, and  
18 it's very difficult to measure the performance of  
19 hospitals in terms of quality, and we feel we've come a  
20 long way.

21 Those of you have been in this business a while  
22 may remember, in the late '80s, when HCFA put out a set  
23 of hospital mortality data that compared individual  
24 hospitals, and that was the first attempt to really do  
25 this kind of thing, but we think that the state of the

1 science was not at a level where we could pull it off,  
2 and we were forced to use measures that are fairly --  
3 they're very easy to measure, but they're very difficult  
4 to interpret the measure of.

5 So we've worked very hard to focus -- to  
6 develop some more standard measures of hospital quality,  
7 and the way we've done that is actually to do some hard  
8 work with AHRQ and other organizations, the National  
9 Quality Forum, to focus on process-oriented measures. It  
10 turns out process-oriented measures are a lot easier to  
11 rank hospitals on, because they're fairly standard and  
12 they require less risk adjustment, which is really the  
13 issue with things like mortality and other outcome  
14 measures.

15 We've got several initiatives to collect  
16 hospital quality information. There's a three-state  
17 pilot that we have underway where the quality improvement  
18 organizations are working with hospitals in three states  
19 to collect data on a set of measures, process-oriented  
20 measures, that will allow us to investigate the process  
21 of collecting the measures, the process of calculating  
22 them, the ability to post the information publicly, and  
23 then the effects of posting that information, and that's  
24 just getting underway.

25 Part of that three-state pilot will be testing

1 out a -- an instrument that we call HCAHPS.

2 The CAHPS survey has been a mainstay in  
3 evaluating managed care plans for several years now, and  
4 we've -- we're in the process of developing an instrument  
5 that can be used to get at the consumer's experience in  
6 using hospital care, and that's going to be tested out as  
7 part of this three-state pilot, as well.

8 Our objectives here are to provide useful and  
9 valid information to the public, to provide  
10 predictability for hospitals so that they know what the  
11 measures mean that we're publishing. The standardize  
12 data collection mechanisms, which is, to any of you who  
13 have tried it, harder than it sounds. To provide support  
14 to physicians, who, after all, are the ones who admit  
15 patients to hospitals, and other clinicians. And to get  
16 the information to hospitals to be able to improve the  
17 care that they deliver.

18 I'd like to mention for a minute the -- how  
19 important it is that we're focusing -- or the rationale  
20 for focusing on process-oriented measures. For a long  
21 time people who have been talking about quality have  
22 said, well, consumers don't buy health services, they buy  
23 health. Well, it turns out, I think, that that's wrong.  
24 Consumers actually buy health services. They want  
25 health, and they buy the set of health services they

1 think, you know, will provide that health, but it's much  
2 easier -- and more importantly, I guess, purchasers  
3 purchase health services.

4 So, it's much easier to incorporate a set of  
5 process-oriented measures to the purchase of health care  
6 than it is outcomes, because you really don't know what  
7 to pay for a patient who lives 30 days or 60 days or 90  
8 days, but you know that if a hospital provides aspirin to  
9 a heart attack patient on admission, that that is going  
10 to lead to good outcomes.

11 But it's a process that you can measure, and  
12 you pretty well know what you have when you've got that  
13 measure, and I think that's an important shift in sort of  
14 the objective of measuring quality, because when you try  
15 to measure outcomes, it's sort of like saying, you know,  
16 for farmers, well, consumers don't buy food, they buy  
17 life, you know.

18 Well, actually, they buy food, and it's  
19 supposed to provide, you know, the rest, and it's much  
20 easier -- but the difficulty is that if you tell  
21 patients, well, you know, 90 percent of this hospital's  
22 heart attack patients got beta-blockers, it's much more  
23 difficult to explain than to say, well, you know, 95  
24 percent of this hospital's heart attack patients lived  
25 for, you know, 90 days after admission. So, we have to

1 make that -- you know, we have to hook up that connection  
2 to be able to explain this information to consumers.

3 But it's much easier to measure, and it's much  
4 less controversial to discuss and to rank hospitals  
5 according to these measures, because they are more cut-  
6 and-dry, and they are no less associated with what you  
7 want as the end product of the health care system, which  
8 is quality outcomes.

9 Let me go on.

10 The three states in the hospital pilot are  
11 Maryland, New York, and Arizona, and the set of clinical  
12 measures -- we've got three conditions here that we're  
13 focusing on, and these are very specific clinical  
14 measures that we're focusing on, and we're developing a  
15 way to roll up the individual measures under each  
16 condition so that we can come up with a score by  
17 condition, and that will allow us to rank these  
18 hospitals.

19 Rewarding desired performance -- as was  
20 reported in the Wall Street Journal -- we are considering  
21 a project where we will pay for quality, and it would  
22 involve a hospital system that involves about, I think,  
23 about 500 hospitals that submit information that will  
24 allow us to measure quality. They will submit the -- the  
25 deal would be that they'd submit the information to us

1 and that we would calculate the scores and then pay extra  
2 for hospitals that are among the highest scorers among  
3 the participating hospitals.

4 We are told that we ought to pay some attention  
5 to reducing payment for the hospitals that are among the  
6 lower scorers, and that's sort of a catch, because  
7 demonstration projects, unlike the program in general,  
8 are voluntary. Well, the program is voluntary, too, but  
9 you sort of can't say no. And we're trying to work that  
10 out.

11 But the idea here is to provide a defined  
12 financial incentive to be among the highest performers on  
13 a set of very specific measures, and we'll be testing out  
14 how well that works and what kind of quality improvement  
15 we get in that project.

16 So for more information, you can go to our web-  
17 site, and we have information on all of the projects that  
18 have been approved, so the hospital quality payment  
19 project isn't on there yet. Hopefully it will be soon,  
20 when we get the final sort of conditions worked out.

21 And I thank you for inviting me, and feel free  
22 to contact me for more information about any of these  
23 projects. Thanks.

24 (Applause.)

25 MR. BYE: Thanks.

1 Nancy Foster is our next panelist. Suzanne,  
2 sorry.

3 MS. DELBANCO: Good morning, everyone. I'm  
4 going to be pretty brief and just tell you a little bit  
5 about where the Leapfrog Group came from, what our  
6 strategy is, and focus on the point of today's hearing,  
7 which is what our experiences have been like in trying to  
8 gather specific hospital information to share publicly  
9 with consumers and purchasers.

10 The Leapfrog Group consists of about 140 large  
11 private sector and public sector health care purchasing  
12 organizations who collectively buy benefits for about 33  
13 million Americans and spend more than \$57 billion each  
14 year in health care expenditures, and it came together  
15 essentially out of frustration.

16 Health care purchasers were seeing costs rising  
17 out of control, and that was five years ago, not compared  
18 to today, and felt that, as they were learning more and  
19 more about how the quality of care varied, that they had  
20 a sense of feeling that they were not in control of what  
21 they were buying, meaning they were spending more and  
22 more, but what they were buying could be good or bad, but  
23 they weren't differentiating in any way in their  
24 purchasing activities.

25 And so, the founders of Leapfrog got together

1 and tried to figure out how to leap over the gridlock in  
2 the health care system that was preventing us from taking  
3 advantage of the know-how and the technology that we have  
4 today to significantly improve the overall safety,  
5 quality, and value of health care for Americans, and as  
6 they thought about the health care system, while it's  
7 much more complex than just these four elements that I'm  
8 about to describe to you, they realized that every  
9 stakeholder in the health care system was, in part,  
10 responsible for the gridlock.

11 Health care purchasers -- and those were the  
12 group that founded Leapfrog -- were willing to sort of  
13 look in the mirror and say we haven't been buying right.  
14 We keep talking about the importance of quality, but when  
15 it comes down to it, we choose health care based on the  
16 cost.

17 Secondly, health plans, while doing an  
18 incredible amount of activity to improve the quality of  
19 care, often have information about how the providers and  
20 their networks varies but don't share that information  
21 with purchasers or individual consumer members who are  
22 trying to make informed health care decisions.

23 Health care providers, while I believe the vast  
24 overwhelming majority go into health care to make  
25 people's lives better, without seeing a business case for



1 re-engineering the way that care is being provided, it's  
2 very difficult to make anything but small incremental  
3 improvements in quality, because the incentives are  
4 simply not aligned in the health care system to do that.

5 And then lastly but not least importantly, the  
6 consumer, the member, the patient, the enrollee, the  
7 employee, whatever you like to call the individual person  
8 who's seeking health care, really hasn't been engaged,  
9 and I think it's, in part, because we haven't been  
10 providing information to consumers that is meaningful to  
11 each specific patient who has specific needs and is  
12 trying to make some specific decisions at a given point  
13 in time. So, we have a lot of work to do in that area.

14 All of this led to the desire to form a  
15 strategy for overcoming this gridlock, and in early 2000,  
16 the Leapfrog Group was launched, with the support of the  
17 Business Roundtable, with this two-pronged approach.

18 On the one hand, it's about an organized effort  
19 on the part of health care purchasers to start trying to  
20 buy right, to create a business case for health care  
21 providers to re-engineer and vastly improve the quality  
22 of the health care that they're providing, and on the  
23 other hand, it's about activating and engaging health  
24 care consumers to become more informed decision-makers  
25 for themselves, but also, frankly, part of the solution

1 by voting with their feet once they have information that  
2 they can use to make more informed decisions.

3 When our members join Leapfrog, the 140  
4 purchasers I mentioned a minute ago, they are joining a  
5 common commitment to a set of purchasing principles that  
6 are essentially that two-pronged approach that I  
7 described to you.

8 They commit to inform and educate their  
9 employees, they commit to start comparing performance at  
10 the provider level where possible, and they also commit  
11 to start rewarding performance at the provider level.

12 To start, the basis for that information to  
13 consumers, that comparative performance, that rewarding  
14 of providers, focuses on three initial -- what we call  
15 safety leaps.

16 These are three specific practices we recommend  
17 that hospitals adopt to greatly improve the safety of  
18 care that they're providing to patients, and these are  
19 not easy practices to implement. They're not widespread,  
20 by any means, today, but we believe that if they are much  
21 more widespread sooner than they would have been without  
22 us, that patients overall will be much better off.

23 The three leaps are computerized physician  
24 order entry, which is the use of computers to make drug  
25 orders that is linked to error-prevention software to

1 make sure that drug orders are done correctly for  
2 patients who are hospitalized.

3 Secondly, we focus on staffing in the intensive  
4 care unit.

5 When patients are very ill in intensive care,  
6 we have found through the research that if their care is  
7 managed or at least co-managed by a doctor who has  
8 special training in critical care, known as an  
9 intensivist, they're much more likely to survive that ICU  
10 stay.

11 Thirdly, we focus on the idea of evidence-based  
12 referrals.

13 For certain patients who have the need for  
14 select high-risk surgeries or who have certain high-risk  
15 neonatal conditions, if they're referred to hospitals  
16 where we know their outcomes are likely to be better,  
17 that's a good situation for those patients.

18 Now, the question is how do you base those  
19 referrals? On what do you base them?

20 Stuart was talking about the difficulty of  
21 figuring out how to adjust outcomes in a way that fairly  
22 compares the severity of the cases that different  
23 hospitals see. There are process measures we can look  
24 at, and there are also volume measures that we can look  
25 at, which are essentially a structural type of measure

1 that can become the basis for referring patients.

2 We're aiming in all three of these categories,  
3 where we're really focusing right now on structures and  
4 processes, to move as quickly as we can towards outcomes-  
5 oriented information.

6 For example, with the intensivist staffing that  
7 I mentioned in the ICU, we're working with the joint  
8 commission to develop a risk adjustment methodology and  
9 public reporting program so that about a year from now  
10 hospitals can report publicly what their ICU outcomes  
11 look like compared to their peers across the country, and  
12 I can go into more detail about the other steps we're  
13 taking to make these measures more sophisticated if we  
14 have time at the end.

15 So, while Leapfrog is a national movement --  
16 we've got employers with employees in every zip code in  
17 the nation -- we have focused our efforts regionally,  
18 because as all of us know, health care decisions,  
19 business transactions, et cetera, happen largely at the  
20 local level.

21 So we have 22 what we call regional roll-outs,  
22 and these are efforts to take what is nationally a  
23 purchaser-driven initiative and turn it into an effort  
24 that is much more about community-wide collaboration at  
25 the local level.

1           The areas on the map in green are the areas  
2 where we're working regionally. The very bright green  
3 areas are the three regions we just added this year.

4           In these regions, one of the first hallmark  
5 activities that the purchasers organize around is asking  
6 hospitals locally to report to a voluntary on-line survey  
7 that asks them about their progress towards implementing  
8 the three leaps I described.

9           Again, the survey is voluntary, it's on-line,  
10 and all the results that the hospitals report are  
11 publicly shared.

12           You can go to the Leapfrog Group web-site at  
13 [leapfroggroup.org](http://leapfroggroup.org) and see by state the hospitals who have  
14 participated and how much progress they're making towards  
15 implementing these practices.

16           Our experience with this has been very  
17 interesting. When we started, we had absolutely no idea  
18 if hospitals would choose to participate in this  
19 voluntary effort to share information with their  
20 communities, but we've been absolutely thrilled by the  
21 level of participation in many of the regions.

22           Across the 18 regions where we have made a  
23 concerted effort so far to get hospitals to participate,  
24 we've had about 60 percent of hospitals respond, and that  
25 varies tremendously region by region.

