

**ADOLESCENT FAMILY LIFE RESEARCH GRANTS  
FY 2006**

The 2006 Adolescent Family Life (AFL) Research Grants were awarded to the following:

**RCT to Reduce Rapid Repeat Adolescent Pregnancy**

Grantee Organization:  
University of Maryland - Baltimore  
Department of Family Medicine  
29 S. Paca Street, LL  
Baltimore, MD 21201  
Principal Investigator: Beth Barnet, M.D.  
Project Period: 7/01/06-6/30/09  
Project Officer: Barbara Cohen

The aim of the project is to complete and enhance an innovative Computer-Assisted Motivational Interviewing (CAMI) intervention grounded in the Transtheoretical Model (TTM) of behavior change and designed to prevent reduce rapid repeat birth (RRB). Using a randomized trial, 236 teens (ages 12-18 yrs) in the 3rd trimester of pregnancy were recruited and randomly assigned to one of three groups: 1) Home Visitation+CAMI (HV+CAMI); 2) CAMI-only; and 3) Control. The CAMI is a computer program that measures contraceptive attitudes and behaviors and stages the teen by assessing her readiness to engage in behaviors that protect against pregnancy. A trained counselor then conducts stage-matched counseling, known as motivational interviewing, to enhance motivation to remain non-pregnant. The proposed plan is to test the CAMI in 2 settings: 1) as part of home visiting in which the teen mother receives bi-weekly parenting education and support as well as the CAMI at quarterly intervals and 2) CAMI delivered quarterly as a stand-alone intervention. Intervention activities will continue until the child's 2nd birthday. This study will provide a rigorous evaluation of an innovative intervention, enhance understanding of motivational processes, and contribute to evidence-based strategies to prevent RRB.

**Parenting among Mexican-origin Adolescent Mothers**

Grantee Organization:  
Arizona State University  
Department of Family and Human Development  
Tempe, AZ 85287  
Principal Investigator: Debra A. Madden-Derdich, Ph.D  
Project Period: 07/01/06-06/30/09  
Project Officer: Patricia Thompson, Ph.D.

This study will give in-depth information about how the dynamics of culture and family influence the social support received by teen mothers who are Mexican-Americans of Mexican origin. In-home data will be collected on 200 adolescent mothers 15-17 years of age and an extended female family member, each identified by the mother as her closest

source of support. The study will identify adolescent mothers who are in the last trimester of their pregnancy for the initial wave of data collection and will conduct a follow-up when the target children are 9 months old. The extensive data-collection will take place during the last trimester of the pregnancy and when the target child is 9 months old. Of particular interest is the degree of congruence across generations in acculturation to American culture or adherence to the original Mexican culture (enculturation) and the effects of such congruence or lack of it on parenting success. Thus, this study should provide insights about interventions needed for Mexican-American teen moms of Mexico origin, who are in an ethnic group with the highest birthrate for adolescent child-bearing in the nation.

### **Relationship Context and Adolescent Childbearing**

Grantee Organization:

Child Trends

4301 Connecticut Avenue, NW, Suite 100

Washington DC 20008

Principal Investigator: Jennifer S. Manlove, Ph.D.

Project Period: 7/01/06-6/30/09

Project Officer: Pankaja Panda, Ph.D.

Using a combination of quantitative and qualitative methods, this study will provide important information about: 1) how teens' relationships with their parents, family stability, and peer environments are associated with the development of romantic and sexual relationships in adolescence; 2) how teen-partner relationships, family stability, and peer environments are associated with the transition to a birth during the teen years; and 3) what teens themselves perceive to be critical dimensions of healthy romantic relationships. The hypothesis is that relationships with partners, parents, and peers during adolescence will influence romantic and sexual relationship development during adolescence, which will in turn influence the likelihood of becoming a teen parent. Using the National Longitudinal Survey of Youth, 1997 analyses will consist of OLS regression, event history analyses and structural equation modeling techniques to examine both direct and indirect (mediating) influences. Where possible, all analyses will be conducted separately by gender, race/ethnicity, and parental socioeconomic status. In order to help inform the quantitative analyses, as well as to further research and data collection on this topic, the project will also include focus groups and cognitive interviews with teens to identify, from the teens' perspective, a critical set of dimensions of healthy adolescent relationships.