

National Standards for Beginning Physical Education Teachers

Standard 1—Content Knowledge

The teacher understands physical education content, disciplinary concepts, and tools of inquiry related to the development of a physically educated person.

Standard 2—Growth and Development

The teacher understands how individuals learn and develop, and can provide opportunities that support their physical, cognitive, social, and emotional development.

Standard 3—Diverse Learners

The teacher understands how individuals differ in their approaches to learning and creates appropriate instruction adapted to diverse learners.

Standard 4—Management and Motivation

The teacher uses an understanding of individual and group motivation and behavior to create a learning environment that encourages positive social interaction, active engagement in learning, and self-motivation.

Standard 5—Communication

The teacher uses knowledge of effective verbal, nonverbal, and media communication techniques to foster inquiry, collaboration, and engagement in physical activity settings.

Standard 6—Planning and Instruction

The teacher plans and implements a variety of developmentally appropriate instructional strategies to develop physically educated individuals.

Standard 7—Learner Assessment

The teacher understands and uses formal and informal assessment strategies to foster physical, cognitive, and social and emotional development of learners in physical activity.

Standard 8—Reflection

The teacher is a reflective practitioner who evaluates the effects of his/her actions on others (e.g., learners, parents/guardians, and other professionals in the learning community) and seeks opportunities to grow professionally.

Standard 9—Collaboration

The teacher fosters relationships with colleagues, parents/guardians, and community agencies to support learners' growth and well-being.

Source: Beginning Teacher Standards Task Force of the National Association for Sport and Physical Education. National standards for beginning physical education teachers. Reston, VA: National Association for Sport and Physical Education, 1995.