1           So, about four of the regions where we're  
2 working -- for example, the Seattle, Tacoma, Everett area  
3 of Washington State -- we've got 100 percent of hospitals  
4 who were invited responding to the survey, but in other  
5 parts of the country, we have far fewer.

6           I'm sure Louise Probst, who spoke on the panel  
7 this morning, probably mentioned that, in St. Louis, for  
8 example, we only have 3 percent of hospitals who were  
9 invited to report to the survey responding.

10          So, we have some work to do, if we maintain our  
11 data collection on a voluntary basis, to try to inspire  
12 more hospitals to share information.

13          In addition to the 18 regions where we've made  
14 a lot of effort to reach out to hospitals, another 250 or  
15 so hospitals have chosen to participate from other parts  
16 of the country, and that may be because we want to share  
17 the progress that they've made, it may be because  
18 employers locally have asked them to, but we're seeing a  
19 growing amount of participation with a total of 810 urban  
20 area acute care general hospitals filling out the survey.

21          Now, you might ask whether or not hospitals who  
22 have made significant progress towards implementing these  
23 leaps are more likely to respond to the survey. That's  
24 true to a certain degree but not entirely true.

25          Among hospitals who have participated, 54

1 percent meet at least one of the standards that we've set  
2 for these practices, but that also means that 46 percent  
3 are willing to participate even if they haven't made big  
4 progress in implementing this processes which today are  
5 still quite rare.

6 We then post the results on our web-site, and  
7 we're now receiving about 200,000 visits each month to  
8 the Leapfrog Group web-site, but let me emphasize for you  
9 that the Leapfrog Group web-site is by no means the only  
10 place where consumers and purchasers and others are  
11 seeing these data. Most of the major national health  
12 plans are now making these data available through  
13 consumer-oriented web-sites. We also have many other  
14 dissemination partners, labor unions, some of the  
15 commercial web vendors, who are making these data  
16 available, as well.

17 And when we report the data, as you can see  
18 here -- this is sort of an example of what the screens  
19 would look like if you were to choose a specific state  
20 and look for hospitals alphabetically.

21 You'll see that the darker the circle is filled  
22 in, the more progress the hospital has made towards  
23 implementing the practice that is being described there,  
24 whether it's computerized drug orders or the intensivist  
25 staffing, and for the evidence-based hospital referrals,

1 this is shortly going to be changed quite drastically.

2 This is focused here just on volume and whether  
3 or not a hospital meets the recommended volume threshold  
4 that Leapfrog has set, but as of next year, because of  
5 some changes we've been able to make to the way that  
6 we're going to describe the basis for referrals, this  
7 will also include some process and outcomes information,  
8 as well.

9 So, to get to the ultimate point here, health  
10 care purchasers who aim to engage their enrollee  
11 populations much more actively in becoming informed  
12 decision-makers and health care purchasers who also aim  
13 to improve the quality of care accessible to their  
14 individual enrollees need information as the basis for  
15 doing either of those activities.

16 The information that we make available publicly  
17 can be used by consumers, again, to make more informed  
18 decisions for themselves and also ultimately to vote with  
19 their feet and reinforce in the marketplace the efforts  
20 that certain providers have made to make sure that  
21 they're providing a superior care that is relevant to a  
22 given patient's needs.

23 On the other hand, providers can also use this  
24 information. Having public information that allows them,  
25 in some cases for the first time, to benchmark their own



1 performance against their peers not only can provide  
2 information to help them improve the quality of care that  
3 they're providing but also obviously can create some  
4 incentives to improve because of that public display of  
5 their performance.

6 Now, there are skeptics out there who believe  
7 that if we make information available to consumers,  
8 they're very unlikely to use it, and in fact, there have  
9 been some polls that suggest this.

10 For example, about six months ago, Harris  
11 Interactive had done a poll to try and figure out what  
12 proportion of Americans had actually seen quality report  
13 cards or various types of quality ratings and found that  
14 even though a sizeable minority -- for example, 25  
15 percent of the adults they polled -- had seen information  
16 rating hospitals, very few of them said that they used it  
17 in actually making a decision.

18 Now, we could say that's because consumers  
19 don't have an appetite for this information or we could  
20 say it's because they don't have access to very much  
21 information at all or very much information that will  
22 actually be meaningful to their specific needs at that  
23 specific moment.

24 And so, one of the points that I'd really like  
25 to underscore today is the need to make information

1 available at the micro level where I, as a patient,  
2 needing a certain procedure done, can not only just  
3 compare one health system to another or one health plan  
4 to another but can ultimately compare an institution's  
5 performance to another and maybe not even just the entire  
6 hospital's performance but looking at a specific unit  
7 within the hospital that is relevant to me and maybe one  
8 day even having information about how effective that  
9 specific treatment is and whether or not it makes sense  
10 to get that treatment at a particular institution.

11 So while we are starting with this voluntary  
12 effort in Leapfrog -- and CMS and many others are doing  
13 other voluntary initiatives -- we have a long way to go  
14 before we can fairly judge whether or not consumers will  
15 actually make use of this information.

16 So I'll just conclude by saying that we believe  
17 that the leap over the gridlock has started. Just alone  
18 looking at how many purchasers have joined onto the  
19 Leapfrog effort -- when we started three years ago, there  
20 were seven; we're now at 140 -- gives me faith that  
21 purchasers are reexamining their role in the health care  
22 system and looking at ways that they can participate in  
23 making more information available and helping themselves,  
24 individual consumers, and even providers make more  
25 informed decisions.

1           We've seen a rapid growth in hospitals sharing  
2 information with their communities vis a vis the Leapfrog  
3 Group survey, and we've just released a new version of  
4 it, and we're hoping to see a lot of participation again  
5 in the second round.

6           We've calculated that, for all the hospitals  
7 that have participated, now about 70 percent of Americans  
8 have access to information about at least one hospital in  
9 their community, if not more, and our members, our 140  
10 members, are essentially creating a massive consumer  
11 education campaign across the country by making these  
12 data available, along with other messages that help put  
13 them in context.

14           We estimate that at least 85 percent of our  
15 members have been actively communicated with their  
16 enrollees over the last year about these issues, and  
17 that's based on a member survey that we're just  
18 completing now.

19           In addition -- and I didn't have time to get  
20 into it today -- our members are slowly but surely taking  
21 on different ways of rewarding hospitals not only for  
22 sharing the information but, of course, also their  
23 performance on the particular measures that we're looking  
24 at, and we're eager to work with multiple partners to  
25 find ways to expand the efforts in these areas.

1 So thank you very much.

2 (Applause.)

3 MR. BYE: Thanks, Suzanne.

4 Nancy, would you like to be the next speaker?

5 MS. FOSTER: Thank you. Thank you, Matthew.

6 Good afternoon, and thank you for allowing me  
7 the opportunity to speak with you today about consumer  
8 information and hospital quality.

9 I'm Nancy Foster, the senior associate director  
10 of health policy at the American Hospital Association,  
11 which represents the nearly 5,000 hospitals, health  
12 systems, and other health care providers in this country.  
13 In this capacity, I provide policy guidance on issues of  
14 health care quality and patient safety.

15 Lest you think I've just recently come to this,  
16 let me tell you that at least half of my 25-year career  
17 in the health care field has been devoted specifically to  
18 the improvement of health care quality.

19 Prior to joining the AHA, I was coordinator of  
20 quality activities for the Agency for Health Care  
21 Research and Quality, where I managed the daily  
22 operations of the Department of Health and Human Services  
23 Patient Safety Task Force and the Quality Inter-Agency  
24 Coordination Task Force, an organization that brought the  
25 Federal agencies together to improve health care quality.

1           Prior to that, I coordinated research on  
2 patient safety and quality, and while at the Naval  
3 Hospital in Yokosuka, Japan, and at Georgetown  
4 University's department of medicine, I planned,  
5 initiated, and conducted quality improvement activities  
6 to improve the practices there.

7           For the past year, on behalf of the AHA, I have  
8 worked with hospital groups, government agencies,  
9 accrediting organizations, consumer groups, and others to  
10 develop and coordinate a national initiative that will  
11 supply useful information to the public about the quality  
12 of care hospitals provide.

13           This is the same initiative that those of you  
14 who were here this morning heard about from Chip Kahn and  
15 that was referred to in Stuart's presentation a little  
16 while ago. It is the initiative that will populate the  
17 hospital compare portion of the medicare.gov web-site  
18 that he referred to.

19           I'd like to begin today by telling you about  
20 the genesis of this ground-breaking, hospital-led  
21 initiative which demonstrates providers' commitment to  
22 sharing information with the public and encouraging  
23 continued quality improvement.

24           Hospital care is the single largest component  
25 of the health care in the United States. We treat 612

1 million outpatients and 109 million emergencies and  
2 perform 27 million surgeries and have delivered more than  
3 4 million babies in 2001 alone.

4 Caring for hundreds of millions of ill and  
5 injured patients is an extraordinary responsibility, and  
6 it is a responsibility that hospitals take very  
7 seriously. Hospitals believe that each and every patient  
8 who enters their door deserves the guarantee of safe,  
9 high-quality care. As such, quality and patient safety  
10 are the cornerstones of every hospital's mission, and  
11 care givers are constantly striving to improve the safety  
12 and care they give.

13 Despite hospitals' efforts to ensure safe,  
14 high-quality care, we all know that mistakes do occur,  
15 and there is both overuse and under-use of some  
16 diagnostic and treatment procedures, as described in the  
17 Institute of Medicine's landmark reports, *To Err is Human*  
18 and *Crossing the Quality Chasm*.

19 Though the exact consequences of missteps in  
20 care are sometimes unknown, any preventable loss of life  
21 is unacceptable and underscores the need for  
22 comprehensive unified approach to quality improvement,  
23 which brings us to the discussion of hospital report  
24 cards.

25 The media attention surrounding medical errors,

1 the advent of the internet and other ways to access  
2 information almost instantaneously, and the influence of  
3 reform-minded baby boomers who have turned their  
4 attention to health care now that their parents and they,  
5 themselves, are making much more use of the health care  
6 system, have led to an overwhelming public demand for  
7 more and better information about hospitals, safety, and  
8 performance. And as a result, there has been a  
9 proliferation of quality measurement activities.

10 Organizations such as the Joint Commission on  
11 Accreditation of Health Care Organizations, states,  
12 hospitals, researchers, insurers, payers, the business  
13 communities, consumer organizations, commercial  
14 enterprises that compile and sell report cards, and the  
15 media have all offered the public different concepts of  
16 quality and different elements of relevant data.

17 A 1994 study by the California Office of  
18 Statewide Health Planning and Development identified two  
19 national published report cards, 30 statewide and  
20 regional report cards, and seven corporate report cards,  
21 and the number of organizations trying to collect and use  
22 quality data since 1994 has really exploded.

23 The type of information contained in report  
24 cards and rating systems varies dramatically, as we heard  
25 this morning. A year 2000 RAND report, Dying to Know:

1 Public Release of Information on Quality of Health Care,  
2 outlined just a few examples of the more than 100  
3 indicators used by different health care report cards.

4 They include overall mortality rates, mortality  
5 rates for specific procedures, cardiac surgery  
6 intervention rates, cervical and breast cancer screening  
7 rates, immunization rates, the provision of post-  
8 hospitalization care for mental illness, checkups for new  
9 mothers, overall patient satisfaction, rates of  
10 complaints against providers, and the numbers of doctors  
11 with particular skills, including communication skills.  
12 Not only does the information differ from rating system  
13 to rating system to rating system, it is collected using  
14 different methodologies, and the validity and the  
15 reliability of the data are highly variable.

16 Providers are confused by the disparate ratings  
17 and rankings. The potential for confusing the public  
18 with incomplete, poorly analyzed, conflicting, and even  
19 misleading information is enormous.

20 This was demonstrated when the three auto  
21 makers -- GM, Chrysler, and Ford -- in the Michigan/Ohio  
22 area individually had been producing report cards to help  
23 their employees choose hospitals and health plans. Each  
24 report card, however, relied on different sets of  
25 performance measures and different databases from which



1 the information was collected.

2 As a result, the same hospital was often ranked  
3 differently from one report card to the next.

4 Since members of the same family often worked  
5 for different auto companies, within the same household  
6 they were receiving conflicting reports about which  
7 hospitals and which plans were better than others.  
8 Recognizing that they were confusing the very people they  
9 were trying to help, the auto makers ultimately decided  
10 to come together and create a unified approach to rating  
11 area providers.

12 Though as I will describe in a moment,  
13 America's hospitals share the goal of most report cards,  
14 which is to provide useful information to the public and  
15 providers, we must realize that achieving this goal is  
16 very difficult.

17 Many bright, well-educated people have tried,  
18 but most efforts have not been embraced by the public  
19 they were intended to inform, as has been reported in  
20 some studies that were referred to earlier today --  
21 Minnemeyer's review of the HCFA mortality data, Mukamel's  
22 assessment of the use of the New York State data, and a  
23 study by Shaufler and Modosky which reviewed the  
24 literature about consumer report cards that had been  
25 published since 1995.

1           The challenges we face in creating meaningful  
2 information -- and by that, I don't mean just data but  
3 real information for the public -- are enormous. Let me  
4 run through a few of them.

5           First, we've heard somewhat today about the  
6 public's inattention to quality information. Despite the  
7 dramatic proliferation of report cards gauging hospital  
8 and health plan performance, there has been negligible  
9 effect on consumers' decisions.

