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January 8, 2003

Office of Special Nutritionals (HF-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street SW
Washington, DC 20204

Re: 21 U.S.C. Section 343(r)(6), Notification of Statements on Dietary Supplements

Dear Sir/Madam:

I hereby notify the Food and Drug Administration ("FDA") of the use of statements of nutritional support in the labeling of Rhodiola, a dietary supplement.

Statements being made in the labeling of Rhodiola, 500 mg VCaps

- (1) Rhodiola (*Rhodiola rosea*) is indigenous to the Arctic and Alpine regions of Europe, Asia, and America and has long been used as a tonic by many cultures, including the ancient Greeks. *Rhodiola* is generally known as an "adpatogen," a term which refers to any agent possessing the ability to increase the body's capacity to adapt to stressful conditions.

To the best of my knowledge, and based upon information and belief present at the time of the executing of this notice, I certify that the above information is accurate and complete. NOW Foods possesses substantiation that the statements are truthful and not misleading.

Jim Roza
Director, Quality Assurance
NOW Foods
395 S. Glen Ellyn Rd.
Bloomington, IL 60108

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