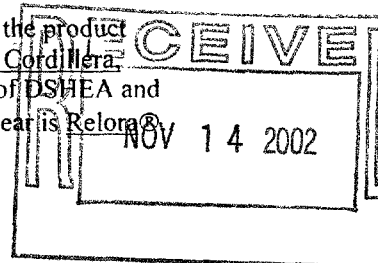


0203 '02 NOV 25 P1:57
NOTIFICATION PURSUANT TO SECTION 6 OF DSHEA
AND 21 CFR §101.93.

This notification is being filed on behalf of Doctor's Best, Inc. which is the manufacturer of the product which bears the statements identified in this notification. Its business address is: 1120 Calle Cordillera Suite 101, San Clemente, CA 92673. This notification is being made pursuant to Section 6 of DSHEA and Rule 21 C.F.R. §101.93. The dietary supplement product on whose label the statements appear is Relora®.



The text of each statement for which notification is now being given is as follows:

- Statement 1: Supports relaxation and feelings of well-being.
- Statement 2: In preliminary uncontrolled pilot trials, people taking Relora® reported feeling more relaxed with more restful sleep.*
- Statement 3: Relora® has been shown to reduce salivary cortisol levels, a biomarker of stress, in a pilot trial on people with mild to moderate stress.*

The following summary identifies the dietary ingredient for which a statement has been made.

<u>Statement Number</u>	<u>Identity of the Dietary Supplement that is the Subject of the Statement</u>
1	<u>Relora®</u>
2	<u>Relora®</u>
3	<u>Relora®</u>

The following identifies the brand name of the supplement for which a statement is made.

<u>Statement Number</u>	<u>Brand Name</u>	<u>Label/labeling</u>
1	Doctor's Best	label
2	Doctor's Best	label
3	Doctor's Best	label

I, KEN HALVORSPUDF, am authorized to certify this Notification on behalf of Doctor's Best, Inc. I certify that the information presented and contained in this Notification is complete and accurate, that Doctor's Best, Inc. has substantiation that each structure-function statement is truthful and not misleading.

Date Signed: 10/29, 2002 By: [Signature]

97S 0162 LET 11193