

# INTRON® A (Interferon alfa-2b, recombinant)

## MEDICATION GUIDE

INTRON® A (Interferon alfa-2b, recombinant) Powder for Injection

## Including appendix with instructions for using INTRON® A Powder for Injection

Read this Medication Guide carefully before you start to take INTRON A (Interferon alfa-2b) for Injection alone or INTRON A in combination with REBETOL® (REB-eh-tole) (ribavirin, USP) Capsules. Read the Medication Guide each time you refill your prescription because there may be new information. The information in this Medication Guide does not take the place of talking with your health care provider.

If you are taking INTRON A and REBETOL combination therapy, also read the Medication Guide for REBETOL (ribavirin, USP) Capsules.

### **What is the most important information I should know about INTRON® A?**

INTRON A is a treatment for some people who have hairy cell leukemia, malignant melanoma, follicular lymphoma, AIDS-related Kaposi's sarcoma, chronic hepatitis B, chronic hepatitis C, and condylomata acuminata. If you have chronic hepatitis C, your health care provider may prescribe INTRON A in combination with REBETOL®. INTRON A used by itself or with REBETOL can help you, but can also have serious side effects and may cause death in rare cases. Before starting treatment, you should talk to your health care provider about the possible benefits and possible side effects of INTRON A alone or in combination with REBETOL, to decide if this treatment is right for you. While taking INTRON A alone or in combination with REBETOL, you need to see a health care provider regularly for medical examinations and lab tests to make sure the treatment is working and to check for side effects.

### **You should call your health care provider immediately if you develop any of these conditions while taking INTRON A:**

- you become pregnant or if you are a male and your female partner becomes pregnant
- new or worsening mental health problems such as thoughts about hurting or killing yourself or others
- decreased vision
- trouble breathing or chest pain
- severe stomach or lower back pain
- bloody diarrhea or bloody bowel movements
- high fever
- easy bruising or bleeding

### **The most serious possible side effects of INTRON A include:**

**RISK TO PREGNANCY. Combination INTRON A and REBETOL therapy can cause death, serious birth defects or other harm to your unborn child. If you are pregnant, you or your male partner must not take INTRON A and REBETOL combination therapy. You must not become pregnant while either you or your partner are taking the combination of INTRON A and REBETOL and for 6 months after you stop taking the combination. If you are a woman of childbearing age you must have negative pregnancy tests immediately before starting treatment, during treatment, and for 6 months after you have stopped treatment. You should use two forms of birth control during and for 6 months after you have stopped treatment. If you are a man taking INTRON A/REBETOL combination therapy, one of the two forms of birth control should be a condom. You must use birth control even if you believe that you are not fertile or that your fertility is low. You should talk to your health care provider about birth control for you and your partner. If you or your partner becomes pregnant while either of you is being treated or within 6 months of stopping treatment,**

**tell your health care provider right away. There is a Ribavirin Pregnancy Registry that collects information about pregnancy outcomes in female patients and female partners of male patients exposed to ribavirin. You or your health care provider are encouraged to contact the Registry at 1-800-593-2214.**

**Mental health problems and suicide.** INTRON A may cause patients to develop mood or behavioral problems. These can include irritability (getting easily upset) and depression (feeling low, feeling bad about yourself, or feeling hopeless). Some patients may have aggressive behavior. Former drug addicts may fall back into drug addiction or overdose. Some patients think about hurting or killing themselves or other people. Some patients have killed themselves (suicide) or hurt themselves or others. You must tell your health care provider if you are being treated for a mental illness or had treatment in the past for any mental illness, including depression and suicidal behavior. You should also tell your health care provider if you have ever been addicted to drugs or alcohol.

**Eye problems.** If you notice any changes in your eyesight, such as difficulty seeing, it could mean that your eyes are being affected, so you should call your health care provider right away.

**Heart problems.** Some patients taking INTRON A may develop problems with their heart, including low blood pressure, fast heart rate, and very rarely, heart attacks. Tell your health care provider if you have had any heart problems in the past.

**Blood problems.** INTRON A commonly lowers two types of blood cells (white blood cells and platelets). In some patients, these blood counts may fall to dangerously low levels. If your blood cell counts become very low, you could get infections or have bleeding problems.

If you are taking INTRON A and REBETOL combination therapy, REBETOL can cause a drop in your number of red blood cells (anemia). A very low red blood cell count can be dangerous, especially if you have heart or breathing problems.

