Controlled Correspondence Response

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To:

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Division Director

DRUDP

From:

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Subject matter:

Health Hazard Evaluation Summary of a kit for intrauterine insertion of

Quinacrine Hydrochloride pellets for female sterilization.

I. Background and Regulatory History:

Quinacrine Hydrochloride (QH) tablets were originally marketed in the United States in the early 1930s for the treatment of malaria. The drug was used extensively during World War II for this indication and was typically administered in a dose of 100-200 mg per day taken orally. In 1964, an injectable form of Quinacrine was approved for the treatment of recurrent ascites associated with several types of cancer. Marketing of both of these quinacrine products was subsequently discontinued (in July of 1994 for the oral tablets and in January of 1977 for the injectable formulation). Thus, there are no formulations of QH currently marketed in the United States.

Quinacrine was first studied in Chile as a possible agent for non-surgical female sterilization in the 1960s and early 1970s by Jaime Zipper. Following intrauterine administration, QH acts as a sclerosing agent, causing a chemical reaction within the uterus and fallopian tubes that results in significant tissue damage and scarring of tissue exposed to the drug. Initial studies of QH for the indication of female sterilization involved intrauterine administration of QH as a slurry formulation. At least 3 deaths have been reported following intrauterine administration of the slurry formulation. Although two of the women who died received concurrent administration of lidocaine, the contributory role this anesthetic played in their deaths is unknown. Because of these deaths, a pellet formulation of quinacrine was developed for intrauterine insertion.

Researchers and clinicians in several countries have conducted studies on the administration of QH pellets for non-surgical female sterilization. Since 1977, over 100,000 women in 20 countries (primarily in the developing world) have received intrauterine insertions of QH for the purpose of non-surgical sterilization. In 1981, an IND for QH pellets was granted by the FDA to

studies were initiated under this IND. Two of the three studies were subsequently stopped due to slow recruitment, and the IND was canceled in 1990 because of several factors including concerns about the drug's mutagenicity, long-term safety and possible carcinogenicity.

II. Quinacrine Sterilization—The Procedure

The process of Quinacrine Sterilization (QS) involves transcervical delivery of 7 pellets, each containing 36 mg of QH, for a total dose of 252 mg. The pellets are preloaded into a modified IUD inserter which is introduced into the uterine cavity and directed toward the fundus. The pellets are dispensed and slowly

liquify, causing local tissue damage to both the endometrium and the fallopian tubes. Subsequent scar formation results in tubal occlusion.

The dosing regimen for QS has yet to be standardized, with single and multiple doses (each one month apart) of 7 or more pellets having been studied. Wide variations in efficacy rates with the procedure have been noted depending on the dosing regimen used, the age of the woman undergoing the procedure, use of concurrent adjuvant therapies and the skill of the clinician performing the procedure. Cumulative pregnancy rates have been noted to be higher in women less than 35 years of age (failure rates as high as 10 per 100 woman-years of use when compared to women over 35 years of age in whom cumulative failure rates were 3 per 100 woman-years of use), with regimens involving fewer insertions, with regimens not accompanied by supplemental contraception 3 months post-initial insertion and with less clinician skill.

Currently available information on the safety, efficacy and clinical experience with QS is based upon clinical trials which lack appropriate study design, are poorly controlled, have incomplete follow-up on study participants and are not comparable due to differences in formulation, dose, dosing regimen and adjuvant therapies used. These trials have employed a variety of formulations, doses (180 mg, 252 mg, 288 mg, 324 mg) and dosing regimens (single versus multiple insertions) of QH pellets and have included the use of various adjuvant therapies, such as Depo-Provera, non-steroidal anti-inflammatory drugs (NSAIDs), copper and betamethasone. While published studies report no deaths immediately following the insertion of QH pellets, the studies conducted to date do not provide convincing evidence of this product's safety.

III. Safety Assessment and Health Hazard Evaluation

Available toxicological, pharmacokinetic and pharmacodynamic data from human studies of QH come primarily from its use as an orally administered antimalarial therapy used extensively during the 1940s and 1950s. Human data derived from those studies are inadequate for the purpose of assessing the safety of Quinacrine as an intrauterine sterilizing agent due to the fact that direct application of QH pellets to the endometrium will result in local concentrations of the drug that are considerably higher than those attained as a result of oral administration of the tablet formulation.

Safety concerns with QH pellets for intrauterine administration are based on (1) results from previously conducted toxicology studies on the oral formulation and (2) the lack of adequate toxicology testing on the intrauterine pellet formulation.