10           As reported in the May 27th issue of the  
11 Journal of the American Medical Association, a survey of  
12 nearly 500 patients who had undergone CABG surgery, or  
13 coronary artery bypass graft surgery, at one of four  
14 hospitals rated in Pennsylvania's consumer guide, only 12  
15 percent were aware of the report card on cardiac surgery  
16 which rated their surgeon or provider, and fewer than 1  
17 percent knew the correct rating of their surgeon or  
18 provider and reported that it had been used to impact  
19 their selection of where they would seek service.

20           The study's authors, Eric Schneider and Arnie  
21 Epstein, concluded that the public values anecdotal  
22 reports from relatives and friends more than the  
23 objective reports from other sources such as the  
24 government and news media.

25           Another issue we must deal with are the

1 competing trusted sources of information that patients do  
2 seem to rely on, as referred to by Schneider and Epstein.  
3 The report cards and rating systems compete against many  
4 other trusted sources of information.

5 According to a 2000 Kaiser Family Foundation  
6 survey of more than 2,000 adults, only 4 percent of the  
7 adults had used information comparing quality of  
8 hospitals to make a decision about hospitals. Yet, 73  
9 percent of those surveyed felt confident that they  
10 already had enough information to make the right decision  
11 the last time they had to choose a hospital.

12 This is perhaps explained by the fact that  
13 people rely more on family and friends and doctor  
14 referrals than on data displaced from third party  
15 resources. Sixty-three percent said their family and  
16 friends would have a lot of influence on their choice of  
17 a hospital, and 64 percent said the same about their  
18 doctor.

19 Compare that with only 12 percent who said that  
20 newspapers or magazines would have a lot of influence on  
21 their choice of provider and only 15 percent who said the  
22 same of government agencies with their quality reports.  
23 In fact, 62 percent said that they would choose a  
24 hospital that their family and friends had used for many  
25 years and in which they had not had any problems over a

1 hospital that is rated higher on one of these reports.

2 A third element that is crucial to the success  
3 of these reports is measuring the right elements.

4 Perhaps the greatest challenge in reporting  
5 quality information to the public is determining what  
6 information to measure and report.

7 Often information that is important to the  
8 public -- say, for instance, the coordination of care or  
9 how particular measures affect any given patient who has  
10 multiple conditions or different aspects of care about  
11 which they are concerned -- would affect them.

12 This information is not currently available.  
13 There are no scientific measures currently at our beck  
14 and call that would enable us to tell people about the  
15 quality of care on these elements. And even when we do  
16 have specific measures, we have to be sure they paint an  
17 accurate picture of hospital quality.

18 We've just heard from Suzanne about the  
19 Leapfrog Group's efforts and what the Leapfrog Group is.  
20 May I remind you that they focus on three safety  
21 practices -- computerized physician order entry,  
22 intensive care unit staffing, and evidence-based  
23 referral.

24 Let me talk a little bit about the ICU  
25 staffing. Though intensivists have been associated with

1 better intensive care outcome, the standard is not an  
2 indicator of broad hospital quality, as the ICU  
3 represents only a small portion of hospital care.  
4 Moreover, the initial definition which the Leapfrog Group  
5 used of an intensivist made it virtually impossible for  
6 most hospitals to meet this standard. Hospitals saw this  
7 as an unrealistic goal and were unwilling to subscribe to  
8 it.

9           The Leapfrog Group also steers members'  
10 employees towards hospitals using computerized physician  
11 order entry. This is well known as an important safety  
12 improving device which can help reduce medication errors,  
13 but it is not the only way to effectively reduce  
14 medication errors, and the goal here is really  
15 understanding how to effectively ensure that the patient  
16 gets the right medication at the right time, not  
17 implementation of CPOE. Furthermore, a recent estimate  
18 of the initial investment of acquiring a CPOE system for  
19 a large hospital was \$7.9 million in the first year. For  
20 those hospitals that are financially strapped, as we  
21 heard this morning, that was not an investment they were  
22 able to make.

23           The Leapfrog Group has refined its list of  
24 patient safety practices, as Suzanne alluded to, in part  
25 based on some recommendations from hospitals, and we

1 would agree that their measures are better as a result of  
2 those refinements, but like Suzanne, we hope to move  
3 forward to get to the place where we're measuring  
4 critical elements of care, critical steps in the process,  
5 and outcome.

6 We also must ensure that the measures used are  
7 true indicators of the care provided and not of other  
8 factors. Mortality rates, as we've already heard today,  
9 if not properly adjusted for the health status of  
10 patients coming into the health care system -- the term  
11 of art being used is risk adjustment -- those mortality  
12 rates will say more about the severity of patients'  
13 conditions than they do about the quality of care  
14 provided. As such, the use of mortality rates can lead  
15 to damaging and unintended consequences.

16 Eric Schneider and Arnie Epstein did another  
17 study in 1996 looking at the influence of cardiac surgery  
18 performance reports on referral practices and access to  
19 care in which they surveyed cardiovascular specialists.  
20 That report suggests that using mortality rates as a  
21 performance indicator deters physicians from operating on  
22 risky or especially ill patients.

23 Physicians and hospitals respond to the  
24 incentives that are in front of them.

25 The physicians surveyed in this study

1           overwhelmingly indicated that the risk adjustment factor  
2           was inadequate, which meant that if they took riskier  
3           patients, they would be penalized in the public report.

4                         And the final challenge that we heard a lot  
5           about this morning from Judy Hibbard and that you will  
6           probably hear more about from Shoshanna Safaer tomorrow  
7           is how to turn data into useful information. We want  
8           information that is meaningful and useful to both the  
9           public and to care givers. Much of the data collected is  
10          on highly clinical measures such as the rate of  
11          assessment of left ventricular dysfunction for heart  
12          failure patients.

13                        What does this information mean to the average  
14          person and how does he or she use it? It would even be  
15          difficult for patients who have cardiac disease to  
16          understand how best to use this information, but for  
17          other patients seeking hospital care, it is impossible to  
18          understand how it might be relevant to them.

19                        In one case -- the other issue is that we have  
20          measures that give competing directions to patients. For  
21          instance, in one case, a hospital may perform well on  
22          surgical outcomes but have a high infection rate. In  
23          another hospital, they may do really well on controlling  
24          their infections but not quite as well on their surgical  
25          outcome. How is a patient supposed to choose which

1 hospital would be best for them?

2 Finally, you heard from Paul Conlon this  
3 morning about the need to make sure that the data is  
4 actionable to the health care providers and from others  
5 today about how to make sure it's actionable to  
6 consumers.

7 Well, let me talk a little bit, again, about  
8 the hospital-led quality initiative, because despite the  
9 significant problems associated with hospital report  
10 cards, hospitals are committed to providing the public  
11 with the information they need to be active partners in  
12 health care decision-making. Even if consumers do not  
13 use quality information as a resource, hospitals'  
14 willingness to be held publicly accountable, to help  
15 strength public trust and confidence in the health care  
16 system, must be recognized.

17 Hospitals also recognize the valuable role data  
18 collection and reporting plays in ensuring continued  
19 improvement in safety and outcomes. By arming care-  
20 givers with evidence-based universally accepted standards  
21 of care, hospitals ensure that patients receive the most  
22 appropriate care no matter where they live or which  
23 hospital they choose.

24 To lead this effort, the AHA last fall  
25 partnered with the Association of American Medical



1 Colleges and the Federation of American Hospitals to  
2 develop a common framework for collecting and publicly  
3 sharing quality measures of patient care in our nation's  
4 hospitals.

5 On December 12th, these hospital groups, with  
6 the strong support of the Department of Health and Human  
7 Services, the Centers for Medicare and Medicaid Services,  
8 the Agency for Health Care Research and Quality, the  
9 Joint Commission on Accreditation of Health Care  
10 Organizations, the National Quality Forum, the AARP, and  
11 the AFL-CIO, announced a national initiative that will  
12 provide the public with meaningful, relevant, and easily  
13 understood information on hospital quality.

14 It will foster hospital and physician efforts  
15 to improve care while streamlining the duplicative and  
16 burdensome hospital reporting requirements now in place.  
17 It will standardize data collection priorities, and it  
18 will provide hospitals with a sense of predictability  
19 about what they are expected to deliver to the public in  
20 terms of information. This landmark public-private  
21 partnership marks an important step forward in developing  
22 predictable, useful, and understandable quality  
23 information about hospital patient care.

24 But how will it work? The initiative begins by  
25 asking hospitals to voluntarily report on the 10 measures

1           that Stuart showed you a little while ago.

2                         These are the same 10 measures that are being  
3           used in the three-state pilot project, which is really a  
4           fertile ground for learning more about how we're going to  
5           improve this effort nationally in order to deliver the  
6           best information to the public.

7                         These measures of heart attack, heart failure,  
8           and pneumonia were carefully selected based on their  
9           scientific validity and near universal acceptance. The  
10          Joint Commission and CMS use these measures already, and  
11          the National Quality Forum endorsed them as part of their  
12          core set for hospitals, meaning they had broad acceptance  
13          among purchasers, consumer organizations, and quality  
14          improvement organizations, as well.

15                        Once data on these measures have been collected  
16          and analyzed by the CMS-approved quality improvement  
17          organization, it will be posted to the CMS web-site,  
18          initially on a site designed for use by health  
19          professionals, which is the [www.cms.gov](http://www.cms.gov). That will  
20          happen this summer.

21                        These data will eventually be turned into real  
22          information for the public based on input not only from  
23          the three state pilot projects but also experts in the  
24          field like Judy Hibbard and Shoshanna Safaer and Carol  
25          Conan and others. They will be migrated to this web-site

1 that is designed for public use in July of 2004.

2 It's important to note that this is a voluntary  
3 initiative, and a mere three weeks after we sent a letter  
4 to hospitals asking them to volunteer, we've already had,  
5 as of yesterday, 410 hospitals choose to pledge to  
6 participate in this initiative.

7 That is augmented by the hospitals that are  
8 already in Maryland, New York, and Arizona, where they  
9 had already committed to participate in the three-state  
10 pilot project, which will be coupled with this  
11 initiative.

12 Though we are pleased with the widespread  
13 support of the quality initiative from hospitals,  
14 accrediting organizations, government agencies, and  
15 quality and consumer groups alike, there are many  
16 challenges ahead. One of the greatest challenges in  
17 implementing the quality initiative will be translating  
18 the highly clinical data collected into information for  
19 the public.

20 Most of the standards currently available were  
21 designed for use by clinicians to lead to better  
22 outcomes. That's why they have been incorporated in  
23 CMS's efforts, which are designed to encourage quality  
24 improvement, the same for the Joint Commission.

25 They were not intended to help the average lay

1 person select a provider. Thus, much effort must be  
2 devoted to determining how best to shape and present this  
3 information in an accessible, user-friendly format before  
4 it is available publicly.

5 In addition to the clinical measures, we are  
6 devoted to including the HCAPS instrument, the survey  
7 data from the HCAPS instrument, which you have already  
8 heard about from other speakers. This is the patient  
9 experience of care survey, which will help us communicate  
10 to patients about the impressions of their family,  
11 friends, and others like them about the care they  
12 received.

13 Let me talk just a little bit -- because I see  
14 I'm out of time -- about the role of competition and  
15 fostering cooperation, and then I will close.

16 Ultimately, the key to quality improvement is  
17 cooperation. Quality improvement can be achieved only if  
18 hospitals work together with the doctors and other  
19 professionals and with each other to share suitable  
20 information about processes, procedures, and outcomes in  
21 an increasingly robust manner.

22 Some hospitals believe that the most effective  
23 method for doing so is through their system of hospitals.  
24 Others, such as those involved in the Northern New  
25 England Cardiovascular Disease Study Group, a regional

1 consortium of hospitals that develops and exchanges  
2 specified information concerning the treatment of  
3 cardiovascular disease, have found that clinical  
4 integration among hospitals and other providers is most  
5 effective.

6 The policies of the antitrust agencies should  
7 encourage hospitals to work together on quality matters  
8 with the greatest confidence that there are no antitrust  
9 or competitive barriers to exchanging suitable quality  
10 information and developing appropriate shared systems or  
11 protocols to implement those measures.

12 Similarly, we must be mindful that competition  
13 can generate some undesirable results. For example,  
14 Baker and colleagues reported in Medical Care in 2000  
15 that in the Cleveland Health Care Quality Choice Program,  
16 which rated hospitals on inpatient mortality, there  
17 seemed to be a result that, as we heard about this  
18 morning from Pat Romano, that there is a significant  
19 decline in in-hospital deaths as a result of the  
20 publication of that data, but it was offset by an  
21 increase in deaths in the 30-day period post-discharge.

22 In other words, hospitals were discharging  
23 patients to home, where they died anyway.

24 At the same time, it is important to be  
25 cognizant of other barriers to cooperation between care

1 providers. To the extent that the antitrust agencies  
2 wish to foster the exchange of quality information among  
3 hospitals, other impediments, such as the onerous  
4 accounting requirements under the HIPPA medical privacy  
5 law must be addressed.

6 In conclusion, let me say that, though there  
7 are many challenges associated with performance  
8 reporting, America's hospitals are committed to providing  
9 patients with the information they need to make  
10 appropriate choices. Our goal also is to give clinicians  
11 the tools they need for decision-making so that patients  
12 do not have to choose a hospital based on quality.

13 The quality initiative is an important step  
14 toward achieving that reality, and the hospitals look  
15 forward to serving as the leaders on this front.

16 Thank you very much for your time.

17 (Applause.)