For other possible side effects of INTRON A, see *"What are the possible side effects of INTRON A?"* in this Medication Guide.

**Body organ problems.** Certain symptoms like severe stomach pain may mean that your internal organs are being damaged. Cases of weakness, loss of coordination, and numbness due to stroke have been reported in patients taking INTRON A, including patients with few or no reported risk factors for stroke.

### **What is INTRON® A?**

The INTRON A product contains a man-made protein called interferon. Interferon is a protein that is part of the body's immune system that "interferes" with the growth of viruses or cancer cells.

It is not known if INTRON A or INTRON A/REBETOL® combination therapy can cure hepatitis B or C (permanently eliminate the virus) or if it can prevent liver failure or liver cancer that is caused by hepatitis B or C infection.

It is also not known if INTRON A or INTRON A/REBETOL combination therapy will prevent one infected person from infecting another person with hepatitis B or C.

### **Who should not take INTRON® A?**

Do not take INTRON A alone or in combination with REBETOL® if you:

- are pregnant, planning to get pregnant, or breastfeeding
- are a male patient on combination therapy and have a female sexual partner who is pregnant or plans to become pregnant while you are being treated with REBETOL or during the 6 months after your treatment has ended

- have autoimmune hepatitis (hepatitis caused by your immune system attacking your liver) or unstable liver disease (yellowing of the skin and eyes, swelling of the abdomen)
- had an allergic reaction to another alpha interferon or ribavirin or are allergic to any of the ingredients in INTRON A or REBETOL

**If you have any of the following conditions or serious medical problems, tell your health care provider before taking INTRON A alone or in combination with REBETOL:**

- depression or anxiety
- eye problems
- sleep problems
- high blood pressure
- previous heart attack, or other heart problems
- liver problems (other than hepatitis B or C)
- any kind of autoimmune disease (where the body's immune system attacks the body's own cells), such as psoriasis, sarcoidosis, systemic lupus erythematosus, rheumatoid arthritis
- thyroid problems
- diabetes
- colitis (inflammation of the bowels)
- cancer
- hepatitis B or C infection
- HIV infection (the virus that causes AIDS)
- kidney problems
- bleeding problems
- alcoholism
- drug abuse or addiction
- body organ transplant and are taking medicine that keeps your body from rejecting your transplant (suppresses your immune system)
- high blood triglycerides (fat particles normally found in your blood)

#### **How should I take INTRON® A?**

To get the most benefit from this medicine, it is important that you take INTRON A exactly as your health care provider tells you. Your health care provider will decide your dose of INTRON A and how often you will take it. Do not take more than your prescribed dose. INTRON A is given as an injection either under the skin (subcutaneous) or into a muscle (intramuscular). You should be completely comfortable with how to prepare and measure your dose of INTRON A and how to inject yourself before you use INTRON A for the first time. Your health care provider will train you on how to use and inject INTRON A properly.

INTRON A comes in different strengths and different forms (a powder in a vial, a solution in a vial, and a multidose pen). Your health care provider will determine which form is best for you. The instructions for giving a dose of INTRON A are at the end of this leaflet.

If you miss a dose of INTRON A, take the missed dose as soon as possible during the same day or the next day, then continue on your regular dosing schedule. If several days go by after you miss a dose, check with your health care provider to see what to do. **Do not double your next dose** or take more than your prescribed dose without talking to your health care provider. Call your health care provider right away if you take more than your prescribed dose. Your health care provider may wish to examine you more closely and take blood for testing.

If you are taking INTRON A in combination with REBETOL®, you should also read the Medication Guide for REBETOL (ribavirin, USP) for more information about side effects and how to take REBETOL. **REBETOL cap-**

**sules should be taken twice a day with food.** Taking REBETOL with food helps your body take up more of the medicine. Taking REBETOL at the same time of day every day will help keep the amount of medicine in your body at a steady level. This can help your health care provider decide how your treatment is working and how to change the number of REBETOL capsules you take if you have side effects. If you miss a dose of REBETOL, take the missed dose as soon as possible during the same day. If an entire day has passed, check with your health care provider about what to do. **Do not double your next dose.**

You must see your health care provider on a regular basis for blood tests so your health care provider can check how the treatment is working for you and to check for side effects.

Tell your health care provider if you are taking or planning to take other prescription or nonprescription medicines, including vitamin and mineral supplements and herbal medicines.

