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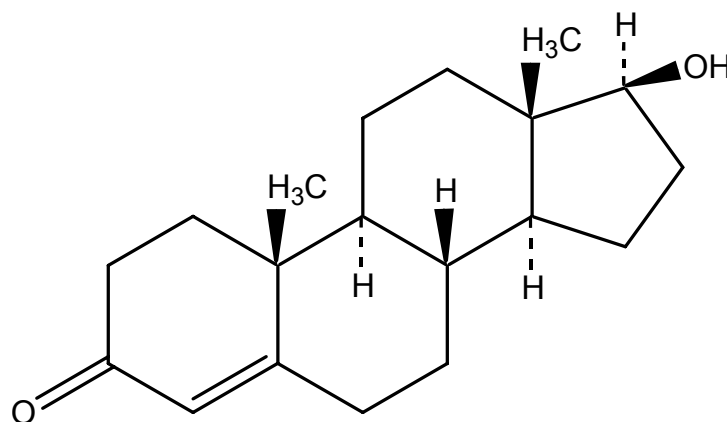
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2 500122/500127
3 Rev Aug 2005

4 **DESCRIPTION**

5 AndroGel® (testosterone gel) 1% is a clear, colorless hydroalcoholic gel containing 1%
6 testosterone. AndroGel provides continuous transdermal delivery of testosterone, the primary
7 circulating endogenous androgen, for 24 hours following a single application to intact, clean, dry
8 skin of the shoulders, upper arms and/or abdomen.

9 A daily application of AndroGel 5 g, 7.5 g, or 10 g contains 50 mg, 75 mg, or 100 mg of
10 testosterone, respectively, to be applied daily to the skin's surface. Approximately 10% of the
11 applied testosterone dose is absorbed across skin of average permeability during a 24-hour
12 period.

13 The active pharmacologic ingredient in AndroGel is testosterone. Testosterone USP is a
14 white to practically white crystalline powder chemically described as 17-beta hydroxyandrost-4-
15 en-3-one.
16



17
18
19 **Testosterone**

20
21 $C_{19}H_{28}O_2$

MW 288.42

22
23 Inactive ingredients in AndroGel are ethanol 67.0%, purified water, sodium hydroxide,
24 carbomer 980 and isopropyl myristate; these ingredients are not pharmacologically active.
25

26 **CLINICAL PHARMACOLOGY**

27 AndroGel (testosterone gel) delivers physiologic amounts of testosterone, producing circulating
28 testosterone concentrations that approximate normal levels (298 – 1043 ng/dL) seen in healthy
29 men.

30

31 **Testosterone – General Androgen Effects:**

32 Endogenous androgens, including testosterone and dihydrotestosterone (DHT), are responsible
33 for the normal growth and development of the male sex organs and for maintenance of secondary
34 sex characteristics. These effects include the growth and maturation of prostate, seminal vesicles,
35 penis, and scrotum; the development of male hair distribution, such as facial, pubic, chest, and
36 axillary hair; laryngeal enlargement, vocal chord thickening, alterations in body musculature, and
37 fat distribution. Testosterone and DHT are necessary for the normal development of secondary
38 sex characteristics. Male hypogonadism results from insufficient secretion of testosterone and is
39 characterized by low serum testosterone concentrations. Symptoms associated with male
40 hypogonadism include impotence and decreased sexual desire, fatigue and loss of energy, mood
41 depression, regression of secondary sexual characteristics and osteoporosis. Hypogonadism is a
42 risk factor for osteoporosis in men.

43 Drugs in the androgen class also promote retention of nitrogen, sodium, potassium,
44 phosphorus, and decreased urinary excretion of calcium. Androgens have been reported to
45 increase protein anabolism and decrease protein catabolism. Nitrogen balance is improved only
46 when there is sufficient intake of calories and protein.

47 Androgens are responsible for the growth spurt of adolescence and for the eventual
48 termination of linear growth brought about by fusion of the epiphyseal growth centers. In
49 children, exogenous androgens accelerate linear growth rates but may cause a disproportionate
50 advancement in bone maturation. Use over long periods may result in fusion of the epiphyseal
51 growth centers and termination of the growth process. Androgens have been reported to
52 stimulate the production of red blood cells by enhancing erythropoietin production.

53 During exogenous administration of androgens, endogenous testosterone release may be
54 inhibited through feedback inhibition of pituitary luteinizing hormone (LH). At large doses of
55 exogenous androgens, spermatogenesis may also be suppressed through feedback inhibition of
56 pituitary follicle-stimulating hormone (FSH).

57 There is a lack of substantial evidence that androgens are effective in accelerating fracture
58 healing or in shortening postsurgical convalescence.