18 MR. BYE: Thanks, Nancy.

19 Woodrow Myers will give the next presentation.

20 MR. MYERS: Thank you very much. It's a  
21 pleasure to be here this afternoon and talk with you  
22 about quality and consumer information from the  
23 perspective of a health care company that today serves  
24 over 13.5 million members in the United States.

25 I am Woodrow Myers. I am chief medical officer

1 and executive vice president for WellPoint Health  
2 Networks. Our headquarters is in Thousand Oaks,  
3 California, and we serve the patients in all 50 states,  
4 but primarily through the states of California, Missouri,  
5 and Georgia, where we have Blue Cross/Blue Shield of  
6 Missouri, Blue Cross/Blue Shield of Georgia, Blue Cross  
7 of California, and then in many other states under the  
8 brand heading of Unicare.

9 Today, I'd like to just tell you just a bit  
10 very quickly about WellPoint's mission, talk about  
11 quality from our perspective, and then give you some  
12 examples of some programs that we have in place today  
13 that address quality issues, and then I'll make a quick  
14 conclusion.

15 Our mission at WellPoint is to provide health  
16 security by offering a choice of quality branded health  
17 and related financial services designed to meet the  
18 changing expectations of individuals, families, and their  
19 sponsors throughout a lifelong relationship.

20 I run the Health Care Quality Assurance  
21 Division of WellPoint, where we focus on quality to  
22 improve outcomes and promote patient safety, to ensure  
23 that physicians and hospitals follow quality standards to  
24 promote wellness, improve clinical outcomes, increase  
25 member satisfaction, and use technology to enhance

1 communication, and in addition, enhance the quality of  
2 care to our members by identifying and rewarding  
3 physicians who excel.

4 The Quality Assurance Division has a mission  
5 that includes facilitating the success of our business  
6 units and their service to payers and individual members  
7 by the timely recognition of medically necessary health  
8 care services and the elimination of unnecessary, non-  
9 value-added costs.

10 At WellPoint, we treat costs like many of our  
11 physician colleagues treat cholesterol. We look at the  
12 good costs and bad costs like you have good cholesterol  
13 and bad cholesterol, or HDL and LDL cholesterol, and we  
14 want more, obviously, of the HDL or the good costs that  
15 go into preventing disease, that go into helping our  
16 patients to avoid further problems down the road. And we  
17 certainly don't want to continue use the funds  
18 unnecessary for services that are duplicative or don't  
19 add value.

20 We're also very interested in optimizing the  
21 quality of our health care networks in collaboration with  
22 our physician and hospital partners, and ensuring that  
23 patients served by our products receive the information  
24 necessary to make the best decisions for themselves and  
25 their families.



1           We believe both consumers and employers want  
2           quality. They are our primary customers. Employers want  
3           evidence of cost-effective high-quality care. Their  
4           expenditures have gone up a great deal over the past  
5           several years, and they're increasingly concerned about  
6           making certain that those expenditures are targeted so  
7           that they are getting the best value for the money.

8           There is an increased individual focus on  
9           quality because of a number of questions that have been  
10          talked about here today and in prior testimony before the  
11          FTC. One cannot ignore the news reports that have  
12          challenged quality at many of the nation's leading  
13          institutions, and of course, the Duke transplant story  
14          very recently, as well as the Tenant Hospital writing  
15          situation very recently, have put quality on the front  
16          page, have put quality in the first five minutes of the  
17          news broadcast for many of our members, many of the  
18          providers' patients, that have made it a central focus  
19          far more than it has been before.

20          We cannot, of course, ignore the Institute of  
21          Medicine studies that have been referenced earlier and  
22          the studies that are in the hopper both within the  
23          Institute of Medicine and by other agencies as we really  
24          get our arms around this complicated set of issues that  
25          relates to improving the quality of care for members

1 around the country.

2 We also know that the government is  
3 accelerating its response to heightened consumer  
4 concerns. In fact, we've started tracking state  
5 legislation in our company because we see it growing  
6 relatively rapidly around the country. State legislators  
7 are reading the Institute of Medicine reports and are  
8 wondering whether or not there ought to be new laws in  
9 their states related to safety, related to quality, and  
10 certainly there's been a focus in the Congress of the  
11 United States, as well.

12 What is quality from the member perspective?  
13 Well, we, too, believe in efficacy, effectiveness,  
14 appropriateness, availability, timeliness, continuity,  
15 and safety, as has been mentioned by others, but from the  
16 member perspective, it's different than it is, I think,  
17 from the provider perspective in some respects. The  
18 member wants to know did the treatment plan work, how  
19 many visits did it take to reach the right -- does it  
20 take to reach the right plan, how much did my medical  
21 condition improve, is this the best type of care for my  
22 condition, are appointments available in a reasonable  
23 time-frame for initial and follow-up visits? They want  
24 to know are there early intervention options, was there a  
25 delay in treatment, will I see the same doctors when I

1 visit, do all of my physicians exchange my medical  
2 history and test results seamlessly, and will I suffer  
3 adverse reaction or injury from the treatments? These  
4 are all quality-related questions from the member  
5 perspective, and of course, it's difficult for us to get  
6 our arms around each of those and to provide either a  
7 metric or a web-site or a portal into this information  
8 from that individual member's perspective, but I don't  
9 think that the task is unsurmountable, and we are very  
10 much moving in that direction.

11 Hospitals and physicians are in the spotlight.  
12 Consumers increasingly will use quality and data and cost  
13 comparisons to choose their providers.

14 You've heard testimony today regarding some  
15 studies that have shown that, at this moment in time, a  
16 relatively small percentage -- in some efforts, a  
17 relatively small percentage of consumers are using that  
18 data, and I think that's to be expected, because I  
19 believe we're still in the infancy of our ability to  
20 present the data in the right fashion and that people are  
21 just now beginning to want to use it.

22 It's almost, in my mind, like asking, you know,  
23 two months or two years, even, after it was published  
24 whether the April edition of Consumer Reports drives  
25 decision-making with respect to car buying. We all know

1       today that virtually all consumers either go to the  
2       internet or get that edition of Consumer Reports before  
3       they buy a car, but that wasn't the way it was when it  
4       first started, when it first came out. So, clearly, in  
5       our minds, this is going to grow, it's going to improve  
6       over time, and we're not worried about that data today.

7               We know that physician compensation  
8       increasingly is based on quality of care measures as the  
9       industry shifts away from the gatekeeper model, as well.

10              So what is quality from the physician  
11      perspective? Well, it's a little different. Was the  
12      treatment rendered correctly? Did the patient get  
13      better? Is this the best type of care for this patient?  
14      Are physicians available when the patient needs them? Is  
15      care given when it can do the most good? Is there  
16      coordination among physicians? Is there compliance with  
17      infection control and other regulatory activities?

18              And again, it's difficult for us to develop  
19      metrics that go after each of these areas, but  
20      nonetheless, there are good folks that are really trying  
21      hard around the country. We're taking advantage of what  
22      they are doing. We are beginning to incorporate some of  
23      those metrics into our efforts at WellPoint, and I'll  
24      talk a little bit about that as we move forward.

25              Quality measurement at WellPoint is centered

1 around member and patient satisfaction, health outcome  
2 studies, physician and facility comparison ratings,  
3 accreditation and regulatory agency audits and ratings,  
4 and quality indicator metric sets that we have.

5 Physicians are an important ally in our  
6 improvement programs. Our incentive programs, one of  
7 which I'll describe, allows WellPoint to communicate  
8 quality improvement goals to the physicians in our  
9 networks, and we have relatively large networks around  
10 the country. WellPoint has quality incentive programs in  
11 most of our health plans today: in California, in our  
12 HMO and in our PPO; in Georgia, in our HMO; and in  
13 Missouri, in our HMO and in our PPO.

14 Now let me just move quickly to give you an  
15 example of one of the programs that we have for  
16 physicians. This is called PQIP or Physician Quality  
17 Incentive Program, and what you're seeing is the actual  
18 web-site of one of the providers in the program. In this  
19 particular case, the provider is looking at the specialty  
20 of family practice, and he's looking at all counties in  
21 California.

22 We have created this web-based reporting system  
23 on the clinical indicators that you see on the left. We  
24 have now about 13 clinical indicators such that a  
25 physician who has sufficient patients to have enough data

1 to be analyzed by our system can look at his or her  
2 performance vis a vis each of these indicators either  
3 comparing oneself to a specialty area that you are either  
4 in or want to become part of, like family practice,  
5 and/or you can look at the data with respect to all the  
6 counties in the State of California or in a specific  
7 county.

8 We are using the clinical indicators such as  
9 ace inhibitor use in congestive heart failure, long-term  
10 control drugs in asthma, and colo-rectal cancer  
11 screening. Many of these indicators, of course, are  
12 familiar to those of you who understand the NCQA quality  
13 effort in HEDIS, but we're adding them over time.

14 We're working with a company that helps us to  
15 make certain that our methodology is correct and that  
16 gives us some third-party oversight such that we're not  
17 putting these indicators out in a way that doesn't make  
18 good clinical sense, and then what we do is we look at  
19 the individual's performance with respect to his or her  
20 peers.

21 As you can see in this particular graphic, the  
22 10 to 25th percentile is in yellow, 25th or 75th is in  
23 white, and the 75th to 90th is in green, and then if that  
24 person has an indicator available, then the little orange  
25 arrow sort of points to where they are vis a vis those

1 peers. It's updated on a quarterly basis.

2 These data are now available for about 11,000  
3 physicians in our PPO network in the State of California,  
4 and we think it adds value, because we bring something to  
5 the table that it's very difficult for an individual  
6 physician or individual practice to have, and that's a  
7 denominator.

8 Many physicians today actually do have systems  
9 in their office where they can look at some of their own  
10 data, but it's very difficult for them to get access to  
11 data of others to compare their performance, and what we  
12 do for the physicians in our network in California is to  
13 provide that denominator for them.

14 We, in five counties, are now experimenting  
15 with an incentive program connected to these clinical  
16 performance indicators. We are looking at five counties  
17 in the San Francisco Bay area, where about 1,500  
18 physicians are now eligible for a bonus program that's  
19 related to the score that they receive both in the  
20 clinical performance indicators and on other areas such  
21 as tenure and product, access to care, board  
22 certification, administrative cooperation and generic  
23 prescribing, and you can see a scale on the right. The  
24 higher the score, the more the available incentive for  
25 them, and if you do as well as one can do in each of the

1 categories, we've targeted the maximum amount this year  
2 to be \$5,000, and we think that's a good place to start  
3 for our program in the bay area.

4 We are assessing the impact of this program  
5 through the help of the Rewarding Results efforts within  
6 the Robert Wood Johnson Foundation. We've been awarded a  
7 grant and are working with the RAND Corporation to look  
8 at the effectiveness of this particular approach for that  
9 group of physicians, but we are now taking these  
10 indicators, making them available, and now tying them to  
11 an incentive program that's available for our physicians.

12 This just shows by drug class how this  
13 particular individual rates with respect to his or her  
14 peers in the various classes for generic prescribing, and  
15 then we believe that there should be no black box. In  
16 other words, any of the indicators that we have there,  
17 they are freely available to the physician to take a look  
18 at, or his staff or her staff to take a look at, and we  
19 invite discussion. We, in fact, invite argument. If you  
20 think that the indicator is somehow invalid or you think  
21 that you can offer some improvements, please e-mail us,  
22 we'll look at your suggestions, and we'll try to improve  
23 it over time.

24 So we make all the methodology available to the  
25 physician, and here is just an example of the detail



1 that's behind, for instance, the indicator surrounding  
2 mammography screening.

3 So, that is what we're doing in one of our  
4 sites for physicians.

5 Let me turn now to something we're doing for  
6 consumers directly. It's a program that's called CBMO.  
7 It's the name of a company that we're working with to  
8 make this available.

9 It's a web-based, once again, interactive  
10 quality data information tool that offers quality  
11 measurements and comparison that enable our members to  
12 ask better questions, to make more informed choices, and  
13 to gain, we believe, control -- much more control over  
14 their health care decisions.

15 They use a variety of data sources, and the  
16 data sources vary depending upon the data that's  
17 available in a particular geography. They use publicly  
18 available Medicare data, hospital Leapfrog reports, as  
19 has been mentioned earlier, outcome studies, generally  
20 accepted hospital satisfaction surveys, and in  
21 California, there's a data set called OSHPOD, which they  
22 make available to us for the program, as well.

23 This is the welcome page for our Blue Cross of  
24 California members when they go to the CBMO site. You  
25 can see that, in this case, we're looking at cardiac

1 pacemaker surgery. There is, by the way, at the bottom,  
2 information on all the various common diseases that they  
3 can look at. Again, no black box. You get to see what  
4 we think and the methodology that we use. There's a  
5 whole section on preparing for procedure, and I'll come  
6 back to that in a moment.

7 There are on-line medical and encyclopedia  
8 links. So, if you really want to dig into what's going  
9 on in that particular arena, there are some links  
10 available to you to do that.

11 And something else that we think is important.  
12 We allow patients to connect to each other, so we created  
13 community chat rooms for patients with similar conditions  
14 to talk with each other about those conditions.