#### **What should I avoid while taking INTRON® A?**

- Avoid becoming pregnant while taking INTRON A. INTRON A alone and INTRON A taken in combination with REBETOL® may harm your unborn child or cause you to lose your baby (miscarry). If you or your partner becomes pregnant during treatment or during the 6 months after treatment with INTRON A/REBETOL combination therapy, immediately report the pregnancy to your health care provider. Your health care provider will make decisions about your treatment. Your health care provider should call 1-800-593-2214. Your health care provider will be asked to give follow-up information about the pregnancy.
- Do not breastfeed your baby while taking INTRON A.

#### **What are the possible side effects of INTRON® A?**

Possible, serious side effects include:

- **Risk to pregnancy; mental health problems, including suicide; blood problems; heart problems and eye problems,** see *“What is the most important information I should know about INTRON A?”*
- **Other body organ problems.** Certain symptoms like severe pain in the middle of your body, nausea, and vomiting may mean that your liver or pancreas is being damaged. A few patients have lung problems such as pneumonia (inflammation of the lung tissue), and inflammation of the kidney. If you are short of breath, coughing, or have severe stomach or back pains or a fever, you should call your health care provider right away.
- **Thyroid problems.** Some patients develop changes in the function of their thyroid. Symptoms of thyroid changes include the inability to concentrate, feeling cold or hot all the time, a change in your weight, and changes to your skin.
- **New or worsening autoimmune disease.** Some patients taking INTRON A develop autoimmune diseases (a condition where the body's immune cells attack other cells or organs in the body), including rheumatoid arthritis, systemic lupus erythematosus, sarcoidosis, and psoriasis. In some patients who already have an autoimmune disease, the disease may worsen while on INTRON A.

Common but less serious side effects include:

- **Flu-like symptoms.** Most patients who take INTRON A have flu-like symptoms (headache, muscle aches, tiredness, and fever) that usually lessen after the first few weeks of therapy. You can reduce some of these symptoms by injecting your INTRON A dose at bedtime. Over-the-counter pain and fever medications can be used to prevent or reduce the fever and headache. If your fever does not go away you should tell your health care provider.

- **Extreme fatigue (tiredness).** Many patients become extremely tired while on INTRON A.
- **Appetite problems.** Nausea, loss of appetite, and weight loss occur commonly.
- **Blood sugar problems.** Some patients develop problems with the way their body controls their blood sugar and may develop high blood sugar or diabetes.
- **Skin reactions.** Redness, swelling, and itching are common at the site of injection. If after several days these symptoms do not disappear, contact your health care provider. You may get a rash during therapy. If this occurs, your health care provider may recommend medicine to treat the rash.
- **Hair thinning.** Hair thinning is common during INTRON A treatment. Hair loss stops and hair growth returns after therapy is stopped.

These are not all the side effects of INTRON A or INTRON A/REBETOL® combination therapy. Your health care provider can give you a more complete list.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

### General advice about prescription medicines

Medicines are sometimes prescribed for purposes other than those listed in a Medication Guide. If you have any concerns about the INTRON® A product, ask your health care provider. Your health care provider can give you additional information about INTRON A. Do not use INTRON A for a condition for which it was not prescribed. Do not share this medication with other people.

This Medication Guide has been approved by the U.S. Food and Drug Administration.

Manufactured by: Schering Corporation Kenilworth, NJ 07033 USA  
Issued: May 2008



Kenilworth, NJ 07033 USA

Copyright © 1996, 2008, Schering Corporation.  
All rights reserved.

Rev. 6/08

### Medication Guide Appendix: Instructions for Preparing and Giving a Dose of INTRON® A Powder for Injection

- INTRON A medication has been supplied to you as a powder form that requires you to add the supplied liquid (DILUENT) to the powder. The liquid (DILUENT) is supplied to you in a vial.

**The INTRON® A Powder for Injection may be supplied to you in 10 million IU, 18 million IU, or 50 million IU vials.** These packages contain 1 vial of INTRON A powder and 1 vial of DILUENT (Sterile Water for Injection, USP). Syringes are not supplied to you. Talk to your health care provider about what syringes you should use.