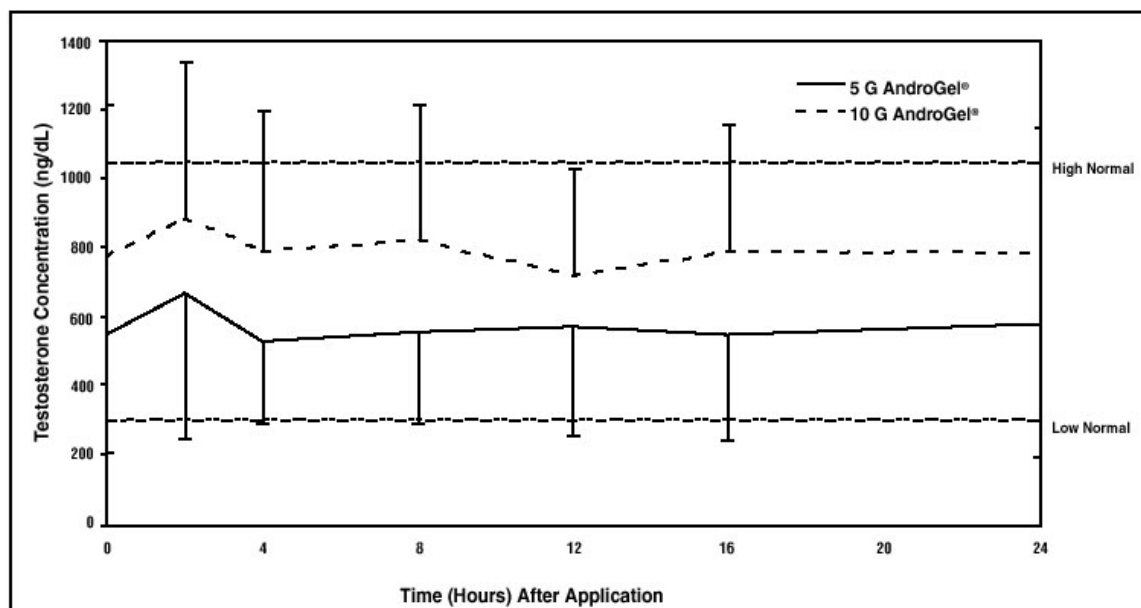
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60 **Pharmacokinetics**

61 **Absorption:** AndroGel is a hydroalcoholic formulation that dries quickly when applied to the
62 skin surface. The skin serves as a reservoir for the sustained release of testosterone into the
63 systemic circulation. Approximately 10% of the testosterone dose applied on the skin surface
64 from AndroGel is absorbed into systemic circulation. Therefore, 5 g and 10 g of AndroGel
65 systemically deliver approximately 5 mg and 10 mg of testosterone, respectively. In a study with
66 10 g of AndroGel, all patients showed an increase in serum testosterone within 30 minutes, and
67 eight of nine patients had a serum testosterone concentration within normal range by 4 hours
68 after the initial application. Absorption of testosterone into the blood continues for the entire 24-
69 hour dosing interval. Serum concentrations approximate the steady-state level by the end of the
70 first 24 hours and are at steady state by the second or third day of dosing.

71 With single daily applications of AndroGel, follow-up measurements 30, 90 and 180 days
72 after starting treatment have confirmed that serum testosterone concentrations are generally

73 maintained within the eugonadal range. Figure 1 summarizes the 24-hour pharmacokinetic
 74 profiles of testosterone for hypogonadal men (<300 ng/dL) maintained on 5 g or 10 g of
 75 AndroGel for 30 days. The average (\pm SD) daily testosterone concentration produced by
 76 AndroGel 10 g on Day 30 was 792 (\pm 294) ng/dL and by AndroGel 5 g 566 (\pm 262) ng/dL.
 77
 78



79
 80 **FIGURE 1: Mean (\pm SD) Steady-State Serum Testosterone Concentrations on Day 30 in**
 81 **Patients Applying AndroGel Once Daily**
 82

83 When AndroGel treatment is discontinued after achieving steady state, serum testosterone
 84 levels remain in the normal range for 24 to 48 hours but return to their pretreatment levels by the
 85 fifth day after the last application.

86 **Distribution:** Circulating testosterone is chiefly bound in the serum to sex hormone-binding
 87 globulin (SHBG) and albumin. The albumin-bound fraction of testosterone easily dissociates
 88 from albumin and is presumed to be bioactive. The portion of testosterone bound to SHBG is not
 89 considered biologically active. The amount of SHBG in the serum and the total testosterone level
 90 will determine the distribution of bioactive and nonbioactive androgen. SHBG-binding capacity
 91 is high in prepubertal children, declines during puberty and adulthood, and increases again
 92 during the later decades of life. Approximately 40% of testosterone in plasma is bound to SHBG,
 93 2% remains unbound (free) and the rest is bound to albumin and other proteins.

94 **Metabolism:** There is considerable variation in the half-life of testosterone as reported in the
 95 literature, ranging from 10 to 100 minutes. Testosterone is metabolized to various 17-keto
 96 steroids through two different pathways. The major active metabolites of testosterone are
 97 estradiol and DHT. DHT binds with greater affinity to SHBG than does testosterone. In many
 98 tissues, the activity of testosterone depends on its reduction to DHT, which binds to cytosol
 99 receptor proteins. The steroid-receptor complex is transported to the nucleus where it initiates
 100 transcription and cellular changes related to androgen action. In reproductive tissues, DHT is
 101 further metabolized to 3- α and 3- β androstanediol.