15 In this particular example, we've selected  
16 mastectomy and breast conserving surgery as the  
17 procedure. One enters one's zip code so that one can  
18 adjust and alter the variables as one looks at choosing a  
19 hospital. In this case, we've chosen 25 miles. This  
20 particular person could have chosen hospitals five miles  
21 from his or her zip code or up to 200 miles from his or  
22 her zip code, and then you can see a number of questions,  
23 and the person can rate each of these questions in terms  
24 of importance to them, the hospital and clinical quality  
25 experience, has this hospital performed a procedure more

1 times than others, has it had fewer patients with  
2 complications, how important is that to you, what's the  
3 public perception of the hospital's reputation, is it an  
4 accredited or certified facility, is it a teaching  
5 hospital, is it primarily for children, how many high-  
6 tech services does it have, does it have an ICU, does it  
7 have a critical care unit for cardiac problems, and you  
8 can decide how important each one of those happens to be.

9 In this example, what we've done is we've seen  
10 the list of hospitals that have come back for the  
11 procedure, mastectomy and breast conserving surgery, and  
12 we have selected, in this example, Cedars Sinai, UCLA  
13 Medical Center, and then -- off the screen -- it was too  
14 far down for us to get a comparison -- we picked St.  
15 John's Hospital, and so, what you can then do is compare  
16 sort of three hospitals side by side and look at each of  
17 the factors by each of the hospitals.

18 Our colleagues from the hospital industry -- I  
19 think they would agree with us that it is not a perfect  
20 approach. However, it is a heck of a lot better than  
21 having no information at all, and we have found that,  
22 when people really use this, they get excited about it.

23 It offers them an opportunity to see  
24 comparisons that they do not find easily available  
25 elsewhere, and it gives them some assurance that the

1 decision they're making is a correct one for themselves  
2 or their family, or it gives them some information that  
3 leads them to ask whether or not other alternatives might  
4 be available, and that's what we want. We want our  
5 members to have the information to make good decisions  
6 for themselves and their families.

7           There's a score that comes out, and we, again,  
8 allow people to sort of drill down into the score, to  
9 really understand as much as they want or as little as  
10 they want about how the methodology was used to create  
11 the score, and at the end, we also offer a little bit of  
12 an indication of the price.

13           We don't actually try to put a number in,  
14 because we know and you know that price and the cost  
15 varies, depending upon all the various issues,  
16 complications, and so on that might happen, but we do  
17 give them an indication of the relative expense of each  
18 of those facilities in our data over a period of time,  
19 and in this example, you can see that we use price tags,  
20 four being the most expensive and one, in general, being  
21 the least expensive.

22           We also help the patient -- and this is one of  
23 the pieces that I think we are most proud of -- we help  
24 the patient make a decision. In this case, we're going  
25 to drill down on Caesarean sections. You put in your zip

1 code, you then click on the questions to ask, and we give  
2 our members a list of the questions that she might want  
3 to ask her physician as she goes in for this usually  
4 elective procedure.

5 I think that's very useful, because as a  
6 physician, I've been in a situation many times where a  
7 patient has come into the office, and you know that  
8 they've got a lot of questions, but sometimes the patient  
9 gets a little frightened or they get what I think we call  
10 that deer in the headlights syndrome. Everything is  
11 churning in their mind, and it doesn't come out of the  
12 mouth in the form of a question, but of course, as soon  
13 as they get home, the questions start to flow, here are  
14 the things that we didn't ask.

15 What we encourage our members to do is take the  
16 list in with you. Pick the three or four most important  
17 questions, and then have that in front of you, and  
18 physicians actually like that, because they know that a  
19 more informed patient is a better patient, and so, I  
20 think think this gives the people that are part of our  
21 Blue Cross networks a good menu from which to choose as  
22 they move forward with the C-section experience and with  
23 all the other procedures that are available. So those  
24 are just two examples of what this health plan is doing  
25 to move forward in this direction.

1           Our conclusions are that consumers are learning  
2 more about health care quality variations and they want  
3 tools to compare and contrast providers. Those of us who  
4 are in the sort of tool generation perfecting industry or  
5 business or research should not, in my view, be  
6 discouraged by some of the studies that have come out  
7 thus far indicating that it's only X percent or Y  
8 percent, because as our tools get better, I am certain, I  
9 am absolutely convinced that they will be used  
10 increasingly by our generation, especially, to make good  
11 decisions.

12           The health care industry is evolving from  
13 delegating quality to the NCQA, URAQ, and other  
14 organizations, which has been the mode thus far to more  
15 direct timely and individual assessments, and I can see a  
16 day, through the leadership of groups like Leapfrog and  
17 others, that we will be making far more direct and  
18 individual assessments in the future and people will have  
19 even more detailed information on which to make  
20 decisions, and very importantly, our provider colleagues  
21 will have information -- will have their own road map on  
22 which they can -- which they can use in terms of  
23 improvement.

24           It cannot be overstated that the value of these  
25 tools is as much for the provider and the physician, the

1 hospital, as it is for the member, because no one wants  
2 to be in that bottom quartile, and virtually any provider  
3 who sees himself or herself in that quartile is going to  
4 try to improve.

5 Lastly, the health care industry should lead  
6 the changes by promoting the use of evidence-based  
7 medicine, sharing data and information for quality  
8 improvement, and then finally aligning financial  
9 incentives to reward clinical best practices and quality  
10 outcomes.

11 Thank you all very much.

12 (Applause.)

13 MR. BYE: Thanks, Woodrow.

14 Anthony Tirone will give the next presentation,  
15 and after that, we'll have a short break.

16 MR. TIRONE: Well, that sets us up nicely. As  
17 soon as I sit down, as soon as I be quiet, we can all go  
18 out and have a break. But that's okay.

19 Good afternoon. I am Anthony Tirone, the  
20 director of federal relations of the Joint Commission on  
21 Accreditation of Health Care Organizations. The Joint  
22 Commission does appreciate the opportunity to testify and  
23 to give you information today, information that hospitals  
24 can make available to consumers and that the Joint  
25 Commission is working to also make available.

1           We commend the Federal Trade Commission for  
2 holding these hearings, because information on the  
3 outcome and effectiveness of care is essential in  
4 achieving the improvements in health care delivery and  
5 quality of health care that we all believe our system is  
6 capable of achieving.

7           For those who may not be familiar with the  
8 Joint Commission, we are the nation's preeminent health  
9 care standard setting and accrediting body.

10           Our member organizations are the American  
11 College of Surgeons, the American Medical Association,  
12 American Hospital Association, American College of  
13 Physicians, American Society of Internal Medicine, the  
14 American Dental Association.

15           In addition to these organizations, our 28-  
16 member board includes representation of nurses as well as  
17 public members whose expertise covers a diverse area of  
18 ethics, public policy, health insurance, and so forth.

19           The Joint Commission accredits approximately  
20 18,000 health care organizations, including a substantial  
21 majority of the hospitals in this country. I think we  
22 accredit about 80 percent of the hospitals, which  
23 represent about 90 percent of the hospital beds.

24           Our accreditation certification programs also  
25 provide quality oversight for home care, ambulatory care,



1 nursing homes, hospices, and other health care settings.  
2 We also have an active international accreditation  
3 program and do a considerable amount of consulting around  
4 the world on questions of safety and adequacy of care.

5 Today we've been asked to focus on the  
6 information consumers need from hospitals to assist them  
7 in making decisions. Historically, decisions on which  
8 hospital to use have not been based on information but  
9 have been based almost exclusively on what the patient's  
10 doctor has recommended or where that patient's doctor  
11 actually practices.

12 This does not seem to have changed very much,  
13 but it is changing very slowly as consumers become --  
14 begin to have available to them more and more information  
15 on hospital performance and also begin to understand the  
16 significance of the information.

17 To a large degree, however, this change is  
18 being led by employers and by those who are paying for  
19 the health care, such as health insurance companies, and  
20 not necessarily by consumers or patients, which is  
21 probably along the line of, as was mentioned just briefly  
22 earlier, what Consumer Reports must have gone through  
23 somewhat as it generated people's interest in what they  
24 were doing with products. However, while performance  
25 information may not yet be a driving force or even a

1 consideration to many in the selection of a particular  
2 hospital, the vital importance of information and  
3 reporting systems for measuring and improving care is  
4 necessary and long been recognized by the Joint  
5 Commission and certainly by others.

6 Starting in 1986, which seems to be a long time  
7 ago in the world we live in, and was, with the agenda for  
8 change of the Joint Commission, the Joint Commission  
9 started a process of requiring accredited organizations  
10 to collect performance information and act on it.

11 Now, back in 1986, we had to start this journey  
12 by first acquainting organizations with what was meant by  
13 performance information and then encouraging the  
14 development of processes and systems within organizations  
15 and an infrastructure to actually go about the collection  
16 of that information.

17 We required, as part of the process, that  
18 hospitals have the ability to collect this information,  
19 that the information had to be collected in a systemic,  
20 valid, and auditable manner. Information was then to be  
21 used to identify areas where the hospital could improve  
22 care in the services it provided to patients. The  
23 organizations would work with measurement systems that  
24 had been approved by the Joint Commission. These systems  
25 were required to have valid measures and measure sets and

1 also the ability to compare an individual hospital's  
2 performance to not only itself over time but to other  
3 similar-type institutions, and that comparison was to  
4 provide the basis for identifying areas of improvement.

5 The process continued until 1997, when, as  
6 these systems matured, we were able to include this  
7 comparative data and this process as part of our survey  
8 process in the accreditation of facilities, and at that  
9 time, organizations were required to collect information  
10 four measure sets.

11 In 1999, we required that this information, for  
12 the first time, be reported electronically to the Joint  
13 Commission, and we commenced building a database,  
14 although this was not a database of comparable data. It  
15 was just a database on individual facilities.

16 In 2001, the Joint Commission announced the  
17 next step in what we've called our ORICS program, the  
18 next step on this journey, which was to come out with the  
19 use and require the use of core measures.

20 Core measures were a set of standardized  
21 performance measures that could be used to compare  
22 performance of institutions across accredited hospitals  
23 and across the country. Hospitals are required to select  
24 two of the core measure sets and report this information  
25 to the Joint Commission. Hospitals began collecting this

1 information in July of 2002 and report it quarterly to  
2 us.

3 The initial set of core measure sets include  
4 acute myocardial infarction, heart failure, community-  
5 acquired pneumonia, pregnancy, and related conditions.  
6 Hospitals are required to select two of those sets as it  
7 were relevant to their own practices.

8 As I noted, with the introduction of these core  
9 measures, comparison of individual organizations can now  
10 be made on a state and national basis.

11 In line with this data collection, if you  
12 would, the Joint Commission is collaborating with the AHA  
13 and others and the CMS in the hospital quality initiative  
14 that's been discussed this afternoon. In fact, the data  
15 that is being reported under that initiative is, in fact,  
16 a subset of the ORICS data collected by the Joint  
17 Commission, the data that we started collecting about a  
18 year ago.

19 Another area where the Joint Commission seeks  
20 to provide consumer information is what we refer to as  
21 quality check, and this is found on our Joint Commission  
22 web-site, [jcahco.org](http://jcahco.org).

23 Quality check provides the public information  
24 on individual accredited organizations, including the  
25 services they provide, accreditation status,

1 accreditation history, and a summary of the findings of  
2 the last survey.

3 I have to admit that we have been trying hard  
4 to make the site more consumer-friendly, with some  
5 limited success. We have currently underway a major  
6 revision and a significant redesign of that site.

7 We will be revising not only the presentation  
8 of the data but also the content of the information to be  
9 presented. For example, the Joint Commission this year,  
10 in 2003, inaugurated a series of national patient safety  
11 goals. These goals have been identified from information  
12 we received from our sentinel event reporting program.  
13 Each goal represents a very real, serious potential  
14 problem in the delivery of care. With these goals, we  
15 have required a proactive approach to resolving issues  
16 related to patient safety. That is, we have required  
17 that there be review and correction before actual errors  
18 occur, not retrospectively once you have had the error.  
19 We have adopted a process used in other high-risk  
20 engineering-based fields referred to as failure risk  
21 effect analysis. This analysis is required, as I noted,  
22 to identify problems in the systems of care before those  
23 problems turn into errors.

24 The goals under this requirement include:  
25 Number one is to improve the accuracy of patient

1 identification. Two is to improve the effectiveness of  
2 communication among care-givers. Three is to improve the  
3 safety of using high-alert medications. Four is  
4 eliminate wrong site, wrong patient, and wrong procedure  
5 surgery. Wrong site surgery, as it's affectionately  
6 called, is one of those areas where you think should  
7 never occur, and yet, we continue to have a shocking  
8 number of reports of that occurring. Additional goals  
9 include the safety of using infusion pumps and improve  
10 the effectiveness of clinical alarm systems.

11 These goals, while they seem quite clear and  
12 self-evident, do actually reflect documented areas of  
13 potential weakness in delivery of care; areas that have  
14 been documented as having caused sentinel events in other  
15 facilities across the country.

16 The Joint Commission is now reviewing the  
17 hospitals' performance against these goals as part of our  
18 survey accreditation process.

19 That information, as it's accumulated, will  
20 become part of that information that's available on our  
21 revised quality performance reports.

22 To enable us to get to our break sooner, I'll  
23 say that the challenge that's addressed here, the need  
24 for information, is awesome.

25 You ask if there is sufficient information

1 available today to allow consumers to make a choice. The  
2 answer, I believe, is clearly no. The information  
3 available today is not sufficient in and of itself to  
4 allow a consumer to decide, when given a choice --  
5 remember, there are many, many times when consumers do  
6 not have a choice, either because of the emergency of the  
7 situation or, quite frankly, the lack of an alternative  
8 provider, but the information available to us today is  
9 perhaps best used as an indicator that should lead  
10 consumers or purchasers to ask additional questions of  
11 their doctor and of the hospital or both.

