

# SPECIFIC HEALTH EFFECTS IN HEALTHY HIGHWAY PATROL OFFICERS

## Association of Exposure to Particulate Matter and Related Air Pollutants

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The ORD is collaborating with multiple institutions to advance particulate matter and air toxics exposure research to better understand the observed human health effects. Collaborations include:

- U.S. EPA's National Exposure Research Laboratory
- U.S. EPA's National Health and Environmental Effects Research Laboratory
- The University of North Carolina at Chapel Hill
- The North Carolina Highway Patrol

Integrated exposure-epidemiological measurements have permitted:

- investigation of source-specific air pollutants with observed human health effects
- development of low-burden monitoring techniques
- investigation of potential causal mechanisms
- a better understanding of the potential potency of specific sources on human health

Resulting in:

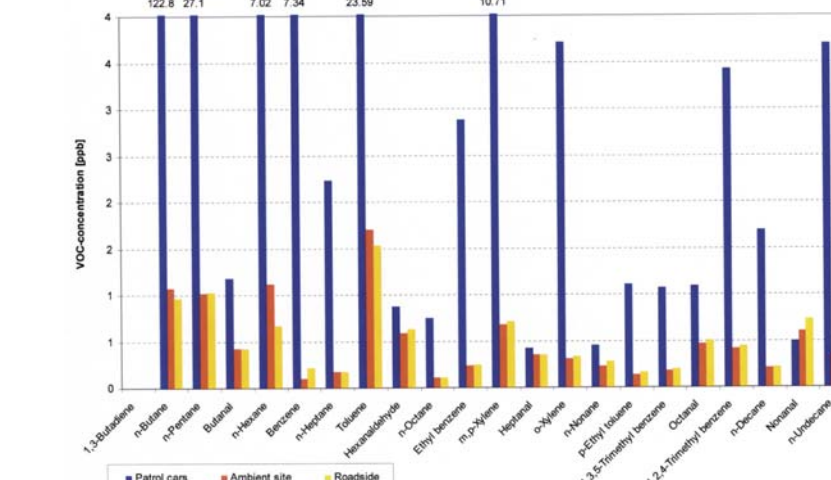
- PM<sub>2.5</sub> levels were observed to be lower in vehicles than ambient and roadside levels
- in-vehicle aerosols appeared to be enriched in components related to motor fuels and/or their combustion products
- associations between PM<sub>2.5</sub> inside cars and heart rate variability (HRV) and numbers of premature beats
- associations between PM<sub>2.5</sub> with inflammatory cells and markers in blood
- a first time event where healthy, fit adult men were observed to have adverse health effects from known exposures to mobile source-related air pollutants

Exposure Findings:

Daily Pollutant Monitoring Summary

| Location             | Units | CO    | pDR               | PM                | EC                | NO <sub>x</sub> | Ozone | PAH               |
|----------------------|-------|-------|-------------------|-------------------|-------------------|-----------------|-------|-------------------|
|                      |       | ppm   | µg/m <sup>3</sup> | µg/m <sup>3</sup> | µg/m <sup>3</sup> | ppb             | ppb   | ng/m <sup>3</sup> |
| Patrol cars          | Mean  | 2.6   | 24.1              | 23.0              | 2.3               | 41.7            | 11.7  | 21.5              |
|                      | STD   | 1.1   | 14.6              | 10.8              | 0.8               | 83.3            | 15.9  | 10.3              |
|                      | Min   | 0.7   | 4.4               | 6.8               | 1.1               | 1.6             | -4.6  | 7.3               |
|                      | Max   | 5.9   | 54.4              | 58.7              | 5.0               | 548.5           | 69.9  | 63.9              |
| Ambient              | Mean  | 0.8   | 35.4              | 31.7              | 1.7               | 30.4            | 34.2  | --                |
|                      | STD   | 0.3   | 25.3              | 13.8              | 0.7               | 17.1            | 29.7  | --                |
|                      | Min   | 0.3   | 3.9               | 9.9               | 0.6               | 9.4             | 0.0   | --                |
|                      | Max   | 1.5   | 96.0              | 68.9              | 3.7               | 69.5            | 132.4 | --                |
| Roadside             | Mean  | 1.1   | 30.9              | 29.9              | 4.0               | 49.9            | 22.8  | --                |
|                      | STD   | 0.3   | 22.6              | 12.7              | 1.4               | 37.2            | 13.3  | --                |
|                      | Min   | 0.4   | 5.8               | 8.9               | 1.1               | 13.0            | 3.5   | --                |
|                      | Max   | 1.7   | 78.3              | 62.3              | 6.6               | 212.1           | 63.9  | --                |
| p-values car/ambient |       | 0.000 | 0.114             | 0.006             | 0.001             | 0.241           | 0.000 | --                |
| car/roadside         |       | 0.000 | 0.361             | 0.024             | 0.000             | 0.000           | 0.000 | --                |
| ambient/road         |       | 0.013 | 0.503             | 0.782             | 0.000             | 0.006           | 0.103 | --                |