102 DHT concentrations increased in parallel with testosterone concentrations during AndroGel
103 treatment. After 180 days of treatment, mean DHT concentrations were within the normal range
104 with 5 g AndroGel and were about 7% above the normal range after a 10 g dose. The mean
105 steady-state DHT/T ratio during 180 days of AndroGel treatment remained within normal limits
106 (as determined by the analytical laboratory involved with this clinical trial) and ranged from 0.23
107 to 0.29 (5 g/day) and from 0.27 to 0.33 (10 g/day).

108 **Excretion:** About 90% of a dose of testosterone given intramuscularly is excreted in the urine as
109 glucuronic and sulfuric acid conjugates of testosterone and its metabolites; about 6% of a dose is
110 excreted in the feces, mostly in the unconjugated form. Inactivation of testosterone occurs
111 primarily in the liver.

112 **Special Populations:** In patients treated with AndroGel, there are no observed differences in the
113 average daily serum testosterone concentration at steady state based on age, cause of
114 hypogonadism or body mass index. No formal studies were conducted involving patients with
115 renal or hepatic insufficiencies.

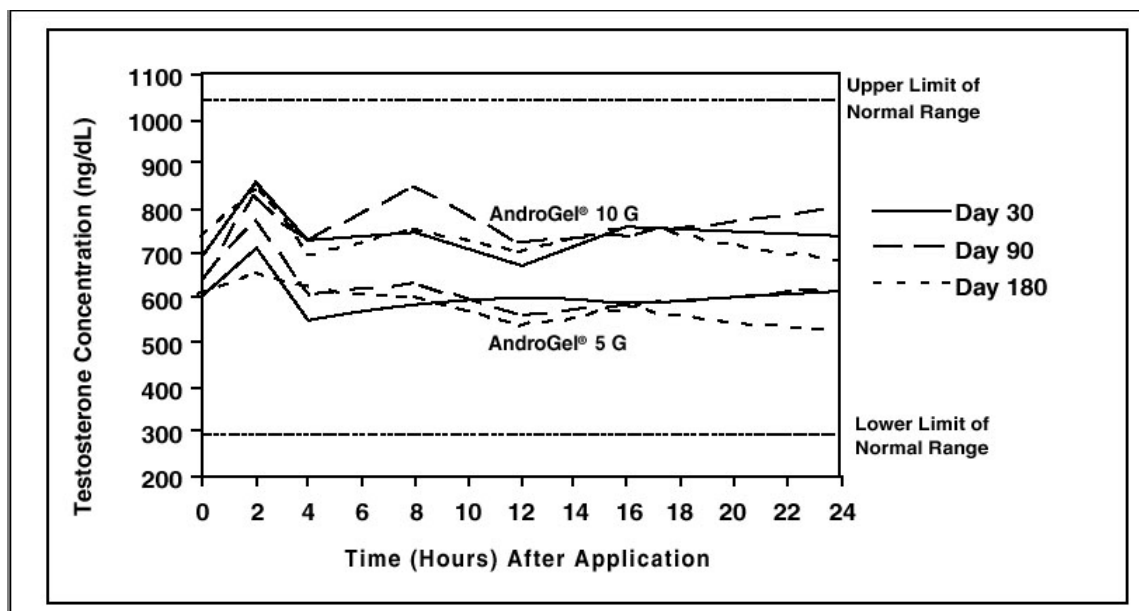
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117 **Clinical Studies**

118 AndroGel was evaluated in a multicenter, randomized, parallel-group, active-controlled, 180-day
119 trial in 227 hypogonadal men. The study was conducted in 2 phases. During the Initial Treatment
120 Period (Days 1-90), 73 patients were randomized to AndroGel 5 g daily, 78 patients to AndroGel
121 10 g daily, and 76 patients to a non-scrotal testosterone transdermal system. The study was
122 double-blind for dose of AndroGel but open-label for active control. Patients who were
123 originally randomized to AndroGel and who had single-sample serum testosterone levels above
124 or below the normal range on Day 60 were titrated to 7.5 g daily on Day 91. During the
125 Extended Treatment Period (Days 91-180), 51 patients continued on AndroGel 5 g daily, 52
126 patients continued on AndroGel 10 g daily, 41 patients continued on a non-scrotal testosterone
127 transdermal system (5 mg daily), and 40 patients received AndroGel 7.5 g daily. Upon
128 completion of the initial study, 163 enrolled and 162 patients received treatment in an open-label
129 extension study of AndroGel for an additional period of up to 3 years.

