

FPO

NOVARTIS

Zometa® (zoledronic acid) Injection

Concentrate for Intravenous Infusion

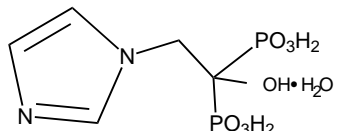
Rx only

Prescribing Information

FPO

DESCRIPTION

Zometa® contains zoledronic acid, a bisphosphonic acid which is an inhibitor of osteoclastic bone resorption.



Zoledronic acid is a white crystalline powder. Its molecular formula is C12H10N2O7P3 • H2O and its molar mass is 290.1g/mol.

Zometa® (zoledronic acid) Injection is available in vials as a sterile liquid concentrate solution for intravenous infusion.

Inactive Ingredients: mannitol, USP, as bulking agent, water for injection and sodium citrate, USP, as buffering agent.

CLINICAL PHARMACOLOGY

General

The principal pharmacologic action of zoledronic acid is inhibition of bone resorption. Although the antiresorptive mechanism is not completely understood, several factors are thought to contribute to this action.

Distribution

Single or multiple (q 28 days) 5-minute or 15-minute infusions of 2, 4, 8 or 16 mg Zometa® were given to 64 patients with cancer and bone metastases. The post-infusion decline of zoledronic acid concentrations in plasma was consistent with a triphasic process showing a rapid decrease from peak concentrations at end-of-infusion to <1% of Cmax 24 hours post infusion.

In vitro and ex vivo studies showed low affinity of zoledronic acid for the cellular components of human blood. Binding to human plasma proteins was approximately 22% and was independent of the concentration of zoledronic acid.

Metabolism

Zoledronic acid does not inhibit human P450 enzymes in vitro. Zoledronic acid does not undergo biotransformation in vivo. In animal studies, <3% of the administered intravenous dose was found in the feces, with the balance either recovered in the urine or taken up by bone.

Excretion

In 64 patients with cancer and bone metastases on average (± s.d.) 39 ± 16% of the administered zoledronic acid dose was recovered in the urine within 24 hours, with only trace amounts of drug found in urine post Day 2.

Zoledronic acid clearance was independent of dose but dependent upon the patient's creatinine clearance. In a study in patients with cancer and bone metastases, increasing the infusion time of a 4-mg dose of zoledronic acid from 5 minutes (n=5) to 15 minutes (n=7) resulted in a 34% decrease in the zoledronic acid concentration at the end of the infusion.

Special Populations

Pharmacokinetic data in patients with hypercalcemia are not available.

Pediatrics: Pharmacokinetic data in pediatric patients are not available.

Geriatrics: The pharmacokinetics of zoledronic acid were not affected by age in patients with cancer and bone metastases who ranged in age from 38 years to 84 years.

Race: The pharmacokinetics of zoledronic acid were not affected by race in patients with cancer and bone metastases.

Hepatic Insufficiency: No clinical studies were conducted to evaluate the effect of hepatic impairment on the pharmacokinetics of zoledronic acid.

Renal Insufficiency: The pharmacokinetic studies conducted in 64 cancer patients represented typical clinical populations with normal to moderately-impaired renal function. Compared to patients with normal renal function (N=37), patients with mild renal impairment (N=15) showed an average increase in plasma AUC of 15%, whereas patients with moderate renal impairment (N=11) showed an average increase in plasma AUC of 43%.

CrCl= [140-age (years)] x weight (kg) / 72 x serum creatinine (mg/dL)

Zometa systemic clearance in individual patients can be calculated from the population clearance of Zometa. CL (L/h)=6.5(CLcr/90)^0.4.

Pharmacodynamics

Hypercalcemia of Malignancy

Clinical studies in patients with hypercalcemia of malignancy (HCM) showed that single-dose infusions of Zometa are associated with decreases in serum calcium and phosphorus and increases in urinary calcium and phosphorus excretion.

Osteoclastic hyperactivity resulting in excessive bone resorption is the underlying pathophysiological derangement in hypercalcemia of malignancy (HCM, tumor-induced hypercalcemia) and metastatic bone disease.

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in increased renal resorption of calcium, setting up a cycle of worsening systemic hypercalcemia. Reducing excessive bone resorption and maintaining adequate fluid administration are, therefore, essential to the management of hypercalcemia of malignancy.

Patients who have hypercalcemia of malignancy can generally be divided into two groups according to the pathophysiological mechanism involved: humoral hypercalcemia and hypercalcemia due to tumor invasion of bone.

Extensive invasion of bone by tumor cells can also result in hypercalcemia due to local tumor products that stimulate bone resorption by osteoclasts.

Total serum calcium levels in patients who have hypercalcemia of malignancy may not reflect the severity of hypercalcemia, since concomitant hypoalbuminemia is commonly present. Ideally, ionized calcium levels should be used to diagnose and follow hypercalcemic conditions; however, these are not commonly or rapidly available in many clinical situations.