A. Safety issues related to previously conducted toxicology studies on QH

There is a lack of relevant and high quality toxicological data on which to base a complete safety assessment of QS. Available data are deficient and raise concerns in 3 areas:

1) Possible carcinogenicity of QH:

Quinacrine is a known mutagen and has tested positive in several genotoxicity tests. Positive results in the mutagenicity battery correlate highly with positive results in rodent carcinogenicity studies. Compounds having this profile are thus worrisome from the point of view of risk of cancer development in humans.

Because intrauterine administration of QH pellets will result in significant tissue damage (by virtue of its mechanism of action) in the presence of a known mutagen, serious concerns exist that such exposure could result in development of caneer of the reproductive tract. A retrospective study of 421 Chilean women who had undergone QS between 1977 and 1982 revealed a cluster of nine cases of cancer.

A second retrospective cohort study was conducted in 1,492 Chilean women (802 of whom were personally interviewed and 690 of whom were not personally interviewed, but had their clinic charts reviewed) who had undergone QS between 1977 and 1989. A total of 17 cases of invasive cancer of various organ systems were found. This total number of observed cases of invasive cancer was higher than the expected number (11.8), and included higher than expected numbers of cases of specific types of cancer (breast and cervix) for that population. The cases reported also included a single case of leiomyosarcoma (a rare, but usually fatal, uterine tumor). With regard to the potential effect of QH on the occurrence of cervical cancer, it is not known whether or in what way quinacrine interacts with Human Papilloma Virus (HPV), one of the primary risk factors for cervical cancer. Reported human experience to date with QS is not sufficient to demonstrate the safety of the procedure with regard to carcinogenicity.

2) Lack of sufficient pharmacokinetic data:

Pharmacokinetic studies conducted in humans following oral administration of QH have shown that the drug has high tissue and plasma binding affinity. QH has a relatively long half-life (7 days) in humans and certain animal species (dogs). Only one completed U.S. study with a sample size of 10 provided pharmacokinetic data following intrauterine administration of QH pellets. This study showed that 24 hours following intrauterine administration of QH pellets, reproductive tissue levels of QH were higher than plasma levels of the drug. There is insufficient data available to assess tissue half-life of QH following intrauterine administration and to correlate plasma drug levels with reproductive tissue drug levels beyond 24 hours post-pellet administration. Because of QH's long half-life and slow excretion following oral administration, concerns exist related to possible continuous exposure (as long as weeks at a time) of the endometrium to the drug following intrauterine insertion.

3) Concerns related to pharmacodynamic issues:

The endometrium is a highly proliferative site at which spontaneous neoplasia occurs in approximately 1% of the US population of women. Intrauterine instillation of cytotoxic agents has been noted to be unsuccessful for complete destruction of the endometrium and has resulted in neoplastic transformation of residual endometrial cells. Drugs such as quinacrine with positive mutagenicity and cytotoxicity profiles are of concern with regard to increased cancer risks in humans.

B. Clinical Safety Concerns related to QS

Clinically, safety concerns with QS fall into two categories: (1) short-term risks and (2) long-term risks.

Short-term safety risks with QS include:

- 1. Uterine perforation during insertion (reported incidence < 1%)
- 2. Possible intraperitoneal exposure following uterine perforation, with subsequent formation of adhesions (incidence unknown)
- 3. Possible intraperitoneal leakage of dissolved drug product (incidence unknown)
- 4. Cervical and vaginal exposure and effects (studies have shown an average leakage of 27% of drug from uterine cavity into vagina)
- 5. Severe uterine bleeding post-administration (reported incidence < 1%)
- 6. Formation of hematometra
- 7. Drug-drug interactions
- 8. CNS excitation
- 9. Exacerbation of porphyria
- 10. Exacerbation of psoriasis
- 11. Generalized allergic reaction (reported incidence 1/30,000)

Long-term safety risks with QS:

The basis for most of the long-term safety concerns with this product are due to its known mutagenicity and probable carcinogenicity. They include:

- 1. Possible increased risk for reproductive tract cancers
- 2. Development of abnormal uterine lesions (such as synechia)
- 3. Procedure failure (wide variation in efficacy rates)
- 4. Ectopic pregnancy
- 5. Prolonged amenorrhea (10% occurrence one year post-administration)
- 6. Fetal exposure (Risks unknown but of concern since QH crosses the placenta. One case of an anencephalic infant conceived 2.5 months following intrauterine insertion of QH was reported in Vietnam. In addition, one case of possible renal agenesis and hydrocephalus in an infant born to a woman taking an unknown formulation QH was reported.)

In summary, although Quinacrine has been used systemically for the treatment of malaria for decades, the risks of administration of the drug in healthy, young women are markedly different from those associated with treatment of an infectious (and potentially life-threatening) disease. For the proposed indication of non-surgical female sterilization, QH is not being used to treat a disease condition; therefore, the potential and known risks listed above may outweigh any proposed advantages this procedure may have over surgical sterilization in the U.S. The true safety profile of this product for U.S. women may be determined only when appropriately designed, well-controlled and adequately conducted clinical trials are performed under an IND, as previously conveyed to the sponsor.

