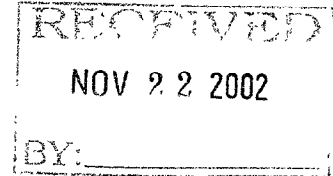


Source Naturals®
23 Janis Way
Scotts Valley, CA 95066

November, 13 2002

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW., Washington, D.C. 20204



RE: Notification of Nutritional Support Statements


Dear Sir or Ma'am:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of Glycine caps dietary supplement. Source Naturals® is the manufacturer of Glycine caps

Statements being made in the labeling of Glycine caps:

1. Glycine is a non-essential amino acid that has one of the simplest structures of all the amino acids.
2. Glycine is found in proteins of all life forms, and is important in the synthesis of proteins as well as adenosine triphosphate (ATP).
3. Glycine is similar to *gamma*-aminobutyric acid (GABA) and glutamic acid in its ability to inhibit neurotransmitter signals in the central nervous system.

To the best of my knowledge and belief, and based upon information available at the time of the execution of this notice, I certify that the above information is accurate and complete. Source Naturals possesses substantiation that the statements are truthful and not misleading.


Ira L. Goldberg
President, Source Naturals®

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