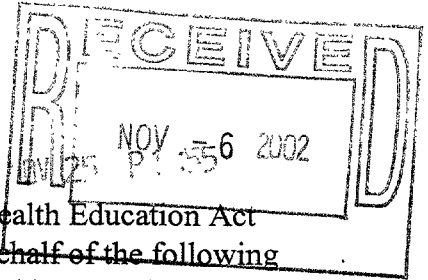


NOTIFICATION PURSUANT TO
SECTION VI OF DSHEA



In compliance with Section VI of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of **Weider L-Carnitine, #52607** bearing the statement(s) set out below:

Weider Nutrition International Inc.
2002 South 5070 West
Salt Lake City, Utah 84104

The text of each structure/function claim is as follows:

Bottle:

(Statement 1) L-Carnitine supports energy production and fatty acid metabolism and may be used as part of a comprehensive exercise and weight management program. L-Carnitine favorably affects biochemical markers of recovery from exercise stress (1 gram L-Carnitine taken with breakfast and lunch for three weeks).

I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International, Inc., am authorized to certify this Notification on behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 17th day of October, 2002

WEIDER NUTRITION INTERNATIONAL, INC.

BY:

A handwritten signature in cursive script, appearing to read "L. R. Bucci".

DR. LUKE R. BUCCI

Vice President of Research

97S 0162

LET

11165