130 Mean peak, trough and average serum testosterone concentrations within the normal range
131 (298-1043 ng/dL) were achieved on the first day of treatment with doses of 5 g and 10 g. In
132 patients continuing on AndroGel 5 g and 10 g, these mean testosterone levels were maintained
133 within the normal range for the 180-day duration of the original study. Figure 2 summarizes the
134 24-hour pharmacokinetic profiles of testosterone administered as AndroGel for 30, 90 and 180
135 days. Testosterone concentrations were maintained as long as the patient continued to properly
136 apply the prescribed AndroGel treatment.

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**FIGURE 2: Mean Steady-State Testosterone Concentrations in Patients with
Once-Daily AndroGel Therapy**

142 Table 1 summarizes the mean testosterone concentrations on Treatment Day 180 for patients
143 receiving 5 g, 7.5 g, or 10 g of AndroGel. The 7.5 g dose produced mean concentrations
144 intermediate to those produced by 5 g and 10 g of AndroGel.

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**TABLE 1: Mean (\pm SD) Steady-State Serum Testosterone
Concentrations During Therapy (Day 180)**

	5 g N = 44	7.5 g N = 37	10 g N = 48
Cavg	555 \pm 225	601 \pm 309	713 \pm 209
Cmax	830 \pm 347	901 \pm 471	1083 \pm 434
Cmin	371 \pm 165	406 \pm 220	485 \pm 156

149
150 Of 129 hypogonadal men who were appropriately titrated with AndroGel and who had
151 sufficient data for analysis, 87% achieved an average serum testosterone level within the normal
152 range on Treatment Day 180.

153 AndroGel 5 g/day and 10 g/day resulted in significant increases over time in total body mass
154 and total body lean mass, while total body fat mass and the percent body fat decreased
155 significantly. These changes were maintained for 180 days of treatment during the original study.
156 Changes in the 7.5 g dose group were similar. Bone mineral density in both hip and spine
157 increased significantly from Baseline to Day 180 with 10 g AndroGel.

158 AndroGel treatment at 5 g/day and 10 g/day for 90 days produced significant improvement in
159 libido (measured by sexual motivation, sexual activity and enjoyment of sexual activity as
160 assessed by patient responses to a questionnaire). The degree of penile erection as subjectively
161 estimated by the patients, increased with AndroGel treatment, as did the subjective score for
162 “satisfactory duration of erection.” AndroGel treatment at 5 g/day and 10 g/day produced
163 positive effects on mood and fatigue. Similar changes were seen after 180 days of treatment and

164 in the group treated with the 7.5 g dose. DHT concentrations increased in parallel with
165 testosterone concentrations at AndroGel doses of 5 g/day and 10 g/day, but the DHT/T ratio
166 stayed within the normal range, indicating enhanced availability of the major physiologically
167 active androgen. Serum estradiol (E2) concentrations increased significantly within 30 days of
168 starting treatment with AndroGel 5 or 10 g/day and remained elevated throughout the treatment
169 period but remained within the normal range for eugonadal men. Serum levels of SHBG
170 decreased very slightly (1 to 11%) during AndroGel treatment. In men with hypergonadotropic
171 hypogonadism, serum levels of LH and FSH fell in a dose- and time-dependent manner during
172 treatment with AndroGel.

173
174 **Potential for Phototoxicity:** The phototoxic potential of AndroGel was evaluated in a double-
175 blind, single-dose study in 27 subjects with photosensitive skin types. The Minimal Erythema
176 Dose (MED) of ultraviolet radiation was determined for each subject. A single 24 (+1) hour
177 application of duplicate patches containing test articles (placebo gel, testosterone gel, or saline)
178 was made to naive skin sites on Day 1. On Day 2, each subject received five exposure times of
179 ultraviolet radiation, each exposure being 25% greater than the previous one. Skin evaluations
180 were made on Days 2-5. Exposure of test and control article application sites to ultraviolet light
181 did not produce increased inflammation relative to non-irradiated sites, indicating no phototoxic
182 effect.

183
184 **Potential for Testosterone Transfer:** The potential for dermal testosterone transfer following
185 AndroGel use was evaluated in a clinical study between males dosed with AndroGel and their
186 untreated female partners. Two to 12 hours after AndroGel (10 g) application by the male
187 subjects, the couples (N=38 couples) engaged in daily, 15-minute sessions of vigorous skin-to-
188 skin contact so that the female partners gained maximum exposure to the AndroGel application
189 sites. Under these study conditions, all unprotected female partners had a serum testosterone
190 concentration > 2 times the baseline value at some time during the study. When a shirt covered
191 the application site(s), the transfer of testosterone from the males to the female partners was
192 completely prevented.

