

Table 17. Meta-regression results

| Comparison Versus Placebo | Pooled Monthly Weight Loss Versus Placebo (lbs) | 95% CI | p-value for Test Versus Ephedra + Herbs Containing Caffeine |
|-------------------------------------|--|---------------|--|
| Ephedrine | -1.3 | (-2.1, -0.43) | 0.17 |
| Ephedra + herbs containing caffeine | -2.1 | (-2.8, -1.3) | N.C. |
| Ephedrine + caffeine | -2.2 | (-2.8, -1.7) | 0.75 |

N.C. = Not calculated as this is the comparison group.