Susan S. Allen, MD, MPH

Medical Officer

Office of Compliance/CDER Health Hazard Evaluation Criteria for Human Drug Recalls

It should be noted that Quinacrine Hydrochloride pellets for the indication of non-surgical female sterilization have not been approved for use in the U.S. This drug product is not being considered for "recall" since it has never been approved for use in this country. Therefore, the responses listed below are given in terms of a risk assessment of product use in the U.S.

Product:

Quinacrine Hydrochloride pellets for intrauterine insertion

Firm:

Questions:

1. Any disease, injuries or adverse reactions that could occur from the use of the product:

These conditions are described in detail in Section III of the Health Hazard Evaluation Summary above and include:

Short-term safety risks:

- 1. Uterine perforation during insertion
- 2. Possible intraperitoneal administration following uterine perforation
- 3. Possible intraperitoneal leakage of dissolved drug product from the fallopian tubes
- 4. Cervical and vaginal exposure and effects
- 5. Severe uterine bleeding post-administration
- 6. Formation of hematometra
- 7. Drug-drug interactions
- 8. CNS excitation
- 9. Exacerbation of porphyria
- 10. Exacerbation of psoriasis
- 11. Generalized allergic reaction

Long-term safety risks:

The basis for most of the long-term safety concerns with this product are due to its known mutagenicity and probable carcinogenicity. They include:

- 1. Possible increased risk for reproductive tract cancers
- 2. Development of abnormal uterine lesions
- 3. Procedure failure
- 4. Ectopic pregnancy
- 5. Prolonged amenorrhea
- 6. Fetal exposure
- Existing conditions that could contribute to a clinical situation that would expose humans to a health hazard by use of the product:
 - a. Pregnancy
 - b. Cervical or vaginal infection
 - c. Uterine or fallopian tube infection
 - d. Cervical HPV infection or dysplasia
 - e. Previous ectopic pregnancy
 - f. History of, or current, dermatitis (especially psoriasis)
 - g. History of severe mental conditions (including psychosis or epilepsy)

- h. Uterine anomalies (including fibroids)
- i. Porphyria
- 3. Assessment of hazard to various segments of the population, including evaluation of the likelihood of exposure of these groups to the product:

The primary segments of the population that could be adversely affected by intrauterine administration of QH include women as a group, pregnant women, the developing fetus, women with certain medical conditions, women having recently undergone gynecologic surgery.

The risks to women as a group are described in detail in sections III A and III B of the Health Hazard Evaluation Summary above and include both short-term and long-term risks. Because adequate preclinical testing (including toxicology, pharmacokinetics, pharmacodynamics and carcinogenicity testing) has not been performed for the intrauterine pellet formulation of this product, the extent of these risks for women cannot yet be fully assessed. However, the greatest concern from a clinical perspective is related to the known mutagenicity and probable carcinogenicity of this drug. As described in Section IIIB above, several cases of invasive cancer have been noted in Chilean women who underwent previous QS.

As noted above, QH crosses the placenta. Therefore, its inadvertent use in a pregnant woman could pose health risks to a developing fetus. Two cases of fetal anomaly have been noted following QH exposure: One cases of anencephaly (a fatal condition involving absence of formation of the brain) in a woman who underwent QS and one case of possible renal agenesis and hydrocephalus in an infant born to a woman receiving QH in an unknown formulation. Once again, because adequate preclinical testing has not been performed for the intrauterine pellet formulation of this product, the extent of fetal risk cannot yet be fully assessed.

QH is excreted in breast milk. The effects excretion of QH in breast milk could have on a lactating infant is not known, although no adverse effects have been reported.

Women with medical conditions including epilepsy and porphyria, skin conditions such as psoriasis, and reproductive tract abnormalities such as leiomyomas (uterine fibroids) could be exposed to a health hazard by use of QH for non-surgical sterilization. The prevalence of these conditions in US women is as follows:

- 1. Epilepsy: 1% of the US population of women (approximately 1.1 million women)
- 2. Porphyria: < 1% of the US population of women
- 3. Psoriasis: 1% of the US population of women
- 4. Uterine Leiomyomata: 20-30% of women over the age of 30 years
- 5. Cervical HPV infection: 10-25% of the US population of women

A woman who has any of the above conditions and desires sterilization could have a significant likelihood of exposure to intrauterine QH pellets if the product were being made available by her health care provider. According to a press statement made by which appeared in the July 21, 1998 edition of *The News and Observer* (Raleign, NC), "steps are being taken to make QS available...in North Carolina." The extent of his efforts in this regard is unknown.