193 194 **INDICATIONS AND USAGE**

195 AndroGel is indicated for replacement therapy in males for conditions associated with a
196 deficiency or absence of endogenous testosterone:

- 197 1. Primary hypogonadism (congenital or acquired) – testicular failure due to cryptorchidism,
198 bilateral torsion, orchitis, vanishing testis syndrome, orchiectomy, Klinefelter's syndrome,
199 chemotherapy, or toxic damage from alcohol or heavy metals. These men usually have low
200 serum testosterone levels and gonadotropins (FSH, LH) above the normal range.
- 201 2. Hypogonadotropic hypogonadism (congenital or acquired) – idiopathic gonadotropin or
202 luteinizing hormone-releasing hormone (LHRH) deficiency or pituitary-hypothalamic injury
203 from tumors, trauma, or radiation. These men have low testosterone serum levels but have
204 gonadotropins in the normal or low range.

205 AndroGel has not been clinically evaluated in males under 18 years of age.

206 207 **CONTRAINDICATIONS**

208 Androgens are contraindicated in men with carcinoma of the breast or known or suspected
209 carcinoma of the prostate.

210 AndroGel is not indicated for use in women, has not been evaluated in women, and must not
211 be used in women.

212 Pregnant women should avoid skin contact with AndroGel application sites in men.

213 Testosterone may cause fetal harm. In the event that unwashed or unclothed skin to which
214 AndroGel has been applied does come in direct contact with the skin of a pregnant woman, the
215 general area of contact on the woman should be washed with soap and water as soon as possible.
216 *In vitro* studies show that residual testosterone is removed from the skin surface by washing with
217 soap and water.

218 AndroGel should not be used in patients with known hypersensitivity to any of its
219 ingredients, including testosterone USP that is chemically synthesized from soy.

220

221 **WARNINGS**

- 222 1. Prolonged use of high doses of orally active 17-alpha-alkyl androgens (e.g.,
223 methyltestosterone) has been associated with serious hepatic adverse effects (peliosis hepatis,
224 hepatic neoplasms, cholestatic hepatitis, and jaundice). Peliosis hepatis can be a life-
225 threatening or fatal complication. Long-term therapy with testosterone enanthate, which
226 elevates blood levels for prolonged periods, has produced multiple hepatic adenomas.
227 AndroGel is not known to produce these adverse effects.
- 228 2. Geriatric patients treated with androgens may be at an increased risk for the development of
229 prostatic hyperplasia and prostatic carcinoma.
- 230 3. Geriatric patients and other patients with clinical or demographic characteristics that are
231 recognized to be associated with an increased risk of prostate cancer should be evaluated for
232 the presence of prostate cancer prior to initiation of testosterone replacement therapy. In men
233 receiving testosterone replacement therapy, surveillance for prostate cancer should be
234 consistent with current practices for eugonadal men. Increases in serum PSA from baseline
235 values were seen in approximately 18% of individuals in an open label study of 162
236 hypogonadal men treated with AndroGel for up to 42 months. Most of these increases were
237 seen within the first year of therapy. (see **ADVERSE REACTIONS** and **PRECAUTIONS:**
238 **Carcinogenesis, Mutagenesis, Impairment of Fertility and Laboratory Tests**).
- 239 4. Edema with or without congestive heart failure may be a serious complication in patients
240 with preexisting cardiac, renal, or hepatic disease. In addition to discontinuation of the drug,
241 diuretic therapy may be required.
- 242 5. Gynecomastia frequently develops and occasionally persists in patients being treated for
243 hypogonadism.
- 244 6. The treatment of hypogonadal men with testosterone esters may potentiate sleep apnea in
245 some patients, especially those with risk factors such as obesity or chronic lung diseases.
- 246 7. ALCOHOL BASED GELS ARE FLAMMABLE. AVOID FIRE, FLAME OR SMOKING
247 UNTIL THE GEL HAS DRIED.

248

249 **PRECAUTIONS**

250 Transfer of testosterone to another person can occur when vigorous skin-to-skin contact is made
251 with the application site (see **Clinical Studies**). The following precautions are recommended to
252 minimize potential transfer of testosterone from AndroGel-treated skin to another person:

- 253 • Patients should wash their hands immediately with soap and water after application of
254 AndroGel.
- 255 • Patients should cover the application site(s) with clothing after the gel has dried (e.g. a shirt).

- 256 • In the event that unwashed or unclothed skin to which AndroGel has been applied does come
 257 in direct contact with the skin of another person, the general area of contact on the other
 258 person should be washed with soap and water as soon as possible. *In vitro* studies show that
 259 residual testosterone is removed from the skin surface by washing with soap and water.
 260 Changes in body hair distribution, significant increase in acne, or other signs of virilization of the
 261 female partner should be brought to the attention of a physician.

262 **General**

263 The physician should instruct patients to report any of the following:

- 264 • Too frequent or persistent erections of the penis.
- 265 • Any nausea, vomiting, changes in skin color, or ankle swelling.
- 266 • Breathing disturbances, including those associated with sleep.

267 **Information for Patients**

268 Advise patients to carefully read the information brochure that accompanies each carton of 30
 269 AndroGel single-use packets or 75 g AndroGel Pump.

