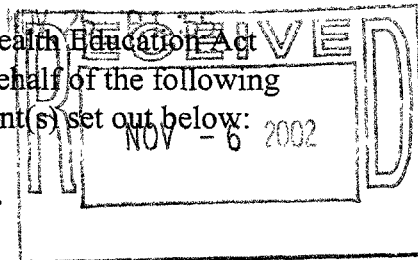


NOTIFICATION PURSUANT TO
SECTION VI OF DSHEA

In compliance with Section VI of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of **Weider L-Glutamine, #52605** bearing the statement(s) set out below:



Weider Nutrition International Inc.
2002 South 5070 West
Salt Lake City, Utah 84104

The text of each structure/function claim is as follows:

Bottle:

(Statement 1) Glutamine may counteract cortisol induced muscle atrophy. This amino acid supports glycogen synthesis, protein synthesis and nitrogen retention. Those who want to maximize their training efforts and support recovery may want to supplement their workout program with Glutamine.

I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International, Inc., am authorized to certify this Notification on behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 17th day of October, 2002

WEIDER NUTRITION INTERNATIONAL, INC.

BY:



DR. LUKE R. BUCCI
Vice President of Research

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