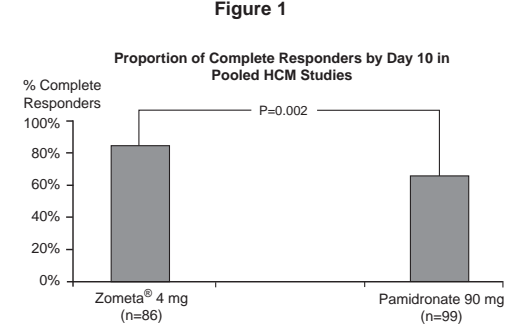
Clinical Trials in Hypercalcemia of Malignancy

Two identical multicenter, randomized, double-blind, double-dummy studies of Zometa 4 mg given as a 5-minute intravenous infusion or pamidronate 90 mg given as a 2-hour intravenous infusion were conducted in 185 patients with hypercalcemia of malignancy (HCM).

In these studies, HCM was defined as a corrected serum calcium (CSC) concentration of ≥12.0 mg/dL (3.00 mmol/L).

To assess the effects of Zometa versus those of pamidronate, the two multicenter HCM studies were combined in a pre-planned analysis. The results of the primary analysis revealed that the proportion of patients that had normalization of corrected serum calcium by Day 10 were 88% and 70% for Zometa 4 mg and pamidronate 90 mg, respectively (P=0.002).

In these studies, no additional benefit was seen for Zometa 8 mg over Zometa 4 mg; however, the risk of renal toxicity of Zometa 8 mg was significantly greater than that seen with Zometa 4 mg.



Secondary efficacy variables from the pooled HCM studies included the proportion of patients who had normalization of corrected serum calcium (CSC) by Day 4; the proportion of patients who had normalization of CSC by Day 7; time to relapse of HCM; and duration of complete response.

Table 1: Secondary Efficacy Variables in Pooled HCM Studies

Table with 4 columns: Variable, Zometa® 4 mg (N, Response Rate), Pamidronate 90 mg (N, Response Rate). Rows include Complete Response (By Day 4, By Day 7), Duration of Response, and Time to Relapse.

* P less than 0.05 vs. pamidronate 90 mg.

Clinical Trials in Multiple Myeloma and Bone Metastases of Solid Tumors

Table 2 describes an overview of the efficacy population in three randomized Zometa trials in patients with multiple myeloma and bone metastases of solid tumors. These trials included a pamidronate-controlled study in breast cancer and multiple myeloma, a placebo-controlled study in prostate cancer and a placebo-controlled study in other solid tumors.

Table 2: Overview of Efficacy Population for Phase III Studies (Core Phase)

Table with 6 columns: Study No., No. of Patients, Median Duration, Zometa® Dose, Control, Patient Population. Rows include studies 010, 039, and 011.

* Patients who were randomized to the 8-mg Zometa group are not included in any of the analyses in this package insert.

Table 3: Solid Tumor Patients by Cancer Type and Treatment Arm

Table with 3 columns: Cancer Type, Zometa® 4 mg N, Placebo N. Rows list various cancer types such as NSCLC, Renal, Small Cell Lung, etc.

Patients evaluable for efficacy were treated with Zometa for a median duration of 12.0 months for multiple myeloma and breast cancer, 10.5 months for prostate cancer, and 3.8 months for the other solid tumors.

Each study evaluated skeletal-related events (SREs), defined as any of the following: pathologic fracture, radiation therapy to bone, surgery to bone, or spinal cord compression.

Table 4: Zometa® Compared to Placebo in Patients with Bone Metastases from Prostate Cancer or Other Solid Tumors

Table with 4 columns: Study, I. Analysis of Proportion of Patients with a SRE¹, II. Analysis of Time to the First SRE. Rows include Prostate Cancer and Solid Tumors.

¹SRE = Skeletal-Related Event
²Difference for the proportion of patients with a SRE of Zometa 4 mg versus placebo.
³Hazard ratio for the first occurrence of a SRE of Zometa 4 mg versus placebo.

In the breast cancer and myeloma trial, efficacy was determined by a non-inferiority analysis comparing Zometa to pamidronate 90 mg for the proportion of patients with a SRE. This analysis required an estimation of pamidronate efficacy.

Table 5: Zometa® Compared to Pamidronate in Patients with Multiple Myeloma or Bone Metastases from Breast Cancer

Table with 4 columns: Study, I. Analysis of Proportion of Patients with a SRE¹, II. Analysis of Time to the First SRE. Rows include Multiple Myeloma & Breast Cancer.

¹SRE = Skeletal-Related Event
²Difference for the proportion of patients with a SRE of Zometa 4 mg versus pamidronate 90 mg.
³Hazard ratio for the first occurrence of a SRE of Zometa 4 mg versus pamidronate 90 mg.

INDICATIONS AND USAGE

Hypercalcemia of Malignancy
Zometa® (zoledronic acid) Injection is indicated for the treatment of hypercalcemia of malignancy.

Vigorous saline hydration, an integral part of hypercalcemia therapy, should be initiated promptly and an attempt should be made to restore the urine output to about 2 L/day throughout treatment.

Multiple Myeloma and Bone Metastases of Solid Tumors
Zometa is indicated for the treatment of patients with multiple myeloma and patients with documented bone metastases from solid tumors.