Women with uterine abnormalities (particularly uterine fibroids) could be at increased risk for uterine bleeding secondary to trauma following attempted insertion of the pellets into a uterine cavity which is distorted by the fibroid. In addition, if the presence of the fibroid distorts the uterine cavity, the likelihood of correct placement of the pellets is reduced. Non-fundal placement of the pellets is associated with increased vaginal leakage of dissolved pellets into the vagina, leading to increased vaginal and cervical exposure to the drug.

Women with cervical abnormalities could also be at increased risk for development of more severe lesions following QH exposure. As stated in the summary above, a 1995 study found a higher than expected rate

of invasive cervical cancer in 1,492 Chilean women who had undergone previous QS. The role of HPV as an etiologic agent in cervical cancer is well established. It is unknown whether or in what way QH interacts with HPV and, hence, might increase a woman's risk of developing cervical cancer; however, the relatively high prevalence of cervical HPV infection in US women (10-25% infected) could correlate with a significant absolute number of women at risk for developing more severe cervical lesions following QH exposure.

- 4. Assessment of the degree of seriousness of the health hazard to which the population would be exposed:
 - (a) Life-threatening: From published literature, it appears that the risk of death following QH pellet administration into the uterine cavity is low.
 - (b) Severe: The possibility of increased risk of permanent significant disability following intrauterine administration of QH pellets does exist, with the greatest concern being that of carcinogenesis. As noted above, QH is a known mutagen and probable carcinogen. Retrospective studies in Chilean women who had undergone QS revealed a higher than expected incidence of invasive cervical and breast cancer, in addition to a single reported case of uterine leiomyosarcoma. Formation of uterine synechia, severe bleeding (which may require hysterectomy), and formation of pelvic adhesions following inadvertent intraperitoneal administration of QH represent other possible severe health hazards that could occur following QS. The degree of risk for these types of health hazards can only be assessed through adequate preclinical and clinical testing, accompanied by long-term follow-up of women exposed to the product.
 - (c) Moderate: Uterine perforation during the QS procedure, possible intraperitoneal drug administration following perforation, severe uterine bleeding not requiring hysterectomy, formation of hematometra following the procedure, and ectopic pregnancy represent possible health hazards of moderate seriousness associated with QS.
 - (d) Limited: Vaginal and vulvar exposure to leakage of dissolved QH pellets, transient CNS excitation, and prolonged amenorrhea represent health hazards of limited seriousness associated with QS.

5. Likelihood of occurrence of the hazard:

As detailed in the response to question # 3 above, the likelihood of occurrence of each of the health hazards described depends upon the prevalence of the clinical condition as well as the availability of the product. The incidence of each clinical condition that could result in a significant health hazard is provided in answer #3. The degree to which QS is or will be made available in the US is unknown at the present time; however, the intention to increase the availability of the product for US women has been clearly stated by representatives of

6. Immediate or long-range consequences:

- a. Immediate consequences: Immediate consequences following intrauterine exposure to QH pellets are listed as "short-term safety risks" in Section IIIB of the Health Hazard Evaluation Summary above. They include:
 - 1. Uterine perforation during insertion
 - 2. Possible intraperitoneal administration following uterine perforation
 - 3. Possible intraperitoneal leakage of dissolved drug product from the fallopian tubes
 - 4. Cervical and vaginal exposure and effects
 - 5. Severe uterine bleeding post-administration
 - 6. Formation of hematometra
 - 7. Drug-drug interactions
 - 8. CNS excitation

- 9. Exacerbation of porphyria
- 10. Exacerbation of psoriasis
- 11. Generalized allergic reaction
- b. Long-range consequences: Long-range consequences following intrauterine exposure to QP & listed as "long-term safety risk" in Section IIIB of the Health Hazard Evaluation Summary above. They include:
 - 1. Possible increased risk for reproductive tract cancers
 - 2. Development of abnormal uterine lesions
 - 3. Procedure failure
 - 4. Ectopic pregnancy
 - 5. Prolonged amenorrhea
 - 6. Fetal exposure

7. Other pertinent factors if applicable:

During a meeting held between DRUDP and representatives of on May 8, 1998, DRUDP informed that QS using reformulated QH pellets did not constitute off-label use of an approved drug product as described in 21 CFR 312.2(b). They were told that QH pellets for the indication of non-surgical sterilization could only be administered in the US under an IND. In addition, they were informed of preclinical testing requirements for continued development of the product in the US.

8. Recall classification based on the health hazard evaluation:

As noted in the response to question # 4 above, most of the possible health hazards which could result following intrauterine administration of QH pellets fall into the categories of "severe" and "moderate". For those possible health hazards classified as "severe", the recall classification would be that of Class I. For those possible health hazards classified as "moderate", the recall classification would be that of Class II.

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