270 Advise patients of the following:

- 271 • AndroGel should not be applied to the scrotum.
- 272 • AndroGel should be applied once daily to clean dry skin.
- 273 • After application of AndroGel, it is currently unknown for how long showering or swimming
 274 should be delayed. For optimal absorption of testosterone, it appears reasonable to wait at
 275 least 5-6 hours after application prior to showering or swimming. Nevertheless, showering or
 276 swimming after just 1 hour should have a minimal effect on the amount of AndroGel
 277 absorbed if done very infrequently.
- 278 • SINCE ALCOHOL BASED GELS ARE FLAMMABLE, AVOID FIRE, FLAME OR
 279 SMOKING UNTIL THE GEL HAS DRIED.

280 **Laboratory Tests**

- 281 1. Hemoglobin and hematocrit levels should be checked periodically (to detect polycythemia)
 282 in patients on long-term androgen therapy.
- 283 2. Liver function, prostatic specific antigen, cholesterol, and high-density lipoprotein should be
 284 checked periodically.
- 285 3. To ensure proper dosing, serum testosterone concentrations should be measured (see
 286 **DOSAGE AND ADMINISTRATION**).

287 **Drug Interactions**

288 **Oxyphenbutazone:** Concurrent administration of oxyphenbutazone and androgens may result in
 289 elevated serum levels of oxyphenbutazone.

290 **Insulin:** In diabetic patients, the metabolic effects of androgens may decrease blood glucose
 291 and, therefore, insulin requirements.

292 **Propranolol:** In a published pharmacokinetic study of an injectable testosterone product,
 293 administration of testosterone cypionate led to an increased clearance of propranolol in the
 294 majority of men tested.

295 **Corticosteroids:** The concurrent administration of testosterone with ACTH or corticosteroids
 296 may enhance edema formation; thus, these drugs should be administered cautiously, particularly
 297 in patients with cardiac or hepatic disease.

302

303 Drug/Laboratory Test Interactions

304 Androgens may decrease levels of thyroxin-binding globulin, resulting in decreased total T4
305 serum levels and increased resin uptake of T3 and T4. Free thyroid hormone levels remain
306 unchanged, however, and there is no clinical evidence of thyroid dysfunction.

307

308 Carcinogenesis, Mutagenesis, Impairment of Fertility

309 **Animal Data:** Testosterone has been tested by subcutaneous injection and implantation in mice
310 and rats. In mice, the implant induced cervical-uterine tumors, which metastasized in some cases.
311 There is suggestive evidence that injection of testosterone into some strains of female mice
312 increases their susceptibility to hepatoma. Testosterone is also known to increase the number of
313 tumors and decrease the degree of differentiation of chemically induced carcinomas of the liver
314 in rats.

315 **Human Data:** There are rare reports of hepatocellular carcinoma in patients receiving long-term
316 oral therapy with androgens in high doses. Withdrawal of the drugs did not lead to regression of
317 the tumors in all cases.

318 Geriatric patients treated with androgens may be at an increased risk for the development of
319 prostatic hyperplasia and prostatic carcinoma.

320 Geriatric patients and other patients with clinical or demographic characteristics that are
321 recognized to be associated with an increased risk of prostate cancer should be evaluated for the
322 presence of prostate cancer prior to initiation of testosterone replacement therapy.

323 In men receiving testosterone replacement therapy, screening for prostate cancer should be
324 consistent with current practices for eugonadal men. Increases in serum PSA from baseline
325 values were reported in approximately 18% of individual patients treated for up to 42 months in
326 an open-label safety study (see **ADVERSE REACTIONS**).

327 **Pregnancy Category X** (see **CONTRAINDICATIONS**) – Teratogenic Effects: AndroGel is not
328 indicated for women and must not be used in women.

329 **Nursing Mothers:** AndroGel is not indicated for women and must not be used in women.

330 **Pediatric Use:** Safety and efficacy of AndroGel in pediatric patients have not been established.

331

332 ADVERSE REACTIONS

333 In a controlled clinical study, 154 patients were treated with AndroGel for up to 6 months (see
334 **Clinical Studies**). Adverse Events possibly, probably or definitely related to the use of
335 AndroGel and reported by $\geq 1\%$ of the patients are listed in Table 2.

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339

TABLE 2: Adverse Events Possibly, Probably or Definitely Related to Use of AndroGel in the 180-Day Controlled Clinical Trial

Adverse Event	Dose of AndroGel		
	5 g n = 77	7.5 g n = 40	10 g n = 78
Acne	1%	3%	8%
Alopecia	1%	0%	1%
Application Site Reaction	5%	3%	4%
Asthenia	0%	3%	1%
Depression	1%	0%	1%
Emotional Lability	0%	3%	3%
Gynecomastia	1%	0%	3%
Headache	4%	3%	0%
Hypertension	3%	0%	3%
Lab Test Abnormal*	6%	5%	3%
Libido Decreased	0%	3%	1%
Nervousness	0%	3%	1%
Pain Breast	1%	3%	1%
Prostate Disorder**	3%	3%	5%
Testis Disorder***	3%	0%	0%