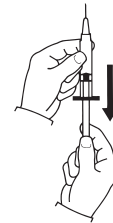
### Storing INTRON® A Powder for Injection

Before and after reconstitution, INTRON A Powder for Injection should be stored in the refrigerator between 2° and 8°C (36° and 46°F). **DO NOT FREEZE.**

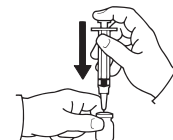
**NOTE: INTRON A Powder for Injection does not contain a preservative. The vial must be discarded after reconstitution and withdrawal of a single dose.**

### Preparing a dose of INTRON® A Powder for Injection

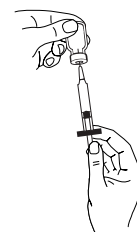
1. Find a well-lit, clean, flat working surface such as a table. Collect the supplies you will need for an injection:
  - a vial of INTRON A powder
  - a vial of DILUENT (Sterile Water for Injection, USP)
  - a single-use, disposable syringe, as prescribed by your health care provider
  - a cotton ball or gauze
  - two alcohol swabs
  - a puncture-proof disposable container
2. Before removing the vials from the carton, check the expiration date printed on the carton to make sure that the expiration date has not passed. Do not use if the expiration date has passed.
3. Wash your hands with soap and warm water. It is important to keep your work area, your hands, and injection site clean to minimize the risk of infection.
4. Gently warm the DILUENT vial by slowly rolling the vial in the palms of your hands for 1 minute.
5. Remove the protective caps from both vials (INTRON A powder and the supplied DILUENT). Clean the rubber stopper on the top of each vial with an alcohol swab.
6. Open the syringe package and remove the syringe.
7. Remove the needle cover from the syringe. Fill the syringe with air by pulling the plunger back to the mark on the syringe that matches the dose prescribed by your health care provider.



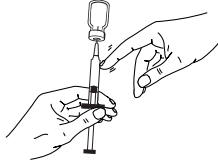
8. Hold the DILUENT vial on your flat working surface without touching the cleaned rubber stopper with your hands.
9. Insert the needle straight down through the middle of the rubber stopper of the vial containing the DILUENT. Slowly inject all the air from the syringe into the air space above the DILUENT.



10. Keep the needle in the vial and turn the vial upside down. Make sure the tip of the needle is in the DILUENT. Slowly pull the plunger back to fill the syringe with DILUENT to the number (mL or cc) that your health care provider instructed you to use.



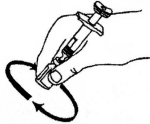
11. With the needle still inserted in the vial, check the syringe for air bubbles. If there are any air bubbles, gently tap the syringe with your finger until the air bubbles rise to the top of the syringe. Slowly push the plunger up to remove the air bubbles. If you push DILUENT back into the vial, slowly pull back on the plunger to again draw the correct amount of DILUENT back into the syringe.



12. Remove the needle from the vial. Do not let the syringe touch anything.  
 13. Without touching the cleaned rubber stopper, insert the needle through the middle of the rubber stopper and gently place the needle tip, at an angle, against the side of the INTRON A powder vial.  
 14. Slowly push the plunger down to inject the DILUENT. The stream of liquid should run down the sides of the glass vial. **DO NOT INJECT THE DILUENT DIRECTLY AT THE WHITE POWDER.**



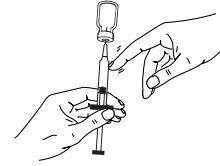
15. Do not remove the needle from the vial.  
 16. To dissolve the white powder, gently swirl the INTRON A vial in a circular motion until the powder is completely dissolved. **DO NOT SHAKE.** If the solution is foamy, wait a few minutes until the bubbles have settled before withdrawing your dose from the vial.



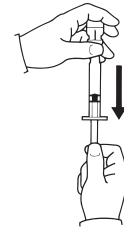
17. Check the solution inside the vial of the INTRON A. The solution should be clear and colorless to light yellow, without particles. Do not use the INTRON A if the medicine is cloudy, has particles or is any color besides clear and colorless to light yellow.  
 18. With the needle in the vial, turn the vial upside down. Make sure the tip of the needle is in the INTRON A solution. Slowly pull the plunger back to fill the syringe with the INTRON A solution to the number (mL or cc) that your health care provider has prescribed.



19. With the needle still inserted in the vial, check the syringe for air bubbles. If there are any air bubbles, gently tap the syringe with your finger until the air bubbles rise to the top of the syringe.



