

Table 12. Ephedrine + caffeine versus placebo

Trial	Total n	Effect Size	95% CI
Astrup ¹¹¹	12	-0.72	(-1.88, 0.45)
Buemann ⁹²	32	-0.55	(-1.26, 0.16)
Daly ¹⁰³	24	-0.65	(-1.47, 0.18)
Jensen ⁸⁸	18	-1.84	(-3.10, -0.57)
Kalman ⁹⁶	25	-0.46	(-1.25, 0.34)
Kettle ⁹⁰	77	-0.40	(-0.85, 0.05)
Malchow-Moll ⁸⁷	69	-1.14	(-1.65, -0.63)
Moheb ⁸⁴	96	-0.76	(-1.20, -0.32)
Molnar ¹¹²	29	-1.35	(-2.16, -0.54)
Quaade ⁸⁶	70	-0.50	(-0.98, -0.03)
Roed ⁹⁵	94	-1.38	(-1.83, -0.92)
Van Mil ⁹¹	32	-1.00	(-1.74, -0.27)
Pooled Random Effect Estimate		-0.85¹	(-1.08, -0.61)

¹Chi-squared test of heterogeneity p-value = 0.073