340 * *Lab test abnormal* occurred in nine patients with one or more of the following
341 events: elevated hemoglobin or hematocrit, hyperlipidemia, elevated
342 triglycerides, hypokalemia, decreased HDL, elevated glucose, elevated
343 creatinine, or elevated total bilirubin.
344 ** *Prostate disorders* included five patients with enlarged prostate, one patient
345 with BPH, and one patient with elevated PSA results.
346 *** *Testis disorders* were reported from two patients: one patient with left
347 varicocele and one patient with slight sensitivity of left testis.
348

349 The following adverse events possibly related to the use of AndroGel occurred in fewer than
350 1% of patients: amnesia, anxiety, discolored hair, dizziness, dry skin, hirsutism, hostility,
351 impaired urination, paresthesia, penis disorder, peripheral edema, sweating, and vasodilation.

352 In this clinical trial of AndroGel, skin reactions at the site of application were reported with
353 AndroGel, but none was severe enough to require treatment or discontinuation of drug.

354 Six (4%) patients in this trial had adverse events that led to discontinuation of AndroGel.
355 These events included the following: cerebral hemorrhage, convulsion (neither of which were
356 considered related to AndroGel administration), depression, sadness, memory loss, elevated
357 prostate specific antigen and hypertension. No AndroGel patients discontinued due to skin
358 reactions.

359 In an uncontrolled pharmacokinetic study of 10 patients, two had adverse events associated
360 with AndroGel; these were asthenia and depression in one patient and increased libido and
361 hyperkinesia in the other. Among 17 patients in foreign clinical studies there was one instance
362 each of acne, erythema and benign prostate adenoma associated with a 2.5% testosterone gel
363 formulation applied dermally.

One hundred sixty-two (162) patients received AndroGel for up to 3 years in a long-term follow-up study for patients who completed the controlled clinical trial. Table 3 summarizes those adverse events possibly, probably or definitely related to the use of AndroGel and reported by 2 or more subjects in at least one treatment group.

TABLE 3: Incidence of Treatment-Emergent Adverse Events Possibly, Probably or Definitely Related to the Use of AndroGel in the 3 Year Open-Label Extension Clinical Trial

Adverse Event Category/Classification	Treatment Group % (N = 162)
Lab Test Abnormal ⁺	9.3% (15)
Skin dry	1.9% (3)
Application Site Reaction	5.6% (9)
Acne	3.1% (5)
Pruritus	1.9% (3)
Enlarged Prostate	11.7% (19)
Carcinoma of Prostate	1.2% (2)
Urinary Symptoms*	3.7% (6)
Testis Disorder**	1.9% (3)
Gynecomastia	2.5% (4)
Anemia	2.5% (4)

⁺ *Lab test abnormal* occurred in fifteen patients with one or more of the following events: elevated AST, elevated ALT, elevated testosterone, elevated hemoglobin or hematocrit, elevated cholesterol, elevated cholesterol/LDL ratio, elevated triglycerides, elevated HDL, or elevated serum creatinine.

* *Urinary symptoms* included nocturia, urinary hesitancy, urinary incontinence, urinary retention, urinary urgency and weak urinary stream.

** *Testis disorder* included three patients. There were two patients with a non-palpable testis and one patient with slight right testicular tenderness.

Two patients reported serious adverse events considered possibly related to treatment: deep vein thrombosis (DVT) and prostate disorder requiring a transurethral resection of the prostate (TURP). Nine patients discontinued treatment due to adverse events possibly related to treatment with AndroGel, including two patients with application site reactions, one with kidney failure, and five with prostate disorders (including increase in serum PSA in 4 patients, and increase in PSA with prostate enlargement in a fifth patient). All patients who discontinued due to an increase in serum PSA did so by Day 357.

Increases in Serum PSA

During the initial 6-month study, the mean change in PSA values had a statistically significant increase of 0.26 ng/mL. Serum PSA was measured every 6 months thereafter. While there was no statistically significant increase in mean PSA from 6 months through 36 months of AndroGel treatment for the overall group of 162 patients enrolled in the long-term extension study, there were increases in serum PSA seen in approximately 18% of individual patients. In the long-term

397 extension study, the overall mean change from baseline in serum PSA values for the entire group
398 was 0.11 ng/mL.

399
400 Twenty-nine (29) (18%) patients met the per-protocol criterion for increase in serum PSA
401 value, defined as a value $\geq 2X$ the baseline value or any single absolute value ≥ 6 ng/mL.
402 Twenty-five of these patients met this criterion by virtue of a post-baseline value at least twice
403 the baseline value. In most of these cases (22/25), the maximum serum PSA value attained was
404 ≤ 2 ng/mL. The first occurrence of a pre-specified, post-baseline increase in serum PSA was seen
405 at or prior to Month 12 in most of the patients who met this criterion (23 of 29; 79%). Four
406 patients met this criterion by having a serum PSA ≥ 6 ng/mL and in these, maximum serum PSA
407 values were 6.2 ng/mL, 6.6 ng/mL, 6.7 ng/mL, and 10.7 ng/mL (in AndroGel-treated patients).
408 In two of these AndroGel-treated patients, prostate cancer was detected on biopsy. The first
409 patient's PSA levels were 4.7 ng/mL and 6.2 ng/mL at baseline and at Month 6/Final,
410 respectively. The second patient's PSA levels were 4.2 ng/mL, 5.2 ng/mL, 5.8 ng/mL, and 6.6
411 ng/mL at baseline, Month 6, Month 12, and Final, respectively.