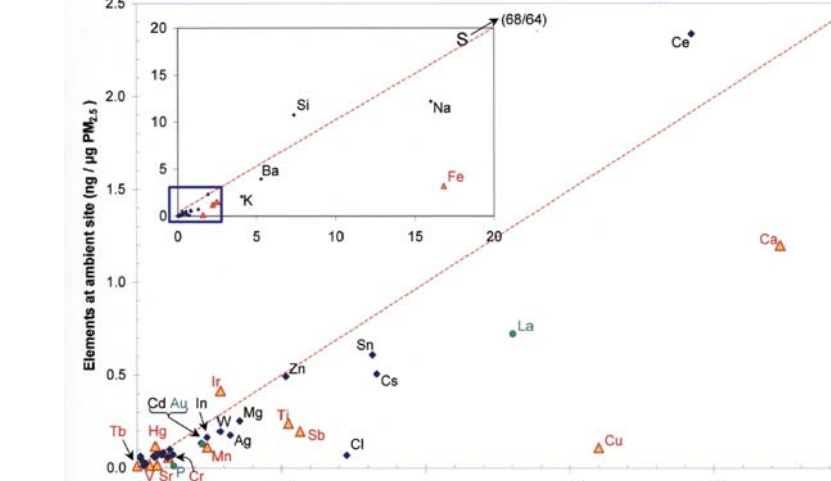
Canister Collected VOCs



Daily Carbonyl and VOC Summary

| Parameter           | Units             | Patrol cars |      |           | Ambient site |     |          | Roadside |     |          |
|---------------------|-------------------|-------------|------|-----------|--------------|-----|----------|----------|-----|----------|
|                     |                   | Mean        | STD  | Min/Max   | Mean         | STD | Min/Max  | Mean     | STD | Min/Max  |
| Aldehydes           | µg/m <sup>3</sup> | 38.1        | 17.1 | 0.0/89.7  | 13.7         | 5.1 | 2.8/22.1 | 12.6     | 5.8 | 0.0/25.2 |
| C4 to C11 n-Alkanes | ppb               | 33.2        | 54.9 | 5.1/335.8 | 4.3          | 3.1 | 1.6/13.3 | 3.9      | 2.1 | 1.1/10.8 |
| Benzene             | ppb               | 4.0         | 3.2  | 0.4/13.5  | 0.1          | 0.2 | 0.0/0.6  | 0.2      | 0.3 | 0.0/0.8  |
| Toluene             | ppb               | 10.4        | 20.2 | 2.3/130.8 | 1.7          | 0.9 | 0.8/4.7  | 1.5      | 0.7 | 0.6/3.3  |
| Xylenes             | ppb               | 4.5         | 2.0  | 1.4/12.1  | 1.0          | 0.5 | 0.4/2.4  | 1.0      | 0.4 | 0.4/1.9  |
| Ethyl benzene       | ppb               | 0.9         | 0.4  | 0.3/2.6   | 0.2          | 0.1 | 0.1/0.5  | 0.2      | 0.1 | 0.1/0.5  |
| p-Ethyl toluene     | ppb               | 0.4         | 0.2  | 0.1/1.1   | 0.1          | 0.1 | 0.0/0.4  | 0.2      | 0.1 | 0.0/0.4  |
| Trimethyl benzenes  | ppb               | 2.0         | 0.8  | 0.7/4.1   | 0.6          | 0.3 | 0.3/1.7  | 0.6      | 0.2 | 0.2/1.2  |

