

It's Your Heart ~ LOVE IT!



Heart disease is the number one killer of both women and men.

Call 9-1-1 immediately if you experience heart attack symptoms.

You and your family will benefit most if you rapidly seek treatment.

The NIH National Heart Lung and Blood Institute offers a simple Risk Assessment Tool for Estimating Your 10-year Risk of Having a Heart Attack.

(<http://hin.nhlbi.nih.gov/atpiii/calculator.asp?usertype=pub>)



Sponsored by the Office of Environment, Safety and Health
POC: Claudia Beach, at 301-903-9826, or Claudia.Beach@eh.doe.gov