CONTRAINDICATIONS

Zometa® (zoledronic acid) Injection is contraindicated in patients with clinically significant hypersensitivity to zoledronic acid or other bisphosphonates.

WARNINGS

Due to the risk of clinically significant deterioration in renal function, which may progress to renal failure, single doses of Zometa® (zoledronic acid) should not exceed 4 mg and the duration of infusion should be no less than 15 minutes.

SAFETY AND PHARMACOKINETIC DATA ARE LIMITED IN PATIENTS WITH SEVERE RENAL IMPAIRMENT AND THE RISK OF RENAL DETERIORATION IS INCREASED (see ADVERSE REACTIONS, Renal Toxicity).
ZOMETA TREATMENT IS NOT RECOMMENDED IN PATIENTS WITH BONE METASTASES WITH SEVERE RENAL IMPAIRMENT.

Patients who receive Zometa should have serum creatinine assessed prior to each treatment. Patients treated with Zometa for multiple myeloma and bone metastases of solid tumors should have the dose withheld if renal function has deteriorated.

PREGNANCY: ZOMETA SHOULD NOT BE USED DURING PREGNANCY. Zometa may cause fetal harm when administered to a pregnant woman.

There are no studies in pregnant women using Zometa. If the patient becomes pregnant while taking this drug, the patient should be apprised of the potential harm to the fetus.

PRECAUTIONS

General

Standard hypercalcemia-related metabolic parameters, such as serum levels of calcium, phosphate, and magnesium, as well as serum creatinine, should be carefully monitored following initiation of therapy with Zometa® (zoledronic acid) Injection.

Patients with hypercalcemia of malignancy must be adequately rehydrated prior to administration of Zometa. Loop diuretics should not be used until the patient is adequately rehydrated and should be used with caution in combination with Zometa in order to avoid hypocalcemia.

Renal Insufficiency

Limited clinical data are available regarding use of Zometa in patients with renal impairment. Zometa is excreted intact primarily via the kidney, and the risk of adverse reactions, in particular renal adverse reactions, may be greater in patients with impaired renal function.

Studies of Zometa in the treatment of hypercalcemia of malignancy excluded patients with serum creatinine ≥400 µmol/L or ≥4.5 mg/dL. Bone metastasis trials excluded patients with serum creatinine >265 µmol/L or >3.0 mg/dL.

Patients receiving Zometa for hypercalcemia of malignancy with evidence of deterioration in renal function should be appropriately evaluated and consideration should be given as to whether the potential benefit of continued treatment with Zometa outweighs the possible risk.

Upon initiation of treatment in patients with multiple myeloma or metastatic bone lesions from solid tumors, with mild-to-moderate renal impairment, lower doses of Zometa are recommended.

Hepatic Insufficiency

Only limited clinical data are available for use of Zometa to treat hypercalcemia of malignancy in patients with hepatic insufficiency, and these data are not adequate to provide guidance on dosage selection or how to safely use Zometa in these patients.

Patients with Asthma

While not observed in clinical trials with Zometa, administration of other bisphosphonates has been associated with bronchoconstriction in aspirin-sensitive asthmatic patients.

Osteonecrosis of the Jaw

Osteonecrosis of the jaw (ONJ) has been reported in patients with cancer receiving treatment regimens including bisphosphonates. Many of these patients were also receiving chemotherapy and corticosteroids.

A dental examination with appropriate preventive dentistry should be considered prior to treatment with bisphosphonates in patients with concomitant risk factors (e.g., cancer, chemotherapy, corticosteroids, poor oral hygiene).

While on treatment, these patients should avoid invasive dental procedures if possible. For patients who develop ONJ while on bisphosphonate therapy, dental surgery may exacerbate the condition.

Laboratory Tests

Serum creatinine should be monitored prior to each dose of Zometa. Serum calcium, electrolytes, phosphate, magnesium, and hematocrit/hemoglobin should also be monitored regularly.

Drug Interactions

In vitro studies indicate that zoledronic acid is approximately 22% bound to plasma proteins. In vitro studies also indicate that zoledronic acid does not inhibit microsomal CYP450 enzymes.

Caution is advised when bisphosphonates are administered with aminoglycosides, since these agents may have an additive effect to lower serum calcium level for prolonged periods. This has not been reported in Zometa clinical trials.

Carcinogenesis, Mutagenesis, Impairment of Fertility
Carcinogenesis: Standard lifetime carcinogenicity bioassays were conducted in mice and rats.

There was an increased incidence of Harderian gland adenomas in males and females in all treatment groups (at doses ≥0.002 times a human intravenous dose of 4 mg, based on a comparison of relative body surface areas).

Mutagenesis: Zoledronic acid was not genotoxic in the Ames bacterial mutagenicity assay, in the Chinese hamster ovary cell assay, or in the Chinese hamster gene mutation assay.

Impairment of Fertility: Female rats were given subcutaneous doses of zoledronic acid of 0.01, 0.03, or 0.1 mg/kg/day beginning 15 days before mating and continuing through gestation.

Bisphosphonates are incorporated into the bone matrix, from where they are gradually released over periods of weeks to years.