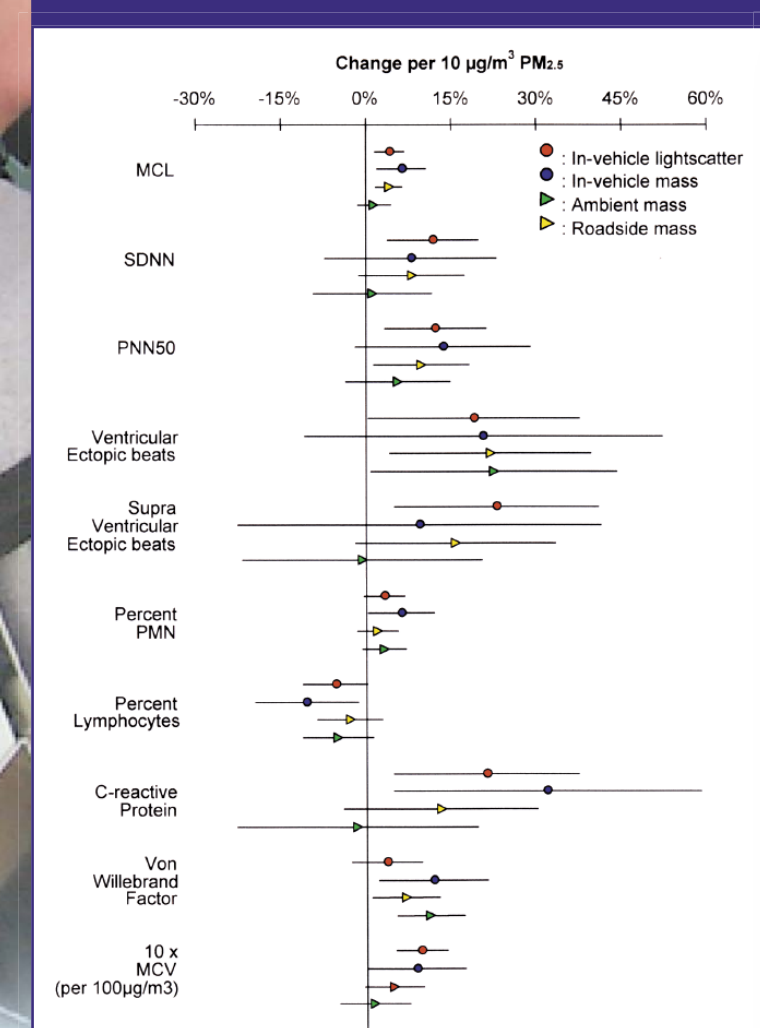
Elemental Relationships



Impacting America by:

- performing direct human exposure measurements on susceptible subpopulations
- answering the most important human health questions involving sources of exposures
- developing and validating integrated exposure/health effect measurements
- directly supporting the science needed to address risk uncertainties

Health Finding:



Data from selected heart rhythm and blood parameters. Comparison of PM<sub>2.5</sub> effect estimates for two in-vehicle methods (diamonds) and for gravimetric data from the ambient site and the roadside locations (arrows). Lines indicate the 95% confidence intervals of the effect estimates.