12 The state of art of performance measurement is  
13 arguably not yet to the point where it, in itself, should  
14 give definitive information to consumers or purchasers.  
15 This, however, should not detract from the need to  
16 continuously improve the ability to identify and collect  
17 this information, or from its use in improving the  
18 quality and safety of care.

19 When you ask why more information on hospital  
20 quality is not available, I think a significant factor is  
21 that there is a lack of real demand from consumers of  
22 this information. In addition, there is a lack of a  
23 clear consensus on what measures would be most meaningful  
24 in what situation and even how to present the information  
25 in a way that consumers would understand it, value it,

1 and not have it mislead them.

2 Another consideration which we would probably  
3 be remiss to not at least consider is cost. The cost of  
4 collecting this information, which is usually  
5 uncompensated, in the absence of an electronic medical  
6 record, is usually quite significant. What this has  
7 meant is that information needed for performance  
8 measurement is sometimes only available as a byproduct of  
9 other activity such as claims payment. As such, it may  
10 not result in the optimal measure in a particular case.

11 The work that is being done toward the  
12 development and implementation of a national health  
13 information infrastructure, we believe, should be  
14 encouraged and supported, as such an infrastructure would  
15 facilitate the adoption of the electronic health record.  
16 This record would not only facilitate treatment and  
17 reduce medical errors but would also make the collection  
18 and the identification of performance information easy  
19 and a byproduct of the records that are there.

20 Another issue on which we were asked to comment  
21 was how should compensation affect quality? It's  
22 interesting and quite exciting to hear how WellPoint and  
23 others are starting to try to compensate for quality of  
24 care and how CMS -- and we wish them all the luck in the  
25 world in getting their demonstration underway.



1           The Joint Commission, recently, in conjunction  
2 with the Agency for Health Care Research, held a public  
3 conference to discuss and identify the business case for  
4 quality. The general consensus of those present at that  
5 conference -- and they made up largely of hospital  
6 executives and others -- was that there is no business  
7 case for quality. The fact is that those that we ask to  
8 invest resources to improve the quality and safety of  
9 care are not those that benefit in terms of the return on  
10 investment. Simply put, the hospital that spends the  
11 money on its CPOE and so forth, if they are -- the more  
12 safe they are, the higher quality they give, in our  
13 current system, the less reimbursement, the less income  
14 they will have. The illogical extension of all this is  
15 that a really high-quality institution can, in effect,  
16 put itself out of business.

17           What this all really means is that we have a  
18 system that pays the same for high-quality care as it  
19 pays for less than high-quality care, must be revised if  
20 we're going to change the paradigm.

21           In conclusion, the Joint Commission remains  
22 steadfast in its belief that information and, in  
23 particular, information on the outcomes and effectiveness  
24 and safety of care is essential if we're going to achieve  
25 the care that our system and state of knowledge are

1 capable of delivering.

2 We also strongly support the underlying  
3 principle of these hearings that the competition based on  
4 quality and safety of care is not only achievable but  
5 desirable.

6 Thank you very much.

7 (Applause.)

8 MR. BYE: Thanks, Anthony.

9 We'll start back in about five minutes.

10 (A brief recess was taken.)

11 MR. BYE: Welcome back.

12 Arnold Milstein will be our next presenter.

13 MR. MILSTEIN: Thank you.

14 I am the medical director of the Pacific  
15 Business Group on Health, the largest of the regional  
16 employer health purchasing groups. I also head clinical  
17 consulting at Mercer.

18 My comments are -- really amplify on prior  
19 testimony at the FTC which I gave on February 27th, and  
20 they also incorporate some insights from work which I  
21 published in April of 2003 in Health Affairs.

22 The market for hospital services exhibits  
23 several features that imply the need for vigorously pro-  
24 competitive public policies. I will briefly outline  
25 these features and the pro-competitive policies that I

1 think might best address them.

2 First, approximately half of hospital  
3 admissions are under circumstances of perceived emergency  
4 in which ambulance personnel and/or personal physicians  
5 almost or wholly determine a consumer's hospital  
6 selection. Except in a few states with designated trauma  
7 centers, these two consumer agents -- that is, personal  
8 physicians and ambulance personnel -- have not  
9 successfully advocated for the performance reporting  
10 needed to assure that their selections on behalf of  
11 consumers would optimize consumers' health or financial  
12 outcomes.

13 In essence, consumers in need of emergency  
14 hospitalizations are relying upon agents who are not  
15 assuring the performance information flow which  
16 successful agency requires.

17 Second, those consumers requiring non-emergency  
18 hospitalization are typically either chronically ill or  
19 unfamiliar with hospital services. Chronically ill  
20 individuals suffer from a much higher incidence of  
21 depression, which commonly impairs the critical thinking  
22 capabilities that careful hospital selection requires.  
23 Both chronically ill and new consumers of hospital  
24 services also tend to experience hospitalization as  
25 stressful.

1           Irving Janis at Yale and other researchers have  
2           documented that such health care-induced stress -- such  
3           health care stress typically induces idealization of  
4           health care providers. Idealization of providers is the  
5           antithesis of the critical thinking required for  
6           consumers to transform available performance information  
7           into a hospital selection likely to generate their best  
8           health or financial outcome. This idealization is very  
9           well documented in the Blunden research which I  
10          referenced in my health affairs article.

11           In essence, what his research shows, which was  
12          published in December, is that if you ask a large random  
13          sample of American consumers how many people they think  
14          die due to preventable errors in hospitals, their average  
15          estimate is less than a tenth of the midpoint Institute  
16          of Medicine range. So, they're way off in gauging the  
17          safety or the dangerousness, in this case, of hospitals.

18           Third, as summarized in my article in Health  
19          Affairs, there are seven to eight other well-documented  
20          psychological barriers to accurate consumer perception of  
21          quality and reliability and to their successful  
22          navigation to hospitals likely to deliver better  
23          performance. Examples of these other barriers include  
24          something psychologists call the familiarity heuristic.  
25          What this means is that consumers, on average, tend to be

1 automatically inclined to associate familiarity, such as  
2 a hospital that they commonly see in their daily life, in  
3 their commute, or have previously used, to associate  
4 familiarity with trustworthiness and safety.

5 Secondly, a second psychological phenomenon is  
6 what's called optimistic bias, and especially in health  
7 care, consumers tend to believe, without any foundation  
8 in reality, that their own personal risk of bad outcomes  
9 is much lower than average.

10 The familiarity heuristic warrants careful  
11 consideration by the FTC and the Department of Justice.  
12 It implies that, if a hospital is familiar to a consumer,  
13 it may enjoy market power, especially among sicker  
14 consumers, who utilize much higher levels of hospital  
15 services, that substantially exceeds what is conveyed  
16 simply by a hospital's HHI.

17 These and other unique features of the market  
18 for hospital services imply the need in more concentrated  
19 markets, especially, either for aggressive regulation of  
20 hospital quality and efficiency or better enabling the  
21 market's invisible hand.

22 Since the market's enablement is the subject of  
23 today's hearings and aggressive regulation of hospital  
24 performance has never succeeded in the past, I will  
25 briefly recommend three illustrative enablements of the

1 market's invisible hand.

2 First, require hospitals to publicly disclose  
3 and to allow disclosure by payers, where payers have the  
4 information to disclose, readily comparable measures of  
5 quality and efficiency for specific diagnoses and  
6 treatments, for categorical service lines, such as  
7 surgery versus OB versus medicine, and for hospital  
8 performance overall.

9 Granularity of performance reporting is needed  
10 because research to date suggests that no hospital excels  
11 in treating all conditions. Aggregate performance  
12 reporting is also needed, because many consumers enter  
13 the hospital without knowing their diagnosis or likely  
14 required treatment.

15 Second recommendation: Required disclosure  
16 should be keyed to measures endorsed by the National  
17 Quality Forum, the majority of whose board is comprised  
18 of consumer organizations and purchasers. Disclosure  
19 should also be keyed to performance measures requested by  
20 aggregations of customers, including payers, purchasers,  
21 and/or consumer organizations, who, together, a  
22 fiduciaries for a significant fraction of a hospital's  
23 patient mix.

24 This is no different than any other kind of  
25 purchasing that goes on in America. In general, any

1 group that represents a substantial source of  
2 customership for a given vendor, to put it in that  
3 generic term, usually has no trouble getting performance  
4 information, even custom performance information they  
5 need.

6           Should every individual customer, you know,  
7 every consumer, get any performance measures they want?  
8 No. But if we're to take the precedent that's been set  
9 in other industrial sectors, any big customer, anybody  
10 that's a significant customer of a supplier, should be  
11 able to get customized performance measures if they wish.

12           Third recommendation: Prohibit hospitals from  
13 restricting payer efforts to recognize and reward  
14 hospital excellence by assigning hospitals within multi-  
15 hospital organizations or by assigning service lines  
16 within a single hospital to different performance tiers,  
17 tiers that are made visible to consumers and/or subject  
18 to variable consumer out-of-pocket costs. Such tiering  
19 is the essence of how the market's invisible hand can be  
20 most feasibly enabled in all American health benefits  
21 plans. Freedom to tier hospitals should be vigorously  
22 protected by the Federal Trade Commission and the Justice  
23 Department.

24           In my testimony on February 27th, I supported  
25 several other pro-competitive policies, which I continue

1 to recommend for your consideration.

2 Significant efforts by the Leapfrog Group, as  
3 described by Suzanne, the consumer purchaser disclosure  
4 project, whose work I previously described, and by  
5 progressive insurers such as described by Woody Myers and  
6 others here today, have already -- are already promoting  
7 such transparency-based market solutions.

8 These efforts would benefit from support by the  
9 FTC and Justice Department.

10 America is spending almost 5 percent of its GDP  
11 for hospital services.

12 As clearly stated in the IOM's reports on  
13 American health care quality, the services which  
14 Americans are getting back for these internationally  
15 unprecedented levels of spending are, unfortunately,  
16 characterized by serious and widespread quality defects  
17 and economic waste. The FTC and Justice Department's  
18 competition policies can play a critical role in healing  
19 America's under-performing health care system.

20 Thank you.

21 (Applause.)

22 MR. BYE: Thanks, Arnold.

23 Cathy Stoddard is our final speaker today.

24 MS. STODDARD: Good afternoon. My name is  
25 Cathy Stoddard and I am a registered nurse. I practice



1 nursing at Allegheny General Hospital in Pittsburgh on a  
2 colo-rectal surgery and transplant unit. I am also a  
3 member of District 1199P SCIU.

4 I appreciate the opportunity to talk before  
5 this commission, and I am to talk about the importance of  
6 providing patients and their families with relevant, easy  
7 to use, easy to understand information regarding the  
8 quality of care in hospitals, and all of the panelists  
9 here have offered testimony that actually supports the  
10 position in mine.

11 Because I am a transplant nurse, I know the  
12 factors that affect transplant outcomes: the underlying  
13 health of the patient, the experience and teamwork in the  
14 operating room, the thorough and timely wound care and  
15 medication administration done by nurses, and the careful  
16 infection control policies and practices followed by  
17 everyone in the hospital, and finally, patients and their  
18 families must be given extensive education and  
19 preparation before discharge.

20 In theory, patients are given accurate  
21 information about the quality and price of hospital and  
22 physician services. They will choose the providers that  
23 offer the best value for them.

24 In Pennsylvania, for example, we have an  
25 excellent independent state agency, the Pennsylvania

1 Health Care Cost Containment Council, known as PHC4,  
2 which collects and publishes a large amount of price and  
3 quality data from Pennsylvania hospitals.

4 PHC4 adjusts the data for underlying patient  
5 risks and measures mortality rates for over two dozen  
6 procedures and is very successful in identifying outlier  
7 information, hospitals or procedures that stand out from  
8 their peers on these measures.

9 It has helped policy makers quantify the cost  
10 of manageable and preventable diseases such as diabetes.  
11 It has helped hospitals and physicians examine underlying  
12 reasons behind their performances on measures. But this  
13 data has limits.

14 It remains very difficult, for instance, to  
15 judge the relationship between cost, quality, and price.  
16 Small community hospitals and rural hospitals are worried  
17 that the data can be used by larger consolidated health  
18 care systems to eliminate competition. By the time the  
19 data is published, it is already a few years old and may  
20 not reflect the most current hospital conditions.  
21 Furthermore, information alone is not enough to encourage  
22 better price and quality competition among hospitals.

23 Health care, in general, and hospital care, in  
24 particular, are not like other services that we buy. We  
25 don't always have a large number of choices in hospital

1 care, and more and more, employers are offering limited  
2 number of health insurance choices to workers with  
3 different co-pays, deductibles, and other coverage  
4 limits.

5 More and more health insurance plans limit the  
6 number of hospitals or merged hospital systems that are  
7 in their network. Often, patients are limited to the  
8 hospital where their physician has admitting privileges.

9 In an emergency, of course, they might be taken  
10 to the nearest hospital without regard to the kind of  
11 grade or ranking a hospital may receive on a consumer  
12 report card. Once patients are admitted to the hospital,  
13 it becomes difficult for them to vote with their feet and  
14 be transferred to another hospital if they are not  
15 satisfied with their care.

16 Because of the limitations of information to  
17 improve hospital competition on the basis of quality and  
18 price, many nurses and nurse unions believe that we need  
19 stronger regulatory standards for hospitals.