412

413 **DRUG ABUSE AND DEPENDENCE**

414 AndroGel contains testosterone, a Schedule III controlled substance as defined by the Anabolic
415 Steroids Control Act.

416 Oral ingestion of AndroGel will not result in clinically significant serum testosterone
417 concentrations due to extensive first-pass metabolism.

418

419 **OVERDOSAGE**

420 No reports of AndroGel overdose have been received. However, there is one report of acute
421 overdosage by injection of testosterone enanthate: testosterone levels of up to 11,400 ng/dL were
422 implicated in a cerebrovascular accident.

423

424 **DOSAGE AND ADMINISTRATION**

425 The recommended starting dose of AndroGel is 5 g delivering 5 mg of testosterone systemically,
426 applied once daily (preferably in the morning) to clean, dry, intact skin of the shoulders and
427 upper arms and/or abdomen. Serum testosterone levels should be measured approximately 14
428 days after initiation of therapy to ensure proper dosing. If the serum testosterone concentration is
429 below the normal range, or if the desired clinical response is not achieved, the daily AndroGel
430 dose may be increased from 5 g to 7.5 g and from 7.5 g to 10 g as instructed by the physician.

431 AndroGel is available in either unit-dose packets or multiple-dose pumps. The metered-dose
432 pump delivers 1.25 g of product when the pump mechanism is fully depressed once.

433 AndroGel must not be applied to the genitals.

434 If using the multi-dose AndroGel Pump, patients should be instructed to prime the pump
435 before using it for the first time by fully depressing the pump mechanism (actuation) 3 times and
436 discard this portion of the product to assure precise dose delivery. After the priming procedure,
437 patients should completely depress the pump one time (actuation) for every 1.25 g of product
438 required to achieve the daily prescribed dosage. The product may be delivered directly into the
439 palm of the hand and then applied to the desired application sites, either one pump actuation at a
440 time or upon completion of all pump actuations required for the daily dose. Alternatively, the
441 product can be applied directly to the application sites. Application directly to the sites may
442 prevent loss of product that may occur during transfer from the palm of the hand onto the

443 application sites. Please refer to the chart below for specific dosing guidelines when the
 444 AndroGel Pump is used.

Prescribed Daily Dose	Number of Pump Actuations
5 g	4 (once daily)
7.5 g	6 (once daily)
10 g	8 (once daily)

446
 447 If using the packets, the entire contents should be squeezed into the palm of the hand and
 448 immediately applied to the application sites. Alternately, patients may squeeze a portion of the
 449 gel from the packet into the palm of the hand and apply to application sites. Repeat until entire
 450 contents have been applied.

451 Application sites should be allowed to dry for a few minutes prior to dressing. Hands should
 452 be washed with soap and water after AndroGel has been applied.

453 **HOW SUPPLIED**

454 AndroGel contains testosterone, a Schedule III controlled substance as defined by the Anabolic
 455 Steroids Control Act.

457 AndroGel is supplied in non-aerosol, metered-dose pumps. The pump is composed of plastic
 458 and stainless steel and an LDPE/aluminum foil inner liner encased in rigid plastic with a
 459 polypropylene cap. Each individual packaged AndroGel Pump is capable of dispensing 75 g or
 460 60 metered 1.25 g doses.

461 AndroGel is also supplied in unit-dose aluminum foil packets in cartons of 30. Each packet
 462 of 2.5 g or 5 g gel contains 25 mg or 50 mg testosterone, respectively.

<u>NDC Number</u>	<u>Package Size</u>
464 0051-8488-88	2 x 75 g pumps (each pump dispenses 60 metered 1.25 g doses)
466 0051-8425-30	30 packets (2.5 g per packet)
467 0051-8450-30	30 packets (5 g per packet)

468
 469 **Keep AndroGel out of the reach of children.**

470
 471 **Storage**
 472 Store at 25°C (77°F); excursions permitted to 15° to 30°C (59° to 86°F) [see USP Controlled
 473 Room Temperature].

474
 475 **Disposal**
 476 Used AndroGel pumps or used AndroGel packets should be discarded in household trash in a
 477 manner that prevents accidental application or ingestion by children or pets. In addition, any
 478 discarded gel should be thoroughly rinsed down the sink or discarded in the household trash in a
 479 manner that prevents accidental application or ingestion by children or pets.

480
 481 **Manufactured by:**
 482 Laboratoires Besins International
 483 Montrouge, France

484

485 For:
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489
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