



Notice is hereby given pursuant to the requirements of section 403(r)(6)(2) U.S. C. 343(r)(6) of the Federal Food, Drug, and Cosmetic Act and in accordance with the requirements of 21 CFR 101.93, that Metagenics, Inc. with its principal place of business at 100 Avenida la Pata, San Clemente, California 92673, (949) 369-3372, has commenced marketing the following dietary supplements bearing the following statement(s) on the label and/or in the labeling:

**METAGENICS BRAND**

Name of Supplement	Name of Ingredient or Supplement that is Subject to the Claim	Text of Claim
AdvaClear	Vitamin A, Vitamin C, Vitamin D, Vitamin E, Thiamin, Riboflavin, Vitamin B6, Folate, Vitamin B12, Biotin, Pantothenic Acid, Magnesium, Zinc, Selenium, Copper, Manganese, Molybdenum, Silymarin, Catechins, Artichoke Leaf Extract, Watercress Whole Plant 4:1 Extract, Ellagic Acid, N-Acetylcysteine, Sodium Sulfate, Taurine, and Choline.	AdvaClear features advanced nutritional factors that optimize bifunctional liver detoxification pathways. These powerful ingredients support balanced Phase I and Phase II activity for optimal health.
EstroFactors	Vitamin A, Vitamin D, Vitamin E, Vitamin K, Vitamin B6, Folate, Vitamin B12, Isoflavones, Turmeric Rhizome Extract, Rosemary Leaf Extract, Resveratrol, Trimethylglycine and Chrysin.	EstroFactors is designed to promote healthy hormone balance in women of all ages by featuring targeted nutrients that support healthy estrogen metabolism, including isoflavones derived from two sources--kudzu and red clover--and a proprietary blend of folates.

**THE UNDERSIGNED CERTIFIES THAT THE INFORMATION CONTAINED IN THIS NOTICE IS COMPLETE AND ACCURATE AND THAT METAGENICS, INC. HAS SUBSTANTIATION THAT THE STATEMENTS CONTAINED HEREIN ARE TRUTHFUL AND NOT MISLEADING.**

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Date 11-7-02

**Metagenics, Inc.**

BY: Kim C. Krumhar  
**Kim Krumhar, Ph.D.**  
**Its Senior Director of Product Development**