20 Specifically, we conclude that there is now strong  
21 research evidence to support minimum nurse-to-patient  
22 staffing requirements for acute care hospitals as an  
23 effective way to improve patient outcomes.

24 Much of the research that demonstrates the link  
25 between nurse staffing levels and patient outcomes has

1           been sponsored by the federal government.

2                       I will summarize only a small part of the  
3 growing amount of information and evidence that links  
4 nurse staffing to patient outcomes.

5                       Research funded by the federal agency for  
6 Health Care Research and Quality and carried out by Jack  
7 Needleman and Peter Buerhaus reveals that there is a  
8 strong indirect link between the RN staffing levels and  
9 time spent with patients and whether patients develop  
10 serious complications or die while they are in the  
11 hospitals.

12                      Needleman and Burhouse and their colleagues  
13 found that low levels of RN staffing were associated with  
14 higher rates of complications such as pneumonia, upper  
15 gastrointestinal bleeding, shock, sepsis, and cardiac  
16 arrest, including deaths from all of these complications.  
17 These complications occurred 3 to 9 percent more often in  
18 hospitals with low RN staffing compared to levels where  
19 RN staffing was higher. Urinary tract infections were  
20 higher in hospitals with lower RN staffing patterns, and  
21 lengths of stay were also longer.

22                      Last year, the Journal of American Medical  
23 Association reported results from the Linda Akin study  
24 and her colleagues showing that for each additional  
25 patient that is assigned to a nurse above four, that the

1 mortality rates needs to be adjusted by 7 percent. That  
2 means that, for every patient that I take care of over  
3 four, they have a 7 percent higher chance of dying.  
4 Failure to rescue patients with complication also rose by  
5 7 percent. In addition, nurses working on units with  
6 short staffing had lower job satisfaction and higher  
7 rates of burn-out.

8 The Joint Commission on Accreditation and  
9 Health Care Organization recently reported that  
10 inadequate staffing levels were implicated in 24 percent  
11 of the sentinel events, unanticipated events that  
12 resulted in death, injury, or permanent loss of function  
13 it investigated through March 2002.

14 Other contributing factors in these sentinel  
15 events also implicated nursing problems. An expert panel  
16 convened by California Department of Health Services in  
17 2002 reviewed research related to nurses, nursing, and  
18 patient outcomes. Using strict criteria, the panel  
19 reviewed 37 studies and concluded that nurse staffing is  
20 related to patient in-hospital mortality rates and  
21 several patient complications including pneumonia and  
22 nosocomial infections. They also concluded that fewer  
23 nurses were associated with longer patient lengths of  
24 stay.

25 The panel was convened to advise the California

1 Department of Health as it wrote regulations to carry out  
2 the state legislation enacted in 1999 to require nurse-  
3 patient ratios in all acute care hospitals.

4 Because of a clause in my collective bargaining  
5 agreement with the hospital at Allegheny General, we have  
6 a clause that says that we require high-quality patient  
7 care, and we have a commitment between the nurses on my  
8 unit and my nurse manager, who is incredibly progressive  
9 -- we began collecting data last year for six months, and  
10 the data included information about acuity of our  
11 patients. We broke the acuity down into the number of  
12 meds that a patient received, the number of diagnoses  
13 that the patient had, the volume of teaching that was  
14 required, their length of stay, any complications that  
15 developed, and their readmission rate. Our patient  
16 population of transplant patients and colo-rectal surgery  
17 and Crone's patients is a revisiting patient population,  
18 and we measured that. We lowered the patient ratios  
19 based on the information that we received on all three of  
20 the shifts that we work on, and we agreed for this trial  
21 to take place for eight weeks.

22 That was seven-and-a-half months ago, and we  
23 continue to maintain the trial, because one, the hospital  
24 wouldn't do it if it wasn't working, but the data also  
25 prove that infection rates have begun to become very low

1 on our unit. The physician and nurse medication errors  
2 have been reduced, and I say physician and nurse because  
3 we have specific trials for our transplant patients  
4 depending on their age, their weight, the kind of kidney  
5 that they receive.

6 They are on specific medication trials, and we  
7 have physicians floating in and out, because we're a  
8 teaching hospital, and they make errors that we're able  
9 to catch because of our lower patient ratio, and fix.

10 Also, our readmission rates were lower, because  
11 we had the opportunity to sit with our patients and teach  
12 them the medications that they needed and the regime that  
13 they needed to follow at home. We didn't see them with  
14 complications that were corrected in the teaching in the  
15 first place. Our patient satisfaction and patient health  
16 improved, and the morale and the work processes on our  
17 unit also improved.

18 Minimum nurse staffing levels set by unit  
19 within hospitals would set a minimum safe standard and  
20 provide assurances for patients that they would receive a  
21 minimum level of quality of care regardless of the  
22 hospital that they were admitted to.

23 Of course, hospitals and nurses would also be  
24 encouraged to work together to tailor the staffing levels  
25 and the mix according to their patient acuity and special

1 factors affecting the hospital's situation and the  
2 setting that the nurses and the hospital are working  
3 with.

4 We think that state legislation as part of the  
5 state's authority to license hospitals is an important  
6 way for states to raise hospital quality. We also think  
7 that federal Medicare hospital conditions of  
8 participation should be updated to reflect the link  
9 between nurse staffing levels and patient outcomes.

10 We think that Medicare and other payers should  
11 begin to reward hospitals financially if they improve  
12 staffing levels and patient outcomes. We note that other  
13 respected health care experts such as the Institute of  
14 Medicine also reviewed and recommended new reimbursement  
15 approaches that pay hospitals for demonstrated higher-  
16 quality outcomes.

17 Since higher nurse staffing also has been  
18 linked to lower lengths of stay, there are likely to be  
19 significant economic benefits to payers in addition to  
20 quality improvements for patients. Because nurse  
21 staffing levels cut across all aspects of hospital care,  
22 they are an important measure that reflect quality.

23 Some critics of mandated nurse staffing levels  
24 may say that mandates limits the hospital's flexibility  
25 and won't accommodate for improvement in technology, but



1 setting minimum safe nurse staffing standards will not  
2 prevent hospitals from tailoring nurse staffing levels to  
3 meet the patient's need. Hospitals and nurses will also  
4 continue to be free to work together to design innovative  
5 staffing plans.

6 Nor will minimum safe staffing standards limit  
7 hospitals' ability to substitute new technology for  
8 nurses. Most technological improvements in health care  
9 lead to a greater need for nurses because of technology  
10 improvements and make it possible for sicker patients to  
11 receive procedures that they never would have been  
12 candidates for in the past, and just to give you an  
13 example for those who don't work in a hospital,  
14 transplant patients -- specifically, kidney recipients --  
15 don't go to an ICU. They come to a unit where they may  
16 be in a mix of six to eight other patients. So they are  
17 no longer an ICU patient but have moved to a medical  
18 surgical setting.

19 This is one of the reasons behind the current  
20 nurse staffing crisis. Acuity of patients in a hospital  
21 setting has risen over the last decade as a result of  
22 direct technological improvements requiring more direct  
23 nursing care.

24 In conclusion, I would like to say that we  
25 support any policy that would improve providing patients

1 and their families with easy to use and understandable  
2 information about the quality of care in hospitals. We  
3 ask that you recognize the limitations of such  
4 information, primarily that patients, unlike consumers of  
5 other services, aren't always able to choose their  
6 hospital. As we say in Pittsburgh, we would really like  
7 to compete with the hospitals in the western region on  
8 the basis of quality of care and not on the bottom line.

9 We feel that it is vital for states to  
10 establish minimum safe staffing standards that must be  
11 followed by all hospitals. Reimbursement plans should  
12 reward those hospitals with better nurse staffing levels  
13 and subsequently better patient outcomes. These are  
14 policies that will ensure the quality of care for all  
15 patients regardless of their ability to make an informed  
16 choice. Only by ensuring sufficient numbers of  
17 registered nurses on the front lines can we ensure the  
18 quality of care for all patients in all hospitals.

19 Thank you.

20 (Applause.)

21 MR. BYE: Thanks very much, Cathy.

22 We'll briefly move to panel discussion. We  
23 only have 20 minutes remaining, but I'd like to throw out  
24 a couple of questions to the panelists.

25 The first one relates to incentives. Both

1 Woodrow and Stuart mentioned initiatives they're  
2 employing to encourage quality initiatives, and Suzanne  
3 also mentioned that Leapfrog was going to undertake some.  
4 I was wondering if you could first comment on what that  
5 is, and then if any of the other panelists wanted to make  
6 remarks, I would welcome that.

7 MS. DELBANCO: The Leapfrog Group advocates  
8 that its purchaser members use three different potential  
9 methods for rewarding hospitals, both for reporting  
10 information as well as for superior performance on the  
11 measures that we're focused on.

12 One method of reward is public recognition,  
13 which can be accomplished in a variety of ways, including  
14 recognition on our national web-site that a hospital has  
15 reported and has made significant progress or complete  
16 progress towards implementing a practice.

17 Another method is to reward the hospital with  
18 market share. In a variety of ways, we can encourage  
19 patients to seek care at particular institutions, whether  
20 it's through financial incentives to the patients or  
21 through intense education efforts or a variety of other  
22 benefit design and network design efforts.

23 And then third, the other kind of reward that I  
24 can't imagine any hospital would decline would be an  
25 increase in payment or an increase in unit price.

1           We have some examples of our members  
2 instituting programs like this. For example, in New York  
3 City, there are five major employers that are providing  
4 quarterly bonus payments to hospitals who have  
5 implemented the computerized physician order entry  
6 practice and intensivist staffing.

7           But while it's very nice that we advocate these  
8 high-level ideas, it's been important for us to help  
9 purchasers figure out how actually to operationalize  
10 doing this, because it's not easy, and over the last  
11 year, we've been working with a multi-stakeholder work  
12 group to figure out which incentive concepts are going to  
13 be palatable to all stakeholders but significant enough  
14 to actually impact provider behavior and to encourage  
15 more widespread adoption of the practices we're  
16 recommending.

17           And we have just launched four pilot projects  
18 where we will be trying different types of incentives and  
19 rewards and evaluating them, everything, again, from  
20 incentives to the patient to make certain choices to  
21 rewards to the hospital on a financial basis for the  
22 practices that they've implemented.

23           There's a variety of other demonstration  
24 projects that were mentioned here today, like the one  
25 that Woody's group is involved in, as part of the

1 Rewarding Results program, and many others, and I think,  
2 over the next couple of years, we'll see a big  
3 acceleration in purchasers trying these efforts and in  
4 our understanding of what approaches are effective.

5 MR. BYE: Does anyone else want to comment?

6 MS. FOSTER: I'll make a comment. It's Nancy  
7 Foster from the American Hospital Association.

8 I just want to remind the panel that, in  
9 addition to the exciting talk we've heard today about the  
10 potential for rewarding higher quality, which is  
11 something that should be considered and pursued, to date  
12 we've had a lot of difficulty identifying appropriate  
13 measures of quality, and we've talked a little bit today  
14 about some of the unintended consequences that come from  
15 measurement.

16 Every time you increase the reward or the  
17 punishment for performance in one way or another, you  
18 induce more of that behavior on the part of providers.  
19 That's the good news or that's what you're trying to do.

20 But if there are unintended consequences that  
21 have not been carefully considered, you're also inducing  
22 more of that, and we need to think through those very  
23 carefully before we proceed down a path that will result  
24 in fewer patients getting the CABG surgery they might  
25 need, or other kinds of things that we had talked about

1 earlier today.

2 MR. MILSTEIN: To sort of stimulate discussion,  
3 maybe to follow on to Nancy's prior comment, if one were  
4 to sort of say, well, you know, recognizing and rewarding  
5 hospitals for excellence in risk-adjusted CABG outcomes  
6 is good, but Nancy has pointed out, if one does not also  
7 measure the appropriateness of hospital decisions to  
8 decline or accept patients for treatment who meet  
9 indications, I mean how would American hospitals feel  
10 about expanding the dashboard so that all six Institute  
11 of Medicine aims, you know, were part of the dashboard so  
12 that it would not be possible for -- at least it would  
13 affect another dimension of a hospital's scorecard if it  
14 declined to provide surgery to a patient for whom it was  
15 clearly indicated as a way of improving their risk-  
16 adjusted CABG score.

17 MR. GUTERMAN: That's actually one thing --  
18 we've done a lot of thinking about what measures to use,  
19 and I sort of alluded to it by referring to the increased  
20 comfort with process measures, because one of the  
21 problems with outcome measures is -- one of the problems  
22 with any measure is that if you pay people to --  
23 according to that measure, what you're going to get is  
24 more people appearing to comply.

25 And depending on how you structure the measure,

1       you can, you know, comply with better outcomes by  
2       reducing your risk at the outset, whereas you know, more  
3       explicit process measures that you are sure lead to  
4       better outcomes, you know, sort of helps to circumvent  
5       that, like if you say -- if you make the criterion  
6       aspirin to 90 percent of MI patients, you know, that's  
7       more -- it's a little more difficult to game, although  
8       I'm sure if you pay enough, people will find a way, but  
9       it's also -- I'd be interested in what people, you know,  
10      think about this, because this isn't an agency position.