20. Slowly push the plunger up to remove the air bubbles. If you push solution back into the vial, slowly pull back on the plunger again to draw the correct amount of INTRON A solution back into the syringe.  
 21. Do not remove the needle from the vial. Lay the vial and syringe on its side on your flat work surface until you are ready to inject the INTRON A solution.



**Choosing an injection site**

Based on your treatment, your health care provider will tell you if you should inject a dose of INTRON® A subcutaneously (under the skin) or intramuscularly (into the muscle). If it is too difficult for you to inject, ask someone who has been trained to give injections to help you.

**FOR SUBCUTANEOUS INJECTION**

The best sites for injection are areas on your body with a layer of fat between skin and muscle such as:

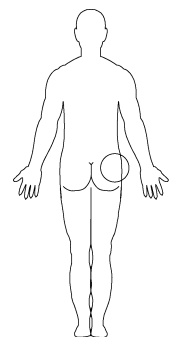
- the front of your middle thighs
- the outer area of your upper arms
- the abdomen, except around the navel



**FOR INTRAMUSCULAR INJECTION**

The best sites for injection into your muscle are:

- the front of the middle thighs
- the upper arms
- the upper outer areas of the buttocks





You should use a different site each time you inject INTRON® A to avoid soreness at any one site. Do not inject INTRON A into an area where the skin is irritated, red, bruised, infected or has scars, stretch marks, or lumps.

### **Injecting the dose of INTRON® A**

1. Clean the injection site with a new alcohol swab.
2. Pick up the vial and syringe from your flat work surface. Remove the syringe and needle from the vial. Hold the syringe in the hand that you will use to inject INTRON A. Do not touch the needle or allow it to touch the work surface.
3. With your free hand, pinch a fold of the skin at the cleaned injection site.

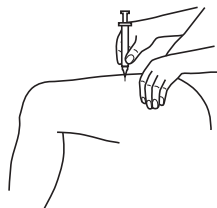
### **FOR SUBCUTANEOUS INJECTION**

- 4a. Hold the syringe (like a pencil) at a **45-degree angle** to the skin. With a quick “dart-like” motion, push the needle into the skin.



### **FOR INTRAMUSCULAR INJECTION**

- 4b. Hold the syringe (like a pencil) at a **90-degree angle** to the skin. With a quick “dart-like” motion, push the needle into the muscle.



5. After the needle is in, remove the hand used to pinch the skin and use it to hold the syringe barrel. Pull the plunger back slightly. If blood comes into the syringe, the needle has entered a blood vessel. **Do not inject INTRON® A.** Withdraw the needle and discard the syringe in the puncture-proof container. See “*How should I dispose of materials used to inject INTRON A?*” Prepare a new dose of INTRON A using a new INTRON A Powder for Injection vial and prepare a new injection site.
6. If no blood is present in the syringe, inject the medicine by gently pushing the plunger all the way down until the syringe is empty.

7. When the syringe is empty, pull the needle out of the skin and place a cotton ball or gauze over the injection site and press for several seconds. Do not massage the injection site. If there is bleeding, cover the injection site with a bandage.
8. Dispose of syringe and needle. See “*How should I dispose of materials used to inject INTRON A?*”
9. It is important to check your injection site approximately 2 hours after your injection for redness, swelling, or tenderness. These are signs of inflammation that you may need to talk to your health care provider about if they do not go away.

### **How should I dispose of materials used to inject INTRON® A?**

There may be special state and local laws for disposal of used needles and syringes. Your health care provider should provide you with instructions on how to properly dispose of your used syringes and needles. Always follow those instructions. The instructions below should be used as a general guide for proper disposal.

- The needles and syringes should never be reused.
- Place all used needles and syringes in a puncture-proof disposable container that is available through your pharmacy or health care provider. You may also use a hard plastic container with a screw-on cap (like a laundry detergent container).
- DO NOT use glass or clear plastic containers for disposal of needles and syringes.

The container should be clearly labeled as “USED SYRINGES AND NEEDLES.” When the container is about two-thirds full, tighten the lid. Tape the cap or lid to make sure it does not come off. Dispose of the container as instructed by your health care provider. DO NOT throw the container in your household trash. DO NOT recycle.

- **Always keep the container out of reach of children.**

 **Schering-Plough**  
Kenilworth, NJ 07033 USA

Copyright © 1996, 2008, Schering Corporation.  
All rights reserved.  
U.S. Patent No. 5,935,566 and 6,610,830.

**27787738T**  
Rev. 6/08