11                 But it's occurred to me that -- you know, one  
12      of the problems we ran into in trying to pay for outcomes  
13      -- I mean there are basically three problems. One is the  
14      measure itself and risk-adjusting and sort of getting an  
15      accurate measure. Another is figuring out how to pay for  
16      it, because you have to put a price on it, and putting a  
17      price on a service is easier than putting a price on an  
18      outcome. And then the third is, you know, any gaming  
19      that you might get and sort of choosing who you decide to  
20      take because you're trying to avoid more difficult  
21      patients to treat, because it will hurt your outcome  
22      score.

23                 MR. MYERS: We ought to, in my view, explore  
24      that a little bit further, because I think it's a  
25      significant issue that really has not had enough

1 discussion, and Arnie, I think, put the right name out  
2 for it. It's the issue of appropriateness of care.  
3 There's an old surgical adage that goes something like  
4 this. If you operate on healthy people, you get great  
5 results.

6 And it's true that there is an underlying  
7 assumption in many, many quality programs that everyone  
8 needed whatever it was that they got, and what we should  
9 look at is how well whatever it was was done, as opposed  
10 to the issue of whether they really did need it, whatever  
11 it is, or whether there were other alternatives that  
12 might have been less invasive and/or less expensive that  
13 could have accomplished the goal either without as much  
14 trauma and/or without as many potential complications  
15 and/or without as many dollars.

16 And so, I think this whole question, as the FTC  
17 explores the issues surrounding health care, of  
18 appropriateness from the consumer perspective really  
19 needs to be tackled.

20 You know, it's raised its ugly head in the  
21 investigation that's being done now by Medicare and the  
22 OIG, I believe, and some of the allegations that have  
23 been made about hospitals in California regarding  
24 unnecessary surgical procedures in the cardiac surgery  
25 arena, and it has raised its head in other places, as



1 well.

2 I don't think California is, clearly, the only  
3 place.

4 So, this whole question of how does a consumer  
5 judge appropriateness, how does a consumer participate in  
6 a more meaningful way in the question of therapeutic  
7 alternatives, is a real one that I think deserves more  
8 attention.

9 MS. FOSTER: Can I respond? Because I think  
10 there are lots of issues being discussed here.

11 The one of, you know, if you incent people to  
12 do something and there's already over-use of that  
13 procedure or a diagnostic process, then you're probably  
14 not accomplishing what you want to accomplish is an  
15 important one to think about, but Stuart suggested that,  
16 with process measures, you have less of a problem.

17 Well, the 10 measures that we've all selected  
18 to use in this quality initiative that includes CMS and  
19 the Joint Commission and others include measures of  
20 whether or not patients got aspirin and beta blockers at  
21 discharge after their heart attacks, important things to  
22 know, but for hospitals -- for small hospitals,  
23 particularly small rural hospitals that are within a  
24 reasonable distance of a large tertiary care center,  
25 their current practice is often to stabilize and treat

1       those patients.  When they discharge them, they're  
2       discharging them to another hospital, not to home, but  
3       their measurement now would suggest that they're not  
4       delivering the right care, because they're not giving  
5       those patients aspirin and beta blockers at discharge.  
6       It would be inappropriate for them to do so.  That's the  
7       responsibility of the next hospital.  But you know, are  
8       we now going to induce hospitals to retain those patients  
9       and then give them the aspirin and beta blockers?

10                I mean it's that kind of very, you know, on-  
11       the-ground, how does this work in real life  
12       implementation issue that we need to work through, which  
13       is not to imply that we want to stop measurement.  We  
14       don't.  It's not to imply we don't want to get to a  
15       robust set of measures.  We do.  Whether it ends up being  
16       the dashboard the IOM laid out or something else that  
17       consumers tell us they want more is almost immaterial.

18                We want to make sure that we're giving people  
19       the information they need and want and will use, but  
20       getting there is a rough road.  That was my only point.

21                MR. MYERS:  Your particular example, if I just  
22       might comment -- maybe I'm missing something, but we used  
23       to call those transfers, not discharges.  If you're going  
24       to another hospital, it should not be looked at in  
25       another light in terms of the discharge medication than

1 if you were going home, and so, I think there's a  
2 classification problem there that is solvable. You code  
3 differently, I think, depending upon what happens after  
4 the person leaves the -- what is intended to happen after  
5 the person leaves the facility.

6 I don't think that we can let anybody off the  
7 hook on any of these issues, but I'm particularly  
8 interested in how the hospitals and the associations that  
9 bring hospitals together view that question of what the  
10 responsibilities are with appropriateness, because you  
11 clearly have to have a medical staff structure, you  
12 clearly have to respond to outside authorities coming in  
13 to review your procedures and processes.

14 And given that this question of appropriateness  
15 has risen to, I think, a much higher level than ever  
16 before, it would seem to me that that requires a more  
17 direct response than ever before, and I just hope that  
18 the AHA and other organizations are looking at that  
19 separately and independently of the worthwhile study  
20 that's going to go on with the collaborators as you've  
21 outlined, because I think it's a big, big issue that is  
22 under-addressed.

23 MR. BYE: Arnold mentioned initiatives that the  
24 FTC and DOJ could undertake in this area. I was  
25 wondering if any other panelists have suggestions as to

1 things that the agencies could be doing in relation to  
2 health care and quality.

3 MR. GUTERMAN: This isn't exactly answering  
4 your question, but at least it's a response, and it will  
5 give other people a chance to think.

6 One thing that occurs to me is deciding sort of  
7 in whose eyes quality is to be evaluated. We've got a  
8 number of payers here and some providers and -- you know,  
9 and the title of the session is consumer information, but  
10 I think there's a real difference between what consumers  
11 may want and what payers may want.

12 And I think one of the things, in evaluating  
13 the impact of market structure on quality or any other  
14 kinds of sort of Federal action or action by payers, is  
15 who determines what quality is, because it's clear to me  
16 that patients may want, at any given time, something very  
17 different than what payers may want. And we have to sort  
18 of think about ways both to get information to consumers  
19 to help them make better choices but also to sort of get  
20 clear in our heads what we're trying to accomplish,  
21 because you know, there may be conflicts that come up  
22 between the different sort of people who are making the  
23 decision about what quality is.

24 MR. MYERS: Again, I'm not sure of all of the  
25 various things under the FTC jurisdiction, but if you

1 watch television, you're seeing increasingly health care  
2 facilities advertising themselves in some way or another  
3 based on quality or outcomes, and they're using those  
4 words, and I suspect that that trend will continue.

5 The question is, is there any limitation -- at  
6 least this is a question I would raise -- is there any  
7 limitation on what you can say about what you are doing  
8 or what you believe the results are of what you're doing  
9 to the public without some oversight from someone or some  
10 entity, government or otherwise, because I suspect that  
11 it's a trend that's not going to go away.

12 I think that health care is increasing its  
13 percentage of the total advertising budget in all media,  
14 and one would think that, given the competitive nature  
15 that many facilities have today, that this is going to be  
16 a problem that can be anticipated.

17 MS. DELBANCO: I will just add one thing to  
18 what Woody's saying, which is not really in answer to  
19 your question but maybe another sort of provocative  
20 question itself, which -- one of the things that  
21 fascinates me about trying to understand who it is that  
22 various government agencies service, such as CMS, for  
23 example, or the FTC or Department of Justice, in this  
24 case, is who is the customer?

25 Is it the individual patient who is trying to

1 make a health care decision or be able to gain access to  
2 health care in a way that's not inhibited by a lack of  
3 competition in some way, or is it the hospital industry,  
4 or is it individual providers? Is it health plans? Is  
5 it employers? And I think clarity of, you know, the  
6 answer to that question helps put a lot of the debate  
7 that we're having here in perspective.

8 MR. TIRONE: I don't know who your customer is.  
9 It seems to me that the FTC, at different times, has got  
10 everybody in that realm.

11 MS. STODDARD: I'd actually like to comment.  
12 From a patient perspective, being with them every day,  
13 you all are very educated folks that I'm sitting with,  
14 and while I do something much different than you, I'm  
15 with a patient every day, and the information that they  
16 receive at the moment, in my opinion, produces fear.

17 They come to the hospital. They have their  
18 family members with them. In Pennsylvania, one of the  
19 folks who ran for local office produced a booklet that  
20 said ask these questions.

21 If a patient began asking those questions in  
22 the middle of a health diagnosis when they're afraid that  
23 they may have cancer or their kidneys are failing or they  
24 need CABG surgery, I can't imagine the state that they  
25 would be in, and I know what state they're in when they

1 get to my hospital. Their family, their friends, every  
2 piece of information that they read says bring a family  
3 member with you and never let them leave the whole time  
4 that you're there, question everything.

5 So I think the first thing is that we do have  
6 to get information out there that says that hospitals in  
7 America are providing adequate, safe, and cost-efficient  
8 health care to patients. That, I think, they are missing  
9 the boat on. They aren't seeing it.

10 And then the second thing is, in a well  
11 setting, after they're healthy, I think that that  
12 information needs to be available, and frankly, I think,  
13 in my population in Pittsburgh, while there are many  
14 people across the socioeconomic status of life that I  
15 take care of, they're under-informed.

16 So I think that we do have a big job to do, but  
17 I think the thing that they want to know is that they're  
18 safe when they come into the hospital and that they're  
19 going to see the health care professional that they need  
20 to see when they're there.

21 So I think that we have a huge job to do, from  
22 my level at the bedside all the way to the government  
23 agencies that serve these people.

24 MR. MILSTEIN: I've started making a list for  
25 the FTC and the Justice Department.

1                   I think one of the areas that would be  
2 worthwhile taking a look at is policies with respect to  
3 hospital retail prices.

4                   I mean right now we have a circumstance in many  
5 markets in this country in which the difference between  
6 the negotiated price and the rack rate, the retail rate,  
7 is breathtaking and bears no resemblance to anything that  
8 would happen in virtually any other industry.

9                   And I think when you link that up with one of  
10 the other unique characteristics of the hospital and, for  
11 that matter, you know, physician market, which is that  
12 there's a certain amount of un-selected or involuntary  
13 consumption -- I mean in emergency circumstances, there  
14 is -- you know, you're not, you know, in a position to  
15 buy right.

16                   And I think that given the fact that -- you  
17 know, that a certain percentage of patients in a given  
18 health insurance plan will inevitably end up in a non-  
19 network hospital and there's nothing, really, that a  
20 consumer who's facing, you know, some big out-of-pocket  
21 exposures associated with that can do about it, I think  
22 it might be worthwhile for the Justice Department to sort  
23 of examine the reasonableness under that circumstance of  
24 involuntary consumption of current pricing -- retail  
25 pricing policies.



1                   MR. BYE: Irene and then Nancy and then we  
2 might wrap up.

3                   MS. FRASER: Actually, just to add to this, one  
4 other odd aspect of it is that you also have a lot of  
5 involuntary non-use, and when you have such a huge gap  
6 between the retail price and the negotiated price, the  
7 only people who pay retail are the uninsured.

8                   And that's certainly a bizarre kind of market  
9 failure, and you know, in a sense, as the number of  
10 uninsured keeps increasing, we could end up in a  
11 situation where we're reinforcing the competitiveness of  
12 the market for those who are paying, but in the meantime,  
13 you have this peculiarity of people who cannot pay are  
14 using, you know, the wrong services, because they're  
15 receiving hospital care when they should have been  
16 receiving preventive care and making many of those  
17 admissions unnecessary.

18                   I'm not sure what one does about it, but I  
19 guess the question is how do you expand the notion of  
20 competitiveness of markets to those who don't have the  
21 price of admission?

22                   MS. FOSTER: Which is probably a really strange  
23 concept in most other industries. How do you expand the  
24 price of and fairly price vegetables for people who can't  
25 pay for any food at the grocery store, is not something

1 I've heard addressed before. But just to be clear on the  
2 issue, it is that the payments that are made to hospitals  
3 by most payers for services rendered are not related to  
4 the price list, if you will, for services rendered. They  
5 are calculated independently and are not related to it.

6 Most uninsured patients don't pay. We deliver  
7 an enormous amount of uncompensated care. So, they're  
8 not actually paying the retail price either.

9 But there are some strange things going on, and  
10 the one point I wanted to make is that, from our  
11 perspective FTC and DOJ should not do something  
12 independently thinking this is unplowed territory.

13 HHS has folks looking at the issues of pricing  
14 right now. There are other organizations that are  
15 engaged in all of these aspects that we've talked about  
16 here today, and the opportunity to add to confusion by  
17 doing something independently without recognizing what  
18 else is going on is enormous and would be detrimental to  
19 all of our efforts, I think.

20 MR. BYE: Thank you.

21 On that note, I'd like to thank all our  
22 panelists for their excellent presentations today.  
23 You've built a substantial record for us to go and look  
24 at over the coming months. And finally, I'd like to note  
25 that we recommence tomorrow at 9:15 a.m.

1 Thank you.

2 (Whereupon, at 5:13 p.m., the hearing was  
3 adjourned, to reconvene Friday, May 30, 2003, at 9:15  
4 a.m.)

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3           DOCKET/FILE NUMBER:   P022106  4           CASE TITLE:   HEALTH CARE AND COMPETITION LAW AND POLICY  5           DATE:   MAY 27, 2003  

6

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8           herein is a full and accurate transcript of the tapes  
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10          TRADE COMMISSION to the best of my knowledge and belief.

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DATED: JUNE 11, 2003

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LISA SIRARD

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## 17                   C E R T I F I C A T I O N     O F     P R O O F R E A D E R

18

19                   I HEREBY CERTIFY that I proofread the transcript for  
20          accuracy in spelling, hyphenation, punctuation and  
21          format.

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SARA J. VANCE